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PHILLIPS ACADEMY ATHLETIC RECORDS

2021 – 2022

2021 Fall Varsity Sports

Boys Cross Country	1-4-0	
Girls Cross Country	5-1-0	
Field Hockey	18-0-1	NE Champions
Football	1-7-0	
Boys Soccer	5-5-7	
Girls Soccer	9-5-2	
Volleyball	9-10-0	
Waterpolo	8-6-0	

AWARDS AND TROPHIES FALL TERM – 2021

HALLOWELL CROSS COUNTRY CUP - Awarded annually to a member of the boys and girls cross country teams who during the season has displayed outstanding sportsmanship, performance and team spirit.

MALE RECIPIENT: Matthew K. Ottenbreit

FEMALE RECIPIENT: Charlotte D. Whitehurst

SMOYER SOCCER CUP - Awarded annually to a member of the boys soccer team who, in his association with the sport, has contributed most to the team through sportsmanship, effort and ability.

RECIPIENT: Derek A. Polanco

DRAKE SOCCER AWARD - Awarded annually to a member of the girls varsity soccer team who, through ability, dedication, and love of the game, has inspired in her teammates the will to win.

RECIPIENT: Emily A. Kelly

ABBOT ACADEMY FIELD HOCKEY AWARD - An award to that member of the varsity field hockey team who has contributed most to the sport through endeavor, ability and team spirit.

RECIPIENT: Victoria C. Rider

MVP VARSITY FOOTBALL AWARD

RECIPIENT: Not Awarded

MVP VOLLEYBALL AWARD

RECIPIENT: Michelle E. Brunetti

MVP BOYS WATER POLO AWARD

RECIPIENT: Marek Deveau

Boys Varsity Cross Country

2021

Head Coach: Patrick Rielly
Assistant Coaches: Jeff Domina , Dan Schneider, Carl Sangree

Captain: Matthew K. Ottenbreit

Overall Season Record

Won	Lost	Tied
1	4	0

Letter Winners:

Glen M. Cahilly
Bryan C. Chyu
Emmanuel B. DeAngelis
Luke B. Francis
Tamrat A. Gavenas
Nolan J. Goldthwaite
Maximillian R. Gomez
Isaac A. Heitmann
Magnus G. Julin
Rohan Kapoor
Constantinos T. Krenteras
Sebastian R. Lemberger
Dawson A. Lin
Matthew K. Ottenbreit
Ethan Qi
Nigel C. Savage
John A. Wang
Luke L. Williamson
Zhouchen Zhang

Hallowell Cross Country Cup: Matthew K. Ottenbreit

Boys Cross Country
2021 Schedule and Results

DATE	OPPONENT NAME	SITE	Score	W	L
09/25/2021	Manchester Invitational	A	8th		
10/02/2021	N.M.H. Invitational	A	3rd		
10/09/2021	Choate	H	23-32	W	
10/16/2021	St. Paul's	A	31-24		L
10/23/2021	N.M.H.	H	35-20		L
10/30/2021	Deerfield	A	33-25		L
11/06/2021	Exeter	H	45-18		L
11/13/2021	INTERSCHOLS	H	5th		

Phillips Academy Boys Cross Country 2021

Samuel M. Baum	2023	Marblehead, MA	Dawson A. Lin	2023	Aspen, CO
Max R. Boesch-Powers	2024	Cambridge, MA	Roger Z. Lu	2023	Manhasset, NY
Glen M. Cahilly	2023	Old Greenwich, CT	Brayden J. Massaro	2023	Haverhill, MA
Lundeen B. Cahilly	2024	Old Greenwich, CT	Brian J. Masse	2023	Reading, MA
Kyle J. Chen	2024	Andover, MA	John Mo	2024	North Andover, MA
Bryan C. Chyu	2023	Seoul, KR	Sinan O. Muratoglu	2024	Cambridge, MA
Emmanuel B. DeAngelis	2024	Newbury, MA	Ryan P. O´Meara	2022	Andover, MA
Remy C. de Saint Phalle	2023	Sun Valley, ID	Matthew K. Ottenbreit	2022	New York, NY
Anthony Diaz	2025	Culver City, CA	Luke C. Piasecki	2024	Charlotte, NC
Luke B. Francis	2025	Cape May, NJ	Ethan Qi	2023	Andover, MA
Tamrat A. Gavenas	2025	Andover, MA	Nigel C. Savage	2023	Fayetteville, GA
Nathan T. Godsey	2024	Honolulu, HI	Arjun R. Shah	2025	Belmont, MA
Nolan J. Goldthwaite	2022	Andover, MA	Jaeyong Shim	2023	Andover, MA
Maximillian R. Gomez	2023	Cohasset, MA	Bryce A. Shufro	2022	East Hampton, NY
Charles Goodyear	2024	Sun Valley, ID	Michael N. Squeri	2023	New York, NY
Isaac A. Heitmann	2022	Andover, MA	Ryan Squeri	2024	New York, NY
Brandon H. Horne	2025	San Francisco, CA	Robert E. Swan	2025	Pelham, NH
Ryan S. Huang	2024	Andover, MA	Henry T. Ty	2024	North Andover, MA
Fred W. Javier	2023	Bronx, NY	Edward H. Wang	2024	Burr Ridge, IL
Magnus G. Julin	2025	North Andover, MA	John A. Wang	2022	Andover, MA
Yifan Kang	2024	Shenzhen, CN	Matthew D. Wasilewski	2024	North Reading, MA
Rohan Kapoor	2023	Inverness, IL	Andrew K. Wen	2023	Fremont, CA
Laerdon Y. Kim	2024	Lincolnwood, IL	Adrian M. Werner	2025	Boxford, MA
Constantinos T. Krenteras	2024	West Orange, NJ	Jack S. Wilcox	2022	Jackson, WY
Maxwell Langhorst	2025	Andover, MA	Luke L. Williamson	2025	Miami, FL
Joshua J. Lee	2024	Chicago, IL	James R. Xiao	2025	Andover, MA
Sebastian R. Lemberger	2025	Louisville, CO	Andy Xu	2024	Andover, MA
Nathan A. Liang	2025	Carmel, IN	Zhouchen Zhang	2023	Burlington, MA

Coaches: Patrick Rielly, Jeff Domina, Dan Schneider, Carl Sangree

Captain: Matthew K. Ottenbreit

Boys Cross Country
2021 Highlights

9/25/21
Manchester Invitational
8th of 32
Phillips Academy boys' cross country returned to in-person competition for the first time since November 2019 on a beautiful Saturday in Manchester, New Hampshire. In a deep, talented field, BXC runners distinguished themselves by competing hard and working together in packs. Paced by captain Matthew Ottenbreit ('22), who was 17th overall, the PA runners finished 8th out of 32 teams in the strong field. PAXC debut runners Max Gomez ('23), Luke Piasecki ('24), Nigel Savage ('23), and Max Boesch-Powers ('24) delivered on the promise of their training, and returners Ethan Qi ('23) and John Wang ('22) picked up right where they left off in 2019. Leading the BXC runners was ninth-grader Tam Gavenas ('25), who stayed tough on the hills of the second mile to take 26th place, crossing the line as the first ninth-grade finisher in the race. Adding to the first-year strength, Luke Williamson ('25) and Luke Francis ('25) came through as the 6th and 11th fastest ninth graders in the race.

10/2/21
NMH Invitational
3rd of 4
The Phillips Academy boys' cross-country team traveled to NMH on a beautiful fall day to compete in the annual NMH Invitational on the difficult Northfield course. Pacing Varsity BXC was Tam Gavenas ('25), who took the individual win ahead of a competitive field of four NEPSTA teams. Gavenas, who was two seconds behind the all-time fastest ninth-grade time on NMH's course, was followed by his classmates Luke Williamson ('25) and Luke Francis ('25), both of whom had exceptional finishing moves. Coming in fourth on the team, Captain Matthew Ottenbreit ('22) fought all the way to the finish in his return to the Varsity squad. Next was Constantine Krenteras ('24), who ran several seconds faster than last weekend. Aidan Lin ('23) came in sixth for the Varsity (immediately after finishing the SAT!), and Max Gomez ('23) caught several runners in the last 200 meters on his way to an excellent finish. The Varsity boys took third as a team.

In the final race of the day, the JV team picked up where the Varsity left off by establishing competitive positions early. Ethan Qi ('23) took third overall with an excellent, tough race, and he was followed by a wave of PA runners working together in two packs: the first was Nolan Goldthwaite ('22) and Max Boesch-Powers ('24); the second was Jason Zhang ('23), Charles Goodyear ('24), Luke Piasecki ('24), and John Wang ('22). It was fabulous team running out there in the NMH woods! Rounding out the JV squad were Bryan Chyu ('23), Magnus Julin ('25), and Nathan Godsey ('24)--with both Julin and Godsey making their PAXC debuts. JV took first as a team.

10/09/21
Choate
23-32
BXC was in Andover on Saturday, hosting their first home meet since November of 2019, and with the temperatures in the low-60s and partly cloudy skies, it was a great day to run.
In the combined race, Tam Gavenas ('25) took an early lead and never looked back, winning the race and setting the ninth-grade home course record. From there, packs of Andover runners worked hard together to overcome the hard-running Choate squad. Aidan Lin ('23), Luke Williamson ('25), and Isaac Heitmann ('22) took third, fourth, and fifth overall while Luke Francis ('25), captain Matthew Ottenbreit ('22), and Constantine Krenteras ('24) finished within five seconds of each other to round out the Varsity seven. Andover Varsity won, 23-32.
Ethan Qi ('23) had a big day and a big PR to pace the second seven, and he was followed closely by Jason Zhang ('23), who took more than a minute off of his previous fastest time. A big pack of PA runners was next: Manny DeAngelis ('24), Max Gomez ('23), Nolan Goldthwaite ('22), and John Wang ('22) finished within ten seconds of each other. Making his PAXC debut, Sebastian Lemberger ('25) had a strong day, and he was followed by Luke Piasecki ('24), who also PRed. Andover JV won, 15-50.

10/16/21
St. Paul's
31-24

10/23/21
NMH
35-20
On a crisp, breezy fall day on Family Weekend, the Phillips Academy boys' cross-country team took on a strong NMH team on the home course.
Leading the way once again, Tam Gavenas ('25) beat the field, winning in 16:12 and lowering his own ninth-grade class record. Trying to infiltrate a powerful NMH pack but ultimately running out of course, Aidan Lin ('23) and Luke Williamson ('25) turned in incredible PR performances that bode well for future meets. The next four also ran personal record times: Isaac Heitmann ('22), captain Matthew Ottenbreit ('22), Constantine Krenteras ('24), and Nolan Goldthwaite ('22). Despite the excellent performances of the PA seven, NMH's pack won the day with a great team effort.
Ethan Qi ('23) paced the JV squad by running a PR. He was closely followed by a hard-working pack of PA runners: Glen Cahilly ('23), Sebastian Lemberger ('25), and John Wang ('22). Max Gomez ('23) and Nigel Savage ('23) came next--with Savage running a big-time, 37-second PR. And rounding out the JV seven with one of the biggest PRs of the day--an impressive 43-second personal record--was Bryan Chyu ('23). JV wins, 25-34.

10/30/21
Deerfield
33-25
PAXC traveled to Deerfield on a rainy Saturday to take on Big Green on their new home course, and the competition was intense.

On the Varsity side, Tam Gavenas ('25) raced shoulder-to-shoulder with Deerfield's number one for much of the day before the Deerfield runner pulled away in the final stretch after recovering from a tough fall. The great competition continued as Aidan Lin ('23) vied for the fourth overall slot with another strong Deerfield runner. Glen Cahilly ('23), who is nearing full strength, ran brilliantly alongside Lin for much of the race and proved that he's ready for championship season. Captain Matthew Ottenbreit ('22) also had a big day, locking in a PR with a breakthrough race to get under 18:00 for the first time. Constantine Krenteras ('24) stepped up with a huge 23-second PR to follow Ottenbreit. Isaac Heitmann ('22) and Nolan Goldthwaite ('22) finished in the sixth and seventh Varsity spots, respectively, with Goldthwaite taking off 26 second from his previous fastest time. There was excellent racing on both sides, and ultimately, Deerfield prevailed on a competitive day.
On the JV side, Andover runners cut through the mud to some fast times. Leading the way was ninth-grader Luke Williamson ('25), who stayed locked in despite falling prey to some slippery turns. Ethan Qi ('23) continued his hot streak by running near his PR and taking second for Andover's JV squad. Max Gomez ('23) dipped below 19:00 for the first time by running a 14-second PR, and he was followed by a strong twosome: Jason Zhang ('23) and Rohan Kapoor ('23), who made his season debut with a big-time PR. Nigel Savage ('23) and John Wang ('22) rounded out the JV seven--with Savage turning in a huge 34-second PR. JV wins, 18-41.

11/06/21
Exeter
45-18
Andover BXC toed the line against a historically strong Exeter team, and despite Big Red taking both Varsity and JV races, the Andover runners raced to lots of personal record (PR) times. Exeter's top runner, Byron Grevious (PEA, '24), took the win in convincing fashion, crossing the line just three seconds slower than the course record. After another Exeter finisher, Andover's number one, Tam Gavenas ('25), lowered his own ninth-grade record by more than 10 seconds with a brilliant finishing kick. Next for Andover--in his first race in spikes--was Luke Williamson ('25), who paced teammate and captain Matthew Ottenbreit ('22) toward the finish. Isaac Heitmann ('22) finished shortly afterward, followed closely by Aidan Lin ('23), Nolan Goldthwaite ('22), and Rohan Kapoor ('23), who ran a big race in his return to the home course.
On the JV side, BXC raced to an incredible number of PRs, beginning with Sebastian Lemberger's ('25) big day. Not only did Sebastian lower his PR by 46 seconds, he did it after performing in a full theatrical show immediately preceding the race. Now that's an amazing double! Constantine Krenteras ('24) put together a home course personal best time as PA's second JV runner, and Jason Zhang ('23) and Luke Francis ('25) finished nearly side-by-side to take PA's third and fourth JV positions. Nigel Savage ('23) continued his steady improvement this fall with a great 15-second PR, and he was followed by Max Gomez ('23) and Bryan Chyu ('23) to round out the JV seven.

11/13/21
Interschols
5th
On a beautiful New England cross country day, the Phillips Academy boys' cross country toed the line in the NEPSTA championship race on their home course. BXC took full advantage of this once-in-a-decade experience of running the championship race on their home course by competing hard and leaving it all out there.
The Varsity race started off fast with several expected front-runners, including Andover's own ninth-grade sensation, Tam Gavenas ('25), leading the way. Gavenas fought hard for a fourth-place overall run, taking four seconds off his PR to finish in a staggeringly fast 15:57. Next for PA, Aidan Lin ('23) stormed up the Great Lawn, passing half a dozen runners on his way to a fast finish. Close behind, Luke Williamson ('25) put his new spikes to good use with a strong, big-hearted run. Captain Matthew Ottenbreit ('22) was next in for the Blue with a near-PR in his last career race. Isaac Heitmann ('22) and Glen Cahilly ('23) made big moves on the Lawn as well to take sixth and seventh for Andover, respectively. Varsity took fifth as a team in a talented and deep field.
The JV runners were out for a team title from the start, and they fought hard throughout the well-trod course to stay in contention with a great squad from Exeter. Luke Francis ('25) flew through the last stretch and was PA's top finisher, taking fourth overall and lowering his PR significantly in

the process. Rohan Kapoor ('23), Constantine Krenteras ('24), and Jason Zhang ('23) finished within 11 seconds of each other, toughing out the Lawn and holding their own in a competitive field to claim top-ten finishes. Next for Andover, Sebastian Lemberger ('25) continued his brilliant late season running, taking fourteenth place overall. Bryan Chyu ('23) and Nigel Savage ('23) finished their last races strong and rounded out BXC's JV seven. In a close team competition, Andover JV took second as a team.
With so many runners returning next year, there's a lot to look forward to for PAXC.

Boys Cross Country In The News

9/30/21

Andover Boys Cross Country Comes 8th Out of 32 Teams in "Rebirth" of the Team

In his first cross country meet at Andover, Max Boesch-Powers '24 was able to pass the finish line with the help and encouragement of Ethan Qi '23. On Saturday, Andover Cross Country raced in at the Manchester Invitational, where it placed 8th out of 32 teams.

Captain Matthew Ottenbreit '22 attributed the meet's success to the new faces on the team.

"I'm very happy with how the meet went… we could not have asked for a better race for our return to competition after two years, and I think it was especially successful because we had so many runners who were competing for the first time, so we had some really good performances from our younger runners," said Ottenbreit.

According to Head Coach Patrick Rielly, both the new and returning students have been able to bond through the long-distance runs during after-school practice sessions.

Coach Rielly said, "I think [the team bonding] has been great so far, there's so much great energy on the team, we have 55 total runners, many of whom are new to not only the team but to the school, and so I think that one of the best things about running distance is that you get to go out and run with your friends after school, so I think I'm seeing a lot of that, like new friendships and rekindled friendships."

Running in packs was an area of focus that they worked towards in training sessions over the past few weeks, and according to Ottenbreit, this emphasis on collective running was one of the biggest positives he saw during the meet.

"I think something that worked out really well at this meet was seeing everyone race in the same packs that we practiced [in] during our workouts in the week before. It's really helpful for runners to be able to run with each other and face off with each other during a meet, and I think I was really happy to see that follow through from practice into the meets," said Ottenbreit.

Although some parts of training translate directly into the meet, Boesch-Powers believes that he can also improve by believing in his potential development and future growth through training.

"I think I can do a better job at pushing myself in the middle of the race. Occasionally, I'll try to conserve energy and I don't really want to make a move in the middle [because] I'm kind of nervous for the ending, where I'm afraid I'm going to just run out of energy and slow down or even just stop because it's that tiring. But I think I need to have more faith in my training, and in my teammates because they're all great," said Boesch-Powers.

According to Ottenbreit, this meet was a "rebirth" after the team was rekindled and a reminder of team unity after two years of no competition.

Ottenbreit said, "I almost see this meet as like a 'rebirth' of our team, after two years of no competitions, to see how much of the people, Seniors and Uppers, have progressed since they were Lowers, but also to see all these super talented new runners. I see that as a rebirth for our programme and definitely a great opportunity this season to lay the foundations again."

Andover will have their next meet at the NMH Invitational on October 10th.

10/8/21

Boys Cross Country Finds Success Among Lowerclassmen at N.M.H. Invitational

Tam Gavenas '25 strode through the final 200-meter stretch of the Northfield Mount Hermon (NMH) Invitational with a 21-second lead ahead of second place, finishing the five-kilometer race in 16:48, the second fastest time run by a Junior on the course. Despite securing the first-place spot in the boys varsity race, Andover finished third out of four teams.

Missing two Senior runners due to injuries, the team saw impressive performances from the lowerclassmen on the team, according to Captain Matthew Ottenbreit '22.

Ottenbreit said, "In terms of how this one went, we were missing two of our Senior runners, [Isaac Heitmann '22] and [Jack Wilcox '22], due to injuries… I think it'd be wrong if I didn't mention Tam's performance because Tam, one of the [Juniors] on the team, won the whole Invitational I think by 20 seconds, I can't confirm that. He definitely got first, so that's really representing our team well. I also think [Luke Williamson '25] and [Luke Francis '25], the other two [Juniors], got second and third for us actually."

Constantine Krenteras '24 noted his excitement to see the Juniors excel in the race and optimism surrounding the future of the team as the season progresses.

"I think most of all, my impression from this meet is that we saw some really great performances from our [Juniors]. Our top three racers were all [Juniors]. So that makes me really excited to see where our team will go in the future as they grow older and get faster," said Krenteras.

According to Luke Williamson '25, the team ran well despite only having one person with experience on the course.

"I think we ran pretty well… We're a pretty new team though; only one person on varsity had run the course before; so that probably took away some speed. I personally am not great at going out fast. I was last at the beginning for Andover, and slowly I worked my way up to second, so I need to learn how to get going a little better. On the other hand, it's possible that other people go out too fast," wrote Williamson in an email to *The Phillipian*.

With multiple runners surpassing opponents in the final leg of the race, the team saw impressive finishing efforts but needs to focus on starting the race more conservatively moving forward, according to Max Gomez '23.

Gomez said, "I think our finishes were really good. Everybody was passing a bunch of kids at the end, that's something we're really good at. I think something we can definitely work on is pacing. We usually start out pretty fast and we lose a lot of steam on the second mile, but other than that I thought it was pretty solid."

Ottenbreit shared a similar sentiment to Gomez, noting the difficulty of the course and the quick pace to start the race.

"NMH definitely has a notoriously challenging course. I think, again, it's really good to have these challenging courses early in the season… For me, this was my third time racing it, so I knew what I was expecting, but for a lot of the guys it was their first time on the course, so it's always a big challenge. I think strategically, we started out the race a bit faster than most of the guys on the NMH team, which isn't always a good thing because you always want to look at what the home team is

doing and see how they're pacing and go based off of that because they know their course better. But I think everyone did a really good job staying in the zone on the hills and in the woods in the second and third mile, so I'm really proud of how everyone did and the effort that they put in," said Ottenbreit.

10/15/21

Runner Tam Gavenas '25 Leads the Charge in Andover Boys Cross Country Win Against Choate

Tam Gavenas '25 set the 9th grade Andover course record in Andover Boys Cross Country's first home cross country meet since November 2019. Alongside Gavenas, Aidan Lin '23 secured a personal best time on the course. With the efforts of the entire team, Andover was able to come out victorious in a 32-23 win against Choate.

Race winner Gavenas expressed that the home course advantage is not 'make or break' and believes that the team can create energy and support each other anywhere it goes.

Gavenas said, "it's all about the team's energy, and no matter what, our team will be supportive, [so] shout out to the girls' team for supporting us on 'Heartbreak Hill.' I think [the energy] would be the same at Choate, but running here, we're used to this as we practice here every day."

According to Captain Matthew Ottenbreit '22 and Coach Patrick Reilly, running together in packs proved to be a helpful strategy that transferred from practice into the meet.

Ottenbreit said, "We worked on a strategy called pack running. [It is] something that we had been working on all week. When we work out, we make sure to pace with someone else. During the hard parts of the course like the hills and the sanctuary, it is important to keep pace with someone else to stay motivated."

"So, we typically have in a workout or a meet a few things to keep in mind. This week the phrase was pack running. You'll have teammates in a race with the same abilities as you, and if you see them make a move, you move with them and if they struggle, cheer them on. [We run in packs] to support each other throughout the race," Coach Reilly said.

Despite the spectacular races run by certain individuals, the win was by no means a solo effort. Coach Reilly acknowledged how many runners participated and all contributed to the win.

Coach Reilly said, "[Having] really positive energy [was a driving force in the win,] and normally in away meets we are limited to the number of seats on the bus. But this meet was home, so we were able to have all runners who were healthy to compete, and there was some nervous excitement throughout the race."

Andover will be hosting the "New England's" this season which only happens at Andover once every ten years, but for now, the team looks ahead to next week where it will be on the road facing off against St. Paul's.

10/22/21

Tam Gavenas '25 Breaks Andover Home Course Junior Record; Brings Speed, Passion, and Energy to Boys Cross Country

Tam Gavenas '25 clocked a 16:33 in his first-time racing on Andover's cross-country course, marking the 28th fastest time ever recorded on the course in program history and setting a new Junior record.

According to Gavenas, the support of his teammates played a major role in this achievement.

"I think I ran really well because there was such a good positive attitude. When I was in the race, my whole face was focused. You've probably seen photos, but it was like completely zoned in. I was laughing in my head a little bit because my teammates were shouting… at Heartbreak [Hill]… It just felt super smooth because I felt like we were really being lifted up… because everybody was cheering for each other," said Gavenas.

Gavenas has been running for fun ever since he was little. His competitive running journey first started in great part due to the encouragement of his mom and the extensive running history of his home country, Ethiopia.

Gavenas said, "It was basically because my native country is one of the strongest long-distance running places in the world. I was born in high-altitude… I used to run in the playground constantly when I was little, and my mom was like, 'Okay, he has a lot of energy. I need to get him to his naps and make sure his energy is out.'"

When joining the team this fall, Gavenas not only brought his talent, but also his passion for the sport, natural compassion for other people, and lightheartedness, according to Captain Matthew Ottenbreit '22 and teammate Nolan Goldthwaite '22.

"Tam as a teammate is extremely energetic. I think that he is a really wholesome part of the team. At the start of the season, he was really eager to get to know everyone and I think he brings a lot of passion to the team," said Ottenbreit.

"He adds a youthfulness to the team. He goofs around a lot, sometimes doesn't listen, but when I've talked to him in deeper conversations, he's very caring. He runs with a lot of heart, and he cares a lot about the team and the team members," added Goldthwaite.

When racing, Gavenas' focus shifts from his teammates to running as fast as he possibly can, according to Head Coach Patrick Reilly.

"When he's running and competing, it's not that he loses that energy, it just is transferred into a real focus on what he's doing. I think he has real toughness and real intensity. When he's running, it's incredible to watch," said Coach Reilly.

On race day, Gavenas has recently adopted a new ritual to keep his mind in the zone.

"[Girls Cross Country team member Charlotte Whitehurst '22] and I, in the first race of the season, did a walk where we were completely silent…I feel like that helped us focus, and before and during the race, I put my hand to my lip and we go like, 'Shhh,'" said Gavenas.

Since Gavenas is still early in his high school career, Coach Reilly believes the most important goal is to maintain Gavenas' love for the sport and overall health.

"For Tam, the biggest thing is that again, cross country stays a place of success for him, just that he feels good about being there, and he's happy to be part of the team. I think that's kind of the major goal… In terms of competitive goals, we want to get him as fast over 5k as we can while keeping him healthy and strong," said Coach Rielly.

Right now, Gavenas chooses to focus on more specific aspects for improvement; he hopes to work on maintaining control over his own mind and body when racing.

Gavenas said, "I have goals, but my main goals are just to make sure to stick with a positive attitude, be always focused, and just not wave my arms… You know, completely focused, perfect form."

Gavenas will be looking to improve upon his early success in the remaining three home meets of the season.

10/22/21

Boys Cross Country Head Coach Patrick Rielly Connects Team Through Inherited Traditions

In his two seasons leading the team, Andover Boys Cross Country Head Coach Patrick Rielly has focused on carrying out traditions. These traditions include doing 'poets and pushups' and going to the Springbok Gazelle race at the end of the term, according to Rielly.

"There are many of them. A couple of my favourites is that, for the first run of the season, for pre-season, we always go up to Holt Hill and we get in a circle around the Sillister stones and do poets and pushups… Everyone names a poet and then we do a pushup for each one as kind of a nice way to start, and it merges that English teacher-cross country coach kind of thing… [Another tradition we have is] having the people who are not running [competitively] at New England's intramural meet called the Springbok Gazelle race… I think [it is] a very fun event, great team event, we do that every year. So those are two that Coach Savelford established before my time, and we've carried it on through the years," said Rielly.

Rielly emphasises that cross country is a sport in which progress is often invisible over a short period of time, but very visible long-term.

Rielly said, "[What] I say to the team all the time is that we want to control what we can control and we're trying to get a little bit better, a little bit stronger every day. The thing about endurance running and distance running is that it's an incremental improvement over a long period of time, which can be frustrating, but if you have patience and you commit to the training, you're going to see significant gains over a season and over a year as you run. So, to me, trying to get a little bit stronger every day is my governing idea for cross country."

Captain Matthew Ottenbreit '22 appreciates Rielly's coaching as well as his mentorship outside of cross country.

"Something I really appreciate about Coach Rielly's approach is that he always prioritizes consistent, long-term improvement and believes that anyone can become a strong runner by improving a little bit every day. He also reminds us that having a balanced lifestyle outside of practice is essential to our success as runners and makes it clear that he cares about us not just as athletes but also as students and people," wrote Ottenbreit in an email to *The Phillipian.*

Rielly believes his main role as head coach of the team is to provide 'a place of successes for runners in various forms.

"I care about them as people, as whole people. I think that's the number one thing for me, it's that cross country can be a place of success for everyone, and success looks different for everyone, depending on their experience [and] depending on their health in that season, but I think it can be a place of success for everyone, and to me, that's the biggest role, and that's why I hope to relate with the athletes as people first, just whole people who have rich, exciting lives outside of cross country. I hope cross country is a good part of their day," said Rielly.

Tam Gavenas '25 attributes the team's strong bond to Rielly's ability to foster a close-knit team culture.

"He [helped me with the transition] more than I expected. He's a great coach. I just enjoy his attitude because he's like, 'You're here to run. You've got this, but you're also here because the team is going to help you improve.' It's just a well-connected team. We all know each other well, and we always have a good attitude. I know I say this a lot, but attitude is really important," said Gavenas.

10/22/21

Captain Matthew Ottenbreit '22 Strives To Lead Through 'The Perspective of a Peer'

Andover Boys Cross Country Captain Matthew Ottenbreit '22 began his cross-country career in early middle school. Growing up, his dad proved to be a great inspiration for him because he was a runner himself. Although cross country was not Ottenbreit's main sport before coming to Andover, joining the team has helped him grow his love for the sport.

According to Ottenbreit, his favorite aspect of the sport is the long-term growth that can be achieved.

"There are very concrete goals that you can set for yourself and achieve. That's really important for a sport that you're participating in for the long term. Coach Rielly really emphasizes improving a little bit every day, and I think that's what it's about, just consistency and faith in your training." Ottenbreit said.

According to teammates Bryan Chyu '23 and Luke Williamson '25, Ottenbreit is a supportive leader who supplies the team with enthusiasm every day.

Chyu said, "He [has] kind of [always] acted as the leader of the team. This year, as he became the captain, I think his leadership, in a way, consolidated the group even more. His kindness and leadership make him a good leader."

Williamson added, "He's a lot of fun, he's always there and he's always excited. He always brings the energy and that's always nice for everybody, especially if they're having a bad day… He supports everybody and gets to know everyone's name and makes them feel like part of the community and that makes the community stronger."

According to Ottenbreit, he strives to lead the team by example and is trying to reinstate past traditions that have not occurred due to Covid-19. Some of these include doing warmups before meets together and singing on the bus on the way back from races.

Ottenbreit said, "I like to think that I lead by example. I think that I have a very genuine passion for running even outside the competitive aspect. As a captain, something I've been really trying to do this year is, first off, because we didn't really have a season last year, I've been trying to bring back all of the traditions we've had as a program in previous years and also I've been emphasizing that the team's community should extend outside of practice. So we're not just a community in practice, we're also a community around campus when we see each other and we support each other in all aspects of life here."

Ottenbreit is a true leader on the team and always keeps the team organized both during, and outside of practice, according to Chyu.

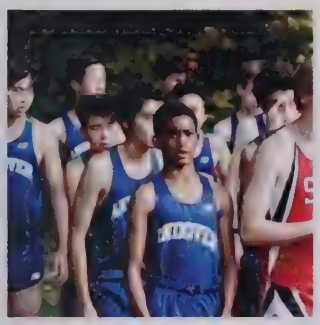
"In practices, he leads the warmup drills. We stretch out before we actually go on runs. He's always the one to gather people and notify [us about] any information that we need to know before the race. Outside of practice, he likes to organize team dinners, especially before races," said Chyu.

According to Ottenbreit, he was fueled by his teammates to come back even stronger than before after an injury last season.

Ottenbreit said, "One thing I'll say is that one obstacle I've had is that, pretty much the same week I was elected captain, or around the same time I was elected, so the fall season of last year, I actually had a pretty serious injury with one of the growth plates on my hips. That resulted in me having to take three months off and pretty much no exercise. I think that was a difficult challenge because before that I had spent a lot of time building up my aerobic base and I felt that that injury sort of reset that. I think that the encouragement that I've had from my teammates and my coach and everything has really helped me come back."

10/22/21

Boys Cross Country Outpaced by St. Paul's, Maintains Positive Attitude



Despite the perfect fall racing conditions on Saturday and securing the first-place finisher in the race, Andover Boys Cross Country suffered a 24-31 loss to St. Paul's. The team's dual meet record now stands at 1-1.

The team didn't dwell over the loss; rather, the excitement from the newer runners competing in their first away meet radiated throughout the team and turned the meet into a fun bonding experience, according to Nolan Goldthwaite '22.

"Before the race, we were all really excited. For some of us, this was our first away meet… and after on the bus, it was really fun; we kept our traditions alive, and we drank lots of chocolate milk… Unfortunately, we didn't have some of our runners due to injuries, and some people were sick… but I feel like even though we lost, we still had fun, and that's what I love about cross country. Even if you win or lose, it's still fun," said Goldthwaite.

In addition, Isaac Heitmann '22 believes the combination of cooler weather and colorful trees lifted the mood of the entire team.

Heitmann said, "Our energy was pretty positive, both before and after the race. I can personally attribute that to the weather and scenery… St. Paul's School in the fall is a beautiful place owing to their foliage, and I think the scenery put us in a cheerful mood."

Going into the race, Andover wanted to run near the St. Paul's runners, as they knew their home course best, according to Luke Williamson '25.

"We weren't looking to set PRs, but we wanted to beat St. Paul's… That was the main goal. The strategy was to stick with the St. Paul's guys because they knew the course, and don't let them box you out. They know how to run [the course], and [we wanted] to run with them the way they were running it," said Williamson.

Despite the attempt to run alongside other St. Paul's runners, Max Boesch-Powers '24 noticed that the team was still outpaced by its opponents due to the unfamiliarity of the technical course.

"They definitely performed better… I think the course was extremely technical, and St. Paul's really took advantage of pacing themselves well and really pushing themselves, and we lost in that regard. It was definitely a good course to have a home course advantage on," said Boesch-Powers.

According to Heitmann and Goldthwaite, pack running and maintaining focus allowed the team to support one another during the race, especially at times when the cheering of spectators and competition from nearby opponents were absent.

Heitmann said, "Our goal going into the race was, as always, to run our best and show good sportsmanship, especially since it was parent's weekend over at St. Paul's… This time, however, Coach Rielly put special emphasis on running together in groups. Coach Domina also gave us some advice, saying that we should stay focused during the race, especially during the wooded sections of the course where spectator support was absent."

Boys Cross Country will look to capitalize on its home course advantage as Andover welcomes Northfield Mount Hermon on Saturday.

11/7/21

Boys Cross-Country Suffers Narrow Defeat at Deerfield

Tam Gavenas '25 sped down the course in a cutthroat race with a Deerfield runner on Deerfield's home course. Gavenas ultimately finished second just behind the opposing runner, unable to catch up in the home stretch after lending a hand to the other runner, who had taken a fall. Andover settled for a 33-25 defeat against Deerfield, bringing its dual meet record to 1-3.

The race conditions proved to be a challenge for the runners that day, according to Luke Williamson '25. The team was running on an unfamiliar course that did not include any paved sections, forcing the runners to run through a muddy trail that had developed from the rain.

"Every turn, I was sliding and had to slow down a ton just to not fall," Williamson said.

According to Co-Captain Matthew Ottenbreit '22, not only were the rainy conditions a challenge, but the unfamiliarity of the new path proved to be a challenge as well.

"There were parts that were really muddy and that really slowed down the race… no one in our program, including myself, had ever raced on the Deerfield course before this because it was rained out two years ago when we were supposed to race there. It was a new course to all of us and that's always a challenge because you don't know the optimal way to run it and pace the course," said Ottenbreit.

Despite the harsh conditions, Ottenbreight believes the team remained optimistic and pushed throughout the entire race.

"We knew we couldn't control the weather, so everyone really leaned into the tough conditions and embraced it…I thought everyone just performed really well," said Ottenbreit.

Constantine Krenterras '24 agreed, adding that Andover runners stayed calm even through the unfavorable conditions.

Krenterra said, "[We were able to] keep our composure and spirits up even though it was not a very nice day."

Though Andover did not leave Deerfield with a win, Ottenbreit feels that the team had notable performances. According to Ottenbreit, many members of the team rose to the challenge, including Matt Wasilewski '24, who beat his personal record by two minutes and seven seconds in the race. Ottenbreit also praised Glen Cahilly '23 and Rohan Kapoor '23 for their performances that day.

"[Cahilly and Kapoor] are two guys who were at preseason, really strong runners in our program, but have both been dealing with injuries this season, and for Glen this was his first race back at just about full strength and for Rohan this was his first time competing this season, so two really important returns from injury for us," said Ottenbreit.

Girls Cross Country
2021

Head Coach: Keri Lambert
Assistant Coaches:

Captain:

Overall Season Record

Won	Lost	Tie
5	1	

Letter Winners:

Lily Williamson
Emily Ryan
Edy Leach
Naima Reid
Emma Hagstrom
Emily Turnbull
Vanessa Fan
Chloe Kindangen
Patricia Tran
Maya Tang
Amelia Vinton
Ashley Song
Izzy Alvarez Martinez
Natasha Muromcew
Claire de Saint Phalle
Elizabeth Zhang
Caroline Empey
Tiffany Tang
Charlotte Whitehurst

Hallowell Cross Country Cup: Charlotte D. Whitehurst

Girls Cross Country
2021 Schedule and Results

Date	Opponent		Time	Score	Result
09/25/2021	Manchester Invitational	A	10:00 AM	4th	
10/02/2021	N.M.H. Invitational	A	4:00 PM		
10/09/2021	Choate	H	2:00 PM	20-41	W
10/16/2021	St. Paul's	A	2:00 PM	19-40	W
10/23/2021	N.M.H.	H	4:00 PM	15-50	W
10/23/2021	Winsor	H	4:00 PM	20-41	W
10/30/2021	Deerfield	A	1:00 PM	17-42	W
11/06/2021	Exeter	H	3:30 PM	38-21	L
11/13/2021	INTERSCHOLS	H	1:15 PM	3rd	

Phillips Academy Girls Cross Country 2021

Isabella Alvarez Martinez	2023	Lexington, MA
Anabelle O. Biggs	2023	Vineyard Haven, MA
Joely G. Bunting	2024	Andover, MA
Abigail A. Cheng	2023	San Francisco, CA
Caitlyn Y. Chow	2025	Hong Kong, CN
Nishani S. Clarke	2023	Kingston, JAM
Claire A. de Saint Phalle	2022	Sun Valley, ID
Caroline E. Empey	2022	Andover, MA
Vanessa Fan	2023	Andover, MA
Carmel A. Fitzgibbon	2022	Weston, MA
Catherine G. Gilligan	2022	North Andover, MA
Emma E. Hagstrom	2025	Reading, MA
Georgia P. Hornsby	2023	Putney, VT
Giselle E. Jones-Mollod	2022	Harvard, MA
Chloe A. Kindangen	2023	Jakarta, ID
Katerina Kokkotos	2025	North Andover, MA
Kennedy C. Leach	2025	Phoenix, AZ
Danyella Mendez	2025	Sunnyside, NY
Natalia L. Muromcew *	2022	Jackson, WY
Wambui N. Nyiha	2025	Nairobi, KE
Charlotte R. Rediker	2022	Washington, DC
Brooklyn R. Regan	2022	Methuen, MA
Naima L. Reid	2025	Kilchberg, DE
Nour Rustum	2023	North Andover, MA
Emily E. Ryan	2025	Rumson, NJ
Serafina B. Shin-von Nordenflycht	2025	Seattle, WA
Ashley W. Song	2023	Lexington, MA
Sophie M. Staii	2025	Andover, MA
Kiera N. Suh	2022	Andover, MA
Maya L. Tang	2023	Tallahassee, FL
Tiffany F. Tang	2022	Spring, TX
Yasmine Tazi	2024	Casablanca,
Patricia A. Tran	2024	Glenelg, MD
Emily Turnbull	2024	San Francisco, CA
Amelia H. Vinton	2023	Palo Alto, CA
Charlotte D. Whitehurst	2022	Annapolis, MD
Lily V. Williamson	2025	Santa Monica, CA
Emelia K. Yang	2024	Sacramento, CA
Elizabeth Zhang	2022	Andover, MA

*Captain

Coach: Keri Lambert
Assistant Coach: Alli Booth, Leah Metzger, Elizabeth Meyer

Girls Cross Country
2021 Highlights

9/25/21
Manchester Invitational
4th of 22

STRONG START TO THE SEASON
GXC had a great day on Saturday at Manchester Invitational. We came in 4th out of a competitive field of 22 teams, and our own Charlotte Whitehurst '22 won the race overall in 19:00. Full results can be found here.

10/2/21
NMH Invitational
2nd

STRONG SHOWING AT NMH
Andover Girls Cross Country had another strong showing at the NMH Invitational! Phillips Academy placed 2nd overall in both the Varsity and JV races (which were combined into one for this invitational). Charlotte Whitehurst '22 had another strong performance up front, claiming 2nd overall, followed by Tiffany Tang '22 (3rd place), Patricia Tran '22 (8th), Caroline Empey '22 (10th), and Izzy Alvarez Martinez '23 (12th). Claire de Saint-Phalle '22 and Maya Tang '23 rounded out our Varsity seven.

Saturday was also a day of firsts for PAGXC! Had the races been separated, our very own Naima Reid '25 would have placed 1st overall in the JV race (based on combined race results) in her very first high school cross country competition! Emma Hagstrom '25 would have cracked the top 10 (6th), with classmate Edy Leach '25 also running in an Andover singlet for the first time ever. It was an idyllic early Fall day for Giselle Mollod-Jones '22, Abbie Cheng '23, and Emily Turnbull '24 to race their very first 5k-- particularly impressive on the NMH course, which bodes steep rolling hills across tough terrain.
PAGXC can't wait for their home opener next Saturday versus Choate. The Girls race will take place at 2pm, with the Boys race to follow at 2:30pm.

10/9/21
Choate
W 20-41

GXC CLAIMS VICTORY IN VARSITY AND JV RACES
PAXC had a terrific team performance at its first home meet since the Fall of 2019. In the combined race, Varsity won 20-41 and JV won 18-43.
At the front of the race, Charlotte Whitehurst '22 and Choate's frontrunner battled it out stride-for-stride from the very start through the last lap around the Great Lawn. Choate's athlete took the win in the final kick, but Whitehurst ran her way to a hard-earned personal record from a gutsy race, paving the way for four more teammates-- Tiffany Tang '22, Patricia Tran '24, Caroline Empey '22, and Izzy Alvarez Martinez '23-- to claim places third, fourth, fifth, and sixth, as well as their own personal records. Ashley Song '23 and Naima Reid '25 rounded out Andover's Varsity seven.
PAGXC's JV squad demonstrated the power of pack running and working together. Claire de Saint Phalle '22 led the second seven, followed by Emma Hagstrom '25 (who took more than 2 minutes off of her 5k time from the NMH Invitational last week), Elizabeth Zhang '22, Amelia Vinton '22, Vanessa Fan '23, Abbie Cheng '23, and, in her first ever 5k wearing an Andover singlet, Lily Williamson '25.
The team savored every moment of being able to host at home. They brought positivity and mental toughness to make the best of this idyllic Fall day. Next up, they will travel to Concord, NH to take on St. Paul's school a week from now on Saturday 10/16.

10/16/21
St. Paul's
W 19-40

GXC SWEEPS 1ST, 2ND, AND 3RD TO WIN AT ST. PAUL'S
Andover claimed another decisive win this Saturday in a dual meet against St. Paul's School.
On an unseasonably hot Fall day, Charlotte Whitehurst '22, Tiffany Tang '22, and Caroline Empey '22 claimed 1st, 2nd, and 3rd respectively. Claire de Saint Phalle '22, Izzy Alvarez Martinez '23, Maya Tang '23, and Elizabeth Zhang '22 all also finished in the top 10 and rounded out the Varsity seven for Phillips Academy.
PAGXC is looking forward to next Saturday, when the team will race at home against Northfield Mount Hermon for Family Weekend.

10/23/21
NMH & Winsor
W 15-50, W 20-41

TWO DECISIVE VICTORIES OVER NMH AND WINSOR
Family Weekend was a great success for Andover Girls Cross Country! The team remains undefeated at home after claiming victories over Northfield Mount Hermon (15-50) and Winsor (20-41) on Saturday 10/23.
Seventeen of the twenty Phillips Academy students who toed the line on Saturday set season best 5k times, and the team placed 8 runners in the top 10.
Senior Elizabeth Zhang '22 managed to reduce her time from the last home race (10/9) by a full 78 seconds to set a new P.R. of 22:03 (10th place overall). Junior Emma Hagstrom '25 likewise had a breakthrough race, traversing the course in 21:47 (8th place overall), a full 50 seconds faster than her time earlier this month. Charlotte Whitehurst '22 fell just short of claiming the individual win, taking 2nd place after being stride for stride with Winsor's top runner from the very start. (The two racers will have a final season standoff next month at the league championship on 11/13.) Four more Andover athletes-- Tiffany Tang '22, Patricia Tran '24, Caroline Empey '22, and Izzy Alvarez Martinez '23-- followed in Whitehurst's wake, claiming 3rd, 4th, 5th, and 6th place respectively.
The team was extremely grateful to have the support of family and friends across the course this Family Weekend. Next Saturday 10/30, PAGXC will travel to Deerfield Academy to try to defend its undefeated dual meet streak. That race will take place at 1pm.

10/30/21

Deerfield
W 17-42

GXC WINS OVER DEERFIELD AND REMAINS UNDEFEATED IN DUAL MEETS THIS SEASON
Phillips Academy Girls Cross Country claimed another decisive win this weekend, beating Deerfield Academy 17-42. Andover swept the top four spots and placed seven in the top ten. PAGXC is now 5-0 this season (excluding Invitationals).
The weather was rainy and the course, which looped around several fields, was soft and muddy at points. Still, Charlotte Whitehurst '22 set a new course record and claimed her third individual win of the season.
The team overall had a great day. Seven of the thirteen athletes who raced set season-best 5k times. Izzy Alvarez Martinez '23 managed to take 39 seconds off her time last week. Izzy finished on the heels of teammate Caroline Empey '22, who set her fourth personal record of the season, taking a full 18 seconds off of her time last week. Emma Hagstrom '25 had another strong showing this week, placing fourth for the team and setting a new season-best time.
The team has some excellent momentum heading into the final weeks of the season. Next Saturday 11/6, PAGXC will face off against Exeter in a dual meet at home, and the following Saturday 11/13, Andover will host about twenty schools for the 2021 NEPSAC XC Championships.

11/6/21
Exeter
L 38-21

ANDOVER FALLS TO EXETER IN FINAL DUAL MEET OF YEAR
On yet another eerily perfect Fall Saturday-- 52 and sunny with a light breeze-- Phillips Academy Girls Cross Country fell to Exeter 38-21.
Andover went into the race without two of the team's top five, and consequently they placed just one in the top 5 and four in the top 10, spelling their defeat. Although PAGXC's own Charlotte Whitehurst '22 claimed 1st place and both Caroline Empey' 22 and Emma Hagstom '25 ran faster on the home course than they ever had before, the team couldn't quite pull off an against-the-odds win.
PAXC looks forward to hosting the Division I NEPSAC Championship this coming Saturday on November 13, 2021. Nineteen schools and roughly 500 athletes will be competing on Andover's own home course that day. The Girls Varsity race will take place at 1:15pm, and the Girls JV race will take place at 2:40pm.

Girls Cross Country
In The News

9/30/21
Girls Cross Country Places Fourth Overall at 'New England's Toughest Course'

Andover Girls Cross Country started off the season strong with a 4th place finish out of 22 teams in the Manchester Invitational, an annual cross country event in New Hampshire. Charlotte Whitehurst '22 finished first place in the Girls Varsity team section of the 5K race with an impressive time of 19:00 minutes.
According to Izzy Alvarez '23, the team was excited to give its best while racing on such a highly esteemed and difficult course.
Alvarez said, "It was our home opening race of the season, so [there was] a lot of excitement going into the race. It is voted New England's toughest cross country course, so that was really fun to conquer and to finish knowing that course had such a large title."
Caroline Empey '22, similarly to Alvarez, acknowledged the challenges and obstacles that stood in the team's way, however, they didn't stop Andover from having a competitive and fun race.
"It was a really hard course… and there was 400 feet of elevation. The second mile was up the back of a ski hill. There were things we had to hop over, so it was difficult, but it was a good day," Empey said.
After a day of tough racing, Empey notes that many of the runners ran incredible races and believes that the team was pleased with the outcome.
"I was really nervous going into it, and I think some of the other girls were nervous because it was this huge race. I think there were like 160 girls in our race alone. We never race that big. It was really fun [though]. Charlotte won the entire day. She won with 19 minutes in a 5K. Tiffany [Tang '22] was 11th, Patricia [Tran '24] was 42nd, I was 47th, and then we had two other girls right after. I think we did really well, we were [in] the top four overall," Empey said.
The last year has certainly been a challenge for many teams who were unable to practice. Girls Cross Country was no exception, but according to Alvarez, the team was still able to perform well and identify areas that require further practice and refinement.
Alvarez said, "I mean it's the first race, you don't really know what to expect, and for most of us, at least I know for me, this is my first race in two years… since Lower Year we weren't allowed to race due to Covid[-19]. It was kind of a blind entry because we were all sort of disconnected from racing for a while. I'm very proud of everyone for going out there and doing their best. There were definitely so many areas in which throughout the season we will work on, but right now I'm happy with how it went. I'm very proud of everyone."
Elizabeth Zhang '22 and Alvarez both point out how bonding between teammates makes a more supportive and comfortable environment.
"Usually, we all do a team dinner before our race on Saturdays. The girls who are racing will write each other letters called Secret Sights, you don't know who the letter is from and there are little notes of encouragement," Alvarez said.
Zhang added, "Right before the race, we will do our team cheer… I can really feel the energy. The day before the race, our entire team did a really easy campus run, and then we ran down the steps of [Samuel Phillips Hall] just cheering. It was just a really great bonding experience and it really pumped our blood up for the next day."
Looking towards the future, Zhang stated that the team should work out logistics whether it be diets, sleep, or exercise.
"I think [we need to work on] working hard during the workouts and taking easy days easy and just remembering to get enough sleep and eat healthily. I think overall, the girls are doing really great. I think everyone is on top of their game right now. When school gets a little busier, I think we all have to remember to watch out for each other," Zhang said.
Andover Girls Cross Country's next race will be the N.M.H Invitational this Saturday at 4:15 PM.

10/8/21
Charlotte Whitehurst and Tiffany Tang Lead Girls Cross Country to a Second Place Finish

Chants of "Go Andover!" and "Go Giselle!" propelled Giselle Jones-Mollod '22 to the finish line as Andover Girls Cross Country competed in its second meet of the season in the Northfield Mount Hermon

(NMH) Invitational. With Charlotte Whitehurst '22 placing second overall and Tiffany Tang '22 placing third overall, Andover placed second to Loomis Chaffee 31-35.
According to Izzy Alvarez '23, the long bus ride to western Massachusetts, the scenic course and the autumn-themed post-race prizes made the meet a unique and memorable one.
"[I would describe the meet as] fun… NMH is [famous for its long drives as] the drive there is an hour and a half, so there's a lot of buildup getting there. And once you finally get there, it's a beautiful campus in western Mass in the mountains; the course is super hilly and challenging, and the races at NMH that I've been to all give out pumpkins, pies, or maple syrup as prizes, which goes along with the autumn theme," said Alvarez.
During the bus ride, the team stayed lively and took advantage of the bonding opportunity, according to Jones-Mollod.
Jones-Mollod said, "We had people singing together, and just enjoying being with each other, getting excited together."
Alvarez says the team has also been bonding through psychs to spread positive energy throughout the team.
"For meets, we have a pre-race ritual of writing each other psychs, which is basically where you get assigned a teammate, and you write them a letter, an anonymous letter, encouraging them and hyping them up for the race, and we call those secret psychs. So that's a race thing we do throughout our entire team," said Alvarez.
According to Alvarez, after training as a group for more than a month, the team has started to develop an intimate connection.
Alvarez said, "A lot of us have been training together since late August, so we have been training for a very long time up until this moment, and over the course, we have grown so much together as people and as runners and it's been so rewarding to see our work pay off and get to know each other better and grow into a tighter-knit community."
Alvarez says she is most proud of the fact that every runner was able to put their all into the race despite heavy workloads and fatigue in the week leading up to the meet.
"This previous week was very difficult for a lot of runners, just because we were all very busy, we had a lot of work that we had to do, a lot of us were not feeling the greatest to train as much as we're used to. Regardless of these challenges, we were still able to go out and race and leave it all on the course, and race races that we were proud to have finished," said Alvarez.
Andover will host its first meet on October 9 against Choate.

10/23/21
Girls Cross Country Beats St. Paul's Despite Unfamiliar Race Plan

With Charlotte Whitehurst '22 placing first and Tiffany Tang '22 and Caroline Empey '22 following closely behind in second and third place, respectively, Andover Girls Cross Country beat St. Paul's 19-40. The team's record now stands at 2-0.

Even with the quick switch from mental thinking to physical activity, Vanessa Fan '23 did not find changing her mindset from completing the PSAT to running in a race on the same day as difficult as she thought it would be.

Fan said, "At first, I thought it would be pretty stressful because you're going from something that's very mental in the morning to something that's very physical in the afternoon. But it was also nice because it was a chance to take my mind off of all the work I had to do, and all I can do is just focus on running in the moment."

According to Elizabeth Zhang '22 and Empey, the changes in the lineup caused the team's usual strategy of pack running to be more difficult as the players had become so accustomed to running with the same people

Empey added, "This week was a bit of a different race plan. [Patricia Tran '24,] the girl I normally run with, wasn't running this week, and so our coach, Coach Lambert, made a bit of a different plan for this week. Charlotte, Tiffany, and I, because we're the top three runners for Andover this weekend… we kind of did a tempo first mile, we did a slower pace than we normally go out in, we kind of let the St. Paul's girls lead the first mile. At the mile mark, we just sped up, we switched gears. We really focused on the middle miles and we ran closer to our race paces during the second and third mile. We ended up finishing one, two, and three, so it was good for Andover."

Fan also notes that St. Paul's course was much different than Andover's, which benefited some members of the Andover team, while others felt more comfortable in the team's home course.

"It's very different from the home course. [On] the home course in Andover, we have a super big hill that we go up. This one was more flat compared to that, but there's a bunch of little bumps throughout it. So, sometimes you'd be going super down and you get some nice acceleration and you might have a tiny hill after that even. Some people enjoyed it a lot because it was super flat. I personally still enjoy the home course more, I'm just more comfortable with that one."

Though the team's plan was executed well and proved to work out well, Zhang looks to the future, saying that the team needs to focus on its health, whether it be mental or physical, especially during this time of year.

"I think [the team can improve by] just being more careful with our health. Of course, that's a hard order because we're coming out of midterms week and not everyone is getting a lot of sleep. Also there's this campus cold going around. So, not all of our racers are at like 100 percent. But, we have lives outside of cross country, so I guess like trying to take care of our health especially as midterms and the cold come around." Zhang said.

Girls Cross Country's next race will be at home on Saturday against Northfield Mount Hermon.

11/7/21
Girls Cross Country Coach Keri Lambert Enforces A "Team Mindset"

In her first season coaching, Girls Cross Country Head Coach Keri Lambert hopes to uphold teamwork and togetherness as the team's core value this year. Reflected in her actions as coach, the emphasis on collaboration and a team mindset can be seen through more group focused running strategies.

Lambert said, "The values that I hope runners take from cross country is just that real team mindset that requires everyone to work on behalf of their teammates, and to support their teammates, and build one another up, day in and day out, in order to really kind of savor the hard work that goes into this sport and to make the most of the training."

Lambert elaborated that her favorite aspect of cross country was the potential for team building. Rather than cross country being an individual sport, she stated that certain features of the sport encouraged unity and group effort.

"I would say that one of the things that I love most about cross country is that it turns what could be considered an individual's sport, mainly running, into a team sport, in so far how the meets are scored, and how workouts and training kind of take place. And I think that cross country really, in a really visceral way, kind of captures the nonsibi value actually, of the school," Lambert said.

Captain Natasha Muromcew '22 highlighted the efforts that Lambert has undertaken to create team bonding experiences not just within the training regimen but also outside of the sport. Muromcew also stated that these events helped teammates spend time with injured teammates who weren't able to participate in training.

Muromcew said, "Last Friday, she got us games and we had pumpkin carving contests. It was just really nice to be together as a team and a really low-stress situation where we could just hang out and not run, because a lot of our teammates are injured, so it's hard for us to be together. So she's very conscious of the team."

Not only does Lambert focus on runners' conditions while they run, she also focuses on building healthy habits and self-care practices after races. Post-running care is an emphasized aspect of cross-country training this season, according to Lambert.

"We've been focusing on self care and trying to develop better running habits: better biomechanical form, better post run and post workout recovery habits, in order to be well rounded, strong runners, ideally to help prevent injuries but also just to learn about what it takes to be a strong, healthy runner, not just in terms of like the hard work that we do at practice, but also things like fueling and sleeping and hydrating and stretching and rolling after workouts and things like that," Lambert noted.

Despite rough conditions, Lambert always pushes the team to adapt to different circumstances, encouraging moments of mindfulness. She helps the team to embrace any situation and to use those conditions to its advantage, according to Maya Tang '23.

"We were practicing in rainy and muddy conditions and she encouraged the team to not see that as a bad thing and to just continue to push ourselves even when it's hard. She'll have a few minutes of mindfulness and to visualize our race and its entities. Some excerpts like mind exercises are helpful to get through the really tough parts of the course because she has us think of a mantra and to repeat it," Tang said.

As the team heads into the end of the season and plans to host the elite championships, Lambert expressed her gratitude towards the team's resilience and strength. She further stated that the runners' work ethic and team spirit continued to inspire her.

"What I take from watching them do those workouts and support one another and cheer one another on is really just like a strong sense of inspiration. And this is just a special group that really savor all of the challenges that come with cross country. They aren't daunted by tough workouts or fast speeds. They're not daunted by cold weather… Just the way that they're able to spin what other athletes or students might see as major challenges into wonderful experiences that they support one another through is really inspiring. It's a great way to finish my day."

Girls Field Hockey
2021

Head Coach: Kate Dolan
Assistant Coach: Martha Fenton & Taylor Ware

Captain: Elizabeth L. Harrison

Managers: Andrew Barton '25, Benjamin Garozzo '23, Emily Smith '22, and Leverett Wilson '25

Overall Season Record

Win	Loss	Tie
18	0	1

New England Champions

Letter Winners:

Lexington E. Secreto
Annabel R. Curry
Meghan O. Dunne
Siobhan E. Reidy
Julia C. Hall
Elisabeth M. Ware
Kiera A. Reidy
Shea R. Freda
Gwyneth L. Lapp
Aimee M. Seppenwolde
Hannah R. Kent
Keira Harder
Claire Colvin
Isabelle S. Brown
Rachel A. Neyman
Georgia Q. Adams
Elizabeth L. Harrison*
Molly A. Boyle
Victoria C. Rider
Elizabeth Assimes
Elizabeth M. Gilmartin
Presley X. Kmeta-Suarez
Ellie Parker
Sophie M. Glaser

Abbot Academy Field Hockey Award: Victoria C. Rider

Girls Field Hockey
2021 Schedule and Results

Date		Opponent		Time	Score	Result
09/11/2021	Field Hockey V	Rivers	H	3:15 PM	Scrim	
09/15/2021	Field Hockey V	St. Mark's	A	3:00 PM	Scrim	
09/18/2021	Field Hockey V	Thayer	H	2:30 PM	3-1	W
09/22/2021	Field Hockey V	Lawrence Academy	H	3:15 PM	9-0	W
09/25/2021	Field Hockey V	Loomis	H	2:30 PM	4-0	W
09/30/2021	Field Hockey V	Brooks	A	4:30 PM	3-1	W
10/02/2021	Field Hockey V	Tabor	A	4:00 PM	1-0	W
10/06/2021	Field Hockey V	Governor's Academy	A	3:00 PM	3-0	w
10/09/2021	Field Hockey V	Choate	H	2:00 PM	10-0	W
10/13/2021	Field Hockey V	Milton	H	3:30 PM	4-2	W
10/16/2021	Field Hockey V	St. Paul's	A	2:00 PM	4-0	W
10/20/2021	Field Hockey V	Middlesex	A	3:15 PM	1-1	T
10/22/2021	Field Hockey V	N.M.H.	H	6:00 PM	1-0	W
10/27/2021	Field Hockey V	B. B. & N.	H	3:15 PM	1-0	W
10/30/2021	Field Hockey V	Deerfield	A	1:00 PM	1-0	W
11/03/2021	Field Hockey V	Noble & Greenough	H	3:30 PM	2-1	W
11/06/2021	Field Hockey V	Cushing	H	4:00 PM	5-1	W
11/13/2021	Field Hockey V	Exeter	A	12:00 PM	7-3	W
11/17/2021	Field Hockey V	Tournament (Taft)	A	2:15 PM	3-0	W
11/20/2021	Field Hockey V	TOURNAMENT (Greenwich)	H	2:30 PM	3-1	W
11/21/2021	Field Hockey V	TOURNAMENT (Sacred Heart)	A	11:00 AM	4-1	W

Phillips Academy Girls Varsity Field Hockey 2021

No	Name	Yr	Hometown
0	Lexington E. Secreto	2022	New Windsor, NY
1	Annabel R. Curry	2025	Chestnut Hill, MA
2	Meghan O. Dunne	2022	Dedham, MA
4	Siobhan E. Reidy	2023	Scituate, MA
5	Julia C. Hall	2022	Englewood, CO
6	Elisabeth M. Ware	2025	Andover, MA
7	Kiera A. Reidy	2023	Scituate, MA
8	Shea R. Freda	2024	Lexington, MA
9	Gwyneth L. Lapp	2022	Andover, MA
10	Aimee M. Seppenwolde	2022	Needham, MA
11	Hannah R. Kent	2022	Ostrea Lake, NS
12	Keira Harder	2023	Arlington, MA
13	Claire Colvin	2023	Winchester, MA
14	Isabelle S. Brown	2023	Charlotte, VT
15	Rachel A. Neyman	2022	North Andover, MA
16	Georgia Q. Adams	2022	Andover, MA
18	Elizabeth L. Harrison*	2022	Wellesley, MA
19	Molly A. Boyle	2025	Scituate, MA
20	Victoria C. Rider	2022	Essex, CT
22	Elizabeth Assimes	2022	Mont-Royal, QC
27	Elizabeth M. Gilmartin	2022	Andover, MA
29	Presley X. Kmeta-Suarez	2022	Briarcliff Manor, NY
30	Ellie Parker	2025	Andover, MA
33	Sophie M. Glaser	2022	Montclair, NJ

*Captain

Coach: Kate Dolan
Assistant Coaches: Martha Fenton & Taylor Ware
Managers: Andrew Barton '25, Benjamin Garozzo '23, Emily Smith '22, Leverett Wilson '25

Girls Field Hockey
2021 Highlights

9/18/21
Thayer
W 3-1

BIG BLUE OPENS SEASON WITH A WIN
Returning to the field for the first time since November of 2019, PAFH opened their 2021 season with a 3-1 over a determined and spirited Thayer team. Andover allowed Thayer to score in the opening two minutes of the game and then fought hard to regain their composure and seize momentum. Andover scored two second-quarter goals and added another in the fourth quarter. Andover will host Lawrence Academy and Loomis this coming week.

9/22/21
Lawrence Acd
W 9-0
PAFH IMPROVES TO 2-0
9-0 victory, with 9 different players scoring. The team had some great passing sequences. Getting ready for our first NEPSAC Class A game on Saturday at home vs. Loomis.

9/25/21
Loomis
W 4-0
SHUTOUT WIN IN FIRST NEPSAC CLASS A GAME
After a scoreless first half, Andover scored 70 seconds into the second half off a corner. PAFH then added two more third period goals, and a final tally with five minutes to go in the game. Big shout out to the Andover defense and goal keeping for their strong showing today.

9/30/21
Brooks
W 3-1
ROAD WIN AT BROOKS
Goals in each of the first three quarters staked Andover to a 3-1 over Brooks. Despite the score, the game was evenly played and each team played with intensity and determination. Strong all-around showing by Andover.

10/2/21
Tabor
W 1-0
On the strength of a first-period goal, Andover earned the 1-0 shutout win over a fast and talented Tabor squad. Andover's defense was outstanding from start to finish. Credit to both teams for their tremendous efforts this afternoon.

10/6/21
Governor's
W 3-0
PAFH SECURES SHUTOUT AT GOVERNOR'S
Andover dominated first-half action but could only come away with one goal as the Govs defense played exceptionally well. In the second half, PAFH was able to add two goals and thwart Govs' offensive opportunities.

10/9/21
Choate
W 10-0
ANDOVER EARNS SHUTOUT
PAFH had a slow start in the first quarter but picked up momentum as the game progressed. With great passing and strong finishes, Andover played a a strong game. The teamwork and togetherness demonstrated today were in a word: incredible. Go Blue!

10/13/21
Milton
W 4-2
ANDOVER EDGES MILTON
Andover emerged with a 4-2 win over Milton. After a scoreless first quarter, the teams went back and forth in the waning minutes of the second quarter and at the half, PAFH led 2-1. The same was true in the third quarter and PAFH tallied a goal in the fourth quarter as well. Big credit to the Mustangs for their energy and desire throughout today's contest.

10/16/21
St. Paul's
W 4-0
PAFH EARNS WIN AT SPS
With goals in the first, second, and two in the fourth quarter, Andover took the win on the road at SPS. Andover's defense played well against an aggressive and opportunistic SPS team. PAFH will travel to Middlesex on Wednesday for their annual "playing for pink" game to recognize October as breast cancer awareness month.

10/20/21
Middlesex
T 1-1
OVERTIME!
Andover and Middlesex played a hard fought, back and forth game this afternoon. Each team had great opportunities and each had stellar goal keeping. Well played, great effort by both teams.

10/22/21
NMH
W 1-0
UNDER THE LIGHTS VS. NMH
Hosting NMH under the lights for Family Weekend, PAFH earned a 1-0 win with a second quarter goal. Andover had some excellent passing sequences and many quality scoring opportunities but credit the NMH defense for only allowing the lone goal. PAFH wants to thank all our fans and families for their incredible support throughout the fall. Go Blue!

10/27/21
BBN
W 1-0
On a wet and windy afternoon, PAFH hosted BBN. After a scoreless first half, Andover came to life in the third quarter and earned many great scoring opportunities. The Big Blue was finally able to convert early in the fourth quarter for the lone goal of the contest. Credit to both teams for braving the conditions, and especially to BBN for making the trip and playing with a ton of energy and spirit.

10/30/21
Deerfield
W 1-0
On a wet afternoon in Deerfield, Andover gathered momentum as the game wore on; PAFH allowed one early corner and one shot on goal in sixty minutes. Andover upped their efforts in the second half, controlling much of the play but unable to convert due to DA's defense. Finally, with time winding down (11 seconds), PAFH netted the game winner! Outstanding total team effort by the Big Blue!

11/3/21
Noble & Greenough
W 2-1
Andover hosted Nobles in a fast, physical contest this afternoon. Nobles took the lead in the second quarter and the score remained in their favor until 2 minutes into the fourth quarter when PAFH scored off a corner to tie the game at 1-1. Six minutes later, PAFH scored again to get the 2-1 win.

11/6/21
Cushing
W 5-1
On a beautiful fall Saturday afternoon, PAFH honored their fourteen seniors before and after today's game against Cushing. Andover got on the board two minutes and thirty seconds into the second quarter. That 1-0 lead held until Cushing, who played a fast and tenacious game, tied it up five minutes into the third quarter. PAFH was able to regain the lead with a goal with eighty seconds left in the third quarter. Andover's offense ignited for three fourth quarter goals to make the final 5-1. Deep gratitude to our seniors and their families for their dedication and commitment this season and seasons past.

11/13/21
Exeter
W 7-3
Andover travelled to Exeter for their traditional rivalry game, and earned a 7-3 win. Seven different scorers notched goals for PAFH and several players contributed key assists. It was a team effort, team win as the team finished the regular season 15-0-1. Thank you to all our amazing parents, families, and friends for your support throughout the fall.

11/17/21
Taft
W 3-0
Andover hosted a talented Taft team in NEPSAC Class A Tournament action this afternoon. With a goal in the opening 2 minutes and 30 seconds of play and a second goal mid-way through the second quarter, PAFH a took a 2-0 lead into halftime. Andover added a third goal in the fourth quarter for the 3-0 win. Andover's defense stood tall against Taft's pressure and was able to keep the Rhinos off the board. Andover will play Saturday vs. Greenwich Academy. Thank you to all our friends, families, and fans who came out to support the team!

11/20/21
Greenwich
W 3-1
Andover and Greenwich met up in the Class A semi-finals at the Rivers School, and credit both teams for an intense, well played game. After a scoreless first half, Andover scored five minutes into the third quarter only to see Greenwich tie it up six minutes later. Entering the fourth quarter tied at one, Andover scored the winning goal just seventy five seconds into the quarter. PAFH added a third goal five minutes later. Andover will play the #1 seed Convent of the Sacred Heart on Sunday at the Winsor School in Boston at 2 pm. Thanks to all our friends, families, and fans for supporting us.

11/21/21
Sacred Heart
W 4-1
NEW ENGLAND CLASS A CHAMPIONS
For the fourth time in the past six seasons, PAFH earned the Class A Field Hockey title. Today at the Winsor School in Boston PAFH defeated Sacred Heart of Greenwich, the defending champions in 2019. Andover has advanced to the finals five of the past six seasons and in 2018 and 2021 the team posted undefeated seasons with a combined record of 35-0-1.
A goal by Georgia Adams in the opening ninety seconds set the tone for PAFH today and a second goal five minutes later by Meg Dunne proved to be the game winner. A key play in game occurred as time was winding down in the second quarter and Andover's defense had to stop several consecutive corners by CSH. On the last corner Andover's defense was able to ignite a fast break which earned a stroke for PAFH. Gwyn Lapp converted the stroke and PAFH took a 3-0 lead into the half. CSH scored their goal in the opening minutes of the third quarter and applied more pressure to Andover's defense, who was up to the challenge. Andover's fourth goal came off another stroke in the fourth quarter by captain Ellie Harrison.
The difference in this game and all season long for Andover has been the strength, energy, and enthusiasm given by each and every team member: Aimee, Annabel, Belle, Claire, Ellie H, Ellie P, Georgia, Gwyn, Hannah, Julia, Keira, Kiera, Lexi, Liz, Lizzie, Meg, Molly, Neily, Presley, Rachel, Shea, Siobhan, Sophie, and Tory. Incredible, individually and collectively.
Heartfelt thank you to Andover's athletic department, friends, and families for their tremendous support all season long.

Field Hockey In The News

9/19/21
Boston Globe

Phillips Andover field hockey makes a triumphant return with win over Thayer
After a year away, field hockey returned to the prep school circuit this week, including host Phillips Andover's 3-1 win Saturday over Thayer.
"Playing field hockey after almost two years off the field is incredible and I feel super grateful to be back," Phillips Andover senior Rachel Neyman said. "I'm so happy to have one more season on the team."
Thayer got on the board first, after eighth-grade standout Maren Boyle scored on a fast break opportunity just two minutes into the first quarter. Andover regained momentum and finished the first half with goals from senior Elizabeth Assimes and sophomore Shea Freda, securing a one-goal lead heading into halftime. The Tigers earned back-to-back corners to open the second half, but freshman goaltender Ellie Parker turned away a flurry of Thayer shots in order to preserve Andover's lead. Andover kept Thayer's offensive chances to a minimum through the rest of the game, and an insurance goal by freshman Molly Boyle with 48 seconds remaining in the game cemented the win.
"It's only the first game, but you can already see the chemistry coming together and we're putting everything we work on into the game," Neyman said. "I think we have a lot of potential this season."

9/30/21

Field Hockey Dominates Loomis Chaffee in 4-0 Victory, Continuing Undefeated Season
After a goalless first half, Andover Field Hockey scored three goals in the third quarter and one goal in the fourth quarter to secure a 4-0 win over Loomis Chaffee. The team's stout defense last Saturday held Loomis scoreless while displaying bursts of offensive talent. Andover Field Hockey now stands at a 3-0 record.

According to Co-Captain Ellie Harrison '22, Andover had to react to the physicality and speed of the Loomis team.

"Loomis made a lot of big hits, so we had to adapt to that. They were definitely fast, definitely aggressive," Harrison said.

According to Head Coach Kate Dolan, the team has to focus on building momentum sooner and playing at the highest level with strong endurance. Dolan recognized that the team has only begun the season and will be able to improve even more in the coming games.

"We had a slow start but picked up the play in the second half. We are working on how to begin games with more intensity and sustain that energy and drive for 60 minutes. It's early in the season and we just have to keep working on working together to be our collective best," said Coach Dolan.

Harrison also detailed the importance of building off of this win over Loomis and learning to play consistently beginning at the very first whistle.

"Obviously, we didn't score in the first half, and we didn't really get going until the second half. So I think in the future, we really need to start playing our game from the very start. We can't be caught off guard by another team's playing style, and we can be the ones dictating the game," Harrison added.

During recent practices, focus has been placed on specific weaknesses that have been observed in game. Harrison mentioned one drill that allows both sides of the ball to improve.

"We do a four versus two drill in practice that helps the defense with communication and the offense with ball movement to find the open player," Harrison explained.

According to Harrison and Ellie Parker '25, players have placed emphasis on playing as one cohesive unit and honing in the abundance of young talent on the roster.

"Communicating with one another was a big goal going into this game. Our coach calls it 'narrating' the game," Parker said.
Harrison added, "We're working on, from the start, playing together, and playing as a team, and playing our game: just moving off the ball— making the easy pass."

Andover Field Hockey will look to continue its win streak at Brooks on Thursday and at Tabor Academy on Saturday.

10/8/21

Field Hockey Captain Ellie Harrison Encourages Positivity and Inclusivity

Leading her team through a currently undefeated season, Andover Field Hockey Captain Ellie Harrison '22 serves as a role model by maintaining poise, control, and persistence when making crucial decisions and plays. Her center-midfield position allows her energy to radiate throughout the entire field. Off the field, Harrison focuses on building individual connections with all her teammates in addition to fostering an inclusive team environment.

Harrison's confidence and composure on the field serve as a model for her teammates to follow, according to Liz Assimes '22.

"Ellie plays with this innate calmness which transfers into her smart play making. As our center midfield, she leads the entire team with finesse and confidence. She's done a great job at demonstrating to this season's team the qualities which make PAFH the community it's known to be," said Assimes.

According to Harrison, her mom fueled her love for field hockey, but she didn't take on the sport until middle school.

Harrison said, "I started playing field hockey in seventh grade at my middle school, and I think my mom inspired me to play field hockey because she played field hockey growing up and in high school. I fell in love with it. I love the speed of the game, I love that it's a team sport, and I love that there's always something new for me to learn and to improve."

Since coming to Andover as a new Lower, Harrison's persistent work ethic has made her a reliable captain and the backbone of the team, according to Georgia Adams '22.

"She's just a total workhorse. She's in shape, and you can count on her for never getting tired. She never stops working, she's so responsible, and she's really reliable. She's always been like that, even as a Lower and underclassman on the team… and I think what makes her a really great captain is that you can always count on her for having something organized to be present in the game," said Adams.

With a multitude of new players ranging from Juniors to Post Graduates, Harrison prioritizes team bonding and creating support systems. In addition, she strives to be as effective and efficient as possible when leading practice.

Harrison said, "We haven't been together in two years, so making sure that everyone feels included and is valued on the team is a priority. Also just being a positive person on the team [is important to me.] I just want to be someone my teammates can come to. I want to be supportive and encouraging, but I also want to hold my teammates accountable, hold the team accountable, and make sure we're practicing to be the best we can be. Staying focused at practice, staying focused at games, and just making the most of the season."

As a new Upper on the team, Keira Reidy '23 has found the transition to Andover and the team to be very welcoming, in great part due to the mentorship of Harrison.

Reidy said, "She's been amazing. Before I even got to Andover, we were talking, texting, and emailing. Even here, she's been amazing… She's so inclusive… She always says hi outside of field hockey practice, and even in field hockey practice, she'll make it fun and exciting. If everyone is feeling like, 'oh it's a Monday' or if everyone had tests… she'll make it fun. She is the best captain."

According to Harrison, the team was blessed to receive all the new talent and potential despite the lack of competition last year. She hopes to lead the team to the New England Preparatory School Athletic Council (Nepsac) championships by the end of the season.

"I want to go all the way to the Nepsac championship with this team. I think we're a really special group, and we have so much more to give. We're growing everyday, so I think that is definitely a possibility, and that should be our goal," said Harrison.

Harrison will continue her field hockey career at Middlebury College next year.

10/8/21

Undefeated Field Hockey Claims Two More Victories Against Tabor and Governor's

Shea Freda '24 swiftly dribbled through multiple defenders, scoring the only goal against Tabor Academy in Andover Field Hockey's 1-0 win. Despite a total of eleven penalty corners awarded to Tabor throughout the game, Andover's robust defense, including goalie Ellie Parker '25, managed to shut out all of Tabor's opportunities. Andover proceeded to win 3-0 at Governor's Academy on Wednesday, bringing its record to 6-0.

According to Aimée Seppenwolde PG'22, Andover's early goal was crucial in its win over Tabor, but the team struggled on offense during the remainder of the game. She credited the defensive capabilities of the team as it shut out Tabor.

"We scored early on, which was nice, but then it was very stressful because it was a very defense-heavy game. Our defense played very, very well because we had trouble getting a lot of opportunities after that first goal, so the defense won the game for us for sure," said Seppenwolde.

According to Georgia Adams '22, Tabor had competed in close scoring matches against Andover. The previous results served as motivation entering this game.

"We lost to Tabor my Lower year in overtime during the regular season, and we lost 0-1 again in the quarterfinal… We definitely really wanted to win this game, just out of revenge… to make up for the two really tough losses last time. This was the first team we played that we really knew was going to be a challenge. We felt great. We didn't play our best, but we still won," said Adams.

Keira Reidy '23 noted the high level of play Tabor showcased in addition to Andover's ability to adapt to its opponent.

"[Tabor was] probably the best team we've played so far. They were really competitive and had great talent. They were really aggressive so we just kind of had to stay composed, spread out the field," added Reidy.

The pressure of beating Tabor resulted in some pre-game nerves, according to Liz Assimes '22. The returning players were able to share their memories of the previous Tabor games with the newer players, which served as a bonding experience.

"There was a mixture of nerves and excitement. All of the returning players were very determined to right the wrongs of the past and beat Tabor; their energy was definitely shared by the new players as well," Assimes said.

Assimes and Reidy both recognized the dedication their teammates demonstrated and attributed it as a major component of the team's hard-fought victory.

"All the girls on the team… they all have the same goal of 'We want to win, but we want to do it together.' It's just so amazing to see all the great talent on the team," Reidy said.

"Every single player on PAFH works incredibly hard, whether it's running on the field or cheering on the sidelines; we all really enjoy the sport and the community. It's really motivating to go to practices and games knowing that I can rely on each of my teammates to push me to be the best version of myself on and off the field," Assimes said.

According to Reidy, the victory over Tabor gave the team confidence going into the Governor's game.

"The Governor's game was more technical and executed better than the Tabor game, granted the Tabor team had better composition. However, in the Governor's game, we dominated in our offensive end. We had great passes and knew exactly how to handle the ball. We were very composed in the Governor's game compared to a little frantic in the Tabor game," explained Reidy.

Andover will look to remain undefeated in its game against Choate on Saturday.

10/16/21

Field Hockey Advances to 6-0 After Wins Against Choate and Milton

Molly Boyle '25 weaved her way past the goalie, scoring with a pull around for Andover Field Hockey in its 10-0 win against Choate on Saturday at home. Andover followed the win with a 4-2 victory against Milton on Wednesday at home. The team now holds a 6-0 record.

Captain Ellie Harrison '22 explained that the team was working on finishing strong in the circle. She acknowledged that the team built-up well toward the goal, but missed a lot of shooting opportunities.

"I think it's something we've been working on all season, but after our last game, we definitely were working on finishing in the circle. We had so many great passing sequences and efforts to get to the goal but we missed scoring opportunities just because we couldn't get the final touch." Harrison said.

According to Kiera Reidy '23, the team had great passing and worked cohesively as one unit on the field.

"What the team did well was we had great passes, we had pretty good pre-scanning, which is just like looking up the field before you get the ball so you know exactly what to do when the ball comes to you, great spacing, and great time management. On defense, transfers were great, getting the ball out of our end, and playing great down," said Reidy.

Neily Ware '25 mentioned that the feeling of solidarity and team spirit during plays was an important contributor to success on the field.

"I think we had a lot of energy. We felt really close as a team. We were really supporting each other. We just wanted to be really close, like a family for this game. We have been focusing on coming together and playing for each other. That was our big focus. I think we did a good job with that—just working hard for each other and being close as a team," Ware said.

Harrison noted that Meg Dunne PG'22 had a specifically great game against Milton. Harrison also highlighted Tory Rider '22, who scored a goal from a penalty corner.

"There were a lot of different goalscorers, but I do remember Meghan Dunne got a hat-trick. I think everyone did a really good job. Tory Rider also scored a goal today and she's just been playing really well all season," Harrison noted.

According to goalie Ellie Parker '25, the Milton team was far more aggressive and was on the attack more often than Choate. Further, she noted the improved communication in each game that contributed to the wins.

"During the Choate game, the other team wasn't as aggressive. Milton was definitely more aggressive and had more shots against us than Choate did. Our communication was much better than it has been before, and it was important to our success," Parker said.

Andover Field Hockey looks to maintain its undefeated record at St. Paul's on Saturday and at Middlesex on Wednesday.

10/23/21

Girls Field Hockey Handles St. Paul's in a 4-0 Victory, Ties Middlesex

Despite a lackluster beginning to the game, behind an excellent shutout performance from goalie Lexi Secreto '22, Andover Girls Field Hockey poured on four goals to defeat Saint Paul's 4-0. In stride, the team went on to tie Middlesex. The team's record is now 9-0-1.

Against St. Paul's, Andover got into an offensive groove, leading to full team passing plays, according to Shea Freda '24. Freda described how the communication came together for the team, allowing it to pull things together and come away with a victory.

"The beginning of the first half was a bit of a slow start and it kind of took us a while to get into a good groove and we needed to get the energy up. So once we did, our first couple goals kind of started some really good passing and communication on the field and we [were] able to execute at the end [and] we got the win" Freda said.

Freda described the team's fight as a group effort and expressed that it allowed the team to create the type of play it wanted to see. According to Freda, through the cheering of the teammates, Andover was able to re-establish its confidence.

Freda said, "We have a really good bond, and… can always hear people supporting each other on and off the field. That makes us confident even when we are not playing our best and we're struggling to have good connections on the field. That energy just really helped us get into a groove and to win all of our games so far."

Knowing the reputation and status field hockey has on campus fills the team with pride and spirit, according to Captain Ellie Harrison '22. Harrison believes that being able to be a part of a big family and play a sport the team loves is an experience like no other.

"It is great to be back to competing as a team. Historically we have been very strong as a team and we push to honor the past and build a future – we have a lot of traditions and we act as a family. Fall is a ton of fun playing field hockey. Everyone comes to practice with so much energy and everyone knows how good we can be and we know how good we are," said Harrison.

The team lost its nine-game win streak on Wednesday against Middlesex. According to Head Coach Martha Fenton '83, this loss was another game that consisted of a dissatisfactory start with a great adjustment in the second half as well as in overtime.

"Middlesex was skilled and we had yet another slow start to the game as Middlesex caught us lacking. We did not play enough with our feet [and we were] not moving enough. The team adjusted very well in the second half. We played much better than Middlesex in the overtime [and created] a bunch of chances," said Fenton.

The team will aim to start a new winning run as it takes on Northfield Mount Hermon at home on Saturday.

Boys Varsity Football
2021

Head Coach: Charles "Trey" Brown
Assistant Coaches: Lou Bernieri, Raj Mundra, Tom Fritz, Chip Dunn, Joh Rex

Captains: Julian Dahl, Danny Ferris, Cato Legaspi, Thomas McAndrews

Managers: Kris Aziabor '22, Angela Chen '23, Kaia M. Heslin '23, Valentina Raghib '22, Avan Shah '22

Overall Season Record

Wins	Losses	Ties
1	7	0

Letter Winners:

Cato C. Legaspi *
Jacob O. Kimbrew
Julian V. Dahl *
Joseph A. Carrara
Jesse A. McCullough
Davian C. McDonald
Wayne T. Jervis
Emilio Lozada
Jiho Kim
Kevin I. Flores Blackmore
John M. Fates
Diego L. Velez
Thomas McAndrews
Christopher J. Egrie
Logan M. Cove
Charles W. Whitman
Aidan W. Fenton
Preston F. Whitehurst
Daniel H. Ferris *
Aidan R. Porter
Quinn L. Polcari
Justin J. Hardy
Domenic M. Virelli
Samuel S. Hearle
Jack C. Rogus
Kwabena K. Gyamfi
Connor M. Aalto
Wyatt W. Rogers
Chunze Li
Henry R. Sheldon
Benjamin Goodell
Adrian A. Morrison
Andrew O. DeBenedictis
Dylan R. Velardo
Dean G. Sokaris
Samuel T. Rodgers

MVP Award: Not Awarded

Boys Football
2021 Schedule and Results

Date	Team		Time	Score	Result
09/11/2021	Brooks	A	3:30 PM	Scrim	
09/18/2021	Kent	A	3:45 PM	13-7	W
09/25/2021	Loomis	H	5:30 PM	12-41	L
10/09/2021	Taft	A	4:00 PM	23-30	L
10/16/2021	Williston	A	6:00 PM	28-40	L
10/23/2021	Brunswick School	H	5:30 PM	0-40	L
10/30/2021	Deerfield	A	1:00 PM	14-20	L
11/06/2021	Suffield	H	6:30 PM	13-30	L
11/13/2021	Exeter	A	3:30 PM	6-37	L

Phillips Academy
Varsity Football 2021

No	Name	Pos	Wght	Year	Hometown
1	Cato C. Legaspi *	5'11"	200	22	Andover , MA
2	Jacob O. Kimbrew	6'2	215	22	Rochester , NY
3	Julian V. Dahl *	6' 2	190	22	Las Vegas , NV
4	Joseph A. Carrara	5'10	160	24	Pocasset , MA
5	Jesse A. McCullough	5'9"	170	22	Sudbury , MA
6	Davian C. McDonald	6"2	170	25	Holyoke , MA
7	Wayne T. Jervis	5 11	160	22	Cos Cob , CT
8	Emilio Lozada	6' 3"	185	22	Mexico City, MX
9	Jiho Kim	5' 8	181	23	Newton , MA
10	Kevin I. Flores Blackmore	5'11	160	23	Mexico City, MX
11	John M. Fates	5'10"	190	22	Boxford , MA
12	Diego L. Velez	5'9	160	24	Irvington , NY
19	Thomas McAndrews	6'2	230	22	Haverhill , MA
20	Christopher J. Egrie	5'9"	165	22	Pleasantville , N
21	Logan M. Cove	5'10	170	24	Derry , NH
22	Charles W. Whitman	6'1	180	22	Locust Valley , NY
23	Aidan W. Fenton	6'0	175	23	Andover , MA
24	Preston F. Whitehurst	6' 1"	180	22	Annapolis , MD
32	Daniel H. Ferris *	5'10	180	22	North Andover , MA
44	Aidan R. Porter	5'11"	223	23	Ticonderoga , NY
52	Quinn L. Polcari	5' 11"	260	24	Mattapoisett , MA
53	Justin J. Hardy	5'10	150	23	Boxford , MA
59	Domenic M. Virelli	6'1	290	22	Melrose Park , IL
61	Samuel S. Hearle	5'8	190	22	Boston , MA
62	Jack C. Rogus	6'2"	260	23	North Andover , MA
64	Kwabena K. Gyamfi	5'11"	230	22	Bloomington , IL
65	Connor M. Aalto	6'5"	220	22	North Reading , MA
66	Wyatt W. Rogers	5'11	185	22	Tokyo, Japan
72	Chunze Li	6'	226	23	Malden , MA
77	Henry R. Sheldon	6'3	260	24	Sudbury , MA
78	Benjamin Goodell	6'3	300	22	Lynn , MA
80	Adrian A. Morrison	5'11	225	23	Brooklyn , NY
81	Andrew O. DeBenedictis	5'11	170	23	Andover , MA
87	Dylan R. Velardo	6'5	270	22	Slingerlands , NY
85	Dean G. Sokaris	6'2	205	22	Middleton , MA
88	Samuel T. Rodgers	6'3	175	23	Dallas, TX

*Captain

Boys Football In The News

9/30/21

Andover Football Suffers A 41-12 Defeat Against Loomis Chaffee

After a thrilling overtime victory just a week ago at Kent, Andover Football was dominated 41-12 by Loomis Chaffee. Despite a strong performance in the first half, the team was unable to carry its momentum into the second half, resulting in its first loss of the season. Andover's record now stands at 1-1.

According to Joseph Carrara '24, the team started off well in the first quarter but fell apart as the game went on.

Carrara said, "I would definitely say that our first quarter was probably our highlight; we played tough. After the first quarter, we kind of died down a little bit, but we were definitely proud of the [team's performance] in the first quarter."

The defense also performed well at the beginning of the game, providing the team with a stop, giving Andover the confidence to keep fighting, according to Andrew DeBenedictis '23.

In a letter to *The Phillipian*, DeBenedictis wrote, "One highlight, in particular, was the start of the game. On Loomis' first offensive possession, our defense made a huge stop to hold them to a field goal. I think this gave our team a necessary boost of confidence as the quarter progressed. By the middle of the second quarter, our offense put together a nice drive where we scored on a deep pass. This really energized our team and the crowd."

The team has the ability to win games, but it needs to work together and be focused on every play in order to get positive results, according to Davian McDonald '25.

McDonald said, "I think we have all the players and what it takes to beat anybody that comes against us, but I think we just have to work on working as a team together and being more disciplined… We have to worry about ourselves and play our own game."

According to DeBenedictis, the team needs to improve on its communication and discipline while on the field.

"One thing we need to work on is communication both on offense and defense. On multiple occasions, lapses in communication lead to negative plays on both sides of the ball. However, I thought we fought well up until the very end of the game," wrote DeBenedictis in a letter to *The Phillipian.*

According to Justin Hardy '23, the team was resilient, but it needs technical work heading into its next game.

In a letter to *The Phillipian*, Hardy wrote, "One thing the team did really well was keeping our heads in the game and not giving up. The coaches were proud of everyone for staying focused despite the tough matchup. For the next game, we'll have to work on a little bit of fine-tuning and timing but otherwise, we just need to be locked in and play our hearts out at Taft."

According to DeBenedictis, Jesse McCullough PG'22 was one of the team's stronger performers, reaching the end zone twice and impressing on the defensive side of the ball.

In a letter to *The Phillipian*, DeBenedictis wrote, "I thought McCullough played very well. He scored our only touchdowns of the game, and played solid defense at the cornerback position throughout."

Andover will have plenty of time to recover from this loss, with its next game against Taft in two weeks, on October 9, where it will look to get back to its winning ways.

10/15/21

Andover Football Falls One Touchdown Short to Taft

Early in the first quarter, Aidan Porter '23 forced Taft's quarterback to fumble due to a tactical strip-sack. Andover Football successfully recovered the ball and scored a touchdown in the following offensive drive. Despite earning an early 7-0 lead, the team struggled to find the endzone late in the game in a potentially game-tying drive, resulting in a 23-30 loss to Taft. The team's record now stands at 1-2.

According to Adrian Morrison '23 and Porter, Taft was a team that was neither too strong nor too weak–a perfect matchup for Andover after the grueling loss to Loomis Chaffee. Both sides were able to take advantage of the other team's weaknesses.

"Taft had a couple good players that helped move them offensively and defensively as well, but mainly offensively. I think we also, as a team, made a lot of mistakes collectively, and [Taft] was able to capitalize off that," said Morrison.

"I think our offensive line did a really great job with opening up holes for [Cato Legaspi '22], our running back, to get into open space and make some moves. And then defensively, I think we did a really great job making some decent stops against a pretty touted run game Taft has," added Porter.

Playing its last game two weeks ago, Andover went into the game as the underdogs and wanted to prove the skill and strength it gained from the extra time to prepare, according to Morrison.

Morrison said, "I feel like our main goal was just to win. We came into the game as the underdogs [because] the 'Eagle-Tribune' had predicted that we would lose 20-29. I think that definitely motivated the team a bit because Taft had a bunch of guys who had D1 offers. We didn't have much of that, and they [also] had home-field advantage. We had more to prove in this game just because there were people already [doubting] us before really seeing us [play]."

According to Connor Aalto '22 and Porter, the long bus ride also stood as an obstacle for the team in terms of maintaining fresh legs and amping up the team energy.

"One challenge we always face on road games like Taft is the bus ride. We were much more likely to cramp up after sitting down in the bus for [three] hours. The long bus ride means everyone has to really emphasize their stretching and nutrition," said Aalto.

"It's really tough to get people fired up when you're on a three-hour bus ride for an away game, but once you get on that field, I think it's an instinct in everybody that [there is] a switch that turns on… I think our captains do a really great job getting us fired up before the games, so we were feeling pretty good," Porter added.

Despite being the underdogs and facing unpreventable challenges, many individual players contributed to the team's success, according to Morrison and Kevin Flores Blackmore '23.

"Every time [Legaspi] ran, he was always falling forward and moving the ball forward. He ran really strong, and that gave us a lot of the yards we needed. [Jesse McCullough '22] is always a solid player, and he did well both offensively and defensively. Defensively, he had a couple of clutch catches," said Morrison.

Flores Blackmore added, "[C.J. Egrie '22] and [Emilio Lozada '22] were some key players on defense. They had many open-field tackles and pass breakups. Our defense overall stuffed Taft multiple times."

Despite the team feeling disappointed after the loss, these strong performances left it hopeful for the games ahead, according to Porter.

"Everyone was pretty upset; no one wants to travel three hours, lose a football game, then have to come back… But the thing is, everyone knows what we [did well and what] have to clean up, and I think everyone knows the mentality we have to have [come] into this week as far as preparation goes for [Williston Northampton.] We want to come out on top on Saturday," said Porter.

Andover will look for a win away against Williston this Saturday.

10/23/21

Andover Football Falls Short to Williston Northampton 28-40

Recovering their own onside kick from the kickoff, Williston Northampton started off strongly and then went on to score on the very next play. Andover Football struggled to recover from the early deficit, resulting in a 28-40 loss which now drops its record to 1-3.

According to Co-Captain Julio Dahl '22, because Williston was playing in its homecoming game and had an electric atmosphere behind it, the team ran two very risky but successful plays at the beginning—the onside kick and the resulting score.

Dahl said, "The atmosphere was good, it definitely was an advantage for them to be at their home field. I think it was advantageous for them to have that home-field advantage, and they got off to a really fast start. They had a few trick plays at the beginning"

The team looked to bounce back from their tough loss against Taft the previous week, but faced many challenges on Saturday, according to Henry Sheldon '24.

Sheldon said, "One of our players got injured during warmups which definitely caused some negative feelings, but [the main problem was that] we just gave up big plays [that] really hurt us."

According to Dahl, the long bus ride and the rainy weather made it even more difficult to bounce back from the tough start.

Dahl said, "I think a big challenge was the bus ride, and then it started raining in the second half. It was hard to start throwing the ball in the second half, and we were down two scores, so it was hard to make those big plays when we were confined to the run game."

Andover looked to anticipate how to overcome these challenges this week in practice. According to Andrew DeBenedictis '23, the team had a slow week in practice prior to the Williston game and is increasing the intensity this week.

DeBenedictis said, "One challenge we faced heading into the week was being able to keep a competitive atmosphere in practice. Like I said before it wasn't a crazy intense week so we were sometimes a little flat during practice. This week we are hitting [each other] a lot more and the practices are more intense"

Ahead of the team's game against Brunswick, Dahl believes that everyone, on an individual basis, needs to focus on their execution the most.

Dahl said, "We need to focus on executing better, our bread and butter plays that we run, and working on efficiency on offense, and making sure everyone knows what they are doing and has their assignments, and most importantly, everyone is doing their job."

Andover Football looks to bounce back at home Saturday against Brunswick in its first home game in nearly a month.

Boys Varsity Soccer
2021

Head Coach: Edwin Escobar
Assistant Coach: Mike McHugh, Elly Nyamwaya, Stephen Russell

Captains:
Adam W. Hassanein, Ethan D. Hong, Wade C. Merritt, & Derek A. Polanco
Managers: Sophia Aalami & Fallon O'Connor

Overall Season Record

Win	Loss	Tie
5	5	7

Letter Winners:

Derek Polanco
Christien Merritt
Josh Park
Ethan Hong
Adam Hassanein
Aldiyar Shumazhov
Jay Aziabor
Samuel Elliot
Nic Lam

Award Winner:
SMOYER SOCCER CUP - Derek A. Polanco

Boys Soccer
2021 Schedule and Results

Date			Opponent		Time	Score	Result
09/11/2021	Sat	Soccer BV	Exeter/Rox Latin	H	2:30 PM	Scrim	
09/14/2021	Tue	Soccer BV	Noble & Greenough	H	5:15 PM	Scrim	
09/18/2021	Sat	Soccer BV	Belmont Hill	A	3:00 PM	1-1	T
09/22/2021	Wed	Soccer BV	Milton	H	3:30 PM	0-0	T
09/24/2021	Fri	Soccer BV	Loomis	H	6:30 PM	0-1	L
09/29/2021	Wed	Soccer BV	Holderness	H	4:00 PM	7-0	W
10/02/2021	Sat	Soccer BV	Taft	A	4:30 PM	0-2	L
10/06/2021	Wed	Soccer BV	Bridgton Academy	H	4:00 PM	1-2	L
10/09/2021	Sat	Soccer BV	Choate	H	2:00 PM	2-0	W
10/13/2021	Wed	Soccer BV	Pingree	H	3:30 PM	2-0	W
10/15/2021	Fri	Soccer BV	St. Paul's	A	5:30 PM	3-0	W
10/20/2021	Wed	Soccer BV	High Mowing	H	3:45 PM	1-1	T
10/23/2021	Sat	Soccer BV	N.M.H.	H	4:00 PM	0-0	T
10/27/2021	Wed	Soccer BV	Cushing	A	3:15 PM	2-2	T
10/30/2021	Sat	Soccer BV	Deerfield	A	1:00 PM	1-1	T
11/03/2021	Wed	Soccer BV	Worcester	H	2:45 PM	0-1	L
11/06/2021	Sat	Soccer BV	K.U.A.	A	4:30 PM	0-0	T
11/10/2021	Wed	Soccer BV	Tabor	A	4:00 PM	2-0	W
11/13/2021	Sat	Soccer BV	Exeter	A	10:30 AM	1-3	L

Phillips Academy
Boys Varsity Soccer
2021

G-30	Jace M. Roossien	2024	Nahant, MA
G-1	Derek A. Polanco *	2022	Verona, NJ
2	Wade C. Merritt *	2022	Montclair, NJ
3	Samuel G. Elliott	2022	Andover, MA
4	Ellis E. Denby	2024	Salem, MA
5	Garrett S. Holman	2024	Hamburg, NJ
6	Alex Torrens	2024	Andover, MA
7	Zane W. Matraji	2024	North Andover, MA
8	Giovanni L. Pagliuca	2023	North Reading, MA
9	Alexander Coman	2024	Dorval, QC
10	Adam W. Hassanein *	2022	North Andover, MA
11	Ethan D. Hong *	2022	Tenafly, NJ
12	Nicholas J. Lam	2022	Chung Hom Kok, HK
13	Jonathan L. Aziabor	2022	Atkinson, NH
14	Spencer C. Salhanick	2024	Andover, MA
16	Ryan N. Lam	2024	Repulse Bay,HK
17	Max P. Huang	2024	Montclair, NJ
19	Paul M. Gichana	2025	North Andover, MA
22	Spencer Madge	2025	Wellesley, MA
23	Aldiyar Zhumashov	2022	New York, NY
24	Joshua J. Park	2022	Seoul, KR
25	Elijah J. Robinson	2025	Middletown, CT
31	Tristan P. Marnoto	2024	North Andover, MA

*Captain

Coach: Edwin Escobar
Christopher Ishizuka-Wade
Managers: Sophia Aalami '23 & Fallon O'Connor '23

Boys Soccer
2021 Game Highlights

09/18/21
Belmont Hill
T 1-1

The BIG BLUE hit the road to open the season against Belmont Hill. Ellis Denby and Garrett Holman kept us organized all afternoon in the back and limited the home side's chances all afternoon. In the first 45 minutes, Andover had control of the game and defensively did not allow the home team a single shot on target. In the second half, the BIG BLUE kept pressing, but Belmont Hill caught us on our heels and went up on the score one-nil on a quick counter. Determined to start the season the right way, Andover pressed forward and tied the game a minute later via Ellis Denby, who buried a corner kick served by Alex Torrens. Andover kept pressuring the home team, but the winning goal eluded us all afternoon, and back home, we traveled with a 1-1 tie. It was a challenging game for the Big Blue, but on the day, we showed character and the ability to stay together and fight to the very end. Next up, Milton Academy.

09/22/21
Milton
T 0-0

Second game of the season was against the #1 ranked team in New England Milton Academy. Milton pressured the home team high up the pitch in the first stanza and demonstrated excellent technical and

individual quality. The Big Blue came ready for the challenge, and under the leadership of captains Christien Merritt, Ethan Hong, Derek Polanco, and Adam Hassanein, the Big Blue showed composure all afternoon. While Milton enjoyed possession, the home team generated equal scoring opportunities in the first half. That said, both teams went ended the first half 0-0. In the second half, Milton kept the high pressure and the Big Blue countering. The clearest chance came via Christien Merritt '22, who broke through visitors the backline and took a fantastic shot that was equally met by an incredible save by the Milton keeper. Both teams could not find the back of the net on the day, a show of excellent defending on both sides of the pitch. In the afternoon, The Big Blue backline led by Garrett Holman '24 and Ellis Denby '24 held firm all afternoon and limited the visitors to 8 shots. Hope to see you this coming Friday at Phelps Stadium as we go up against #2 in New England, Loomis Chaffee.

09/24/21
Loomis
L 0-1

The BIG BLUE hosted a very talented Loomis Chaffee team on Phelps Stadium Friday night. Loomis ranked the #2 ranked team in New England, played a fast-paced tempo all evening, making this an exciting chess match between the two teams. In the first half, the Big Blue did a fantastic job at pressuring the visitors and made them turn the ball over numerous times in dangerous positions that put us in great scoring opportunities. In the second half, the Big Blue pushed numbers up against a team that is clinical countering. Unfortunately, our chances were met by a firm visiting backline and an excellent goalkeeper. Loomis would convert the lone goal of the evening 30 minutes into the game after two consecutive and controversial no-calls by the refs that led to the visitors scoring. In the second half, both teams battled up and down the field, but neither could find the net, and the game ended 0-1 in favor of the visitors. We tip our cap to Loomis; they are a fantastic side. We hope that those who came to support us got a good show, and we hope to see you again this coming Wednesday at 4 PM on Smoyer Field.

09/29/21
Holderness
W 7-0

The Big Blue played inspired soccer this afternoon on Smoyer Field against visitors Holderness. It took the Big Blue 15 minutes to get on the scoresheet, and it did so via Ellis Denby '24, who collected his second goal of the season after receiving a pass from Christien Merritt '22. Denby drove past two defenders and calmly finished the play by tucking the ball into the bottom right corner. Merritt would also contribute with two goals of his own. His first came off a great run made by teammate Zane Matraji '24, who beat his defender to cross the ball and find the feet of Merritt, who, with a delicate touch, put the ball in the bottom right corner. Matraji '24 would add to the lead after a fantastic individual effort inside the penalty box where he beat his defender and finished the play by taking a shot to the keeper's near post. Moments later, Merrit '22 would return the favor to Matraji as he beat his defender on the right side of the 18-yard box to deliver a cross that Matraji '24 met on the other end. The goal scored was Matraji's '24 second of the day and second of the season. At the half, the Big Blue was up 4-0. In the second stanza, Alex Coman '24 received a brilliant through ball from Denby '24 to score his first season. In his scoring effort, Coman '24 demonstrated composure and a neat touch to finish the play. After an excellent inside-the-box individual effort, Ryan Lam beat his defender and finished the play with a shot to the keeper's far post to wrap up the scoring. The goal marks Ryan's first of the season. Today was a solid team performance, the product of a great week of practice. BVS hopes to see some of you at our next match versus Taft this coming Saturday. Forward we go!

10/2/21
Taft
L 0-2

Today, the Big Blue hit the road to play against a very skilled and full of international talent Taft team. The home team came fired up for the game and controlled the pace and possession in the first half; that said, the Big Blue played well defensively and went into the half 0-0. In the second stanza, the Rhinos, once again, started strong and generated multiple scoring opportunities that were met by the excellent hands of GK Derek Polanco '22. Derek on the day was sensational and made a case for best Goalkeeper in New England. Unfortunately, 15 minutes into the second half, two big defensive miscues led to Taft's first goal. In the final 20, Andover sought the tying goal, but the Rhinos were more fortunate on the day and counter-scored the second of the day, and that way, the home team celebrated a well-earned victory. We learned a lot from this defeat, and we will be better tomorrow because of it. Thank you to all of those who came and supported us.

10/6/21
Bridgton
L 1-2
The Big Blue hosted Bridgton Academy, and on a day in where Andover controlled the game's pace, Bridgton came out with a 1-2 result. The scoring started after 19 minutes of play. The goal was the result of a defensive error caused by less than ideal field conditions. Andover would come back to tie the game via Christien Merritt '22, who caught the visiting team's backline off guard to steal the ball and place it on the far post of the GK. With less than 2 minutes to play, Bridgton found their second of the day after taking a quick throw-in. A Bridgton midfielder collected the throw-in and sent a player down the line who delivered a cross that bounced around in the box, unable to clear it, the ball, to our misfortune, landed on the feet of a Bridgton forward who hit a hard shot past the outstretched GK Derek Polanco '22. Forward we go!

10/9/21
Choate
W 2-0
The Big Blue hosted a young, tough and talented Choate team on Smoyer Field. The Big Blue this afternoon played with a lot of energy and created several scoring chances in the first 45 minutes of play; however, Choate played organized and made it challenging for us to get on the scoreboard in the first stanza. In the second half, Andover moved a couple of pieces up the field that set up Josh Park '22 and Ellis Denby '24 to combine and get the Big Blue on the scoresheet. After collecting a well-delivered long pass by Max Huang '24, Park would create space for himself to deliver a beautiful pass across the box to Denby, who drilled a shot past the visitors' outstretched GK. With eight minutes left to play, Denby would add his second goal of the day on a low, well-placed, and hard-hit free-kick that made past the visitors' GK. On the day, Derek Polanco '22 was once, again, sensation in goal, and he, with a strong backline, continued to rack up shutouts (5/8).

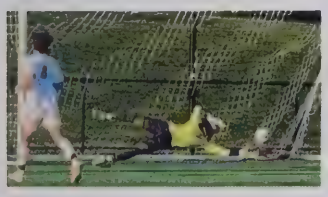
10/13/21
Pingree
W 2-0
On a sunny Wednesday, the Big Blue hosted the Pingree School for the first time. On the day, Andover played collective soccer from beginning to end, leading to several scoring chances. That said, the visitors were also well-organized and closed spaces quickly. On the day, Giovanni "Gio" Pagliuca '23 had a day as he would score two goals on the day to give the Big Blue the victory. Gio's first goal of the day came from a free-kick which made it past a crowd of players and into the back of the net. Gio's second goal came off a combination play between him and Elijah Robinson '25. Elijah cleverly split two defenders to find Gio, who collected the pass and beat his defender to blast a shot to the back post. On the day, the Big Blue displayed with excellent composure in all phases of the game. Defensively, Adam Hassanein '22 and Garrett Holman '24 were

sensational and Derek Polanco '22 between the posts recorded another shutout. Forward we go! Thank you to all who came to support us.

10/15/21
St. Paul's
W 3-0
The Big Blue hit the road to play against the Pelicans of St. Paul's School. The Big Blue was challenged by a well-organized side that countered quickly and with numbers. The Big Blue was under the Red pressure for the first 20 minutes, but slowly the Big Blue settled the game and began playing a style that best suited us. With the game being played at our tempo, the Big Blue created chances and got into dangerous areas. On one of those occasions, the Big Blue earned a free kick after Giovanni Pagliuca '23 was taken down at the edge of the box. To take the free-kick stepped up Ellis Denby '24, who cleverly hit a hard and low shot that made it under the wall and into the back of the net. The goal was sensational, and it marks Ellis's sixth of the season. The scoring would continue, and this time it was Pagliuca, '23, who drilled home a dream of a free-kick from the other side of the 18, this time, the ball would beautifully knuckle into the far post. The score would wrap up in the second half via Zane Matraji '24, who collected a pass from Pagliuca '23 just outside the box and calmly hit a lob over the outcoming GK. As a team, we take pride on our defensive work and on the day, Derek Polanco '22 and Co. were sensational. The goal was indicative of Matraji's '23 play on the day, that is, terrific. Special thanks to the Pagliuca'23 family for treating us to delicious pizza after the game! An amazing treat. Forward we go!

10/20/21
High Mowing
T 1-1
On a beautiful day on Smoyer Field, The Big Blue hosted the talented squad of High Mowing. In the first 45 minutes of play, Andover would control the game's tempo, but High Mowing would go up one-nil after 25 minutes of play. To the half, we went 0-1. In the second stanza, Andover saw to generate more chances. A couple of halftime changes made a big difference that led to more players getting up the field and into dangerous areas. The Big Blue's relentless attack would be rewarded with less than 15 minutes remaining on the clock. The goal would come via Aldiyar Zhumashov '22, who collected a ball that had hit a free-kick wall. The finish by Aldiyar was fantastic, and the visiting goalkeeper had no chance to react. In the last 10 minutes, Andover tried to find the winner through fresh legs, but the winner dodged us on the day. In the end, two teams fought hard, and home both teams went with a well-played 1-1 game. Big thanks to all of those who came to support us. See you on Saturday. Forward we go!

10/23/21
NMH
T 0-0



On a beautiful day on Smoyer field, the Big Blue took on powerhouse Northfield Mount Hermon, who came into the game ranked as the new #1 team in New England. With a series of key players out, the Big Blue had to rely on its hybrid version to keep the visitors in check, and in doing so, many players played different positions throughout the day. Offensively, NMH limited the Big Blue to a handful of chances. On the other hand, the veteran and heavy D1 loaded NMH squad enjoyed possession and kept our defense busy. Still, the Big Blue guard was up for the challenge and, with an incredible performance by GK Derek Polanco '22, kept NMH off the scoreboard. On the day, Ellis Dendy '24 was sensational in the middle of the pitch, as were Ethan Hong '22 and Adam Hassaneing '22, who played CB together for the first time in their playing career here at Andover. Incredible! Contribution from Sam Elliot '22 at RB was sensational, and the return of Christien Merritt '22 made up for the absence of those players who were not able to play on the day. Gio Pagliuca '23 and Josh Park '22 played well up top, and their defensive effort made work for our backline much easier. Overall, it took a true team effort to achieve this result, which showed our individual and collective character. Thank you to all who came to support us. Forward we go!

10/27/21
Cushing
T 2-2
The Big Blue hit the road to play against an inspired and active Cushing Academy side. Weather on the day was challenging for the Big Blue, and mistakes clearing out set pieces led to the home team putting two in the back of the net. Fortunately, the Big Blue responded well in the second half, and Ellis Denby '24 and Aldiyar Shumazhov '22 put us on the scoreboard. Saturday, the Big Blue hits the road again to play against Deerfield Academy.

10/30/21
Deerfield
T 1-1
The Big Blue was on the road again to play against Deerfield Academy. Much like Cushing, the weather on the day called for a different kind of soccer to be played. In the first 45, the Big Blue dominated possession. Still, against the run of play, Deerfield recovered the ball near half field, and without hesitation, the Deerfield forward hit a beautiful shot towards our net that caught our keeper out enough not to be able to make the save. A spectacular shot and incredible awareness. Tip of the hat for that strike. The Big Blue continued to push forward, but the tying goal dodged the Big Blue in the first half. In the second stanza, the two teams battled with Andover creating numerous scoring chances. Finally, with 10 minutes remaining, **Ellis Denby '24** found himself heading to goal and, before taking a shot on frame, was taken down by a Deerfield defender. Ellis would execute the PK beautifully. In the game's final minutes, the Big Blue looked for the winning goal, but the home side defended well for a 1-1 final score. The Big Blue will host Wednesday; Worcester Academy, the newly ranked #1 team in New England. Hope to see you out there. Forward we go!

11/3/21
Worcester
L 0-1
The Big Blue hosted #1 ranked Worcester Academy on Smoyer field, and a PK was the difference on the day. The first 45 minutes saw both teams trying to find a rhythm, but neither team could break through either defensive line, and to the break, both teams went 0-0. In the second half, the Big Blue dominated possession but struggled to finish. The Big Blue saw a handful of chances go inches wide of the frame or sail high. Our best scoring chance came from a free-kick taken by Giovanni "Gio" Pagliuca '23; Gio hit the ball well, and for a second, it looked like we had a goal; unfortunately, the shot was met by a spectacular save from WA's GK. With 20 minutes remaining, Worcester Academy would be given a PK. Worcester would convert the PK and hold on to the 0-1 lead. The result may not say so, but in the afternoon, the Big Blue put forth one of its best performances of the year. On the day, Ellis Denby '24 was sensational, and Derek Polanco '22 in goal was outstanding. Seniors Jay Aziabor, Adam Hassanein, Ethan Hong, Sam Elliot, Nic Lam, Josh Park, Christien Merritt, Derek Polanco, and Aldiyar Shumazhov played their last game on Smoyer Field, but their season continues on the road. Next, KUA. Thank you to all of those who came out to support us today. Forward and upward we go!

11/6/21
KUA
T 0-0

The Big Blue wrapped up the weekend on the road against a well-organized KUA side. On the day, The home side, celebrating Senior Day, came out to play with high energy and tempo; however, the Big Blue was up for the challenged and met the intensity and limited the home side to shots on target that were manageable for our standout GK Derek Polanco '22. In the 35th

minute, Zane Matraji '24 broke free, and it appeared that the Big Blue was going to up one-nil, but the play was ruled offsides. So... to the half teams went 0-0. In the second stanza, the home team continued to press high, looking for miscues, but the Big Blue played a clean game defensively and much of the credit go to Center-Backs Adam Hassaneing '22 and Garrett Holman '24, who helped record the team's 6th shout-out of the season. We give special thanks to The Madge and Elliot family who treated us to fantastic pizza, drinks, and cookies. Nothing beats a family hug and a great meal after a tough game. Thank you all for coming out to support us on such a cold day. Your support is a blessing. Up next, Tabor Academy. Hope to see some of you in Marion, MA. Forward we go!

11/10/21
Tabor
W 2-0
The Big Blue hit the road to play the Tabor Academy Seawolves. The home team celebrating Senior Day came out to play with tremendous energy and purpose on the day. Despite the high pressure, the Big Blue managed the game well and slowly took control of the game's pace and generated many scoring chances. The scoring on the day would come via Christien Merritt '22, who scored his first of the night of a corner kick. Christien added his second of the evening with less than ten minutes remaining in the game. Christien's second goal was pure class as he dribbled past Tabor's two center-backs and finished with a delicate touch to the far corner. On the day Christien Merritt '22 stood out offensively, Ellis Denby '24, Garrett Holman '24, and Max Huang '24 stood out defensively. Derek Polanco '22 continues collecting shutouts on the road (7). Thank you to all of those who came out to support us—also, a special thanks to the Madge and Zhumashov family for treating us to delicious pizza and drinks. Forward we Go!

11/13/21
Exeter
L 1-3
The Big Blue traveled north to play against favorite rival, Exeter. On the day, the Big Blue went up against a formidable opponent that stood in the way of post-season play. With conviction, The Big Blue started the game, and in the first 15 minutes of the game, the Big Blue had possession of the ball, earned two quick corner kicks, and got into dangerous spots. Unfortunately, the Big Blue could not put dangerous shots on frame in the first stanza. As the Big Blue tried to control the game, Exeter had a clear and direct game plan, that is, to counter quickly. The tactic for the home team worked as, against the run of play, the Big Red would score their first of the game and soon after, on a defensive miscue, would add a second. For the first time, all-season, the Big Blue found themselves down two-nil at the half and determined to get back in the game; the Big Blue pushed numbers up; however, it just was not meant to be. On the day, the Big Blue saw shots go wide, high, and the Exeter GK anticipating attacks well and making excellent saves; to make matters more challenging, Exeter would add a third one after the Big Blue turned the ball over the center of the pitch. The team tried to recover defensively, but with numbers down, Exeter scored their third. With 10 minutes remaining, Ellis Denby '24 would score the one goal of the day for the Big Blue to make it 1-3 final. It was a tough day for the Big Blue, but we will bounce back stronger. We thank all the seniors for the effort and commitment they displayed all season. Smoyer will always be your home, and we will be waiting for your visit. To the seniors, goodbyes are not forever, and this is not the end; today only means that we will miss you until we meet again. Thank you to all of the families that came out to support us today. We are all one big family. We promise you a better tomorrow.

Boys Soccer In The News

9/30/21

Boys Soccer 7-0 Blowout Against Holderness Following 0-1 Loss to Loomis Chaffee

With seven unanswered goals, Andover Boys Soccer showcased an abundance of offensive firepower in the 7-0 victory against Holderness after falling to Loomis 0-1. The team faced Loomis under home lights in Phelps Stadium on Friday night, forcing numerous turnovers that transitioned into dangerous goal scoring opportunities in the first half. After allowing a goal, Andover was unable to respond in the final half. The defeat and the subsequent victory mean that Boys Soccer currently stands at a record of 1-1-2.

According to Alex Torrens '24, the team expected a challenging game against Loomis, a team that has played with strength and at a high tempo.

"I think the biggest difference between Loomis and other teams we faced, like Belmont [Hill] and Milton, was their physicality and speed. Their midfield was much bigger than ours and their wingers were really fast, so we had to match up for that better," said Torrens.

According to Gio Pagliuca '23, Andover had a productive week of preparation after a 0-0 tie against Milton, but was aware of the challenge Loomis would present.

"Loomis was probably the best team we have played so far this season. We played Milton earlier in the week, which was a good warmup to Loomis," Pagliuca said.

According to Co-Captain Derek Polanco PG'22, although Andover fell in a close match, the team put in maximum effort.

"We knew it was going to be a tough game, but I think after everything we gave, like the heart we poured out onto that field… It was devastating not to come away with the win. But again, we knew they were a good team. We can't be disappointed with our performance; we played well," said Polanco.

Torrens believed that the atmosphere and support from playing in a home game served as motivation for the team.

"During the game, I think it hurt us a bit when we went down, but honestly, having the bench much closer to us, all the crowd, and the Blue Key Head chants [motivated us]. I think that kept us going. We pulled through and almost got an equalizer," said Torrens.

As the Loomis game was still early in the season, it served as a benchmark to build off of in future practices and matchups, according to Polanco and Torrens. The loss pushed the team to achieve its full potential leading up to the game against Holderness on Wednesday.

"I think after these games, seeing where we are in comparison with a team like Loomis will give us the motivation we need to go out there next game… go out in practice and work on what we need to. Once we face them again we'll be prepared," said Polanco.

"We had really high standards and high hopes for ourselves, but we kind of just took this as like, 'It's early in the season, and now we know what we need to work on.' We just got ready for Monday… back into practice and ready to get better."

Andover Boys Soccer will be looking for another win at Taft this Saturday.

10/8/21

Boys Soccer Falls Short to Taft and Bridgton Academy in Close Matches

Entering the second half of the match in a 0-0 tie, Andover Boys Soccer was narrowly defeated by Taft 2-0 as a result of defensive errors on Saturday. With a 2-1 loss to Bridgton on Wednesday, the team's record now stands at 1-2-2.

According to Max Huang '24, Andover was not able to compensate for Taft's strong individual players. Huang describes how the team hopes to use this loss as motivation to improve its gameplay throughout the season.

Huang said, "I think on Saturday, it was a really tough game; they were a really good team. Going into the game, I think we [knew Taft would play] as a team and [had] some individually good players. I think we gave a really good effort, but [the end product] just wasn't there at the end of the day."

Despite conceding first in both games, the team did not give up and continued to play united together, according to Garret Holman '24.

"We put all our effort into everything we do, when we go down, we don't give up. We play as a team, but that's still something that we need to work on a lot," Holman said.

According to Huang, it is important that the team puts the two losses behind the team and focuses on the future.

Huang said, "I think we all put in a really good effort. I think we just need to regroup as a team; forget about our last two results and move forward. Because we know that we can play well as a team and we know that we have the players to do it. So, I think that we just need to trust ourselves and play better."

"On Saturday, our goalkeeper, [Co-Captain Derek Polanco PG'22] played very very well. He had some very, very nice saves and put on a strong performance. I think we need to acknowledge that even though we lost, he put in a really good effort and performance. [On Wednesday,] [Co-Captain Christian Merritt PG'22] was able to find the back [of the] net and score once and I think that those two players motivate us to do better as a team. I think that if we all match their effort and their energy, we can all play well as a team," added Huang.

Boys Soccer will seek to end its losing streak as it welcomes Choate at home on Saturday.

10/16/21

After a Loss Against Taft, Boys Soccer Comfortably Defeats Choate and Pingree

Penetrating Choate's defensive line, Josh Park '22 delivered a through ball to Ellis Denby '24, where he scored his 4th goal of the season and the first of the game. Denby had another goal that game, securing the win, and giving Andover its second of the season. The momentum carried to the team's next game, where it took another 2-0 win against Pingree. Andover's record now sits at 3-3-2.

Denby noted that with its losses to Taft and Loomis Chaffee behind it, the team was excited to get out on the field and give its best effort.

Denby said, "The season has been kind of rough, and the losses against Taft and Loomis set us back. We knew that [Pingree] was a great team, but not at the level of Loomis or Taft. We went in excited to show what we could do, that we could put shots on target and score good goals. We had a hungry mentality to win, and to also play our game. Oftentimes this season we have played the other team's game. Today was our chance to play our game and have fun. Sometimes people get frustrated, and the energy isn't too positive, which causes us to make more mistakes. Today, the energy was radiant and we were happy to just get out there and play."

According to Denby, Andover did just that; the team had a high level of energy and played as it desired. The drills rehearsed in practice, focused on and off-the-ball movement, were reflected in the game.

"We kept possession of the ball the whole game, in a 60-40 percent ratio. In soccer, that is a huge difference. We dominated the game, not only in our backline but also in our midfield. We kept the ball for basically the whole game, and in their half. Attacking-wise for them, they didn't have many chances: one or two shots on

goal, and our defense was solid there. Our midfield was solid in winning balls, and our attackers were solid in getting those balls towards and into the net," said Denby.

Gio Pagliuca '23, who scored both goals against Pingree, both believed the team came out ready to play on Wednesday and had the high energy during the first half that they desired. However, Denby and Paglucia also noted how things took a negative turn in the second half, as complacency took a toll on the team's effort.

Pagliuca said, "Today, [Wednesday,] we started off strong. We came out fast and played at the level that we know we can play at. Towards the second half, after we had already scored twice, our level and speed of play dropped a bit. Pingree is a Nepsac Class-C opponent, whereas we played against Nepsac Class-A opponents recently (Loomis and Taft). The difference in the name of the ranking and division caused our level of play to drop since we didn't take them as seriously at one point. I think we started strong but we didn't maintain that high speed of play throughout the whole game."

The team hopes to apply the tactical and technical work it put in during practices this week in their game this Friday against St. Paul's, a Nepsac Class-A team, according to Pagliuca.
"We know [St. Paul's] is a good opponent, and they are going to come out with a lot of energy. We need to understand and come out with an equal amount of or greater energy than them, and [we have talked all week about how] that starts in practice. We need to practice how we play. We have to make sure to bring our best, play with energy, and bring competitiveness starting at practice. That will translate to the game," said Pagliuca.

The team will look to improve to four wins against St. Paul's on Friday.

10/23/21

Andover Defeats St. Paul's, Ties with High Mowing in Anticipation for NMH

Following Ellis Denby's '24 free-kick that deflected off a High Mowing defender, Aldiyar Zhumashov '22 scored, tying the game at 1-1. Andover Boys Soccer could not build on this equalizer, however, and finished deadlocked in its scrimmage against High Mowing on Wednesday. Andover found more success in their previous match on Friday against St. Paul's, winning 3-0. Boys Soccer now sits at a 4-3-2 record.

According to Zane Matraji '24, the team spent its practices fixing weaknesses leading up to the St. Paul's game. The team focused on possessing the ball as well as its spacing on the field.

Matraji said, "We knew that [St. Paul's] was a good team, but that they were also struggling. We were in fine form thanks to our past two wins and had positive momentum to keep us going. As long as we had kept that up, a win was expected. During practice, we continued to focus on movement off of the ball during practice. This was rooted in our mistakes from last week, and the season as a whole. A big thing that we wanted to emphasize was possessing, and the best way to do that is to create space off of the ball for the guy on the ball."

Matraji added that the team displayed lively emotion throughout the game and worked as a team to score hard-earned goals.

"We showed great spirit. Soccer is a very emotional game, and when times get hard, it's important that the team is able to escape deficits with good spirits and control these emotions. We had a lot of displays of individual talent but also worked well as a cohesive unit. We had three brilliant solo goals [against St. Paul's]. Two of which were well-placed free kicks, and the third was a chip towards the end of the game to finish it off. I think that the way we practice is the way we play, and our keeping of high intensity was reflected during the game," said Matraji.

Following the victory against St. Pauls, Andover continued to focus on positioning, according to Zhumashov. He added that the team also began working on formations to counter High Mowing and has begun planning for Northfield Mount Hermon on Saturday.

Zhumashov said, "We worked on positioning and playing from the back. We tried to come up with a strategy against this team's positioning and style of play, as well as [Northfield Mount Hermon's]. We did this to practice getting the ball to the defense and setting up attacks to score. We also did some [passing and] shooting drills, as we haven't been scoring as much as [we would like] this season."

After the draw against High Mowing, Zhumashov noted that Andover overcame setbacks in the tightly-contested match, but soon found its rhythm.

"We found that, in the second half, we came on strong. We pressured them and came with an energy that we didn't have in the first half. We were ready to play. This was not a league game, but it was a game that was going to prepare us for Saturday against NMH, which is a top-ranked team. High Mowing is a team that is at the same level as NMH, whom they tied. They also played and beat Worcester, which are two of the best teams. The [effort we showed on Wednesday] is the type of effort which we will need to have on Saturday, so today we were trying to show [that]. We played well and showed everyone that we can play against the best teams and win everything. We just have to play as a team," said Zhumashov.

Andover faces NMH on Saturday in a big Family Weekend matchup at home and will play Cushing on Wednesday.

10/29/21

Boys Soccer Ties NMH and Cushing Academy, Bring Season Total of Ties to Four

After a couple of blocked attempts from Garrett Holman '24, Aldiyar Zhumashov '22 tucked away the equalizing goal on Wednesday to tie Cushing Academy 2-2, scoring his second goal in three games. The tie followed a previous draw against Northfield Mount Hermon on Saturday. Against NMH, Andover was unable to translate the atmosphere of Family weekend into a goal, resulting in a goalless draw. After these two stalemates, Boys Soccer's record is now 4-3-4.

According to Giovanni Pagliuca '23 and Ryan Lam '24, the team went into the Cushing game confident about their performance. This confidence, however, did not translate to high intensity, leading to an even match.

Pagliuca said, "We knew that Cushing was going to come out strong. They were going to play us as hard as they could, but maybe defend more, and sit back. I expected, though, that we would come out with a victory. I assumed our playstyle would overall be better than theirs and that we would outplay them."

Lam continued, "We were not focused and our heads were not where they needed to be. We expected so confidently that we would win, that we weren't prepared mentally to play at the level necessary to win with such ease. That was our biggest fault."

According to Lam, the lack of practices in the week leading up to the game was an important factor of their performance. Pagliuca noted the harsh weather conditions on Wednesday and the lack of time to prepare before the game.

Lam said, "We didn't have real practices in the days leading up to the game. Parents weekend, in combination with the bad weather, [did not allow] us to. I think that hurt us a lot in this game. We weren't really focused, as it had been days since we had a good, intense, practice. Those are entirely necessary to have a good game."

Pagliuca added, "The weather was cold and rainy, which are both tough conditions for soccer. Our bus was late, so we got out there with only 15 minutes to warm up. Away games in general are always tough, and honestly, the main thing that we battled with today was having a slow start. We weren't ready nor awake for the game. In the future, we need to be more prepared for the game, mentally, no matter the conditions. We have to play fast from the start."

Despite the disappointing tie, there were many standout performances. Christien Merritt PG'22 stood out in his offensive role and many other players stepped up in place of those injured, according to Pagliuca.

"Christien had a good game. He was a bright spot in our offense. Sam Elliot '22 stepped up and had a good game as well, filling in for Max Huang '24, at left back. The team did step up after falling behind… Ellis Denby '24 played well in the midfield. He capitalized with a goal to bring the game back and tie it 1-1. Later

on, Zhumashov scored again to equalize, and he had a great game as well. He [scored by] running down from the midfield and finishing. The goal had a large impact on the game, and honestly, saved it," said Pagliuca.
Lam continued, "Christien was able to bring the ball up well, and created space for the team. A lot of our guys, also, played out of their position due to injuries. Ethan Hong '22, our captain, played center back, rather than on the wing. Nic Lam '22 stepped up after not practicing for four weeks. He started today, and played well."
Although the team was disappointed in their performance, it looks to use this experience as a chance to improve its shortcomings and ensure a good game this weekend, according to Pagliuca. Specifically, the team hopes to hone in on its focus and play with high intensity.
"Everyone on the team must, as individuals, lock in before games. We must be able to step up to the occasion, and, as our coach said, 'forget the name on the front of the jersey of our opponent.' We must always play with 100 percent intensity, no matter who we are up against. That's a big thing. Treating every opponent equally important, like they can beat us. We need to play with high intensity from the start," said Pagliuca.

11/7/21
Boys Soccer Ties for the Sixth Time this Season Against Deerfield, Suffers Loss to Worcester

Nicholas Lam '22 and Ethan Hong '22 led a stout Andover defense in a 1-1 tie against Deerfield this past Saturday. The team followed the tie with a 0-1 loss against Worcester Academy. Andover Boys Soccer now stands at a 4-5-4 record.

Lam noted the harsh conditions and mentioned that even with a slow start, Andover found its rhythm by the end of the first half.

"I think we did a good job moving the ball around despite the harsh conditions, it was pouring… I think mentally, it took us a bit of time for us to warm up. It really showed from Deerfield's first score. But as the game progressed, I think we did well moving the ball forward which is something we've been struggling on throughout the season," said Lam.

According to Co-Captain Adam Hassanein '22, a turning point of the game relied upon Hong's offensive playmaking ability. Hong offered many attacking chances by playing aggressively, trying to put points on the board.

"One turning point was when Ethan played a more offensive role. A lot of times, he plays a strong defensive role for the team. While defense is equally important, I feel like sometimes Ethan can offer a lot offensively as well. The majority of the opportunities to score came from Ethan being dangerous down the wing, crossing balls down into the box, and I hope that's a position he gets to play more often in the future. And making that switch and transition to help the team offensively was beneficial mentally to the team as well," said Hassanein.

Hong noted that numerous close games ending in ties are a result of Andover's offensive inefficiency and a reliance on the defense.

"We have been at a tie for a lot of games and I think there is a reason for that. We have excellent defense, and as a team, we tend to allocate most of our efforts to the defense. As a result, we sometimes forget about the offensive responsibilities," said Hong.

Hong described the loss against Worcester Academy, mentioning that the team had improved drastically since the previous tie.

Hong said, "It was a tough loss, they scored a late penalty in the second half. It was by their star player. Overall, it was a tough result, a bit disappointing. Worcester was predicted to be an excellent team: a lot of versatility and pressure. We really prepared for a skilled team. Even though the score was 1-0, it really showed

that we can hang with a top team. There were a lot of opportunities for us to score. From the Deerfield game, we realized that we had to work on our offense. Even though we have a bit of ways to go, we were much better. For this game, we played more defensive, jamming the middle and blocking their star player. It did work well."

Andover Boys Soccer will play at Kimball Union Academy this upcoming Saturday.

Girls Varsity Soccer
Fall 2021

Coach: Elisa Joel
Assistant Coach: Noureddine El Alam

Captains: Myra Bhathena and Mary S. Kerrigan

Managers: Cathy Cho '22, Emiliano Caceres Manzano '22, Chenault Ellis '22, & Ariana White '22

Overall Season Record

Wins	Losses	Ties
9	5	2

Letter Winners:

Alejandra P. Alicea
Sofia C. Traversari Sotomayor
Myra Bhathena *
Elisabeth L. Rourke
Eliza J. Dow
Kelly Bu
Emily A. Kelly
Emma R. Robinson
Lily T. Haik
Mya A. Ademilola
Liberty N. Stam
Emily Mara
Mary S. Kerrigan *
Kendall E. Toth
Marie-Eve Marleau
Esme W. Huh
Jazaher B. Cormier
Kennedy K. Smith
Kathaleen M. McCool
Athalia B. Esty
Victoria M. Darling
Cathy Cho
Emiliano Caceres Manzano
Chenault Ellis
Ariana White

Drake Soccer Award: Emily A. Kelly

Girls Soccer
2021 Schedule and Results

Date		Opponent		Time	Score	Result
09/12/2021	Soccer GV	Prep Showcase	A	10:00 AM	Play date	
09/15/2021	Soccer GV	Groton	H	3:45 PM	1-0	W
09/18/2021	Soccer GV	Rivers	H	2:30 PM	0-1	L
09/20/2021	Soccer GV	Pingree	H	4:30 PM	1-1	T
09/22/2021	Soccer GV	Middlesex	A	3:30 PM	3-2	W
09/25/2021	Soccer GV	Loomis	H	2:00 PM	1-2	L
09/29/2021	Soccer GV	Worcester	A	3:30 PM	0-5	L
10/02/2021	Soccer GV	Tabor	A	4:00 PM	1-2	L
10/09/2021	Soccer GV	Choate	H	2:00 PM	2-1	W
10/13/2021	Soccer GV	Brooks	A	3:00 PM	4-1	W
10/16/2021	Soccer GV	St. Paul's	A	2:00 PM	1-3	L
10/20/2021	Soccer GV	Governor's Academy	A	3:15 PM	3-0	W
10/23/2021	Soccer GV	N.M.H.	H	4:00 PM	5-0	W
10/27/2021	Soccer GV	Thayer	H	3:30 PM	Canceled	
10/30/2021	Soccer GV	Deerfield	A	1:00 PM	4-1	W
11/03/2021	Soccer GV	Noble & Greenough	H	3:30 PM	3-2	W
11/05/2021	Soccer GV	Lawrence Academy	H	6:00 PM	2-2	T
11/13/2021	Soccer GV	Exeter	A	12:30 PM	2-1	W

Phillips Academy Girls Varsity Soccer 2021

No	Name	Pos	Yr	Hometown
0	Alejandra P. Alicea	GK	2024	Andover, MA
1	Sofia C. Traversari Sotomayor	GK	2023	Managua, NI
3	Myra Bhathena *	F/B	2022	Andover, MA
4	Elisabeth L. Rourke	M	2023	Wellesley, MA
5	Eliza J. Dow	F	2022	Wellesley, MA
6	Kelly Bu	M	2023	Ellicott City, MD
7	Emily A. Kelly	B	2022	Peabody, MA
8	Emma R. Robinson	M	2023	Marblehead, MA
9	Lily T. Haik	F	2022	Demarest, NJ
10	Mya A. Ademilola	B	2022	Jackson, NJ
11	Liberty N. Stam	M	2022	Ipswich, MA
12	Emily Mara	F	2025	Winchester, MA
13	Mary S. Kerrigan *	M	2022	Mount Pleasant, SC
14	Kendall E. Toth	F	2024	Salem, NH
15	Marie-Eve Marleau	F	2022	Saint-Anicet, QC
16	Esme W. Huh	M	2022	Birmingham, AL
17	Jazaher B. Cormier	F/M	2024	Fort Myers, FL
20	Kennedy K. Smith	F	2022	Chicago Heights, IL
21	Kathaleen M. McCool	B	2023	Rancho Santa Fe, CA
22	Athalia B. Esty	B	2022	Andover, MA
24	Victoria M. Darling	B	2022	Weston, MA

*Captain

Coaches
Lisa Joel
Nourredine El-Alam

Managers: Cathy Cho '22, Emiliano Caceres Manzano '22, Chenault Ellis '22, &Ariana White '22

Girls Soccer
2021 Game Highlights

9/15/21
Groton
W 1-0

CLASS OF 2022 LEADS THE WAY IN 1-0 SEASON OPENING WIN!

GVS kicked off the 2021 fall interscholastic season with an exciting 1-0 over the Groton Pelicans on Smoyer Field. The team focused on creating numerous offensive opportunities and pushing numbers to the box and their persistent efforts paid off. Midway through the second half, upper midfielder Emma "Robi" Robinson found forward Marie-Eve Marleau '22 who beat a talented Groton keeper, Rose Shingles '23.

While the offense created much excitement on the day, it was the backline play of Emily Kelly '22, Mya Ademilola '22, Kate McCool '23, Athalia Esty '22, and Tori Darling '22 as well as smart goaltending by Sofia Traversari-Sotomayor '23 that led the way. Great communication played a key role in Andover keeping the ball out of their defensive third.

Earning their first-ever minutes for GVS were Kelly Bu '23, Emma Robinson '23, Mya Ademilola '22, Marie-Eve Marleau '22, Kate McCool '23, Lulu Rourke '23, Emily Mara '25, Esme Huh '22, Jazzy Cormier '24, Kennedy Smith '22, and Tori Darling '22.

Player of the Game was new upper Kate McCool.

We are grateful for the tremendous showing of our fans and the delicious snacks provided by the Robinson family post-game.

Additional highlights include seeing former outside back superstar/GVS captain Rachel Chang '19 on the sidelines. It was also a thrill to see two GVS teammates giving back to the game that they gave so much to – Hannah Guzzi '14 and Katie Kreider '14 are now assistant coaches at Groton School. "Guzzi" and "Kreider" were four-year superstars for the Big Blue (as well as multi-sport athletes!) and went on to amazing collegiate careers at Amherst College and Hamilton College, respectively. See a group picture of the three alums here.

GVS looks forward to returning to action this Saturday at home versus 2019 NEPSAC Class B champions Rivers School.

9/18/21
Rivers
L 0-1

GVS COMES UP SHORT AGAINST 2019 CLASS B CHAMPS, RIVERS SCHOOL

GVS played an inspired 80-minutes on Smoyer Field on a warm fall afternoon but fell short as Rivers scored in the 63rd minute to secure the win.
Still - so much to praise for the Big Blue. Lulu Rourke '23 earned a start at left outside back and dazzled everyone with her fierce, smart play - get ready for more of Lulu's amazingness as the season progresses. Emily Kelly '22 continues to lead in the backfield with her confident play and vocal leadership. Earning her second start on the season GK Sofia Traversari-Sotomayor '23 had an important, diving save early in the first half which set the tone for much of the game.
Midfield play was fast and physical and Liberty Stam, Kelly Bu, Emma Robinson, Esme Huh, Tori Darling and Lily Haik all provided valuable minutes.
Other standouts on the day include Kendall Toth '24 at striker who had two great chances, one in each half, and we are confident she will continue to put great pressure on opposing goaltenders and defensive backs. Newcomers Emily Mara '25 and Jazzy Cormier '24 continue to make stellar contributions off the bench. The future of GVS is bright!
Co-captains Mary Stuart Kerrigan '22 and Myra Bhathena '22 inspired us all with their incredible play and unbreakable spirits. "Stu" was named Player of the Game.
Also worthy of mention was the incredible support of GVS teammates not on the field of play due to injury: Athalia Esty and AJ Alicea. Both demonstrated what it means to be a great teammate with their contributions on the sidelines in support of each player. It was also great to see former faculty member, basketball and track coach Lani Silversides on our sidelines.
Thanks to the Kerrigan family for an amazing meal after the game and a shout out to our dedicated managers Chenault, Cathy, Emiliano and Ariana for whom we couldn't "manage" without. Back again to Smoyer on Monday versus another Class B titan, Pingree.
View photos from the game here.

9/20/21
Pingree
T 1-1

GVS AND PINGREE BATTLE TO 1-1 RESULT

The Andover-Pingree match-up, as always, was a highly anticipated match-up. Fast-paced and physical, both teams fought for control of the ball and the tempo of the game.
Upper Kate McCool scored her first GVS career-goal and struck first on the scoreboard with just four minutes left to play in the first half. The back line with Lulu Rourke, Tori Darling, Lola Ademilola, Emily Kelly, McCool and Marie-Eve Marleau did a great job of keeping at bay a dangerous Pingree front line.
Upper goal-keeper Sofia Traversari-Sotomayor was named Player of the Game with tremendous saves in both halves until finally Pingree found the back of the net on a transition play late in the second half.
Andover is 1-1-1 and hits the road to take on Class B ISL competitor Middlesex School on Wednesday.
Thanks to Charlotte Esty, sister of Athalia (and former Pingree superstar), for delicious treats at the end of the game and once again, the Kerrigan family for cold drinks on a beautiful fall day.
Watch video highlights from the game here.
HUDL Video: http://www.hudl.com/v/2FupCU

9/22/21
Middlesex
W 3-2

GVS BRINGS HOME WIN ON THE ROAD V. MIDDLESEX

The Big Blue played their fourth game in eight days and improved to 2-1-1 as they faced yet another top-tier opponent in ISL power, Middlesex School. Andover got off to a fast start and found their way on the scoreboard in the first five minutes on a corner kick from upper Kate McCool to co-captain Mary Stuart Kerrigan whose always-gritty play inside the box put the team ahead, 1-0. With 14 left in the first half, a blast from 30 yards out was followed up by front-runner Kendall Toth '24 who found teammate Liberty Stam to stretch the lead to 2-0.
With three minutes remaining in the first half, senior Lily Haik hit a stunner of a ball that found its way to the far post and ricocheted to the back of the near post.
The halftime focused on bringing the same intensity to the final forty minutes as Middlesex was clearly inspired to play. The Middlesex players found themselves within one with 22 minutes left to play but the Andover team would not be denied.
The back line of Kate McCool, Mya Ademilola, Emily Kelly, Lulu Rourke, Tori Darling and Mary Stuart Kerrigan played their best team defense to date and Sofia Traversari-Sotomayor was once again fantastic in net.
Lulu Rourke, a two-sport super star, shined bright as Player of the Game.
A huge thanks to all the Andover parents/family members who traveled to Middlesex AND to the Darling family for our delicious treats of orange slices, homemade rice crispie treats and brownies! THEN...Jazzy Cormier's grandpa arrived with apples from Vermont. Also on the sidelines was former GVS captain Leah Humes '12 who is the assistant girls' varsity Middlesex coach (though now on maternity leave with baby Ellery, soon to be another GVS star!). The team's record stands at 2-1-1 as they now prepare for Class A powerhouse Loomis coming to Smoyer on Saturday!
View video highlights HERE.

9/25/21
Loomis
L 1-2

GVS FALLS SHORT IN SPITE OF STRONG 2ND HALF EFFORT

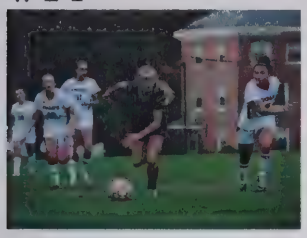
The Big Blue found itself chasing the game early on as Loomis Chaffee found the back of the net in the first 1:30 of play. Loomis used that score to get and hold momentum for much of the first forty minutes of play, entering the half 1-0.
The second half was a different story and GVS came out renewed in their energies and efforts. Still, Loomis stretched the lead to 2-0 on a corner kick, once again early in the second half. The difference this half was Andover dug in and continued to push into Loomis' half of the field. At the thirty minute mark, co-captain Mary Stuart Kerrigan ripped a direct kick from 30 yards out over the head of the Loomis keeper who had eight saves on the day. Andover keeper Sofia Traversari-Sotomayor '23 was fantastic once again coming up big with six saves on the day.
Co-Captain Myra Bhathena '22 proved to be the positive spark GVS needed and was named Player of the Game. Other notable play from Lily Haik '22, Kendall Toth '24, Emma Robinson '23, Lulu Rourke '23, Tori Darling '23, Kennedy Smith '22 and Emily Mara '25. Marie-Eve Marleau '22 stepped in at outside back and once again, showed us all what a tremendous athlete she is - modeling "whatever it takes."
On the sidelines, we were delighted to see former GVS standout Anna Hurley '21. We are thankful, as always, for our families for cold drinks and snacks and for EKelly's dad who takes amazing photos too (GVS seniors, we are grateful for you!)

9/29/21
Worcester
L 0-5

GVS OUTPACED BY STRONG WORCESTER ACADEMY TEAM

The Andover girls fell short to a well-coached, talented Worcester team. Every Andover player earned minutes for the Big Blue with notable play by Player of the Game Kennedy Smith who proved to be a spark off the bench. Also earning important minutes were Eliza Dow '22, Jazzy Cormier '24, Kendall Toth '24, Tori Darling '22 and Esme Huh '22. As always, co-captains Myra Bhathena and Mary Stuart Kerrigan led with their fierce play and "whatever it takes" attitude. Goal-keeper AJ Alicea '24 played her first official minutes in net as well. Congratulations, AJ! We are thankful to our many parents who travelled to Worcester on a Wednesday afternoon to see us play and the Bhathena family for delicious Frankie's pizza post-game! It was also great to see Sports Information Director Mr. Fricke on our sidelines snapping professional quality photos - and our always-supportive and fantastic manager Chenault Ellis '22. GVS looks forward to the return of recently sidelined teammates Athalia Esty '22 and Kelly "KBu" Bu '23 this weekend as we travel to Tabor Academy.

10/9/21
Choate
W 2-1



A SPECTACULAR DAY ON GRAVES FIELD FOR GVS

GVS was thrilled to host Choate on their favorite home field, Graves. The week leading up to today's game included Monday futsal, Tuesday JV-Varsity Scrimmage, a well-needed Wednesday day off and then, two tremendous training days where the team emphasized smart, quick play and mental toughness.
All the hard work paid off as GVS pulled off their most complete, exciting 80 minutes of play to date and earned a hard fought win over Class A powerhouse, Choate Rosemary Hall. Earning their first GVS starts of the season were seniors Kennedy Smith and Tori Darling and they, alongside their teammates, played with confidence and inspiration. Midway through the first half, senior midfield Liberty Stam came off the bench to score a beauty from the top of the 18 yard box - exactly the ball and play the team had been training for over the last weeks. Liberty would not be denied and this goal - and Liberty's relentless spirit - earned her Player of the Game.
Of course, Choate came out with high pressure as the second half began - pushing four forward and immediately caught Andover off guard with a quick result off a corner 30 seconds into play. Led by co-captains Myra Bhathena and Mary Stuart Kerrigan, the girls didn't lose focus and their game plan to play smart, possession soccer.
Both teams pressed forward and Andover earned two back-to-back corners late in the second half. Myra Bhathena read the ball beautifully from her fellow captain Stu and finished on the far post in a scrappy play to push the lead to 2-1 which would prove the difference maker.
To no surprise, Choate kept the pressure on and GK Sofia Traversari-Sotomayor yet again came up huge with spectacular, near goal save with only seconds left to play.
The back line play of Lulu Rourke, Bhathena, Emily Kelly, Tori Darling and Lola Ademilola truly made the difference as they continually shut down a dangerous Choate front line. Midfielders - Stu, Kelly Bu, Stam, Emma Robinson, Jazzy Cormier, Esme Huh - played their best to date, their hard work in training paying off. Up front, Smith, Emily Mara, Lily Haik, Kendall Toth and Marie-Eve Marleau continue to play a high press, exciting final third game.
To be clear, everyone on GVS trained all week to bring the team to this moment today and we are proud. Thanks also to Coach Noureddine and Amy Wiggins who work behind the scenes to make sure each player is ready to go on game day! They too are part of the magic as are, of course, our amazing managers: Ariana, Chenault, Emliano and Cathy
Thanks to the parents of Lily Haik for our delicious D'Agnostinos post-game sandwiches and as always, Mr. Kelly for amazing pics. So great to see so many family and friends on the Graves sidelines not to mention Coach Joel's daughters, Jolly and Emma! Onward we go to Brooks School on Wednesday!
GO BIG BLUE!

10/13/21
Brooks
W 4-1

SENIOR STRIKER LILY HAIK LEADS THE WAY IN 4-1 W

GVS travelled alongside JV2 to Brooks School on a beautiful Wednesday afternoon and evened their record (4-4-1) with a strong, 4-1 finish on the road behind Lily Haik's huge second half effort with two goals and one assist. Haik was named Player of the Game.
The first half of play saw lots of great chances created by the Big Blue with efforts paying off in the final five minutes of play when midfielder Kelly Bu '23 slipped Emily Mara '25 a beautiful pass for Mara's second goal of the season.
Brooks came out strong in the second half of play and Andover was able to stretch the lead to 2-0 when midfield Lulu Rourke '23 found striker Lily Haik who found the back of the net. Brooks sophomore Lughano Nyondo impressed throughout the game and pulled the game within one when she finished at the 65th minute.
GVS stepped up to the pressure and senior teammates, Myra Bhathena and Haik linked up for one goal and one assist each in a the final five minutes of play to keep the game out of reach.
Other highlights of the game included return to action for backs Athalia Esty and Kate McCool. They teamed up with d-fresh squad of Tori Darling, Emily Kelly, Mary Stuart Kerrigan and Myra Bhathena to keep the Brooks offense at bay. GK Sofia Traversari had two saves on the day.

Important, impressive minutes off the bench by Esme Huh '22, Eliza Dow '22, Kennedy Smith '22, and Kendall Toth '23.
Thanks, as always, to our parents and friends who supported us on the sidelines and for the wonderful treats from the Kelly family at game's end. Shoutout to JV2 for continuing their undefeated record after a 1-1 result v. Brooks JV. We look forward to traveling north to St. Paul's on their Family Weekend this Saturday. GO BIG BLUE!

10/20/21
Governor's
W 3-0

GREAT TEAM EFFORT ON THE ROAD EARNS 3-0 W

GVS travelled to Governors on a beautiful Wednesday afternoon and brought home an excellent, 3-0 win to even their record at 5-5-1.
The team focused on setting the tone from the first whistle and that they did behind an impressive two-goal effort by Lily Haik '22 in the first eight minutes. Haik was assisted on her goals by captain Myra Bhathena '22 and outside back Kate McCool '23. McCool secured the win midway through the second half with a brilliant free kick deep in the corner.
Shout-out to the quality minutes by many GVS players after a great two-days of training. In the midfield, Esme Huh, Emma Robinson, Lulu Rourke, Mary Stuart Kerrigan, Liberty Stam and Jazzy Cormier were critical in maintaining possession and tempo of the game moving forward. As always, the back line of Kate McCool, Athalia Esty, Emily Kelly, Lola Ademilola and Tori Darling showed poise to shut down any dangerous opportunities Govs sought to create. Adding to the wave of offensive attack was Emily Mara '25, Eliza Dow '22 and Marie-Eve Marleau.
Earning her first GVS start of career, AJ Alicia '24 played with great confidence and decision making to securing the shutout.
And while it was a true team effort, tenth grader Jazzy Cormier showed us on the field today what she has been building toward in the last weeks of training - a force to be reckoned with AND Player of the Game.
Thanks to the Alicia family for the special fall treat (cider donuts!!) and as always, our parents, siblings and dogs who follow up wherever we go!

10/23/21
NMH
W 5-0

GVS, INSPIRED BY FAMILY AND FRIENDS EARNS EXCITING 5-0 W

What a great weekend for GVS! On Friday afternoon, GVS welcomed parents, siblings, GVS-friends and team-dogs too - for a spirited FULL team scrimmage. Highlights included goals by 4-year old Hope, great double-trouble offensive play by Madison and Ja-Elle, sister and cousin of Kennedy Smith '22 AND Parent of The Practice, Karen Robinson!

Saturday afternoon, the team returned to Graves for their annual "pink" game for Breast Cancer Awareness. Each player dedicated the game to someone important to them - and shared that person's name with their teammates in GVS' pre-game huddle. Upper-midfielder Lulu Rourke shared beautiful home-made Breast Cancer Awareness bracelets with her entire team (thank you, Lulu/Rourke family!)

Centerback Lola Ademilola '22 notched her first GVS career goal on a corner kick to put the Big Blue on the scored board just minutes into the first half. Midway through the first half, co-captain Myra Bhathena picked up a beautiful ball from Lulu Rourke '23 and blasted a beautiful low shot to the far post the stretch the lead, 2-0 going into the second half.

Captains Myra and Mary Stuart Kerrigan reminded the team that the game was far from over and the team stepped up to the challenge. One minute into the second half, first year phenom drew a PK and captain Mary Stuart placed a beautifully struck ball into the back of the net as a talented NMH keeper dove the opposite way.

Myra struck again in the first 10 minutes of the second half pushing the game out of reach. THEN, with less than a minute left to play Canadian superstar Marie-Eve Marleau brought the crowd to its feet when she blasted a shot from 25 yard out over the head of the NMH goaltender.

Best of all for the GVS squad was that every single teammate earned valuable minutes on Family Weekend - showing us that the future is as bright as the now of GVS21.

The last 10 minutes of play had a field full of the Class of 2021. This group of 12 seniors are the heart and soul of the team: Four year GVS players: Myra and Stu, three year-GVS players: Athalia Esty, Liberty Stam, Emily Kelly, Lily Haik and in their first year with GVS: Marie-Eve Marleau, Kennedy Smith, Esme Huh, Eliza Dow, Tori Darling and Lola Ademilola.

We cannot thank our extended GVS family enough for cheering us on - and an incredible meal at game's end thank to Alicea Family. May everyone enjoy a well-deserved LONG weekend.

10/30/21
Deerfield
W 4-1

THREE GOAL SECOND HALF EFFORT PROPELS GVS TO WIN OVER DEERFIELD

On a rainy Saturday afternoon, Deerfield capitalized on their first corner kick of the game to push ahead early in the first half of play, 1-0. GVS stayed focus on the game plan and created a phenomenal chance when Marie-Eve Marleau '22 slipped Emily Mara a pass into the 18 yard box where Mara was taken down for a PK. Captain Mary Stuart Kerrigan '22 put away her second PK of the season to knot the game at 1-1 at the mid-way point.

The second half of play saw more offensive pressure thanks to the relentless efforts of Lily Haik, Myra Bhathena, Emily Mara, Eliza Dow, Kennedy Smith, Marie-Eve Marleau and Kendall Toth. Through the mid-field Emma Robinson, Lulu Rourke, Esme Huh, Jazzy Cormier, and Kelly Bu did a great job of winning the 50/50 balls and maintaining the tempo of the game.

Emily Mara created the opportunity that led to the second Big Blue goal as she found captain Bhathena on the weak side who blasted the ball to the far netting. Soon after Mara was again in the mix following a blast by Lily Haik that produced a rebound Mara put away. Haik was back at it again scoring an unassisted goal that kept the game out of reach. Emily Mara was named Player of the Game!

The defensive line of Mary Stuart Kerrigan, Tori Darling, Athalia Esty, Lola Ademilola, and Kate McCool kept the Deerfield offense away from creating any dangerous chances. Sofia Traversari-Sotomayor '23 earned the win in net AND enjoyed having her parents and sister on the sidelines from their home-country of Nicaragua.

Thanks to our family and friends who traveled a long distance to cheer us on...in the rain, no less. Thanks to the Traversari-Sotomayor family for the delicious meal at the end of the game as well as Jazzy Cormier's grandparents for once again, delicious treats from Vermont! The Marleau family was cheering us on - as always on live-stream - from Montreal and we thank them too for an amazing Friday night Italian dinner/fire pit event.
The team looks forward to their final game of the season on Graves Field this Wednesday v. Class A power Nobles.
Happy Halloween!

11/13/21
Exeter
W 2-1

GVS THRILLER, WITH 2-1 W OVER EXETER, ENDS SEASON ON A HIGH NOTE

GVS ended their season as they hoped - with an exciting 2-1 win over the Big Red in front of an enthusiastic crowd on Saturday wrapping up a tremendous season at 9-5-2.
From the first whistle, GVS sought to keep control offensively, pushing numbers forward as they have all season long generating 33 goals in 16 games. Ninth grade phenom Emily Mara '25 helped put the Big Blue on the scoreboard first. Five minutes in, Mara beat her back on the right wing and sent a fantastic ball to on-coming striker Lily Haik '22 who slotted a one time ball into the near post past the Exeter keeper.
The remainder of the first half continued to be an exciting battle with more chances created by the Big Blue including a blast from 30 yards out by Marie-Eve Marleau and an off-the post shot by Mara, keeping the Exeter keeper and defense on their toes.
With under five minutes to play, Exeter drew at PK but the ball rattled off the post and the teams entered the halftime with the Big Blue ahead 1-0.
The second half of play continued to excite. Mid-way through the second half, Exeter blasted a shot from the top of 18 to knot the game at 1-1. As has been the case all season long, the bigger the challenge, the greater the effort from the Big Blue. Front runners Kendall Toth '24, Marie-Eve Marleau '22, Myra Bhathena '22, Lily Haik '22, and Emily Mara '25 kept the pressure on in the final third. With just under ten minutes left to play, center back Lola Ademilola '22 sent a great ball forward just outside of the 18 yard box. A rushing Exeter keeper was met by Myra Bhathena '22 whose gritty play led to a loose ball that Emily Mara '25 picked up and blasted into back of net for 2-1 lead. Leading the team with one goal and one assist, Mara was named Player of the Game.
Andover fought all the way to the final whistle and celebrated with their amazing fans and families a Big Blue win. For four year seniors and co-captains, Myra Bhathena '22 and Mary Stuart Kerrigan '22 finished their careers with a 2-0-1 record versus the Big Red!
So many shout-outs are in order. First and foremost to our 12 amazing seniors who set the tone and provided all the fun and leadership to make this an unforgettable season: Myra Bhathena '22, Mary Stuart Kerrigan '22, Emily Kelly '22, Lily Haik '22, Tori Darling '22, Eliza Dow '22, Marie-Eve Marleau '22, Kennedy Smith '22, Esme Huh '22, Athalia Esty '22, Liberty Stam '22 and Lola Ademilola '22. These seniors have paved the way for an incredible group of returning players who will pick up where this season has left off in 2022. Shout out to uppers Kate McCool, Emma Robinson, Lulu Rourke, Sofia Traversari and Kelly Bu, lowers Jazzy Cormier, Kendall Toth and AJ Alicea AND 9th grader Emily Mara. AND of course, our awesome senior managers, Cathy, Emiliano, Ariana and Chenault! No doubt, GVS' future is BRIGHT.
It was amazing to see a number of former GVS players on the sidelines, Emily Hardy '20, Isobel Glass '21 and Lillie Cooper '21 as well as their parents. Words cannot express our gratitude to our 2021 parents and family members who have been with us every step of the way. And finally, to Noureddine and Amy Wiggins – we couldn't do this without you. #whateverittakes #GVSfamforever

Girls Soccer In The News

9/30/21

Andover Girls Soccer Looks Ahead after Losses against Loomis Chaffee and Worcester Academy

A 1-2 loss against Loomis Chaffee at home and a 0-5 loss away against Worcester Academy left Andover Girls Soccer with reflections to make ahead of its next game against Tabor Academy. The team's record is now 2-3-1.

According to Jazaher Cormier '24, a slow and disorganized start to the game against Loomis cost Andover the game when it conceded a goal in the first minute.

"In the beginning, we started off a little rough… but definitely, the first half, we were chasing them and it was a little bit chaotic, which is not how we normally play, so that's when they got their first goal," said Cormier.

Improvements were evident in the second half, however, and staying more organized from the start of the game will be a major goal in the games to come, according to Cormier.

Cormier said, "The second half was a lot better, we started actually playing together, like connecting passes and whatnot, and they were mostly chasing us that half, so it could've gone either way… I think had we started a little earlier with keeping up with them or having them chase us earlier, then we would've seen better results."

Cormier believes better organization in the team will come once the team has had more experience playing together.

"I think [organization] comes with time, [and] since we have a lot of new players and they didn't really have a season last year, it takes a little bit of time to start really playing as a team, but I think throughout every game we're getting better at it," said Cormier.

Speaking ahead of Andover's game against Worcester, Cormier believes it is important for the team to reflect on games no matter the result.

"Even in the games we win… our first ten, 15 minutes of the next practice, [we sit in a circle] and [we talk] about what we did well and w\hat we didn't do so well, and how to fix that, and usually the next practice is going to be focused on what we needed to work on based on that last game," said Cormier.

According to Co-Captain Mary Stuart Kerrigan '22, the 5-0 loss mostly came down to Worcester's overall technical ability.

10/8/21

Girls Soccer Dedicates Hard-Fought Game against Tabor to Georgie Phinney

Taking on defenders in Tabor Academy's 18-yard box, Lily Haik '22 delivered the ball to Emily Mara '25, who scored the first goal of her Andover soccer career. On the defensive end, player of the game, Sofia Traversari Sotomayor '23 risked herself to make a series of valuable saves that resulted in collisions with the other team. Despite the determined performance, Andover Girls Soccer struggled to find another goal against Tabor Academy on Saturday, resulting in a 1-2 loss. The team's record now stands at 2-1-3.
According to Alejandra Alicea '24, the team was forced to find creative solutions to combat and exploit Tabor's defense.
Alicea said, "Tabor wasn't better than any of the teams we've played. They played a different type of game that we were used to. Their defensive line liked to press high and hang around the half."

Despite the defensive challenges, the game against Tabor Academy was much less of a physical battle. Rather, during and before the game, the team emphasized mantras and focused on its core values to build mental strength, according to Traversari and Marie Marleau '22.
"[Head Coach Lisa Joel] always says, 'We don't play to tie. We don't play to not lose. We play to win'… We ask ourselves, 'How much do we want this?,'" said Traversari.
Marleau added, "We didn't really change any practice plans, we are a team that thrives on having fun and playing for each other and that's exactly what we did all week to prepare for the game."
According to Kendall Toth '24 and Traversari, the Trot for Special Tots 5k over the weekend inspired the team to dedicate its game against Tabor Academy to Coach Phinney's son with a disability, Georgie Phinney. One mantra, in particular, served as a driving force throughout the game.
"This weekend we played for something bigger than ourselves. We played for our team, our values, and shoutout [to] little Georgie Phinney — we played for you!… 'We can do hard things' has been our mantra recently," Toth said.
"If during any point of the game it got tough, we thought about Georgie, about how if he can get up every single day and get through his hard life, we can also do hard things," Traversari added.
The team's determination to win for Georgie resulted in frustration when the game didn't play out as expected, according to Toth.
Toth said, "This team is strong and full of real love. Our desire and passion are second to none, [so] we were absolutely gutted. That was one of the most painful and infuriating games we have played, and we will take it and use this fire to come back even stronger. We don't want to feel like that again, so we will improve and we won't let it happen again."
Despite the loss, Traversari believes that the team effectively won back and then retained the ball.
"Clearly we were the more organized team; we were possessing the ball more. I think yesterday we learned that the score doesn't truly indicate who was the best team," said Traversari.
Andover Girls Soccer will face Choate at home next Saturday.

10/16/21

Girls Soccer Beats Choate in the 'Biggest Win of the Season,' Uses Momentum to Dominate Brooks

In an electrifying Saturday game on Graves Field, Liberty Stam '22 rebounded the ball outside the 18-yard box into the top left corner, a beautiful goal that put Andover Girls Soccer in the lead over Choate. The team went on to win 2-1. On Wednesday afternoon, Lily Haik '22 led the team with two goals and one assist in a dominant 4-1 victory over Brooks. The team's record now stands at 4-1-4.

Graves Field has been home to practices since the beginning of the Andover Girls Soccer program and, according to Kate McCool '23, playing on it served as a motivating factor in the Choate game.

"We only play on Graves field once a season against Choate every time, [so] we were saying, 'We don't lose on Graves… this is our kitchen,' This is a place that we spend two hours at every afternoon, so Graves [is] a really special field to us. We didn't want to lose on it. We wanted to crush Choate on Graves, on our home field, so [there was] definitely a lot of passionate, intense energy before the game," said McCool.

Going into the game, the team knew that Choate was going to be a strong opponent; however, it kept a positive mindset that capitalized on Choate's over-confidence, according to Tori Darling '22.

Darling said, "Before every game, we have this mindset of 'We need to go in, we need to try our best, and we need to show up' because any opponent on any day can surprise you. I think Choate came in a little confident because they've played teams we've lost and tied to. [But we knew that [these] records [don't determine who wins]."

In addition to Andover's positivity, Darling believes the support from injured teammates allowed the team to remain courageous and composed against the obstacles they faced.

"Our coaches always tell us that when you play to not make mistakes, you play scared. You can only make good passes, those through balls, and take those amazing shots when you have courage. The players who are injured, they played a really important role in supporting us and being sideline coaches and just keeping morale really high," said Darling.

Tactically, the team performed well both offensively and defensively, nullifying a strong Choate attack and being clinical in the final third, according to McCool.

"I think Choate had a very good attacking third, which was a bit challenging for our defense. I think more than ever, our defense really came together to defend Choate's attack. Also, we just did a really good job on finishing our shots because we have been working on taking more shots and placing them," said McCool.

According to Darling, the team was propelled forward by multiple individual efforts against Choate.

"Lulu Rourke ['23] played outside back, which is actually not her normal position… and she just had an incredible game moving the ball forwards and really being an offensive player even though she was playing defense. She was a huge threat offensively," Darling said.

"In the last few minutes, there was a corner kick, and Sofia [Traversari '23,] our goalie, made a diving save that none of us [were] expecting. We thought it was going to be a tie game in the end, but she really dove out there, put her whole body on the line, and saved [the shot]," Darling added.

McCool believes the perseverance and focus required to secure the win on the team's home field made the victory extra rewarding.

McCool said, "When we heard the final whistle, we all ran towards [Traversari]. It was like a mosh pit or doggy pile… We just all ran to each other and hugged each other. I think out of all the teams I've ever been on, this team really cares for each other, and we are a family. This win was so important for us to win on our home [and] out of all the games we've played, this was the most special one to us."

Andover will face off against St. Paul's on Saturday and Governor's on Wednesday.

10/23/21

Lily Haik '22 Nets Two Successive Goals to Propel Andover to a 3-0 Win

On Wednesday, Lily Haik '22 scored two goals within the first seven minutes of the game, helping Andover to secure a 3-0 win over Governor's Academy. The team rebounded from a 1-3 loss at St. Paul's this past Saturday. Andover Girls Soccer now stands at a 5-5-1 record.

Following the loss to St. Paul's, Emily Kelly '22 highlighted the lone goal from Elisabeth Rourke '22. She also noted that the team worked cohesively despite the outcome of the game.

"It was very exciting — It was on a corner kick, I believe, and [Rourke] headed it in. It was a beautiful goal," said Kelly. "I would say that we did very well within the first five minutes. Combining different plays and [playing] the ball to our feet. I think we need to work a little bit more on passing technique, I think we got a little crazy, but overall we stuck together and at the end of the day, we're still a team."

According to Kendall Toth '24, the team prepared for the games against St. Paul's and Governor's throughout the week, both on and off the field.

"We trained hard this week with a lot of realistic game-like scenarios, lots of going at goal, and small-sided play. We made sure to fuel, hydrate, and rest our bodies and minds to make sure we were all fully present and ready to go for game day," said Toth.

Kelly noted that the defensive side of the ball played a key role in the team's success at shutting out Governor's.

"We have found a lot of success with our [defenders], we had a few injuries with our two outside backs but they're all back now, and I feel like right now our communication throughout the field has been really good, and that's where we have found success," said Kelly.

According to Kelly, the team is focusing on minimizing fouls and making the most of scoring opportunities.

"We need to work on finishing goals and not giving up as many fouls as we have. We're a very passionate team, I think sometimes that reflects on our decisions on the field, so I think right now we need to get the ball in the back of the net," said Kelly.

As the season progresses, the team hopes to focus on general strength and speed, and well as technique, according to Sofia Traversari '23.

"[We want to work to] improve our fitness, we want to be fitter, we want to be quicker, we want to be more agile than the other team. So we implemented a lot of fitness tests within our training this week. We did a lot of possessing the ball within like small spaces, a lot [of] shooting on the net in reduced phases as well. That

helps us, the keepers, react to balls quicker and also keep numbers in the box. We want more people in the opposite box so that we can score more goals," said Traversari.
Andover Girls Soccer looks to defeat both Northfield Mount Hermon on Saturday and Thayer Academy next Wednesday.

10/29/21

Andover Girls Soccer Co-Captain Mary Stuart Kerrigan '22 Leads with 'Tough Love' and Encouragement

In all four years of her Andover career, Andover Girls Soccer Co-Captain Mary Stuart Kerrigan '22 has played a versatile role in the team and now leads through her extensive experience and knowledge of the game. According to Kerrigan, her ability to play many different positions in the field comes from her love of the game.

"I think I just love the game of soccer, so especially growing up before Andover, I always loved just playing any position on the field, because that means you were in the game. Especially being a midfielder, you get back on defense, but you also score goals, and there's a lot of running back and forth, so I think that enables me to be able to play multiple positions well," said Kerrigan.

Sofia Traversari '23 highlights fitness as one of Kerrigan's strengths that allows her to play many positions and run around the pitch.

"What I've seen from [Kerrigan] is that she's probably one of the top fittest players on the team… She could be sprinting for hours and she won't get tired. She is an actual machine. She also plays soccer year-round, because she plays [for]… the best club in New England, and in the summer she won [the national championships] with her club… The fact that she's playing soccer consistently, even outside [Andover], is what I think makes her even better on the field, because she's full, 100 percent committed to soccer," said Traversari.

Head Coach Lisa Joel describes Kerrigan as a player who fights to win; Joel believes Kerrigan enjoys that aspect of the game.

"[Kerrigan] is a true competitor. There is not any aspect of this game that she is not playing to win, and with that intensity inspires others to play with intensity, too. She raises the level of passion on the field. [Kerrigan] loves to compete; she loves to win in the sense of all the individual wins that happen on the field, like the tackle, the 50/50 ball, the corner kick. Every moment, she brings her full self to it, and she expects that of her teammates, so in that way, she will have a really big college career because she just loves the game and brings intensity to the game," said Joel.

Traversari says Kerrigan's experience in soccer allows her to lead the team to maximize potential for a win by instructing the team to adapt to different scenarios.

"She's probably one of our smartest players, too. She knows when and how to give the ball to our players so we can effectively score a goal, or even when we're losing or winning, she will know like, hey, it's like, we got to defend now, not really attack. Or like, let's [not try] to score in the next five minutes, let's try just to defend. Or when we're winning by a lot, and the game is about to end and we have like three minutes left, she makes sure… smart moves to waste time intentionally, so that we can win the game. So she's a very, very sly player on the field," said Traversari.

Nevertheless, Traversari says Kerrigan is a leader who lets her confidence and cheerfulness lead naturally.

"What I love about her is that she's so accepting, and she will not judge you if you make a mistake. She will encourage you to keep doing better, and as I mentioned, a leader is someone who leads the team but doesn't demand, and I don't think she demands at all. She encourages others, and through encouragement and through the…. confidence she emanates and her cheerfulness, I think that's how she leads the team, without her really saying, 'I'm going to lead you,' or 'this is what you have to do,' or 'this is what you're not supposed to do.'"

Kerrigan will continue her athletic and academic career at the University of Chicago.

Head Coach Lisa Joel Leads Girls Varsity Soccer with 'Resilience, Flexibility, Eloquence, and Brilliance'

"To win. Not to tie. Not to not lose. GVS plays to win, and we do whatever it takes for the team and each other."

This is Girls Soccer Head Coach Lisa Joel's mantra and all of her players know it by heart. In her 23 years of coaching Andover Girls Soccer, Joel has worked tirelessly to nurture a supportive and empowering team culture. She firmly believes the lessons learned and relationships created from playing soccer translate to life off the field.

"My hope is that a player's experience on GVS becomes one of their most defining experiences while they're at Andover, no matter what period of time they spend on the field with us… and helps them to understand their personal power and ability to do more than they think is possible. The achievement of that is largely based on the support of their teammates… Quite frankly, my hope is that GVS impacts who they are once they leave here," said Joel.

According to Co-Captain Myra Bhathena '22, Joel prioritizes both the physical and mental health of her athletes.

Bhathena said, "Lisa is one of the greatest people on this planet, in my opinion. I think she has such a great balance of care for her players while being really competitive and wanting to win. She really cares for our mental and physical well-being and so that balance of love and discipline works very well for us. That compassion just makes a difference."

Joel clearly conveys her expectations for the team, staying in constant communication and building trust with each individual player, according to Sofia Traversari '23.

"Her leadership and her eloquence as she speaks emanate a sense of confidence and encouragement to every single player on this team… she is aware that for each one of us to perform our best, thus lead the pathway of success for GVS, we must first start with taking care of our bodies, our sleep, our nutrition and most importantly our mental and emotional health. Us, the players, truly absorb and appreciate this idea and we make sure to execute the plan accordingly," wrote Traversari in an email to *The Phillipian.*

While Andover Girls Soccer is known for being a tough competitor, Joel believes that the learning opportunities players experience during matches are equally as important as winning.

"We love to compete, everyone loves to win, but if winning is strictly defined by a score [or an] outcome, then I think we miss all the lessons along the way. As I've always said to the girls, there are wins that don't feel that great in terms of how we play or how we feel at the end, and there are losses we really feel good about when we walk away because we gave our all. That's what I really feel is important to focus on for the team is sort of the process as much as the outcome," said Joel.

For both Traversari and Bhathena, Joel has been an instrumental figure in their growth as teammates and people outside of the sport.

"We both share a deep passion for the sport of soccer and we both truly see it for more than a sport, and I think that is what makes me so close to Lisa and what I truly respect from her: She is truly driven by the love of the sport and what makes her different from any other coach is her ability to form deep connections with her players to effectively [form] a healthy, well-rounded and united group of girls that ultimately play for each other," wrote Traversari.

Bhathena added, "Lisa is my second mom on campus and in my life. I think she's seen me grow not only as a player but as a leader, as a person. I was a really, really timid [Junior] on her team three years ago. I think she's just been there throughout it all, building my confidence and my skills to make me the captain I am today. I could not be here without her."

Throughout her years of coaching, the team has participated in a wide variety of traditions, such as the annual Holt Hill run and the pre-game tradition of holding hands in a large circle. However, there's one tradition that stands out from the rest, according to Joel.

"I think a big tradition that we actually haven't been able to get back to is Team Prep camp, which happens in August before the season, and that experience of understanding the culture and the friendships of what it means to be a part of the soccer program. We've had a two-year pause on Team Prep, but what I do know is [for] alums from this program, when asked about the program, almost without exception Team Prep is the first thing they mention. We're excited to head back to Maine next August," said Coach Joel.

10/29/21

Girls Soccer Continues Two-Game Winning Streak with 5-0 Win Over NMH

With only eight minutes remaining, Marie-Eve Marleau '22 chipped the goalkeeper off of a breakaway and scored, earning her the player of the game award and sealing a victory for Girls Soccer against Northfield Mount Hermon this past Saturday. With an abundance of offensive firepower, Andover defeated NMH 5-0, moving its record to 6-5-1.

According to Eliza Dow '22, Marleau's goal was the highlight of the game on Family Weekend. She noted the team chemistry and support from teammates after the final goal.

"It was at the very end of the game, the team put all the Seniors in when the clock was at eight minutes. Marie dribbled the ball from midfield and took a shot about twenty yards out. After she scored, all the Seniors ran to the field and hugged her. Since Marie's parents were not at the game, it felt really like a family to go out and support her after her goal," said Dow.

According to Lulu Rourke '23, Andover capitalized on every opportunity to score. She believes, however, that the team can continue to improve on its ability to shift momentum.

"Offensively, the wingers had a lot of speed and were successful down the wings and the midfield controlled the game well and switched the field various times, which allowed for more opportunities to score with numbers up against their defense. Even though we played well, I feel like we can still work on speeding up the momentum," said Rourke.

A key aspect of Andover's win over NMH was the team's ability to hold its opponents scoreless, led by Emily Kelly '22, according to Emma Robinson '23.

Robinson said, "I would say defensively, the back line led by Senior Emily Kelly '22 kept their shape and composure throughout the game as well as the midfield winning the ball which was crucial for gaining possession."

Looking to the future, Robinson mentioned the team's strength in younger players, like Junior Emily Mara '25.

"Emily Mara, the [Junior], played really well. She had multiple runs down the sidelines and multiple crosses. She outran all the defenders with her speed and she sent crosses directly to the eighteen-yard box. Considering her age, it was really impressive to see and it really put my hopes up for the upcoming season," Robinson said.

Andover Girls Soccer will look to sustain its winning streak at Deerfield this coming Saturday.

Girls Varsity Volleyball
2021

Head Coach: Alex Svec
Assistant Coaches: Mato Seth

Captain: Sophie L. Watson and Ridley S. Warner

Managers: Eddie Lou '24, William Suh '24, Logan Suryamega '23

Stanley Wen Yu '23

Overall Season Record

Win	Loss	Tie
9	10	0

Letter Winners:

Michelle E. Brunetti
Emily E. Cain
Sophie L. Watson *
Boling Huang
Helen D. Bingham
Jiahui Ma
Karisa R. Bockley
Caroline C. McGirt
Jaedyn K. Ford
Ridley S. Warner *
Yanna Dorotan
Zhenkun Wang
Mary S. Lord

Award Winner: MVP - Michelle E. Brunetti

Girls Volleyball
2021 Schedule and Results

09/08/2021	Wed	Volleyball GV	Andover HS	H	4:00 PM	3-2	W	
09/11/2021	Sat	Volleyball GV	Dana Hall	A	3:15 PM	3-0	W	
09/15/2021	Wed	Volleyball GV	B. B. & N.	A	3:30 PM	0-3		L
09/18/2021	Sat	Volleyball GV	Hotchkiss	A	2:30 PM	3-1	W	
09/18/2021	Sat	Volleyball GV	Taft	A	2:30 PM	3-1	W	
09/21/2021	Tue	Volleyball GV	Central Catholic	H	4:15 PM	2-3		L
09/22/2021	Wed	Volleyball GV	Brooks	H	3:00 PM	3-0	W	
09/25/2021	Sat	Volleyball GV	Loomis	H	2:30 PM	0-3		L
09/29/2021	Wed	Volleyball GV	Noble & Greenough	A	3:00 PM	3-0	W	
10/02/2021	Sat	Volleyball GV	Tabor	A	4:00 PM	3-1	W	
10/06/2021	Wed	Volleyball GV	Rivers	A	4:00 PM	3-1	W	
10/09/2021	Sat	Volleyball GV	Choate	H	2:00 PM	1-3		L
10/15/2021	Fri	Volleyball GV	St. Paul's	A	5:30 PM	1-3		L
10/20/2021	Wed	Volleyball GV	Exeter	H	3:00 PM	0-3		L
10/23/2021	Sat	Volleyball GV	N.M.H.	H	4:00 PM	0-3		L
10/30/2021	Sat	Volleyball GV	Deerfield	A	1:00 PM	0-3		L
11/03/2021	Wed	Volleyball GV	St. Paul's	H	3:00 PM	1-3		L
11/06/2021	Sat	Volleyball GV	Milton	A	3:30 PM	3-0	W	
11/10/2021	Wed	Volleyball GV	Worcester	H	4:30 PM	canceled		
11/13/2021	Sat	Volleyball GV	Exeter	A	11:00 AM	1-3		L
11/17/2021	Wed	Volleyball GV	Tournament	H	4:00 PM			
11/20/2021	Sat	Volleyball GV	TOURNAMENT	A	2:30 PM			
11/21/2021	Sun	Volleyball GV	TOURNAMENT	A	2:00 PM			

Phillips Academy Girls Varsity Volleyball 2021

No	Name	Yr	Hometown
L-3	Michelle E. Brunetti	2023	Winter Garden, FL
2	Emily E. Cain	2023	Burien, WA
4	Sophie L. Watson *	2022	Alys Beach, FL
5	Boling Huang	2023	Shanghai, CN
8	Helen D. Bingham	2023	La Grange, IL
10	Jiahui Ma	2023	Owings, MD
12	Karisa R. Bockley	2023	North Reading, MA
13	Caroline C. McGirt	2023	Charlotte, NC
14	Jaedyn K. Ford	2024	Brooklyn, NY
16	Ridley S. Warner *	2022	Oakland, CA
17	Yanna Dorotan	2023	New Orleans, LA
18	Zhenkun Wang	2024	Weston, MA
21	Mary S. Lord	2024	New York, NY

*Captain

Coach: Alex Svec
Assistant Coach: Mato Seth
Managers: Eddie Lou '24, William Suh '24, Logan Suryamega '23
Stanley Wen Yu '23

Girls Volleyball
2021 Game Highlights

9/04/17
Andover High School
Scrimmage

Girls Volleyball In The News

9/30/21

Andover Girls Volleyball Comes Up Short Against a Talented Loomis Team

The excitement of Andover Girls Volleyball playing against a talented Loomis Chaffee team was exemplified when Andover could not help but laugh at an incredible slam-down by Loomis' outside hitter. Despite losing in straight sets at home against Loomis, the atmosphere surrounding the team after the game was one of satisfaction after it put in a commendable effort against its best opponent so far. The team's record now stands at 4-3.

According to Jaedyn Ford '24, competing against such a skillful team required Andover to put in a strong effort and focus all its energy into the game.

Ford said, "I love playing against good teams. [Although] it can be intimidating watching those girls hit balls straight down… I think we play better against better teams, because… we feed off of [the energy that other teams give us]… When we play against better teams we play better… With a team that's not as good as us, you can just go slowly and just go through the motions and not really fight hard for every point. But when it's a team that will slam a ball on you, you have to fight a lot harder."

Co-Captain Sophie Watson '22 echoed Ford's comments, saying it was more satisfying to be beaten knowing the team had fought hard.

"I think playing… teams with really strong hitters… makes the game just more exciting. It's always a lot nicer to lose to a team [that pushes you] to be the most competitive version of yourself, [that pushes you] to try your hardest to come all-out, than playing a team that's below your level… Typically, for most sports teams, you play down to their level, especially if the energy isn't there, and it's more of an awkward game than head-on-head [games in which] you want it so bad, you do have the chance to compete and hone down your skills when you do play a harder team. I think it's a lot more fun," said Watson.

According to Ford, the team viewed this loss against Loomis in complete contrast to its loss against BB&N, as the increase in energy was apparent.

"I definitely think there's a big difference [between this game and the game vs. BB&N], because… our energy was a lot higher this game… I think [in this game, we didn't] want to feel like [we did after BB&N] again, and don't want to feel like [we did after] Central Catholic… so I think it was more like trying to avoid that feeling and get back the Hotchkiss and Taft feelings, so I think there was definitely a change in our feelings then," said Ford.

According to Karisa Bockley '23, a takeaway from this game against Loomis was to not dwell on mistakes and to focus on the next point.

Bockley said, "Volleyball is a very mental sport because if you make a mistake, it's pretty obvious, so I think from this game, we know we just need to shake off… and get the next one. If you mess up, you have to focus… on the next point, and I think as a team we're starting to do that a lot better, and bring[ing] everyone together after those kinds of points to get our energy back up."

Co-Captain Ridley Warner '22 says the focal point ahead of Andover's game against Noble & Greenough on Wednesday is to continue working hard in practice, especially in the department of covering.

"[We plan to prepare for Wednesday by] continuing hitting practice, and making sure to slam the ball into the ground and follow through. And then covering when we're surrounding the ball as our team tries to hit, we want to make sure that when they block the ball against the net, we [are] there. When they hit at us, we want to be there as well," said Warner.

Andover will look to resume its winning ways away against Nobles on Wednesday.

10/8/21

Girls Volleyball, the 'Best, Energized Team in the League' Wins Two Games 3-1

Andover Girls Volleyball secured wins in both of their games this week, defeating Tabor Academy 3-1 on Saturday before claiming another 3-1 victory over Rivers on Wednesday. The team's record now stands at 8-3.

According to Mary Lord '24, the game against Rivers on Wednesday had a few interesting highlights such as an amazing save from Karisa Bockley '23.

Lord said, "From [Wednesday] there was one moment when someone badly passed the ball all the way out of bounds, and one of our players, Karisa, who specializes in passing, sprinted down and saved the ball, getting it over to win the point. So that was really exciting. We had some really good blocks, we had a really good serving pace. In the final set, we had 15 serves in a row [and] we were able to sweep them in the last set and it was just really good playing. There was a lot of good energy, we were playing really well…"

Wendi Wang '24 believes the game against Tabors showcased the team's offense and chemistry exceptionally well.

Wang said, "Some of the highlights of the game from [Saturday] was our offense. Everyone just really wanted the ball, and as a setter I could tell because they were yelling really loudly like "4 for 4" or "set me, set me". As a setter, that made my job really easy because I was like 'she really wants the ball, I'm going to feed her'. We actually got a lot of kills, especially our pin hitters. They got a lot of blocks on the other side and our hitters were able to see that."

According to Wang, the team prepared for the game by reviewing mistakes made in past games in order to correct them before the next game.

Wang said, "We actually watched film on Thursday of previous games we played last week, especially the Loomis game which we were really close in coming back on the third set. That was a really good learning opportunity for me especially and for the team to see what our weaknesses and strengths are and learn from that."

Wang further emphasises the importance of watching film as a team because it teaches perseverance and how putting in effort every play, despite the reading of the scoreboard, is crucial to winning.

"I think one thing I learned was I guess having a next-point mentality. Like if your team lost three points in a row, we should learn to shake it off and come back strong the next point instead of focusing on the score. I guess just go hard on every single point even if we're down by whatever points," Wang said.

Similarly, according to Lord and Jaedyn Ford '24, communication and maintaining positive energy are points of struggle and the team looks to improve upon them for upcoming weeks.

Lord said, "The reason we keep on losing sets is because we kind of just let our energy down. We actually have one of the best energized teams in the league, but sometimes we just get really down on ourselves and we lose that. What makes us able to win games really is our energy."

In an email to *The Phillipian*, Ford added, "The team has always been consistent with fighting for every point, but we definitely need to work on communication and keeping our positivity and energy up."

According to Wang, the team needs to not be so hard on themselves, even after making mistakes.

"Every single player cares about the game, cares about the team, and sometimes they care too much about the team as a whole that they would feel really bad about themselves if they make a mistake in the game. As a team, we really don't care if it's an individual mistake, we just want the game to be fun and to be a great spirit for everyone. So just shake it off if you feel that way and come back strong," Wang said.

Girls Volleyball's next game will be at home against Choate on Saturday.

10/23/21

Girls Volleyball suffers losses to St. Paul's and Phillips Exeter Academy

A strong block by Michelle Brunetti '23 earned Andover Volleyball a point in its 3-0 loss against Phillips Exeter Academy at home on Wednesday. On Saturday, the team lost 3-1 against St. Paul's. The team's record now stands at 7-5.

Despite losing both games, the team played to all of its strengths against the strong competition, according to Co-Captain Sophie Watson '22.

"Each of the sets was so close, [and] the teams [were] so strong… So I think that both of the teams were very close in capabilities, which made the entire game a lot of fun. And I think as a whole, it just was kind of a big experience for us. I think our team did really well, each of us really showed a lot of our strengths," said Watson.

According to Wendy Wang '24, the team's energy on the court against Exeter was lower than [it was in] the St. Paul's game, and its anticipation of Exeter's strength flustered the team's mindset.

"I think compared to the St. Paul's game our energy was a little bit down today, maybe because we were expecting Exeter to be such a strong team. Then doing warm-ups, we were kinda intimidated by the big hitters they had. We were playing scared most of the time, and that is, I think, what lost us the game."

Jaedyn Ford '24 and Watson highlighted Wang, who got injured in the fourth set, for her consistent and strong game. Ford also highlighted Mary Lord '24 for her exceptional game on Saturday.

"I think that either our setter, Wendy, who was like our star player, she always plays like the absolute best. She got injured in the fourth set, so that's probably why we didn't win, but I think that also one of our middles, Mary, also played very well in scoring us points," said Ford.

"Our center, Wendy, she got injured, which is a bummer because she carries the team. She's what makes everything, everything perfect. And then the fourth set was just a completely new team. We had two new people come in to try and set for her. It's just hard to switch your entire starting rotation in the middle of the game, especially at one at a game where both of the teams are so close," added Watson.

According to Watson, the team's energy is important to its success. She explained that a strong mindset on the court motivates the team to be the best players possible.

"I think all of us have kind of touched on the team's energy. How like our energy just kind of carries the team and our coach talks about this a lot. But each individual, each of our players on the court having the mindset that they are the best player and just kind of basing our own confidence as well as the confidence of the team," said Watson.

Andover Girls Volleyball will seek to secure two wins against Northfield Mount Hermon on Saturday and Deerfield on Wednesday.

10/29/21

Girls Volleyball Suffers Another Loss Due to Missed Offensive Opportunities

Despite amazing blocks from Pauline Huang '23, impressive saves from Michelle Brunetti '23, and clear sets from Wendy Wang '24, Andover Girls Volleyball failed to record a win this Saturday. After a 0-3 loss against Northfield Mount Hermon, the team's record stands at 8-7.

Despite needing work on its offense, the team's defense has remained strong, according to Huang and Wang.

"We are a really defensively strong team, and I think our defense is one of the strongest in the league. The defense worked really well, but the offense needs to work more with our consistency and aggressiveness," Huang said.

Wang added, "I think the defense was incredible. Michelle got balls that I genuinely thought would die on the floor and she just picked it up every single time. In terms of offense, we focused a lot on [it] during the practices in the last week. That has definitely helped our offense, but in general, we still need to improve."

A lack of consistency was the team's downfall in the game, according to Karisa Bockley '23.

"During the game I think we did really well with just staying with the next point mentality. But I think our energy wavers so much throughout the game that it's really hard to keep up our energy and will to win the game and competitive spirit," said Bockley.

According to Wang, it took the team a while to get into the game, but once it caught momentum, the team played well.

"I think our energy changed a lot during the game. For the first two sets, our energy was pretty down, but in the third set, we came back really confident and strong. As a setter on the court, I could really feel that every hitter wanted the ball and they were calling out for it. That's a big improvement I see in the team right now," said Wang.

Bockley also mentioned that the team's offense has shown progress since its last game against Exeter, but still has a lot of room to improve.

"[In terms of] our offense, we've been working on our hits and doing a little bit of less predictable things, to make it harder for the other team to block. I think we didn't do as well as we could have, based on how our practices went. But I think we did a lot better than the Exeter game and we're improving in that area, but we haven't fully gotten there yet." Bockley said.

According to Wang and Huang, the team practiced its offense by doing a lot of speed hitting and working alongside the coach individually. The team will continue to work on its offense by introducing quick offense into play.

Wang said, "We did a lot of speed hitting, just everyone lined up in three lines and hit a lot of balls. Hitters individually also worked with the coaches on off-hits when the set is really off the net, or really tight and need to adjust for those sets. I definitely see how our hitters are adjusting better this game."

Huang said, "I think for the next week, we're going to particularly work on our quick offense because I think our offense now, the pacing is a bit too slow, and if it's quicker, it's going to be easier for us to hit because it can avoid the blocking on the other side."

Andover Girls Volleyball will travel away on Saturday to face off against Deerfield.

Boys Varsity Water Polo
2021

Coach: Dale Hurley
Assistant Coach: Myrsini Manou Georgila

Captains: James P. Isenhower, Beckett F. McKee, Xiang Yi S. Meng
Managers: Theodore Kin '23, Sui Yu '23, Evalyn Lee '23, and Celeste Robinson '22

Overall Season Record

Win	Loss	Tie
8	6	0

Letter Winners:

Ryan M. Chandor
Andrew H. Chinn
Marek Deveau
Kyle S. Donaldson
John Downing
Zachary A. Godsey
James P. Isenhower *
Jonathan Ji
Evalyn Lee, Manager
Samuel Lee
Beckett F. McKee *
Theodore B. Kim, Manager
Marcel J. Montemayor Fontes
Victor Mvemba
Raphael J. Sibuet
Alexander W. Smyth
Howard D. Wolfe
Henry B. Yang
Sui Yu, Manager

MVP Award: Marek Deveau

Boys Water Polo
2021 Schedule and Results

Date		Opponent		Time	Score	Result
09/18/2021	Water Polo B	HOPKINS	A	2:30 PM	9-14	L
09/18/2021	Water Polo B	LOOMIS	A	2:30 PM	14-11	W
09/22/2021	Water Polo B	Exeter	H	3:15 PM	8-9	L
09/25/2021	Water Polo B	Westminster	A	2:00 PM	15-6	W
09/25/2021	Water Polo B	Deerfield	A	2:00 PM	13-12	W
10/02/2021	Water Polo B	Williston/Greenwich	H	4:15 PM	10-12	L
10/06/2021	Water Polo B	St. John's Prep	A	4:45 PM	16-3	W
10/09/2021	Water Polo B	Choate	H	2:00 PM	11-8	W
10/16/2021	Water Polo B	BRUNSWICK	A	3:15 PM	5-17	L
10/16/2021	Water Polo B	LOOMIS	A	3:15 PM	12-8	W
10/20/2021	Water Polo B	Suffield	H	3:30 PM	11-14	L
10/22/2021	Water Polo B	St. John's Prep	H	4:15 PM	17-5	W
10/30/2021	Water Polo B	Deerfield	A	1:00 PM	15-7	W
11/03/2021	Water Polo B	Exeter	A	3:15 PM	4-9	L

Phillips Academy Boys Varsity Water Polo 2021

Name	Yr	Hometown
Ryan M. Chandor	2023	Weston, MA
Andrew H. Chinn	2024	Jakarta, IND
Marek Deveau	2023	Beaconsfield, QC
Quinn A. Domina	2024	Andover, MA
Kyle S. Donaldson	2023	Kingston, JAM
William M. Doucette	2023	Reading, MA
John Downing	2023	Methuen, MA
Felix G. Frisch	2024	Aspen, CO
Raymond H. Ge	2024	Skillman, NJ
Zachary A. Godsey	2025	Honolulu, HI
Sebastian H. Haferd	2025	Cambridge, MA
James C. Herlihy	2024	Andover, MA
James P. Isenhower *	2022	Joint Base Lewis McChord, WA
Jonathan Ji	2024	Shanghai, CN
Jason S. Kokones	2025	Brookline, MA
Samuel Lee	2024	Scottsdale, AZ
Ashton Ma	2024	Avon, CT
Daniel G. Mair	2024	Kingston, JAM
Beckett F. McKee *	2022	New York, NY
Xiang Yi S. Meng *	2022	Hong Kong, CN
Marcel J. Montemayor Fontes	2023	San Pedro Garza Garcia, NL
Victor Mvemba	2022	Brooklyn, NY
Anthony C. Myers	2025	South Hamilton, MA
Ryan R. Nasserzadeh	2024	Las Vegas, NV
Sean Niu	2025	Newport Beach, CA
Andrew C. O´Meara	2024	Andover, MA
Daniel Y. Seong	2025	Wyckoff, NJ
Parker P. Shu	2025	Hong Kong, CN
Raphael J. Sibuet	2024	Dubai, IN
Alexander W. Smyth	2024	Rye Beach, NH
Albert M. Tsao	2025	New York, NY
Howard D. Wolfe	2023	Vero Beach, FL
Henry B. Yang	2022	Hong Kong, CN
Andrew Zhou	2024	Wilton, CT
Yihao Zhou	2025	Larkspur, CA

*Captain

Coach: Dale Hurley
Assistant Coach: Myrsini Manou Georgila
Managers: Theodore Kin '23, Sui Yu '23, Evalyn Lee '23, & Celeste Robinson '22

Boys Varsity Water Polo
2021 Highlights

9/18/21
Hopkins
L 9-14
Each period the score was close, with Andover chasing one or two points. At half time, we were up 8-6. Despite the tough loss, Marek Deveau '23 scored 4 goals, James Isenhower '22 and Beckett McKee '22 each scored 2 goals, and Ryan Chandor '23 with one goal.

9/18/21
Loomis
W 14-11
During the first three periods, Andover was chasing behind Loomis, until the fourth period when Marek Deveau '23 scored 2 goals and Raphael Sibuet '24 scored 1 goal. Marek Deveau scored a total of 7 goals. Raphael Sibuet, Zach Godsey, Marcel Montemayor, James Isenhower, and Sean Meng each scored one goal. Hank Yang '22 scored two goals.

9/22/21
Exeter
L8-9

A close game each period, Andover falls short by one goal. Marek Deveau '23 scored 5 goals. Marcel Montemayor '23, James Isenhower '22, and Sean Meng '22 each scored one goal. Marcel Montemayor had an impressive defensive game with 5 steals.

9/25/21
Westminster

W 15-6

STRONG START LEADS TO ROAD WIN

Andover took a strong lead throughout the game. Jonathan Ji '24, James Isenhower '22, Beckett McKee '22, Alex Smyth '24, Sean Meng '22 each scored one goal. Ryan Chandor '23 and Marek Deveau '23 scored two goals. Nicholas Donaldson '23 and Marcel Montemayor '23 each scored three goals. Beckett McKee '22 had 4 assists.

9/25/21
Deerfield
W 13-12

BIG BLUE WINS BATTLE AT DEERFIELD

It was a very close and intense game with Andover and Deerfield tying in the first two periods. Andover took the lead by one point in the last period when Marcel Montemayor '23 scored due to Sean Meng's '22 assist. Sean Meng had 5 assists. Hank Yang '22 had 3 steals and Marek Deveau '23 scored 4 goals with 2 blocks and three steals. James Isenhower '22 and Marcel Montemayor scored 4 goals. Sean Meng '22 scored one goal.

10/2/21
Williston
L 10-12

A very exciting game against Williston, Andover fought hard yet Williston kept a short lead. In the last period, Andover chased only a one-point difference, but Williston scored in the last minute. Ryan Chandor '23 and Marek Deveau '23 each scored three goals, Marcel Montemayor '23 scored two goals, James Isenhower '22 and Beckett McKee '22 scored one goal each. Beckett McKee had two assists. Sean Meng '22, Marcel Montemayor, and Nick Donaldson each had one assist.

10/6/21
St. John's Prep
W 16-3

Andover crushes St. John's Prep, only allowing the opposing team to score 3 goals. Andover played strong defense with Jonathan Ji '24 with 5 steals and Marcel Montemayor '23 with 4 steals. Marcel Montemayor scored 3 goals and Sean Meng '22 scored four. Hank Yang '22 and Marek Deveau '23 each scored 2 goals. Beckett McKee '22, Jonathan Ji '24, Zach Godsey '25, Ryan Chandor '23, and Raphael Sibuet '24 each scored one goal. Beckett McKee, Marek Deveau, Marcel Montemayor, and Raphael Sibuet each had two assists. Raphael Sibuet also won all four sprints at the start of each quarter.

10/9/21
Choate
W 11-8

Andover fought hard through a close game and ended each quarter with a lead. Marcel Montemayor '23 scored 4 goals, Marek Deveau '23 scored 3 goals, and Rapha Sibuet '24, Ryan Chandor '23, James Isenhower '22, and Beckett McKee '23 each scored one goal. Ryan Chandor and Beckett McKee each had 3 assists. Marek Deveau and Sean Meng '22 each had 2 assists. Jimmy Isenhower had one assist.

10/16/21
Brunswick
L 5-17

Andover fought hard in the first two quarters, but Brunswick took the lead by the third quarter. Trey Wolfe '23 had 9 goalie saves and 3 steals. Marek Deveau '23 scored two goals. Hank Yang '22, Ryan Chandor '23, and Marcel Montemayor '23 each scored one goal. Sean Meng '22 had two assists.

10/16/21

Loomis
W 12-8
Andover kept a solid lead ahead of Loomis and had a great defensive game. Marek Deveau '23 had 6 steals, Ryan Chandor '23 had 5 steals, and Hank Yang '22 had 3 steals. Marcel Montemayor '23 scored 4 goals, Marek Deveau '23 scored 3, Hank Yang '22 scored 2, and James Isenhower '22, Nicholas Donaldson '23, and Ryan Chandor '23 each scored one.

10/20/21
Suffield
L 11-14
Despite falling behind in the third quarter, Andover fought back by scoring six goals in the last quarter. Marcel Montemayor '23 and Marek Deveau '23 each scored 3 goals. James Isenhower '22 and Ryan Chandor '22 each scored 2 goals. Beckett McKee scored one goal with three assists. Marek Deveau also had five assists.

10/22/21
St. John's Prep
W 17-5

Andover crushed St. John's Prep. Marcel Montemayor '23 and Beckett McKee '22 each scored 4 goals. Jimmy Isenhower '22 scored 3 goals. Sean Meng '22, Ryan Chandor '23, Jonathan Ji '24, Nicholas Donaldson '23, Marek Deveau '23, and Hank Yang '22 each scored one goal. Marek Deveau had four assists, Nick Donaldson had three assists, and Sean Meng had two assists. James Isenhower had four steals.

10/30/21
Deerfield
W 15-7
Andover starts off with a strong lead against Deerfield. Marcel Montemayor '23 had an impressive 7 goals. Marek Deveau '23 scored 5 goals. Ryan Chador '23, James Isenhower '22, and Beckett McKee '22 each scored one goal. Sean Meng '22 had 6 assists. Goalie Trey Wolfe '23 had an impressive 7 saves, 2 steals, and an assist.

11/3/21
Exeter
L 9-4
Andover fought hard, but took a tough loss against Exeter. Raphael Sibuet '24, Marcel Montemayor '23, Marek Deveau '23, and Sean Meng '22 each scored one goal. Trey Wolfe '23, goalie, saved 9 goals and had 2 steals.

Boys Water Polo In The News

9/30/21
Boys Water Polo Wins Both Games in Second Doubleheader of the Season

Tying Deerfield in the first two periods of the game, an assist from Sean Meng '22 to a goal by Marcel Montemayor Fontes '23 in the final period allowed Andover Boys Water Polo to take the lead in a close 13-12 victory on Saturday. Earlier in the day, the team beat Westminster 15-6, bringing its record to 3-2.

According to Andrew Chinn '24, the two wins were the result of a full team effort, with every player contributing through assists, saves, or goals.

Chinn said, "Marcel was one of the most valuable players on our team scoring a total of 7 goals across both games. Marek [Deveau '23], Nick [Donaldson '23] and Hank [Yang '22] continue to provide a strong defensive anchor for the team, across the three of them totaling nine steals, and Beckett [McKee' 22] and Sean sharing a total of nine assists over the weekend. Overall it was a team effort."

Coming off disappointing losses to Phillips Exeter Academy and Hopkins, the team needed to adjust its strategies, both defensively and offensively, according to Montemayor.

"In the first game, we pressed a lot and forced our opponent to make a mistake and capitalize on the counter attack. In the second game, we played a zone defense which forces the opponent to take long shots," said Montemayor.

Chinn added, "Our team consists of some of the best shooters in the league who can really just whip the ball pool lengths and still consistently get the ball into the goal. The problem is, other teams know exactly who the shooters are and how we will play around them. We've shifted our strategies to be more well-rounded and flexible, also diversifying plays to conserve stronger players for stronger opponents."

According to Deveau, the tough experience from the first doubleheader of the season assisted the team in preparing for the Deerfield doubleheader.

Deveau said, "This one was a little easier just because last week, it was our first game ever together, and this one we already had three games prior to this. So we were more used to each other as a team, and we knew what each other's strengths were and how to utilize them in a game."

Chinn added, "After our first season game, you could visibly see the fatigue settle into all of our starting players, as each quarter passed. In practices, frequent scrimmaging and conditioning exercises had gotten the team way more prepared for our games against Deerfield and Westminster."

In future games, Deveau believes the team can work on discipline and respect, especially when games are close in score.

"Some people were getting a little angry at the ref just because it was a super close game against Deerfield, so that's something we could all work on. That and sticking to the game plan," said Deveau.

Andover Boys Water Polo will play in another doubleheader next Saturday against Williston Northampton and Greenwich.

10/8/21

Andover Water Polo Bounces Back with Convincing Victory after Loss on Saturday

Marcel Montemayor '23 scored three goals in the first six minutes of the game against St. John's Prep on Wednesday, helping Andover Boys Water Polo secure a dominant 16-3 victory on the road after a close 10-12 loss against Williston Northampton on Saturday. The team's record now stands at 4-3.

Trey Wolfe '23 says that despite the loss to Williston, the team is proud to have played a competitive game against such a strong team of Williston's caliber.

Wolfe said, "They were organised, but… we stood up to the challenge, I think. We still played our game last weekend and… even though we lost last weekend, coming that close to beating a team that good, it means a lot."

According to Theodore Kim '23, one player in the team who kept the team going after a loss against Williston to beat the Prep was Montemayor, whose energy both in and out of the pool inspires positivity in the team.

"I think one… person that really kept our spirits up [is] Marcel. He's just a really good team player, he's really been like a really positive source [of energy], and you know, on the bus rides, he always sings the loudest, things like that. All the little things get everyone excited," said Kim.

Kim added, "He's kind of like the team leader. Obviously, we have our seniors, we have our captains, but Marcel… brings joy to the team. After we lose a game, he's always there, encouraging everybody."

According to Montemayor, he tries to show the team that hard work can surpass the talent that one starts with.

"I think the way that I try to motivate people, especially because we have such a big team and there's always people coming in with not a lot of experience playing water polo, is telling them that it's not where you start, it's what you do in the moment, it's all about trying to put the work in and effort," said Montemayor.

Between the loss on Saturday and the victory on Wednesday, the team worked on defensive strategies, specifically 'crashing on the hole', according to Nicholas Donaldson '23.

"We have very good offensive players from the get-go, but our defence needed a bit more coordination, and Coach Hurley emphasised that I think in training. We worked on crashing on the hole specifically, that's a play in water polo where the main guy up front for the other team just basically gets clobbered in the centre, and we just shut him down, and I feel like that helped us a lot, because St. John's barely scored," said Donaldson.

The difference in mindset when playing both teams was that the team was more aggressive in its win against the Prep, but was more timid and conservative when playing Williston, according to Montemayor.

"Coming in and playing against a team that is really good, at that point, we [had] the mentality of trying not to lose, or trying not to embarrass ourselves. Whereas in this situation that we had today, it was more of trying to win because we came off such a tough loss… like, we have to win this game, we have to come back and get back on track," said Montemayor.

Andover Boys Water Polo will host Choate in its upcoming game this Saturday.

Boys Water Polo Head Coach Dale Hurley Emphasises Continuously Building off of Weaknesses to Improve as a Team

In his third year leading Boys Water Polo, Head Coach Dale Hurley looks to continue to learn and improve in the team's final six games and three tournaments.

According to Hurley, he focuses on paying attention to both teams during competitions and tries to take away effective strategies. He noted that the team has gradually improved over the past few seasons after learning from losses.

"The losses are where you learn. So when you lose a game, I always tell the guys that they need to walk away from it and know what the other team did really well so that we can incorporate it in our game. Because they are in the water… They need to know what the other guys are doing, and we've incorporated that into every one of our games throughout the season. That's why our Varsity has gotten better and better through the years, because every team we play and we lose against, we get better. So it feels like the team is riding high right now, but really, they're waiting for the next opponent to beat them so they can learn a little bit more," said Hurley.

Hurley also emphasizes toughness which forces other teams to have to be scrappy to have a chance at beating Andover.

"Water polo, in general, is a sport where people play dirty and get away with it fairly easily, and I think the main thing that I want the guys to do on our team is [to] have a different perspective when that happens. If they're playing dirty against us, that means that they really have to play dirty to beat us," said Hurley.

While other teams may stoop to a lower level of play and sportsmanship, Hurley maintains a set of standards for the Andover team.

Hurley said, "But we don't want to return the favor. We want to play our game, we want to play a clean game, and we want to beat them and be the better team. Sometimes, being the better team doesn't necessarily mean winning, being the better team just means doing it the right way and then learning from what they're doing, and we'll take advantage of it… There are times when there's a lot of physical fighting going on in the water, and the thing is, I tell the guys, don't get tied up in that mess."

According to Co-Captain Sean Meng '22, Hurley has the eye to identify the team's strengths and weaknesses.

"[Hurley] has also identified our strengths and weaknesses very, very well, so we target practices to train those. What we've realized throughout the season is that our defense is really good—I would say top three in the league —and so defense is something we pretty much have figured out. At this point we are focusing on fast breaks, we are focusing on counterattack offense because we have that defensive advantage, and I think that has been really helpful in games so far," said Meng.

Co-Captain James Isenhower '22 describes the team as 'adaptive' and attributes that to Hurley's ability to quickly analyze the opposition's strengths and weaknesses.

Isenhower said, "He's very good at assessing the other team like during warmups and during the game. He's really good at adapting to the other team's weaknesses and sort of telling us what we need to do to fix that. I think he does an awesome job of figuring out the other team's strategy and sort of adapting ours to that. We're a very adaptive team and I think we sort of owe that to him."

According to Hurley, he encourages his team to try and take out opponents' strengths to force them to use their weaknesses.

"There are strengths and weaknesses from each team, and we try to find… a method to take out their strongest thing, and then see if they can rely on everything else. If we can do that, if we can take out their strongest weapon that they have, then we have a better chance of doing well," said Hurley.

According to Hurley, this adaptive approach has had a positive impact on the team, as it has forced every player to be well-rounded.

"[Being adaptive] has proved to be helpful. I think the guys on our team, across the board, everybody's a threat to score and everybody's a threat to play good defense and they all seem pretty good. Even the guys in the second string have really stepped it up, and they're starting to play remarkably well. As well as the first string was playing [at] the beginning of the year, the second string is playing now, so it's been good. And bringing everybody in the water and playing in every game, it'll continue to get better like that," said Hurley.

10/15/21
Boys Water Polo Veteran Sean Meng '22 Prioritizes a 'Tight-Knit Community'

Starting out as a swimmer, Boys Water Polo Co-Captain Sean Meng '22 challenged himself in middle school to pursue water polo as his fall sport. Since then, he has fallen in love with the competitiveness and community that water polo brings. From attending preseason as a Junior to being elected Co-Captain of the team, Meng has not only grown tactically as a player but has also found a home within the sport.

According to Meng, the ability to release his emotions in the water serves as a mode of stress relief.

"Water polo is a really good outlet away from all the academics and extracurricular stresses. If you watch, you'll see that people fight. We're like fighting in the water—it's competitive, but it's also really good-natured," said Meng.

Throughout his years on the team, Meng has always loved the tight relationships formed from consistent team bonding. As Co-Captain, he hopes to maintain a similar environment with his teammates this season.

Meng said, "Starting from [my Junior] year, the Seniors took care of me. Every year since then, water polo has been a very, very tight-knit community. We have team dinners every night for a reason because we love everyone on the team. Stepping up as Seniors this year, [me, Hank Yang '22 and Co-Captains James Isenhower '22 and Beckett McKee '22,] we're keeping everyone together, making sure we're all dedicated to each other."

According to Trey Wolfe '23 and Isenhower, Meng's caring personality allows him to build relationships with everyone on the team.

Wolfe said, "Sean's just one of the most caring people I've ever met. The way he asks how everyone is doing, you know he means it. I think that's how everyone on the team, even the younger ones, forms a connection with him. He's just always there for all of us in and out of the pool."

"Sean's a great guy. He's always been super nice, super friendly. He doesn't hesitate to help people out. I know that I can trust him with anything. In and out of the water he's super passionate about the sport, but he never prioritizes himself. He's always willing to put other people first. He's really compassionate, and he always makes sure that everyone on the team feels comfortable," Isenhower added.

According to Wolfe, Meng's charisma allows his teammates to trust and relate to him, which strengthens the effectiveness of his leadership.

"He's caring, he's funny; that's the kind of person you'd want to be your teammate, but at the same time, it's the person you want to hang out with. I think that's part of the reason why the team has such good chemistry…[The team is full of] people who you trust to lead you because [they are] the same people you want to hang out with," Wolfe said.

Along with developing strong team chemistry, Meng wants to ensure that the team's future is bright and serve as an inspiration to the younger players by sharing his passion for the sport.

Meng said, "[I want] to be able to teach the younger kids how the game works. Have them fall in love with the sport as well. If you look at our JV record, we're doing pretty well. We have a good future for the program. We want to make sure that our new program is sustainable especially with the new pool coming in. We want to try to maintain our quality of play as much as we can."

With just a few weeks left in the season, Meng hopes to make the most out of his Senior season.

"We're going into our last few weeks playing water polo [so I] just [want to] go out and have fun, and don't leave any regrets in the pool. [I] just [want to] give 100 percent in everything and be able to walk out of the season thinking that I gave my everything," Meng said.

10/15/21
Boys Water Polo Co-Captain James Isenhower '22 Inspires with Discipline and Excitement

Since first picking up the sport during his Lower year, Andover Boys Water Polo Co-Captain James Isenhower '22 leads the team with his radiant, caring, and genuine personality. Originally drawn to the sport by his friends on the Andover swim team, Isenhower seeks to foster a well-connected team environment both in and out of the pool.

According to Trey Wolfe '23 and Co-Captain Sean Meng '22, Isenhower's positive energy, constructive criticism, and disciplined work ethic inspire the team to follow.

Wolfe said, "I think James just brings a lot of awesome energy. He's also, at the same time, a realist. I think all of our captains are good at that. They're not afraid to tell us what we can work on and that's a good thing because you need to have positive reinforcements sometimes. He does it in a way where we're doing really well with this stuff, but here's where we can improve vs. we're bad at this. All of our captains are good at that, but I think with James, that's where he stands out."

"He comes from a military family, and [his determination and hardwork can be seen through that]. He's the most disciplined out of all of us. He gets his stuff done. He never slacks on any drills. In a game, he would be the one sprinting, and I think that is so important as a captain. He really role models by action; the younger kids see it, and that's a source of inspiration for them," added Meng.

According to Isenhower, he enjoys water polo for its reliance on team play, which in turn builds a close knit community among the players.

Isenhower said, "I like how close it brings everyone together. There's a lot of common communication required, but it's almost harder to communicate in the water because it's harder to see and all that, but you just kind of have to work with the chemistry between the players on the team. It's unique, I don't know how else to describe it in a better way. I think we're all really close together. Especially at Andover, we're a relatively small team, there's only 15 of us so we all hang out together and have team dinners; we're all just a close community."

Isenhower's calculated and intrepid play in the pool make him a formidable and reliable player, according to Wolfe.

"I would probably say [that James is] genuine, you can always count on him no matter what. He'll always give it to you straight. That's one of my favorite qualities about James… [He's also] reliable, I mean in games he's never afraid to take a shot, but at the same time if he knows he doesn't have one he'll pass the ball. I just think that says something about him, he's never afraid, but at the same time, he's a team player," Wolfe said.

Isenhower aims to lead the team by example and places an emphasis on supporting and guiding new players through the sport.

"I think the biggest way is to lead by example… A lot of us haven't played water polo before coming to Andover, so I think a lot of us have shared experiences being the scared little freshmen. It's an intimidating sport when you first try it. Learning how to tread water, it's the most fundamental thing in water polo. It's a very unnatural movement, it doesn't feel right when you first start out. You can be one of the strongest swimmers in the pool, but as soon as you get in the pool for water polo, you have someone trying to climb on top of you, then it's kind of scary. The biggest thing I can do as a captain, and my captains in the past year have was make sure that the new people know that we're going to be there to support them and it's going to be unnatural," Isenhower said.

Outside of the pool, Isenhower seeks to develop chemistry among the players by connecting with the team through regular team dinners and other bonding activities.

Isenhower said, "We hang out a lot outside of the pool. Team dinners are probably our biggest thing. Again, we're small enough of a team to fit in one table at [Paresky Commons,] so we'll eat together there and we probably spend an hour in [Paresky] just talking. It isn't always water polo-related, I think that's also a big thing. Part of having such good team chemistry is not always being focused entirely on the sport."

10/16/21
Andover Water Polo's Strong Defensive Play Leads To Another Win

With a number of impressive defensive plays and blocks from players such as Ryan Chandor '23, Andover Boys Water Polo beat Choate 11-8 on Saturday. The team's record now stands at 5-3.

According to Co-Captain James Isenhower '22, the team did well with matching Choate's energy, something that they have been able to do well in games throughout the season.

Isenhower said, "I think we did a good job of matching Choate I would say. In the end we were able to pull away from them, but we've done a really good job this season of playing up to our opponent even if they're strong, even if they have a better record than us. I think we've always been able to do a good job of matching their energy in the water and being able to be as aggressive as they are."

According to Trey Wolfe '23 and Marcel Montemayor '23, the team's defense excelled, especially towards the end of the game, which led to scoring chances at the other end of the pool.

"I thought that especially at the end of the game the defense did a phenomenal job. Stopping shots from happening makes my life a lot easier because if the shot never reaches the goal then I don't need to get in front of it. Our defense did a really good job towards the end of the game of shutting them down, I think it frustrated them. That's where we capitalized," Wolfe said.

In an email to *The Phillipian*, Montemayor wrote, "Prior to the game we emphasized working on our defense, and all of that hard work paid off because it was the defense that really won us that game. I think our offense is also in a strong place, but something we really need to work on is setting up our 6 on 5 defense and offense. Choate was able to capitalize on multiple easy mistakes that we made."

10/23/21
Despite Losing Against Brunswick, Boys Water Polo Takes Positives Away from Playing Challenging Opponents

An early goal against Brunswick by Hank Yang '22 spurred Andover Boys Water Polo onto two good performances that saw it lose 16-5 to Brunswick and win 12-8 against Loomis Chaffee. A 14-11 close home loss on Wednesday against Suffield capped off the week for Andover. Andover's record now stands at 6-5.
According to Co-Captain Beckett McKee '22, the team put up a good fight against Brunswick, which is the best team in the league. Ultimately, Brunswick's squad depth helped it clinch the win against Andover.
"I mean we were playing Brunswick, which is historically the best team in the league… they've won the league every year since they've been at it. We kind of went into it knowing what we were up against, and we actually did a lot better than we were all thinking, we all stepped up, everyone that played did really well, we put up five goals against them when most teams put up like one or two. Our defense was really solid in that game, we stuck with them really closely for the first half, and then they have a lot of depth in the team, everyone who plays is very technically skilled, very well-conditioned, so they were able to kind of pull away in the third and fourth, but it didn't feel like we got dominated at all. It actually felt like a very close game throughout," said McKee.
Despite not getting a win against Brunswick, the team thought of the game as an opportunity to learn from an extremely strong team, according to Nicholas Donaldson '23.

"I don't think we were fully defeated, I think we were just very realistic with the fact that we were going to be taking this game as a learning experience, and whatever the outcome was was whatever, we weren't necessarily saying that we needed this win, more like we needed this experience," said Donaldson.
Andover quickly applied the lessons they learned from its first game to capture an away win against Loomis, only an hour after its loss against Brunswick.
Donaldson said, "We really did use the loss from Brunswick, we used Coach Hurley's plan for Brunswick, knowing that they would be the toughest game of [our] season, [which] was to learn from whatever they do to us… and take that into the following [games], and so we took that into Loomis, which we had immediately after, and we drove like them, we set up plays like them, we were rough like them, and we got the win over Loomis. We learned so much and applied it straight to the game after, and that helped us a lot for the win."
According to Co-Captain James Isenhower '22, Andover's loss against Brunswick was a result of the time it took to adjust to the opponent's strategy.
"[Brunswick is] a good team [and] we had trouble getting used to it at first. I think we played well, we spent that first quarter figuring out what their strategies were, how they were shooting, stuff like that. It was a slower start than we anticipated, but we adapted to it fairly quickly, and by the end of the second [quarter], we knew their strategy and we were able to start scoring more than them. I think if we had an extra quarter, we probably would've beat them, but it is what it is, so we [will] learn from it," said Isenhower.
Andover adjusted to Suffield's game by shutting off its best players, according to Trey Wolfe '23.
"[We adjusted by] figuring out how to shut certain guys down, I mean, most of the teams we played had about one good player, but Suffield had a few, so once we figured out how to shut those guys down so they couldn't shoot, that definitely helped us out," said Wolfe.
Andover will welcome St. John's Prep at home on Friday.

11/7/21
Boys Water Polo Bids Farewell to Borden Pool

Since the beginning of the program, Andover Boys Water Polo has held all practices and games in the 1912 Borden Memorial Pool. The team played its final home game in Borden on October 22 and will transition to a larger and deeper pool in the Pan Athletic Center next season.

According to Marcel Montemayor '23, the smaller, more isolated pool environment in Borden created a tight-knit community within the team.

"My favorite part about playing and practicing in Borden would probably be… how close we are to each other. The pool isn't that big, so we're kind of just forced to talk to each other [and] participate when we're not doing drills, or when we're just chilling. Borden also makes us feel at home because… during practices we just feel away from school, away from all the stress, away from all the work. It's just an opportunity to have fun," said Montemayor.

The tighter space also provided the team with extra confidence and motivation during games, especially from the thunderous echoes and cheering of the crowd, according to Marek Deveau '23.

"I know a lot of players like playing and practicing in wider pools, but I kind of like the small pool just because… it just gives me the feeling that I can shoot from anywhere. Also, when there's a ton of fans in the crowd, it gets super loud, and there's an echo, so it's fun when people show up to support the games," said Deveau.

Surrounding the pool are inspirational messages, banners, and photos that serve as daily reminders of the team's past achievements and core values, according to Montemayor and Trey Wolfe '23.

"You get to see the history around you. Walking in, sometimes you see the records, sometimes you see the pictures that are up in Borden and the All-Americans. For me, I see a couple [of] pictures, and I'm like, 'Alright, I want to be up there one day.' We see the banners as well, and for the one water polo banner we have, we want to be back to where we once were," said Montemayor.

"Walking out of the locker room, there are two signs. One of them says 'Swim fast' and the other one says 'Do your job,' and those have been up there longer than I have been at the school, so… it is something you see every day. It's a reminder to do well, and try your best," added Wolfe.

Understanding that the team would be leaving behind the program's rich history in Borden, each player this season wanted to commemorate the program's original pool by playing at their very best, according to Deveau.

"Towards the end of the season, everyone in the back of their minds, as much as we don't want to bring it up, is saying that it's going to be the last few games in this pool. Everyone knows it, so everyone tries to step it up. Coach always says to play as if you were a Senior, so everyone tries to take on a bigger role and really be careful with their plays and not make any stupid mistakes," said Deveau.

Wolfe and Montemayor both believe that the water polo program will be strengthened significantly with the move to the Pan Athletic Center.

"You know, it is a little sad to see the 1912 pool go, but at the same time, having a bigger pool means we'll be able to have a bigger JV program. We'll be able to attract more swimmers and water polo players, and because of that, over the years, it's just going to make the aquatics program so much better," said Wolfe.

"For playing in a new facility, we'll not only be able to play water polo the way it's supposed to be without having a shallow end and touching the bottom but also, I think the new environment will help the team improve. The team by the end of the season next year will be a lot stronger physically, emotionally, and mentally, to the point where we can try our best to do anything," added Montemayor.

2021-2022 Winter Varsity Sports

Boys Basketball	11-11-0	
Girls Basketball	10-12-0	
Boys Hockey	15-13-0	
Girls Hockey	14-5-4	
Nordic Skiing *		
Boys Squash	7-2-0	
Girls Squash	10-6-0	
Boys Swim & Dive	4-0-0	NE Champions
Girls Swim & Dive	4-0-0	
Boys Indoor Track *		
Girls Indoor Track *		
Wrestling	6-4-0	

*See individual team page for results

WINTER AWARDS AND TROPHIES 2021-2022

ROBERT L. WURSTER BASKETBALL TROPHY – to that senior member of the boys and girls varsity basketball teams who, during his or her association with basketball at Phillips Academy has contributed most to the sport and to the school by representing its ideals through sportsmanship, endeavor and ability.

BOYS RECIPIENT: JORDAN D. RAYFORD

GIRLS RECIPIENT: Not this season

SUMNER SMITH HOCKEY AWARD – To a boy and girl senior who are in good scholastic standing and during their association with hockey at Phillips Academy have contributed most to the sport and to the school by representing its ideals through sportsmanship, endeavor and ability.

BOYS RECIPIENT: PATRICK O. LAST

GIRLS RECIPIENT: ELIZABETH M. GILMARTIN

PETER Q. MCKEE SKI CUP – To a member of the Nordic Ski Team and a member of the Alpine ski team who have contributed most to the team and to skiing.

NORDIC RECIPIENT: SAMUEL S. GALLAUDET

FAGAN SQUASH TROPHY – To the winner of the "Fagan Trophy Tournament" open to those students at Phillips Academy who are participating in the game of squash.

RECIPIENT: CHRISTIAN M. GRAZIANO

WOMEN'S SQUASH TROPHY – To the winner of the Phillips Academy women's squash tournament open to the top eight ranked players in the competitive squash program for women.

RECIPIENT: MIGYU KIM

HOITSMA SQUASH AWARD – To that boy or girl squash player who best exemplifies the dedicated commitment to squash which Lou Hoitsma has shown in his years of coaching Phillips Academy teams:

RECIPIENT: MARIA F. PINOT FORNO

VARSITY SWIMMING AWARD – To that member of the boys swimming team who in the judgment of the captain and coach exemplified the spirit of Andover swimming.

RECIPIENT: Not this season

WASHBURN AWARD – For that member of the girls swimming team who, in the judgment of the captain and coach exemplified the spirit of Andover swimming.

RECIPIENT: ASHLEY J. VENSEL

MVP Boys Indoor Track

RECIPIENT: NICHOLAS G. KOOBATIAN

MVP Girls Indoor Track

RECIPIENT: CHARLOTTE D. WHITEHURST

RICHARD S. PIETERS WRESTLING AWARD – To that team member who demonstrated throughout the season outstanding ability and enthusiasm for the sport.

RECIPIENT: ARNAV P. BHAKTA

RICHARD LUX M.I.P. AWARD – To the team member who, in the judgement of the captain and coaches, was the most improved of the team.

RECIPIENT: SAKINA I. COTTON

PHILLIP K. ALLEN AWARD – This sports camp scholarship is to be awarded to the returning female athlete who best combines the vigor of a true competitor with a grace of character, thereby demonstrating her personal understanding that the aggressiveness required to excel need not overpower propriety, personal dignity, and kindness.

RECIPIENT: Sakina I. Cotton
Suhaila I. Cotton

Boys Varsity Basketball
2021-22

Head Coach: Terrell Ivory
Assistant Coaches: Dan Schneider & Tom Palleschi

Captains: Caleb Blackburn-Johnson & Matt Murphy

Managers: Nathalie Lelogeais, Nnenna Okorie, Lexiana Tucci, & Sophie Watson

Overall Season Record

Win	Loss	Tie
11	11	0

Letter Winners: Xavier Abreu, Whyett Benn, Caleb Blackburn-Johnson, Colby Duggan, Isaiah Harris, Simon Kane, Davian McDonald, Matthew Murphy, Robert Nyamwaya, JahVante O'Conner, Olilanya Ogueri, Jordan Rayford, Samuel Rodgers, Keenan Sparks, Eric Tynes, Diego Velez, & Edward Washington

Robert L. Wurster Award - Jordan D. Rayford

Boys Varsity Basketball
2021-2022 Schedule and Results

12/08/2021	Wed	Basketball BV	Holderness	A	4:30 PM	78-56	W	
12/12/2021	Sun	Basketball BV	Roundball classic vs Hill School	A	9:30 AM	76-58	W	
12/15/2021	Wed	Basketball BV	Hall of Fame playing Suffield	A	7:30 PM	55-67		L
12/17/2021	Fri	Basketball BV	Hall of Fame St. Luke's	A	2:30 PM	69-38	W	
12/18/2021	Sat	Basketball BV	Hotchkiss at Barclays	A	1:00 PM	57-67		L
02/11/2022	Fri	Basketball BV	Choate	H	7:30 PM	62-42	W	
01/12/2022	Wed	Basketball BV	Brooks	H	3:00 PM	46-72		L
01/15/2022	Sat	Basketball BV	Tabor	A	2:30 PM	58-62		L
01/21/2022	Fri	Basketball BV	Worcester	A	6:00 PM	52-61		L
01/22/2022	Sat	Basketball BV	Deerfield	H	4:00 PM	84-73	W	
01/26/2022	Wed	Basketball BV	Milton	H	4:45 PM	69-64	W	
01/28/2022	Fri	Basketball BV	Loomis	H	6:00 PM	53-68		L
01/29/2022	Sat	Basketball BV	Noble & Greenough	A	2:00 PM	Canceled		
02/02/2022	Wed	Basketball BV	Tilton	A	4:00 PM	63-57	W	
02/22/2022	Tue	Basketball BV	Thayer	H	5:30 PM	75-58	W	
02/05/2022	Sat	Basketball BV	St. Sebastian's	A	2:30 PM	55-69		L
02/09/2022	Wed	Basketball BV	CAts Boston	H	5:30 PM	76-53	W	
02/12/2022	Sat	Basketball BV	Williston	A	4:15 PM	63-51	W	
02/16/2022	Wed	Basketball BV	St. Paul's	A	3:30 PM	55-52		L
02/18/2022	Fri	Basketball BV	Pingree	A	5:15 PM	Canceled		
02/19/2022	Wed	Basketball BV	Belmont Hill	H	3:30 PM	78-81		L
02/23/2022	Wed	Basketball BV	Deerfield	A	4:15 PM	67-43	W	
02/26/2022	Sat	Basketball BV	Exeter	H	3:30 PM	60-65		L

Phillips Academy Boys Varsity Basketball 2021-22

Number	Roster Name	Height	Hometown	Year
25	Xavier A. Abreu	6'0"	Lynn, MA	2025
41	Whyett E. Benn	6'5"	Flower Mound, TX	2024
35	Caleb C. Blackburn-Johnson	6'4"	Portsmouth, NH	2022
10	Colby J. Duggan	6'7"	Monson, MA	2023
23	Isaiah V. Harris	6'2"	Copiague, NY	2024
33	Simon J. Kane	6'0"	Andover, MA	2023
13	Davian C. McDonald	6'1"	Holyoke, MA	2025
11	Matthew N. Murphy	6'7"	Wilton, CT	2022
21	Robert O. Nyamwaya	6'4"	Andover, MA	2024
5	JahVante D. O´Conner	6'4"	Austin, TX	2022
20	Olilanya S. Ogueri	6'2"	Providence, RI	2025
1	Jordan D. Rayford	6'6"	Washington, DC	2022
21	Samuel T. Rodgers	6'2"	Dallas, TX	2023
0	Keenan J. Sparks	6'0"	Bethel, ME	2024
15	Eric W. Tynes	6'6"	Springfield, MA	2022
4	Diego L. Velez	5'9"	Irvington, NY	2024
3	Edward A. Washington	6'2"	Chicago, IL	2022

MGR	Nathalie H. Lelogeais	San Juan, PR	2022
MGR	Nnenna Okorie	Bronx, NY	2022
MGR	Lexiana M. Tucci	Warwick,	2022
MGR	Sophie L. Watson	Alys Beach, FL	2022

Coaches: Terrell Ivory, Dan Schneider, and Tom Palleschi

Boys Varsity Basketball
In the News

Boys Basketball Travels to Barclays Center, Falls Short against Hotchkiss

On December 18, for the first time since 2018, Andover Boys Basketball traveled to the Barclays Center in Brooklyn, New York, home of the Brooklyn Nets of the NBA and New York Liberty of the WNBA to compete against a league opponent.

Four 3-pointers by Eric Tynes '22 in the last six minutes of the first half shifted the momentum in favor of Andover Boys Basketball, bringing a 14-point deficit to a nine-point deficit. The team ultimately fell to Hotchkiss 57-67, bringing its record, as of December 18, to 3-3. Head Coach Terrell Ivory '00 believes the experience of staying in a hotel together in New York and playing at a prestigious arena like the Barclays Center was an excellent experience for the team despite having lost the game. Coach Ivory said, "Any time you play a game, you have no idea for the most part whether you're going to win or lose. But the reason why we do that trip is that I think it's a different experience for the kids. It's really the only time that we spent the night in the hotel. So, we were away from campus during the break. In addition to a really cool opportunity to play in an NBA arena, it's also sort of a team bonding trip, which I think is always worth it. And I think obviously I would have loved it to have won the game. But even though we lost, I think it was a trip that was sort of good for the team."

Playing at a professional arena did not come without pressure; Jordan Rayford '22, who has averaged a free throw percentage of 72.2 percent thus far this season, only made one of his first four free throws. He believes that was due to a combination of having not played in a while and the nerves of being at such a prestigious arena. "I think I went one for four on my first shots. But I think the main thing was, I hadn't played in any games like the past three or four. So, I think that and then also a little bit of… nerves playing in Barclays played into it," said Rayford. According to Keenan Sparks '24, another factor to the team's loss was its slow reaction to opponent offensive rebounds. This resulted in Andover conceding 18 offensive rebounds, a figure 71 percent higher than its season average of 10.5. "I think just boxing out [was a struggle], and we gave up way too many offensive rebounds and just rebounds in general. And I think that really hurt us… [Hotchkiss had] physical players, but, as a team, I don't think they were that physical, but I think we were just kind of lackadaisical and it was simple as just not boxing out. They wanted it more than us, especially 50-50 balls, too," said Sparks. Coach Ivory believes watching game footage and recognizing the problem is the first step to fixing the team's issue of not boxing out. He says the minor details he can find through film are what the team needs to focus on to succeed throughout the season.

Coach Ivory said, "I think one of the best ways or one of the ways to sort of solve a problem is to make sure you recognize that it is a problem. And so, when we are able to practice again, we will work on boxing out in practice in sort of game situations… as we can sort of simulate that. But just showing them with Hudl, [a sports performance analysis program], you can show them. I just showed them every offensive rebound that we gave up and sort of pointed out in those situations, their effort versus our effort, and then having a conversation with them about if we want to be successful; if we want to win, we have to do those little things including boxing out and not allowing them to get offensive rebounds." After postponed and canceled games against Belmont Hill and Choate, and a 46-72 loss against Brooks, Andover will travel to Tabor Academy, looking to end its two-game losing streak.

Daigo Moriwake
Jan 14, 2022

Boys Basketball Suffers Loss to Brooks in Home Opener

In its first game of the year, Andover Boys Basketball took on Brooks in an empty Borden Memorial Gym. At the end of the first half, Andover was down a mere four points, but a series of turnovers and poor communication led to a final score of 46-72. Andover's record now stands at 3-4 for the season. Without the usual game atmosphere with fans, the team's performance took a toll, according to Colby Duggan '23.

Duggan said, "It was definitely weird. It was the first home game, and there not being any fans was odd. We definitely could have brought better energy, but it was pretty mellow." Despite the loss, there were a couple of standout players with great defensive and offensive maneuvers. Head Coach Terrell Ivory '00 highlighted three athletes in particular.

Coach Ivory said, "In the first half we were great, I mean we were only down by four. I would say Colby played well on both sides of the ball, offensively, [Eric Tynes PG'22] played well, and [Diego Velez '24], a young [Lower,] also had some great plays on defense."

Even though Andover made mistakes in the game, the team is eager to learn from them and improve upon those mishaps. According to Tynes, the team needs to be more disciplined overall and focus on moving the ball around the court more frequently on offense.

Tynes said, "Number one, we have to watch film to see what we did wrong, but definitely trying to make stronger, better passes, feed the post more, move without the ball, get better ball movement, run our plays better, and clean up things like that."

As the season progresses, the team plans to dial in on specific strategies and techniques. According to Coach Ivory, the main stats in basketball are important, but the plays that are overlooked are the ones that can really make a difference.

Ivory said, "I would say the little things. Everybody talks about those things you read in the paper; All the stats like scoring, assists, and stuff like that. That stuff matters, but it is a byproduct of us doing the little things, like effort, communication, and not that our guys are selfish, but making selfless plays."

Andover hopes to defeat Tabor Academy this Saturday.

Tyler Parker
Jan 14, 2022

Boys Basketball Falls Four Points Short to Tabor

Colby Duggan '23 chased down a player from the opposite side of the court with a block off the backboard in a tight loss to Tabor Academy. Despite leading throughout the game, Andover Boys Basketball ultimately fell 62-58. The team's record now stands at 6-8.

According to Robbie Nyamwaya '24, Tabor's stronger communication skills proved to be advantageous. Its players were able to run plays not only through the use of verbal cues but also through the use of visual cues.

"I think Tabor had good chemistry. They knew how to communicate with each other without physically talking out loud. They've probably played with each other for a while, so that's one thing I noticed from the game," said Nyamwaya.

Despite the team's current two-game losing streak, its players remain optimistic. According to Keenan Sparks '24, the team put forth a higher quality effort against Tabor compared to its 46-72 effort against Brooks last Wednesday.

"[The energy] was really good. It was super positive. Guys were lifting each other up, and I think our effort was a lot better than the game on Wednesday, and we played our best. It was just one of those games which was kind of out of our control where they were making shots, but it was still really positive," said Sparks.

Winter vacation may have been a contributing factor to the loss, in part due to the fact that the team was more focused on readapting to the unique playing styles of each of its members. However, the game against Tabor served as a learning opportunity for future games, according to Nyamwaya.

"Because of the break, we need to get used to each other's playing styles and strengths and weaknesses. That shouldn't take too long, so I think we'll be back 100 percent soon," said Nyamwaya.

The team allowed numerous open three-pointers to end the game. To prevent this, Sparks believes the team should do an overall better job at "closing out," where a defender closes a gap between themselves and the ball handler.

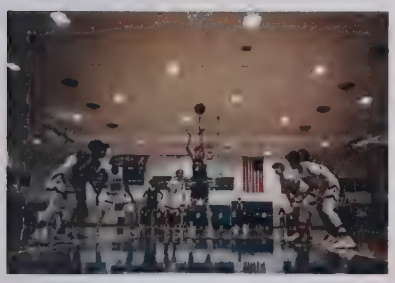
"I think we just need to improve on our defense. Their team was a really good three-point shooting team, and I think we just did a really bad job of closing out, which gave up a lot of threes. Our defense has gotten better, but just continuing on improving our defense is really key for us in the next games," said Sparks.

With key steals and shots under pressure, two players, in addition to Duggan, played an important role in keeping the team in the game during the fourth quarter. The crowd at Tabor kept energy high, according to Duggan.

"Diego [Velez '24] and Eric Tynes [PG'22] both played really well. We had a lot of momentum, and those were some memorable players. People hit big shots, there was a crowd that was loud, so that made it fun," said Duggan.

Andover will play at Worcester Academy this Friday and host Deerfield on Saturday.

Patricia Tran
Jan 21, 2022



Boys Basketball Ends Losing Streak with 'Gritty' Wins Against Deerfield and Milton

In the final two minutes, in danger of losing its fifth consecutive game, Andover Boys Basketball managed to clinch an 84-73 home victory against Deerfield following a 52-61 away loss against Worcester. Andover capped off the week with a "gritty" victory against fourth-placed Milton to follow its four-game losing streak with a two-game winning streak. This latest win takes Andover's record to 5-6.

According to Jordan Rayford PG'22, Andover did not expect such a close win against Deerfield. Ultimately, the team's togetherness in the last two minutes spurred it onto a victory."I think everyone thought we were going to blow them out, and I think how we stayed together [stood out]. I think we were losing [with] two minutes left… we were down by one or something like that, and I think how the team and people playing stayed together and kept playing hard… was probably the most impressive thing," said Rayford.

Despite a loss against Worcester and a win against Deerfield, Head Coach Terrell Ivory '00 believes Andover performed better in the former game. He believes fatigue may have played a part in Andover's performance against Deerfield in which it gave up 21 turnovers.

Coach Ivory said, "Actually, I think we played better against Worcester. What I'll say is that playing better doesn't always mean you'll win, right, depending on the competition. And I've always told the guys that if we play hard and lose, I'm happier than if we don't play hard and don't play with effort and we win. [Against] Deerfield, actually, there were a couple of things that… contributed to that game being closer than maybe I

thought it would be, but they were better than I thought they'd be. They played hard and it was also back-to-back. We played on Friday night against a really good team, so the guys were understandably a little bit tired. I loved how hard we played and the way we played against Worcester even though we lost because they were really really talented." Rayford says Andover was able to play without fear at Worcester in spite of its reputation as a talented team, to the point that he believed the team could clinch the win at the end of the game.

"I think also against Worcester, [we] had a lot of hype going into it, and we knew they were going to be good and how we didn't really play scared. We kind of just went in and played as hard as we could, and I thought we were going to win that game honestly. They ended up winning, but I thought that was impressive," said Rayford.

Over the two weekend games against Worcester and Deerfield, Andover boasted a 36.7 percent 3-point field goal percentage and a 55.6 percent effective field goal percentage (eFG%). Rayford believes this was a result of Andover's shot selection.

Rayford said, "We talked about not forcing threes. I think sometimes we get kind of trigger happy from the 3-point line and I think TI has just told us not to do that and kind of get good shots or great shots rather than just okay shots. So yeah, I think we have been focusing on not just shooting any shot or just a good shot."

Andover had a 71.4 percent eFG% against Deerfield compared to 47.0 percent against Worcester; Coach Ivory believes shot selection was an area in which Andover excelled against Deerfield but struggled against Worcester. He highlights the performance of Colby Duggan '23 from inside the three-point line, with an 88.2 percent 2-point field goal percentage against Deerfield.

Coach Ivory said, "I don't think we took as many good shots as we took against Deerfield. Deerfield, I think our shot selection was better, particularly Colby when you're 15 for 17 from two-pointers. Right. And then [Eric Tynes '22] in the first half, I don't know how many threes he had, but he had a number of threes in the first half [and] ended up with eight for the game. So, yeah, we definitely made shots against Deerfield."

Rayford played his first game in over a month against Milton. Colby Duggan '23 highlights Rayford's comeback as a key to Andover's win against Milton. Duggan said, "[Rayford]'s probably our best rebounder and then when the ball is in his hands, I just think he takes good care of it, and then he's like a leader on the court too."

Speaking ahead of Andover's win against Milton, Coach Ivory noted how the team missed the "gravity" of Jordan Rayford '22 through his on-court leadership and ability to drag opponents out of position.

"I think [Rayford]'s definitely about our best defender. He's also a person who can help others. He sort of has this… gravity. I think he has that and the ability to create for others because people are so concerned about what he's doing, whether it's him scoring or whether it's him creating shots for other people by getting into the lane and kicking the ball out. But I would say leadership as well. I would say [defensive] leadership and his ability to help the team get better shots, whether it's his shot or him creating shots for somebody else [was something we missed]," said Coach Ivory.

Duggan hopes to carry on the momentum Andover has gained from a two-game win streak for the rest of the season. "It felt really good. Before break and then a few games after break, we were on a little skid. Now two wins in a row… is huge for us to gain momentum and they were a really good team, played together, so that was a big win."

Andover will look to extend its win streak to three as it welcomes Loomis at home on Friday.

Daigo Moriwake
Jan 28, 2022

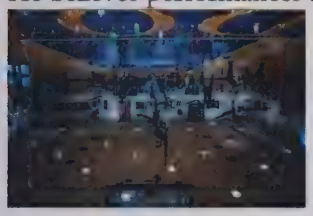
Boys Basketball Defeats Tilton, Bounces Back with "Chemistry" and Conviction

Andover's 63-57 victory against Tilton demonstrated a rejuvenation for Boys Basketball. The team's win brought back the excitement it had lacked in a performance against Loomis Chaffee that saw Andover lose 53-68. This pair of results brings Andover's record to 6-7.

According to Jordan Rayford '22, it was important for Andover to maintain its confidence after an off game against Loomis. With Andover's 38.7 percent effective field goal percentage (eFG%) and Loomis's 59.4 percent, the game was decided largely by the teams' discrepancies in shooting accuracy.

"We know it's a bad game because we beat Milton and Milton and beat [Loomis]. So, I think we know what we're capable of and this was an off game, we weren't making that many shots and they were making a lot of their shots, so I think we knew we could beat them, but I think we're not that defeated just because we know that was a really bad game on our part and it was a really good game on their part," said Rayford.

Head Coach Terrell Ivory '00 emphasized the importance of enjoying playing basketball even when losing. He believes performances and results will follow that enjoyment.



"When things didn't go well against Loomis, we didn't look like we were having fun, right? I want our kids — and I know it's tough when you're losing, it's more difficult, it's more challenging to have fun — but this idea of playing with joy matters so much to me and I think if you do that, then you deal with the challenges that come along with playing like in a tough league, playing sport, things like that," said Coach Ivory.

Coach Ivory's prediction was proven right in Andover's win against Tilton. According to Keenan Sparks '24, Andover's key to victory against Tilton was being able to move on from mistakes during the game.

Sparks said, "I think we didn't really have a lot of fun going into that game and I think just dealing with adversity, we didn't deal with it well. So, I think just like having the mentality of making the next play even when things aren't going our way, I think that's what we did a really good job of today, like whether we turn the ball over, I think we picked each other up and I think that was the biggest thing. Just having that next play mentality."

Sparks highlighted Rayford's rebounding, defense, shot selection, and gravity in Andover's game against Tilton. According to Sparks, Rayford's presence on the court allowed the team to open up various passing options.

"[Rayford] rebounded the ball very well. He played good defense, he took good shots, and he didn't really force anything and often like he made the extra pass, so when he would drive, he would suck in like two defenders and then it'd be wide open for Eric in the corner or Colby. So, I think he did a really good job of passing tonight," said Sparks.

Andover will welcome Thayer at home on Friday.

Daigo Moriwake
Feb 4, 2022

Boys Basketball Extends Win Streak to Three Before an Agonizing Loss to St. Paul's

With just one minute left in the game, Colby Duggan '23, receiving a pass from Diego Velez '24 in the corner, dribbled straight to the net, jumped from just outside the paint, and dunked the ball into the basket. Andover Boys Basketball ultimately defeated Choate 62-42 on Friday and extended its win streak to three with a 63-51 win against Williston. On Wednesday, the team battled down to the wire in a tight 53-56 loss to St. Paul's. The team's record now stands at 9-9.

Andover had a larger lead against Williston than in Choate. According to Jordan Rayford '22, multiple factors could have contributed to this, some unrelated to Williston's skill level.

"They were taller. Overall, I feel like they had more size. We didn't play the day before Choate, but we played the day before Williston, so I think that could've played a factor. But I think we both beat them kind of by the same amount. I think Williston just came back at the end when we were already beating them by a lot," said Rayford.

In the game against Choate, the stands were packed. With the highest energy out of any home game this season, the support and the cheering propelled the team to the dominant victory and allowed its players to feel more confident, according to Robbie Nyamwaya '24.

"The energy was absolutely crazy. The fan section, the bench, the players in the game—everything. The energy was absolutely top tier, and I think it was really effective, and it really helped the momentum when we needed it," said Nyamwaya.

Leading up to the weekend's games, the team prioritized running specific plays to not only counter its opponents' strategies, but also prevent miscommunication within the team. The team used film to develop plays and target certain players from the opposing team, according to Sam Rodgers '23.

"Normally we kind of do similar stuff each practice, and then we probably spend 15, 20 minutes just going over their plays and then how to defend their plays. And just knowing personnel and knowing who their best players are and how they play," said Rodgers.

In addition to Duggan's dunk, Nyamwaya credited Eric Tynes '22 in the Choate game. Tynes accounted for nearly a third of the team's points through three pointers.

"Eric Tynes shot very well from the three. I think he had seven or eight three pointers, so he played very well," said Nyamwaya.

Going into the St. Paul's game, the team felt optimistic and confident in great part due to the momentum of their short win streak. The team prepared for the Wednesday game like any other.

"I think we're expecting a good game. Especially I feel like we're on a pretty good streak right now, and we're playing well. I think we expect to win obviously. It'll still be a tough game, but we expect to win," said Rayford.

Despite the loss, the pregame confidence pushed the team all the way to the last minute. In addition, Tynes, again, hit four three-pointers in a row to start the game, giving the team an initial burst of energy, according to Rodgers.

Andover Boys Basketball will host Belmont and Thayer on Saturday and Tuesday, respectively, and play away at Deerfield on Wednesday.

Patricia Tran
Feb 18, 2022

Boys Basketball Loses Overtime Game Against Belmont Hill, Beats Thayer and Deerfield

The timer slowly ticked down as the score between Andover and Belmont Hill got closer and closer. The buzzer goes off just as a player on the opposing team chucks the ball at the backboard. The crowd was stunned to see the ball go into the basket, sending Boys Basketball into its first ever overtime game of the season. Despite putting up a valiant effort, the team eventually lost 78-81.

Fortunately, Andover beat Thayer and Deerfield 75-58 and 67-43 respectively, meaning that it's game against Phillips Academy Exeter will determine whether or not the team clinches a playoff spot. The team's record now stands at 11-10.

According to Jordan Rayford '22 and Davian McDonald '25, the team played well offensively against Belmont Hill. However, its lack of strength in the paint as well as it's defensive play led to their loss.

Rayford said, "I think offensively we played very well. I think our problem was rebounding on defense, and then just getting stops at times. But I think on offense, we were fine for the most part. I think the reason we probably lost in the end was by just rebounding and defense."

McDonald added, "We played really good on offense. I think that our main problem is they got 42 offensive rebounds. So even if you're playing good defense, you put the shot up and get the rebound and be able to put it back. That's how they got that game winner because they got an offensive rebound. That's not a problem, but I mean, we played pretty good. You could have played better of course, but it was pretty good."

According to Robert Nyamwaya '24, there are certain improvements the team could make both offensively and defensively.

"I think offensively we can work on spacing and moving the ball, because sometimes we'll be stuck, and we'll have nowhere to go. I think if we have more spacing around the court, on the offensive side, we'll give him a lot more open shots… [Defensively,] I think we can work on help defense and communication. Sometimes you get mixed up on who's guarding who and where they're guarding them, so I think if we can communicate a little better, then we'll be a stronger defensive team," Nyamwaya said.

In the past, the team has found itself losing momentum during the second half of the game, according to Diego Velez '24. By playing intensely throughout the full 48 minutes of the game, rather than slowing down after the first half, Velez believes the team can make major improvements.

"I think we can work on finishing games better. Usually, we do pretty well in the first half, but then in the second half, we kind of slow up. So, I think there's always like short little parts of the games, where teams kind of make a comeback against us. And sometimes we end up pulling away, but sometimes it doesn't go very well. And we end up losing the game. So that almost did happen [against Thayer]," Velez said.

According to Keenan Sparks '24 and Velez, the team did well offensively by making a lot of shots in the game against Deerfield. However, it can improve defensively, similar to the game against Belmont Hill.

Sparks said, "In the second half, we played much better than the first half. And I think that really helped us and I think our ball movement was really good. And just making the next pass and trying to get great shots instead of good shots. I think that's really what Coach [Terrell Ivory] emphasized."

Venez added, "I think one thing we can do better is definitely rebounding, especially against a team like Deerfield who's not [as strong as our team]. One thing they are good at is causing trouble for teams that are better than them. They do this by getting a bunch of rebounds and hustling more than other teams. And that's what really keeps them in games most of the time, and we kind of have been victims of that twice now. But we still pulled away with the win."

Sparks believes that the best way that the team can succeed is by mentally preparing for the next game. In their final game against Exeter, Sparks hopes the team will play with a positive mindset.

Sparks said, "I think our mindset going into the game is what's most important. I think if we're not ready to attack the defense in an aggressive manner or just not prepared for the game, that's what's going to hurt us… I think we just need to keep doing the things we've been doing in the past… and not revert back to how we played against whoever we lost or whenever we didn't play to the best of our ability."

Boys Basketball will next face a must win game against Exeter this Saturday to determine its fate in the playoffs.

Monisha Kathika
Feb 25, 2022

Boys Basketball Looks Forward To Exeter Game as Necessary Win

Andover Boys Basketball has had an incredible season with wins, losses, and a single overtime game against Belmont Hill. The team looks forward to the game against Phillips Exeter Academy on Saturday, as well as the two other games this week which will serve as the deciding factors of whether or not the team will make it to the playoffs.

According to Davian McDonald '25, the team is planning on taking each game step by step. This means focusing on Exeter after the other two games.

"Especially since we have to win the next three games to make the playoffs, we are focusing more on just taking it step by step and we just want to win every game… So right now, we're just focusing on Thayer and Deerfield but when it comes to [the game against Exeter,] we will get ready for it," McDonald said.

According to Jordan Rayford '22, the game against Exeter has been highly anticipated throughout the entirety of the season. While preparation for the game against Exeter has been no different than any other, it has been in the back of many players' minds for a very long time.

Rayford said, "I think just all of our games are kind of like practice and then practice is just extra practice for getting ready for A/E. I know Exeter is going to be a hard game, but I think we kind of just prepared for that game throughout the season. I don't think we've done anything specifically just for Exeter, but I think throughout the season, we kind of prepared ourselves for that game."

According to Rayford and Robbie Nyamwaya '24, the renowned rivalry between Andover and Exeter will hopefully aid in the win due to the crowd's enthusiasm.

Rayford said, "I think it would definitely help us just because I think whenever people come to watch, we do pretty well. I think the crowd will definitely help us out."

Nyamwaya added, "I think it'll definitely help us because I know our fan base is super strong. When we hit a three or get a dove, the adrenaline that our players get from the fan crowd is amazing, so I think it'll help us in the long run."

While the game against Exeter brings more pressure than most others, McDonald believes that it is important that the team plays it no differently than in any other game if they hope to succeed.
"Even though obviously the stakes are higher… we also don't want to play differently because you want to play the same you've been playing all year. We know it's coming up soon and we want to play our best." McDonald said.
Nyamwaya emphasized the importance of understanding the opposition. Nyamwaya believes that this will allow Andover to take advantage in the game.
Nyamwaya said, "Exeter's a good team. So, we'll need to know their strengths and weaknesses, so we can capitalize off of what we know and execute that… I think we'll review some of Exeter's specific plays, and specific players and how to counter them effectively."

Monisha Kathika
Feb 25, 2022

Girls Varsity Basketball
2021-22

Head Coach: Elizabeth Monroe
Assistant Coaches: Chris Jones & Gabriel Sanchez

Captain: Kiley Buckley
Managers: Kianna Jean-Francois, Aleena Kibria, & Pema C. Sherpa

Overall Season Record

Win	Loss	Tie
10	12	0

Letter Winners: Leila N. Boesch-Powers, Emerson H. Buckley, Kiley K. Buckley, Sophie N. Dandawa, Ava B. Davey, Valerie Y. Ha, Brooke O. Hannan, Kennedy Herndon, Dylan E. Kayser, Elise Minor, Hope E. Nardone, Sadie M. Pease, Kianna Jean-Francois, Aleena Kibria, & Pema C. Sherpa

Robert L. Wurster Basketball Award: Not Awarded

Girls Varsity Basketball
2021-22 Schedule and Results

12/04/2021	Sat	Basketball GV	Pomfret	A	4:30 PM	45-38	W	
12/08/2021	Wed	Basketball GV	Worcester	A	3:15 PM	38-83		L
12/11/2021	Sat	Basketball GV	Loomis	H	4:00 PM	43-66		L
12/15/2021	Wed	Basketball GV	St. George's	H	4:00 PM	48-59		L
12/17/2021	Fri	Basketball GV	Groton Tourney playing Sacred Heart	A	4:00 PM	54-67		L
12/17/2021	Fri	Basketball GV	Groton Tourney playing LA	A	1:00 PM	72-70	W	
12/18/2021	Sat	Basketball GV	Groton Tourney	A	11:00 AM	70-38	W	
01/12/2022	Wed	Basketball GV	Brewster Academy	A	3:45 PM	51-63		L
01/14/2022	Fri	Basketball GV	Governor's Academy	H	4:45 PM	64-59	W	
01/15/2022	Sat	Basketball GV	Milton	A	2:00 PM	60-52	W	
01/19/2022	Wed	Basketball GV	Thayer	H	5:15 PM	32-53		L
01/22/2022	Sat	Basketball GV	Deerfield	H	2:30 PM	77-63	W	
01/26/2022	Wed	Basketball GV	St. Paul's	H	3:00 PM	54-51	W	
01/29/2022	Sat	Basketball GV	K.U.A.	H	3:15 PM	Canceled		
02/02/2022	Wed	Basketball GV	Brooks	A	3:00 PM	36-66		L
02/05/2022	Sat	Basketball GV	Middlesex	H	3:30 PM	64-52	W	
02/09/2022	Wed	Basketball GV	Proctor	A	4:30 PM	54-69		L
02/11/2022	Fri	Basketball GV	Dexter Southfield School	A	5:00 PM	38-67		L
02/12/2022	Sat	Basketball GV	Pingree	H	3:00 PM	53-34	W	
02/16/2022	Wed	Basketball GV	B. B. & N.	H	4:30 PM	59-52	W	
02/19/2022	Sat	Basketball GV	NE8	A	1:30 PM			
02/20/2022	Sun	Basketball GV	NE8	A	2:00 PM			
02/23/2022	Wed	Basketball GV	Holderness	A	3:45 PM	49-56		L
02/26/2022	Sat	Basketball GV	Exeter	H	5:30 PM	49-56		L
03/02/2022	Wed	Basketball GV	TOURNAMENT (Loomis)	A	4:30 PM			L

Phillips Academy Girls Varsity Basketball 2021-22

Number	Position	Name	Hometown	Year
4	G/F	Leila N. Boesch-Powers	Cambridge, MA	2024
25	G	Emerson H. Buckley	Methuen, MA	2025
22	G/F	Kiley K. Buckley	Methuen, MA	2023
15	G	Sophie N. Dandawa	Derry, NH	2025
11	G	Ava B. Davey	Andover, MA	2025
1	G	Valerie Y. Ha	Hong Kong,	2024
5	G	Brooke O. Hannan	North Reading, MA	2023
0	G	Kennedy Herndon	Minneapolis, MN	2023
20	G/F	Dylan E. Kayser	Corte Madera, CA	2023
24	G	Elise Minor	North Andover, MA	2024
10	G/F	Hope E. Nardone	Lynnfield, MA	2023
23	F	Sadie M. Pease	North Andover, MA	2024
MGR		Kianna Jean-Francois	Brooklyn, NY	2023
MGR		Aleena Kibria	Paterson, NJ	2023
MGR		Pema C. Sherpa	Queens, NY	2023

Girls Varsity Basketball
In the News

Girls Basketball Suffers First Loss of the Year against Brewster Academy
Despite Kennedy Herndon '23 and Kiley Buckey '23 adding a combined 48 points to the scoreboard in Wednesday's game against Brewster Academy, Girls Basketball lost 63-51. Its record now stands at 3-5. According to Leila Boech-Powers '24, the team played well both offensively and defensively in the game, especially since there were only three substitutes, and it was its first game after returning from break.

"I think that both the offense and defense in the game were quite good, considering that we have been on break for 2 weeks with minimal practice times. Both definitely improved in the second half, but I would say since Brewster Academy was a strong transition points team, the team did a great job keeping up with them and moving our feet," Boech-Powers wrote in an email to *The Phillipian.*

While Elise Minor '24 could not participate in the game, she believed that Andover had the ability to win the game, yet fell short because of multiple positive Covid-19 tests among players.Minor said, "Offensively, we were definitely slow. Defensively, we started out stronger than we thought. That gave us a pretty strong start. We weren't as behind as we thought we were going to be knowing that we lacked a lot of players due to Covid. I know that three of our starters were out, I was out, we had a girl injured, so we didn't have a lot of girls coming off the bench. It was a lot of subbing in and out. Basically, we all came up from a pretty long break, we did slower than we were hoping to. Our heads weren't really in it, so we really don't want that to happen next game. I'm pretty sure we can take on a team like this with our individual skill level. We definitely just got to keep working."

According to Ava Davey '25, Andover's defense played cohesively in the second half of the game, but consistency on defense will be a major focus going forward.Davey said, "I think our team worked hard this game. Our defense was really good. We held up pretty well, we had 8 players. So, I think that we tried really hard, and we worked as a team. We also haven't played as a team in three weeks… I think our transitional defense got better as the game went on and our passing was really good. By the end of the game, our communication on defense was really good… [Though] our communication on defense was good at the end of the game, just keeping that energy throughout the game is what we should work on."

Boech-Powers added that while injuries and limited players held the team back, they also allowed other players to step up and play for longer intervals. Boech-Powers added, "In this game, although I think overall, we did well on offense, I think we need to improve on our fast shooting. I think the team did really well this game at hustling up and down the court. Due to injuries and other health reasons, we only had eight players, meaning only three subs. So even though most of the players stayed in for long intervals at a time, they kept going and played hard."

According to Minor, the team should focus more on its offensive play in the next coming practices.

Minor said, "In these next practices, we definitely need to go over [the] offense and need to work on staying focused and in shape. For the next few practices, we want to work on our offense more. Individually, we could go to the gym. Especially since I can't play till Saturday and Covid is still going around. We just need everyone to be an offensive threat."

Andover Girls Basketball will face Governor's Academy on Friday at home.

Monisha Kathika
Jan 14, 2022

Head Coach Elizabeth Monroe Leads Girls Basketball with Extensive Experience and Decorated Career

Originally a soccer player, Girls Basketball Head Coach Elizabeth Monroe first picked up basketball in seventh grade as she didn't have a winter sport to play. Monroe continued playing throughout high school, where she was a four-season varsity player, three-season starter, two-season captain, and one season MVP, averaging 18 points per game. After high school, Monroe went on to play two seasons for Haverford College. In her coaching career, Monroe served as Head Coach for the Girls Varsity team at Thomas Jefferson School in St. Louis for seven years, leading the team to three Metro Athletic Conference championship titles prior to joining Andover in 2014, according to Andover Athletics.

Monroe's extensive experience within the sport allows her to identify key areas of improvement for the team. According to Co-Captain Kiley Buckley '23, Monroe is both a seasoned professional and understanding coach.

"I think Coach Monroe is a coach that definitely knows the game of basketball and knows what we need to work on and has us work on things that can prepare us for the next game and like future games and practice. So, I think she's always well prepared and knows how to deal with our opponents and what matchups need to happen. And then also, I just think as a person, coaching Monroe is just really nice and understands if you have conflicts or problems and you can just talk to her about it," said Buckley.

Monroe believes success is determined by taking control of the controllables and supporting each other as a team. According to Monroe, doing so will allow the team to persevere in face of adversity.

"I think one of the most important lessons is to focus on the things you can control, the things that you can do, and take charge of those. If you can do that, it will put you in position to find success, even among the things you can't control. I think the other thing is being able to work with others and be a part of a team and to lift up other people around you," said Monroe.

An Instructor in History and Economics, Monroe applies the teaching aspect of her life to basketball. According to Monroe, she prefers to provide guidance to players rather than command specific directions.

"I think I'm a teacher first, and I try to help my players learn the game of basketball better and have a better sense of what to do so that when they are on the court, they can make the right decisions. I don't want to micromanage them, but I want to help them have the skills and tools to play the game themselves."

Monroe has served as a mentor for the team both on and off the court. According to Buckley, Monroe has taught her to maintain composure in tense situations and facilitate constant communication.

Buckley said, "I think personal lessons… just keeping your composure in the end of the game, like tight situations, and just always communicating. It doesn't matter if you're on the court or off the court, just letting each other know and not even basketball related, just being honest and communicating with your peers… I think I've learned a lot of different things from her in basketball. I definitely have improved on communicating on the court."

Co-Captain Kennedy Herndon '23 shared a similar sentiment to Buckley, noting the leadership opportunities Monroe has given to her.

"I have learned to be a better leader, due to coach Monroe putting me in positions where a leader is needed," wrote Herndon in an email to *The Phillipian*.

Monroe currently leads Andover with a 5-6 record. Moving forward, she looks to develop the team's skills while maintaining an enjoyable environment on and off the court.

"Ultimately, I think our goal is to rise up as far as we can in terms of our talent level, and most importantly to have fun and the team to play well together," said Monroe.

Tyler Parker
Jan 21, 2022

Kiley Buckley '23 Leads Senior-Less Girls Basketball with Constant Encouragement and Support

Andover Girls Basketball Co-Captain Kiley Buckley '23 began playing basketball in kindergarten and has continued the sport due to her love for its community. An integral part of a team that lacks Senior leadership, Buckley has helped make up for the lack of more experienced players through her infectious positivity and unparalleled dedication to the team.

"I think especially at Andover, my favorite aspect is my teammates. The girls I played with in my [Junior] year, just maintaining that bond, but also playing with some of the Lowers and [Juniors] that just joined the team is really nice," Buckley said.

According to Buckley and teammate Leila Boech-Powers '24, what makes Buckey's leadership stand out is her constant encouragement to teammates.

"At practices especially, [I think that] being the one that's clapping and cheering everyone on is pretty important… On the court, in practice, or in games, just always hustling and talking and communicating on defense and offense is what I try to do. Off the court, I try to do just little things like if you see your teammates outside, just talk to them and say hi, just being encouraging and friendly," Buckley said.

Boech-Powers added, "Kiley is super encouraging whether it be during practice or during a game. If people are upset about a play they did poorly or just missed a basket, she's always like 'Come on guys, it's okay, let's just get back to it.' She's a very encouraging and optimistic leader… Off the court, [Kiley's] always cheering on people and encouraging people to just keep going and do better. On the court, it's the same thing. During practice, she's always the first person to be like 'good job.' If you see her walking from class to class, she always says hi and she's really nice."

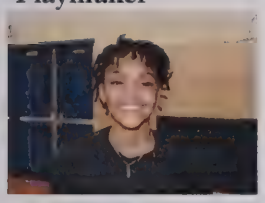
According to Buckley and Co-Captain Hope Nardone '23, the balance between their different leadership styles and that of Co-Captain Kennedy Herndon '23 strengthens the team.

Buckley said, "I feel like with Hope and Kennedy, it's a really good co-captainship. The three of us are really good friends. Being loud at practice and encouraging everyone at practice and at games, giving people advice is what I try to do. [I], Hope, and Kennedy have different aspects [that we bring to the team] which makes it a good co-captainship."

Nardone added, "I love Kylie and Kennedy; I think they're great. They contribute so, so much to the team in different ways which [are] super important. I think we all have a really healthy relationship with each other. As some of the only returners, I think we have a pretty important role in leading the rest of the team and setting an example of what a good team should be."

Monisha Kathika
Jan 21, 2022

Co-Captain Kennedy Herndon '23 Brings Strong Leadership and Creativity to Girls Basketball as a 'Playmaker'



Beginning her Andover career as a Junior on the varsity team, Andover Girls Basketball Co-Captain Kennedy Herndon '23 has gained recognition for her immense talent and inspiring leadership. Throughout her moments with the team, Herndon chose playing at her very first A/E in the Winter Term of 2020 as her favorite Andover basketball memory.

Herndon began playing basketball due to the popularity of the sport in her childhood. According to Herndon, her quick adoption of the sport pushed her to continue improving.

"In elementary school, most of my friends were boys who played basketball. Therefore, I often found myself playing basketball with them during recess. Since I caught onto the game very quickly and easily, I wanted to pursue my skills in basketball," wrote Herndon in an email to *The Phillipian.*

Herndon's love for basketball was not a one-and-done experience for Herndon. Her enthusiasm for the sport is fueled every time she experiences the game, both on and off the court.

"I have continued to play basketball because I have truly fallen in love with the game. Additionally, my love for the game continues to grow every time I watch or play," wrote Herndon.

According to teammate Leila Boesch-Powers '24, Herndon focuses on not just her own playing but improving the dynamics of the entire team. She utilizes her talents to strengthen plays that include all of her teammates, and she continuously radiates a positive mindset.

Boesch-Powers said, "She's always super encouraging to everyone on the team, even if they didn't make the best play or make their shot. On the court, she's a playmaker and because of her wide skill set, she is able to help other teammates make great plays."

With a majority of the team consisting of underclassmen, Herndon, along with her co-captains, has taken on the role of developing a team culture from a blank slate. According to Herndon, she greatly values honesty on the team.

"Integrity amongst the team is the type of team culture I want to develop with the help of the other co-captains," wrote Herndon.

According to Co-Captain Kiley Buckley '23, Herndon maintains this integrity through transparent communication. She ensures that the team understands both its strengths and weaknesses in order to improve in the following plays and games.

"I think Kennedy is someone that you always want to play with and be on your team. Between plays, she'll bring us all in and tell us all something that we should do better or something that we're doing well, and just helps us on the court specially to make sure that we're all on the same page. She helps us run a play that we want, especially on offense," said Buckley.

Herndon serves as an inspiration for younger players with her adroit play, according to Boesch-Powers. A clear connection can be made between her level of dedication and her level of skill.

"Kennedy has so many crazy ball-handling moves that I hope to one day learn. I feel like even just watching her and practicing with her helps me become a better player," said Boesch-Powers.

Patricia Tran
Jan 21, 2022

Girls Basketball Clinches Close Wins Against Governor's and Milton, Falls Short to Thayer

With the support of SLAM making up for no spectators, Andover Girls Basketball defeated Governor's 64-59 at home. This was the first in a series of three games for Andover; the team got the edge in a tight 60-53 win against Milton but lost against Thayer on Wednesday afternoon. Adding two wins and one loss, Andover's record now stands at 5-6.

Despite Andover Athletics regulations barring spectators from attending games, SLAM was still able to perform during intermissions. According to Leila Boesch-Powers '24, the support of SLAM helped the team endure through its three games

Boesch-Powers said, "I think SLAM really helped with that because they really brought the energy even though we didn't have any spectators. And then along with the bench, I think the players really pulled through and just kept going with that energy. They were probably really tired from a tough game."

According to Head Coach Elizabeth Monroe, Andover's performance against Governor's was one of the best performances the team has had this season. During the game, Andover was able to successfully suppress the opposing offensive threat.

Coach Monroe said, "Friday, we played great. As a team, I think it was one of the best games we have had all season. We limited their biggest offensive threat and we really fought hard with them."

On the other hand, despite Andover's victory against Milton, the team struggled defensively and had a poor start to the game. In the end, Andover was able to come back in the second half with an improvement in its offensive rebounds.

"As far as Milton goes, we kind of came out really flat in the first half. We weren't playing really good defense, we weren't rebounding, and I think we were down 8 at the half. But we really came back strong, we did a great job rebounding in the 2nd half, we kept attacking the basket, and we ended up pulling out the win. It was a disappointing start against Milton, but it was good to see how we were able to rise above that start to get the win," said Coach Monroe.

According to Boesch-Powers, Coach Monroe's half-time talk focused primarily on the sloppy defense. This focus on defense eventually turned the game around with successful stops.

"I think the main emphasis during halftime was on our defense because we play with the help defense, which wasn't really working in the first half. Even though we had a good point on offense, that doesn't mean that we get to be sloppy on defense. We had to kind of run back and just keep going. And those points, if you get a stop and then a score and then stop and a basket, then eventually we'll be able to come back and now we were like still in this game," said Boesch-Powers.

After a practice session, Andover was able to improve on its defense and communication against Thayer. According to Kiley Buckley '23, the team was able to effectively implement its work from practice, but there is still room to improve moving forward.

"I think today our defense was better than when we played… Milton. Yesterday at practice, we worked a lot on defense and communication, so I think that helped a lot but still definitely room for improvement as we go into Saturday's game," said Buckley.
Buckley highlights versatility and chemistry as common strengths among the Thayer players. According to Buckley, Thayer's starting five proved to be a difficult challenge for Andover to reckon with.
"I think whoever's on the court really can contribute to their points or to their defense. They also have a couple [of] good guards that are pretty good shooters and they can pass the ball pretty well and then they also have like one girl that's like they're big… and pretty strong. So, I think like the five starters, like the five that were playing a lot were pretty versatile and worked pretty well with each other," said Buckley.
Andover will look to even its record as it welcomes Deerfield at home on Saturday.

Daigo Moriwake
Jan 21, 2022

Girls Basketball Falls to Brooks 37-68

Though displaying improvement later in the game, Andover Girls Basketball ultimately lost 37-68 to Brooks on Wednesday. The team's record now stands at 7-7.
According to Hope Nardone '23 and Elise Minor '24, the team headed into the game understanding the strength of Brooks. The team approached the game as an opportunity for improvement, while still putting forth its best effort.
Nardone said, "Going in knowing how strong of a team Brooks is, it was kind of more of an opportunity for growth and improvement, rather than a win for us. It was a team that we were going to lose to [since] they're undefeated."
Minor added, "We did go in knowing that they were a way more talented team than us, and we did know that they were going to win this game, but that didn't stop us from trying our best. We kind of used this as an opportunity to get better and practice our plays."
According to Buckley, the game against Brooks was one of Andover's toughest games of the season. However, Buckley emphasized the progress made by the team throughout the game.
"The game against Brooks today was arguably our toughest game yet. They were bigger than us and had some girls with a lot of experience in competitive basketball. Our offense in this game got better as we went along, they played a lot of high-pressure defenses which made it hard for us to score but, we were able to get to the rim many times. Our defense in the game was okay. Similar to offense, it got better as we went on," Buckley wrote in an email to *The Phillipian*.
Brooke Hannan '23 noted the struggle which Andover's defense faced at the beginning of the game. Though, she noted that the defense improved as the game progressed.
"I think our defense was pretty good. Of course, there were many times where we let things go that we shouldn't have. I think it was a bit harder in the beginning with the starting lineup, but it got better as the starting lineup got subbed out more," said Hannan.
According to Nardone, the second half of the game was played better than the first. Nardone attributed this improvement to clear communication on defense.
"I think the team, overall, kept a pretty good composure in the sense of we didn't get too down on ourselves, I think. In the second half, we did a better job of talking on defense and communicating, although we still could have done better. I think our energy prior to the game was good," Nardone said.
In upcoming games, the team is looking to improve its offensive play, according to Minor. She added that players on the team should take time to hone on their individual skills.
Minor said, "As a team, we really need to go through offensive plays. All of us need to work on things individually, as all basketball players do. We do need to go for our plays more because I feel like in practice, we focus on a lot of things that we should do in the offseason, rather than in the actual season."
Andover Girls Basketball will face Choate at home on Friday.

Monisha Kathika
Feb 4, 2022

Girls Basketball Wins Against Middlesex, Falls to Proctor

Putting up a three pointer, Kennedy Herndon '23 secured a 69-54 victory for Andover Girls Basketball against Middlesex on Saturday. The team followed that game with a loss to Proctor Academy (Proctor) on Wednesday. Andover's record now stands at 8-8.

According to Co-Captain Hope Nardone '23, the team's strength against Middlesex was communication. The team was able to capitalize with transition points and showcased stout defense.

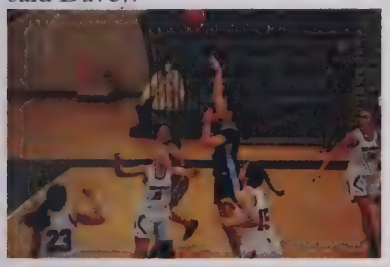
"We came out pretty strong in the first half. This was our best transition game, we had a lot of transition points, which was kind of unusual for us, but it's definitely a step in the right direction. We had rounds where we played really good defense. I think communication was key for a part of that. And there are definitely some things to work on. There are other part moments we didn't box out; we didn't rebound too well. But I think we did a good job of pushing the ball [and] running the court," said Nardone.

Nardone pointed out places that the team needs to work on to prepare for future games. She hopes the team can make progress on rebounding and fouling less in practices.

"I would say they got a lot of second chance points, meaning there [was] a shot and we didn't box out, and then they'd get a second chance, and they'd make that, and they had a lot of foul shots. We actually got into a little bit of foul trouble, which is a little bit unusual for us. I think that's just because we had moments where we didn't communicate on defense, so we'd get stuck, and then we'd end up fouling. We can always work on help defense, that would have helped us foul less, so I'd say rebounding and fouling less was something to work on. Also, we could have crashed the boards more on offense as well, because we were shooting a lot of threes," said Nardone.

Andover's match-up against Proctor was an exciting, yet difficult match-up, according to Ava Davey '25. She added that the defensive rebounding was a strong aspect of the game, but it took the team a while to get into rhythm and work the court more to their advantage.

"We really did well with our rebounding on defense. It took us a while to get our shots going. But after a while, they started to fall like after the second [half] we were down by a good amount and then we kind of kept our heads in the game, and we brought it back to a 15 point [difference], which I think was pretty good," said Davey.



Emerson Buckley '25 stated that Co-Captain Herndon and Valerie Ha '24 played great games against Middlesex. However, collectively, there was a notable play in the third quarter with three back-to-back threes that brought energy back to the game.

Buckley said, "Kennedy was great, but I think we went on a little run in the third quarter that was really good. So that run was nice. We scored about nine points off like three threes. I think there was one by Kennedy, one by Hope, one by Valerie. So that was really great. And it definitely got us on, around and got us excited."

Leading a younger team, Co-Captain Kiley Buckley '23 stressed the importance of gaining confidence as individuals on the court. She emphasized the importance of confidence for Andover.

"I think making those adjustments [is] really helpful, not just in that game, but being able to make those second half adjustments help us in future games and I think just help a lot of younger girls gain confidence. I think that's something that we've really been working towards just because we are [a] younger team and even me, Hope, Kennedy, and Brooke, we only have one year of experience, so I think confidence is a big key," said Buckley.

Knowing that the upcoming games would be challenging ones, Herndon hoped that the team will be able to focus on their strengths collectively and run the court efficiently. However, she added that the team must place importance on having fun.

Herndon said, "They are going to be tough teams [on] Wednesday and Saturday. Right now, I'm just really hoping that we are able to focus on what we're good at, during those games to help us stay close, in terms of score wise, or be able to have control of the game more during those games, because they're really really tough teams, and most importantly have fun because sometimes I know, nerves get to a lot of players, and then sometimes people don't end up having fun, but I really hope that we can come out and enjoy ourselves."

Andover Girls Basketball will look to defeat Dexter Southfield away on Friday.

Nabilah Nazar
Feb 11, 2022

Boys Varsity Hockey
2021-22

Head Coach: Paul Tortorella '80
Assistant Coaches: Patrick Pothel & Tedd Parker

Captains: Conner Fitzpatrick & Patrick Last
Managers: Sadie Burke, John Mo, & Ava Sullivan

Overall Season Record

Win	Loss	Ties
15	13	0

Letter Winners: Chase Anderson, Michael Bagnoli, John Bainbridge, Rory Booth, Lucas Brown, Christopher Cali, Robert Corkery, Conner Fitzpatrick, Patrick Last, Jake LeDoux, Alexander LoGuercio, Samuel Myles, Sawyer Paul, Daniel Rekoske, Nolan Roche, Nicholas Royster, Shane Shelest, Andrew Smith, Shane Spinale, Jonathan Surrette, William Winemaster, & Joseph Zheng

Sumner Smith Award: Patrick O. Last

Boys Varsity Hockey
2021-22 Schedule and Results

02/19/2022	Sat	Hockey BJV	St. Paul's	H	2:50 PM	5-3	W	
02/23/2022	Wed	Hockey BJV	Exeter	H	4:45 PM	2-1	W	
12/04/2021	Sat	Hockey BV	Tabor Jamboree Pomfret	A	8:30 PM	3-5		L
12/05/2021	Sun	Hockey BV	Tabor Jamboree (Tabor)	A	2:00 PM	4-1	W	
12/08/2021	Wed	Hockey BV	Thayer	A	5:15 PM	5-4	W	
12/10/2021	Fri	Hockey BV	Brewster Academy	H	5:15 PM	7-1	W	
12/11/2021	Sat	Hockey BV	New Hampton	H	6:20 PM	6-4	W	
12/14/2021	Tue	Hockey BV	Groton	A	4:30 PM	4-1	W	
12/17/2021	Fri	Hockey BV	FLOOD MARR w Salisbury wear blue	A	3:00 PM	1-4		L
12/18/2021	Sat	Hockey BV	FLOOD MARR vs Noble wear white	A	9:00 AM	1-5		L
12/18/2021	Sat	Hockey BV	FLOOD MARR vs Westy wear blue	A	7:00 PM	4-3	W	
12/19/2021	Sun	Hockey BV	FLOOD MARR-- tbd	A	9:00 AM	0-3		L
01/05/2022	Wed	Hockey BV	St. Paul's	H	3:00 PM	4-2	W	
01/08/2022	Sat	Hockey BV	Choate	H	3:15 PM	3-1	W	
01/12/2022	Wed	Hockey BV	Tilton	A	4:15 PM	9-7	W	
01/15/2022	Sat	Hockey BV	Exeter	A	4:30 PM	2-3		L
01/19/2022	Wed	Hockey BV	St. Sebastian's	H	3:45 PM	4-8		L
01/22/2022	Sat	Hockey BV	Noble & Greenough	H	5:30 PM	4-2	W	
01/26/2022	Wed	Hockey BV	Winchendon	H	4:15 PM	5-2	W	
01/29/2022	Sat	Hockey BV	Loomis	A	6:00 PM	3-5		L
02/02/2022	Wed	Hockey BV	Deerfield	H	4:00 PM	5-2	W	
02/05/2022	Sat	Hockey BV	Dexter Southfield School	H	3:15 PM	4-3	W	
02/09/2022	Wed	Hockey BV	K.U.A.	A	4:30 PM	3-7		
02/11/2022	Fri	Hockey BV	Governor's Academy	A	5:30 PM	1-4		L
02/16/2022	Wed	Hockey BV	Cushing	H	3:15 PM	3-6		L
02/18/2022	Fri	Hockey BV	Brooks	A	4:45 PM	3-0	W	L
02/19/2022	Sat	Hockey BV	B. B. & N.	H	4:20 PM	12-3	W	
02/23/2022	Wed	Hockey BV	N.M.H.	H	3:30 PM	2-8		
02/26/2022	Sat	Hockey BV	Exeter	H	4:10 PM	2-3		L
03/02/2022	Wed	Hockey BV	TOURNAMENT	A	3:45 PM			L

Phillips Academy Boys Varsity Hockey 2021-22

Number	Name	Position	Year	Hometown
41	Chase R. Anderson	G	2025	Marblehead, MA
3	Michael C. Bagnoli	LD	2022	St. Paul, MN
19	John D. Bainbridge	LD	2024	McLean, VA
9	Rory Booth	LD	2023	Spring City, PA
35	Lucas J. Brown	G	2022	Rye, NY
13	Christopher M. Cali	RW	2024	Wake Forest, NC
2	Robert E. Corkery	RD	2023	Saunderstown, RI
44	Conner K. Fitzpatrick	C	2022	Rochester, NY
8	Patrick O. Last	RW	2022	Derry, NH
23	Jake R. LeDoux	LW	2024	Chandler, AZ
10	Alexander G. LoGuercio	LW	2024	Monroe, CT
29	Samuel P. Myles	C	2024	Westborough, MA
12	Sawyer N. Paul	RD	2022	Westport, CT
22	Daniel P. Rekoske	RD	2023	Glenview, IL
14	Nolan T. Roche	LW	2023	Duxbury, MA
7	Nicholas S. Royster	C	2022	Charlotte, NC
33	Shane C. Shelest	G	2022	Pointe-Claire, QC
18	Andrew H. Smith	F/D	2024	Cotuit, MA
11	Shane R. Spinale	RD	2022	Canton, MA
16	Jonathan D. Surrette	LW	2022	Woburn, MA
15	William D. Winemaster	RW	2023	Boston, MA
26	Joseph Z. Zheng	RW	2023	Glenview, IL
	Sadie R. Burke	MGR	2023	Denver, CO
	John Mo	MGR	2024	North Andover, MA
	Ava L. Sullivan	MGR	2023	Reading, MA

Coaches: Paul Tortorella, Patrick Pothel, Tedd Parker

Boys Varsity Hockey
2021-22 Game Highlights

Hockey BV at Tabor Jamboree vs. Pomfret L 3-5

ROYSTER BRINGS TEAM BACK TO EXCITING FINISH.
The boys came back from a 4-0 deficit to score three late in an exciting game at the Tabor Jamboree.

Hockey BV at Tabor Jamboree vs. Tabor W 4-1

REKOSKE, LAST LEAD TEAM TO VICTORY WITH GOAL AND ASSIST EACH.
Shelest excellent in goal.

Hockey BV at Thayer W 5-4

SURRETTE! SURRETTE!
Jonathan Surrette scored twice and assisted on two others in exciting overtime win at Thayer.

Hockey BV vs Brewster Academy W 7-1

FITZPATRICK AND BOOTH LEAD TEAM IN AN EXCITING WIN.
Andover dominated the second and third period, finishing with 7 goals.

Hockey BV vs New Hampton W 6-4

BIG BLUE WINS 4TH STRAIGHT
Andover went back and forth with New Hampton before earning a 6-4 win in front of an energetic home crowd.

Hockey BV at Tilton W 9-7

Boys went wild and kept pace to beat Tilton in a 16 score game.

Hockey BV vs St. Paul's School W 4-2

BALANCED ATTACK WEARS DOWN OPPONENT.
Bainbridge scores winner.

Hockey BV at Exeter 2-3

LATE GOAL LIFTS EXETER IN CLOSE GAME
It was a back and forth game in which Andover played some of its best hockey of the year.

Hockey BV vs St. Sebastian's L 4-8

ST. SEBS POWERS PAST ANDOVER
Close game up to third period.

Hockey BV vs Noble & Greenough W 4-2

BIG WIN AGAINST NOBLES
In one of their best played games thus far, the boys avenged their previous loss to Nobles in the Flood Marr.

Hockey BV vs Winchendon W 5-2

Down 2-0 early, Joey Zheng got things rolling for the Big Blue.

Hockey BV vs Deerfield W 5-2

ROYSTER LEADS TEAM TO WIN
Fitzpatrick's line, with Royster and Surrette, dominated the scoring with great support from the rest of the boys.

Hockey BV vs Exeter L 2-3

GREAT GAME. REMATCH WED.
Andover travels to Exeter on wed for quarter final playoff game in Large School Tournament.

Boys Varsity Hockey
In the News

Boys Hockey Head Coach Paul Tortorella '80 Emphasizes 'Trust, Honesty, and Excellence'

In his ninth-year coaching at Andover, Boys Hockey Head Coach Paul Tortorella '80 has found a word to encapsulate his ideal team culture: "Together."

Tortorella hopes to continue to create a tight-knit team that can handle the pressures of competition through its strong relationships.

"After they're at Andover, they look back, and they remember these other people that went through something good, bad, and different with them. I guess what I'm saying is the idea of being on a team and having teammates and carrying that through is, in my experience, the best thing about it. I'd also love to have some trophies and championships to go with that, but I just hope that they appreciate each other," said Tortorella.

Without trust and honesty between his players, there would be no sense of teamwork on the ice. However, Tortorella also works to ensure that he, as a coach, can be trusted by his team, and he does so through constant communication on an individual level, according to Co-Captain Conner Fitzpatrick '22.

"I would say he's very personal with the players, talking a lot, working out issues, and he's really great at connecting with the players. Whether that's through text, call or meetings, I think that's the one great thing about him. He's very approachable and constantly reaching out, making sure we're at the best," said Fitzpatrick.

Co-Captain Patrick Last '22 shared a similar sentiment to Fitzpatrick, noting the differences from the coaching style he'd experienced at his old school. According to Last, Tortorella's close involvement with the players is beneficial for the team's success.

Last said, "I went to a normal public high school before Andover, and the coach over there wasn't as involved. Coach here is super involved and he's always trying to help kids out. He's always giving tips on ice. That stuff is really helpful."

Tortorella finds that the team excels most when he is flexible with his coaching style. Depending on the situation being played out on the ice, he gives feedback and guidance when needed to boost the overall confidence of the team.

"We want to be positive. We want the kids to play. We want them to have fun. We need to make corrections. We make corrections. You got to sort of wake them up. Sometimes it's hard, but whatever the situation calls for in practice or a game, we try to do what we feel is best for the kids' learning in a way that increases their confidence," said Tortorella.

According to Last, this boost in confidence allows the team to follow Tortorella's main strategy: Facing opponents head-on without backing down in fear.

"His coaching has been impactful to me personally and I assume others feel the same way. He's a pretty fun guy. And aggressive because that's sort of the play style, he wants us to have in the games and what we try to be. Always putting the pressure on and not having the pressure against us," said Last.

Tortorella emphasizes intentionality in all parts of training, as he hopes to prepare his players for competition by emulating the intensity of a game during practice.

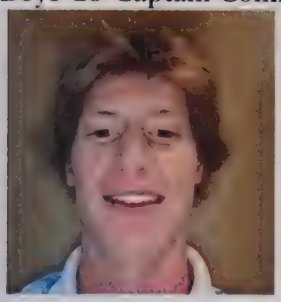
"Coaching practice, you're trying to prepare for the game. So, I mean, obviously we try to let the drills do the teaching and let the game do the teaching. But I would say there's no difference. It's all one big event. We try to get the kids to practice under game conditions," said Tortorella.

Since the team hasn't faced competition since December, Tortorella doesn't plan to introduce new tactics, drills, or mindsets when practices and games resume. Rather, he wants to focus on practicing and refining what the team already knows.

Tortorella said, "We have to get better. We did some good things. We failed to do some other things. I guess it was just too soon. The whole idea for me is repetition, just repeating. I think we've done a good job of laying out the big picture at the start of the season about how we want to play and what kind of team we want to be."

Patricia Tran
Jan 14, 2022

Boys Co-Captain Conner Fitzpatrick Leads through Hockey IQ in First Season at Andover



After last winter's hockey season was written off by Covid-19, Andover Boys Hockey Co-Captain Conner Fitzpatrick '22 is playing his first season at Andover as a captain, sharing the role with Co-Captain Patrick Last '22, who's returning for his second season on Andover Hockey.

As a newcomer to the team, Fitzpatrick believes he brings fresh ideas and a different perspective, which combines with Last's experience to provide a strong leadership.

"I would call it a good balance of [Last] knowing what's been done in the past and me kind of working with that and also maybe having a new mindset to things—maybe changing things that we don't like or that haven't worked," said Fitzpatrick.

Fitzpatrick prefers to show his teammates how to act and play on the rink, rather than tell them.

"I'm more of a lead by example leader. I'm not very vocal, but I don't yell or anything like that. Just do the right thing and hope people notice and follow along," said Fitzpatrick.

Despite Fitzpatrick and Last having different roles as new and returning players respectively, they lead the team in a similar fashion, according to Last.

"I would say we have very similar leadership styles. He leads the team the same way I do. He carries himself highly. He's been doing a great job so far this year. I would honestly say the same thing I said about myself because we always co-coordinate the team activities. It's never just one of us… I'm thrilled to be working with Conner as Co-Captain. He's always putting in a lot of effort. I never feel like he's slacking off. He's always there to talk to and we can figure issues out if we need to one-on-one," said Last.

Head Coach Paul Tortorella '80 praises Fitzpatrick's positioning on the ice and his understanding of the game of hockey; he wishes for the other players to take inspiration from the way he positions himself in the rink.

Coach Tortorella said, "He [has] a good understanding of the systematic play. In other words, his positioning. Something I want all the kids to emulate is where he is on the ice when he doesn't have the puck."

Coach Tortorella also emphasizes Fitzpatrick's mature conduct. According to Coach Tortorella, his willingness to compromise exemplifies his strength as a leader.

"The second thing is he's just mature and he's a can-do as opposed to questioning about why even if he doesn't agree with something. He understands his role and it's about 'I'll take care of it.' And he's that kind of person where he'll take care of things because somebody has to and he's willing to be that person," said Coach Tortorella.

Daigo Moriwake
Jan 14, 2022

Boys Hockey's Triumphs Against St. Paul's, Falls to Exeter and St. Sebastian's

Dribbling the puck down the ice and weaving through St. Paul's defense, Jack Bainbridge '24 scored his first goal of the season and what proved to be the winning goal. Thanks to its strong offense, Andover Boys Hockey defeated St. Paul's 4-2, but then followed up this victory with two consecutive losses against Phillips Exeter Academy and St. Sebastian's, 2-3 and 4-8 respectively. Its record now stands at 9-7.

According to Chase Anderson '25 and Sam Myles '24, the team was able to create many scoring opportunities in the offensive third of the rink against St. Paul's, while the defense stood strong throughout the game.

In an email to *The Phillipian*, Anderson said, "The offense and defense were both strong during the game. The offense [was] able to put a lot of shots on the other team's goalie and [was] able to capitalize quite a few times. The defense was very good at keeping scoring chances from the other team minimal and whenever they got shots, our goalie was able to make key saves."

Myles added, "I think we both played really strong. I think we did a good job getting a lot of shots on net and our defense was really strong, breaking up plays and moving the puck across the ice. I feel like everyone did a good job of creating offense, even the defense. Everyone did a good job shooting pucks and scoring."

According to Rory Booth '23, in order to create a potential playoff run, the team needs to improve on working together in the defensive end of the rink.

"I would say, offensively we've been doing really well especially in that game, but just a couple more things to clean up defensively. I think, and this is something our coach touched on as well, systematically being in the right position, supporting teammates, and communicating better in our defensive zone is what prevents us

from getting scored on as much as we are. It's not bad, it's just something we need to clean up especially since we're more than halfway done with our season and we're getting closer to the chance of playing the playoffs, it's something that we really need to clean up and we're going to get there." Booth said.

According to Booth, one of the team's strengths is its well-balanced offense, which provides a constant offensive threat throughout the game.

"Offensively, I would say one of the things that make us stand out from other teams is that our depth in who is scoring is wider. A lot of teams have one or two lines that do a lot of the scoring, but everyone is scoring on our team which is good. And we're getting a lot of points from defensemen as well, which is really helpful," Booth said.

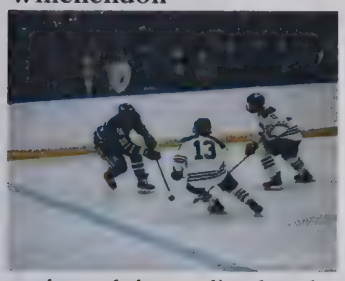
According to Myles, leading up to the game the team recreated game situations and worked on its defensive play.

Myles said, "I feel like [Head Coach Paul Tortorella '80] just has us do a lot of game-like situations, systems, power plays. [He] has done a really good job preparing us for every game."

Boys Hockey's next game will be at home on Saturday, against Noble and Greenough.

Monisha Kathika
Jan 21, 2022

Propelled by Student Support, Boys Hockey Earns Two Important Wins over Nobles and Winchendon



With an early goal from Will Winemaster '23, Boys Hockey started quickly against Noble & Greenough this Saturday, eventually winning 4-2, and then followed this victory up with a 5-2 win over Winchendon. The team's record now stands at 10-6.

According to Michael Bagnoli '22, the game against Nobles was the first game in which the team did not worry about its opponents, but rather, focused on playing well.

"It sounds simple, the forwards scored goals, and [the] defense prevented goals, and the goalie played really well. I also think we didn't think too much about it. In the past, we've kind of built some teams up in our head that [have] a better record [than us] or have beaten some good teams. And for [Nobles], we [played] our game as opposed to… playing reactionary early on. I think that definitely helped us be successful on Saturday," Bagnoli said.

According to Rory Booth '23, entering the game against Nobles having lost its last three games, the team wanted to prove to themselves that they could compete and win against top-level opposition. Booth noted that Andover knew that this was a pivotal game towards any playoff hopes.

"Prior to that game, we had lost three straight games and we had lost to good teams. Teams that we would be playing against or fighting for a spot in playoffs against. [The] game [against Nobles] … was [us] proving to ourselves that we could be a playoff team. And so, I think everybody kind of went into it with that kind of mindset, like 'we need to win this game if we're gonna make the playoffs,'" said Booth.

According to Bagnoli, support from the spectators created a really positive and exciting atmosphere and made the team even more excited for the game.

"I think Saturday was the first game we had fans up since winter break, and that definitely made a difference because, for example, on Wednesday, we lost a pretty tough game to St. Sebastian's at home and there were no fans there. But then on Saturday against Nobles, we had a ton of student support, which really fires up the boys and gets them going [because] obviously it's more fun to play in front of a crowd," Bagnoli said.

Bagnoli added that going into the Winchendon game, the team had been focusing a lot on its presence in front of the net. More specifically, creating more scoring opportunities for the team in the offensive third of the rink was emphasized and worked on during practices.

"We've been doing a lot of net-front presence [drills] where someone is shooting the puck in the net, and then, someone is trying to screen the goalie and maybe tip the puck or get the rebound. In some games, we found that we haven't been scoring as many of those goals as we should, and if we can kind of take advantage of that opportunity of having a man in front of the net or a couple of people in front of the net, we'll definitely get a lot more goals that way," said Bagnoli.

Head Coach Paul Tortorella noted that the team started slow against Winchendon, but stayed focused and scored five straight goals. He added how important it is for the team to maintain possession to take command of the game.

"The team kept their composure. We were down 2-0 early in the game and in prep hockey that can feel like a lot. But hard work by our Nolan Roche, Pat Last, and Joey Zheng line got us rolling and we scored five straight goals. There was some chippy play and what looked like a lot of missed penalty calls but the boys stayed focused on playing. We are always working on our communication on the ice and puck management. Really those are the two biggest concepts in the sport; everything flows from that. You want to control the puck more than the other team, way more," Coach Tortorella wrote in an email to *The Phillipian.*
Boys Hockey plays at home this Friday against Choate.

Meg Stineman
Jan 28, 2022

Boys Hockey Edges Out Dexter Southfield in Longtime Rivalry, Loses to Kimball Union Academy by Four

Pressured by a Dexter Southfield player, defenseman Michael Bagnoli '22 dove for the puck and flicked his stick over his head to make a crucial save, maintaining the narrow one-goal lead earned by winger Nolan Roche '23. Andover Boys Hockey ultimately defeated Dexter 4-3 in a tight back and forth game on Saturday. On Wednesday, despite an early goal by Co-Captain Connor Fitzpatrick '22 in the first period, the team fell 3-7 to Kimball Union Academy (KUA). The team's record now stands at 13-8.
According to Jake Ledoux '24, playing Dexter was much more challenging compared to other opponents the team has faced. In preparation for the game, the team worked on strengthening its foundations as a team rather than the individual skills of its players.
"We focused a lot on our systems and making sure we were ready as a unit to play at peak performance and it translated very well into our game," wrote Ledoux in an email to the *Phillipian.*
In addition to teamwork, Andover's preparation leading up to the game focused on tactics to halt Dexter's biggest threats. Shane Spinale '22 emphasizes the role that Will Winemaster '23 played in stopping Dexter's Will Hughes from shooting.
"Going into the game, we actually knew one of the kids on Dexter, Will Hughes, [who] went here. So, we had one of our players, [Will Winemaster '23], matched up against him. So everytime that Will Hughes was on the ice, we would have [Winemaster] go out and just try to keep him away from our net and basically just stop him from doing anything because he is really good. [Hughes is] one of the Harvard commits," said Spinale.
Andover has historically struggled to defeat Dexter up until Saturday's game. Rory Booth '23 described the intense energy on the ice as both sides battled equally for the win.
"It was very high pace, very high energy. That was a game we were looking forward to for a very long time…It's been a lot, a lot of years since Andover has beat Dexter, so the fact that we won that game. The energy was just ridiculous," said Booth.
Despite its quick pace, Booth noticed that the game took place more on the defensive end of the ice. However, this also served as one of the team's biggest strengths, as it allowed just three goals against Dexter.
"We were very defensively sound against Dexter… All of our [defense] played really [well], which I would say was our biggest strength. It wasn't the highest scoring game that we've played all year, so it was certainly a very defensively-minded game," said Booth.
Spinale credits the team's goaltender, Shane Shelest '22, as the foundation of the defense. With Dexter having double the amount of shots on goal than Andover, Shelest consistently made crucial saves throughout the game.
"Shane made a couple of saves that really saved that game for us, and I don't really know what we'd do without him there. He carried us to that victory," said Spinale.
Prior to Wednesday's game, the team understood that it would be the underdog against KUA, which had multiple Division I commits. The team's goal was to slow down its opponent's speed of play and take advantage of as many opportunities as possible, according to Booth.
"In practice, we did a lot of focusing on how to handle their power play and how to handle their special teams' stuff. They're a very good team, they're a very fast team, and a very skilled team as well. So, a lot of what we're doing was working towards slowing them down and making them chip pucks. Just a lot of hitting stuff as well," said Booth.
Andover will face Governor's Academy away on Saturday before hosting Cushing at home on Wednesday.

Patricia Tran
Feb 11, 2022

Boys Hockey Loses Games Against Cushing and Governors, Yet Refusing To Give Up

Despite entering the third period of the game against Cushing with a 0-6 deficit, Andover Boys Hockey managed to maintain its composure. The team scored three goals in the final period of the game. One of such goals was scored by Christopher Cali '24, scoring his first goal of his high school career. This 3-6 loss against Cushing was followed by a 2-5 defeat against Governor's. The team's record now stands at 13-10.

Michael Bagnoli '22 explained that the team was hoping for a win, considering they saw their game against Cushing as a way to end their losing streak. However, the team was unable to claim victory.

"Up to today's game, we were on a two-game losing streak, so we were hoping that today was kind of like the bounce back game where we kind of turned it around, especially being at home, since the past few losses were away. We thought that, and hoped, that being at home would help us kind of secure the win. Unfortunately, that didn't happen," said Bagnoli.

Rory Booth '23 said he is proud of the team's perseverance while down 0-6. He acknowledged the areas in which the team needs to improve, including speed on offense.

Booth said, "We didn't quit… We came back, we scored three goals, and I would say as a team that was down 0-6, coming back and scoring three goals was pretty good for us… The only issue offensively is we couldn't really get goals going. Our timelines for production just weren't working and we got stuck in our zone a lot. It's just an all-around not being able to get in positions where we can score goals or do things where we could help our forwards from a defensive standpoint."

Bagnoli echoed Booth's sentiment, highlighting the team's combative spirit even when losing by a large margin. Looking ahead to Friday's game against Brooks, the team hopes to get off to a better start to prevent accruing a large deficit at the beginning of the game.

Bagnoli said, "I think we did a good job of maintaining composure throughout the entire game… I guess that really shows that we still cared, and we still wanted to keep fighting. We hope to carry that into our next game on Friday. I think one thing that we could have done better, definitely, is coming out to a stronger start. That's been a problem in the past."

Ahead of Andover's loss against Governor's, Sam Myles '24 underlined the importance of the team's mentality in the game.

"I feel like we just need to play every game like it's the last and make sure we come to the game not expecting to have it easy… [and to] make sure we play our best every time," said Myles.

Booth reflected that the game against Governor's started off well. However, the team later started to struggle defensively.

Booth said, "I think we started off pretty [well]. Then we had trouble scoring. Defensively, we had a couple breakdowns in our zone, so when they scored, we [could] never get goals back. We lost both games, and honestly, I would say both were pretty similar. What was the same was just not being able to score and then defensive zone breakdowns that we shouldn't have had. The only difference between last game and today's game was that we actually turned back towards the end of today's game, and we actually started to play better, but as far the Governor's game goes, we truly had trouble with defensive breakdowns and scoring."

According to Bagnoli, the scoreline against Cushing reflected similar deficiencies in the Andover defense. He complimented Cali on his first goal of his high school career and emphasized the energy it brought to the team.

Bagnoli said, "I think the score definitely reflects the fact that we could have done a better job defensively. Definitely in the first and second period, we left our goalie, Shane [Shelest '22], our starting goalie out to dry, and over time we got a little better. I think offensively we did a pretty good job in the third period. We even got a goal from a player who normally doesn't play that much. It was his first goal in his high school career, so that was big for him, and that was fun for the team, but I think if we can just get some more consistency throughout the game, that would help us a lot."

Andover's next game will be away at Brooks on Friday.

Monisha Kathika
Feb 18, 2022

Andover Boys Varsity Hockey Beats Brooks and BB&N, Falls Short to NMH

Coming off of two strong wins against BB&N and Brooks, Andover fell short to Northfield Mount Hermon (NMH) 8-3. Despite its late surge in the 3rd period, Andover was unable to close the gap to NMH. Its record now stands at 15-11.

According to defenseman Danny Rekoske '23, the two wins prior to NMH were confidence boosters. As the team heads into the final games of the season, they will be prepared to play their best.

Rekoske said, "Both games were won pretty easily, but I think the biggest challenge was the 3 games we lost in a row before Brooks. We did not want to continue that losing streak and it put a lot of pressure on that Brooks game. I thought we rose to the challenge and getting the win was huge heading into the final week of games and A/E. I think we have great team chemistry, and everyone is always pretty positive, and even as we face some challenges and the stress builds up on guys, we try to be supportive of one another. Like I said earlier, the losses were tough and started to take a toll on the team but getting those 2 wins was great for the team."

According to Coach Patrick Pothel, and Instructor in French, Co-Captain Patrick Last '22 was a significant factor in the team's success in their two wins this week. His leadership on and off the ice helped propel the team to victory.

Pothel said, "I would say Patrick Last ['22] was instrumental, as he led the team with 5 points, and his continued leadership on the team."

"After the first period [against BB&N] we were only up by 1 goal, and it felt like we weren't playing very well, we weren't playing to our potential. Thankfully the boys responded in the 2nd and 3rd period and really opened up an insurmountable lead by maximizing their skills and ability," added Pothel.

The team's consistent hard work in practice is really starting to translate in games, especially against Brooks and BB&N, according to Rekoske. He stressed the importance of teammates pushing each other in practice in order to get better.

Rekoske said, "I think it's just the consistency that we practice with. Every day we show up trying to get better, and to see that finally culminate in a good game against Brooks and a big win over BB&N sort of puts that hard work into perspective."

"In preparation for our upcoming games we have been continuing to work on our systems, whether it's forchecking, defensive zone, or special teams. We continue to work on them in the hopes that it will translate in the games." added Coach Pothel

Against NMH, the team came out of the gates flat and got down early in the game, ultimately unable to come back from a big deficit, according to Nolan Roche '23.

Roche said, "NMH was definitely a challenge for us. We came out flat and we were down a lot going into the third period. It was all about playing tough and keeping the game close and we kept it even with them in the third period."

Andover Boys Hockey looks to finish the regular season strong this Saturday against Exeter followed by the New England Playoffs.

Tyler Parker
Feb 25, 2022

Boys Hockey Hopes to Defeat Exeter on Road to Playoffs

Boasting a 15-10 record, Andover Boys Hockey looks to triumph over Phillips Exeter Academy following a disheartening 3-2 loss earlier in the season. A win against Exeter would not only boost the team's spot in the playoffs but also potentially give it a home game in the first round.

Although the loss earlier in the season was disheartening, the team will not let that deter it from seeking a victory this time around. According to defenseman Danny Rekoske '23, the strategy will remain the same, however, as the team has accumulated experience and knowledge since its last face off.

"Obviously, we did not like losing to Exeter the first time we saw them this year, but no changes have been made in our systems from that game to now. We know what we have to do, and it was just a matter of not executing properly when we played them the first time. It's later in the season now, and we have had more time to practice our systems and have been seeing good results in games. While the game plan is the same, we are not the same team as when we first played them and hopefully, we will come out and show that on Saturday," said Rekoske.

According to Assistant Coach Patrick Pothel, the team will need to get off to a good start in order to beat Exeter. Although that has been a minor issue during the season, the players are prepared to execute this time around.

Assistant Coach Pothel said, "We haven't been as consistent as we would like this season in starting the game on a high note, but I suspect the players will be ready for this game emotionally and physically, and hopefully that will translate to a win.

According to Nolan Roche '23, despite falling short previously, the team is feeling confident in its ability to win this game. Roche noted that in order to come out victorious, Andover Boys Hockey will need to outwork Exeter.

"This is a really big game for us. We played them earlier in the year. We lost to a really late goal, which was unfortunate. I firmly believe that we are a better team than them—we are more skilled, more talented, so we just need to outwork them. And we have a great goalie, Shane Shelest '22. So, this will definitely be a big game, but we are better for sure," said Roche.

Andover will host Exeter on Saturday at 2:10 p.m.

Tyler Parker
Feb 25, 2022

Girls Varsity Hockey
2021-22

Head Coach: Martha Fenton
Assistant Coach: Matt Hession

Captains: Rachel Neyman & Indi Wagner
Managers: Georgia Adams, Sydney Murphy, & Victoria Rider

Overall Season Record

Win	Loss	Tie
14	5	4

Letter Winners: Lexington Secreto, Margot Furman, Peyton Kennedy, Marie Eve Marleau, Deanna Buenzow, Gwyn Lapp, Aimée Seppenwolde, Claire Colvin, Emily Mara, Keira Harder, Lulu Rourke, Rachel Neyman, Anne Averill, Molly Boyle, Olivia Mcmanus, Gretchen Swartz, Shea Freda, Elizabeth Assimes, Charley Drouin, Indi Wagner, Elizabeth Gilmartin, Ellie Parker, & Annabel Curry

Sumner Smith Hockey Award- Elizabeth M. Gilmartin

Girls Varsity Hockey

2021-22 Schedule and Results

12/04/2021	Andover HS	H	3:30 PM	scrimmage			
12/08/2021	Winchendon	H	3:45 PM	5-0	W		
12/10/2021	Dexter Southfield School	A	5:00 PM	3-1	W		
12/11/2021	N.M.H.	H	4:15 PM	4-1	W		
12/16/2021	Taft playing Kent	A	9:45 AM	4-2	W		
12/16/2021	Taft playing Choate	A	4:00 PM	1-1			T
12/17/2021	Taft playing Hotchkiss	A	10:15 AM	4-2	W		
12/17/2021	Taft Pool A+B winners	A	1:30 PM	3-1	W		
01/05/2022	K.U.A.	A	4:30 PM	Canceled			
01/08/2022	Choate	H	1:15 PM	Canceled			
01/10/2022	Brooks	A	4:30 PM	1-1			T
01/15/2022	St. Paul's	H	3:30 PM	2-2			T
01/19/2022	Lawrence Academy	A	3:00 PM	2-1	W		
01/22/2022	St. Mark's	H	3:30 PM	1-0	W		
01/26/2022	Cushing	A	4:45 PM	1-1			T
01/28/2022	B. B. & N.	A	5:30 PM	4-0	W		
01/29/2022	Deerfield	H	2:20 PM	Canceled			
02/02/2022	Tabor	A	3:30 PM	3-4		L	
02/05/2022	New Hampton	H	1:10 PM	4-3	W		
02/11/2022	Milton	H	6:15 PM	2-0	W		
02/12/2022	Williston	A	4:45 PM	1-4		L	
02/16/2022	Noble & Greenough	A	3:15 PM	1-3		L	
02/19/2022	Worcester	H	12:00 PM	3-1	W		
02/23/2022	Loomis	A	4:30 PM	0-1		L	
02/26/2022	Exeter	H	2:00 PM	5-3	W		
03/02/2022	TOURNAMENT (Loomis)	H	3:30 PM	2-1	W		
03/05/2022	TOURNAMENT	A	3:00 PM	2-3		L	

Phillips Academy
Girls Varsity Hockey Roster 2021-22

NO.	NAME	YEAR	POS	HOMETOWN
1	LEXINGTON SECRETO	2022	G	NEW WINDSOR, NY
3	MARGOT FURMAN	2025	F/D	NEW CANAAN, CT
6	PEYTON KENNEDY	2025	F	SUDBURY, MA
7	MARIE EVE MARLEAU	2022	F	QUEBEC, CA
8	DEANNA BUENZOW	2023	D	EVANSTON, IL
9	GWYN LAPP	2022	F	ANDOVER, MA
10	AIMÉE SEPPENWOLDE	2022	D	NEEDHAM, MA
11	CLAIRE COLVIN	2023	F	WINCHESTER, MA
12	EMILY MARA	2025	F	WINCHESTER, MA
13	KEIRA HARDER	2023	F	ARLINGTON, MA
14	LULU ROURKE	2023	F	WELLESLEY, MA
15	RACHEL NEYMAN	2022	D	NORTH ANDOVER, MA
16	ANNE AVERILL	2023	D	WAYLAND, MA
17	MOLLY BOYLE	2025	D/F	SCITUATE, MA
18	OLIVIA MCMANUS	2023	D	WINTHROP, MA
19	GRETCHEN SWARTZ	2023	F	BOLTON, MA
21	SHEA FREDA	2024	F	LEXINGTON, MA
22	ELIZABETH ASSIMES	2022	F	QUEBEC, CA
25	CHARLEY DROUIN	2025	F	NO. ANDOVER, MA
26	INDI WAGNER	2022	F	CAMBRIDGE, MA
27	ELIZABETH GILMARTIN	2022	D	ANDOVER, MA
30	ELLIE PARKER	2025	G	ANDOVER, MA
66	ANNABEL CURRY	2025	G	CHESTNUT HILL, MA

COACHES: MARTHA FENTON, MATT HESSION

CAPTAINS: RACHEL NEYMAN '22, INDI WAGNER '22

MANAGERS: GEORGIA ADAMS '22, SYDNEY MURPHY '22, VICTORIA RIDER '22

ATHLETIC TRAINER: MICHAEL KUTA

DIRECTOR OF ATHLETICS: LISA JOEL

Girls Varsity Hockey 2021-22 Highlights

Hockey GV at Patsy K. Odden Invitational Hockey Tournament vs Kent W 4-2

ANDOVER SKATES TO 4-2 VICTORY OVER KENT IN PKO OPENER.
The Andover girls got off to a strong start at the 38th Annual PKO tournament with a solid 4-2 win over a talented Kent team. Lexington Secreto '22 had 23 saves on the day. With a balanced score sheet (goals from Marie Eve Marleau '22, Indi Wagner '22, Gwyn Lapp '22 and Aimee Seppenwolde '22) and a strong showing from our defense, Andover held off a comeback attempt by Kent and will move on to play Choate at 5 PM.

Hockey GV at Brooks School T 1-1

CROSS-TOWN RIVALRY ENDS IN 1-1 STALEMATE
Despite a 48-18 shot advantage, Andover had to settle for a 1-1 tie against Brooks in a Friday night contest.

Hockey GV at B. B. & N. W 4-0

ANDOVER BLANKS BBN 4-0
Indi Wagner '22 had 3 points on the night (2 G, 1 A) and Lexi Secreto '22 picked up the shutout in net with 27 saves in a game that was much closer than the final score would indicate. Against a young and hard-working BBN team, Andover played solid hockey in all 3 zones to earn the victory. Molly Boyle '25 (1 G, 1A), Claire Colvin '23 (1 G) and Keira Harder '23 (1A) rounded out the scoring. GVH will enjoy a well-deserved long weekend before heading to Tabor on Wednesday.

Hockey GV vs Exeter W 5-3

BIG BLUE PICKS UP 5-3 VICTORY OVER EXETER
Always one of the highlights of the season, the Andover/Exeter game did not disappoint in 2022. After a two-year hiatus, the traditional rivalry was back on, and the Andover girls skated to a 5-3 victory in front of a packed house at Harrison rink. Exeter came off the bus ready to play, scoring just a minute into the game, but Andover found its stride and evened up the game on a beautiful goal from Aimee Seppenwolde '22 as she buried her own rebound 4 minutes later. Senior Captain Indi Wagner put Andover up 2-1 just a minute later with assists from Gwyn Lapp '22 and Olivia McManus '23. Exeter answered with a goal of their own at the end of the first period, making it 2-2 going into the locker room. The two teams traded goals again in the second period, this time with Andover scoring first on a goal from Lapp assisted by Wagner and Keira Harder '23. Andover took control of the game and never looked back in the third period with two goals in the first 3 minutes of the period by Lulu Rourke '23 (assists to Seppenwolde (2), Lapp, and Marie Marleau '22. Lexington Secreto '22 was once again stellar in net with 21 saves.
With this win the Andover girls secured a 4th seed in the NEPSGIHA Elite 8 tournament and will host 5th seed Loomis Chaffee on Wednesday, March 2 at 2:30 in Harrison Rink. GO BLUE!!

Girls Varsity Hockey
In the News

Girls Hockey Continues Undefeated Season with a Comeback Tie against St. Paul's and a Close Victory against Lawrence Academy

Despite going down early, Andover Girls Hockey took St. Paul's to overtime, ultimately resulting in a 2-2 draw. With Claire Colvin's '23 fast-paced play and game-winning goal, the team also secured a close 2-1 win against Lawrence Academy, placing its record at an undefeated 5-0-2.

According to Claire Colvin '23 and Anne Averill '23, the intensity levels were low during the beginning of the game. However, the month-long break didn't stifle the team as it was able to regain its rhythm and make a comeback.

Colvin said, "We ended up tying after overtime, 2-2… I think we came out flat in the first period and St. Paul's took advantage of that and ended up scoring towards the end of that. But after that, in the second [half], we came back, and we brought more of our energy. I think it was hard because we hadn't played in a month."

Averill added, "I think we came out at the beginning a little flat-footed in the first period and they controlled most of the energy and momentum in that period of the game, so we ended up going down 1-0. But then in the second period, we were able to regroup and come out a lot stronger and I think the energy was definitely on our side for most of the second period, and so we ended up coming back and then going ahead 2-1. But then I'd say that we almost fell flat again towards the end a little bit. Like I think the energy was much more even during the third period, and so we ended [in] a tie [2-2]."

Averill notes that besides the struggle to bring the intensity early on in the game, there are many technical and team-oriented areas of improvement for it to work on during the upcoming week.

She said, "I think also we need to capitalize on our opportunities better, like sometimes we have pucks around the net, and we just can't finish. And I think additionally maybe like moving the puck quicker and working hard off the puck. Sometimes we get caught just kind of watching the person with the puck doing all the work when we need to be getting open, so we can have more opportunities in front of the net."

Charley Drouin '25 shares a similar sentiment to Averill as she believes communication, team spirit, and chemistry are all focal points that the team will seek to build upon in order to achieve more convincing victories.

"I think as a team our urgency levels need to increase and maybe communicate a little more and get those passes as accurately as you can, like tape to tape. And maybe work as a team more, instead of having the puck for too long, like pass it off when you have the opportunity and make smart decisions," said Drouin.

Co-Captain Rachel Neyman '22 believes that the pandemic, specifically the spectator policies, contributed to the team's lowered intensity and morale during the game. Nonetheless, she notes that the virus has encroached on the team's game strategies as it has to work with uncertainty.

"[Covid-19] has impacted our team because we have players missing almost every game now, and today we were still missing one player. A lot of our opponents are also missing players, so we never know what to expect," Neyman wrote in an email to *The Phillipian*.

While Colvin contributed the game-winning goal, leading to the victory over Lawrence Academy, she notes the contagious energy and spirit that fellow teammate Lulu Rourke '23 brought to the team.

"I think Lulu had a great game. She scored, but that's not the reason why she had a great game. I think you could just [see] her hard work, [it] was just so visible on and off the ice. She had great energy on the bench. She was making plays left and right. It was a beautiful game to watch for her." said Colvin.

Andover Girls Hockey hopes to keep its undefeated record as it faces off against Brooks away.

Nabilah Nazar
Jan 21, 2022

Girls Hockey Remains Undefeated by Edging out St. Mark's in Overtime

In an intense overtime thriller vs St. Mark's, Andover Girls Hockey narrowly avoided its 4th tie of the season. Andover pulled away with a 1-0 win, with Lulu Rourke '23 scoring the game winner in overtime, and goaltender Lexi Secreto '22 having a shutout in net. Its record now stands at 5-0-3 on the season.

According to Anne Averill '23, despite the close final score, the game was very one sided. She believes that the team simply could not capitalize on its opportunities and utilize its skill effectively.

Averill said, "I feel like it was a little flat. We didn't have many fans. We were consistently working hard, but nothing crazy. Also, our shots weren't very good. They were mostly on the ice or in the goalie's chest. We ended up outshooting them 42-10, so it was kind of a weird game of consistent effort, but not many ups or downs."

Rourke notes that at the beginning, the energy levels were low, but they improved over the course of the game. She also acknowledges the team's joy as it pulled through with the win as finishing the game strong has needed improvement.

Rourke said, "People were pretty frustrated at the beginning because it was 0-0, but by the end it was exciting to finally win in overtime, because we have had a lot of ties in overtime."

Andover's fluctuating energy during the game proved to be a challenge to overcome, but Andover persisted and was relieved to finally win in overtime.

Averill said, "I think a challenge we definitely faced was maintaining our effort even though we weren't scoring or executing on our chances. At some points in the game, it felt like we could almost give up, but we didn't. Especially when we went into overtime in a game, we were supposed to win was a little deflating. But we were able to come out with a win, and we had already tied twice before, so it was nice to finally get a win."

It has been a recurring theme for Andover to generate plenty of shots, but not be able to put any in the back of the net. According to Coach Martha Fenton, Andover has been working on its scoring prowess in the last few weeks of practice.

Coach Fenton said, "We have been working hard on finishing…we are generating a lot of shots, 1, 2, 3 in the last 3 games to be exact, but not finding the back of the net. While we worked hard for another 3 periods without a goal, it was great to see Lulu drive home a rebound in overtime to get the win."

Even as the team dealt with injuries, many players stepped up to the challenge and came through when the team needed to make adjustments.

Rourke said, "I'd like to give a shoutout to Molly Boyle, because she had to play a position she doesn't play and got switched to a different line."

"Losing Gwyn Lapp '22 on Friday night to a broken wrist during the Brooks game is definitely a major adjustment for us, and we were playing with a few changes in the line-up as a result. I thought the team responded really well, however, and lots of kids stepped up to the opportunity," added Coach Fenton

Andover seeks to continue its undefeated season on Friday at BB&N.

Tyler Parker
Jan 28, 2022

Girls Hockey Co-Captain Indi Wagner Strives to Balance Seriousness with Fun within the Team

Learning how to skate at just two years old, Andover Girls Hockey Co-Captain Indi Wagner '22 leads Andover Girls Hockey with years of experience on the ice. Growing up, Wagner played in-line hockey on rollerblades with her dad every summer, which she credits towards her success.

According to Wagner, she finds joy in both the social and individual aspects of the sport. While the relationships created through hockey serve as motivation to her, she is also motivated by the satisfaction of constant self-improvement.

"I guess I've just been motivated to continue playing because it's a great way for me to hang out with my friends in the summer, and there's always something new I can be working on every day. It's a never-ending process. I really like the satisfaction of when something I've been practicing works. I like doing a lot of practice on my own as well. It's very rewarding," said Wagner.

According to Wagner, staying lighthearted and loose is directly correlated to success. With less pressure to succeed, Wagner believes the team will perform significantly better.

"This season, I've been working really hard to keep the spirits really lighthearted. I think I play better when I'm having fun on the ice and playing more loose instead of being nervous and anxious about who's watching or my individual stats. So, I think that's one thing I've been striving towards this season is making sure everyone is having fun together. When you're having fun, naturally, success comes easier," said Wagner.

A more encouraging attitude allows Wagner to easily connect with her teammates, according to Co-Captain Rachel Neyman '22. Each practice and game is a positive and enjoyable experience under Wagner's leadership.

"I think Indi is a really great leader because she just gets along so well with everyone and she is just so relatable that it's almost like you're drawn to her, you want to follow her, you want her as your leader because she just connects so well with everyone, and she just makes the sport so much fun. She makes you want to be at practice every day, she makes you look forward to game days. If you need someone to talk to, she's easily the best person to go and ask for advice and talk to," said Neyman.

As Wagner nears the end of her Andover hockey career, the annual tournament at Taft still remains as her favorite experience. Living in close quarters with the team at the start of each season was the perfect opportunity to form core memories and strong bonds.

"We sometimes get to leave school a few days early during that two-week period between Thanksgiving and winter break. It's a really great way to bond with the team at the beginning of the season. And just to get to know each other, live with each other for a few days, and play games together. It's a really fun time," said Wagner.

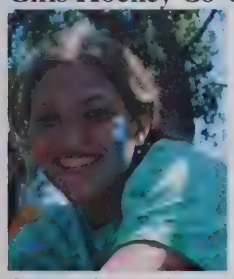
Wagner emphasizes the goal of having fun while also understanding the time to focus. With shifts in the skill of Andover's opponents, no team should be taken lightly, according to Wagner.

"I think one of our main goals is having a lot of fun, but I think also knowing when to focus more and take a game really seriously. Know when we really have to dial in and get in the zone I guess before games. I also think this year because of Covid-19 and a year off last year, a lot of teams that we're playing have changed a lot, so I feel like we can't take any teams for granted, and we have to go into every game with the same mindset. We can't really be satisfied or expect to win any games," said Wagner.

Wagner will continue her hockey career at Harvard University next year.

Patricia Tran
Feb 4, 2022

Girls Hockey Co-Captain Rachel Neyman is Driven but Calm on the Ice



Andover Girls Hockey Co-Captain Rachel Neyman '22 does not look to impress the crowd with flamboyant displays of skill; instead, she leads through her calm presence as a defenseman. Neyman's hockey journey started with skating at four years old, and she has never looked back.

"I think even just when I started hockey, I loved it from the moment I stepped on the ice. I started skating when I was around four, and I started playing hockey around five or six, and I think ever since I started, I've just fallen in love with it. I started on a boys' team when I was younger, and I don't know, I just looked forward to going to the rank every single day. I looked forward to every practice, every game, and it was just something that I really spent time on, and I focused on and put my effort into it," said Neyman.

Neyman is not a player that steals the audience's attention, but she says her vision of the ice as a defender combined with her hockey IQ allows her to take control of the game.

Neyman said, "I would say I'm not a very flashy player, but I guess I'd say I like to play hockey the way it's supposed to be played. I really like systems and I would much rather make the right pass or be the one to start a breakout than be the one to dangle around five people and go in and shoot and score. I think I'm just kind of almost like a quarterback, I guess, just a very calm figure. I'm a defenseman, so I'm usually towards the back end of the ice. I like just being able to have the vision of the whole ice in front of me. I think I kind of like to be the one in control on the ice, the steady figure in the back."

According to Co-Captain Indi Wagner '22, Neyman complements Wagner well with her drive to improve every facet of the team's performance between periods in games. Before games, Neyman leads by focusing the team on the upcoming game.

"During games, in between periods, [when] we have conversations with the team, Rachel's really focused on systems and on what we need to improve, and I think I try to keep the attitude in the locker room really jokey and fun and light-hearted. She is really good [at] focusing the team and getting everyone on the same page in between periods. And I think also before the games, during warmups and stuff, she's very good about getting the team ready in the mentally zoned hockey sense," said Wagner.

Neyman's drive to win does not come without her willingness to have fun with her teammates. Claire Colvin '23 emphasizes Neyman's ability to maintain both a fun and focused attitude throughout the season.

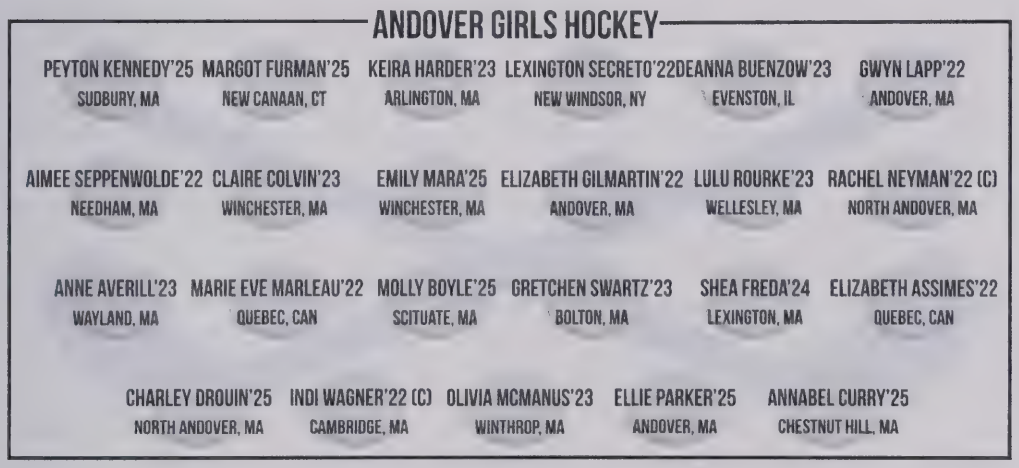
Colvin said, "She is really funny, and she uses humor to galvanize the team. She is really relatable and funny, but she also knows how to flip the switch and be more serious. She still makes it so hockey and playing for GVH is fun, but she makes the team something to mutually work for and win for each other."

Neyman has committed to play hockey at Middlebury College starting next year. After all the obstacles with recruiting that came with Covid-19, she says it feels "special" to be able to accomplish a life-long goal.

Neyman said, "Playing college hockey has always been a big goal of mine, whether it be D1 or D3, it's just always something I've really aspired to do. Growing up playing hockey so long, I couldn't really imagine going to college and not experiencing it any longer. So being able to do that is really special and it's also just really rewarding knowing that my years of hard work and training have… paid off. It's definitely been a really hard process, especially with Covid-19, through recruiting and finding ice time and finding ways to communicate with different coaches. But I'm really glad that it all worked out in the end."

Daigo Moriwake
Feb 4, 2022

Andover Girls Hockey Remains Undefeated After Shutting Out BB&N



In an impressive 4-0-win, Andover Girls Hockey beat BB&N with notable performances by Indi Wagner '22 and Lexi Secreto '22. Wagner scored 2 goals and assisted another while Secreto had a 27 save shutout in net. The Andover Girls Hockey record now stands at 6-0-3.

According to Claire Colvin '23, Andover seemed to begin the game with low intensity levels. However, she noted that an early goal provided the energy needed to continue playing strongly as the game progressed.

Colvin said, "Molly Boyle's ['25] goal gave us a lot of energy because we started a little flat, and she had a goal fairly early in the game. We have been in a slump where we only score a single goal in the game and it's usually later on, so with her goal she jump started the team and gave us an internal motivation. We had a lot of offensive chances after that and ended up scoring a lot."

Wagner added that the team was able to ride the momentum with a series of goals while feeding off of the enthusiasm from the bench. She believes that the training in practice has translated well into games and is crucial for the team's success.

Wagner said, "The energy was really good. I think the past few games before BB&N, we had a lot of games that went to overtime and low scoring games, so it was really great to come and score that many goals in one game. Especially towards the end of the game, there were several goals in quick succession,

so I think the energy in the locker and bench was really positive. It's obviously awesome to score, but I also think a lot of the stuff we've been working on in practice, finishing in front of the net and executing on all opportunities, has paid off a lot, and it showed during that game. I really like seeing the improvement of the team every game."

Colvin acknowledged that the team faced struggles regarding the forwards' help in the defensive zone. However, she recognized the team's defense and goalie, who made crucial stops, according to Colvin.

Colvin said, "I'd say Lexi, our goalie, was a key player, and also Indi. Lexi made a lot of big saves on odd man rushes, because I don't think the forwards were really backchecking. I'm a forward, by the way, so I can say that. Also, Indi because she had two goals and an assist, so she was a big offense generator."

The team will continue to work on power plays, as well as capitalizing on scoring opportunities during the next couple of weeks in preparation for upcoming games, according to Colvin.

"We have been focusing a lot on power plays and rebounds, and we had a lot of those during the game, which we weren't able to execute on, but we are continuing to work on them. In practice we are probably going to practice light and work on systems in preparation," said Colvin.

Andover looks to remain undefeated as the team faces off against Tabor Academy away on Wednesday.

Tyler Parker
Feb 4, 2022

Girls Hockey Comes Back After Game Cancellation With Win Against New Hampton

Olivia McManus '23 skated down the ice, making a pass around New Hampton's forward to Shea Freda '24 who netted a one timer as the first goal of the game against New Hampton. Andover Girls Hockey secured a 4-3 victory against New Hampton on Saturday following a canceled game against Kimball Union Academy. Its record stands at 14-1-3.

According to Aimme Seppenwolde '22, the team was excited to play on Saturday. She added that the previous loss and cancellation of Friday's game contributed to the intensity.

Seppenwolde said, "We were definitely motivated having gotten our first loss on Wednesday and also our game on Friday was canceled, so we were all just really excited to get back on the ice… Especially after the loss on Wednesday and our Friday game being canceled, we had a mock scrimmage on Friday, blue vs white. I think that was really good for team morale and that was very fun and got everyone's energy up for yesterday's game."

Charley Drouin '25 emphasized that the team played well both offensively and defensively. Drouin also noted the composure displayed by the team against New Hampton.

"[Offensively], we did a really good job of not being selfish with the puck, we had really nice passes and good shots, and good plays overall. I also think our back-checking was really good today, especially when New Hampton went past the defense. We did a really good job of getting back and helping them out. For defense, I think we did a really good job of staying calm with the puck, and not forcing them up the boards or turning it over. We also made really smart decisions and worked really well together," said Drouin.

According to Seppenwolde and Deanna Buenow '22, the team has room to improve in a few areas. These include issues in both defense and offense.

Soppenwolde said, "I think our defensive zone has broken down, especially since our Wednesday game and yesterday's game was a one goal game differential. Our defense does need some work so that when we do get a lead, we keep it and don't let them get opportunities to let them score."

Buenow added, "I think we can still improve on finishing. We have a lot of scoring chances and lots of chances at the net, but we're just leaving the rebounds in front of the net, so I think we can do a better job at finishing."

Girls Hockey's next game will be at home on Friday against Milton.

Monisha Kathika
Feb 11, 2022

Girls Hockey Scores Three Goals in Two Minutes to Defeat Worcester, Unable to Fend Off Loomis

With zero points on the board and a goal deficit of one at the start of the third period, Andover Girls Hockey proceeded to score three goals in two minutes to win 3-1 against Worcester Academy (Worcester) on Saturday. Deanna Buenzow '23 initiated the three-goal streak with a goal off a powerplay and finishes by Gwyn Lapp '22 and Co-Captain Rachel Neyman '22 gave Andover the lead shortly after. However, the team fell short in a 0-1 loss to Loomis on Wednesday.

According to Lexi Secreto '22, the team was dominating throughout the entire game against Worcester even though they struggled to find the back of the net. She noticed that it was one of the team's highest shooting games.

"We were actually dominating the whole game. We just needed to work on our communication and just more connecting and finishing. We were able to get shots on them, but just being able to capitalize on our opportunities was what we were really focusing on," said Secreto.

Just 30 seconds into the game, Worcester scored its first and only goal. Despite Worcester's initial lead, the team-maintained control of the game, according to Annabel Curry '25.

"I think we definitely had strengths in keeping possession, not getting super frazzled, and just staying calm," said Curry.

The team was not used to trailing behind their opponents for the majority of the game. However, their two-game losing streak and the proximity of playoffs served as a motivation to stay in the game, according to Buenzow

"I think we started off flat and Worcester took advantage of that in the first shift. We haven't really played from behind all season, and when we have, we normally score right away. However, this wasn't the case, as we played from behind pretty much the entire game. We all wanted to break our two-game losing streak to help our seeding for playoffs," wrote Buenzow in an email to *The Phillipian.*

Leading up to Worcester, the team focused on taking full advantage of special teams in practice. This was evident during the powerplay in Saturday's game, according to Secreto.

"In practice, we worked a lot on our special teams, like power play and penalty kill…We have the chemistry, we have what it takes to be a good team in regular play, but when it comes to special situations, you're not going to always be able to control whether or not you get a penalty or you get a man or you're on the power play. The little factors can take a game either way," said Secreto.

Going into Wednesday, the team understood that Loomis would be one of their toughest opponents this season, but they prepared as usual. The team maintained a competitive and resilient mindset, according to Keira Harder '23.

"Loomis is a really tough competitor, and I think as a team we realize that. We're really looking forward to playing at such a high level. In practice, we've been trying to implement more competitions between the blue and the white team, which has been great," said Harder.

Andover Girls Hockey will be hosting Phillips Exeter Academy on Saturday at 12:00 p.m.

Patricia Tran
Feb 25, 2022

Girls Hockey Enters Exeter Rivalry with an Optimistic, Energized, and Resilient Mindset

With a 12-4-4 season record, Andover Girls Hockey hopes to continue its success against Phillips Exeter Academy this Saturday in addition to clinching a higher playoff seed. The return of the Andover/Exeter rivalry after a one season pause makes the team even more anticipatory of this year's matchup.

According to Lexi Secreto '22, having home ice will be an advantage for Andover. Not only will it allow for a higher energy fan section, but also, the team can use the energy as momentum in the playoffs later on.

"Especially since it's at home, it's going to be really good energy for the team. We'll really need that good energy going into the playoffs… Sometimes we feel like the game is going out a bit longer, or we kind of get into these lows. So, we definitely need to work on keeping the energy super high," said Secreto.

Despite Exeter's weaker record this season, the team will not take chances in assuming Exeter's skill level, according to Deanna Buenzow '23. With both sides fighting equally for the win, anything can happen.

"I do not think Exeter has a good record this year, but as we have seen from other scores throughout the league this season, anyone can beat anyone. We can't come out flat like we did on Saturday because no team, especially our rival, is going to come into the game giving us a win," wrote Buenzow in an email to *The Phillipian.*

To clinch a top seed in the playoffs, Andover/Exeter is a must-win game. However, the team is just focusing on one game at a time in order to maintain maximum focus and to alleviate some pressure during playoff season, according to Annabel Curry '25.

"Right now, we're just focusing on taking one game at a time. That's how we've always been doing it. Never looking too far ahead because every game matters in terms of playoff season," said Curry.

In order to defeat Exeter, Keira Harder '23 believes the team needs to bring the same resilience it found in the recent Worcester game. Against Worcester, the team went into the third period down by one and ultimately won by scoring three goals in two minutes.

"[An] example of our resiliency as a team would probably be the Worcester game this past Saturday when we went down by a goal in the first twenty seconds of the game. But we kept working hard, getting great looks on net and in the last two and half minutes of the game, we went ahead 3-1. I think our team has a lot of heart and I'm super excited going into this next week," wrote Harder in an email to *The Phillipian.*

Andover Girls Hockey will host Exeter this Saturday at 12:00 p.m.

Nordic Skiing
2021-22

Coach: Keith Robinson
Assistant Coaches: Mika Latva-Kokko, and Elle Houlihan

Captains: Claire de Saint Phalle, Hannah Justicz, & Amelia Vinton

Letter Winners:

Tori Darling, Claire de Saint, PhalleHannah Justicz, Remy de Saint Phalle, Sam Gallaudet, Rex Tuller, Amelia Vinton, Nico von Eckartsberg, Sage Preston, Georgia Hornsby, Sammie Shim

PETER Q. MCKEE SKI CUP - Samuel S. Gallaudet

Nordic Skiing
2021-22 Schedule and Results

Date	Location		Time	Place
01/07/2022	Weston HS	A	7:00 AM	
01/12/2022	Dublin	A	2:45 PM	B 4th G 5th
01/14/2022	Weston HS	A	7:00 AM	B 2nd G 1st
01/19/2022	Proctor	A	2:45 PM	B 5th G 7th
01/26/2022	Holderness	A	2:45 PM	B 5th G 6th
02/02/2022	St. Paul's (Sprint Tourney)	A	2:00 PM	
02/11/2022	Middlesex, Rivers, and Belmont Hill	A	5:00 PM	B 2nd G?
02/16/2022	LR CHAMPIONSHIP	A	2:45 PM	B 5th G 5th
02/26/2022	NEPSAC Championship	A	10:00 AM	

Phillips Academy Varsity Nordic Ski 2021-22

Name	Hometown	Year
Sophia J. Aalami	New York, NY	2023
Parima Choophungart	Bangkok,	2024
Victoria M. Darling	Weston, MA	2022
Claire A. de Saint Phalle	Sun Valley, ID	2022
Remy C. de Saint Phalle	Sun Valley, ID	2023
Elliot M. Famiglietti	Andover, MA	2025
Samuel S. Gallaudet	Andover, MA	2023
Georgia P. Hornsby	Putney, VT	2023
Hannah C. Justicz	Greenwich, CT	2022
Anna M. Korczak	Lake Forest, IL	2024
Peter C. Massicotte	North Reading, MA	2023
Sage L. Preston	New York, NY	2025
Caroline Shen	Andover, MA	2024
Samantha J. Shim	Vail, CO	2023
Skyler B. Siegfried	Andover, MA	2025
Emily M. Skoutas	Sharon, MA	2024
Yasmine Tazi	Casablanca,	2024
Rex H. Tuller	San Francisco, CA	2023
Amelia H. Vinton	Palo Alto, CA	2023
Nicolas C. von Eckartsberg	San Francisco, CA	2023
James R. Xiao	Andover, MA	2025

Coaches: Kevin Robinson, Mika Latva-Kokko, and Elle Houlihan

Nordic Skiing
2021-22 Game Highlights

ANDOVER NORDIC OPENS SEASON WITH 1ST AND 2ND IN THE BOYS RACE

Sam Gallaudet and Remy de Saint Phalle started the season in fine form, notching a 1-2 finish in a field of 54 skiers. Nico von Eckartsberg placed 36th. Without a scoring 4th skier, the boys finished 4th overall.

The girls race saw Claire de Saint Phalle take 7th place, followed by Hannah Justicz in 14th, and Amelia Vinton in 19th. The girls finished 5th overall.

There was also a shorter race for new skiers and Tori Darling took 3rd place in her first race. Georgia Hornsby, Sammie Shim, Sophia Aalami, and Emily Skoutas also had successful first races for Andover.

ANDOVER BOYS PLACE 2ND, GIRLS 1ST IN FRIDAY NIGHT RACE

The Andover Nordic team travelled to the Weston ski track for a Friday night race under the lights against several Massachusetts prep schools. Middlesex and Rivers hosted a great race with a 4.4km course as well as a 2.2km course for beginners.

Racing first, Sam Gallaudet and Remy de Saint Phalle from Andover quickly built up a lead and kept it finishing 1st and 2nd for the second race in a row. Nico von Eckartsberg finished 21st as the third scorer. Overall, the boys finished 2nd as a team behind Belmont Hill, beating out Rivers, Middlesex, and Berkshire.

In the girl's race, Claire de Saint Phalle and Hannah Justicz followed the same playbook as Sam and Remy, as they took an early lead and kept it to finish 1st and 2nd. Amelia Vinton also had a strong race in 6th place. Newcomer Sage Preston rounded out the Andover scoring in 8th place. Georgia Hornsby and Sammie Shim were 10th and 11th in the longer race for the Andover squad. Overall, Andover took 1st place as a team ahead of Berkshire, Middlesex, and Rivers.

In the shorter beginner race, Emily Skoutas took first place and Sophia Aalami second. Yasmine Tazi was 5th in her first race ever.

Next week, the Andover team hopes to continue the strong start to the season at Proctor.

BOYS 5TH AND GIRLS 7TH IN CLASSIC RACE AT PROCTOR

In the first classic race of the season for the league, Andover placed 5th in the Boys race and 7th in the Girls race. Sam Gallaudet was 2nd overall, Remy de Saint Phalle was 8th, Nico von Eckartsberg was 27th, and Rex Tuller placed 58th in his first ever race. The girls race saw Claire de Saint Phalle place 10th, Hannah Justicz place 16th, Amelia Vinton 35th, Sammie Shim 40th, Georgia Hornsby 41st, and Sophia Aalami 46th.

Nordic Skiing AGV at Holderness

In a 5 km classic race at Holderness, Andover placed 5th in the Boys race and 6th in the Girls race. Sam Gallaudet was first across the line in the boy's race, a full minute ahead of 2nd place. Remy de Saint Phalle was 5th, Nico von Eckartsberg was 30th, and Rex Tuller placed 47th. The girls race saw Claire de Saint Phalle have a great race in 7th, Hannah Justicz place 15th, Amelia Vinton 35th, Tori Darling 37th, Georgia Hornsby 39th, Sammie Shim 40th, Emily Skoutas 47th, and Sophia Aalami 48th.

SAM GALLAUDET AND REMY DE SAINT PHALLE GO 1-2 IN SPRINT TOURNAMENT

Andover competed in a league wide skate sprint race at St. Paul's on a warm 50° day. Through three rounds of competition, skiers earned their way into the final through earlier heats. Sam Gallaudet and Remy de Saint Phalle both worked their way up to the A final and in that race managed to distance their competition to take 1st and 2nd place overall in the field of 85 skiers. Nico von Eckartsburg was next for Andover in 52nd place followed by new racers Peter Massicotte and Rex Tuller in 66 and 67th.

Claire de Saint Phalle worked her way up in the heats to the B final and ended with an 8th place finish in a field of 57. Hannah Justicz finished close behind in 12th place. Amelia Vinton and Georgia Hornsby finished back-to-back in 26th and 27th place, Tori Darling came in 39th, Anna Korczak finished 43rd in her first skate race and Sophia Aalami, Sammie Shim, and Emily Skoutas were close behind.

ANDOVER HAS STRONG SHOWING IN NIGHT RACE WITH MIDDLESEX, RIVERS, AND BELMONT HILL

The Andover Nordic team raced at the Weston Ski Track with several local school on a Friday night under the lights race. The course was set as a 5k classic race in tough conditions as the snow was hardening up and rapidly cooling off after a warm day.

Sam Gallaudet and Remy de Saint Phalle once again led the pack and finished 1-2 in the race. Nico von Eckartsberg was 11th, Rex Tuller 22nd and newcomers Elliot Famiglietti, James Xiao, and Skyler Siegfried followed right behind in their first race. The team finished 2nd to Belmont Hill in the overall team score.

In the second race, Claire de Saint Phalle and Hannah Justicz went 1-2 for Andover. After a Rivers finisher and two Middlesex skiers, Andover took the next 6 spots with Amelia Vinton, Tori Darling, Sage Preston, Georgia Hornsby, Anna Korczak, and Sammie Shim outpacing another Middlesex racer. Sophia Aalami and Caroline Shen finished off the scoring for Andover in the classic race.

In a skate race for newcomers, Yasmine Tazi placed second and Nadia Choophungart placed 9th.

ANDOVER FINISHES OFF THEIR REGULAR SEASON RACES AT HOLDERNESS AHEAD OF NEPSAC CHAMPIONSHIPS

Andover travelled to the Holderness school to finish off the regular season races with a 6km duathlon. Skiers raced 3km in the classic technique, changed their skis and poles, and skied 3km in the skate technique.

Sam Gallaudet had some equipment difficulty in the transition and skate leg and finished 3rd behind two very strong Dublin skiers. Remy de Saint Phalle continued his strong skiing and distanced himself from a group of 4 other skiers to place 4th overall. Sam finished in 2nd overall for the league standings and Remy finished in 4th. Nico von Eckartsberg, the only other Andover boy in this race, had a strong showing in 39th out of a field of 80. The team score put Andover in 6th place in this race and 5th overall out of 11 teams for the season.

Claire de Saint Phalle then led out the Andover team in the second race of the day placing a very impressive 8th place to secure 10th place in the league this year. Hannah Justicz was close on her heels in 12th place, Amelia Vinton was 27th, Tori Darling was 32nd, and Anna Korczak was 47th. The 5th place as a team moved Andover up to 7th place for the season.

Nordic Skiing
In the News

Nordic Skiing Secures 5th and 6th Team Places, Gallaudet '23 Takes 1st Individually

With Sam Gallaudet '23 claiming a first-place overall finish, and Remy de Saint Phalle '23, Claire de Saint Phalle '22, and Hannah Justicz '22 coming in 5th, 7th, and 15th, respectively, Andover Nordic Skiing placed fifth as a team in the boys division and sixth in the girls division this Wednesday at Holderness.

According to Head Coach Keith Robinson '96, the lack of snow this season has been a challenge for the team to overcome. Coach Robinson explains that the team does a lot of dryland training in preparation for the meets and tries to accommodate experienced and inexperienced racers alike.

Coach Robinson said, "It has not been ideal. We've had the beginners out on the patches of snow on campus, there's a couple of patches that are about 50 meters long that we use to work on technique, but for the more experienced group we've been doing running, core work, and things like that to keep fit."

Remy de Saint Phalle shares a similar sentiment regarding the lack of snow. He acknowledges the dryland training that the team has been substituting in for the unfortunate weather.

de Saint Phalle said, "We haven't really been able to practice because there's no snow, so we just have been running and doing as much training without snow."

Gallaudet notes how despite the inexperience on the team, he has seen tons of improvement among the team in terms of technique and familiarity with the sport as a whole.

"There were a couple people who were new to skiing and did very well, and their technique improved a lot from a week ago, so that was great to see. Everyone did well, we had a classic race last week, and I think most people placed better in this race than last race, so that was good," said Gallaudet.

Coach Robinson believes that the amount of traveling the team has to do for each meet has impacted the team's competition. According to Coach Robinson, the quick transition from academics to athletics can be difficult for many racers.

"We travel for pretty much every race. I think the biggest difference is our Friday night race just as opposed to our usual on Wednesdays. I feel like everyone, at the end of the week, that was probably the bigger difference. It's hard on a Wednesday because we have to travel a long distance, run right out of class, and get on a bus and people still have work and things going on after they get back, so I think that potentially makes it really difficult to focus in on the race," said Coach Robinson.

As it is scheduled to snow this weekend, the team is getting very excited for an opportunity to get out and experience it. Coach Robinson notes how the training has been getting somewhat monotonous so the snow will certainly up the energy levels.

Coach Robinson said, "We have kids in the sport who are doing it partially, they're injured and can't run a lot so it's sort of boring time on the bike for them in the Fitness Center and the training room while we're not on snow, but just in general, the team, they've done a great job managing what we could and we've skied when we could then the last week and a half has not been very good, but it would be great to come through that and actually get good snow and good time on snow to practice."

Nordic Skiing looks to build upon the season as it competes at St. Paul's next Wednesday.

Staff Report
Jan 28, 2022

Co-Captain Amelia Vinton '23 Brings Sense of Community to Nordic Skiing Through Personal Relationships

Andover Nordic Skiing Co-Captain Amelia Vinton '23 began skiing while visiting family and has progressed from downhill skiing to competitive Nordic while at Andover. She credits her interest in endurance sports as part of what led her to try skiing and continue as a leader on the team. What keeps Vinton coming back to Nordic is its sense of community. Vinton feels that Nordic brings all kinds of people together, creating a fun and enjoyable atmosphere.

Vinton said, "I think there's something really special about the team being all-gender, and something about Nordic draws really nice and just goofy people. Ever since freshman year, there's always been an amazing sense of community and playfulness on the team that is just unmatched by any other sport that I've ever done… When I'm at a Nordic meet or at Nordic practice, I really do feel present. All of the school stress goes away, pretty much." As a leader, Vinton strives to foster what makes skiing enjoyable for her among teammates as well. Vinton promotes a sense of community by getting to know everyone on the team and strives to make the sport fun for others.

"My emphasis is really on creating a welcoming environment and trying to bring people together…At the end of the day, for me, what matters most is that I'm doing something I love with really fun people and just getting outside," Vinton said. According to Tori Darling '22 and Head Coach Keith Robinson '96, Vinton's leadership has not gone unnoticed among teammates and coaches, who praise her easy-going and open character.

"Amelia is super sweet; she will chat with you for hours. On the bus, she loves to talk about Nordic, not Nordic, she's super encouraging. She'll always check in with you, about how your race went. She wants to be your friend, she wants to help you with your stress from homework, she wants to know what's going on in your life besides the sport, which is really nice," said Darling.

Coach Robinson added, "[Vinton is] just so levelheaded, and imperturbable, and just eminently coachable. She's able to do like [a] 10-minute workout with no stress and not complain, and just always happy dealing with whatever when we're outside." Vinton feels that the team has had an accomplished season so far and is proud of the team's achievements and continual improvement.

"It's been really fantastic to see peoples' growth, and I just love seeing people improve every week and really surprise themselves. I think a lot of people coming into the season had never skied before or had hardly skied at all. To see them performing the way they are and surprising themselves and doing really well has been really awesome," said Vinton.

Andrew Zhou
Feb 11, 2022

Nordic Skiing Head Coach Keith Robinson '96 Rebuilds Community after Covid-19 Hiatus

The main goal of Andover Nordic Skiing Head Coach Keith Robinson '96 this season is to provide students with an opportunity to go outdoors and get active in a season that might otherwise see students locked up at home or in their dorms. Robinson says that one of his favorite aspects of Nordic Skiing is that it can be participated in throughout one's entire life. He emphasizes that there are always things to learn for everyone, no matter their experience level.

"Learning how to do something that can become a life sport and something you can do for years afterwards is really rewarding.What I would say is, it is for each athlete to work towards their goals. So, for some of the newer skiers, that may be handling a tricky course without falling over or [handling] a tricky course while trying to keep their technique in really good shape. For some of the more experienced skiers, it may be… finishing in the top 10 in the league, or in the top five of the leagues, and…putting in the work all through that leads to that," said Robinson. According to Tori Darling '22, Robinson does not limit practice sessions to just regular skiing. Robinson finds fun ways to get exercise while still enjoying oneself.

"We switch up our practice routine quite a lot; we will sometimes play this game, speedball, which is a combination of soccer, and football. We… go on runs. He's really good at teaching techniques. We've been practicing on snow, even though there has been none until recently. He found this little patch of snow, that we were able to run little laps on. He's really creative in that sense. Because our team is mostly beginners, there's a lot of things that he has to do this season that he hasn't done before—he has to teach people how to put their skis on. He's just really encouraging in that sense. He said if we finish, that's something to be proud of. For each person, he's really good at coming up with a goal for you or something to focus on, so it feels super encouraging," said Darling. Robinson says that something important to him and his coaching is creating an environment in which all of his athletes can succeed. He hopes that his athletes find it in themselves to be their own motivation throughout the race.

"I would say putting my athletes in a position to succeed, whatever that means for them. So, at the end of the day, this is a sport where once they start, and they go off skiing into the woods, it really shouldn't be my motivation. They really can't have my motivation—I can't follow them around the course yelling at them to go faster. So really, it's putting everyone in a position to do the best they can and enabling them to do that," said Robinson. Co-Captain Hannah Justicz '22 not only highlights Robinson's helpful feedback, but also his stories from his time as a student and skier at Andover.

"[Robinson] is a really fun coach. He's helped me a lot with power application, so like shifting your weight and that's how you get power on skis. That's something he's really helped me a lot with—explosiveness and balance. He always gives us these different exercises where we're standing on one foot or like jumping around. He's also interesting because he nordic skied at Andover, so he'll tell us stories from that, [and] is fun to [hear] his experience," said Justicz. With Covid-19 disrupting last year's season and creating separations in the team, Robinson points out a separation in the team that it has been mending throughout this season. The addition of new students in the team makes this an especially important focus.

Robinson said, "Last year [was] essentially completely disrupted, and so now everybody that back is either brand new, or last season which was two years ago. So, a lot of it has been sort of just trying to rebuild a little bit of the culture of the team. A little bit of the self-reliance of the athletes. The right motivations, the right efforts… I think that [has] been the main focus this year—it's been a bit of a scramble in a way to bring so many new people online. It's just different than yours when we've had a really returning heavy squad."

Meg Stineman
Feb 11, 2022

Nordic Skiing Loses Top Spots in League at Lakes Region Championship, de Saint-Phalle Siblings Finish in Top Ten

In an atypical "skiathlon" format at the Lakes Region Championship in which skiers switch from classic skiing to skating during the race, Sam Gallaudet '23 finished the season at 2nd place in the league after a 3rd place finish in the race, while Remy de Saint-Phalle '23 and Claire de Saint-Phalle '22 both achieved top ten finishes in the league.

With the Championship playing an important part in deciding the final league standings, skiers near the edge of the top ten in the league were determined to do well in the race, according to Head Coach Keith Robinson '96.

"Usually, Lake Region Championship counts… double, in the season scoring. This year, what we did instead was just counted three of your best six races. But then this race is the tie breaker. So that actually came into play a little bit for some of them. So, for Claire, this being a tie breaker, she sort of passed a girl from Vermont Academy in the standings and with a strong race. So, I think people knew going in that spots were up for grabs in the final standings in the League. And at the end of the race, we sort of recognized the ten top skiers in the League for the year," said Coach Robinson.

Remy de Saint-Phalle echoed this sentiment, emphasizing the pressure that came with the contention for the top six places in the league. In the end, de Saint-Phalle and Gallaudet were beaten for the top spots in the race by skiers from Dublin Academy.

de Saint-Phalle said, "I think there was a lot of pressure because all of the top six spots in the league were a tossup based on this race. There were some great skiers from Dublin who came, and they took [first] and [second], bumping Sam and I down in the league standings."

Formidable efforts by Co-Captains Claire de Saint-Phalle and Hannah Justicz '22 gave them 8th place and 12th place finishes, respectively. With this result, de Saint-Phalle saw herself clinch a top ten spot in the final race of the regular season.

"Claire de Saint-Phalle had a really good race. She needed to sort of like clinch the top ten, [and] she did. She finished 8th, which moved her to 10th in the League for the year… Hannah did really well at twelfth… So, both of them sort of finished better today than they had been doing overall. They just put it together really well," said Coach Robinson.

Despite the unusual format of the Lake Region Championship, Gallaudet says the team prepared its classic skiing after the snowfall on Sunday. This provided a great experience for new skiers who have not had the opportunity to classic ski on snow yet.

"We had snow these last couple of days, so we went out and classic skied on Monday and Tuesday. We just tried to get the striding stuff down… it's tricky to pick up and a lot of people are new, so [there was] a lot of time spent on Siberia," said Gallaudet.

According to Coach Robinson, the team's sustained effort in classic skiing during practice paid off on Wednesday when its skiers earned early leads in the classic skiing portion of the race.

Coach Robinson said, "With the new snow, the last couple of days, we've been been doing classic… And on Friday night, in a race last Friday night, we raced classic as well. So, we've kind of been putting a lot of work on the classic technique, and they paid off a bit. All the kids kind of came back after the classic loop and said that they felt really good and that put them in a good position to have success in the second half of the race."

Coach Robinson says Gallaudet stayed competitive for the number one position until an equipment failure cost him time. Nevertheless, Gallaudet stayed toe-to-toe with a skier at Dublin with whom he had been competing for first place in the league throughout the entire season.

"Remy and Sam were sort of right up until the end, they were fighting it with the top five, and Sam actually had a shot at one. He had a little bit of difficult time transitioning to skate, and it just didn't quite work out today. Not a bad race per se, one of the boys from Dublin just had a better race, and the two of them have both been the top skiers in the league this year," said Coach Robinson.

Andover will finish its season at the NEPSAC Championship on Saturday.

Staff Report
Feb 18, 2022

Boys Varsity Squash
2021-22

Head Coach: John Roberts

Captain: Arthur Nguyen
Managers: Isabel Curran & Mia Kirdar

Overall Season Record

Win	Loss	Tie
7	2	0

Letter Winners: Jaden C. Chyu, Henri C. Comyns, Isabel M. Curran, Bryce T. Farr, Christian M. Graziano, Jiho Kim, Mia Kirdar, Dawson A. Lin, Todd A. Lin, Sean Winston J. Luo, Arthur A. Nguyen, Andrew V. Weissman, & William Weissman

FAGAN SQUASH TROPHY- Christian M. Graziano

Boys Varsity Squash
2021-22 Schedule and Results

12/08/2021	Wed	Squash BV	Belmont Hill	A	4:15 PM	7-0	W	
12/11/2021	Sat	Squash BV	Deerfield	H	3:45 PM	4-3	W	
12/15/2021	Wed	Squash BV	Milton	A	3:15 PM	7-0	W	
01/05/2022	Wed	Squash BV	Noble & Greenough	H	3:30 PM	Canceled		
01/08/2022	Sat	Squash BV	Choate/Taft	H	2:00 PM	Canceled		
01/10/2022	Mon	Squash BV	Brooks	A	4:15 PM	Canceled		
01/14/2022	Fri	Squash BV	Groton	A	4:45 PM	7-0	W	
01/19/2022	Wed	Squash BV	Tabor	A	3:45 PM	4-3	W	
01/22/2022	Sat	Squash BV	Hopkins/Hotch/PEA	A	3:30 PM	1-6 (Hotch) 7-0 (Hop)	W	L
01/26/2022	Wed	Squash BV	St. Paul's	H	3:00 PM	1-6		L
01/29/2022	Sat	Squash BV	Westminster/Choate/BH	H	1:30 PM	Canceled		
02/02/2022	Wed	Squash BV	Exeter	A	2:45 PM	7-0	W	
02/09/2022	Wed	Squash BV	St. George's	A	4:00 PM			
02/11/2022	Fri	Squash BV	NEISA	A	12:00 PM			
02/12/2022	Sat	Squash BV	NEISA	A	9:00 AM			
02/13/2022	Sun	Squash BV	NEISA	A	9:00 AM			
02/23/2022	Wed	Squash BV	Exeter	H	2:30 PM			
02/24/2022	Thu	Squash BV	high school nationals	A	6:00 PM			
02/25/2022	Fri	Squash BV	high school nationals	A	6:00 PM			
02/26/2022	Sat	Squash BV	high school nationals	A	6:00 PM			
02/27/2022	Sun	Squash BV	high school nationals	A	6:00 PM			

Boys Varsity Squash
2021-22 Roster

Roster Name	Year	Hometown
Jaden C. Chyu	2023	Seoul,
Henri C. Comyns	2023	Stamford, CT
Isabel M. Curran	2024	Houston, TX
Bryce T. Farr	2023	Rye, NY
Christian M. Graziano	2025	Greenwich, CT
Jiho Kim	2023	Newton, MA
Mia Kirdar	2023	Durham, NC
Dawson A. Lin	2023	Aspen, CO
Todd A. Lin	2025	Aspen, CO
Sean Winston J. Luo	2024	Ringoes, NJ
Arthur A. Nguyen	2022	Newark, NJ
Andrew V. Weissman	2023	North Andover, MA
William L. Weissman	2025	North Andover, MA

Coach: John Roberts

Boys Varsity Squash
2021-22 Match Highlights

Squash BV at Belmont Hill W 7-0

Great start for the boys' varsity squash season. Not only was it the team's first win against Belmont Hill, but also a great feat with the boys winning all their matches getting them to a score of 7-0. Good job boys in a so far undefeated season!

Squash BV vs Deerfield W 4-3

Andover took a close 4-3 win on Saturday vs. Deerfield. Players, Sean W. Lou, Bryce Farr, Andy Weissman, and Cody Comyns won their matches. Bryce made an impressive comeback securing Andover's win. Christian Graziano, Arthur Nguyen, and Aidan Lin all played impressive matches against their opponents. Many fans came to cheer on Graziano as he faced a difficult opponent.

Squash BV at Milton W 7-0

Clean sweep!!

Squash BV at Tabor W 4-3

A close well-earned win at Tabor today by boys' varsity squash! The final score was 4-3 and players Aidan Lin, Bryce Farr, Andy Weissman, Cody Comyns, and Jason Kim helped bring home the victory!

Boys Varsity Squash
In the News

Defeating Tabor Academy, Boys Squash Extends Win Streak to Four

Cody Comyns '23 got off to a quick start against Tabor Academy's seventh-seed player, Jerry Wei, with an 11-0 win in his first game. Conceding just three points in his next two games, Comyns swept his match 3-0. Despite the top three players losing its matches, Andover Boys Squash's bottom four sweeps propelled it to a 4-3 victory against Tabor. Andover's record now stands at 4-0.

Sean-Winston Luo '24 emphasized the importance of team spirit within an individual sport like squash. According to Luo, the team's recent bonding was an influential aspect contributing to its victory.

"I think the team is really becoming a team as recently especially… squash is an individual sport, so a lot of the time we are playing for ourselves. But that's not the spirit we should be playing as a team and this really embodied that," said Luo.

Andy Weissman '23 described the challenges that came with playing in an away game. However, according to Weissman, the team was able to successfully adapt to its unfamiliarity with Tabor's courts despite a slow start.

"We did well, we were very patient starting off, just because these were courts that we weren't used to, and they're also really cold. So, the ball was moving kind of in a way that we weren't used to. So, the team was really patient, especially in the first few games to sort of ease into the matches, and that allowed us to pull off some good wins that we needed," Weissman said.

As the fourth seed, Aidan Lin '23 defeated his opponent 3-0, winning his matches with scores of 11-9, 11-4, and 11-3. Luo praised Lin for his swift return from quarantine and winning his match.

Luo said, "I'm also really proud of my teammate Aidan Lin. He had quarantine and everything, so he hasn't been able to get on the court a lot. And this is his second day back from playing. He only went to practice yesterday, and I'm really proud of him."

Having had four canceled games since Andover's return to campus, the team's win against Tabor marked its first match since December. According to Lin, the team is still working on getting back to routine after the long pause.

"I think we did a good job getting the ball and back. Just getting in the rhythm of playing again. It's been a while since we played a match. So, it's been good to get back out on the courts. Yeah, [we're working on] definitely changing up our games during the match. Felt pretty repetitive after a while, and it got pretty easy to see what we're gonna hit. So just being more unpredictable," said Lin.

With its players returning from break at different times due to mandatory quarantines, the team is looking to ease back into the season. Moving forward, the team is focused on maintaining its composure during games, according to Weissman.

Weissman said, "We're focused on going into the matches, getting back into match play, obviously, because we had that long break. So, a lot of guys have been playing a lot of squash. So, we're just really focused on sort of staying calm and just getting back into heading in."

Andover will look to extend its winning record this Saturday as it travels to Hopkins to face Phillips Exeter Academy, Hotchkiss, and Hopkins.

Meg Stineman
Jan 21, 2022

Boys Squash Sweeps Hopkins, Win Streak Broken Against Hotchkiss and St. Paul's

In a tight 10-9 lead, Cody Comyns '23 hit a crosscourt drop into the nick, rolling the ball parallel to the ground. Securing match point, Comyns forced Hotchkiss to accept its first loss of the season. Andover Boys Squash ultimately lost 6-1 to Hotchkiss but made a comeback by sweeping Hopkins 7-0 in a doubleheader the same day. On Wednesday, Comyns was, again, the only Andover player to win a match against St. Paul's. The second 6-1 loss now puts Andover at a 6-2 record.

According to Sean Winston-Luo '24, Hotchkiss evidently had much stronger players. However, Winston-Luo also believes other uncontrollable factors placed Andover in a much more challenging position to win, such as injury and timing.

"We played Hotchkiss first. They're a much stronger team. We were missing our number two captain, Arthur Nguyen. He was injured with an ankle injury, so he was unable to come, and that made our lineup push up. We all had harder matches, so Hotchkiss was tough, and we ended up losing. We then played Hopkins, which is much less strong of a team," sand Winston-Luo.

Playing a more experienced team in the first leg of the doubleheader also had its perks, according to Avery Lin '25. Lin noted that with tough matches already under its belt, the team was properly warmed up against Hopkins.

"There was definitely a big gap in the level, but it was good to play a team like Hotchkiss because [that was our first loss of the season]. I feel like we got a lot better from it… Playing Hotchkiss first definitely prepared us for the Hopkins match," said Lin.

The practices leading up to the weekend's matches revolved around a common theme of repetition and consistency. The team used a technique called ghosting, which allows players to develop consistent movements and correct form.

"We did a lot of movement-based work on the squash court like ghosting. Sort of hitting the shot without a ball. We were just trying to get faster [and develop our] endurance, really trying to work on consistency on the court and hitting shots with more purpose, and that really prepared us for our matches at Hopkins. It's definitely going to serve us well further into the season," said Winston-Luo.

For future doubleheaders, Aidan Lin '23 believes the team should work on maintaining a strong effort until the final game. According to Lin, not only can endurance training help with this but also using certain strategies to conserve energy.

"Endurance is something we can always work on. Also, shortening the points. There were a lot of times we could be more efficient there in the easier matches and conserve more energy," said Lin.

On Wednesday, the team faced similar challenges against St. Paul's as they did against Hotchkiss. Despite attempting to keep an optimistic mindset, the team knew it was the underdog, according to Winston-Luo.

"They are a better team on paper than us, and we were going in as underdogs since our captain is injured right now. Everybody played harder matches," said Winston-Luo.

Andover will look to secure a win as it faces Groton away on Friday.

Patricia Tran
Jan 28, 2022

Propelled by Defense, Boys Squash Sweeps Groton and Exeter 7-0

Led by its formidable defensive play, Andover Boys Squash earned two 7-0 sweeps against Groton and Phillips Exeter Academy on Friday and Wednesday. The team's record now stands at 7-2.

According to Sean Winston Luo '24, the team felt confident and excited heading into its match against a depleted Groton team. Playing right before the long weekend also sparked excitement within the team.

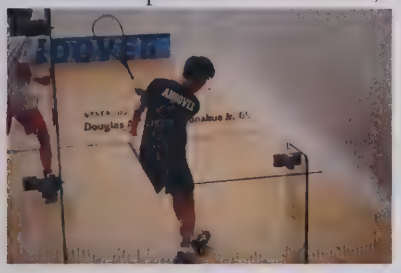
"We were feeling pretty confident especially since Groton's number one was going to be out, so we felt pretty confident going in. We were also excited, mainly because we've been playing a lot recently, a lot of matches back-to-back. It was our last match before the long weekend, and we needed a little bit of a break. I'd say that we were excited to finish it off on a good note," said Winston Luo.

While strong in both its offensive and defensive abilities, the team's defense proved to be the defining factor during the matches. Using a variation of shots, the team caught its opponents off guard, according to Aidan Lin '23.

Lin said, "The team is quite strong offensively and defensively, but it felt like our defense in the back of the court really won us our matches… The team is doing really well moving around and using a variety of shots to keep our opponents on their feet."

Despite its wide range of shots, the team needs to find more order within its games. Mentally knowing what shot to hit is especially important, according to Winston Luo.

Winston Luo said, "[I think we need to work on] a little bit more structure in our game. Sometimes it gets a little random, especially when points get a little desperate. Maybe a little more structure and understanding as to where to put the ball. Overall, we've been improving a lot in that [though]."



Bryce Farr '23 highlighted the performance from Christian Graziano '25. Graziano's poise and respect for his opponent shone on the court, despite facing the rival side of Exeter.

Farr said, "In the match against Groton, I have to highlight our [Junior], Christian Graziano '25. He always shows fair play and honesty. It's just really respectable to watch him play on the court. Today, he was being really respectful. Especially with the rivalry between Andover and Exeter, games can get a bit heated, so the sportsmanship was great from everybody all around. It was just nice to see that fairness today."

Andover will face St. George's away on Wednesday.

Monisha Kathika
Feb 4, 2022

Boys Squash Goes 1-2 at The New England Tournament and Works Towards a Top 10 Finish in the Season

Despite having to face many difficulties including inconsistency and injuries, Andover Boys Squash persevered through The New England Tournament with one win and two losses.

According to Head Coach John Roberts, the team has recently been facing higher ranked opponents with considerable talent and passion. He believes that because of this, maintaining confidence has been a point of struggle for the team, which it will continue to improve upon during practice.

Coach Roberts said, "We've [been] playing opponents that are better than us on paper. We have had a hard time executing in games [throughout] 100 percent of the match. We get to a point about 80% through and we're just getting to the finish line in a number of games and matches has proven a bit of a mental blockade. So I think this week we'll be working a lot on just end of game tactics and short games."

Avery Lin '25 and Will Weissman '25 highlight Christian Graziano '25 and Sean Winston-Luo '24 for their sportsmanship. Lin also notes how this sportsmanship and commendable behavior was consistent all throughout the team.

"I think sportsmanship was really good, especially with Christian Graziano and Sean [Winston-Luo]. I mean, our coaches say that they're our role models for sportsmanship, and I think we conducted ourselves very well," said Lin.

"Christian [was a] great role model on the court. And I think we all support each other. In between games, we kind of give each other good advice and try to help each other so we can win each match," added Weissman.

Coach Roberts notes the numerous injuries the team has needed to adapt to. Despite such challenges, it was still able to put forth its best effort.

Roberts said, "We're nursing on a few injuries at the moment, and we have a pretty young team. So, we're playing strong opponents. The boys definitely went pretty deep to make the matches competitive, even though they weren't necessarily at 100 percent. That wouldn't have been the case it can be sometimes quite easy just to kind of give in and they definitely put up a good fight in matches where you know, they were on paper technically outmatched,"

Lin believes that his brother Aidan Lin '23 played particularly well as he exhibited unrivaled consistency, ending with an undefeated record. Lin also notes that the team needs to continue this type of play.

"I think my brother Aidan Lin, he went undefeated and won a really important match in our half. And yeah, even though he's in here for the third match, I thought he played really well. I mean, he's always reliable and consistent during matches, which is something that's kind of rare on our team," said Lin.

Roberts stated that as a young team, there is a bright future for Boys Squash. He not only hopes to continue to foster the love of squash among inexperienced players but also has aspirations of finishing the season in the top 10.

"Obviously, we have a young team so it's good to gain more experience in terms of like, our next match is Exeter at home so hopefully obviously we could result there. In terms of our result nationals. I'd like to try and just build on our finishing position from the prior year. So, if we can get into the top 10 in the country this year will be kind of cool,"

Andover will look to defeat Exeter at home on Wednesday.

Meg Stineman
Feb 18, 2022

Girls Varsity Squash
2021-22

Head Coach: Jennifer Elliott
Assistant Coach:

Captain: Maria F. Pinot Forno
Managers:

Overall Season Record

Win	Loss	Tie
10	6	0

Letter Winners: Katherine W. Bell, Catherine Y. Cho, Migyu Kim, Kennedy L. Ndiaye, Maria F. Pinot Forno, Cristopher B. Ramnath, Scarlett Ruan, Karen S. Wang, Christina F. Yen, Liz C. Zhao

Women's Squash Trophy - Migyu Kim

Hoitsma Squash Award - Maria Forno Pinot

Girls Squash
2021-22 Schedule and Results

12/04/2021	Sat	Squash GV	Milton	H	3:15 PM	6-1	W	
12/11/2021	Sat	Squash GV	Deerfield	H	3:45 PM	3-4		L
12/12/2021	Sun	Squash GV	mash up	H				
12/15/2021	Wed	Squash GV	St. George's	H	3:45 PM	7-0	W	
01/05/2022	Wed	Squash GV	Noble & Greenough	H	3:30 PM			
01/08/2022	Sat	Squash GV	Choate	H	12:00 PM			
01/12/2022	Wed	Squash GV	Winsor	A	3:30 PM	0-7	L	
01/15/2022	Sat	Squash GV	Taft/Loomis/PEA	A	3:00 PM	Loomis 0-7	L	
01/19/2022	Wed	Squash GV	Tabor	A	3:45 PM	6-1	W	
01/22/2022	Sat	Squash GV	Exeter	H	2:00 PM	7-0	W	
01/26/2022	Wed	Squash GV	St. Paul's	H	3:00 PM	6-1	W	
01/28/2022	Fri	Squash GV	Groton	H	5:00 PM	7-0	W	
02/02/2022	Wed	Squash GV	Brooks	A	2:30 PM	7-0	W	
02/09/2022	Wed	Squash GV	Middlesex	H	3:00 PM	7-0	W	
02/11/2022	Fri	Squash GV	NEISA	H	12:00 PM			
02/12/2022	Sat	Squash GV	NEISA	H	9:00 AM			
02/13/2022	Sun	Squash GV	NEISA	H	8:00 AM			
02/23/2022	Wed	Squash GV	Exeter	A	2:45 PM	7-0	W	
02/24/2022	Thu	Squash GV	high school nationals	A	6:00 PM			
02/25/2022	Fri	Squash GV	high school nationals (Deerfield)	A	6:00 PM	4-3	W	
02/26/2022	Sat	Squash GV	high school nationals (Agnes Irwin)	A	6:00 PM	3-4		L
02/26/2022	Sat	Squash GV	high school nationals (Episcopal Acd)	A	6:00 PM	1-6		L
02/27/2022	Sun	Squash GV	high school nationals (SCH HS)	A	6:00 PM	3-4		L

Girls Squash
2021-22 Roster

Roster Name	Year	Hometown
Katherine W. Bell	2022	Great Neck, NY
Catherine Y. Cho	2022	Seoul,
Migyu Kim	2025	Berwyn, CT
Kennedy L. Ndiaye	2022	Malvern, PA
Maria F. Pinot Forno	2022	Guatemala,
Cristopher B. Ramnath	2023	Elmhurst, NY
Scarlett Ruan	2023	Andover, MA
Karen S. Wang	2023	Princeton Junction, NJ
Christina F. Yen	2024	Andover, MA
Liz C. Zhao	2024	Princeton Junction, NJ

Coaches: Jenny Elliott and Midori Ishizuka

Girls Squash In the News

Girls Squash Head Coach Jennifer Elliott '94 Focuses on Getting to Know Players "On and Off the Court"

Andover Girls Squash Head Coach Jennifer Elliott '94, Assistant Head of School for Residential Life and Dean of Students, focuses on fostering a tight-knit team as it competes competitively for the first time in two years. Beginning her squash career when she was eight years old, she played with her brothers and father. Eventually playing for Andover, she continued to play squash at Dartmouth College.

Elliott said, "I really enjoyed my squash at Andover and college much more than I did prior to high school when it was more of an individual sport. The team aspect of it was really compelling to me."

As a coach at Andover, Elliott strives to coach the team in the same way she teaches her students in a classroom. Specifically, she emphasized the importance of a strong understanding of the players, both as athletes and as individuals.

"I coach a little bit like I teach, which is that I think it's really important to know your players in order to be a good coach for them. It is important for me to know what matters to my kids on and off the court and what interests they have, about what things they're curious about… what's really frustrating, and help them through their frustrations, [etc.]. Squash can be a really frustrating sport, so trying to help them understand and push through that frustration, I think about that a lot in teaching. In order for me to do that well, I really need to know my kids. And I'm lucky that way to have a pretty small team, so that way I can get to know my players pretty well." Elliott said.

To her players, Elliott hopes to engrain the value of not only winning but also losing with honor.

"For me, we talk a lot about deserving to win, we talk a lot about respecting ourselves and the rules of the game and our opponent, and winning with integrity and losing with integrity. But, I also think hard work is really important, so I think that's true to my priorities as an athlete and also as a coach," said Elliott.

According to Cathy Cho '22, Elliott's desire to get to know her players has really allowed her to be an inspiration for the players on the team. Further, Cho stated that Elliott's coaching style makes her a more easy-to-approach and reliable coach.

"Getting closer to her and talking to her more on a personal level just makes me feel more inspired. [Do] you know how your superheroes can be your mom or the closest to you? She felt like some figure like that. At first, she seemed like an Iron Man, but after getting to know her, I was more inspired because she's human, everyone's human. As a coach, she really values personal character over technique. That's what really stuck with me." Cho said.

According to Karen Wang '23 and Cho, Elliott's extensive experience as a player and emphasis on sportsmanship makes her a better coach. In particular, she is able to offer specific advice for each player while emphasizing the importance of character in any match.

Wang added, "Because she knows so much about squash and has coached so many people before us as well, she's able to tell me exactly what I need to work on, [which] sort of ties [in with her precision as a coach]."

Cho said, "[Coach Elliott] gives you constructive criticism, she gives you feedback, but also she never gets mad or never lets her emotions get in the way of her coaching. She acknowledges that things happen and things are unfair, and she doesn't talk bad about that. She discourages the team from talking badly or showing bad sportsmanship… The fact that she puts sportsmanship first and cooperation, collaboration before winning, I find that really inspiring and it just made me more comfortable playing. She made me feel like if I'm a good person or if I show good sportsmanship then it doesn't matter if I win or lose. Sure, it might be great if I win, but I've been a good player and that's all that matters."

Monisha Kathika
Dec 10, 2021

Girls Squash Captain Mafi Pinot '22 Leads with "Infectious Determination, Passion, and Enthusiasm"

Following in the footsteps of her mom and aunt, Andover Girls Squash Captain Mafi Pinot '22 began playing squash at eight years old at a local sports club. In addition to leading Andover Girls Squash, Pinot has recently represented Guatemala at the 2021 Junior Pan American Games, where she claimed bronze in the women's doubles.

According to Pinot, her love for squash comes naturally, and for her, the sport serves as an outlet in times of boredom, social stress, or emotional struggle.

"I think motivation just comes easily because I have tournaments to look up to, big competitions always coming up. I love the game so much that it's just like what I do instead of a chore or something that's really hard. It just kind of flows," said Pinot.

Pinot doesn't take her natural talent for granted. Rather, she pairs her passion with an intense work ethic that inspires her teammates to do the same, according to Head Coach Jennifer Elliott.

"I've had captains who are the best players on the team because of their talent. I would say Mafi combines both of those qualities; there's [no one] who works harder than Mafi and I think everyone knows that. They try to work to aspire to be like her that way," said Coach Elliott '94.

According to Karen Wang '23, Pinot's work ethic persists even during the more mundane parts of practice, her enthusiasm contagious amongst the team.

"After squash, we have an ab circle where we do ab exercises together, and before the game we have warmups. I remember Mafi would always go above and beyond everything we're doing. We even joke about her having her own fitness channel too. Everyone else was struggling with the exercises and she was just doing them so effortlessly and it looked really cool," said Wang.

Although Pinot's dedication and rigor may seem intimidating, she remains open and in communication with her teammates, according to Cathy Cho '22.

"I thought she was someone I could never talk to because she's all the way up in #1 seed and I'm struggling to be at the bottom. She's so human; she's so relatable. I think that's one quality that makes her so liked and respected," said Cho.

With teammates often challenging each other to achieve a higher seed within the team, Pinot prioritizes the team as a whole over the individual and competitive nature of squash.

"I don't want challenge matches to feel like us as players against each other. It's just us as a team trying to be the best version before a match either on Wednesday [or] Saturday, not really to create tension between the players," said Pinot.

In charge of setting the example, Pinot hopes to nurture an inclusive team environment this season, especially with newer members on the team.

"We're starting and building a brand [new] team. A lot of [my old] teammates and a lot of my friends graduated. We didn't really get a last season with them, but I'm really excited because it's an opportunity to start from scratch. I think the most important thing for me is that everyone feels welcomed like they really belong to the team. I just want them to feel safe on and off the court," said Pinot.

Caring for her teammates and playing high-level squash at the same time requires maturity and poise, according to Coach Elliott.

"It's really hard to tell whether she's winning or losing when you walk up to her court. She just has tremendous composure on the court and I can trust that she is going to compete in a way that she's proud of, that she represents our school and our team, and the program that we're really proud of. I think that Mafi combines a lot of the best qualities of a lot of our captains that have come before. She's really, really special," said Coach Elliott.

Patricia Tran
Dec 10, 2021

Girls Squash Struggles to Find Success against Winsor, Loses 0-7

Girls Varsity Squash traveled to Winsor for its first away game of the 2022 season. Despite its efforts, the team was swept by Winsor 0-7, bringing its record to 1-2.

Heading into the game, the team was missing nearly half of its players due to injuries and quarantine. According to Captain Mafi Pinot Forno '22, the team stepped up despite these unideal conditions and put forth a formidable effort even while playing against tougher competition.

Pinot said, "Today, to be honest, was really hard because three of our top players [were] out. Two of us are injured and the other one is in quarantine. So, in general, we knew going to the match that it was going to be really hard because everyone was playing three spots up. That was really hard because, especially in a sport like squash where there [is] just a team of eight, if three are out, that means everyone moves up, which is really hard. But then, I actually did feel pretty proud of how the team took on the challenge and still performed and everyone I think did their best."

Karen Wang '23, who had the best record of the match with a score of 23-33, played three seats higher against Winsor's fourth rank. According to Wang, the nerves and burden of playing higher competition affected her mindset, but she ultimately surpassed her initial expectations.

"I was really nervous just because I was like, 'I really didn't expect anything going to the match,' just because I assumed that the fourth [rank] girl was really good because she usually [plays] two or three levels up on me. But like when I played my first game, I was actually able to get to 11-9 and I felt really happy then… overall, I am happy with my performance just because I was able to surprise myself."

In addition to Wang's performance, Pinot highlighted the strength and perseverance of Ellie Isrealov '25, who improved the scores of her games as the set progressed. Even in the close matches, Isrealov was able to maintain her stamina and concentration all throughout the game.

"We saw really, really good matches. But I'm really proud of the way Ellie Isrealov played. I saw, so the first game was really hard. She made just a couple points, but then we coached her and I talked to her and she was playing so well after. Then the last game, she lost like 11-9, which is the closest thing you can lose in a squash match with just a two point difference. So I think I was just really proud of how she was able to switch it up even though the first game was so hard. But she kept fighting all the way through, so I was really really proud of that match," said Pinot.

Head Coach Jennifer Elliott '94 believes that the absence of the team's top three players and the overall skills of Winsor put the team at an immediate disadvantage.

"The Winsor team's just stronger than ours. They were fitter and that was a huge advantage, they were just really fit and they, I think they were healthier. So we were missing three of our players, our number two, three, and four and so that made a big difference in our whole lineup. When you have that hole on top, that influences and impacts the way you do in all the matches," said Coach Elliott.

As the team prepares for the New Englands and Nationals tournaments, Pinot believes it will be important for the team to maintain its physical strength and concentration during games.

Pinot said, "So I think moving on and thinking about our next matches and Nationals are coming up and New Englands are coming up, those are two big tournaments. And I think the most important thing for our team right now is to be healthy and just be strong, both physically and mentally… So I would just say for the

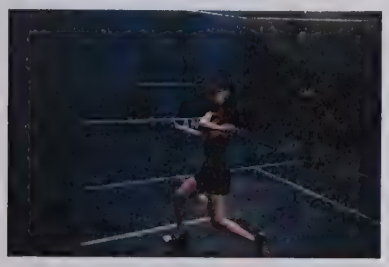
rest of this season our main goal should be to literally not get injured and stay healthy. Because when we're all playing, I feel really confident like I think we have a really good team this year. And we're playing well and it's just that if we're injured of course we cannot play. So I think that's just like my main goal for the team this season and of course like for me too. I got injured as well but [am] now recovering. So hopefully once we're all back, we are able to keep it that way."
Andover will compete against Taft and Loomis Chaffee at Loomis this Saturday.

Nabilah Nazar
Jan 14, 2022

Girls Squash Swept by Loomis, Then Convincingly Victorious over Tabor

Despite the challenges of quarantine the first week and off practices, Andover Girls Squash put up a fight against Loomis Chaffee on Saturday falling 0-7, then defeated Tabor Academy on Wednesday with a final score of 6-1. Its record now stands at 2-2.
According to Migyu Kim '25, a great majority of the team's success came from the bond they have with one another. Although its games were on the road, its morale and spirit did not waver because of this connection the players had created with one another.
"From our two away matches, just like traveling with them [the team] definitely even brought us closer…the energy was all really good and it was just a really supportive environment," said Kim.
Karen Wang '23 shared a similar sentiment to Kim, believing that the environment and atmosphere are essential aspects of the game and ultimately contribute to improved overall success.
"I think we all did very [well] and tried hard. I loved how every[one] cheered for each other. When I was playing my match, I felt even more motivated to win because of my teammate's support and encouragement," Wang wrote in an email to *The Phillipian.*
While holding team spirit and great sportsmanship in high regard, the team did do much work on the physical aspect of its game in the week leading up to the matches, specifically improving stamina by means of conditioning, according to Liz Zhao '24.
Zhao said, "We were doing a lot of conditioning, we did like…to get ourselves back in shape. And we did a lot of drilling and I'm pretty sure we're all in pretty good shape to take on a lot of matches."
Kim noted how despite squash being an individually played sport, the team builds camaraderie as it seeks to balance out competition with connection.
Kim said, "I think that just like sometimes you know because we're all like competing against each other because you know squash is an individual sport but also like building on teamwork is just like finding that balance too because sometimes between two members it can get a bit competitive but I think that our team specifically has like a really good dynamic and a really good relationship and just continuing to build that and maintain that positive sportsmanship.
According to Zhao, in addition to continuing its conditioning, the team will try to improve upon skills and techniques as well as implement new strategies and learn to execute them.
"There's always like specific shots that we like to work on or game mindsets. For example, sometimes we want to focus on not thinking about the score and just thinking about how to play the best squash that we can or we want to think about how to attack better and play more aggressive shots in order to get our opponents to panic and run more," said Zhao.
Andover looks to learn from this week as it faces off against Phillips Exeter Academy this Saturday at home.

Elle Mendez
Jan 21, 2022



Girls Squash Extends Win Streak to Five, Sweeps Exeter 7-0 and Defeats St. Paul's 6-1

Following the team's 7-0 sweep against Phillips Exeter Academy on Saturday, Andover Girls Squash headed into its match against St. Paul's on Wednesday with a four-game win streak. Led by 3-0 sweeps from Liz Zhao '24, the team's third seed player, and Karen Wang '23, the team's sixth seed player, Andover defeated St. Paul's 6-1. Adding two more victories to its win streak, the team's record now stands at 8-2.

Andover will play Exeter once more before the end of the season. According to Kennedy Ndiaye '22, the Andover/Exeter rivalry provides intense competition and the opportunity for the team to improve certain aspects of its game.

"I think Exeter is one of our favorite teams to play because of the years of tradition and the competition. And as our coach, [Head Coach Jennifer Elliott '94] always says, we respect them as players and students and people. So it's intense competition and everyone's really good and [we're] in some of our most competitive spirit. But it was not the first time we played them this season, and it also wasn't the last time we're going to play them again before the season is over. So it's a really good opportunity to focus on something specific each time that we play them and it can be different things," said Ndiaye.

During practices, the team has been working on drills tailored towards increasing its fitness and offensive power. According to Zhao, the intense practices have translated to improvement and success on the court.

Zhao said, "One thing our coaches really like to emphasize during practice is our fitness, and we do this brutal warm-up that's like five minutes of jump roping, then five minutes non-stop of running up and down the Snyder stairs, and then five minutes of sprinting back and forth on the court just as a warm-up. So our fitness levels have, I think, really improved, and it's really helped during those really long rallies and points where the ball just won't die. And then we've also been working on attacks and playing aggressively, and I think that also helped in order to beat our opponents."

Defeating St. Paul's with 3-0 sweeps from Zhao and Wang, the team saw formidable play across the whole team. According to Kim, the team has focused on maintaining composure and sportsmanship amidst its recent success.

"I think all of us have been playing really well, but just making sure that we're having good sportsmanship because I think a lot of times when you're playing really well and having matches against others, it's easy to become a bit arrogant or kind of lay off. But all of us have been really focusing on what we can work on in each match and making sure that we have good sportsmanship and representing our team values. And that's something that we've been really excelling in and just staying calm and playing our own game well," said Kim.

Looking ahead, the team is looking forward to more competition against Exeter and the teams it lost to previously. According to Ndiaye, the team is aiming to carry its momentum throughout the rest of the season in hopes of a deep run at Nationals.

"We're looking forward to playing Exeter again and hopefully [beating] them again in the same way, and we're really looking forward to Nationals which is a really great opportunity. We lost to Winsor, but we hope to play Winsor again and beat them this time because we have more players back on our team; we had a few injuries and sickness. But yes, looking forward to Nationals and just continuing to excel," said Ndiaye.

Andover will seek another win as it welcomes Groton at home on Friday.

Staff Report
Jan 28, 2022

Girls Squash Sweeps Groton and Brooks, Brings Win Streak to Seven Games

In addition to securing a 7-0 sweep against Groton as a team, all seven Andover Girls Squash players won their individual matches in just three games each. Combined, the team won all 21 out of 21 games played on Friday afternoon. On Wednesday afternoon, the team defeated Brooks 7-0 to secure its seventh win in a row. Andover's record now stands at 10-2.

According to Cathy Cho '22, the energy in the courts during the Groton matches propelled the team to a dominant victory. With multiple teams playing at the same time and large groups of spectators, the team felt more confident in its abilities.

"We were all really hyped I think, especially because we were all thinking about the long weekend. It was not just varsity but JV1 also played. Having more players playing together and cheering for each other – that was really nice. We also had a lot of spectators because now we're allowed right, so it was nice to have all that support," said Cho.

According to Liz Zhao '24, practices the week leading up to Groton consisted of fitness and aggressive playing. The team conditioned and worked on its kills and attacks.

"Our coaches sometimes have us do this warmup that's like five minutes of non-stop jump roping, five minutes of running up and down the Snyder stairs, and then five minutes of sprinting back and forth on the court. So we did do that a couple times before, and then that week our coaches also had us focus on attacking and playing aggressively, so I think that really did help us when we were playing Groton," said Zhao.

Knowing Groton would be a weaker opponent, Andover players were able to zero in on certain aspects of their game. In particular, Cho wanted to focus on deep shots in her match.
"When I won my first game, Coach Elliot just came to me and said, 'What do you want to work on?,'" and I said I wanted to work on my deep shots so that it doesn't bounce off the wall too quickly. And she was like, 'Then make it into a condition game and only allow yourself to hit deep and straight," said Cho.
Andover's first and second seeds, Migyu Kim '25 and Christina Yen '24, also decided to give themselves conditions. According to Kim, this allowed her to take risks and dial in on her own weaknesses.
"[Christina] was kind of beating up her opponent, so I recommended her to use a condition to challenge herself and work on some of the things that she wanted to. Christina and Coach Elliot also recommended that I do a condition as well, and that just helped me focus on the game and make it really meaningful and just practice the things I wanted in terms of my game," said Kim.
According to Kim, Brooks' squash courts were a change of scenery compared to Andover's home courts. The team had to adapt to different ball movement patterns and speeds in order to place its attacks precisely.
"The team was really focusing on taking advantage of the court. The ball moves really fast on the Brooks courts, but dies in the corners. We were focusing on adjusting to the different style of courts, especially because they played really different than our home courts. Focusing on having precise kills and drops, but also just wanted to have fun!" wrote Kim in an email to *The Phillipian.*
Andover will host Middlesex at home next Wednesday.

Patricia Tran
Feb 4, 2022

Girls Squash Prepares for New England Championships in a Dominant Sweep over Middlesex

In its final home match of the season, Andover Girls Squash took on Middlesex. In dominant fashion, Andover swept the matches, winning 7-0. Andover has now won eight consecutive matches, and its record stands at 11-2.
According to Cathy Cho '22, the team's energy against Middlesex propelled each other to play better and foster unity within the team. The overall success led to the team's positivity, which made for a very enjoyable set of matches.
Cho said, "The atmosphere was very hype. Everyone was pumped to be winning from all different courts. Our team felt the most connected; we have the whole season with all the support and small talk, and it was really great."
In preparation for upcoming New England Prep School Girls Championships Class A (New England's) over next weekend, Andover decided to rest its two top players. Andover embraced this challenge, proving it to be a rather good choice, as the rest of the lineup got to move up two spots. Andover embraced this challenge and it motivated them to play better.
According to Captain Mafi Pinot '22, the challenge of moving up two spots really allowed the team to fine tune its skills.
Pinot said, "I think overall I was really proud of my team's performance because we are preparing for New England's, so everyone used their matches as preparations for the upcoming tournament. I was also really proud of Kennedy [Ndiaye '22] because she played at number two, which is two spots above her usual ranking. Me and Christina [Yen '24] didn't play because we rested our top players to prepare for the tournament, and Kennedy played really well in an unfamiliar position."
Cho added, "I feel like everyone played well. Our top two players didn't play, because we are trying to prepare for New England's this weekend, so to prevent injuries they just cheered and supported us instead of playing. Everyone played two spots above their original position. Everyone was more motivated to push themselves because they were playing a higher position, and it worked out really well. We swept and won 7-0, everyone won 3-0 in their matches, so that was really nice."
According to Christina Yen '24, the final home game proved to be emotional for some of the Seniors, as it was their last time playing on the courts they had known throughout their Andover careers. This emotion inspired the rest of the team to play well.
Yen said, "Everybody was pretty excited, pretty motivated to play well… There's New England's coming up, and this was our last home match. We all wanted to go out with a positive attitude."
Heading into matches that the team expects to win, Andover focused on smaller aspects of their game. Working on fine tuning its weaknesses, Andover is well prepared for the upcoming New England's tournament.

Cho noted, "I was working on my serve, trying different things to give myself a higher chance of, well, winning. A lot of people thought of their biggest weakness, and since this wasn't supposed to be a super challenging match, people were more willing to take risks. For example, I tried out different serves and saw which one was the best and used this to our advantage to strengthen our weaknesses."
This match gave Andover the confidence they need to play their best in the upcoming tournaments.
"Everyone was having a lot of fun, and we were all really excited for the upcoming weekend. We also have Nationals coming up, so yesterday we were just really excited for all the tournaments we have coming up," said Pinot.
Andover looks to continue its strong season this weekend at New England's.

Tyler Parker
Feb 11, 2022

Girls Squash Performs Well at the NEISA Championships in the Face of Tough Opponents and Circumstances

Down by two in a race to win three matches, Christina Yen '24 "dug in" to take the next two games composedly before falling short in a closed final. Overall, Andover Girls Squash placed fifth out of eight teams this past weekend in the NEISA Girls Championships.
According to Head Coach Jennifer Elliott '94, this tournament-style bracket posed challenges for the team. It forced players to compete in more matches in a shorter period of time than usual: something that not all players are used to.
"Our team is used to playing singular matches on Wednesdays or Saturdays. This tournament called for our players to compete in three matches in two days, something certainly different for most of our players who have not been playing as many tournaments recently. Endurance and stamina are important factors in the game, and players get tired when playing more than they are used to. It was evident which players had been playing in tournaments recently and which ones were experiencing this as a new format," said Coach Elliott.
This style of tournament, too, scored the teams in a more individual performance-based point system. This put the team under more pressure than in their typical matches, as each player had to perform their best, according to Yen.
Yen said, "We are unused to playing in this style of bracket. Because the tournament was one-on-one, there is more mental pressure to do well. The number of points that each individual got was fully dependent on their performance in their slot. Normally when we play team matches, we calculate how we do based on whether we won a majority of our matches or lost the majority. There is far more mental pressure compared to this style, where every match for each seating/ranking counts. We aren't just calculating how many of us won overall versus the other team's, we are calculating how we individually placed within our groups."
Nerves did not only stem from the strain put on each member of the team's performance but also the competition. Andover faced the top teams in New England this past weekend and according to Liz Zhao '24, the team felt the pressure during close matches.

"Relatively speaking, matches this weekend were a lot closer than they have been in the past. We performed really well, especially considering some of these teams were really strong. We haven't had the opportunity to play teams at such a high level much this season. I remember distinctly watching my teammates fighting for a lot of tiring five-game matches. I was really impressed at how they never give up, even through until the last minute of the last game. Some of these teams have girls, too, [who are] top-level players at the national and even international level. There were a lot of big names at this tournament, and I know it made me and some of my teammates feel a little nervous," said Zhao.

Similarly, the top seated schools all had an edge over Andover headed into the weekend. Sacred Heart, Greenwich, and Winsor (seated 1, 2, 3 respectively) are all day schools, meaning their players can access these tournaments more frequently. They approached the championship with familiarity in the format.

Coach Elliott said, "We have several players on our team who do play tournaments, but it is much harder at boarding school. They have to worry about Covid-19 restrictions, missing classes, spending time traveling—all while having to be back by curfew. Our players are competing against other squash athletes who play tournaments much more often. That puts them at a disadvantage."

This bracket style was not entirely bad, though. Liz Zhao '24 explained how the individualistic aspect of matches created time for more team support.

"The way the tournament was organized allowed us to watch and support our teammates. This can be a good or bad thing depending on each player's like or dislike of spectators. The bracket also meant that more of us were available to help coach each other in between games," said Zhao.

After a satisfactory effort this weekend, Andover looks forward to High School Nationals this weekend in Philadelphia.

Matt Leonard
Feb 18, 2022

Boys Varsity Swimming & Diving
2021-22

Coach: David Fox
Assistant Coach: David Gardner

Captains: Brendon Fang, Max Fang, Ralph Lam, & Hank Yang

Overall Season Record

Win	Loss	Tie
4	0	0

Letter Winners: Brendon L. Fang, Max S. Fang, Oliver X. Feng, Andrew J. Kim, Ralph Y. Lam, Samuel Lee, Marcel Z. Liu, Daniel G. Mair, Jay J. Pae, Theodore R. Randall, Daniel Y. Seong, Raphael J. Sibuet, Howard D. Wolfe, Christopher Xia, Henry B. Yang, & Yihao Zhou

Award Winner: Not Awarded

Boys Varsity Swimming & Diving 2021-22 Schedule and Results

01/08/2022	Sat	Swimming & Diving BV	Choate	H	1:30 PM	Canceled	
01/14/2022	Fri	Swimming & Diving BV	St. John's Prep	H	5:30 PM	119-64	W
01/15/2022	Sat	Swimming & Diving BV	Suffield	A	3:30 PM	108-75	W
01/29/2022	Sat	Swimming & Diving BV	Deerfield	A	2:00 PM	Canceled	
02/12/2022	Sat	Swimming & Diving BV	Loomis	A	1:00 PM	112-74	W
02/19/2022	Sat	Swimming & Diving BV	Exeter	A	3:30 PM	115-71	W
02/24/2022	Thu	Swimming & Diving BV	Eastern's	A	1:00 PM		
02/25/2022	Fri	Swimming & Diving BV	Eastern's	A	1:00 PM		
02/26/2022	Sat	Swimming & Diving BV	Eastern's	A	1:00 PM		
02/27/2022	Sun	Swimming & Diving BV	Eastern's	A	1:00 PM		
03/04/2022	Fri	Swimming & Diving BV	NE England	A	11:00 AM		
03/05/2022	Sat	Swimming & Diving BV	NE England	A	11:00 AM		
03/06/2022	Sun	Swimming & Diving BV	NE England Championships	A	8:00 AM		

Boys Varsity Swimming & Diving
2021-22 Roster

Name	Year	Hometown
Brendon L. Fang	2022	Portland, OR
Max S. Fang	2022	Portland, OR
Oliver X. Feng	2025	Plano, TX
Andrew J. Kim	2023	Grafton, MA
Ralph Y. Lam	2022	Hong Kong,
Samuel Lee	2024	Scottsdale, AZ
Marcel Z. Liu	2023	Natick, MA
Daniel G. Mair	2024	Kingston,
Jay J. Pae	2023	Closter, NJ
Theodore R. Randall	2023	Andover, MA
Daniel Y. Seong	2025	Wyckoff, NJ
Raphael J. Sibuet	2024	Dubai
Howard D. Wolfe	2023	Vero Beach, FL
Christopher Xia	2023	Haverhill, MA
Henry B. Yang	2022	Hong Kong
Yihao Zhou	2025	Larkspur, CA

Boys Varsity Swimming & Diving
2021-22 Highlights

JANUARY 14, 2022
Swimming and Diving BV vs St. John's Prep
W 119-64
ANDOVER RETURNS TO ACTION AFTER 677 DAYS
After 677 days, the Andover Boys' Swimming & Diving Team returned to action.

The meet marked the only home meet of the season, and the final meet ever at the Borden Gym pool, a site used since 1912.

200 Medley Relay
1st: Marcel Liu '23
Trey Wolfe '23
Andrew Kim '23 (rookie)
Theo Randall '23 (varsity rookie)
1:38.65

3rd: Ben Zhou '25 (rookie)
Jay Pae '23
Ashton Ma '24 (rookie)
James Isenhower '22 (varsity rookie)
1:47.62

200 Freestyle
1st: Daniel Mair '24 (rookie)
1:49.88

2nd: Oliver Feng '25 (rookie)
1:50.03

3rd: Ralph Lam '22
1:50.05

200 Individual Medley
1st: Christopher Xia '23
1:57.08

2nd: Sam Lee '24 (rookie)
1:59.86

4th: Daniel Seong '25 (rookie)
2:03.93

50 Freestyle
1st: Theo Randall
22.35

2nd: Marcel Liu
22.60

4th: Ashton Ma
24.73

100 Butterfly
1st: Andrew Kim
52.41

2nd: Marcel Liu
52.91

4th: James Isenhower
59.61

100 Freestyle
1st: Daniel Mair
49.17

2nd: Ralph Lam
49.50

5th: Ben Zhou '25 (rookie)
51.92

500 Freestyle
3rd: Jay Pae
5:14.83

5th: Daniel Seong
5:20.13

200 Freestyle Relay
1st: Theo Randall
Ralph Lam
Marcel Liu
Daniel Mair
1:30.09

2nd: Sam Lee
Trey Wolfe
Ben Zhou
Andrew Kim
1:33.04

100 Backstroke
1st: Oliver Feng
55.65

3rd: Ashton Ma
1:00.13

6th: James Isenhower
1:02.12

100 Breaststroke
1st: Christopher Xia
58.43

2nd: Sam Lee
1:01.51

4th: Trey Wolfe
1:06.37

400 Freestyle Relay
1st: Daniel Mair
Theo Randall
Andrew Kim
Ralph Lam
3:21.12

2nd: Oliver Feng
Jay Pae
Daniel Seong
Sam Lee
3:28.92

4th James Isenhower
Ashton Ma
Ben Zhou
Christopher Xia
3:40.68

JANUARY 15, 2022
Swimming and Diving BV at Suffield
W 108-75

ANDOVER TRAVELS TO SUFFIELD AND THE NEWLY NAMED ANDY LOWE POOL

(SUFFIELD, CT) – In October 2021, Suffield Academy renamed its natatorium after New England Legend, and long-time Suffield swimming coach, Andy Lowe. Coming off last night's meet with St. John's, Andover's young squad responded well to several variables, adjusted, and had lots of good moments.

Full Results:

200 Medley Relay

2nd: Daniel Mair '24 (rookie)
Daniel Seong '25 (rookie)
Ashton Ma '24 (rookie)
Ben Zhou '25 (rookie)
1:43.26

4th: Hank Yang '22
Andrew Zhou '24 (rookie)
James Isenhower '22 (varsity rookie)
Trey Wolfe '23
1:47.23

200 Freestyle

1st: Christopher Xia '23
1:48.00

4th: Sam Lee '24 (rookie)
1:52.48

5th: Jay Pae '23
1:54.65

200 Individual Medley

3rd: Oliver Feng '25 (rookie)
2:03.68

5th: James Isenhower
2:12.71

6th: Trey Wolfe
2:13.11

50 Freestyle

2nd: Theo Randall '23 (varsity rookie)
22.42

3rd: Marcel Liu '23
22.46

4th: Ralph Lam '22
22.55

Exhibition:
Andrew Kim '23 (rookie)
22.95

Ben Zhou
23.41

Daniel Seong
23.81

Ashton Ma
24.13

Hank Yang
24.14

Andrew Zhou
25.29

Diving
1st: Jay Kaufman '24 (rookie)
149.48

2nd: Marek Deveau '23 (rookie)
108.38

3rd: Dylan Herlihy '22 (rookie)
97.35

100 Butterfly
1st: Andrew Kim
52.43

2nd: Marcel Liu
52.47

5th: Ashton Ma
57.06

100 Freestyle
1st: Daniel Mair
48.86

3rd: Theo Randall
49.13

6th: Ben Zhou
52.32

500 Freestyle
1st: Sam Lee
5:06.72

2nd: Jay Pae
5:12.97

3rd: Hank Yang
5:29.01

200 Freestyle Relay
2nd: Marcel Liu
Oliver Feng
Theo Randall
Andrew Kim
1:29.03

4th: James Isenhower
Jay Pae
Trey Wolfe
Daniel Seong
1:35.97

100 Backstroke
1st: Oliver Feng
57.32

2nd: Daniel Mair
1:00.31

3rd: Trey Wolfe
1:01.29

100 Breaststroke
1st: Christopher Xia
58.39

4th: Daniel Seong
1:03.15

5th: Andrew Zhou
1:06.77

400 Freestyle Relay
1st: Christopher Xia
Daniel Mair
Sam Lee
Andrew Kim
3:20.17

3rd: Jay Pae
James Isenhower
Ashton Ma
Ben Zhou
3:34.09

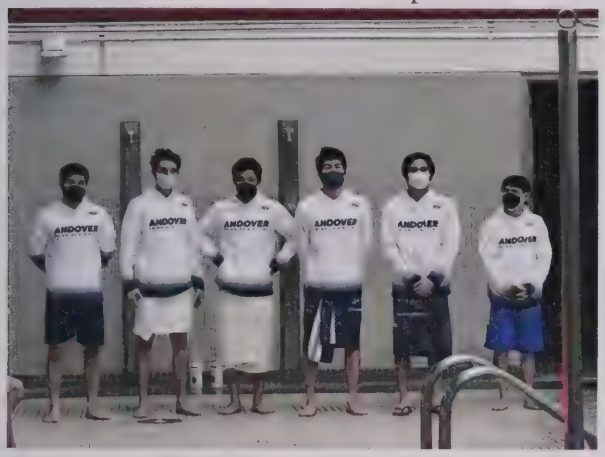
FEBRUARY 19, 2022

Swimming and Diving BV at Exeter

W 115-71

ANDOVER ACHIEVES 91% SEASON BESTS GOING INTO THE EASTERN CHAMPIONSHIPS

(Exeter, NH) – In its last dual meet of the season, Andover traveled to Exeter for a late afternoon competition. Across the next three hours, out of 34 opportunities in individual events, Andover's swimmers and divers achieved 31 season best performances!



At the start of the meet, we were able to recognize our seniors: Brendon Fang, Max Fang, James Isenhower, Ralph Lam, and Hank Yang. All five are ready to swim fast later this week.

Full Results:

200 Medley Relay

Oliver Feng '25 (25.02), Christopher Xia '23 (25.93), Marcel Liu '23 (22.66), Theo Randall '23 (21.73)
1:34.98
1st

Sam Lee '24 (26.25), Daniel Seong '25 (28.35), Andrew Kim '23 (23.08), Ralph Lam '22 (21.80)
1:39.48
3rd

James Isenhower '22 (28.91), Brendon Fang '22 (28.27), Ashton Ma '24 (24.96), Ben Zhou '25 (23.03)
1:45.17
5th

200 Freestyle

Raphael Sibuet '24
1:45.47
1st

Hank Yang '22
1:47.06
2nd

Daniel Mair '24
1:48.13
3rd

Max Fang '22
1:54.80
Exhibition

200 Individual Medley

Xia
1:57.41
1st

Lee
1:58.15
3rd

Seong
2:01.55
5th

Isenhower
2:09.53
Exhibition

50 Freestyle
Randall
21.77
1st

Liu
22.36
2nd

Feng
22.51
3rd

Trey Wolfe '23
22.96
Exhibition

Diving
Justus Kaufman '24
166.35
3rd

Dylan Herlihy '22
149.55
5th

100 Butterfly
Kim
51.27
1st

Liu
52.61
2nd

Ma

55.39
5th

B. Fang
56.49
Exhibition

100 Freestyle
Randall
47.83
2nd

Mair
48.12
3rd

Lam
48.57
4th

Zhou
51.77
Exhibition

500 Freestyle
Sibuet
4:51.07
1st

Yang
4:54.85
2nd

Xia
4:56.17
4th

Jay Pae '23
5:08.92
Exhibition

200 Freestyle Relay
Liu (22.24), Kim (22.19), Mair (22.23), Randall (21.10)
1:27.76
1st

Isenhower (24.41), Wolfe (22.63), Zhou (23.26), Lam (22.36)
1:32.66
3rd

100 Backstroke

Feng
54.26
2nd

Lee
54.73
3rd

Kim
57.22
4th

Ma
58.99
Exhibition

100 Breaststroke
Seong
1:01.91
2nd

M. Fang
1:02.29
3rd

B. Fang
1:03.07
5th

Wolfe
1:05.07
Exhibition

400 Freestyle Relay
Xia (49.84), Mair (47.72), Lam (48.71), Feng (48.50)
3:14.77
2nd

Sibuet (48.67), Yang (49.53), Pae (51.92), Lee (50.42)
3:20.54
3rd

Wolfe (52.42), Isenhower (52.06), Zhou (53.38), Seong (53.85)
3:31.71
Exhibition

Final Score:
Andover – 115
Exeter – 71

Boys Varsity Swimming & Diving In the News

Andover Boys Swimming & Diving Continues to Finish the Season with Wins after a Meet Against Loomis Chaffee

Andover Boys Swimming & Diving is leading to an end of the season with their last meet being a win of 102-79 against Loomis Chaffee after taking it easy and preparing for their final upcoming meets. The team's record now stands at 3-0.

According to Andrew Kim '23, the Loomis meet was more relaxed and laid back compared to others, but the team continued to put all their effort in. The team's main focus was to have fun and enjoy the last couple weeks of the season together.

Kim said, "I think that compared to other meets, this was actually a lot more laid back—I mean, obviously we were still serious about getting the work done, but it's kind of that weird place where it's not the beginning of the season but it's not too late towards the end of the season where it's getting really stressful, so I think this was something that we were doing mostly for enjoying, just being at a meet and just competing."

Despite the fun, laid back, and energetic atmosphere of the meet, there were still highlights. According to Dylan Herlihy '22, one of the team members, Christopher Xia '23 raised his personal bar at this meet.

Herlihy said, "For me, as a diver, I can really only emphasize the diving, but I would say Christopher Xia—he broke a record so that was definitely a plus for the swimming, that was very impressive."

It was not just Xia who stood out—it was the team as a whole. According to Daniel Mair '24, seeing the team work together in group events was impressive.

"I would say the relay; everyone had worked together honestly to have this be their best efforts, and they all worked very well cohesively," said Mair.

According to Kim, the team has developed a close bond with one another as they all work together to complete the season on a high note. Despite having good camaraderie with one another, the team has been able to maintain competitiveness.

Kim said, "I think maybe the fact that we're so overly competitive with each other, it's kind of like a double-edged sword in that like we can really push each other to really be our best."

Boys Swimming & Diving seeks to remain undefeated as it will take Phillips Exeter Academy away.

Elle Mendez
Feb 18, 2022

Co-Captain Ralph Lam '22 Leads Boys Swimming & Diving Through Discipline and Organization

Growing up, Co-Captain Ralph Lam '22 tried many different sports to identify which he would enjoy the most. After trying swimming for the first time, both Lam and his parents decided that it was the best sport for him to continue.

Lam states that swimming has been such an integral part of his life and has truly formed from a simple activity to a passion. He notes that the feeling he gets while swimming along with the temporary reprieve from other aspects of his life are something important to him and is what has captivated him all of these years.

"Personally, I just decided to continue swimming because first, the flow of the water, when I'm racing, is really satisfying. I really enjoy that rush that I get when I'm swimming fast. But also, the peace of mind that the water itself gives me when I'm in the water,

and I'm swimming, I can focus and I can also take my mind off of other things, and just be at relative peace," said Lam.

According to Lam, the four co-captains of the team all bring something unique to the spirit and culture of the group. Lam believes that work ethic, discipline and competitiveness are all values he strives to instill in his teammates.

"The benefit of having four co-captains is that we all fulfill our roles. We can all focus on our strengths and what we bring to the team rather than trying to do everything at once, so I can provide focus and discipline to the team whenever we need to really get our heads down and put in the work. My goal as the captain is to keep everyone's eyes on the ball. Not necessarily winning the meets, but beating themselves and beating their own times. I think a good focus for the team is to not focus on what everyone else is doing, because we can't control how fast they swim. But we can definitely control how fast we swim ourselves, focusing on technique, focusing on the training that we do and focusing on strength work as well," said Lam.

Head Coach David Fox, Director of Studies in the Dean of Studies and Registrar Office, and Instructor in Art History and English, acknowledged Lam's ability to take charge and head the team in a productive and beneficial direction. He specifically recognized Lam's effect on the newer and less experienced swimmers on the team.

"With four captains this year, and with only eight people who have been on the team before and ten people who are new, Ralph has done a good job stepping into chaos and bringing order," said Coach Fox.

Coach Lam promotes hard work and dedication amongst his teammates, he continues to value the bonding and fun moments the team has together. He accomplishes this by keeping the team's motivation and attitude serious and dedicated to improve while cherishing the instances that require less concentration.

"I try to let everyone have their fun when we're resting in between sets but once we are actually swimming, I try to remind everyone that we need to take practice seriously because these are our chances to rehearse for races, these are chances to rehearse for the championships," said Lam.

According to fellow teammate Daniel Mair '24, Lam embodies his values as someone willing to help others and provide an example for those close to him. Mair shares a similar sentiment to Coach Fox regarding Lam's ability to control the team and maintain organization.

"In the team he leads by informing and reminding the swimmers of the task at hand, whether it be what we are doing in a set or what our goals are for an upcoming meet. Outside of the pool he leads by setting an example – he is always taking care of himself and us as swimmers can definitely see it, he hydrates and eats well. I also know that if I'm having any problems with anything I can go to Ralph, he'll put aside what he's working on, and he'll genuinely listen to what I have to say," said Mair in a email to *The Phillipian*.

As a captain, Lam firmly believes in the importance of his grit and mental fortitude. He explains that even when the times seem bleak, he continues to exude positivity and a cool head.

Lam said, "I try to be like a rock, be firm, and be grounded while everyone else is pretty nervous. And obviously very excited to race, trying to keep the nerves down and make sure that we're not only supporting our teammates, but we're also supporting ourselves and knowing how to take care of ourselves and focus on ourselves rather than worrying about how fast our competitors will swim."

Ralph Lam
Feb 25, 2022

Boys Swimming & Diving Defeats Phillips Exeter Academy 115-71

Kicking off the 144 year-old tradition, Andover Boys Swimming & Diving returned victorious after surmounting Phillips Exeter Academy 115-71. Boosted by the setting of numerous personal bests, the team looks to use its momentum as it heads into New Englands this weekend. Andover's record now stands at 4-0.

Dylan Herlihy '22, a diver who received a season-high score of 149.55, surpassed his initial expectations. Despite being fairly new to the sport, Herlihy capitalized on the twisting-theme of the meet where he was able to apply his ten years of experience in gymnastics in order to gain an advantage on the board.

Herlihy said, "It went well, this was a twisting, dive themed meet. So two twisters were required. Both went pretty well, for me, including the one that I just learned this past week. I think I may have gotten a new high score one or two times. And overall went well."

The team was able to focus on areas of growth in this meet while still reigning triumphant over Exeter. Christopher Xia '23 acknowledged how the team has improved throughout the season, particularly by focusing on each individual race and attempting to achieve new personal bests.

"I think overall the team did a really good job of kind of focusing on themselves, which is something we've been trying to work on the entire season. Like obviously, that competitiveness, it's really important. It's part of the sport, but I think we've been spending a lot a lot of time trying to work on focusing on our own times, trying to the best we can do and the rest will come with that. So I think especially at Exeter, everyone did a really good job of doing that," said Xia.

Sam Lee '24 highlighted the importance of recovering during and after meets. He connected a swimmer's performance during practices and how those tendencies apply during meets.

Lee said, "It's a lot of recovering and focusing on your event. It's like a very fine balance, because if you overfocused, then there is somewhat of a tendency to overthink everything… So, I think practices [are] usually when you work on technique, and then at the meets, you just go to have fun. You go there, you do what you do during practice. And the philosophy there is that if you do practice very well, if you execute technique perfectly during practice, then at the meets, [technique] comes naturally; you will swim your best. But I think really, the most important thing at meets is obviously just having fun. And just recovering in between races is really important."

Nevertheless, the fun and excitement also came with tensions between Andover and Exeter, according to Xia. He states that the long continued tradition incentivised swimmers from both teams to give all of their energy and focus into the event.

Xia said, "I think there was definitely some tension. Like we knew there was definitely rivalry. So we went in wanting to win, and we knew they would want to as well. So, I mean, in general, it just felt really good to come away with [the win]."

Staying true to the generational traditions, Lee highlights the inspiring signs that were placed in the boys locker room years ago regarding the two upcoming meets. Lee noted that the initial message was replaced by coaches and now motivates athletes to give these events their all while cherishing every moment and having fun.

Lee said, "Obviously Easterns and New England's are easily the most important meets of our entire season. The entire season is just building up to go to Easterns and New England's. So [in] the boys locker room, there's a door that leads to the pool. And a few years ago, someone put up a sign at the top, like right above the door frame; it said 'Win Easterns,' and there was another one that said 'Win New England's.' Our coach saw it once, and what he did was he took them down, and now the signs read, "Just do your job, go swim fast." And I think this is empowering in a way… It's just about trying your best, having a good time. And just putting out your 100 percent and just having fun. That's what it's about."

Andover will compete in Easterns and New England's this upcoming week.

Nabilah Nazar
Feb 25, 2022

Girls Varsity Swimming and Diving
2021-22

Coach: Paul Murphy
Assistant Coach: Catherine Carter

Captains: Hannah Ono, Mary Kate Turk, Sofia Smirnov,

Grace Hwang, & Ashley Vensel

Overall Season Record

Win	Loss	Tie
4	0	0

Letter Winners: Melissa Chang, Emma B. Cheung, Daphne M. Edwards, Grace Y. Hu, Grace Hwang, Lilliana E. Keim, Elissa Kim, Veronika M. Kisova, Kayla C. Lang, Marian C. MacKinnon, Orla G. Naughton, Katherine S. Swan, Mary K. Turk, Ashley J. Vensel, Sophia L. Walker, Mia E. Wonacott, Valencia M. Zhang, Ariana W. Zhao

Washburn Award - Ashley Vensel

ANDOVER

Girls Varsity Swimming & Diving
2021-22 Schedule and Results

01/08/2022	Sat	Choate	H	1:30 PM	Canceled	
01/15/2022	Sat	Suffield	A	3:30 PM	128-55	W
01/18/2022	Tue	Westford Academy	H	4:00 PM	99-79	W
01/29/2022	Sat	Deerfield	A	2:00 PM	Canceled	
02/12/2022	Sat	Loomis	A	1:00 PM	96.5-81.5	W
02/19/2022	Sat	Exeter	A	3:30 PM	100-86	W
02/24/2022	Thu	Eastern's	A	1:00 PM		
02/25/2022	Fri	Eastern's	A	1:00 PM		
02/26/2022	Sat	Eastern's	A	1:00 PM		
02/27/2022	Sun	Eastern's	A	1:00 PM		
03/04/2022	Fri	NE England	A	11:00 AM		
03/05/2022	Sat	NE England	A	11:00 AM		
03/06/2022	Sun	NE England	A	8:00 AM		

Diving
2021-22 Roster

Girls Varsity Swimming
2021-22 Roster

Melissa Chang	Shanghai,	2023
Emma B. Cheung	New Canaan, CT	2023
Daphne M. Edwards	Vernon, CT	2023
Grace Y. Hu	Andover, MA	2024
Grace Hwang	Windham, NH	2022
Lilliana E. Keim	Atlantic City, NJ	2025
Elissa Kim	Fort Lee, NJ	2024
Veronika M. Kisova	North Andover, MA	2023
Kayla C. Lang	Andover, MA	2022
Marian C. MacKinnon	Wilmette, IL	2024
Orla G. Naughton	Andover, MA	2025
Sofia Smirnov	Andover, MA	2022
Katherine S. Swan	Pelham, NH	2023
Mary K. Turk	North Andover, MA	2022
Ashley J. Vensel	Naples, FL	2022
Sophia L. Walker	PLAINSBORO, NJ	2024
Mia E. Wonacott	Bethesda, MD	2024
Valencia M. Zhang	Northville, MI	2025
Ariana W. Zhao	Mequon, WI	2025

Girls Varsity Swimming & Diving
2021-22 Meet Highlights

JANUARY 15, 2022

Swimming and Diving GV at Suffield

W 128-55

💙 BIG WIN TO START OUT 49TH SEASON OF GV SWIMMING AND DIVING!

The 49th Year of Girls Varsity Swimming and Diving rolled along today in Connecticut with a big WIN over Suffield. Score: 128-55

Twitter: @AndoverGSwimDiv

Facebook: Phillips Academy Swimming and Diving

Instagram: pagvswim

<u>200 Medley Relay</u>
1. Ariana Zhao '25, Grace Hu '24, Elissa Kim '24, Emma Cheung '23 / 1:50.64
3. Veronica Kisova '23, Izzy An '24, Grace Hwang '22, Kayla Lang '22 / 1:57.35
4. Mia Wonacott '24, Lilliana Keim '25, Melissa Chang '23, Molly MacKinnon '24 / 1:57.52

<u>200 Free</u>
1. Katie Swan '23/ 1:57.16
2. Ashley Vensel '22/ 2:00.65
3. Kisova/ 2:01.59

<u>200 IM</u>
1. Kim/ 2:10.23
2. Hu/ 2:16.10
3. An/ 2:21.24

<u>50 Free</u>
2. Cheung/ 26.09
3. Lang/ 27.24
5. Smirnov/ 27.90

<u>Diving</u>
1. Sophia Blaine '22/ 216.91
2. Presley Kmeta-Suarez '22/ 200.11
3. Madeleine Shaffer '23/ 169.73

<u>100 Butterfly</u>
2. Zhao/ 59.01
3. Hwang/ 1:03.12
5. Chang/ 1:05.12

<u>100 Free</u>
1. Kim/ 53.77

2. Cheung/ 57.60
3. Naughton/ 1:00.64

500 Free
1. Swan/ 5:11.76
2. Kisova/ 5:17.08
3. Vensel/ 5:18.68

200 Free Relay
2. An, Cheung, Hwang, Kim/ 1:44.05
3. Hu, Chang, Turk, MacKinnon/ 1:47.88

100 Backstroke
1. Zhao/ 58.21
3. Wonacott/ 1:03.49
4. Lang/ 1:08.63
MacKinnon/ 1:06.19 EXH

100 Breast
2. Hu/ 1:12.19
3. An/ 1:14.94
5. Chang/ 1:18.62
Keim/ 1:15.03 EXH

400 Free Relay
1. Kisova, Vensel, Wonacott, Swan/ 3:44.85
2. Zhao, Hwang, Lang, MacKinnon/ 3:54.66
(3.) Turk, Keim, Walker, Naughton/ 4:07.27

The team record is 1-0-0. Our next meet is on Tuesday, January 18 home versus Westford Academy.

Complete results may be viewed on the league website (www.nepssa.org) or on Andover Aquatics (www.andoveraquatics.net).

School page: https://athletics.andover.edu/teams/gsdv

Many results of our meets will be on Meet Mobile in real time – available on the app stores. Check them out!

Andover Girls Swimming and Diving! Since 1973

JANUARY 18, 2022

Swimming and Diving GV vs Westford Academy

W 99-79

ANDOVER GOES TO 2-0-0 AT HOME!

The 49th Year of Girls Varsity Swimming and Diving exploded today in Andover with a big WIN over Westford Academy. Score: 99-79

Twitter: @AndoverGSwimDiv

Facebook: Phillips Academy Swimming and Diving

Instagram: pagvswim

200 Medley Relay
1. Kayla Lang '22, Grace Hu '24, Grace Hwang '22, Elissa Kim '24 / 1:56.47
2. Katie Swan '23, Izzy An '24, Melissa Chang '23, Emma Cheung '23 / 1:56.78
4. Mia Wonacott '24, Elle Keim '25, Sophia Walker '24, Valencia Zhang '25 / 2:10.20

200 Free
1. Veronica Kisova '23 / 1:59.43
2. Ashley Vensel '22/ 2:00.73
4. Molly MacKinnon '24 / 2:03.29

200 IM
2. Hu/ 2:16.85
3. An/ 2:20.44
5. Hwang / 2:28.12

50 Free
1. Kim/ 24.64
2. Wonacott/ 26.09
3. Cheung/ 26.13

Diving
2. Presley Kmeta-Suarez '22/ 220.20
3. Sophia Blaine '22/ 218.60
4. Eliza Dow '22/ 183.55

100 Butterfly
1. Kim/ 59.19
2. Hwang/ 1:02.74
4. Chang/ 1:04.01

100 Free
1. Swan/ 54.99
3. Cheung/ 57.19
5. Lang/ 1:00.36

500 Free
1. Vensel/ 5:17.48
2. Kisova/ 5:20.63
3. MacKinnon/ 5:33.57

200 Free Relay
1. Cheung, Vensel, Kisova, Swan/ 1:42.93
3. Wonacott, Lang, Hu, An/ 1:46.99
4. Naughton, Chang, Keim, Walker/ 1:49.80

100 Backstroke
Exh Wonacott/ 1:04.89
Exh Naughton/ 1:10.46
Exh Lang/ 1:10.81

100 Breast
Exh Hu/ 1:12.23
Exh Keim/ 1:16.63
Exh Zhang/ 1:19.12

400 Free Relay
Exh Swan, Vensel, Kisova, Kim/ 3:39.63

Exh Hwang, An, Walker, MacKinnon/ 3:52.97

The team record is 2-0-0. Our next meet is on Saturday, January 29 away versus Deerfield Academy at 2:00PM.

Complete results may be viewed on the league website (www.nepssa.org) or on Andover Aquatics (www.andoveraquatics.net).

School page: https://athletics.andover.edu/teams/gsdv

Many results of our meets will be on Meet Mobile in real time – available on the app stores. Check them out!

FEBRUARY 12, 2022

Swimming and Diving GV at Loomis Chaffee

W 96.5-81.5

ZHAO '25 SETS POOL RECORD IN BIG WIN OVER LOOMIS

The 49th Year of Girls Varsity Swimming and Diving kept pace with a win today at Loomis-Chaffee. Score: 96.5 – 81.5

Twitter: @AndoverGSwimDiv

Facebook: Phillips Academy Swimming and Diving

Instagram: pagvswim

25 Meter Pool

200 Medley Relay
1. Ariana Zhao '25, Grace Hu '24, Melissa Chang '23, Emma Cheung '23 / 2:04.26
3. Mia Wonacott '24, Lilliana Keim '25, Sophia Walker '24, Molly MacKinnon '24 / 2:13.15
Kayla Lang '22, Valencia Zhang '25, Grace Hwang '22, Veronika Kisova '23 / 2:13.91

200M Free
1. Elissa Kim '24 / 2:07.44
2. Ashley Vensel '22/ 2:13.55
5. Emma Cheung '23 / 2:18.79

200M IM
1. Hu/ 2:28.51
4. An/ 2:35.00
5. Hwang / 2:39.50

50M Free
1. Katie Swan '23/ 28.34
3. Chang/ 30.02
5. Keim/ 30.23

Diving
1. Sophia Blaine '22/ 203.55
2. Presley Kmeta-Suarez '22/ 203.3
4. Eliza Dow '22/ 171.55

100M Butterfly
1. Zhao/ 1:06.17
2. Hwang/ 1:08.88
4. Chang/ 1:10.24

100 Free
1. Kim/ 58.28
2. Kisova/ 1:02.12
6. Turk/ 1:09.92

400M Free
1. Swan/ 4:30.54
2. Vensel/ 4:38.57
3. MacKinnon/ 4:48.39

200 Free Relay
1. Cheung, Swan, Kisova, Kim/ 1:52.59
3. An, Hu, Keim, Chang/ 1:59.89
5. Naughton, Zhang, Turk, Walker/ 2:02.33

100M Backstroke
Exh Zhao/ 1:03.76 ** new pool record
Exh Wonacott/ 1:10.23
Exh Lang/ 1:15.35

100M Breast
Exh Cheung/ 1:22.33
Exh Keim/ 1:22.63
Exh MacKinnon/ 1:24.97

400 Free Relay
Exh Swan, Zhao, Kisova, Kim/ 4:06.35
Exh Vensel, Hu, Hwang, Wonacott/ 4:16.42
Exh Walker, Naughton, Lang, An/ 4:26.99

The team record is 3-0-0. Our next meet is on Saturday, February 19 away versus Phillips Exeter Academy at 3:30PM.

Complete results may be viewed on the league website (www.nepssa.org) or on Andover Aquatics (www.andoveraquatics.net).

School page: https://athletics.andover.edu/teams/gsdv

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FEBRUARY 19, 2022

Swimming and Diving GV at Exeter

W 100-86

⭐ OVER 18 SEASON BESTS & THREE NEW AE RECORDS! ⭐

The 49th Year of Girls Varsity Swimming and Diving kept pace with a WIN today at Phillips Exeter Academy. Score: 100-86. Andover has won 10 of the last 11 years!

18 season best times today in individual events! (more, if you count relay splits!)

3 new Andover/ Exeter records!

Twitter: @AndoverGSwimDiv

Facebook: Phillips Academy Swimming and Diving

Instagram: pagvswimdive

200 Medley Relay
2. Ariana Zhao '25, Grace Hu '24, Melissa Chang '23, Emma Cheung '23 / 1:50.44
4. Mia Wonacott '24, Lilliana Keim '25, Grace Hwang '22, Molly MacKinnon '24 / 1:56.91
5. Kayla Lang '22, Orla Naughton '25, Sophia Walker '24, Daphne Edwards '23 / 2:01.28

200 Free
1. Katie Swan '23 / 1:56.74
3. Veronika Kisova '23 / 1:58.04
4. Ashley Vensel '22/ 1:59.19

200 IM
3. Hu/ 2:15.70
4. Izzy An '24/ 2:17.45
6. Hwang / 2:22.44

50 Free
1. Kim / 24.14 ***new AE record!** (previous: Amy Zhao 24.15 in 2012)
4. Cheung/ 25.72
5. Wonacott/ 25.81

Diving
1. Sophia Blaine '22/ 233.25
3. Presley Kmeta-Suarez '22/ 205.90
4. Maddy Shaffer '23/ 195.35

100 Butterfly
2. Zhao/ 58.45
3. Chang/ 1:01.78
4. Hwang/ 1:02.09
Exh Walker/ 1:06.55

100 Free
1. Kim/ 52.18
4. Vensel/ 55.32
5. Cheung/ 55.62

500 Free
2. Swan/ 5:08.44
3. Kisova/ 5:11.23
4. MacKinnon/ 5:30.44

200 Free Relay
1. Zhao, Cheung, Swan, Kim/ 1:38.49 ***new AE record!** (previous: Zhao, Novis, McKinnon, Liu 1:39.97 in 2012)
2. Vensel, Lang, Chang, Kisova/ 1:43.10
4. Keim, Naughton, Zhang, Edwards/ 1:47.37

100 Backstroke
1. Zhao/ 57.26 ***new AE record!** (previous: Aly Ty 58.06 in 2016)
5. Wonacott/ 1:03.15
6. Lang/ 1:07.00

100 Breast
2. Hu/ 1:11.01
3. Keim/ 1:11.58
5. An/ 1:13.62
Exh Naughton/ 1:16.61

400 Free Relay
2. Kim, Kisova, Vensel, Swan/ 3:34.71 (winning time: 3:34.58)
3. Hwang, An, Wonacott, MacKinnon/ 3:50.24
4. Walker, Zhang, Chang, Edwards/ 3:56.18

The team record is 4-0-0. Our next meet is The Eastern Championships in Lancaster, PA (Franklin & Marshall University on Friday and Saturday (25, 26 February). https://www.easternswimminganddiving.org/

Complete results may be viewed on the league website (www.nepssa.org) or on Andover Aquatics (www.andoveraquatics.net).

School page: https://athletics.andover.edu/teams/gsdv

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FEBRUARY 25, 2022

Swimming and Diving GV at Eastern Interscholastic Swimming and Diving Championship

5TH 355-

* NEW SCHOOL RECORD ALERT! 100 BACK & 400 FREE RELAY

Easterns Swim Meet

2022

The team traveled to Lancaster, PA and Franklin & Marshall College for the oldest Prep School Swimming and Diving Competition in the US (since 1935!). February 25-26, 2022

Friday Events

Girls diving was held today. Sophia Blaine '22 came in 12th(308.60) Presley Kmeta-Suarez '22 came in 13th (291.70) and Eliza Dow '22 came in 26th(159.85). SO STRONG!

200 Medley Relay

B. Kayla Lang '22, Liliana Keim '25, Sophia Walker '24, Daphne Edwards '23 / 1:58.43 (seed 1:59.83)

A. Ariana Zhao '25, Grace Hu '24, Grace Hwang '22, Emma Cheung '23 / 1:50.94 (seed 1:51.86)

Finals: Zhao, Hu, Hwang, Cheung / 1:51.88 (10th)

200 Free (prelim, seed, finals, place)

Molly MacKinnon '24 / 2:00.25 (seed 2:03.29)
Veronica Kisova '23 / 1:55.51 (seed 1:59.43)

Ashley Vensel '22 / 1:54.53 (seed 1:58.48) 1:54.88 (13th)

Katie Swan '23 / 1:53.95 (seed 1:57.16) 1:53.09 (5th)

200 IM

Hwang / 2:17.40 (seed 2:23.27)

Hu / 2:15.39 (seed 2:13.79)

Izzy An '24 / 2:13.70 (seed 2:19.63) 2:13.36 (23rd)

50 Free

Edwards / 27.11 (seed 26.89)

Orla Naughton '25 / 27.04 (seed 27.63)

Keim / 26.72 (seed 27.17)

Lang / 26.52 (seed 26.88)

Cheung / 25.88 (seed 25.73)

Mia Wonacott '24 / 25.41 (seed 26.09)

Elissa Kim '24 / 23.81 (seed 24.18) 23.74 (4th)

100 Fly

Walker / 1:04.92 (seed 1:07.98)

Hwang / 1:00.48 (seed 1:01.95) 1:00.13 (22nd)

Zhao / 57.78 (seed 58.57) 1:00.69 (19th) 57.02 (11th)

200 Free Relay

B. Lang, Naughton, Wonacott, MacKinnon / 1:43.91 (seed 1:47.90)

A. Zhao, Swan, Cheung, Kim / 1:37.52 (seed 1:41.33)

Final: Zhao, Swan, Cheung, Kim / 1:36.91 (6th)

The second half of the Easterns Meet was held Saturday, February 26. Once again, Andover's preparation for this meet paid off; morning swims catapulted many into the evening, scoring events.

In the end, Andover Girls placed 5th this year with a team total of 355 points. By combining those points with the boys' third place total of 529.5 points, the teams earned THIRD PLACE in COMBINED scoring! Amazing! (39 teams total)

Big thanks to parents who supported, supplied food or supplied funds. Thanks as well to the Athletic Department and the team at Paresky Commons. This is truly a special meet that is well worth the time and energy to attend. Germantown Academy does a phenomenal job hosting each year.

Saturday Events

100 Free

Walker / 59.27 (seed 59.91)

Edwards / 58.38 (seed 57.85)

Cheung / 56.44 (seed 57.19)

Kim / 51.87 (seed 52.50) 51.42 (4th)

500 Free

MacKinnon / 5:20.27 (seed 5:29.31) 5:19.68 (24th)

Vensel / 5:09.04 (seed 5:15.17) 5:07.79 (14th)

Kisova / 5:05.50 (seed 5:17.08) 4:59.36 (9th)

Swan / 5:03.22 (seed 5:09.18) 5:03.12 (8th)

100 Back

Lang / 1:04.17 (seed 1:07.88)

Naughton / 1:06.23 (seed 1:09.58)

Wonacott / 1:01.73 (seed 1:03.27)

Zhao / 56.41 (seed 57.44) 55.70 (5th) *NEW SCHOOL RECORD*

100 Breast

Keim / 1:12.19 (seed 1:14.44)

An / 1:10.67 (seed 1:13.70)

Hu / 1:10.05 (seed 1:12.19) 1:09.77 (22nd)

400 Free Relay

B. Hwang, An, Hu, MacKinnon / 3:45.86 (seed 3:50.68)

A. Vensel, Kisova, Swan, Kim / 3:30.58 (seed 3:41.71)

Finals

Vensel, Kisova, Swan, Kim / 3:29.23 (6th) *NEW SCHOOL RECORD*

MARCH 6, 2022

GV Swimming at NEPSAC Division 1 Swimming Championships (Exeter)

2ND 350-

DEPTH AND DOMINANCE FROM ANDOVER!

The 49th season of Girls Varsity Swimming and Diving wrapped up their year in amazing fashion at the New England Prep School Swimming and Diving Championships last Wednesday at Deerfield (Diving) and this past weekend at Phillips Exeter Academy (Swimming).

The times and scores listed below show only a part of what our team accomplished this season. We finished 2nd in New England out of 12 teams. We were undefeated in the regular season and had a truly amazing

season capped by a 5th place finish at Easterns and a seventh straight win over Exeter (10 of the last 11 years). This team worked incredibly hard each day – always aiming for its best during each competition along the way.

1. Greenwich Academy (421.5); **2. Andover (350)**; 3. Exeter (341.5); 4. Suffield (214); 5. Deerfield (194); 6. Choate (180).

We wish seniors Sophia Blaine, Eliza Dow, Presley Kmeta-Suarez, Grace Hwang, Sofia Smirnov, Hannah Ono, Mary Kate Turk, Ashley Vensel, and Kayla Lang the very best in college next year. We will miss their steady leadership through many ups and downs – but mostly we will miss their care of their younger swimming and diving teammates.

Next year looks amazing as the base of this team will move onward and upward – and as we will welcome new students who are admitted this week!

We will open our new pool this summer – a very exciting new chapter for Andover Swimming and Diving.

We continue our tradition of FUN#1. We are stronger together and we saw that in full view in the past few weeks. We have our parents to thank for always cheering and supplying much needed snacks and love from near and far!

<u>200 Medley Relay</u>

A. Ariana Zhao '25 (26.58), Izzy An '24 (32.02), Melissa Chang '23 (26.84), Veronika Kisova '23 (24.57)

1:50.01

4th place

B. Kayla Lang '22 (30.84), Valencia Zhang '25 (35.01), Sophia Walker '24 (29.00), Mary Kate Turk '22 (26.22)

2:00.86

2nd place

[prelim/final or, if > 16th place, seed/prelim]

*designates that although the fourth swimmer placed into the top 16 during prelims, they are not allowed to swim in the finals due to league rules

<u>200 Free</u>

Katie Swan '23 1:54.15/1:53.27 4th place

Veronika Kisova '23 1:53.75/1:53.74 5th place

Ashley Vensel '22 1:55.93/1:55.89 6th place

Molly MacKinnon '24. 1:58.57/1:5 11th place prelim*

<u>200 IM</u>

Izzy An '24 2:13.73/2:15.39 8th place

Grace Hu '24 2:16.01/2:16.19 11th place

Grace Hwang '22 2:17.04/2:18.06 15th place

<u>50 Free</u>

Elissa Kim '24 23.81/23.72 1st place

Mia Wonacott '24 25.27/25.61 13th place

Emma Cheung '23 25.44/25.69 15th place

Daphne Edwards '23 26.26 21st place

Diving

Sophia Blaine '22 341.10 points 6th place

Presley Kmeta-Suarez '22 293.45 points 9th place

Maddy Shaffer '23 173.10 points 21st place

Eliza Dow '22 123.65 points 23rd place

100 fly

Ariana Zhao '25 57.28/57.94 5th place

Grace Hwang '22 1:00.10/1:00.11 10th place

Melissa Chang '23 1:01.30/1:00.33 11th place

Sophia Walker '24 1:04.29 22nd place

100 Free

Elissa Kim '24 51.55/51.48 1st place

Katie Swan '23 53.34/53.29 5th place

Emma Cheung '23 56.73/57.16 16th place

Mary Kate Turk '22 57.65 22nd place

500

Veronika Kisova '23 5:03.23/5:01.71 2nd place

Ashley Vensel '22 5:08.21/5:08.40 4th place

Molly MacKinnon '24 5:20.51/5:18.32 9th place

200 Free Relay

A. Zhao (24.71), Swan (24.32), Cheung (24.97), Kim (23.18)

1:37.18

3rd place

B. Wonacott (25.98), Edwards (26.04), Naughton (25.95), Lang (25.95)

1:43.92

1st place

100 Back

Ariana Zhao '25 56.52/56.60 2nd place

Mia Wonacott '24 1:02.26/1:01.71 14th place

Orla Naughton '25 1:05.54 20th place

Kayla Lang '22 1:05.63 21st place

100 Breast

Izzy An '24 1:10.24/1:10.46 8th place

Grace Hu '24 1:10.42/1:10.26 10th place

Lilianna Keim '25 1:10.67/1:10.42 11th place

Valancia Zhang '25 1:17.60 28th place

400 Free Relay

A. Vensel (53.79), Kisova (53.66), Swan (52.80), Kim (51.32)

3:31.57

3rd place

B. Hwang (56.05), Naughton (56.63), Edwards (56.95), MacKinnon (55.96)

3:45.59

1st place

Girls Varsity Swimming & Diving
In the News

Co-Captain Grace Hwang '22 Leads Girls Swimming and Diving with Empathy and Enthusiasm

For Girls Swimming & Diving Co-Captain Grace Hwang '22, the most important values are fostering a tight-knit community and promoting only positive energy. Hwang's encouraging aura motivates her teammates to work as hard as they can; she hopes that by the end of season, all of her teammates will improve in one way or another, possibly even securing new personal bests. According to Hwang, she values team bonding as it encourages her teammates to support each other in every meet. Forming strong bonds within the team creates an added motivation to win.

"When someone else has a good swim, then you can also feel the positive energy from that… And if you don't have any motivation, you have at least one motivation that you want to do well, for your team, at least, even if you're having a bad day, you're like, 'okay, I can do this for the team.' And then you have everyone at the end of your lane supporting you. And I think that's why I want us to be close," Hwang said.

Co-Captain Ashley Vensel '22 highlights Hwang's patience and organization when it comes to the team. Specifically, she points out Hwang's ability to work well with her teammates and contagious enthusiasm.

"She is so patient with everyone on the team and also makes sure everything gets done. She's been helping me with all of the merch and all the logistical things… She's just very cooperative with everybody. And [she is] also very encouraging like I try to be and cheers her lowerclassmen teammates on and comforts them whenever they're maybe feeling down or upset about times or whatever. She definitely swoops in and just cheers people up," said Vensel.

Hwang explained her aspirations for the team as the season comes to a close. Not only does she hope for each individual to achieve their own goals, such as setting new personal bests, but she also hopes for the team to continue to bond and improve as a whole.

Hwang said, "I'm not sure what everyone's individual's goals are, but I hope that everyone has accomplished at least one of their individual goals by the end of the season. And then also, it'd be great if we could win New England's but we'll have to see about that, obviously. And I hope that [by the end of the season], everyone feels close to each other."

Molly MacKinnon '24 acknowledges Hwang's presence throughout the season as a tremendous help to everyone on the team. In particular, MacKinnon described the support of Hwang during relays and difficult sets to be uplifting and helpful.

MacKinnon said, "Grace has been a really good captain to everyone this year because she has been really supportive and is always cheering people on and encouraging everyone and getting us through really hard sets. Also, she has been really great in relays especially because she always supports her teammates and she's been doing really well in all of her events, especially the relays."

Hwang believes that earnest connections and trust transcend beyond the sport of swimming itself. She hopes that by forming a close-knit team, everyone will feel included and belonging.

"I think one important thing is making sure that the team knows everybody knows each other. If there are not any like cliques that are forming and that we're all like supporting each other. Everyone is a part of the team. I think that's really important. Having everyone grow up close to each other. Just in terms of supporting each other, always cheering for each other, and if someone's having a bad race, or a bad day, just ask each other how we're doing… I think that's the main thing," said Hwang.

Meg Stineman
Feb 18, 2022

Girls Swimming & Diving Beats Exeter 100-86 as They Prepare for Easterns and New England Championships

Among the first of the varsity Andover/Exeter contests, Andover Girls Swimming & Diving claimed a win on Saturday at Exeter. Behind by four points in the later half of the meet, the team swiftly came back with a final score of 100-86.

According to Lilliana Keim '25, the event was characterized by high energy and adrenaline as many swimmers achieved personal bests. Kleim described her highlight of the meet as the 100-Meter breaststroke.

"[My highlight] was definitely after the [100-Meter] breaststroke because when we finished with swim, I was swimming down for rest, and I got out of the pool and [Ariana Zhao '25] was there and everyone started rushing over and hugged me. That was one of the best moments of my whole time there," said Keim.

In particular, Valencia Zhang '25 highlighted Zhao's record-breaking performances. Despite the pressure that was placed on her for many of the events, Zhao's relentlessness led to breaking three records that day.

"Ariana really pulled out all the stops—she had a lot of pressure on her… and she got the Andover/Exeter record for that, which was amazing. Also, she had us in a lot of events, back to back, and the pressure was definitely on for her. She got like three Andover/Exeter records during the whole meet, which is just crazy. I'm really proud of her. She was a little nervous before and rightfully so, but she did really, really well," said Zhang.

According to Co-Captain Grace Hwang '22, despite the many successes, there are still areas of improvement for the upcoming big events. Hwang commented on Andover's reaction to Exeter winning the first relay race. Hwang hopes that the team can see past the scores, have high spirit, and continue fighting.

Hwang said, "We did well with keeping up the energy throughout the whole meet… and then I guess something that we could work on… I think [for] the first relay Exeter had won, we were a little bit down, but I was like, 'It's okay guys, it's only the first event. We are going to do good throughout the day.' So just making sure little things like that don't really get to us [will be important]."

Hwang finds value in demonstrating leadership through kindness and hard work and hopes to be someone her teammates can learn from and lean on.

"I hope that I am being kind to everyone and making sure I'm including everyone, because I think that's a very big part of being in a team. I hope that I can show a positive attitude towards [everything]… and [that the team] just have fun no matter what. I hope that I could also be someone that [team members] can rely on and be open to whatever concerns," said Hwang.

Echoing Hwang's comments on leading the team, Zhang also gave accolades to the swim captains. Zhang expressed gratitude for the opportunity to be able to learn from the Co-Captains and hopefully fill the captain's spots in the future.

"The captains are my favorite people… They are just so supportive, and you get this sense of leadership and maturity from them. It's really good because I feel like I look up to them," said Zhang.

Zhang expressed her excitement regarding the team this year. For the upcoming meets, Zhang hopes for both team and individual successes. More importantly, she hopes to enjoy the experience all the while being competitive.

"I just hope that our team continues to do well. We have a really solid team this year, and it's really fun to compete. [The season]—it's just wrapping up so soon. I'm just hoping that we all have fun. And I know that we will because New Englands and Easterns is a big deal, and I'm really excited for them. I hope to have fun," said Zhang.

Girls Swimming & Diving will prepare for Easterns and the New England Championships in the upcoming weeks.

Nabilah Nazar
Feb 25, 2022

Boys Varsity Indoor Track
2021-22

Coach: Keri Lambert
Assistant Coaches: Patrick Farrell, Tyren Dandridge, Jeff Domina, Ben DuClos, Leah Metzger, Matt McMasters, John Rex, Patrick Rielly, Nick Zufelt, Elizabeth Joseph, Garret Richie, & Casey Smith

Captains: Nicholas Koobatian & Isaac Heitman
Managers:

Letter Winners: Alex Mazzarelli, Alex Shieh, Daniel Bae, Daniel Ferris, Emerson Kington, Isaac Heitmann, Jack Li, Jaeyong Shim, Josh Park, Kamen Kaleb, Kiefer Ebanks, Kurt Meyer, Leo Peters, Matthew Leonard, Matthew Ottenbreit, Nick Koobatian, Nolan Goldthwaite, Safwat Omar, & Tam Gavenas

Award Winner: MVP – Nick Koobatian

Boys Varsity Indoor Track
2021-22 Schedule and Results

12/04/2021	BU Mini meet SAT takers	A	11:00 AM			
12/11/2021	Wilb/Gov/AHS/Marianapolis	H	3:30 PM	63-81.5, 14.5, 7		2nd
01/07/2022	Dartmouth	A	3:30 PM			
01/15/2022	Tufts Invitational	A	9:00 AM			
01/19/2022	Gov/Landmark	H	3:15 PM	100-13(Govs) 100-7 (Land)	W, W	
01/22/2022	NEPSTA MEET	H	2:00 PM			
01/26/2022	Lawrence HS/North Reading	H	3:30 PM	37-27, 37-54		2nd
02/02/2022	Governor's/Wilb/PEA/Marianapolis	H	3:30 PM	119-124		2nd
02/12/2022	BU Valentine	A	11:30 AM			
02/16/2022	Exeter	H	3:00 PM			
02/20/2022	USATF- NE Champ	A	10:30 AM			
03/01/2022	Easterns	A	11:30 AM			

Phillips Academy Boys Varsity Indoor Track
2021-22

Brent A. Aniagyei	Bronx, NY	2023
Sylvie H. Archer	Raymond, NH	2023
Daniel S. Bae	New York, NY	2023
Charles C. Benjamin	Reading, MA	2023
Mario E. Calvo	Manhasset Hills, NY	2024
Bryan C. Chyu	Seoul,	2023
Abdiasis M. Daauud	Waqooyi Galbeed,	2023
Emmanuel B. DeAngelis	Newbury, MA	2024
Anthony Diaz	Culver City, CA	2025
Kyle S. Donaldson	Kingston 8,	2023
Darren D. Donovan	North Andover, MA	2025
Kiefer C. Ebanks	George Town,	2023
Aren J. Egwuekwe	Murphy, TX	2022
Vance M. Fabrizio	Beverly, MA	2024
Henry D. Ferguson	Branford, CT	2025
Daniel H. Ferris	North Andover, MA	2022
Kevin I. Flores Blackmore	Mexico City,	2023
Kenichi Fujiwara	Singapore,	2022
Tamrat A. Gavenas	Andover, MA	2025
William Z. Ge	Chester Springs, PA	2025
Nolan J. Goldthwaite	Andover, MA	2022
Tianyi Evans Y. Gu	Superior, CO	2025
Isaac A. Heitmann	Andover, MA	2022
Brandon H. Horne	San Francisco, CA	2025
Max P. Huang	Montclair, NJ	2024
Jonathan N. Jin	Copley, OH	2024
Hiram N. Johnson	Matthews, NC	2022
Kamen Kaleb	Cambridge, MA	2025
Yifan Kang	Shenzhen,	2024
Arun Kapoor	Inverness, IL	2025
Rohan Kapoor	Inverness, IL	2023
Samuel W. Keamy	Andover, MA	2023
Laerdon Y. Kim	Lincolnwood, IL	2024
Emerson D. Kington	Andover, MA	2024
Nicholas G. Koobatian	Madison, CT	2022
Constantinos T. Krenteras	West Orange, NJ	2024
Matthew C. Leonard	Andover, MA	2024
Chunze Li	Malden, MA	2023
Nathan A. Liang	Carmel, IN	2025
Jeremy T. Lin	Stamford, CT	2022
Alvin Y. Liu	Burlington, MA	2024

Brayden J. Massaro	Haverhill, MA	2023
Brian J. Masse	Reading, MA	2023
Alexander Mazzarelli	Moscow,	2024
Matthew C. McGrath	San Anselmo, CA	2023
Kurt A. Meyer	Ridgewood, NJ	2023
John T. Moran	Andover, MA	2024
Robert B. Nicolas	Brooklyn, NY	2023
Obinna N. Nwaneri	Iowa City, IA	2024
Sadaqat Omar	Dhaka,	2022
Safwat I. Omar	Dhaka,	2023
Ozochi A. Onunaku	Brooklyn, NY	2025
Matthew K. Ottenbreit	New York, NY	2022
Joshua J. Park	Seoul,	2022
Leo W. Peters	San Leandro, CA	2024
Quinn L. Polcari	Mattapoisett, MA	2024
Elijah J. Robinson	Middletown, CT	2025
Russell G. Robinson	Avon, CT	2025
Nigel C. Savage	Fayetteville, GA	2023
Joshua B. Seiple	Marion, MA	2023
Henry R. Sheldon	Sudbury, MA	2024
Alexander K. Shieh	Andover, MA	2023
Jaeyong Shim	Andover, MA	2023
Ryan Squeri	New York, NY	2024
Logan Suryamega	Jakarta,	2023
Robert E. Swan	Pelham, NH	2025
Han Chin Toh	Singapore,	2022
Henry T. Ty	North Andover, MA	2024
Winston-Hughes B. Wall	Adams, MA	2025
John A. Wang	Andover, MA	2022
Matthew D. Wasilewski	North Reading, MA	2024
Bryce Waweru	Lawrence, MA	2024
Andrew K. Wen	Fremont, CA	2023
Adrian M. Werner	Boxford, MA	2025
Luke L. Williamson	Miami, FL	2025
Andy Xu	Andover, MA	2024
Anthony Yang	Charlotte, NC	2025
Darren Zhu	Beijing,	2024

Boys Varsity Indoor Track
2021-22 Highlights

Indoor Track BV at BU Sharon Colyear-Danville Season Opener

PATF RACES TO PERSONAL BESTS AT BU SEASON OPENER

A small cohort of six PATF team members kicked off the Indoor season at the Sharon Colyear-Danville Season Opener at Boston University. The meet attracted runners from across the country. Most competitors were collegiate athletes, some were professional athletes, and a very small number were "unattached" racers, club athletes, or high school students. Although Andover's student-athletes were lining up against others with far more years of experiences, PATF team members held their own. Full results can be found here for boys and here for girls.

Early in the day, Captain Kiera Suh '22 and teammate Anabelle Biggs '23 competed in both the women's 60m and 200m. Daniel Bae '23 and Charlie Benjamin '23 likewise competed in the men's 60m, with Bae doubling in the 200m. Later on, Captain Charlotte Whitehurst '22 and senior Caroline Empey '22 raced the women's 5k. Although the early-season meet was not scored, every Andover athlete who traveled to the meet came home with a personal best.

Results bode well for the season ahead. PATF is very excited to host its own Season Opener next Saturday 12/11, when Governor's, Wilbraham & Monson Academy, and Andover High School will all compete at the Snyder Center.

Individual Results:

- Women's 200m: Anabelle Biggs (27.94), Kiera Suh (28.43)
- Men's 200m: Daniel Bae (23.14)
- Women's 60m: Anabelle Biggs (8.48), Kiera Suh (8.52)
- Men's 60m: Daniel Bae (7.4, 8th place overall), Charlie Benjamin (7.73)
- Women's 5k: Charlotte Whitehurst (18:05), Caroline Empey (19:19)

Indoor Track BV vs AHS, WMA, Marianapolis, Governor's 2ND 63-81.5, 14.5, 7

INTERSCHOLASTIC T&F COMPETITION IS BACK IN ACTION AT THE SNYDER CENTER

Phillips Academy Track & Field was overjoyed to host its first interscholastic meet since early 2020 on Saturday, December 11th. The team competed against Andover High School, Wilbraham & Monson Academy, Governor's Academy, and Marianapolis Prep.

The boys' squad finished the day with 63 points, earning 2nd place overall. Contributing to the boys' team score were twenty-three team members, including Danny Ferris '22, Kurt Meyer '23, and Tam Gavenas '25, who claimed individual victories in their events (long jump, pole vault, and the two-mile, respectively). Tam Gavenas in particular impressed the crowd by claiming a new 9th grade class record in the 2-mile, which he finished in 9:52.8. Full results will be posted online to Athletic.net in the coming days.

PATF will not compete again until 2022, but team members are already excited for our next chance to host in the New Year.

Indoor Track BV vs Governor's Academy W 100-13

ANDOVER CLAIMS VICTORY AND SCHOOL RECORDS IN FIRST HOME MEET OF 2022

Phillips Academy Track and Field had a successful day on Wednesday against Governor's Academy and Landmark School. Complete results can be found here: https://www.athletic.net/Track.

Andover Boys won with 100 points, with Governor's Boys taking 2nd (13 points) and Landmark Boys earning 7 points overall.

Andover Girls won with 91 points, with Governor's Girls earning 30 points, and Landmark Girls finishing in 3rd overall.

Four PATF athletes set new program records, including captain Charlotte Whitehurst '22, who claimed the school and Snyder Center records in the 2 mile (11:14), Daniel Bae '23, who now holds the 300m school record (37.03), and Tam Gavenas '25 and Naima Reid '25, who each claimed 9th grade class records in the 600m and 1000m respectively.

PATF will return to competition on Saturday 1/22, when Andover will host the NEPSTA All-Comers Meet, which will bring together athletes from NEPSAC schools across all divisions. Events will begin at 2:30pm.

Indoor Track BV vs Landmark School W 100-7

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Indoor Track BV vs NEPSTA MEET

ANDOVER HOSTS SECOND-EVER NEPSTA ALL-COMERS MEET
Phillips Academy Track and Field hosted the second-ever NEPSTA All-Comers meet on the afternoon of Saturday 1/22. Events started at 2:30pm with the 4x200m, and the day concluded with two events that the Snyder Center had never before hosted, including a Distance Medley Relay (1200m, 400m, 800m, then 1600m legs) and a Mixed 4x400m (two legs by boys, two by girls). The meet was unscored, but Andover athletes had a very strong day. In the 11 events they competed in, Phillips Academy Girls claimed 8 victories. Boys claimed three 1st place finishes.
Full results can be found here.
Perhaps the most exciting performance of the day was by Josh Park '22, who raced his way to a school record in the 55m hurdles in his senior-year debut! He ran a time of 8.15 seconds, which edged out the former school record by two-hundredths of a second.
Andover will return to competition on Wednesday 1/26 in a tri-meet against Lawrence and North Reading.

Indoor Track BV vs North Reading 2ND 37-54

PATF ENJOYS MORE SUCCESS AT HOME TRI-MEET
Phillips Academy Track & Field had another great day up against North Reading High School and Lawrence High School on Wednesday 1/26.
The meet started off with the 55m hurdles, in which senior Josh Park '22 claimed 5 points for the team and broke his own school record with a time of 8.03 seconds-- a full .12 seconds faster than he ran this past Saturday. Throughout the afternoon, PATF would see another two school records fall when Esme Huh '22 had a terrific race in the 2-mile with a time of 11:12.17, breaking her teammate Charlotte Whitehurst '22's week-old record in the event. Whitehurst, though, would soon claim a different school record by racing a speedy 3:04.05 in the 1000m. Minutes later, Tam Gavenas '25 claimed his second 9th grade class record of the year with a time of 2:42.93 in the 1000m. To close out the day for Big Blue, upper Abbie Cheng '23 pole vaulted 9'3" to break a twenty-five year old 11th grade class record! What an afternoon!
Andover Girls finished in 1st place overall, with 57.25 points, edging out North Reading (53 points) and Lawrence (6.25 points). Andover Boys finished 2nd having earned 37 points, falling short of North Reading's 54 points but besting Lawrence's 27 points.
Full results can be found here. Andover will host its next track meet on Wednesday 2/2, when the classes of 2025 and 2024 will take on fellow 9th and 10th graders from Exeter, Marianapolis, Landmark, Wilbraham and Munson, and Governor's.

Indoor Track BV vs Lawrence High School 2ND 37-27

PATF ENJOYS MORE SUCCESS AT HOME TRI-MEET

Phillips Academy Track & Field had another great day up against North Reading High School and Lawrence High School on Wednesday 1/26.

The meet started off with the 55m hurdles, in which senior Josh Park '22 claimed 5 points for the team and broke his own school record with a time of 8.03 seconds-- a full .12 seconds faster than he ran this past Saturday. Throughout the afternoon, PATF would see another two school records fall when Esme Huh '22 had a terrific race in the 2-mile with a time of 11:12.17, breaking her teammate Charlotte Whitehurst '22's week-old record in the event. Whitehurst, though, would soon claim a different school record by racing a speedy 3:04.05 in the 1000m. Minutes later, Tam Gavenas '25 claimed his second 9th grade class record of the year with a time of 2:42.93 in the 1000m. To close out the day for Big Blue, upper Abbie Cheng '23 pole vaulted 9'3" to break a twenty-five year old 11th grade class record! What an afternoon!

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Full results can be found here. Andover will host its next track meet on Wednesday 2/2, when the classes of 2025 and 2024 will take on fellow 9th and 10th graders from Exeter, Marianapolis, Landmark, Wilbraham and Munson, and Governor's.

Indoor Track BV vs Phillips Exeter Academy 2ND 119-124

PATF HOSTS 9TH/10TH GRADE SHOWCASE MEET

Traditionally, 9th and 10th grade athletes from Andover and Exeter compete in an Indoor dual meet every year, but this year we opened up the meet to four additional schools, including Governor's, Wilbraham and Munson, Landmark, and Marianapolis. The meet showed that the future is bright for NEPSAC Track & Field! Full meet results can be found here. The Andover Girls' squad won with 145 points (over Exeter's 98, Governor's 65, W&M's 27, Landmark's 10, and Marianapolis's 1). Andover's Boys' team came in 2nd with 119 points (just under Exeter's 124, but over Landmark's 56, Governor's 37, and W&M's 11).

Many PATF individuals had remarkable days. Emerson Kington '24 was part of earning a total of 25 points for the team by competing in the 55m dash, claiming victory in the 300m, and leading off in the winning 4x200m relay. Alex Mazzarelli '24 tripled in the same events and contributed to earning 23 points for the team.

Patricia Tran '24 (2-mile, mile, and Mixed 4x400m) and Jazzy Cormier '24 (300m 55m, and pole vault) likewise tripled and each contributed to earning 24 points for the team. Audrey Powers '24 claimed victory in the 55m, then helped earn still more points in the 4x200m and 300m.

Hayden Fischer '25 had a record-breaking day, earning 16 points by claiming 2nd in both the 1000m and the 600m, earning 9th grade records in both events. Tam Gavenas '25 likewise earned 16 points, claiming second in both the 2-mile and the mile.

Matthew Leonard '24 and Marcela Hernandez '25 both claimed victory (10 points each) in their field events, high jump and shot put respectively. Leonard '24 also contributed to the Boys 4x200m relay win, thus contributing to earning 20 points total for the team.

PATF team members also saw major improvement across other events. Hard work throughout this season is paying off!

Boys Varsity Indoor Track
In the News

Daniel Bae '23 Sets a New Record in the First Meet of the Year for Boys Indoor Track

Cheers roared out from all his teammates as Daniel Bae '23 crossed the finish line in the boys 300-meter race, edging out the previous record of 37.04 seconds set by Alex Fleury '20 by 0.02 seconds for a time of 37.02. Securing a total of 100 points as a team, Andover defeated Governor's and Landmark by landslide, the other teams scoring 13 and 7, respectively. According to Matthew Ottenbreit '22, there was some initial controversy as to whether or not Bae broke the record due to how close it was.

"That was a really exciting race to watch, and everyone was running around checking if he had actually broken the record because it was so close," said Ottenbreit.

Without spectators being allowed at the meet, the team was propelled to cheer on its teammates more than normal to make up for the lack of spirit at the meet, said Jaeyong Shim '23.

"[Head Coach Keri Lambert] talked about the fact that we weren't going to have any spectators, even from our Andover community, so as a team, we really have to be there for each other, especially when we were running the relays, everytime they passed by our section we were always cheering for them, and when I was running, I definitely felt that. The atmosphere itself was different because there were a lot less people, but when I was running personally, the noise and our team spirit was still there. The only thing that changed was that we didn't have any audience, but we were cheering as teammates and the audience," said Shim.

According to Matt Leonard '24, nerves were one of the challenges that many athletes faced, especially because it was the first meet for several.

Leonard said, "A couple people were a little nervous as it was their first meet. What typically happens is that our coach will let our experienced jumpers jump during the first meet of the year, but he'll keep the newer jumpers from going just so they can get more experience under their belt before they jump in a meet setting. I know a couple of people were nervous, but because there were so many of us and it was this comfortable setting, they didn't feel too uncomfortable after they got in their groove."

The teams next meet will serve as a sign for how it will perform in the long run, especially because it is coming up against some of the top teams, according to Ottenbreit.

"I know that people on the team and lots of relay groups have their eyes on school and class records going into this season, and I anticipate that many of them will be broken this season. Also, in terms of hopes for the near future, we are competing against almost 20 schools this Saturday in the NEPSTA meet, so that's going to be some of the steepest competition we'll see this season, and I think it's gonna be a really good indicator of how we're gonna measure up at the championship," said Ottenbreit.

Andover's next meet is at home on Saturday.

Staff Report
Jan 21, 2022

Co-Captain Isaac Heitman Leads Boys Indoor Track with Charisma and Respect

Since first picking up the sport at the age of 12, Andover Boys Track Co-Captain Isaac Heitmann '22 leads the team with his caring, bright, and beautiful personality. Originally drawn to the sport by his mother as his biggest inspiration, Heitmann seeks to provide compassion and support for all his teammates.

According to Rohan Kapoor '23, Heitmann's welcoming energy and kind heart bring joy to running.

Kapoor said, "He's genuine, I think he's kind, he's pretty funny. He's just a nice person to hang around and he's fun to talk to…he's a good person.

Both Obinna Nwaneri '24 and Tam Gavenas '25 agreed that Heitman's positive energy really adds spirit to the team. Providing a great example for his team and serving as a role model, his teammates want to spend time with their captain and learn important qualities such as respect from him.

Nwaneri said "From what I see, He's always cheering on his teammates. He gives it his all during the runs…he brings a lot of energy to everybody…people seem to respect him; he seems to have an overall positive impact on the team."

Gavenas added "Isaac is one of the most helpful teammates you can have. [He is] charismatic [and] always cheers on everybody. He's a leader throughout workouts, he as a captain is really respectful and he knows boundaries, he's funny….and he just understands people's opinions."

Heitmann notes that his enjoyment for the sport extends beyond the meets and the physical aspect but stems more from the bonds and connections formed among teammates and the camaraderie that comes with it. Heitmann wrote, "My favorite aspect of Track & Field is absolutely the people. T&F is home to 100+ athletes, and I've never once disliked anyone I've met on the team- most of the first friends I made freshman year (shoutout to Jeremy Lin '22) were people I saw every day at track."

Heitmann aims to lead the team with compassion and enthusiasm, something that his teammates have seen and started to emulate. To Heitmann, the overarching goal track is to foster a supportive, enjoyable, and welcoming environment for everyone involved.

"I would say that I strive to show compassion for my teammates more than anything else. Being enthusiastic about the sport is absolutely important, but my priority as a captain is creating a space where people feel like they can get support without judgment," wrote Heitmann.

Kapoor acknowledges Heitmann's effective leadership approach, stating that actions speak louder than words. He points out that Heitmann's work ethic is something that makes him admirable and followable among the team.

Kapoor said, "As a leader, I think he's good, he's like, he's not one of those in your face like yelling like do this do that leader he's like someone who leads by example I think that's probably the best and most accurate way to describe him. He works really hard, he's always at practice. He's the hardest worker during the workouts, he goes out during the meets, he's always there for you and he always shows his character."

Heitmann believes that running is more than just the races. He truly appreciates all aspects of the sports, outside of just winning race after race, whether it be running for the purpose of relaxing or clearing his mind, or to once again, establish and refine the connections with those who share a similar passion for the sport. Heitmann wrote, "As a runner, I would describe myself to be someone who truly enjoys the sport for what it is. Getting good times is absolutely a win, but it's more secondary to me- running itself gives me a chance to talk with friends, lets me breathe fresh air and relax after school, and connects me to my family (my mom currently runs marathons and my dad held high school records in sprints). As a person, I would say that I have really big ideas. Of course, these rarely reflect reality or my own abilities, but I like to think that, someday, I'll actually accomplish something that will help a lot of people."

Heitmann aims to continue his great leadership throughout the rest of the season, supporting his teammates and adding a little fun to track.

Elle Mendez
Jan 28, 2022

Co-Captain Nick Koobatian '22 Leads Boys Indoor Track and Field in His First Competitive Season

Co-Captain Nick Koobatian '22 began his indoor track career in his Upper year. Despite this being his first season competing in Indoor Track, Koobatian's previous experience in Spring Track and Field and his leadership has earned him the title of Co-Captain this season.

"I began outdoor track [in the] spring of my [Junior] year. I started doing indoor track my Upper year and it was on Zoom so it was kind of weird, but it was still fun. The track team continued to do stuff and we ran at home, so we kept ourselves accountable," said Koobatian.

He continued, "Since [Junior] year, I've continued to do track as a sport, just because the community was super welcoming and engaging as well. That also aided self-improvement, and the community seemed very welcoming and ambitious."

With over a hundred athletes on Indoor Track and Field and co-ed practices, the co-captains have to collaborate to lead the large team, according to Koobatian.

"Something unique is that Track and Field has four co-captains: two girls, two guys. The team is mixed, so there is not really a division between the boys' training and the girls' training. So, the four captains work together in a sense since it's one gigantic team of four co-captains. I think having so many co-captains is beneficial because you get that diversity of ideas. With those ideas, there's a better way to implement solutions to problems, more depth of the ideas we can draw from to apply to practices and training and meets. It's a lot of hands-on-deck because the team is so big, so it makes sense that there's a lot of co-captains so we can adequately split up during practices," Koobatian said.

According to Matthew Ottenbreit '22 and Matthew Wasilewski '24, Koobatian's leadership style can be described as encouraging due to his constant motivation to other team members.

Ottenbreit said, "In terms of his leadership, he is definitely one of the most spirited members of the team.

During warm-ups and before competitions, he's always excited to be at practice or to be competing that day. He does a really good job of bringing the team together in terms of traditions and excitement."

In an email to *The Phillipian*, Wasilewski added, "Nick is a captain that will always go out of his way to make you feel welcomed and engaged. He does a great job during warmups making sure that everybody is energized and ready for practice. Also, before meets, Nick is always there to spread positive energy and motivation so that we can all run hard and reach our goals."

Koobatian describes himself as a passionate leader and realizes the importance of his position on the team. "I care a lot about my leadership on the team because I recognize that I was only put in this position because I was elected by the team, so every single time I go on the track, I'm passionate because I want to make sure that the team itself is succeeding and their fate wasn't put in my and I wasn't doing the right thing. I'm always striving to make sure the team is doing well and all. And also, passion because I care about the sport a lot. It kind of goes hand in hand. The leadership works because I care so much about the track team and it's been a home to me for the past four years, and I love running so much. I just want to make sure that it remains that way for other kids who experience it," Koobatian said.

Staff Report
Jan 28, 2022

Tam Gavenas '25 Smashes Class Record by 11 Seconds in Nepsta Meet for Boys Indoor Track

With Tam Gavenas '25 breaking a class record and Joshua Park '22 claiming the 55-meter hurdle record, Andover Boys Indoor Track & Field found individual success this past Wednesday at the Nepsta meet at home. Although it was an unscored meet, Andover still broke four records.

In particular, Emerson Kington '24 highlighted Park's and Kiefer Ebanks '23' performances in the meet.

"Kiefer was in my 4x[200-meter] relay. And he did really well. He caught up to the person that he was running against and passed them and gave us the advantage so we could finish off the race strong. And Josh set a school record," said Kington.

According to Nigel Savage '23, the team's success can be attributed to the energy of the team, which pushes athletes to achieve new personal bests. However, Savage stated that the team could improve on finishing strong and retaining the starting energy until the end.

Savage said, "As a team, we're really firing on all cylinders… I think that's something that we do really, really well as a team, we're really working well on pushing each other and making each other better teammates. I think one thing that we can work on, individually and as a team as a whole is finishing, because we start off really, really well. But sometimes at the end of the race, like someone who didn't run, like the better race may finish right at the end and beat you. And that happened a lot actually, at this last bit."

During Wednesday's meet against Lawrence High School and North Reading High School appeared, many individuals set records and personal bests. Co-Captain Nick Koobatian '22 calls the team a supportive one that encourages people to display their efforts to push forward.

"[The team has] continued to be supportive since the beginning of the year, and something to work on. I just say everyone has personal records, P.R.s. And everyone's individually trying to push them up. So, I just think that continuing to support each other to get individual PRs and see how far we can push ourselves, in a safe manner. Like as a team supporting one another during that process is pivotal." said Koobatian.

Running the 1000-meters, Gavenas strode forward against his opponents overtaking them in the last lap, finishing with 2:42:83, 11 seconds ahead of the previous record. Gavenas described the immense thrill he experienced during the race as a contributing factor to his success.

"It was crazy because I usually don't say this, but I got runner's high in the middle of the race. And I just wanted to go all out. The coach had told me to pass the guy and I didn't know when [and] what time to go. And these guys were huge. They're like 6'2", one of the guys, I was racing. And he just was right in front of me. And I just tried to stick behind and then when Coach told me to just pass, I'm just like 'Why don't I go all out? What's the worst that could happen?' I just kind of pushed it and pushed it… You run really hard. And you just keep going, and it's just like this amazing, amazing feeling," said Gavenas.

Andover Boys Indoor Track & Field will prepare for an upcoming home meet against Marianapolis, Governor's, Wilbraham, and Phillips Exeter Academy on Wednesday.

Nabilah Nazar
Jan 28, 2022

Boys Indoor Track and Field Welcomes Four Guests to Annual Exeter Meet, Finishes 2nd Behind Exeter

Andover Boys Indoor Track and Field continued its successful run of home meets this past week, hosting Marianapolis, Governor's, Wilbraham, Landmark, and Exeter at Snyder Center. In this year's annual 9th grade and 10th grade meet, Andover Juniors and Lowers came 2nd out of six teams on Wednesday. According to Matt Leonard '24, the lead that Emerson Kington '24 gave the team in the 4 x 200-Meter Relay helped the team clinch the win.

Leonard said, "Emerson Kington '24 had a phenomenal performance today with the 4×200-Meter Dash. He was… the first runner out of four, and he did a really really great job giving us a lead and the space he created between the next closest runner gave us momentum to take the win."

Kington shone in other events too. His improvement of half a second in the 300-Meter Dash demonstrated the hard work he has put in during practice.

"[I would highlight] Emerson Kington, he grew by I think half a second in 300 which is really hard to do," said Bae.

The team's success on the day would not have been possible without the constant encouragement from the team. According to Ozochi Onunaku '25, the team's "passionate" support for each other provided the push the team needed in spite of a nervous atmosphere on the day.

Onunaku said, "The atmosphere was very nervous… emotions were running high…a lot of stress…but it was honestly just so wonderful to cheer on my friends and the community was wonderful as well. They were very passionate, screaming in your face, 'you got this, you got this', and that was honestly very exciting for me…that's an experience that if I could, I would go through it again. It was just amazing."

Despite the team's fine performance, Onuaku emphasizes areas that the team must work on in preparation for Wednesday's meet against Exeter. According to Onuaku, each player will focus on their own strengths ahead of the meet; he is confident of the team's success in its next meet if it manages to do that.

Onuaku said, "We're going to work on our own strengths… like short sprints, just getting off the speed blocks as well as dashing towards the finish line…but honestly I think we're on a good track towards succeeding for the next meet," said Onunaku.

Leonard, for example, hopes to focus on his form, composure, run-up and consistency ahead of Andover's next meet.

Leonard said, "Personally, I need to work on keeping my form and keeping composed…I need to work on my run up and making sure I'm not losing consistency."

Andover's next meet will be at Boston University for the annual Valentine meet.

Elle Mendez
Feb 4, 2022

Boys Indoor Track & Field Loses Last Meet of the Season Against Exeter

Though highlighted by a 4×200-meter record, Andover Boys Indoor Track & Field fell short to Exeter, losing 39-70. The team competed at home this past Wednesday in its final meet of the season.

According to Luke Williamson '25, the team did not have any sort of strategy heading into the race, unlike Exeter.

"I don't think we focus too much on that. It's more about just running your best. There's not a whole lot of like, go this time, speed up this time. Try and lock them out. Exeter actually does a lot of that. We don't really like that; it's kind of annoying, so we don't want to do that," Williamson said.

According to Alvin Liu '24, the team was confident that it had a chance to win after barely losing in the Ninth and Tenth grade meet in the week before. Williamson believed that the team truly put all its effort into each event and put on a strong display despite the outcome.

Liu said, "We actually thought we were pretty confident we could win because two weeks ago, we had a 9-10. We lost by like just a couple points. And we thought our Uppers were going to be able to like lift that up a bit but turns out they had some pretty strong Uppers too. So yeah, not good for us."

Williamson added, "I mean, we were feeling good. I think the boys had a good idea that they're gonna lose since Exeter is really strong at cross country. They're really fast. I don't know, I think we were prepared for it. But we wanted to do our best. And just like put a dent in Exeter and rack up some good points. So, I mean, we really tried. There was a lot of energy out there today. It gets us hyped up."

According to Matt Leonard '24, the high jumpers knew that Exeter was a strong team and mentally prepared beforehand. This motivated the Andover jumpers to reach their personal bests in the final meet.

"The team was excited heading into Andover/Exeter. We hadn't had a meet in about two weeks, so there was a lot of time to train and improve in between meets. This meet was also our last of the season, so everyone wanted to perform their best and try to set personal records… The high jumpers did well performing under pressure. Going into today, we knew the Exeter jumpers were going to be good, and their opening heights

proved they were going to be a tough opponent. Despite that, though, the other boy jumpers all set personal records today and ended off the season on a high note," said Leonard.
According to Liu and Williamson, the team energy was exemplary as the entire team lined the sides of the track.
"The energy in general was great. I mean, we knew that they were rivals, and we were the only ones there. And we had around a 100 or more kids. So, it was just good to have teammates there to cheer on us. It just felt good," said Liu.
Williamson added, "I think we cheer for each other really well—we support each other really well. Sometimes for track meets, when it goes on hours and hours, it can be difficult to keep the energy going. When your race is done, you're kind of ready to go. But I think we did a great job of keeping the energy up. So, I was really happy about that. I can really feel it when I was running."

Monisha Kathika
Feb 18, 2022

Indoor Track Travels to New Balance Indoor Track Nationals and Shatters School Records
Five indoor track athletes headed to the Armory in New York to compete in the New Balance Indoor Track Nationals. Esme Huh '22 and Tam Gavenas '25 were both able to secure personal records as well as school records, contributing to the overall success of the team.
Head Coach Keri Lambert elaborated on her mindset as Nationals approached. She explained how her main hope was for each athlete to exit the competition proud of themselves and with new goals for the upcoming spring season.
"Heading into the meet at the Armory, I was excited for Andover athletes to be there together and really savor the whole experience, from racing in a storied facility against top athletes from across the country, to the small things like seeing their names on the jumbotron and taking group photos in front of the meet's countless banners. […] My top hope was for them to walk away from the meet feeling proud of all the hard work they put in this season and excited to keep working together toward ambitious goals," wrote Lambert in an email to *The Phillipian.*
Huh mentioned how this meet felt low stress and exciting for her. She explained how she felt confident in her work throughout the season and was looking forward to pushing herself against challenging opponents.
"I was confident in all the work I had done… I felt very low stakes in a way because I wasn't really stressed… I got to race against girls that were really fast and that helps me really push myself. I wasn't trying to meet the national standard this meet I wasn't trying to do anything specific, like it wasn't Andover-Exeter where you have to score points, it was just so low stakes for me, so I was just really fine," said Huh.
Gavenas headed off to Nationals with aspirations of overcoming his own personal record and achieving esteemed awards. In his endeavors, Gavenas also broke Alex Fleury's Junior record during his 1600-meter race.
"I really wanted to PR. I wanted to race as hard as possible and the top five or top six currently because of the backpack and partly because of the All-American but I was mostly thinking about my coach who helped train me during the break. And I thought, 'Okay, this is the point where I should put in all the work into this race,'" said Gavenas.
" I thought I could do it. […] And we had been training a lot during those past few weeks. So, if I just kept my routine stretched out. I work out my stretches, ate well and everything. And I knew that my teammates were there to support me–Charlotte, Esme, Hayden, and Patricia. They were all there to cheer for me. It was amazing," Gavenas continued.
Huh reiterated how this moment was very fulfilling for Gavenas, as Fleury is a role model to him. Breaking the freshman boys record created another level of excitement for Gavenas after his race.
Huh said, "I think he broke the freshman boys record, and it was actually Alex Fleury's record which is pretty amazing just because we love Alex Fleury, and he is such an incredible runner. So, I think that's really monumental for Tam just to be able to break that and, [he's] an athlete that he really looks up to, so I think that's kind of a really cool little full circle thing."
Coach Lambert acknowledges how each and every athlete pushed themselves to be the strongest runners possible. She believes the team's hard work paid off in its national's trip.
"The main focus of the weekend was to compete courageously and to be pushed to fast times by tough competition. Every Andover athlete who competed did just that: they put themselves in excellent position early on in their races, made smart moves when necessary to stay on pace or hold position, and fought off fatigue to finish strong. They ran tough and mature races. It was inspiring, and I'm proud of how well they represented PATF," wrote Coach Lambert.

Meg Stineman
Mar 25, 2022

Boys Varsity Indoor Track
2021-22

Coach: Keri Lambert
Assistant Coaches: Patrick Farrell, Tyren Dandridge, Jeff Domina, Ben DuClos, Leah Metzger, Matt McMasters, John Rex, Patrick Rielly, Nick Zufelt, Elizabeth Joseph, Garret Richie, & Casey Smith

Captains: Nicholas Koobatian & Isaac Heitman
Managers:

Letter Winners: Alex Mazzarelli, Alex Shieh, Daniel Bae, Daniel Ferris, Emerson Kington, Isaac Heitmann, Jack Li, Jaeyong Shim, Josh Park, Kamen Kaleb, Kiefer Ebanks, Kurt Meyer, Leo Peters, Matthew Leonard, Matthew Ottenbreit, Nick Koobatian, Nolan Goldthwaite, Safwat Omar, & Tam Gavenas

Award Winner: MVP – Nicholas G. Koobatian

Girls Varsity Indoor Track
2021-22

Coach:

Captain:
Managers:

Overall Season Record

Win	Loss	Tie

Letter Winners:

Abbie Cheng
Anabelle Biggs
Audrey Powers
Caroline Empey
Caroline Ho
Charlotte Whitehurst
Emily Cain
Esme Huh
Grace Hammond
Isabel Tu
Jazzy Cormier
Kamen Kaleb
Kennedy Leach
Kiera Suh
Lauren Herlihy
Maya Sharar
Mya Ademilola
Myra Bhathena
Naima Reid

MVP Award: Charlotte D. Whitehurst

Girls Indoor Track
2021-22 Schedule and Results

12/04/2021	Sat	BU Mini meet SAT takers	A	11:00 AM		
12/11/2021	Sat	Wilb/Gov/AHS/Marianapolis	H	3:30 PM		
01/07/2022	Fri	Dartmouth	A	3:30 PM		
01/15/2022	Sat	Tufts Invitational	A	9:00 AM		
01/19/2022	Wed	Gov/Landmark	H	3:15 PM	91-30(Gov) 91-0(Land)	W,W
01/22/2022	Sat	NEPSTA MEET	H	2:00 PM		
01/26/2022	Wed	Lawrence HS/North Reading	H	3:30 PM	57.75-53(NR) 57.75-6.25(Law)	W,W
02/02/2022	Wed	Governor's/Wilb/ PEA/Marianapolis	H	3:30 PM	145-98	
02/11/2022	Fri	BU Valentine	A	6:30 PM		
02/16/2022	Wed	Exeter	H	3:00 PM		
02/20/202	Sun	USATF- NE Championships	A	10:30 AM		
03/01/2022	Tue	Easterns	A	11:30 AM		

Girls Indoor Track
2021-22 Roster

Mya A. Ademilola	Jackson, NJ	2022
Darielys Almonte	Lawrence, MA	2025
Enobong R. Anako	Taunton, MA	2024
Karla D. Aouga	Newark, NJ	2024
Jada S. Aryee	Bronx, NY	2022
Myra Bhathena	Andover, MA	2022
Anabelle O. Biggs	Vineyard Haven, MA	2023
Isabelle S. Brown	Charlotte, VT	2023
Emily E. Cain	Burien, WA	2023
Sofia M. Checchi	Granada Hills, CA	2023
Abigail A. Cheng	San Francisco, CA	2023
Caitlyn Y. Chow	Hong Kong,	2025
Nishani S. Clarke	Kingston,	2023
Jazaher B. Cormier	Fort Myers, FL	2024
Sophia F. Cratty	Andover, MA	2025
Elena Dainora Cohen	Cambridge, MA	2023
Evelyn T. Darling	Carlisle, MA	2023
Meghan Doran	Naples, FL	2022
Maria Duro Sanchez-Cid	Sevilla,	2022
Caroline E. Empey	Andover, MA	2022
Athalia B. Esty	Andover, MA	2022
Hayden Fischer	Chicago, IL	2025
Carmel A. Fitzgibbon	Weston, MA	2022
Beatrice M. Frechette	North Ferrisburgh, VT	2025
Langan G. Garrett	Mill Valley, CA	2024
Elyse C. Goncalves	Haverhill, MA	2023
Ella D. Guzman	Norwood, NJ	2024
Emma E. Hagstrom	Reading, MA	2025
Grace D. Hammond	Andover, MA	2023
Lauren E. Herlihy	Reading, MA	2025
Marcela A. Hernandez	Newburyport, MA	2025
Blake Herndon	Minneapolis, MN	2025
Caroline W. Ho	Vancouver, BC	2022
Esme W. Huh	Birmingham, AL	2022
Amina K. Hurd	Los Altos, CA	2023
Chloe A. Kindangen	Jakarta,	2023
Tess L. Lagerquist	Scarborough, ME	2024
Kennedy C. Leach	Phoenix, AZ	2025
Myranda M. Lu	Andover, MA	2023
Clementine R. Lubin	Los Angeles, CA	2024
Isabell Luo	Belmont, MA	2025
Virginia L. Marshall	Andover, MA	2025
Kathaleen M. McCool	Rancho Santa Fe, CA	2023

Julia H. Montgomery	Dallas, TX	2023
Megha R. Narayanan	McLean, VA	2023
Amy Oku	Hinsdale, IL	2025
Sophie A. Olafimihan	Lynn, MA	2022
Kaeley L. Pierre	Los Angeles, CA	2023
Audrey E. Powers	Andover, MA	2024
Naima L. Reid	Kilchberg,	2025
Emily E. Ryan	Rumson, NJ	2025
Maya L. Sharar	Andover, MA	2023
Kiera N. Suh	Andover, MA	2022
Patricia A. Tran	Glenelg, MD	2024
Sofia C. Traversari Sotomayor	Managua,	2023
Annabel S. Tu	Andover, MA	2025
Isabel Tu	Andover, MA	2022
Emily Turnbull	San Francisco, CA	2024
Charlotte D. Whitehurst	Annapolis, MD	2022
Evie M. Wood	Andover, MA	2025

Girls Indoor Track
2021-22 Highlights

Indoor Track GV at BU Sharon Colyear-Danville Season Opener

PATF RACES TO PERSONAL BESTS AT BU SEASON OPENER

A small cohort of six PATF team members kicked off the Indoor season at the Sharon Colyear-Danville Season Opener at Boston University. The meet attracted runners from across the country. Most competitors were collegiate athletes, some were professional athletes, and a very small number were "unattached" racers, club athletes, or high school students. Although Andover's student-athletes were lining up against others with far more years of experiences, PATF team members held their own. Full results can be found here for boys and here for girls.

Early in the day, Captain Kiera Suh '22 and teammate Anabelle Biggs '23 competed in both the women's 60m and 200m. Daniel Bae '23 and Charlie Benjamin '23 likewise competed in the men's 60m, with Bae doubling in the 200m. Later on, Captain Charlotte Whitehurst '22 and senior Caroline Empey '22 raced the women's 5k. Although the early-season meet was not scored, every Andover athlete who traveled to the meet came home with a personal best.

Results bode well for the season ahead. PATF is very excited to host its own Season Opener next Saturday 12/11, when Governor's, Wilbraham & Monson Academy, and Andover High School will all compete at the Snyder Center.

Individual Results:

- Women's 200m: Anabelle Biggs (27.94), Kiera Suh (28.43)
- Men's 200m: Daniel Bae (23.14)
- Women's 60m: Anabelle Biggs (8.48), Kiera Suh (8.52)
- Men's 60m: Daniel Bae (7.4, 8th place overall), Charlie Benjamin (7.73)
- Women's 5k: Charlotte Whitehurst (18:05), Caroline Empey (19:19)

Indoor Track GV vs AHS, WMA, Marianapolis, Governor's

SCHOOL RECORD FALLS IN FIRST SNYDER CENTER MEET SINCE EARLY 2020

Phillips Academy Track & Field was overjoyed to host its first interscholastic meet since early 2020 on Saturday, December 11th. The team competed against Andover High School, Wilbraham & Monson Academy, Governor's Academy, and Marianapolis Prep.

The girls' squad finished the day with 87 points to claim the overall victory. Contributing to the girls' team score were twenty-four team members, including five who claimed individuals victories in their events: Kiera Suh '22, Charlotte Whitehurst '22, Kendall Toth '24, Emily Cain '22, and Naima Reid '25 won the long jump, 1- and 2-mile, 1000m, 55m, and 600m respectively.

Senior co-captain Kiera Suh '22 especially impressed the crowd by claiming a new school record and facility record in the long jump, jumping 18', edging out the former Phillips Academy record-- set by Cathy Thomas in 1992-- by an inch. Kiera doubled back on PATF's 4x200m relay team that likewise took the win. Fellow senior co-captain Charlotte Whitehurst '22, moreover, earned 12 points for the girls' team by winning both the mile and 2-mile. In sum, the pair of captains contributed to earning 24 total points for the team across four different events.

Full results will be posted online to Athletic.net in the coming days. PATF will not compete again until 2022, but team members are already excited for PATF's next chance to host in the New Year.

Indoor Track GV vs Governor's Academy W 91-30

ANDOVER CLAIMS VICTORY AND SCHOOL RECORDS IN FIRST HOME MEET OF 2022

Phillips Academy Track and Field had a successful day on Wednesday against Governor's Academy and Landmark School. Complete results can be found here: https://www.athletic.net/Track.

Andover Boys won with 100 points, with Governor's Boys taking 2nd (13 points) and Landmark Boys earning 7 points overall.

Andover Girls won with 91 points, with Governor's Girls earning 30 points, and Landmark Girls finishing in 3rd overall.
Four PATF athletes set new program records, including captain Charlotte Whitehurst '22, who claimed the school and Snyder Center records in the 2 mile (11:14), Daniel Bae '23, who now holds the 300m school record (37.03), and Tam Gavenas '25 and Naima Reid '25, who each claimed 9th grade class records in the 600m and 1000m respectively.

PATF will return to competition on Saturday 1/22, when Andover will host the NEPSTA All-Comers Meet, which will bring together athletes from NEPSAC schools across all divisions. Events will begin at 2:30pm.

Indoor Track GV vs Landmark School W 91-0

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Indoor Track GV vs NEPSTA MEET

ANDOVER HOSTS SECOND-EVER NEPSTA ALL-COMERS MEET
Phillips Academy Track and Field hosted the second-ever NEPSTA All-Comers meet on the afternoon of Saturday 1/22. Events started at 2:30pm with the 4x200m, and the day concluded with two events that the Snyder Center had never before hosted, including a Distance Medley Relay (1200m, 400m, 800m, then 1600m legs) and a Mixed 4x400m (two legs by boys, two by girls). The meet was unscored, but Andover athletes had a very strong day. In the 11 events they competed in, Phillips Academy Girls claimed 8 victories. Boys claimed three 1st place finishes.
Full results can be found here.
Perhaps the most exciting performance of the day was by Josh Park '22, who raced his way to a school record in the 55m hurdles in his senior-year debut! He ran a time of 8.15 seconds, which edged out the former school record by two-hundredths of a second.
Andover will return to competition on Wednesday 1/26 in a tri-meet against Lawrence and North Reading.

Indoor Track GV vs Lawrence High School 1ST 57.75-6.25
Indoor Track vs North Reading High School 1ST 57.75-53

Phillips Academy Track & Field had another great day up against North Reading High School and Lawrence High School on Wednesday 1/26.
The meet started off with the 55m hurdles, in which senior **Josh Park '22** claimed 5 points for the team and broke his own school record with a time of 8.03 seconds-- a full .12 seconds faster than he ran this past Saturday. Throughout the afternoon, PATF would see another two school records fall when **Esme Huh '22** had a terrific race in the 2-mile with a time of 11:12.17, breaking her teammate **Charlotte Whitehurst '22**'s week-old record in the event. Whitehurst, though, would

soon claim a different school record by racing a speedy 3:04.05 in the 1000m. Minutes later, **Tam Gavenas '25** claimed his second 9th grade class record of the year with a time of 2:42.93 in the 1000m. To close out the day for Big Blue, upper **Abbie Cheng '23** pole vaulted 9'3" to break a twenty-five year old 11th grade class record! What an afternoon!

Andover Girls finished in 1st place overall, with 57.25 points, edging out North Reading (53 points) and Lawrence (6.25 points). Andover Boys finished 2nd having earned 37 points, falling short of North Reading's 54 points but besting Lawrence's 27 points.

Full results can be found here. Andover will host its next track meet on Wednesday 2/2, when the classes of 2025 and 2024 will take on fellow 9th and 10th graders from Exeter, Marianapolis, Landmark, Wilbraham and Munson, and Governor's.

Indoor Track vs Phillips Exeter Academy 1ST 145-98

GIRLS PATF 9TH & 10TH GRADERS CLAIM VICTORY

Traditionally, 9th and 10th grade athletes from Andover and Exeter compete in an Indoor dual meet every year, but this year we opened up the meet to four additional schools, including Governor's, Wilbraham and Munson, Landmark, and Marianapolis. The future is bright! Full meet results can be found here. The Andover Girls' squad won with 145 points (over Exeter's 98, Governor's 65, W&M's 27, Landmark's 10, and Marianapolis's 1). Andover's Boys' team came in 2nd with 119 points (just under Exeter's 124, but over Landmark's 56, Governor's 37, and W&M's 11).

Many PATF individuals had remarkable days. Emerson Kington '24 was part of earning a total of 25 points for the team by competing in the 55m dash, claiming victory in the 300m, and leading off in the winning 4x200m relay. Alex Mazzarelli '24 tripled in the same events and contributed to earning 23 points for the team.

Patricia Tran '24 (2-mile, mile, and Mixed 4x400m) and Jazzy Cormier '24 (300m 55m, and pole vault) likewise tripled and each contributed to earning 24 points for the team. Audrey Powers '24 claimed victory in the 55m, then helped earn still more points in the 4x200m and 300m.

Hayden Fischer '25 had a record-breaking day, earning 16 points by claiming 2nd in both the 1000m and the 600m, earning 9th grade records in both events. Tam Gavenas '25 likewise earned 16 points, claiming second in both the 2-mile and the mile.

Matthew Leonard '24 and Marcela Hernandez '25 both claimed victory (10 points each) in their field events, high jump and shot put respectively. Leonard '24 also contributed to the Boys 4x200m relay win, thus contributing to earning 20 points total for the team.

PATF team members also saw major improvement across other events. Hard work throughout this season is paying off!

Girls Indoor Track
In the News

Girls Indoor Track and Field Secures Comfortable Victory

In the first meet in over a month for Andover Girls Indoor Track and Field, Tess Lagerquist '24 managed to match her personal record in pole vault despite in a meet that reflected a tired team in the middle of the season. Through this fatigue, Andover defeated Governor's 91-30.

According to Lagerquist, despite performing well in recent practice sessions, she felt nerves that come with every meet. Ultimately, she said her teammates' support pulled her through the meet to help her match her personal record in pole vault.

"I was kind of confident because I've been doing pretty well in practice, but at a meet, I always get super nervous and I always feel pretty nauseous, just in general from anxiety. So I wouldn't say that I was super confident, but I was mostly just like, alright, I'm going to do this. I'm going to try my best and we'll see how it goes… The energy at the meet, like, everyone cheering for everyone is super infectious, and I couldn't imagine doing it in a silent room or just like, without my friends cheering me on," said Lagerquist.

According to Abbie Cheng '23, the new pole vaulters have picked up the sport quickly and learned both physical and mental aspects of pole vaulting.

Cheng said, "Most of the people who start pole vaulting are new to the sport and they're able to get a grasp of not only the sport but also the nuances behind the mental challenge as well as the physical. So I feel like they've done a great job with that and I'm looking forward to seeing what they can do with the first meet for some of them."

This supportive atmosphere among the pole vault team carried onto the meet on Wednesday, according to Caroline Ho '22. The team encourages an atmosphere in which experienced pole vaulters help new pole vaulters transition into the sport.

Ho said, "It's a very, I guess relaxed and supportive group of people because it's a very tight knit group so I think everyone is kind of like pushing each other to do better and the more experienced athletes will always try to help the newer athletes and I think that's something that's really nice about it and there's also like a wide range of athletes over different grades."

According to Ho, the team will use Wednesday's meet as a place to improve upon for the upcoming Nepsac meet after a long hiatus.

"I hope that I'll personally do better and I think most people are really trying to get personal best and do better. I think this meet has set a good benchmark so that people are setting goals to do better in this upcoming meet and I think that's good. The only issue is hopefully we'll rest enough before that so we're not too tired for it but I think we'll be fine. It's going to be exciting. Like this one was pretty small so I hope that there are more athletes there," said Ho.

Andover's next Nepsac meet will take place in the Snyder Center this Saturday.

Daigo Moriwake
Jan 21, 2022

Girls Indoor Track Breaks Two School Records in the Same Meet

This past week, Andover Girls Indoor Track & Field continued its successful run of home meets with the Nepsta All-Comers meet on Saturday and a tri-meet against North Reading High School and Lawrence High School on Wednesday. Andover won both meets with a score of 57.75 to 53 and 57.75 to 6.25, respectively. Additionally, on Wednesday, Esme Huh '22 broke the girls' two-mile school record and Charlotte Whitehurst, the girls' 1000-meter record.

Despite its success, Kiera Suh '22 notes that this season has been quite different from the last, and has presented minor challenges. However, even with differing indoor Covid-19 policies, Suh remarked on the support given between teammates.

"I think we were able to have more spectators last season, outdoor, because there was not a limit on how many people could be in the building. This year, in Snyder center, we are more limited with spectators to just the Andover student body. I do not think that impacts our performance, though, because the team is so large. One of the great things about track is that the team has around 130 athletes, so we are able to support each other anyways. Even without many viewers or spectators, you are always going to have over 100 people on your team to watch and support you," said Suh.
According to Suh, the more condensed schedule has affected the team's strategy of participating in events. She notes how the number of meets forces the team to consult its coaches to determine what events to take part in during each meet.
Suh said, "Because you are having meets so often at such high intensity, we have been working a lot with the coaches to focus on being wise with how many events we compete in per meet. On that front, I would say that we are competing in fewer events, but at the same time, it is great for the team's energy to have these meets so often."
In addition to working through the busy schedule, Clementine Lubin '24 says that the long distance runners have concentrated on long striding and cool-down since Saturday's meet.
Lubin said, "We practiced mostly running long distances over long periods of time. We ran anywhere from 30 minutes to an hour at a conversational pace during this week's practices., On the way back, towards the end of the run, we focused on extenuating our striding. We did not do any intense working out as we had a meet Saturday and wanted to avoid overworking before Wednesday."
Sylvie Archer '23 points out that the high jumpers had been refining certain techniques, specifically on how to gain power off of the ground. She also notes how as the meet came closer, the training became less demanding and more focused around ensuring the athlete's physical health.
Archer said, "Two days before today, Monday, we focused on our run-ups. It is incredibly important to have power off of the ground when you high jump, so the last couple of steps approaching the bar are the most important. Tuesday, yesterday, we kept it light. We made sure that we had a comfortable clearance over our opening heights and to stretch very well before our meet today."
Andover looks to continue its overall success next Wednesday against Marianapolis, Governor's Academy, Wilbraham, and the rival Phillips Exeter Academy.
Editor's note: Kiera Suh '22 is the Executive Digital Editor of The Phillipian.

Matt Leonard
Jan 28, 2022

With Support from Upperclassmen, Girls Indoor Track Underclassmen Take Victory Over Marianapolis, Governor's, Wilbraham, and Phillips Exeter Academy

With not only strong starts but multiple strong finishes, the Girls Indoor Track lowerclassmen claimed a win against Marianapolis, Governor's, Wilbraham & Monson (Wilbraham), and Phillips Exeter Academy in their 9th-10th grade meet. This puts Girls Indoor Track on a three meet winning streak.
According to Hayden Fischer '25, the team has been able to make progress by learning from this season's earlier meets. Fischer specified that the team has focused on improving its pacing.
"I think since we've had a lot of meets this season, we've learned how to pace ourselves throughout the entire race instead of going out really hard, and then dying the last few laps of the race, especially in the distance events," Fischer said.
According to Lauren Herlihy '25, working hard in practice has had a strong effect on the team's distance runners. Herlihy added that speed workouts in particular have helped the runners remain strong throughout the entire race.
"Something that has been helping us out is definitely distance runs … It's really helpful and it gives a good foundation in basic building like our long-running. And also speed workouts I feel like have helped a lot. That last lap of the race is really important to gain speed and get that extra kick that you need," Herlihy said.

Patricia Tran '24 highlighted the upperclassmen on the track team for coming to the meet and showing support for the underclassmen. The energy supplied by the upperclassmen propelled the team forward, according to Tran, leading to a successful meet.

"I think the support from the upperclassmen was just one thing because the upperclassmen weren't racing so I think their goal was to make an environment where the 9th and 10th graders felt more included and so they did really well because there was a lot of energy and a lot of good support," Tran said.

Herlihy gave appreciation to Fischer, who ran both the 600-meter and 1000-meter. Herlihy emphasized Fischer's strength on the track, alongside her positive energy as a teammate.

"I thought a person who did well was Hayden Fischer. She ran the girls 600 and 1000. And I ran both meets with her and she absolutely crushed it on both. In both events, she got the girls' freshman record… And she's been killing it in practice and killing it in all the meets. I'm really proud of her, and she's such a great teammate. She cheers everyone on. She is just a really positive person and I'm really impressed," Herlihy said.

According to Tran, the team's race strategy could drastically improve the outcome of the meets. She specified that the team needs to improve on race strategy to get better.

"I think consistency, I guess this is more distance-related, but just getting more consistent splits every single lap so then you can PR. Also, more race strategy. [At] this meet we were just trying to hit splits but Exeter kind of caught us off guard with a really good race strategy. And [its] goal was not to like PR or anything, their goal was just to get points. I think if we had a better race strategy, then we would have done better," Tran said.

Girls Indoor Track hopes to add another win to their record this Wednesday against Exeter.

Meg Stineman
Feb 4, 2022

Girls Indoor Track Pave Its Way into Nationals

In the final official meet of the season, Andover Girls Varsity Indoor Track & Field capped off a successful season with many personal records in a home meet against Phillips Exeter Academy. This meet followed the Boston University Valentine Invitational Meet on Friday, which paved the team's way into the New Balance Indoor Nationals that will take place in New York in March.

According to Patricia Tran '24, the team's success against Exeter was a result of its work on strategy before the meet. She expressed her excitement that every runner could perform to the best of their capabilities, with many records set.

"It was amazing. The girls' side won… Everybody was just running as fast as they could really. [On] the distance side, we were just focusing on pre-strategy. And I think everybody just ran very smart races. The 1000 meter [race] ended in a photo finish. I think a four by 200 score record was set. It was very exciting," said Tran.

Hayden Fischer '25 congratulated Charlotte Whitehurst '22, another player who qualified for Nationals, on her strategic race.

Fischer said, "Charlotte Whitehurst performed super well today. She ran both the 2-mile and the 1000. I think [in] a lot of those races, we were just trying to score points. She ran a very tactically smart race. She came in, and she got second for the girls in the two mile. I believe she tied with [the] first place Exeter [girl] in the 1000, but really gave it her all [in the] last lap."

Tran also highlighted Whitehurst's race from the Andover-Exeter Meet. The race ended in a tie with an Exeter racer, a rare occurrence that reflected a titanic battle between the two over 1000 meters.

"… The 1000 meter [race] ended in a photo finish between Charlotte Whitehurst and an Exeter girl who ran all out [and both] kicked very hard. [At first] Charlotte was leading and then the Exeter girl was on her tail with every step and the time was so close that there [was] no time difference. Like they had the same time. And you couldn't even tell from the photo who won," said Tran.

The Boston University Invitational was a significant event in which Fischer, Whitehurst, Tran, and Esme Huh '22 competed in a relay. Although the relay team made it to Nationals, confusion with

officials making them run an extra 200 meters frustrated Andover. Huh expressed her satisfaction with the day's results despite Andover's frustration.
"It's definitely very exciting. It wasn't exactly as clean and happy as we wanted it to be because of the extra lap. I finished my race. I was confused [because when I] counted the laps, I finished hard in the sixth lap, and then they had me run another one…As everyone else was going, it was definitely hard for them mentally just knowing that our time was not going to be what we thought it was going to [be] because there was an extra 200 meters in the race…It was a long process. Then, we realized that we actually did hit the mark. So I think when we realized that. it was amazing, but there's definitely a lot of anger and sadness in the 30 minutes to an hour in between," said Huh.
Fischer also commanded her relay team as they worked very hard to hit the mark of the Nationals requirements. She also commented on the team spirit that they have crafted thus far.
Fischer said, "I'm glad we're going as a team, because track can come off as an individual sport. But I think the BU Invitational may definitely prove that it is a team sport, and you do run for the team."
For the rest of the season, Andover will compete among the team for runners to try out new events.

Nabilah Nazar
Feb 18, 2022

Indoor Track Travels to New Balance Indoor Track Nationals and Shatters School Records
Five indoor track athletes headed to the Armory in New York to compete in the New Balance Indoor Track Nationals. Esme Huh '22 and Tam Gavenas '25 were both able to secure personal records as well as school records, contributing to the overall success of the team.
Head Coach Keri Lambert elaborated on her mindset as Nationals approached. She explained how her main hope was for each athlete to exit the competition proud of themselves and with new goals for the upcoming spring season.
"Heading into the meet at the Armory, I was excited for Andover athletes to be there together and really savor the whole experience, from racing in a storied facility against top athletes from across the country, to the small things like seeing their names on the jumbotron and taking group photos in front of the meet's countless banners. […] My top hope was for them to walk away from the meet feeling proud of all the hard work they put in this season and excited to keep working together toward ambitious goals," wrote Lambert in an email to *The Phillipian.*
Huh mentioned how this meet felt low stress and exciting for her. She explained how she felt confident in her work throughout the season and was looking forward to pushing herself against challenging opponents.
"I was confident in all the work I had done… I felt very low stakes in a way because I wasn't really stressed… I got to race against girls that were really fast and that helps me really push myself. I wasn't trying to meet the national standard this meet I wasn't trying to do anything specific, like it wasn't Andover-Exeter where you have to score points, it was just so low stakes for me, so I was just really fine," said Huh.
Gavenas headed off to Nationals with aspirations of overcoming his own personal record and achieving esteemed awards. In his endeavors, Gavenas also broke Alex Fleury's Junior record during his 1600-meter race.
"I really wanted to PR. I wanted to race as hard as possible and the top five or top six currently because of the backpack and partly because of the All-American but I was mostly thinking about my coach who helped train me during the break. And I thought, 'Okay, this is the point where I should put in all the work into this race,'" said Gavenas.
"I thought I could do it. […] And we had been training a lot during those past few weeks. So if I just kept my routine stretched out. I workout my stretches, ate well and everything. And I knew that my teammates were there to support me–Charlotte, Esme, Hayden, and Patricia. They were all there to cheer for me. It was amazing," Gavenas continued.
Huh reiterated how this moment was very fulfilling for Gavenas, as Fleury is a role model to him. Breaking the freshman boys record created another level of excitement for Gavenas after his race. Huh said, "I think he broke the freshman boys record and it was actually Alex Fleury's record which is pretty amazing just because we love Alex Fleury, and he is such an incredible runner. So I think that's really monumental for Tam just to be able to break that and, [he's] an athlete that he really looks up to, so I think that's kind of a really cool little full circle thing."

Coach Lambert acknowledges how each and every athlete pushed themselves to be the strongest runners possible. She believes the team's hard work paid off in its Nationals trip.
"The main focus of the weekend was to compete courageously and to be pushed to fast times by tough competition. Every Andover athlete who competed did just that: they put themselves in excellent position early on in their races, made smart moves when necessary to stay on pace or hold position, and fought off fatigue to finish strong. They ran tough and mature races. It was inspiring, and I'm proud of how well they represented PATF," wrote Coach Lambert.

Meg Stineman
Mar 25, 2022

Varsity Wrestling
2021-22

Coach: Kassie Archambault
Assistant Coaches: Rich Gorman & Jason York

Captains: Arnav Bhakta & Colin Nugent

Overall Season Meet Record

Win	Loss	Tie
6	4	0

Letter Winners: Victory Anikwue, Bodhi Beroukhim, Arnav Bhakta, Glen Cahilly, Somen Chakrabortti, Henry Dinges, Josh Espinoza, Ben Forman, Theo Kim, Connor Klein, Adrian Morrison, Colin Nugent, Miles Palmer, Ben Perez, George Ryckman, Julia Carmona, Sakina Cotton, Isabelle Matloff, Eva Murphy, Dani Nugent, Sonia Xiong, Wendi Zheng, Eleanor DeHoog, Giselle Jones-Mollod, Jane Park, Jeffrey Shi, Ella Williams, and Nour Rustum

Richard S. Pieters Award: Arnav P. Bhakta
Richard Lux M.I.P. Award: Sakina I. Cotton

Wrestling
2021-22 Schedule and Results

12/08/2021	All-Gender Wrestling V	St. Paul's	A	3:30 PM	36-48		L
12/11/2021	All-Gender Wrestling V	Brooks	A	3:00 PM	36-42		L
12/15/2021	All-Gender Wrestling V	Wilbraham & Monson	H	3:45 PM	66-12	W	
01/12/2022	All-Gender Wrestling V	Girls Meet	H	12:00 PM	6-3		
01/15/2022	All-Gender Wrestling V	Deerfield/Hyde/PEA	H	2:00 PM	31-43 (PEA) 60-18 (Hyde)	W	L
01/22/2022	All-Gender Wrestling V	BH/RL/Tabor/PEA	A	2:00 PM	21-57		L
01/29/2022	All-Gender Wrestling V	Bidstrup/Seabrooke Duals	A	12:00 PM			
02/02/2022	All-Gender Wrestling V	Middlesex Girl's Meet	A	3:15 PM	7-4		
02/02/2022	All-Gender Wrestling V	Governors	A	4:15 PM	78-6 (Hyde) 58-21 (Govs)	W,W	
02/05/2022	All-Gender Wrestling V	Marianapolis	A	3:00 PM	72-12	W	
02/12/2022	All-Gender Wrestling V	INTERSCHOLS CLASS A	A	10:00 AM			
02/19/2022	All-Gender Wrestling V	NEW ENGLANDS	A	9:00 AM			
02/25/2022	All-Gender Wrestling V	NATIONALS (DC Armory)	A	12:00 PM			
02/26/2022	All-Gender Wrestling V	NATIONALS (DC Armory)	A	12:00 PM			

Phillips Academy All Gender Wrestling 2021-22

Name	Hometown	Year
Edward M. Adams	Pelham, NY	2023
Cheon il Allado	Bronx, NY	2024
Victory D. Anikwue	Brooklyn, NY	2023
Bodhi Beroukhim	Brookline, MA	2025
Ivan A. Betancourt	Lynn, MA	2022
Arnav P. Bhakta	Andover, MA	2022
William E. Buehler	Greenwich, CT	2024
Glen M. Cahilly	Old Greenwich, CT	2023
Julia Carmona	Bronx, NY	2024
Somen S. Chakrabortti	Hong Kong,	2022
Sakina I. Cotton	Cambridge, MA	2024
Eleanor R. DeHoog	Box Elder, SD	2024
Henry J. Dinges	Andover, MA	2023
Josh S. Espinoza	Bronx, NY	2025
Benjamin T. Forman	New York, NY	2023
Jonas H. Giannoni	New York, NY	2025
Giselle E. Jones-Mollod	Harvard, MA	2022
Magnus G. Julin	North Andover, MA	2025
Theodore B. Kim	Hong Kong,	2023
Thomas C. Klein	Ashburn, VA	2022
Nicolas O. Lima	Sea Girt, NJ	2025
Isabelle R. Matloff	Los Angeles, CA	2024
Adrian A. Morrison	Brooklyn, NY	2023
Evangeline V. Murphy	Haverhill, MA	2025
Colin P. Nugent	Boxford, MA	2023
Daniella I. Nugent	Boxford, MA	2025
Izunna D. Obiora	Lincoln, RI	2022
Miles E. Palmer	Byfield, MA	2023
Jane Park	Roslyn, NY	2022
Benjamin B. Perez	Boston, MA	2023
Nour Rustum	North Andover, MA	2023
George H. Ryckman	New York, NY	2024
Arjun R. Shah	Belmont, MA	2025
Jeffrey B. Shi	Andover, MA	2022
Robert J. Simkus	New York, NY	2025
Dorothy M. Swanson Blaker	Portland, OR	2024
Charles D. Vest	Newton, MA	2025
Ella M. Williams	Topsfield, MA	2023
Sonia H. Xiong	Malvern,	2024
Wendi Zheng	Pennington, NJ	2024

Wrestling
2021-22 Highlights

ANDOVER DROPS SEASON OPENER TO TOUGH ST. PAUL'S TEAM

Andover dropped their season opener 36-48 to a challenging St. Paul's team. Highlights of the meet were a riveting first period pin from lower George Ryckman (120 lbs) in his high school wrestling debut, and an exciting come-from-behind pin for upper Miles Palmer (138 lbs), that shot Andover into the team lead 36-30. Unfortunately, it was the last match that Andover won that meet, and St. Paul's pulled ahead 36-48.

In Exhibition matches, Wendi Zheng '24 had an exciting pin over a formidable opponent. Bodhi Beroukhim '25 and Charles Vest '25 were also able to earn pins on the day.

ANDOVER DROPS CLOSE DUAL TO BROOKS; EXCITING WINS FROM NUGENT '23 AND PALMER '23

Andover lost a close dual meet against Brooks School on Saturday, 36-42. Co-captain Colin Nugent '23 opened the dual with a 26 second pin, but unfortunately Andover lost the next couple of matches. Miles Palmer '23 launched the team into the lead with a riveting 3rd period pin, but Andover dropped the final 2 bouts, ending with a team score of 36-42. In exhibition matches, the favorite match of the day was a 2nd period pin by Sakina Cotton '24. Dani Nugent '25, and Ben Forman '23 also won exhibition matches on the day.

Andover's first home meet is this Wednesday against Wilbraham and Monson Academy.

Varsity results;

160 Colin Nugent pinned Brandon Townshend 0:26; 170 Ben Forman lost by pin to Ryan Tsai 2:21; 182 Somen Chakrabortti won by forfeit; 195 Ben Perez lost by pin to Nelson Lamb 0:22; 220 Adrian Morrison lost by pin to Anthony Carroll 0:50; 285 no contest; 106 Sonia Xiong lost by pin to Drake Tarlow 0:52; 113 Sakina Cottona won by forfeit; 120 George Ryckman won by forfeit; 126 Robert Simkus won by forfeit; 132 Arnav Bhakta lost by pin to Corey Gaffney 5:32; 138 Miles Palmer pinned Mujeeb Amin 5:18; 145 Ivan Betancourt lost by pin to Leito Betts 0:35; 152 Theo Kim lost by pin to Arihaan Barua 0:49.

Exhibition results:

Isabelle Matloff lost by pin to Sean Wang 0:39; Dani Nugent pinned Aidan Cross 0:38; Sakina Cotton pinned Drake Tarlow 2:35; Connor Klein lost by pin to Nelson Lamb 0:59; Ben Forman pinned Brandon Townshend 0:52.

ANDOVER WINS FIRST HOME DUAL MEET OF THE SEASON WITH 5 PINS

Andover won their first home dual meet of the season against Wilbraham & Monson Academy with five pins from the Big Blue wrestlers. Miles Palmer '23 bumped up a weight class and started off the meet with a first period pin. While we lost the next bout, Andover followed up with 2 more pins from Ben Forman '23 and Somen Chakrabortti '22. Connor Klein '22 had an exciting match at 195 lbs- he was winning 5-4 before he pinned his opponent in the second period. There were several forfeits, and Arnav Bhakta '22 won the last match with a second period pin against a tough opponent. When we return from break, we host Choate and Nobles on Saturday January 8.

Varsity Results:

138 Bodhi Beroukhim won by forfeit; 145 Miles Palmer pinned Jaeho Lim 1:39; 152 Theo Kim lost by pin to John Crocker 2:21; 160 Colin Nugent won by forfeit; 170 Ben Forman pinned Sawgu Hong 0:54; 182 Somen Chakrabortti pinned David Wibiralski 4:11; 195 Connor Klein pinned Nicholas Machado 4:21; 220 no contest; 285 we forfeited to Harold Gay; 106 Sonia Xiong won by forfeit; 113 Sakina Cotton won by forfeit; 120 George Ryckman won by forfeit; 126 Arnav Bhakta pinned Keigo Koyasu 3:13; 132 Dani Nugent won by forfeit

Exhibition Results

Connor Klein pinned Yougun Yang 1:05; Bodhi Beroukhim dec. Jaeho Lim 13-4

ANDOVER WINS 6 OUT OF 9 MATCHES AT THE INAUGURAL GIRLS DUAL MEET

Andover hosted the first of two scheduled girls meets this year. These meets are open to any school with female wrestlers that want to participate. While many schools initially signed up to participate, several had to cancel due to their school's Covid protocols and restrictions. Deerfield and Nobles were able to attend, and 11 wrestlers from the 3 schools competed in 9 matches. Sakina Cotton '24 went 2-0. She had an exciting 3rd period pin in her first match. Her second match went into overtime against a more experienced opponent, but Sakina was able to score 2 to clinch the win. Eva Murphy '25 also went 2-0 and earned 2 pins. Dani Nugent '25 also pinned her opponent. Wrestler of the meet was Dorothy Swanson-Blaker '24 who, in her first ever wrestling match, won an exciting 5-3 Overtime victory. Also competing well for Andover were Sonia Xiong '24, Julia Carmona '24, and Isa Matloff '24.

We look forward to hosting our 8th annual girls wrestling tournament on January 30!

CAPTAINS LED THE WAY AGAINST A TOUGH EXETER TEAM

Andover went 1-1 today for our Senior Day. Andover's captains led the way in our dual meet against Exeter with two solid wins against very good opponents. Co-captain Arnav Bhakta was winning his match 9-1 when he finally stuck his opponent with 5 seconds left in the match, earning 6 team points for Andover. Co-captain Colin Nugent '23 won a strong 8-0 major decision, wrestling his best match of the season so far. Sakina Cotton '24 opened the dual meet with a strong second period pin against her Exeter opponent, and Adrian Morrison '23 won his match 6-2. Unfortunately, these efforts weren't enough to secure the team victory for Andover, and we fell 31-43.

ANDOVER SCORES 6 PINS AGAINST HYDE

In our last varsity home meet of the season, Dani Nugent scored the first pin of the dual after leading her opponent 6-0. Colin Nugent '23, Connor Klein '22, and Adrian Morrison '23 each earned first period pins, earning Andover a 60-18 victory over Hyde. In an exhibition match, Henry Dingers '23 scored a first period pin after reversing his opponent and taking him to his back. Next week Andover travels to Roxbury Latin for a quad meet.

CO-CAPTAIN COLIN NUGENT LEADS THE WAY GOING 2-0 TODAY

Andover went 0-2 today against two tough teams. We opened the day against Belmont Hill. Our efforts were led by co-captain Colin Nugent, who won his match by technical fall 18-2. Adrian Morrison also won his match by decision 7-5. Unfortunately, those efforts were not enough, and we lost the dual meet 14-63.

In our match against Roxbury Latin, George Ryckman '24 opened the dual with a 31 second pin. Miles Palmer '23 won his match 10-5, and Colin Nugent pinned his opponent in 1 minute. We lost the dual 21-57. In an exhibition match, Cheon il Allado '24 won his exhibition match 5-1, scoring 2 take downs and earning an escape.

Next weekend Andover heads to Exeter for the Seabrook duals, where we will take on league opponents NMH, and New England opponents Avon Old Farms. On Sunday we host our 8th annual girls wrestling tournament.

ANDOVER CROWNS 3 CHAMPIONS AND WINS TEAM TITLE

The day after a nor'easter, 53 wrestlers from 20 different schools traveled to Phillips Academy for our annual girl's tournament. The tournament started with a clinic from 6x All American, 2x

National Champion, and UNC wrestler Marisol Nugent '20. We then had an 8-person bracket tournament, with 6 full brackets, and 2 round robin brackets. Deerfield placed 3rd in the overall team score with 38 points; Middlesex placed 2nd with 78 points; and Phillips Academy came in 1st place with 99 team points. This is the first time Phillips Academy has won the team title since we established it in 2019. Leading the way were Dani Nugent '25, Eva Murphy '25, and Nor DeHoog '24, who were all crowned individual champions. Sakina Cotton '24 placed 2nd, Wendi Zheng '24 placed 3rd, Julia Carmona '24 placed 5th, and Sonia Xiong '24 and Isa Matloff '24 placed 7th. We wrestled through 8th place, but only the top 4 placers received a medal and scored points for their team. Love Daley from Middlesex is a 3x champion at this tournament and was named Outstanding Wrestler for the second time.
Top five teams: 1.Phillips Academy 99, 2.Middlesex 78, 3.Deerfield 38, 4.Gov's 29, 5.Marianapolis 28

105.5lb
4th place: Claire Yoon, Middlesex
3rd place: Marlo Johnson, Governor's Academy
2nd place: Nannette Chatman, Nobles & Greenough
1st place: Caitlyn McGhee, Methuen High School
Match results:
McGhee pinned Xiong :14; McGhee pinned Johnson 3:11; McGhee pinned Chatman 1:35
Chatman dec. Galia 3-1; Chatman dec. Yoon 5-4;
Johnson dec. Hoang 6-1; Johnson pin Galicia 2:48; Johnson pinned Yoon 4:59
Yoon pinned Jacobson; Yoon dec. Hoang 11-6
5th place: Gracia Galicia (Marvelwood) pin Thu Hoang (Marianapolis) 3:45
7th place: Sonia Xiong (Phillips Academy) dec. Presley Jacobson (BB&N) 12-3

114.4lb
4th place: Sachi Mehra, Choate Rosemary Hall
3rd place: Mary Adams, Portsmouth Abbey
2nd place: Sakina Cotton, Phillips Academy
1st place: Abigail Alicandro, Marianapolis Prep
Match Results:
Alicandro pinned Gasso 0:23; Alicandro pinned Delegas 0:37; Alicando pinned Cotton 1:17
Cotton dec. Adams 6-3; Cotton pinned Mott 3:40;
Adams pinned Tzou 2:49; Adams pinned Delegas 1:41; Adams dec. Mehra 7-2
Mehra pinned Gasso 4:58; Mehra pinned Mott 0:32;
5th place: Olivia Delegas (Greater Lawrence Technical School) pin Gabrielle Mott (Milton) :20
7th place: Daniella Gasso (Portsmouth Abbey) pinned Brania Tzou (NMH) 0:22
119.9lb
4th place: Lindsay Hurr, Middlesex
3rd place: Josephine Louis, Deerfield
2nd place: Maya Douge, Middlesex
1st place: Eva Murphy, Phillips Academy
Match results:
Murphy dec. Louis 5-1; Murphy pinned Hurr 0:46; Murphy dec. Douge in OT 12-10
Douge pinned Thakur 1:05; Douge pinned Yu 0:48;
Louis pinned Nirmal 2:38; Louis pinned Yu 0:43; Louis pinned Hurr 2:20
Hurr dec. Nirmal 13-5; Hurr pinned Wang 0:55
5th place: Amy Wang (Marianapolis) pinned Rose Yu (Portsmouth Abbey) 4:48
7th place: Gabriela Nirmal (Choate) pinned Mojavi Thakur (NMH) 1:57

129.6lb
4th place: Claire Stone, Governor's Academy
3rd place: Wendi Zheng, Phillips Academy
2nd place: Juliette Alford, Middlesex
1st place: Latoya Kibusi, Reading High School

Match results:
Kibusi pinned Stone; Kibusi pinned Zheng 4:44; Kibusi pinned Alford 1:06
Alford pinned Carmona 4:17; Alford pinned Kennedy 0:59
Zheng pinned Knot 0:33; Zheng pinned Carmona 0:51; Zheng pinned Stone 0:53
Stone pinned Kennedy 2:48; Stone pinned Knot 1:52
5th place: Julia Carmona (Phillips Academy pinned Laila Kennedy (Marvelwood) 4:45
7th place: Kimberly Guzman-Flores (Middlesex) won by injury default over Tanvi Knot (Middlesex)

140.2lb
4th place: Charlotte Lokere, Lawrence Academy
3rd place: Sophia Burke, Deerfield
2nd place: Lily Fitzpatrick, St. Paul's School
1st place: Dani Nugent, Phillips Academy
Match results:
Nugent pinned Evans :23; Nugent pinned Burke 0:29; Nugent pinned Fitzpatrick 1:51
Fitzpatrick pinned Chai 0:40; Fitzpatrick pinned Lokere 0:36
Burke pinned Lee 3:18; Burke pinned Chai 0:20; Burke pinned Lokere 0:38
Lokere pinned Colgate 4:15; Lokere pinned Lee 0:55
5th place: Jina Lee (NMH) pinned Iris Chai (NMH) 2:59
7th place: Isabelle Evans (Greater Lawrence Technical School) won by injury default over Avery Colgate (Governor's)

151.0lb
4th place: Xavia Banigan, Governor's Academy
3rd place: Merrit Coward, Portsmouth Abbey
2nd place: Ayla Goldman, Middleboro
1st place: Love Daley, Middlesex
Match results:
Daley pinned Banigan 0:22; Daley pinned Coward 0:20; Daley pinned Goldman 0:46
Golman pinned Barlow 0:33; Goldman pinned Yang 0:46
Coward pinned Barlow 1:22; Coward dec. Banigan 7-4
Banigan pinned Yang 2:30
5th place: Marvin Yang (NMH) pinned Amelia Barlow (Governor's) 0:33
7th place: Isa Matloff over (BYE)

165.5lb
4th place: Karla Lazaro NMH
3rd place: Adeeva Ali, Deerfield
2nd place: Lindsay Laws, Silver Lake
1st place: Tayla Tildsley, Shawsheen Tech
Match results:
Round 1: Tildsley dec. Laws 4-3, Ali inj. def. Lazaro
Round 2: Laws pinned Ali 1:29, Tidsley forfeit Lazaro
Round 3: Tildsley pinned Ali 0:59, Laws forfeit Lazaro

201lb
2nd place: Dylan Hoyes-Gbewonyo, Marvelwood
1st place: Nor DeHoog, Phillips Academy
Match results:
Round 1: DeHoog pinned Hoyes-Gbewonyo 0:51
Round 2: DeHoog pinned Hoyes-Gbewonyo 0:32

ANDOVER WRESTLERS WENT 7-4 AT SECOND ALL GIRLS DUAL MEET OF THE SEASON

On National Girls and Women in Sports Day, 5 Andover wrestlers traveled to Middlesex for the second all girls dual meet on the season. Representing Andover were Nor DeHoog '24, Wendi Zheng '24, Julia Carmona '24, Isa Matloff '24, and Sakina Cotton '24. Nor DeHoog '24 pinned her Deerfield opponent. Wendi Zheng '24 pinned her opponents from Middlesex, Governor's and Deerfield. Sakina Cotton pinned her Middlsex, Deerfield, and Governor's opponent, for a record of 7-4 on the day.
The team looks forward to the Girls Division at New Englands on February 19.

ANDOVER DEFEATS GOVERNOR'S WITH 6 PINS
In the second meet of the day, Andover defeated Governor's 58-21. While we lost the first match of the meet, co-captain Arnav Bhakta '22 and Miles Palmer '23 followed up with first period pins. In an exciting match, Bodhi Beroukhim '25 won a 12-3 major decision. Co-captain Colin Nugent '23 pinned his opponent, and Josh Espinoza '25 won an exciting match at 160 lbs, with a pin in the third period. Ben Forman '23 and Somen Chakrabortti '22 also had first period pins. Ben Perez '23 lost a lost 4-9 match.
In exhibition matches, William Buehler defeated his opponent in an 18-5 major decision. Nick Lima '25 won his first wrestling match with a second period pin, and Victory Anikwue '23 won his first wrestling match with a first period pin.

ANDOVER DEFEATS HYDE WITH 5 PINS
In a rematch against the Hyde School, Andover defeated Hyde 78-6. Bodhi Beroukhim '25 scored the first pin of the meet, and Josh Espinoza '25, Ben Forman '23, Somen Chakrabortti '22, and Adrian Morrison '23 followed up with four more pins. It was Josh Espinoza's first varsity win.

9 PINS FOR BIG BLUE IN LAST DUAL MEET OF THE SEASON
Andover improved it's dual meet record to 5-5 when the team travelled to the Marianapolis Knights on Saturday for a dual meet. 9 individual wrestlers earned pins for the Big Blue. Sakina Cotton '24 opened the dual at 106 lbs with a second period pin, after scoring 5 points in the first period. George Ryckman '24 had a challenging match at 113; he fought off of his back at the end of the first period to pin his opponent at the start of the second period. Glen Cahilly '23 and Arnav Bhakta '22 followed up with two more first period pins. Later in the meet, Theo Kim '23 (152 lbs) and Nick Lima '25 (170 lbs) earned their first varsity wins, also securing pins. Miles Palmer '23, Josh Espinoza '25, and Adrian Morrison '23 also pinned their opponents. Andover won the dual 72-12.
In exhibition matches, Andover won all 7 matches with a pin. Arjun Shah '25 pinned his opponent in the first period. Robert Simkus '25 also pinned his opponent in the third period, after leading 9-4. Jonas Gianonni pinned his opponent in the first period. Charles Vest '25, after leading 11-7, pinned his opponent in the second period. Julia Carmona pinned their opponent in the second period after leading 7-0, and Sakina Cotton pinned her opponent in the third period after outscoring her opponent 10-0. In the last match of the day, Dani Nugent '25 pinned her opponent in 43 seconds with a powerful headlock,
This concludes our dual meet season. Next weekend the varsity team travels to Exeter for the Class A league tournament (interschols). At this tournament, the top 4 placers in each weight class qualify for the New England Championships.

ANDOVER PLACES 3RD, WITH 2 CHAMPS AND 12 PLACERS
At the Class A tournament at Phillips Exeter, Andover placed 3rd out of 8 teams. Leading the way were co-captains Arnav Bhakta '22 and Colin Nugent '23, who both won their individual weight classes. At 126 lbs, Arnav Bhakta went 2-0, with a pin in the semis and an 8-5 decision in the finals. At 145 lbs, Colin Nugent went 3-0, with a pin in the quarters and semifinals, and a solid 6-0 decision in the finals.
At 113 lbs, George Ryckman '24 went 2-1, scoring two pins on route to the finals, before he dropped a tough match to a challenging opponent. At 106 lbs, Sakina Cotton '24 went 1-1, pinning her opponent in the semifinals before losing in the finals to a more experienced opponent. At 132 lbs, Miles Palmer '23 went 2-1, pinning his opponents in the quarterfinals and semifinals, before losing a tough match in the finals.

At 132 lbs, Dani Nugent '25 had a great comeback tournament. She lost her first match in the quarterfinals and rallied in the consolation rounds with a pin and a 9-1 decision. In the 3rd place match, she faced her first opponent, and this time she defeated him 2-0. At 170 lbs, Ben Forman '23 went 3-1 with three pins en route to his 3rd place finish. At 120 lbs, Glen Cahilly '23 won his quarterfinals match 6-3, but then lost his semifinals match to the eventual champion. He then won his next two matches, including an exciting 8-6 decision, to place 3rd.
At 138 lbs, Bodhi Beroukhim '25 opened his tournament with a 23-9 major decision. He lost in the semifinals but pinned his opponent in the consolation semifinals. He lost his next match, and placed 4th.
At 160 lbs Josh Espinoza '25 went 1-2. He lost his first two matches, but in the 5th place match he rallied and pinned his opponent in the 2nd period. At 120 lbs, Eva Murphy '25 went 1-2 and placed 6th, and had an exciting 13-0 major decision. At 220 Adrian Morrison '23 wrestled in a tough weight class and took 6th place.
Also competing well for Andover were Theo Kim '23, Nick Lima '25, and Victory Anikwue '23. Overall, the team took 3rd place out of 8 teams. Next week, Andover heads to the New England Championships at Deerfield.

4 PLACERS IN THE PREP DIVISION, 5 CHAMPS IN THE GIRLS DIVISION

17 Andover wrestlers traveled to Deerfield Academy for the New England Prep School Wrestling Association Championships on Saturday February 19th. In the prep division, co-captain Colin Nugent '23 led the way by advancing all the way to the finals. In the round of 16, he pinned his Greens Farms opponent in the first period. In the quarterfinals, Nugent pinned his Nobles opponent in 42 seconds. In his semifinals match, Nugent had a dominant 7-1 performance over his Pomfret opponent. In the finals he lost to a tough opponent from Belmont Hill. He went 3-1, placed 2nd, and qualifies for the National Prep Tournament.
At 113 lbs George Ryckman '24 pinned his Greens Farms opponent in the round of 16 in 24 seconds. In the quarterfinals he pinned his Roxbury Latin opponent in just over a minute. He lost his semifinals match to the eventual champion. In the coni semifinals Ryckman outscored his NMH opponent 6-2 before finally sticking the pin in the 3rd period, and in a 3rd place match, he pinned his Roxbury Latin opponent in the second period. George is 4-1, places 3rd, and qualifies for the National Prep Tournament.
At 126 lbs co-captain Arnav Bhakta '22 defeated his Exeter opponent 6-2 in the round of 16. He lost his quarterfinals match to a tough Trinity Pawling opponent, who was the eventual champion of the weight class and the lightweight Outstanding Wrestler of the tournament. In the consoliation round of 8 Bhakta pinned his Avon Old Farms opponent in 34 seconds, and in the consolation round of 4 he defeated his Roxbury Latin opponent 7-2. He then lost a tough 2-6 decision to his Nobles opponent and lost 5-12 to his St. Mark's opponent. Bhakta is 3-3 on the day, places 6th and qualifies for the National Prep Tournament.
At 132 lbs Miles Palmer '23 pinned his Trinity Pawling opponent in the second period in the round of 16. In the quarterfinals he defeated his Brunswick opponent 7-1. In the semifinals he lost to the eventual champion of the weight class. In the consolation semifinals Miles pinned his Tabor opponent in the 3rd period. He lost his final match to a tough Belmont Hill opponent. Miles is 3-1 on the day, places 4th and qualifies for the National Prep Tournament.
Also competing for Andover were Glen Cahilly '23, Bodhi Beroukhim '25, Ben Forman '23, and Somen Chakrabortti '22. The team placed 9th out of 39 teams in the Prep Division.
In the Girls Division we had 5 individual champions. At 107 lbs Sakina Cotton '24 opened the tournament with a 39 second pin over her NMH opponent in the quarterfinals. In the semfinals she defeated her Deerfield opponent 9-2. In the finals she pinned her Governor's opponent in the second period after reversing her opponent and putting her on her back. Sakina is 3-0 on the day and New England Champion. She will compete at Nationals next weekend.
At 126 lbs Wendi Zheng '24 pinned her Hotchkiss opponent in 29 seconds in the quarterfinals. In the semifinals Zheng pinned her Governor's opponent in 48 seconds. In an exciting finals match, Zheng was able to defend her opponent's headlock and score the takedown. While trying to run an arm bar her opponent was able to reverse her, but Wendi then scored her own reversal, and then pinned her opponent with a half nelson. Wendi is 3-0 on the day and New England Champion. She will compete at Nationals next weekend.

At 132 lbs Dani Nugent '25 pinned her Governor's opponent in 22 seconds in the round of 16. In the quarterfinals she pinned her Marionapolis Prep opponent in 20 seconds. In the semifinals she pinned her Hotchkiss opponent in 21 seconds, and in the finals, she pinned her St. Mark's opponent in 56 seconds. Dani is 4-0 on the day and New England Champion. She will compete at Nationals next weekend.

After returning to the mat last week after a TBI, senior Giselle Jones-Mollod entered the tournament unseeded. In the first round of her round robin bracket at 152 lbs, Giselle outscored her NMH opponent 6-1 before her opponent had to injury default out of the match. In her second match, Giselle pinned her Andover teammate in the first period. In her final match against a tough Governor's opponent, the first period went scoreless. In the second period Giselle chose bottom and was able to reverse her opponent with a switch attempt that resulted in a mat return and pinned with a half nelson. Giselle is 3-0 on the day and New England Champion. She will compete at Nationals next weekend.

At 235 lbs Eleanor DeHoog '24 pinned her NMH opponent in a minute and 31 seconds. In her second match, Nor took her opponent down with a blast double and pinned her with a half nelson. Nor is 2-0 on the day and New England champion. She will compete at Nationals next weekend.

At 120 lbs Eva Murphy '25 pinned her Choate opponent in the first period of the quarterfinals. In an exciting back and forth semifinals match with her Deerfield opponent, Eva was losing the match 5-7 and was on top in the third period. With 43 seconds left in the match, she cut her opponent and took her to her back with a headlock, pinning her with 35 seconds left in the match. In the finals she lost a tough 9-3 match to a strong Tabor opponent. Eva is 2-1 on the day, places 2nd, and will compete at Nationals next weekend.

In the round robin bracket of 152 lbs, Isa Matloff '24 lost her first two matches, before winning her third match due to injury default. She is 1-3 on the day and places 3rd at New Englands. Also competing well for Andover were Sonia Xiong '24, who went 1-2 at 107 lbs, and Julia Carmona '24, who lost a really exciting match in the quarterfinals and went 0-2 on the day.

All of these efforts earned the Andover 1st place in the team race with 159 total points. The second-place team (Governor's) had 90 points, and the third-place team (Deerfield) had 83 points.

At the coaches meeting Head Coach Kassie Archambault was awarded Coach of the Year, as voted by her fellow NEPSWA head coaches.

The team travels to Upper Marlboro, MD on Thursday for the National Prep tournament!

10 ANDOVER WRESTLERS COMPETE AT NATIONALS; GIRLS ARE NATIONAL CHAMPIONS

The 86th annual National Prep Wrestling Championships were held at the Show Place Arena in Upper Marlboro, MD on Friday February 25 and Saturday February 26th. The boy's division began on Friday. Leading the way was co-captain Colin Nugent '23, who was seeded 12th at 145 lbs. In the round of 32 he defeated his Poly Prep opponent 4-1. In the round of 16 he lost 16-0 to the eventual 4th place wrestler. In the consolation round of 16 he pinned his St. Benedict's Prep opponent in the first period, and in the consolation round of 8 he pinned his Greens Farms Academy opponent in the 2nd period. In the second consolation round of 8, known as the "blood round," Nugent had a rematch against his New England finals opponent from Belmont Hill. Nugent made some adjustments and improvements in this rematch, and the score was 2-2 at the end of the third period. There was a good scramble in the one minute of overtime, but his Belmont Hill opponent eventually scored the takedown, and Nugent lost the match 2-4. He went 3-2 at the tournament and had an impressive run to cap an equally impressive season. He is 17-4 this season, Class A champ, and New England runner up.

At 113 lbs George Ryckman '24 pinned his Bishop Lynch opponent in 28 seconds in the round of 32. In the round of 16 he lost to a wrestler from Mount Saint Joseph, who eventually placed 5th at the tournament. He lost in the consolation round to an opponent from St. John's College. He went 1-2 at the tournament. He ends the season 14-4, Class A runner up, and 3rd at New Englands.

In the round of 32, 126 lbs Arnav Bhakta '22 lost to his Western Reserve Academy opponent, who ended up placing 2nd at the tournament. In the first consolation round Bhakta won by forfeit, be he lost his next match to a wrestler from Loyola Blakefield. He went 1-2 at the tournament. He ends the season 13-6, Class A champ, and 6th at New Englands.

In the round of 32, 132 lbs Miles Palmer '23 lost his first match 1-8 to an opponent from Covenant School. In the round of 16 he lost 2-8 to an opponent from First Baptist Academy. He went 0-2 at the tournament. He ends the season 13-7, Class A runner up, and 4th at New Englands.

The girl's division began on Saturday morning. At 107 lbs Sakina Cotton '24 had a bye in the quarterfinals. In the semifinals she defeated her Friends Central opponent 13-2, and in the finals, she pinned her Portsmouth Abbey opponent in a minute and thirty seconds. She went 2-0 at the tournament and is Prep National Champion at 107 lbs.

At 120 lbs Eva Murphy '25 pinned her Sidwell Friends opponent in the second period in the quarterfinals. In the semifinals she lost a tough 10-0 decision to her Abington Friends opponent, but she rebounded with a first period pin in the consolation semifinals against her Deerfield opponent. She lost her place match 3-11. She went 2-2 at the tournament, and placed 4th at the Prep National Championships at 120 lbs.

At 126 lbs Wendi Zheng '24 pinned her Sidwell Friends opponent in 36 seconds. In the semifinals she pinned her Deerfield opponent in 35 seconds. She lost a tough 2-15 match in the finals to her Blair opponent. She went 2-1 at the tournament, and placed 2nd at the Prep National Championships at 126 lbs.

At 132 lbs Dani Nugent '25 pinned her Sidwell Friends opponent in 17 seconds. In the semifinals she pinned her Friends Central opponent in 48 seconds. She won a solid 8-0 major decision in the finals against her Fort Worth Country Day opponent. She went 3-0 at the tournament and is Prep National Champion at 132 lbs.

At 152 lbs Giselle Jones-Mollod '22 had a bye in the quarterfinals. In the semifinals she lost a close match to her St. Mark's opponent. She rebounded with a 2-0 win over her Sidwell Friends opponent. She went 1-1 at the tournament and placed 3rd at the Prep National Championships.

At 235 lbs Nor Dehoog '24 exhibitioned against the champion of the 165 lbs weight class from Deerfield. She scored a takedown in the first period, and in the second period she scored a reversal with a switch. Her Deerfield opponent also reversed her, but Nor was able to escape, and won the match 5-3. Nor DeHoog went 1-0 at the tournament and is Prep National Champion at 235 lbs.

Phillips Academy won the team title with 95 team points. The second-place team, Sidwell Friends, had 46 points.

Before the final's rounds, Coach Kassie Archambault '06 was awarded National Prep Head Coach of the Year, as voted by the National Prep Board.

This concludes our wrestling season!

Wrestling
In the News

Wrestling Posts Strong Showing at All-Girls Open Meet

In the third period of the match, Sakina Cotton '24 pinned her opponent to secure her first win for Andover in an open all-girls meet against Deerfield and Nobles on Wednesday. Cotton managed to pull off another win in her second match with a two-point score during overtime, helping to raise Andover's record for the meet to 6-3.

According to Head Coach Kassie Archambault, it was initially planned for Andover to host multiple schools, but many schools had to withdraw from the meet due to safety precautions and the recent influx of Covid-19.

"Several more schools were signed up to participate, but unfortunately due to the surge in Covid-19 cases and various schools' policies around competing right now with Covid-19, we ended up with a smaller number than we had originally intended," said Coach Archambault.

Despite the smaller number of only four opponents, Coach Archambault believes that the team performed extremely well.

Coach Archambault said, "Our wrestlers worked really hard today and they executed what we had been working on in practice. They also listened to our direction, and they are super coachable. We had some really exciting matches."

While Cotton shared a similar sentiment to Archambault, she also notes the room for improvement that will hopefully come with much more experience in the sport.

Cotton said, "I think we just need more experience because right now, we're in a building season for the team. A lot of us were new to wrestling, so I think practicing harder with clearing the arms, lowering our levels, taking a good shot either a double leg takedown or single leg takedowns would be an area of improvement for the coming practices, just so we can take down our opponents which is a very crucial part in the match."

Coach Archambault notes that no matter the outcome, there are always challenges and things to improve on, even with the stellar performances of the meet.

Coach Archambault said, "Whether it's making sure that we are hitting good setups before we're shooting; whether it's making sure that with our sprawls that we continue to get legs back and we keep sprawling hard and strong, there are always things that we can work on."

George Ryckman '24, a wrestler who videoed the meet, acknowledged that the team has not been able to practice together and hone its skills as much as it would like, which proves to be another challenge it had to overcome

Ryckman said, "I think especially coming back off of break, everybody was not in as good condition as they could have been, but otherwise it was a great performance. Everybody used the moves we had been executing in the past couple of days in practice."

However, despite the challenges, Coach Archambault believes that there were a lot of positives that came out from the meet and is really proud of everyone who competed.

"Our record for individual matches was 6-3 today, and I think that's just a testament to all the hard work that our athletes have been putting into their training," said Coach Archambault.

Andover will face Deerfield again, along with Phillips Exeter Academy and Hyde in a quad meet this Saturday.

Andrew Zhou
Jan 14, 2022

Wrestling Loses to Exeter, Defeats Hyde with 'Aggression'

In the absence of George Ryckman '24, Sakina Cotton '24 stepped up in the 113-weight class in the first match of the meet and pinned her opponent. During the rest of the meet, Andover Wrestling would ultimately fall short against Phillips Exeter Academy and win against Hyde. Saturday's results place Andover Wrestling at a record of 3-3.

According to Miles Palmer '23, Cotton's win against Exeter followed a run of great performances for the Junior Varsity team. Her win set the stage and momentum for Andover to get two more wins.

"Everyone was cheering, and it was sort of a thing where Sakina in her exhibition, in JV matches, she's been doing well, and we're all [happy] to see her get a chance to prove herself on the varsity stage. And from there, we won our next two matches. Up until then, we had some matches where, as I said, people just started getting gassed and got beat," said Palmer.

Palmer noted Exeter's techniques as being very powerful while wrestling on top. Andover had to adapt to Exeter's strength and stay focused on the bottom, which had been practiced all week. Palmer said, "Exeter, they were really strong wrestling on top. At Andover, we teach how to wrestle from bottom, and most teams do. So that was a bit of an adjustment that we had to make."

On the other hand, Andover had more success against Hyde with an aggressive and proactive wrestling style which allowed the team to get many pins and points from offensive plays, according to Palmer.

Palmer said, "[Against] Hyde… we were more aggressive with Hyde and that led to us getting a lot of pins, most of them in the first period."

Head Coach Kassie Archambault '06 emphasized the role of Andover Wrestling Co-Captains, Arnav Bhakta '22 and Colin Nugent '23 on the day. Bhakta demonstrated dominance over his opponent for the whole match, while Nugent's match was characterized by wrestling intelligence and technicality, according to Coach Archambault.

"Our efforts were led by our co-captains, Arnav Bhakta '22 and Colin Nugent '23. Arnav stayed in control the entire match against Exeter, outscoring his opponent 9-1, before finally pinning his opponent to earn the team 6 team points. Colin also dominated against a very experienced opponent. It was smart, solid wrestling and his best technical match of the entire season," wrote Coach Archambault in an email to *The Phillipian*.

Dani Nugent '25 says her practice with Bhakta paid off in her match, where she was able to take her opponent down immediately.

"We weren't on our feet for a while, I just took them down right away. So I was able to spend the rest of the match working for the pin, which was important for the match to get six points… I was practicing with Arnav right away what I was going to do off the whistle. So that was just kind of relieving to just take them down right away," said Nugent.

For Coach Archambault, the team being able to reflect and recover from the Exeter defeat to play against Hyde was an important facet of the victory, and elaborated that dual meets were key to preparing the team for tournament season in February.

"All of our dual meets are to get ready for tournament season in February. In a tournament, you have to be ready to shake off the previous match and focus on the next one. That's what the team did for our second dual meet against Hyde," wrote Coach Archambault.

Andover will follow its win against Hyde with an away meet against Roxbury Latin this Saturday.

Daigo Moriwake
Jan 21, 2022

Andover Wrestling Falls to Roxbury Latin and Belmont Hill

With a lack of experience and numerous injuries, Andover Wrestling faced defensive struggles against Roxbury Latin and Belmont Hill on Saturday. Despite winning matches by George Ryckman '24, Miles Palmer '23, and co-captain Colin Nugent '23, the team lost 21-57, setting its record 3-4. According to Giselle Jones-Mollod '22, the team was nervous, yet excited going into the matches. However, even with inexperienced wrestlers and other obstacles, the team continued to work hard and enjoyed the second dual meet of the season.

Jones-Mollod said, "We were wrestling against two schools at Roxbury Latin. I was definitely a bit nervous because a lot of people were injured, there's a lot of new wrestlers, such as [Juniors] and Lowers, who haven't wrestled on our team before. But I think it's also exciting going into the match because it's one of our last matches of the season. We ended up losing, but everyone had a little fun and they didn't let people win easily."

According to Head Coach Kassie Archambault, there is still room to improve on the team's defensive play which posed a challenge during the meet.

"I would say that in terms of defensive technique, we still have to work on our sprawls and in terms of really hitting them hard and not just stopping, so we can get behind them and score. We're certainly trying to initiate and trying to score, but their team is also aggressive in their matchups with us," Coach Archambault said.

Further, Adrian Morrison '23 and Coach Archambault have both stated that the lack of wrestling experience of most of the players has put the team in more of a transitory period, where players are learning techniques and growing familiar with being on the mat. However, he anticipates a stronger, more well-equipped team next year.

"Half of our lineup has been wrestling since November, so every week I tell them that they're so brave for stepping out on that map and putting everything that we've taught them into play and their matches. I think that this is a rebuilding year for us and [I am] hoping that everyone who joined the team this year will join against next year and that we'll be a stronger team learning from all of our mistakes this year," Coach Archambault said.

Morrison said, "It's definitely forced us to slow down at practice a bit. When we're learning a new move, we spend a lot of time learning that new move. So, for experienced wrestlers, I don't think it teaches them as much, just because if you know the move, and you spend 20-30 minutes doing it, it's not as beneficial. I do think bringing everyone up to speed is good in the long run because in the future, two, three years down the line, we'll have more experienced players and a strong team."

According to Jones-Mollod, the team can continue to improve by learning to implement executing moves learned during practices during matches.

"I think there's just a lot of new people; people are trying their best. I think there [are] a lot of areas where we can improve on. When people hit their moves, Coach [Archambault] was talking about this, when people hit the moves, we've been practicing, I see some great execution. I think it's about practicing and learning and integrating new plays in actual matches," Jones-Mollod said.

According to Coach Archambault, there were many great matches that were played despite the team's loss. In particular, Coach Archambault recognized Nugent's solid technical skills in his successful match.

Coach Archambault said, "Our co-captain Colin Nugent won his match by a technical fault. A technical fault is when you're up 15 points, you stop the match. So, he won his match 18-2. He had this solid technique and was just doing his best to score on his opponent. In that match as well, Adrian Morrison wrestled really tough, and he won his match 7-5. In terms of Roxbury Latin, George Ryckman, Miles Palmer, and Colin Nugent all had really strong, dominant matches where they stayed in good position and had really good technique."

Wrestling will next compete at Phillips Exeter Academy for the Bidstrup/Seabrooke Duals on Saturday.

Monisha Kathika
Jan 28, 2022

Wrestling Claims Two Wins, Competes at Female Wrestling Tournament and Girls Meet at Middlesex

Following a previous loss to Roxbury Latin, Andover Wrestling claimed two straight team wins against Governor's and Hyde with scores of 58-21 and 78-6 respectively. On the same day, Andover Girls Wrestling competed at Middlesex in which the team won 7-4. These results followed a female wrestling tournament that saw Andover win the team title on Sunday. Andover now stands at a record of 4-4.

Julia Carmona '24 emphasized the difficulties Andover faced in order to get their wins. A large component of their struggle, according to Carmona, has been the inexperience of most of the team. Carmona said, "I think the fact that most of us are new… we have one Senior for the girls and then there's five Lowers and two [Juniors] and I think all but one of the Lowers are new. Even with the boys, a lot of us are new. So it's been hard to go against competitors who have been competing for multiple years." Somen Chakrabortti '22 believes that the team has also had many struggles when it comes to conditioning. "Some people gassed out and gave up during matches that they were winning, so we definitely have to work on [conditioning]," Chakrabortti said.

Although experience has shown to be one of the team's biggest weaknesses, it has also proven to be one of the team's biggest strengths in building connections, according to Carmona. She believes that the inexperience of some of the team's wrestlers has allowed for a closer bond on the team.

"I think as a whole our team is very close-knit and has a very strong community but it's usually within the girls. Most of us are new so we all came in like the first practice not really knowing what to do…so I think one of our strengths is just being a community together," said Carmona. Carmona and Chakrabortti noted two wrestlers who performed well in recent meets. Carmona mentioned the success of Sakina Cotton '24, a new wrestler on the team. Carmona said, "Sakina, she's a Lower, it's her first year wrestling and she is one of the few people in her weight class, so she's wrestling a lot of good people and she's adapted really well and has practiced really hard."

Similar to Carmona, Chakrabortti brought attention to Josh Espinoza '25 for making progress in recent meets. Chakrabortti said, "Josh Espinoza, for me, was a stand-out wrestler today because he got his first two varsity wins and he pinned both of his opponents." According to Carmona, the team will be working on conditioning for their upcoming matches. She noted the importance of using endurance on the mat.

"I think wrestling is a really difficult sport, although the matches are relatively short, like six minutes, you're going full sprint with every single muscle in your body for six minutes and I think in terms of endurance and being able to be 100 percent for those six minutes is what we have been working on a lot," said Carmona.

Andover Wrestling will compete against Choate and Northfield Mount Hermon at Choate on Saturday.

Elle Mendez
Feb 4, 2022

Andover All-Gender Wrestling's Relentlessness Takes Co-Captains to First Place

Andover All-Gender Wrestling placed third in its Interscholastic Tournament on Saturday. Co-Captains Colin Nugent '23 and Arnav Bhakta '22 placed first, along with George Ryckman '24 placing second.

Ben Forman '23, a new wrestler who won three of his four matches, applauded the team's unstoppable mindset that guided their wins. Its positive attitude guided the team to continuously fight, even while down on points.

"I watched a bunch of [matches]. I thought we were kind of relentless. We didn't give up in any of our matches. I remember I saw one by [Glen Cahilly '23]. He was fighting the whole time. I think he lasted the whole six minutes, but he just never gave up, even when he was down. And that's something I think we did really well over the tournament," said Forman.

Ryckman congratulated his teammate, Bhakta, on placing first. Ryckman highlighted Bhakta's efficiency and the effort he put into his two matches.

Ryckman said, "Arnav Bhakta, who's the Senior captain, was hitting some very technical moves in his matches. He came out with two, with his first match [being] a pin and… his second match, he won by points, and it was just very technical wrestling. Very, very fun to watch as well."

After wrestling two matches, Sakina Cotton '24 credited her coaches, who prepared her to face strong wrestlers. She came away from the meet with one win and one loss. Cotton mentioned how she applied techniques she had learned during practice to her matches.

"I was a bit nervous, but the coaches prepared us for a lot and gave us a rundown on how [things] went on. My first match [was against an] Exeter kid, and it was what we practiced throughout the days leading up to the tournament. A lot of the rules came in handy, so I felt prepared for that one. There was a lot of help from the coaches, as [in] wrestling, you have to keep an eye out for what the coaches are telling you to do, and you're just not thinking about that in the moment," said Cotton.

Furthermore, Forman applauded Josh Espinoza '25 for his win. Forman emphasized Espinoza's relentlessness in a strenuous six-minute match.

Forman said, "[Espinoza] was down in a match. He kept fighting, he got a penalty, but he bounced right back. He ended up winning the match, and everyone was going crazy. A parent from the other sideline actually started yelling, but our coach stood up for [Espinoza], and honestly, it was a great win because it just showed the spirit we have."

Ryckman is particularly excited for the upcoming New England's Championship. All wrestlers placing in the top six will be able to compete in the National Championship.

"I'm looking forward to New England's next week. I'm on Friday and Saturday and I know we've got a good number of wrestlers going to New England's as well. And I'm just looking forward to experienc[ing] another high school tournament and hopefully, possibly go [ing to] nationals if I place top six," said Ryckman.

Before their next tournament, Cotton expressed her thoughts on where the team can improve. Although recent practices have been focused on more in-game situations, she explained that the team needs to work on endurance.

Cotton said, "I think we're all going to start working on endurance. That's something Coach [Kassie Archambault '06] and Coach [Richard] Gorham expressed… in practice, we're always working to make ourselves better and practices have been hard."

According to Forman, nerves are unavoidable. However, he emphasized the importance of not letting his nerves override his excitement for the sport.

Forman said, "I get a little nervous before matches or excited, like the butterflies. And it's helpful just to think about just controlling what you can control. You know, just giving and giving all my effort and not thinking about the result because you can't really control the result, [you] can control what you do… There's really no secret to get rid of the nerves, so you just got to live with them."

Ryckman acknowledges that wrestling can be a nerve-wracking sport, but the feeling athletes get takes over feelings of fear.

"Wrestling could be [a] very stressful sport. Especially for a lot of the kids on our team, but I think it's less stressful, and it's more excitement is the way that I think about it. And the adrenaline rushing through your body. Just preparing you for the challenge ahead," said Ryckman.

Andover will be competing in the New England's Championship this Saturday.

Nabilah Nazar
Feb 18, 2022

Girls Wrestling Crowned Champions at National Prep Tournament

Despite competing amongst hundreds of wrestlers, Andover Girls Wrestling did not let the 200-school tournament stifle its mentality. With Sakina Cotton '24, Dani Nugent '25, and Eleanor DeHoog '24 all claiming champion titles along with Head Coach Archambault receiving two seperate awards, the team's season has ended on a commendable note.

Head Coach Kassie Archambault '06 credited the team's success to its open mindedness in learning and performing. She believed the wrestlers brought an abundance of energy, heading into matches with strong mentalities and applying skills from the season's cumulative lessons.

"Our wrestlers were tough and aggressive, and implemented everything we've been working on all season at the tournaments. They are incredibly coachable and make real time adjustments during the matches as we coach them," wrote Coach Archambault in an email to *The Phillipian.*

One of the champions, Eleanor DeHoog '24 pointed out Cotton's championship matches. Despite being a new wrestler, Cotton managed to take control of her opponents, according to DeHoog. Cotton pinned her championship round competition within the first one and a half minutes to take first place.

DeHoog said, "I would say probably Sakina was amazing, because she's also a first-time wrestler this year. So, she [had] two matches [and] she just completely dominated both of her matches. And she came out with a great one. So, it was really exciting to watch her."

Cotton recalled her semi-final matches and how she was able to defeat her first opponent on their speed and ability to create shots right as the whistle blew. Cotton also enjoyed wrestling someone new from DC, rather than just from the New England area. Her excitement was rooted in her opponents' experience and aggression, which provided a learning opportunity for Cotton.

Cotton said, "I've never wrestled somebody who had such quick shots. So, the coach was telling me [that] she shoots almost right off the whistle. And normally, I just lock up with people, like you'll see when people are in the resting position, but just have their hands tied around the others' necks, grabbing their arms, like I usually lock up. But she was very quick and aggressive, so it was nice. I won by a major decision, so basically, I didn't pin her. It was just a lot of wrestling, but very exciting and a lot of experience."

According to Coach Archambault, fellow champion Nugent, experienced similar success to Cotton. Coach Archambault noted how Nugent took down her opponents with ease and in the final round was able to win by major decision against a talented wrestler.

Coach Archambault wrote, "At Nationals, Dani Nugent '25 had an incredible tournament. She won her first two matches by pin in the first period. Her finals match was a dominant 8-0 victory against an experienced opponent."

Partnered with the success of the players, Coach Archambault was named NEPSWA Coach of the Year as well as the National Prep Coach of the Year. She saw these victories as displays of the team's hard work throughout the entire season.

"I was incredibly honored to have been recognized as NEPSWA coach of the year and National Prep coach of the year. I've been working hard to expand opportunities for all girls in this sport, and to create an environment in our program where everyone is welcome. I couldn't do any of it without the support of my coaching staff, and without the buy in and work ethic of my team," wrote Coach Archambault.

Cotton was joyful to see her coach get recognition for her greatness but also believes that even without these awards, Coach Archambault has been an integral and influential part of the team.

"I was really happy to see Coach A [Archambault]. get the Coach of the Year Award at the tournament, and I thought that obviously she doesn't need anybody to tell her that she's doing a great job, especially not recognition from them. But it was really nice to see other people getting to know her work and what she's doing, because she is doing most of the work with organizing the girl's tournament but also being our head coach. And so, I thought it was really cool to see her up there," said Cotton.

Nabilah Nazar
Mar 25, 2022

2021-2022 Spring Varsity Sports

Baseball	16-3-0	NE Champions
Boys Crew *		
Girls Crew *		
Cycling *		
Golf	12-5-0	
Boys Lacrosse	10-8-0	
Girls Lacrosse	11-9-0	
Softball	13-6-0	
Boys Tennis	11-3-0	
Girls Tennis	10-2-0	
Boys Track *		
Girls Track*		
Ultimate	12-2-0	
Boys Volleyball	8-2-0	
Girls Waterpolo	0-9-0	

*See individual team pages for results

SPRING AWARDS AND TROPHIES 2022

William H. Brown Crew Trophy – To that boy and girl student who have contributed most in the way of team spirit and sportsmanship to the Crew.

Boys Recipient: Samuel S. Gallaudet
Girls Recipient: Hannah C. Justicz

Hulburd Lacrosse Trophy – To that senior player who typifies enthusiasm, character, and the winning spirit, qualities instilled in Andover players from 1956-1971 by Robert P. Hulburd.

Recipient: Samuel M. Erjavac

Kalkstein Lacrosse Award – To the most valuable player whose performance, spirit and character inspired the team to excel.

Recipient: Preston F. Whitehurst

Lux Lacrosse Trophy – To that player (excluding the captain) who through her enthusiasm and love for the sport, has imparted to her teammates the will to win.

Recipient: Eliza J. Dow

Banta Tennis Trophy – To that boy and girl member of the Varsity Tennis team who shows sportsmanship, leadership and character throughout the season.

Boys Recipient: Ethan Wong
Girls Recipient: Ananya B. Madduri

Sorota Track Trophy – To that boy and girl member of the winter and spring varsity track team who exhibits outstanding character and the will to win.

Boys Recipient: Nicholas G. Koobatian

Girls Recipient: Charlotte D. Whitehurst

Harrison Baseball Award – Given in honor of Ted Harrison by the Class of 1938 to the outstanding, all-around performer on the Phillips Academy varsity baseball team who best represents the qualities of sportsmanship, dedication and the will to win.

Recipient: Thomas P. McAndrews

Wennik Softball Award – To that member of the softball team excluding the captain who in the judgment of the captain and coach exemplified the spirit of Andover softball.

Recipient: Fallon A. O'Connor

MVP Cycling

Recipient: Not Award

Kazickas Golf Trophy – To that member of the varsity golf team who is, over the course of the season, the low medalist.

Recipient: Howard D. Wolfe, III

Phillips Academy Ultimate
Spirit of the Game award
MVP Ultimate - Given to a player adjudged to have embodied the principles of Spirit of the Game: integrity, self-responsibility, fairness, and respect for opponents.

Recipient: Benjamin J. Rowland

MVP Girls Water polo Award

Recipient: Cassidy K. Sadowski

MVP Boys' Volleyball

Recipient: Caleb C. Blackburn-Johnson

Dance Award

Recipient: Claire E. Cahill
Somin Virmani

Boys Varsity Baseball
2022

Coach: Kevin Graber
Assistant Coaches: Chris Capano

Captains: Skyler Bordiuk, Thomas McAndrews, Harrison Milbert, & Jake Needham
Managers: Abigail G. Heppelmann, Irene Ledo, & Ariel M. Miranda

Overall Season Record

Win	Loss	Tie
16	3	0

Central New England Prep Tournament Champions

Letter Winners: Skyler J. Bordiuk, Joseph A. Carrara, Andrew O. DeBenedictis, Christopher J. Egrie, Brian D. Flynn, Luke G. Gallo, Maximillian R. Gomez, Trevor R. Grady, Abigail G. Heppelmann, Lawrence P. Hotaling, Marek P. Krystofolski, Isaac H. Lamson, Irene Ledo, Cole B. Mascott, Thomas P. McAndrews, Jesse A. McCullough, Harrison S. Milbert, Ariel M. Miranda, Jake M. Needham, Jace M. Roossien, Matthew F. Spadaccini, & Thomas M. White

Award Winner: Harrison Award – Thomas P. McAndrews

Boys Varsity Baseball
2022 Schedule and Results

Sat	03/26/2022	Baseball V	Andover HS	H	6:00 PM	Scrimmage		
Wed	03/30/2022	Baseball V	Bishop Fenwick	A	3:30 AM	Scrimmage		
Sat	04/02/2022	Baseball V	St. John's Prep	A	2:45 PM	Scrimmage		
Wed	04/06/2022	Baseball V	St. Sebastian's	A	3:15 PM	Scrimmage		
Sat	04/09/2022	Baseball V	Bridgton Academy	H	6:00 PM	2-1	W	
Wed	04/13/2022	Baseball V	Dexter Southfield School	A	4:00 PM	1-3		L
Fri	04/15/2022	Baseball V	Belmont Hill	H	4:30 PM	3-0	W	
Sat	04/16/2022	Baseball V	Poly Prep	A	1:30 PM	Canceled		
Wed	04/20/2022	Baseball V	Cushing	H	3:30 PM	3-0	W	
Sat	04/23/2022	Baseball V	Worcester	H	12:00 PM	6-2	W	
Mon	04/25/2022	Baseball V	Governor's Academy	H	5:00 PM	2-1	W	
Thu	04/28/2022	Baseball V	Thayer	A	4:45 PM	4-0	W	
Sat	04/30/2022	Baseball V	Stony Brook NY	H	1:00 PM	0-2, 6-1	W	L
Mon	05/02/2022	Baseball V	Brooks	H	4:30 PM	5-2	W	
Fri	05/06/2022	Baseball V	Groton	A	4:45 PM	11-3	W	
Sat	05/07/2022	Baseball V	Exeter	A	3:30 PM	0-2		L
Wed	05/11/2022	Baseball V	Cushing	A	3:45 PM	2-1	W	
Sat	05/14/2022	Baseball V	Deerfield	H	12:30 PM	8-0	W	
Mon	05/16/2022	Baseball V	St. Sebastian's	H	4:45 PM	Canceled		
Wed	05/18/2022	Baseball V	Dexter Southfield School	H	4:00 PM	10-0	W	
Sat	05/21/2022	Baseball V	TOURNAMENT (Dexter)	A	10:00 AM	20-1	W	
Sun	05/22/2022	Baseball V	TOURNAMENT (Exeter)	A	10:00 AM	4-3	W	
Sat	05/28/2022	Baseball V	Exeter	H	2:00 PM	6-2	W	

Boys Varsity Baseball
2022 Roster

Name	Hometown	Year
Skyler J. Bordiuk	Lincoln, MA	2022
Joseph A. Carrara	Pocasset, MA	2024
Andrew O. DeBenedictis	Andover, MA	2023
Christopher J. Egrie	Pleasantville, NJ	2022
Brian D. Flynn	Danvers, MA	2025
Luke G. Gallo	Shrewsbury, MA	2025
Maximillian R. Gomez	Cohasset, MA	2023
Trevor R. Grady	Sterling, MA	2023
Abigail G. Heppelmann	Boston, MA	2023
Lawrence P. Hotaling	Brooklyn, NY	2024
Marek P. Krystofolski	Harwich, MA	2025
Isaac H. Lamson	Stow, MA	2024
Irene Ledo	Newark, NJ	2024
Cole B. Mascott	Newburyport, MA	2023
Thomas P. McAndrews	Haverhill, MA	2022
Jesse A. McCullough	Sudbury, MA	2022
Harrison S. Milbert	Kingston, MA	2022
Ariel M. Miranda	Ozone Park, NY	2024
Jake M. Needham	North Reading, MA	2022
Jace M. Roossien	Nahant, MA	2024
Matthew F. Spadaccini	Lexington, MA	2023
Thomas M. White	Rowley, MA	2023

Boys Varsity Baseball
2022 Game Highlights

APRIL 9, 2022
Baseball BV vs Bridgton Academy at Greater Lawrence Tech
W 2-1
VARSITY BASEBALL EDGES BRIDGTON IN SEASON OPENER

Thomas White '23, Cole Mascott '23, Teo Spadaccini '23 (pictured), and Jake Needham '22 combined to limit Bridgton Academy to just one hit, while CJ Egrie '22 singled twice, stole a pair of bases, and scored the winning run on a wild pitch, as Andover edged Bridgton 2-1 in its 2022 season opener. Tommy McAndrews '22 chipped in with a clutch two-out RBI single in the third.

White drew the start and was dominant on the mound, fanning eight while surrendering just one hit and one walk over four complete innings. Spadaccini entered the game with the bases loaded and no outs in the sixth and responded with a trio of dramatic strikeouts. Needham earned the save in the seventh.

Watch game highlights on YouTube!

Read Eagle Tribune game summary!

APRIL 13, 2022
Baseball BV at Dexter Southfield School
L 1-3
VARSITY BASEBALL FALLS AT DEXTER

Despite a pair of hits each from shortstop Luke Gallo '25 (pictured) and second baseman Jesse McCullough '22, Andover fell 3-1 at Central New England Prep rival Dexter on Wednesday. Jake Needham '22 and Harrison Milbert '22 pitched admirably in defeat.

Watch game highlights on YouTube!

APRIL 15, 2022
Baseball BV vs Belmont Hill
W 3-0
VARSITY BASEBALL BLANKS BELMONT HILL

Thomas White '23 (pictured), Marek Krystofolski '25, Cole Mascott '23, and Skyler Bordiuk '22 combined to surrender just one hit, while Tommy McAndrews '22 singled, doubled, drove in a run, and scored another as Andover blanked visiting Belmont Hill 3-0.

White drew the start and struck out eight of the nine batters he faced. Krystofolski followed with two innings of one-hit relief. Mascott then set Belmont Hill down in order in the sixth, before Bordiuk struck out the side to earn the save in the seventh.

Andover scored twice in the bottom of the second. McAndrews led off with a line-drive single, advanced to second on a sacrifice bunt by Luke Gallo '25, stole third, and trotted home on an Isaac Lamson '24 sacrifice fly. White walked, stole second, and scored on an RBI single by Trevor Grady '23.

CJ Egrie '22 walked with one out in the bottom of the third, stole second and third, and scored on McAndrews' double.

Andover played errorless baseball and allowed just two baserunners all game.

Watch game highlights on YouTube!

APRIL 20, 2022
Baseball BV vs Cushing
W 3-0
MILBERT '22, MASCOTT '23 PITCH COMBINED NO-HITTER VS. CUSHING

Harrison Milbert '22 (pictured) struck out seven in six hitless innings, before Cole Mascott '23 preserved the combined no-hitter in the seventh, as Andover blanked visiting Cushing Academy 3-0. Mascott plated a pair of runs with a sac fly and an RBI groundout, while Tommy McAndrews '22 plated Jesse McCullough '22 with a safety squeeze in the bottom of the sixth.

Watch game highlights on YouTube!

APRIL 23, 2022
Baseball BV vs Worcester
W 6-2
VARSITY BASEBALL SWEEPS WORCESTER ACADEMY

Andover improved to 5-1 with a doubleheader sweep against visiting Worcester Academy on April 23, 2022, winning the opener 6-2 and the nightcap 3-1. Thomas White '23 struck out 12 in five complete innings in Game 1, before Teo Spadaccini '23 added two innings of scoreless relief. Cole Mascott '23 fanned seven in five complete innings in Game 2, backed by a pair of scoreless innings from Marek Krystofolski '25.

Tommy McAndrews '22 (pictured) sparked the offense with a three-run homer. CJ Egrie '22 added a pair of singles in each game and stole six bases on the day.

Watch game highlights on YouTube!

APRIL 23, 2022
Baseball Varsity vs Worcester Academy
W 3-1
VARSITY BASEBALL SWEEPS WORCESTER ACADEMY

Andover improved to 5-1 with a doubleheader sweep against visiting Worcester Academy on April 23, 2022, winning the opener 6-2 and the nightcap 3-1. Thomas White '23 struck out 12 in five complete innings in Game 1, before Teo Spadaccini '23 added two innings of scoreless relief. Cole Mascott '23 fanned seven in five complete innings in Game 2, backed by a pair of scoreless innings from Marek Krystofolski '25.

Tommy McAndrews '22 sparked the offense with a three-run homer. CJ Egrie '22 (pictured) added a pair of singles in each game and stole six bases on the day.

Watch game highlights on YouTube!

APRIL 25, 2022
Baseball BV vs Governor's Academy
W 2-1
VARSITY BASEBALL EDGES GOV'S 2-1

Harrison Milbert '22 struck out eight in four strong innings before Marek Krystofolski '25 and Teo Spadaccini '23 secured the win from the bullpen as Andover edged visiting Governor's Academy 2-1. CJ Egrie singled home a run in the first, and Larry Hotaling '24 (pictured) singled home a run in the fourth to round out the scoring. Luke Gallo '25 singled, doubled, and scored a run in the win.

Watch game highlights on YouTube!

APRIL 28, 2022
Baseball BV at Thayer
W 4-0
VARSITY BASEBALL BLANKS THAYER

Skyler Bordiuk '22 (pictured) pitched into the sixth inning before giving way to relievers Cole Mascott '23 and Marek Krystofolski '25 as Andover blanked host Thayer Academy 4-0.

Watch game highlights on YouTube!

APRIL 30, 2022
Baseball BV vs Stony Brook NY
L 0-2
VARSITY BASEBALL SPLITS DOUBLEHEADER WITH VISITING STONY BROOK

Varsity baseball rebounded from a 2-0 loss in Game 1 with a 6-1 win in Game 2 en route to a doubleheader split with visiting Stony Brook School.

Southpaw hurler Thomas White ’23 was stellar in the opener, surrendering just one hit while striking out 11 in five complete innings. CJ Egrie ’22, Cole Mascott ’23 (pictured), and Tommy McAndrews ’22 each singled in the loss.

Mascott ’23 was dominant on the mound in Game 2, scattering three hits with just one walk and 10 strikeouts, before giving way to relievers Teo Spadaccini ’23 in the sixth and Marek Krystofolski ’25 in the seventh. McAndrews and Isaac Lamson ’24 logged two hits apiece to pace the offense.

Watch game highlights on YouTube!

APRIL 30, 2022
Baseball V 21-22 vs Stony Brook
W 6-1
VARSITY BASEBALL SPLITS DOUBLEHEADER WITH VISITING STONY BROOK

Varsity baseball rebounded from a 2-0 loss in Game 1 with a 6-1 win in Game 2 en route to a doubleheader split with visiting Stony Brook School.

Southpaw hurler Thomas White '23 was stellar in the opener, surrendering just one hit while striking out 11 in five complete innings. CJ Egrie '22, Cole Mascott '23 (pictured), and Tommy McAndrews '22 each singled in the loss.

Mascott '23 was dominant on the mound in Game 2, scattering three hits with just one walk and 10 strikeouts, before giving way to relievers Teo Spadaccini '23 in the sixth and Marek Krystofolski '25 in the seventh. McAndrews and Isaac Lamson '24 logged two hits apiece to pace the offense.

Watch game highlights on YouTube!

MAY 2, 2022
Baseball BV vs Brooks
W 5-2
VARSITY BASEBALL DOWNS BROOKS 5-2

Marek Krystofolski '25 (pictured) surrendered just two hits in four innings, while Andrew DeBenedictis '23 and Danny Flynn '25 paced the offense with two hits apiece, as Andover improved to 9-2 with a 5-2 non-league win over visiting Brooks School.

Watch game highlights on YouTube!

MAY 6, 2022
Baseball BV at Groton
W 11-3
VARSITY BASEBALL DOWNS GROTON 11-3

Andover pounded out 10 hits, including triples by Luke Gallo '25, Tommy McAndrews '22, and Jace Roossien '24 (pictured), and a double by Isaac Lamson '24, en route to an 11-3 non-league win at Groton School. Skyler Bordiuk '22 pitched five strong innings before giving way to CJ Egrie '22 in the sixth. Jesse McCullough '22 bolstered the offense with a pair of singles.

Watch game highlights on YouTube!

MAY 7, 2022
Baseball BV at Exeter
W 11-3
VARSITY BASEBALL SPLITS DOUBLEHEADER AT EXETER

Andover pounded out 13 hits in a 13-3 win in Game 1, but the bats went silent in a 2-0 loss in Game 2 in a doubleheader split at Phillips Exeter. Thomas White '23 was stellar on the mound in the opener, scattering two hits while striking out 12 in five shutout innings. CJ Egrie '22 singled twice and doubled to spark the offense, while Tommy McAndrews '22 and Luke Gallo '25 added two hits apiece. Andover managed just four hits in the nightcap. Both of Exeter's runs were unearned as Jake Needham '22 (pictured), Cole Mascott '23, and Harrison Milbert '22 pitched admirably in defeat for Andover.

Watch game highlights on YouTube!

MAY 7, 2022
Baseball V 21-22 at Phillips Exeter Academy
L 0-2
VARSITY BASEBALL SPLITS DOUBLEHEADER AT EXETER

Andover pounded out 13 hits in a 13-3 win in Game 1, but the bats went silent in a 2-0 loss in Game 2 in a doubleheader split at Phillips Exeter. Thomas White '23 was stellar on the mound in the opener, scattering two hits while striking out 12 in five shutout innings. CJ Egrie '22 singled twice and doubled to spark the offense, while Tommy McAndrews '22 and Luke Gallo '25 added two hits apiece. Andover managed just four hits in the nightcap. Both of Exeter's runs were unearned as Jake Needham '22 (pictured), Cole Mascott '23, and Harrison Milbert '22 pitched admirably in defeat for Andover.

Watch game highlights on YouTube!

MAY 11, 2022
Baseball BV at Cushing
W 2-1
VARSITY BASEBALL EDGES CUSHING 2-1

Skyler Bordiuk '22 (pictured), Teo Spadaccini '23, Cole Mascott '23, and Harrison Milbert '22 combined to limit Cushing Academy to just four hits in a 2-1 Andover win. Andover scored its two runs in the top of the fourth courtesy of an Isaac Lamson '24 sacrifice fly and an RBI single by Andrew DeBenedictis '23. Tommy McAndrews '22 doubled to bolster the offense.

Watch game highlights on YouTube!

MAY 14, 2022
Baseball BV vs Deerfield
W 8-0
VARSITY BASEBALL SWEEPS DEERFIELD WITH PAIR OF SHUTOUT WINS

Andover swept a league doubleheader against visiting Deerfield Academy, winning the first game 8-0 and the second 2-0. Andover pitching limited Deerfield to just five hits on the day. Thomas White '23 earned the win in Game 1 with seven strikeouts in five shutout innings, before Cole Mascott '23 pitched a complete-game shutout in the nightcap. Trevor Grady '23 (pictured) smacked a two-run triple and CJ Egrie '22 doubled, singled, and plated a pair of runs in Game 1. Isaac Lamson '24 drove in the winning run with a sacrifice fly in Game 2, before Egrie stole home to cap the scoring.

Watch game highlights on YouTube!

MAY 14, 2022
Baseball V 21-22 vs Deerfield Academy
W 2-0
VARSITY BASEBALL SWEEPS DEERFIELD WITH PAIR OF SHUTOUT WINS

Andover swept a league doubleheader against visiting Deerfield Academy, winning the first game 8-0 and the second 2-0. Andover pitching limited Deerfield to just five hits on the day. Thomas White '23 earned the win in Game 1 with seven strikeouts in five shutout innings, before Cole Mascott '23 pitched a complete-game shutout in the nightcap. Trevor Grady '23 (pictured) smacked a two-run triple and CJ Egrie '22 doubled, singled, and plated a pair of runs in Game 1. Isaac Lamson '24 drove in the winning run with a sacrifice fly in Game 2, before Egrie stole home to cap the scoring.

Watch game highlights on YouTube!

MAY 18, 2022
Baseball BV vs Dexter Southfield School
W 10-0
VARSITY BASEBALL BLANKS DEXTER

Varsity baseball cranked out 11 hits en route to a 10-0 win over visiting Dexter Southfield School. Andrew DeBenedictis '23 and Luke Gallo '25 doubled, while Thomas White '23 cranked his first career homer. Isaac Lamson '24 (pictured) had a big day at the plate driving in three runs with a pair of singles. Pitchers Harrison Milbert '22, Jake Needham '22, Skyler Bordiuk '22, Teo Spadaccini '23, and Marek Krystofolski '25 limited Dexter to just two hits on the day.

Watch game highlights on YouTube!

MAY 22, 2022
Baseball BV vs CNEPSBL Semifinal (#1 Andover vs. #5 Dexter)
W 20-1
VARSITY BASEBALL DOWNS DEXTER 20-1 IN CENTRAL NEW ENGLAND PREP SEMIFINAL

Top-seeded Andover pounded fifth-seeded Dexter 20-1 in the semifinal round of the 2022 Central New England Prep Championship Tournament. Southpaw fireballer Thomas White '23 logged six strong innings on the mound, striking out 12 while scattering just four hits. Trevor Grady '23 (pictured) smashed a three-run double and drove in four runs in the win. Danny Flynn '25 doubled and drove in four runs as well. Andrew DeBenedictis '23 and Joe Carrara '24 finished with two hits apiece.

Watch game highlights on YouTube!

MAY 22, 2022
Baseball BV vs CNEPSBL Championship (Opponents TBD)
W 4-3
VARSITY BASEBALL WINS CENTRAL NEW ENGLAND PREP CHAMPIONSHIP VIA WALK-OFF OVER DEERFIELD!

The varsity baseball team won its 12th Central New England Prep Championship with a come-from-behind 4-3 walk-off win over visiting Deerfield Academy. Trailing 3-2 in the bottom of the seventh, Andover loaded the bases with no outs, and tournament MVP Isaac Lamson '24 lined a single into right-center, scoring CJ Egrie '22 and Tommy McAndrews '22 to clinch the dramatic win.

Read coverage of the game in the Boston Globe and Eagle Tribune.

Watch game highlights on YouTube!

MAY 28, 2022
Baseball BV vs Exeter
W 6-2
VARSITY BASEBALL UPENDS EXETER 6-2 IN RIVALRY-WEEK WIN

Trailing 2-0 in the sixth, Jess McCullough '22 laced a two-run single, CJ Egrie '22 added a sacrifice fly, and Tommy McAndrews '22 (pictured) clobbered a three-run bomb over the scoreboard in left field as Andover capped its championship season with a 6-2 rivalry-week win over visiting Phillips Exeter Academy. Harrison Milbert '22 drew the start and pitched four strong innings. Skyler Bordiuk '22 hurled scoreless frames in the fifth and sixth. Teo Spadaccini '23 closed it out with a pair of strikeouts in the seventh. Andover finished its season at 18-3, winning its 12th Central New England Prep Championship, earning the top spot in the final New England Baseball Journal coaches poll.

Watch game highlights on YouTube!

Boys Varsity Baseball
In The News

Andover Boys Baseball Returns Undefeated from Spring Break Tournament

With an undefeated tournament record, Andover Boys Baseball returned from their Florida trip with a newfound preparedness for their season ahead. The team put in the work over a week, constantly practicing for their tournament. Isaac Lamson '24 expressed that he was looking forward to the trip and was excited to be playing with the team again. After being ranked #1 in New England last year, the team felt confident, he noted. He added that the pitchers had a particularly positive mindset going into the tournament.

"I think the team was pretty ecstatic coming off of being ranked #1 in New England, so we were excited to prove ourselves down there. I think that especially the pitchers, they were ready to go and they showed it on the mound," said Lamson.

Robert Brown '25 says a highlight of the trip was beating Avon Old Farms, a challenging opponent. He added that the trip was important to build team chemistry as well to create friendships between grades.

"To look at this from a baseball perspective was beating Avon Old Farms. They're another really solid baseball team. They have a couple of [Division 1 recruits] and we knew they were going to be challenging going into this, but that would be it from a baseball perspective, as well as just kind of getting closer with a team. I was close with some of the other freshmen, but didn't know the older guys well, so spending a week with them and getting close with the team… was my highlight," said Brown.

Luke Gallo '25 emphasized the friendships he created during the trip. Going into it, Gallo expected an average trip, but after his time in Florida, his opinion had changed.

"My initial thoughts were [that] it was just going to be another plain old baseball trip with a new team. I was proven wrong and I now have several friendships within the team and I am so happy that I was given the opportunity to go," wrote Gallo in an email to *The Phillipian.*

Brown highlighted multiple players who played outstandingly throughout the week. He complimented athletes across grade levels for their skills and hard work on the field.

"I mean, obviously it was Thomas White ['23]. He's just something different. Andrew Debenedictis ['23] hit really well through all tournaments. He really stuck out to me. Luke Gallo had a great tournament, hitting-wise, and made some really smooth plays in the field. Harrison Milbert ['22]… pitched phenomenally and had six perfect innings. And I would say those guys really stuck out to me throughout the week," said Brown.

In addition to those players, Lamson highlighted Jace Roossien '24 and Joe Carrera '24 for their excellent play and ability to fill their positions on the field.

"I'd say Jace Roossien balled out. He had a bunch of good hits, a bunch of hits in the gap. Played really well behind the dish and caught like almost all the games. I'd also say Joe Carrera implemented a lot of small ball. He really filled his role on the team," said Lamson.

Going into the season, Andover hopes to hold their #1 New England ranking and play a successful season.

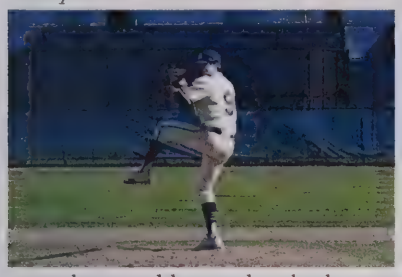
Meg Stineman
Mar 25, 2022

Boys Baseball Bounces Back from Loss, Surmounts Belmont Hill and Cushing

After suffering a 1-3 loss to Dexter Southfield, Andover Boys Baseball bounced back by clinching two 3-0 wins over Belmont Hill and Cushing. The team believes that excellent pitching by numerous players, along with the team's energy and willingness to win has set itself up for success. Andover's record now stands at 3-1.

According to Joe Carrara '24 with the team not capitalizing off its chances throughout the last three games, it has been crucial for the team's pitchers to be playing at the top of their games. Throughout the team's past three games, Andover's pitchers conceded just three runs.

"Our pitching has been outstanding in our last three games, allowing three runs in three games. All of our pitchers have led the team so far. We have struggled to capitalize in each of the games at the plate but today against Cushing our pitchers played the best out of the three games," wrote Carrara in an email to *The Phillipian.*



Luke Gallo '25 shared Carrara's sentiment. He believes that in addition to the pitching, the last few games have allowed for the team to learn more about its capabilities and the skill within the team.

"[In] our 2 recent games I think we've learned a lot about ourselves as a team and what we are capable of. Some tough battles and we gave our best effort every time and that's all anyone can ask for. We started off 2-1 on the season and I believe our loss [to] Dexter Southfield [was tough] and we made some mistakes but that's how we learned a lot about ourselves and learned to be better and what we needed to work on. Our wins were solid and we played very well. Pitching has been extremely well every game," wrote Gallo in an email to *The Phillipian.*

Gallo, along with many other players on the team, believes that Co-Captain Harrison Milbert '22 is a principal figure in leading the team on the field. He said Harrison, along with Co-Captain Thomas McAndrews '22, is a player to whom he looks up to as great role models.

"I think especially in the last 2 games, our senior captain Harrison Milbert really went out there and threw an incredible game. I was extremely proud of our energy and our will to win which was really helped by Harrison. [Harrison and McAndrews] are the best role models and I couldn't ask to play with better people" wrote Gallo.

According to Marek Krystofolski '25, Harrison is a great leader on the field. In addition, Krystofolski emphasized Harrison as an excellent player with a great range of capabilities.

"Harrison went six innings. I think he had eight strikeouts. It could be a little more… around eight strikeouts, no hits, three walks. So he did a great job" said Krystofolski.

In addition to Harrison, Carrara highlighted Cole Mascott '23. He noted Mascott's excellent batting and pitching in critical moments against Cushing.

"In [the Cushing] game, Cole had 2 clutch RBIs that helped us win the game. In two separate at bats he hit a runner to add to our lead. On top of his at bats, he closed the game and threw very well," wrote Carrara in an email to *The Phillipian.*

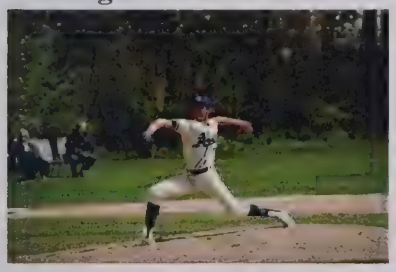
Krystofolski believes that the team has been strong all around in pitching, batting, and catching. He specifically highlighted McAndrews and Jace Roossien '24 for their capabilities to fill in the difficult role of a catcher.

Krystofolski said, "Our two catchers [McAndrews] and [Roossien] have been doing a great job. Overall, just like showing up every time. They have one of the hardest jobs in the field and they show up for us all the time. and then the pitching staff, it's not easy and we've been doing all very well."

Andover Boys Baseball will welcome Worcester Academy at home on Saturday.

Lena Ciganer-Albeniz
Apr 21, 2022

Pitching Continues to Pave the Path to Victory for Andover Boys Baseball



Led by dominant pitching from Cole Mascott '23, Teo Spadaccini '23, and Marek Krystofolski '25, surrendering just one run through seven innings, Andover Boys Baseball rebounded from its 0-2 defeat against Stony Brook, winning 6-1 in the second game of the doubleheader. The team followed its victory over Stony Brook with a 5-2 win over Brooks. The team's record now stands at 9-2.

According to Head Coach Kevin Graber, Andover was led by its players on the pitcher's mound, surrendering just three runs over the span of two games against Stony Brook. Despite struggling to put runs on the board in game one, the team recovered and scored five in its second game.

"They had a strong pitcher in the first game of the doubleheader who really limited our offense, which is unfortunate because Thomas White '23 and Harrison Milbert '22 pitched amazingly well in that game. Game 2 was a different story as our offense really clicked, while Cole Mascott '23, Teo Spadaccini '23, and Marek Krystofolski '25 were dominant on the mound," wrote Coach Graber in an email to *The Phillipian.*

According to Joe Carrara '24, the difference in team spirit from the second game compared to the first propelled the team to victory on the backend of the doubleheader. He attested the positive change to a shift in energy during the second game

Carrara said, "We had two games against Stony Brook, we lost the first one, and then just the way we came back with a lot of energy for the second game really helped us come out with the victory. Our pitching was still outstanding, but I think just the energy switch in the second game helped us win that one."

Coach Graber noted that the team's main source of energy and guidance comes from its more experienced senior athletes. The seniors play a large role in directing their teammates, almost serving as another set of coaches.

"Leadership from our seniors has been really important. Jake Needham '22, Skyler Bordiuk '22, Harrison Milbert '22, Tommy McAndrews '22, Jesse McCullough '22, and CJ Egrie '22 make this a really easy team to coach because they make sure everyone works hard and plays with energy and enthusiasm at all times," wrote Coach Graber.

According to Carrara, one of the main things the team will be looking to improve on in its next game against Groton is heating up at the plate, supplying its pitchers with some breathing room.

"Definitely against Groton we need to try and get some more hits, our hitting needs to be improved a little bit. Our pitchers, defense, all year has been amazing, so if we can just get our bats going that's the biggest thing," said Carrara.

According to Coach Graber, winning is the goal against Groton. However, the team also needs to save as many arms as it can for its doubleheader against Phillips Exeter, creating quite the dilemma.

"The main thing is we want to win at Groton, but we need to save enough pitching for Saturday's doubleheader at Exeter. If we can manage that, we're confident we can do well," wrote Coach Graber.

Andover's next game is away at Groton on Friday.

Tristan Marnoto
May 6, 2022

Boys Baseball Edges Over Deerfield to Win New England Championships

As Isaac Lamson '24 strikes the ball, Tommy McAndrews '22 shoots off 3rd base. With McAndrews approaching the home base, Deerfield Academy's pitcher throws the ball to their catcher, but McAndrews slides onto the home base safely, gaining the run that won Andover the New England Championships this past Sunday.

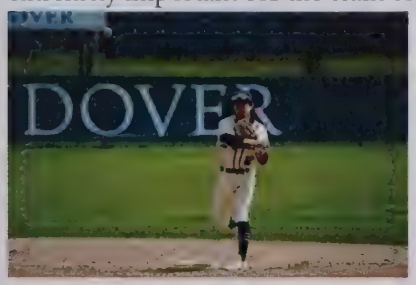
According to Head Coach Kevin Graber, Boys Baseball has been constantly ambitious and always looking to win this season. Graber mentioned the importance of calming the team down as it entered the tournament.

"You know, I think it's sometimes rare to have a group of kids who really want to win, like every kid… Some years you have a few players who want to win and… some players who are a little bit more laid back. So I really felt like with this team, the right thing to do was just trying to de-stress them a little bit rather than fire them up… I just kept telling them all week, don't make it more than it is, it's a high school [baseball tournament]. In high school baseball, it's not… life or death… Try to have fun," said Graber

According to Jake Needham '22, the team has been preparing for situations similar to this one throughout the entire season. Coach Graber continuously emphasized the journey over the outcome, so the team was focusing on executing this advice all game.

"We have prepared all year long for moments like Sunday. Although it definitely looks like a high-pressure or intense situation, we are not thinking about that out on the field. [Coach Graber] likes to preach the phrase "process over results," which translates to controlling the things that you can control, not the outcome of the game. This helps a lot because as long as we play the way we know we can, the result of the game will be in our favor nine times out of ten," wrote Needham in an email to *The Phillipian.*

Marek Krytofolski '25 mentioned the importance of not over-thinking the tournament games, which was extremely important for the team to stay calm throughout the entire day.



"Going into the game everybody was focused on just doing their part and preparing for the high-pressure situations was just like, the dinner night before kinda calm and KG just told us to treat it like a normal game and don't put too much into it," said Krystofolski.

Needham highlighted the energy that the team had after its win earlier that morning. The team was ready to enter the next game even better than the last, and show that it deserved to win.

"Coming off of a huge win in the morning, we just did not want to put too much pressure on ourselves in the championship. We play our best

baseball when we are relaxed and enjoying the game. We knew we were the better team, we just had to go out and show that," wrote Needham.

Graber highlights the final moments of the game as the team persevered to win. After almost an entire game with no runs, Andover was determined to secure one, and once it did, it did not stop.

"[At] the Deerfield game… we didn't score through five innings, we were just hitting absolute rockets all game right out the defense… We didn't strike out the entire game. We were getting on base a lot. I just felt like if we keep doing what we're doing, the look is going to turn in our direction. And we did. We just kept hitting the ball hard… Then in the sixth inning, we started to find… some gaps between the fielders, and then momentum started rolling. And that really carried into that seventh-inning rally [so] that we scored the two game-winning runs without making an out in the seventh inning," said Graber.

Andover Boy's Baseball hopes to continue their winning legacy next spring.

Meg Stineman
May 27, 2022

Boys Varsity Crew
2022

Coaches: Dale Hurley
Assistant Coaches: Ellen Minzner, Andrew Finch

Captains: Seamus Dallman & Hannah Ono

Overall Season Record

Win	Loss	Tie

For results see highlights on the girls pages

Letter Winners:

Andres Aleman
Nathan B. Bechard
Luc M. Boesch-Powers
Max R. Boesch-Powers
Austin W. Chan
Andrew H. Chinn
Maximilian A. Dabbous
Seamus L. Dallman
Quinn A. Domina
William M. Doucette
John Downing
Henry H. Fagan
Brendon L. Fang
Max S. Fang
Luke B. Francis
Felix G. Frisch
Samuel S. Gallaudet
Anthony R. Ganci
Gil Freeman
Sebastian H. Haferd
Dongcheng Han
Wynant W. Hubbard
Anthony C. Myers
Thomas C. Klein
Garrett M. MacKenzie
Paul J. Marston
John Mo
Trevor H. Moss
Sinan O. Muratoglu
Vaughn Sanders
Vassili H. Reppas
George Stoody
Victor Tong
Christopher W. Savino
Leverett D. Wilson
Ryan O'Meara

Award Winner: Sam S. Gallaudet

Boys Varsity Crew
2022 Schedule

Sat	04/23/2022	Crew B	Duxbury/SJP	H	2:00 PM	
Sat	04/30/2022	Crew B	Hanover/Brunswick	H	2:00 PM	
Sat	05/07/2022	Crew B	St. Paul's	A	4:00 PM	B1 – 1st
Sat	05/14/2022	Crew B	Tabor/Exeter	H	2:00 PM	
Sat	05/21/2022	Crew B	Shrewsbury	H	2:00 PM	
Sat	05/28/2022	Crew B	NEIRA	A	10:00 AM	

Phillips Academy
Boys Crew
2022

Andres Aleman	2023	Houston, TX
Nathan B. Bechard	2024	Andover, MA
Arden A. Berg	2024	Marblehead, MA
Luc M. Boesch-Powers	2022	Cambridge, MA
Max R. Boesch-Powers	2024	Cambridge, MA
Austin W. Chan	2023	Hong Kong,CN
Andrew H. Chinn	2024	Jakarta, IN
Eric Y. Chow	2023	Singapore, CN
Evan J. Curtin	2025	North Andover, MA
Maximilian A. Dabbous	2024	San Antonio, TX
Seamus L. Dallman	2022	Newton, MA
Quinn A. Domina	2024	Andover, MA
William M. Doucette	2023	Reading, MA
John Downing	2023	Methuen, MA
Alexander E. Ewald	2024	Andover, MA
Henry H. Fagan	2023	Munich, DE
Brendon L. Fang	2022	Portland, OR
Max S. Fang	2022	Portland, OR
Luke B. Francis	2025	Cape May, NJ
Felix G. Frisch	2024	Aspen, CO
Samuel S. Gallaudet	2023	Andover, MA
Anthony R. Ganci	2024	Andover, MA
Jonas H. Giannoni	2025	New York, NY
Sebastian H. Haferd	2025	Cambridge, MA
Dongcheng Han	2023	Newton, MA
James C. Herlihy	2024	Andover, MA
Wynant W. Hubbard	2023	San Francisco, CA
Jonathan Ji	2024	Shanghai, CN
Nicholas B. Jones	2024	North Reading, MA
Magnus G. Julin	2025	North Andover, MA

Thomas C. Klein	2022	Ashburn, VA
Samuel Lee	2024	Scottsdale, AZ
Kylan Y. Li	2024	Reading, MA
Roger Z. Lu	2023	Bonita Springs, FL
Garrett M. MacKenzie	2023	Andover, MA
Paul J. Marston	2024	Rye, NH
Andrew N. Massicotte	2025	North Reading, MA
Luca Masters	2025	Andover, MA
John Mo	2024	North Andover, MA
John T. Moran	2024	Andover, MA
Andrew B. Morgan	2024	East Setauket, NY
Trevor H. Moss	2023	Portland, OR
Sinan O. Muratoglu	2024	Cambridge, MA
Anthony C. Myers	2025	South Hamilton, MA
Robert B. Nicolas	2023	Brooklyn, NY
Ryan P. O´Meara	2022	Andover, MA
Ishan N. Patel	2023	Tokyo, JP
Luke C. Piasecki	2024	Charlotte, NC
Arnold E. Principal	2024	Brooklyn, NY
Vassili H. Reppas	2022	Washington, DC
Daniel Romero	2024	Andover, MA
Vaughn Sanders	2022	South Egremont, MA
Christopher W. Savino	2024	Andover, MA
Kian Sayan	2023	Andover, MA
Ryan Squeri	2024	New York, NY
George Stoody	2024	Alexandria, VA
Victor Tong	2022	Vancouver, BC
Charles D. Vest	2025	Chestnut Hill, MA
Leverett D. Wilson	2023	Wenham, MA
James R. Xiao	2025	Andover, MA
Darren Xu	2025	Shanghai, CN

Coaches: Dale Hurley
Assistant Coaches: Ellen Minzner, Andrew Finch

Captains: Seamus Dallman & Hanna Ono

In the News

Top Two Boats Secure Wins For Boy's Crew In First Race of Season

April 15, 2022
MONISHA KATHIKA

Despite rainy weather which canceled the remain der of races, Boys Crew boats B1 and B2 raced against Salisbury, Boston Latin, and Boston College High School (BC High). Andover won both races in its first competition of the season.

According to Sia Gandhi '24, the races were tight in competition. Andover was able to surmount its competition despite falling to Salisbury last season. Gandhi said, "It was a little bit close, I'd say for B1 it was four seats, but B2 was one or two seats. But, last year I think Salisbury beat us, but we beat them in all boats except for the girls side. So it was a great turnout."

According to Wynant Hub bard '23, who rows in boat B1, there was much anticipation heading into the first race of the season. Looking ahead, the team hopes to build off last year's success. "I was a little nervous because it was my first race of the year. But we had a really strong season last year. So I was looking forward to building off the success of last year. So as I was a little nervous, I was mostly excited," said Hubbard.

According to Gandhi and Hubbard, the team's intense practice routine payed off on the water. Its current schedule consists of various strength and conditioning aimed to improve both speed and endurance. Gandhi said, "Every Monday, we do a six-minute row test just to see where the rowers are and how much they're pulling. Based on that we get the boat arrangements. So that's usually Mondays, and the other days we usually do short pieces. We had a couple of hard practices, and I think that's what really pushed us forward and helped us win." Hubbard added, "We've done like five by two minutes, which is a good way to just get juice. Just get your body ready for like the short race. So doing some of that. We've also been doing some longer eight-minute pieces. But that's mostly what we've been doing, a bunch of technique."

According to Hubbard, the team still needs to focus on working together and building team chemistry. With more cohesion on the boats, the team will be able to race faster. "It seems like we need to get a lot more together. Everyone has a lot of different strokes and people need is to focus more on like staying loose and staying long. And then just being more unified and together especially when you're in a race and emotions are getting higher. People kind of let that go. They let the technique and the togetherness go which is like not how you go fast," Hubbard said. According to Trevor Moss '23, who also rows in boat B1, the team must work on its stroke timing as the season progresses.

"In B1, we have to work on our timing together and shifting our rate down after the starting strokes. I needed to make a more drastic change for the shift but with all the tension and excitement, I kept us running a little too high. It came back to bite us as we certainly felt the cost of keeping the

higher rate about 3/4ths through the course, but we kept pushing and worked that high rating," wrote Moss in an email to The Phillipian. Boys Crew will race against Hingham and Kent on Saturday.

Boys Crew Succeeds With Quick Starts and Consistency

April 29, 2022

Meg Stineman
April

As Boys Varsity Crew Boat One (B1) approached the middle 500 meters of the race, Duxbury was closely rowing next to them. B1 pushed past Duxbury with a power ten to successfully move ahead, finishing in first place for Andover. According to Captain Seamus Dallman '22, after two races that did not turn out as hoped, the boat was motivated to win this past weekend. Led by its fire to improve, the team flew through the middle of the race.

"We had a scrimmage against Belmont and a race against Kent and those were kind of rough. Those are both fast programs. I think we definitely sort of faced some challenges against those programs and whatnot, so I think what we try to take away from those losses is just to be aggressive off the start and try to keep the intensity high throughout the race. We had a really good middle move around the island… we put some power collectively," Dallman stated.

Coxswain Chloe Rhee '24 highlighted the middle portion of the race as well. She explained how up until the moment she called a move, the boat hadn't been as fast as hoped. However, when she called the middle move, the boat really picked up the pace. "Pick it up around the middle. There is a start 500, middle 500, [and] last 500. In the middle 500 we were on even footing with one of the other boats, I think it was Duxbury. We were kind of close to each other the entire time. In the middle, they started to pick it up and they were gaining seats on us. I called a middle move to get us ahead and that middle move pushed us ahead for the rest of the race, so they did a good job getting it together," Rhee said.

According to George Stoody '24, the beginning of the race was powerful and resulted in an immediate lead. As the race continued, the boat remained consistent and maintained successes. "We were really great on our starts today. We came out super aggressive with our power five and we took over a length at the very beginning, and then we were able to sustain and hold that lead and make it even larger as the race went on. We came out hungry and we stayed hungry," said Stoody.

Dallman hopes to clean up the early stages of the race and improve consistency. He believes that consistency is the key to winning races. "I think we have to refine our start a little bit. The energy is there but we are not the cleanest yet and we can work on just getting more consistency with each stroke. We will have a few good strokes and it will feel good and then fall apart a little bit and then we

will pick it back up again. So I just think staying consistent is something we need to work on," said Dallman.

According to Rhee, the boat's mindset in this race was to beat themselves more than the other teams. The team wasn't focused on the other teams' skills in the boat, and rather to race its own race. "I think it was just to go fast and try our best. I don't think we had any expectations for where certain boats were going to be in comparison to us, and if we did we tried to get rid of it. I think the mentality we were emphasizing was that this race is about us and not where we are in relation to anyone else and we should just be pushing as hard as possible," said Rhee.

Boys Crew will race Hanover and Brunswick on Saturday

Girls Varsity Crew
2022

Coaches: Dale Hurley, Ellen Minzner, Andrew Finch

Captain: Aleisha Roberts & Adya Chatterjee

Overall Season Record

Win	Loss	Tie

See Highlights for results

Letter Winners:

April J. Arabian
Anne C. Averill
Brooke W. Birdsall
Mia S. Burton
Louisa S. Carter
Amanda Chiang
Marie K. Christodoulou
Alexandra S. Chung
Evelyn T. Darling
Reese M. DiBiase
Genevieve G. Edsall
Jaedyn K. Ford
Sia P. Gandhi
Boling Huang
Hannah C. Justicz
Whitney F. Kanter
Migyu Kim
Maya W. Lai
Kennedy L. Ndiaye
Hannah S. Ono
Maggie Qi
Aleisha M. Roberts
Zadia A. Rutty-Turner
Margaret H. Stineman
Ava L. Sullivan
Dorothy M. Swanson Blaker
Eleanor M. Tong
Emily Turnbull

Award Winner: William H. Brown Crew Trophy – Hannah C. Justicz

Girls Varsity Crew
2022 Schedule

Sat	04/09/2022	Crew G	Salisbury/Boston Latin	H	3:00 PM	
Sat	04/16/2022	Crew G	Kent/Hingham	H	2:00 PM	W
Sat	04/23/2022	Crew G	Duxbury/SJP	H	2:00 PM	
Sat	04/30/2022	Crew G	Hanover/Brunswick	H	2:00 PM	W
Sat	05/07/2022	Crew G	St. Paul's	A	4:00 PM	B1 - 2nd
Sat	05/14/2022	Crew G	Tabor/Exeter	H	2:00 PM	B1 – 2nd
Sat	05/21/2022	Crew G	Shrewsbury	H	2:00 PM	
Sat	05/28/2022	Crew G	NEIRA	A	8:00 AM	

For results see highlights

Girls Varsity Crew
2022 Roster

April J. Arabian	2024	Andover, MA
Anne C. Averill	2023	Wayland, MA
Brooke W. Birdsall	2023	Lake Oswego, OR
Mia S. Burton	2025	Valatie, NY
Giuliana N. Cardinale	2025	New York, NY
Annabelle Carrizosa	2025	Bogota,
Louisa S. Carter	2025	Concord, MA
Adya Chatterjee	2022	Singapore,
Amanda Chiang	2024	San Mateo, CA
Christina Cho	2025	Seoul,
Marie K. Christodoulou	2024	Alexandria, VA
Alexandra S. Chung	2023	Greenwich, CT
Leila B. Collyge	2025	Bentonville, AR
Annabel R. Curry	2025	Chestnut Hill, MA
Evelyn T. Darling	2023	Carlisle, MA
Avery E. Davis	2025	Garden City, NY
Reese M. DiBiase	2023	Knoxville, TN
Genevieve G. Edsall	2025	New York, NY
Daphne M. Edwards	2023	Vernon, CT
Michelle H. Fang	2024	Hong Kong,
Allison C. Fish	2023	Evansville, IN
Jaedyn K. Ford	2024	Brooklyn, NY
Sia P. Gandhi	2024	Andover, MA
Georgianna C. Harpole	2025	Claremont, CA
Boling Huang	2023	Shanghai,
Nahila Hutchinson	2024	East Orange, NJ
Tulah J. Jefferson	2024	Atlanta, GA
Hannah C. Justicz	2022	Greenwich, CT
Whitney F. Kanter	2024	San Francisco, CA
Migyu Kim	2025	Berwyn, CT
Maya W. Lai	2023	Culver City, CA
Angelina J. Lucia	2025	Haverhill, MA
Kennedy L. Ndiaye	2022	Malvern, PA
Samantha D. Older	2025	River Forest, IL
Hannah S. Ono	2022	Boston, MA
Sarah M. Pease	2024	North Andover, MA
Sage L. Preston	2025	New York, NY
Maggie Qi	2024	Ridgewood, NJ
Athena B. Rhee	2024	Seoul,
Chloe S. Rhee	2024	Newport Coast, CA
Aleisha M. Roberts	2022	Pointe Michel,
Zadia A. Rutty-Turner	2023	Palmdale, CA
Margaret C. Satterthwaite	2023	Sherborn, MA
Ashley W. Song	2023	Lexington, MA
Margaret H. Stineman	2025	Chicago, IL
Ava L. Sullivan	2023	Reading, MA
Dorothy M. Swanson Blaker	2024	Portland, OR
Eleanor M. Tong	2024	Stamford, CT
Emily Turnbull	2024	San Francisco, CA
Catherine A. Vest	2023	Chestnut Hill, MA
Alexandra P. Vinton	2022	Palo Alto, CA
Lily V. Williamson	2025	Santa Monica, CA

Coaches: Dale Hurley, Ellen Minzner, Andrew Finch

Girls Crew Boat one Rows To Victory Against Kent

April 22, 2022

Meg Stineman

As Kent pushed closer to Andover's fifth seat, Girls Crew Boat One (G1) pushed back with five quickly caught strokes, increasing their lead on Kent. This back and forth race continued for all 1500 meters until Andover pulled across the finish line in first place. This brings G1's record to 2-0.

According to Daphne Edwards '23, the boat's mindset was critical to its win against Kent. She explained how it was important for the boat to get into a race day mindset early on before the race. "I think today honestly what won us the race was our mentality. We had a meeting before. We very much knew Kent was a really strong crew, but we recognized that and... even in our warm-up, we were like we're gonna get it together and we're gonna focus and take every stroke with full effort," said Edwards. Hannah Justicz '22 detailed a demanding part of the race where Kent started to try and pull ahead. Justicz explained the importance of togetherness and timing as Andover pushed against Kent.

"I think it was...about a third of the way into the race. Kent started to make a move. I don't know if they use rate or just press. I think at that point we did our five strokes for quick catches, and I think then they kind of tried to move on us. I was really proud of how we responded, and from there we were actually reading into the base pace of our race higher, at like 34 rates, but we had been practicing 32. I think we are really used to that since we're in general kind of a smaller group and they were bigger girls than we are," said Justicz.

Adding on, Ameri Vest '23 noted the boat's exception al performance in the final stretch of the race. She was proud of the final part of the race, as it was something the boat had been working on in the past. "Our sprint was really strong. We've been working on it in practice, and it was much smoother, much quicker, and we're all really proud of the improvement. I think we were all really excited and we were putting in our full effort. We've been going really strong this week and overcoming a few hurdles. A few of the girls in our boat who were originally supposed to race today got [Covid-19], so were unavailable to be here... We completely came back with an optimistic view and, even though there were some times where we were a little concerned about how it was gonna go, I think it was our optimism and full efforts that won it," said Vest.

Justicz felt that as "stroke," the teammate who keeps the rhythm of the boat, it was extremely important for her to keep energy high. She knew that the team was feeling anxious due to the Covid-19 cases, so Justicz aimed to keep the mindset positive and raise team energies. "I think one important thing was energy. I try to convey a tone of good energy. I kind of like to bring other good energy out of other people. I think we actually lost two G1 rowers to [Covid-19] this past week so we added two new rowers which we were super excited about. But that was a change, and so I kind of think making sure everyone felt happy to be there," said Justicz.

According to Vest, the team is going to work on the early stages of the race this week. Though the boat felt good about this week's race, Vest added that there is still room for improvement. Vest said, "I think we [need to] work on our start. That's probably one of the most important parts of the race. Getting off quickly. That was one thing we all talked about and think we could improve on next time...It was a close race, Kent raced really well and they're gonna come back stronger so we have to come back even stronger." Girls Crew's next race will be on Saturday against Duxbury.

Girls Crew Defeats Both Hanover and Brunswick in Poor Weather

May 6, 2022
Diago Moriwake

Despite unfavorable conditions in which its opponent caught two crabs, Andover Girls Crew's Boat 1 battled through the wind to overcome Hanover and Brunswick on Saturday. Following a winless season last season, these wins were another sign of a team that is learning to get behind each other.

Reese DiBiase '23 says the team was able to stay composed even as it saw its opponents held back by the wind. Despite the team's inexperience, the team was able to adapt to the situation to ultimately clinch the win. "The conditions were super bad, the water was super choppy, and the boat next to us, which was Hanover... caught like two major crabs, so they had to stop during the race. And I think that's when I was super proud of my girls, because conditions like that aren't easy and we all kind of went into that race that we're pulling for each other and we are just doing whatever we can because the crew overall is pretty new. I think there's a lot of girls in there [for whom] this is only their first or second season and we were just like we're going to do our best and we're going to do our best for each other. So when the other boat was almost like falling apart a little bit because the conditions were so

bad and they weren't used to it the way we were all just able to stay composed and just row our own race, I was like so proud of everybody," said DiBiase.

According to Evelyn Darling '23, the team was able to adjust to the weather because it has been working on increasing its stroke rate. In the week preceding the race, boat 1's practices consisted of rowing at rates of up to 40 to 50 strokes per minute.

Darling said, "I think recently we've been focusing on really getting fast strokes in because we're reaching a level right now where everybody is so strong and the teams are so strong, so a lot of the decider in races is who can actually get more strokes in. And we did a lot of training specifically that last week, we did our practices where our rates were up in the 40s or the 50s for some pieces and that really helped us especially on a poor condition day with lots of wind, lots of bad waves, we were able to keep our rowing at a similar speed to our normal races to help us just get that extra bit of adaptability and persistence over Hanover."

In addition to technique work, in which the team has been working on timing and catching & finishing, DiBiase says an important part of team practice has been getting to know each other better and supporting each other. These bonds formed during practice helped Andover push through for a win against Hanover.

"There's definitely the technical part, like making sure we're catching together, like keeping our catches sharp and quick and together and matching up as a boat. Also at the finish, like at the catch and finish, just finding that timing, which is more like technically what we've been working on. But I think we've also just been learning how to pull for each other and having a mindset where even when it's hard, even when the river isn't in the best conditions, just kind of like having a lot of grit with whatever we're doing and just not stopping no matter what, always giving 110%," said DiBiase.

At the end of the race, the team had a conversation with Head Coach Ellen Minzner, who emphasized not just the result, but the team's ability to row consistently in difficult conditions. "We had a conversation with our coach afterwards and a lot of that was about because we came off the water after that piece and while we had sort of brought that intensity back and continued to gain on them, people felt that we could have given more. And then our coach, coach Ellen really reinforced that for these races it doesn't really matter how well we do. It matters a little bit, like how well we do if we're ahead, in good water, stuff like that. But what she really wants to see is just us staying consistent in every single row. We're going to come off the water. Regardless of how we did, we're going to know that we're really proud of the effort and the focus that you put into it. I think that the last talk was a key moment moving forward," said Darling.

Andover will race St. Paul's School next on Saturday.

May 14th Exeter and Tabor

It was a good day to be by the river. A great day to be out on the river. We had 11 races. We raced for the Swift trophy. This is based on the results of the races for the top 4 boats. On the girls side Exeter won and Andover came second in the G1, G2 and G4 races. G3 won their race by 7 seconds. There was a fifth boat race between Exeter and Tabor. We need to recruit more girls to the program for next year. On the boys side, the result were Exeter, Andover, Tabor for the top 3 boats and Andover, Exeter, Tabor for B4 and B5. The B6 and B7 both raced and beat the Exeter B6. This was our last race before Interschols.

Also thanks to Lou Christodoulou for the pictures taken from the Boathouse at the finish line. If you want to download the video simply run the video and right click to select "save as"If any parent would like to share their photographs on this site, please email andovercrew@andovercrew.com and together we will make it happen.

May 7th St. Paul's School (SPS)

We have just posted videos of our races with St. Paul's School. We have uploaded another 4 Pages of St. Paul's pictures thanks to Lou Christodoulou.

I-89 crosses the St. Paul's canal about 100 meters before the finish line. We had to pick, and so we captured the earlier part of the race. One of the parents has given me a video of the last 100 meters of the G3 race so it is posted with the others below.

This week was our only away race apart from NIERA's at the end of the season. St. Paul's is a beautiful old New England boathouse and they are the only school still racing wooden boats from the 1970s. They have a skilled person who can still repair these. It was a good day with mixed racing results. Our G1 lost for the first time this season but our B1 won their race. The race course is a straight channel between two lakes. The race is a very straight line and a good measure of the balance between the two sides of the boat and the skill of our coxswains.

I was taking videos so I do not have many pictures. I would love to post pictures from other supporters.

If you want to download the video simply run the video and right click to select "save as"

If any parent would like to share their photographs on this site, please email andovercrew@andovercrew.com and together we will make it happen.

April 30th Brunswick and Hanover High

We knew this would be a tough racing day. Brunswick is one of the fastest teams this year and Hanover is a very deep program. The wind was gentler than on the Friday but was still blowing from the north and annoying the river. The choppy water made it tougher to keep boats together.

On the shore, the wind was not a problem so it was a great spectator day.

The choppy water also makes life difficult for a photography trying to focus on distant boats. So this week a few more shots than normal have dodgy focus.:-)

We have just posted the full set of videos form last weekend.

If you want to download the video simply run the video and right click to select "save as"

If any parent would like to share their photographs on this site, please email andovercrew@andovercrew.com and together we will make it happen.

April 23rd St. John's Prep and Duxbury Crew

Week three of racing. All the boats are showing significant improvement. I had to choose between taking pictures and doing video so there are not so many pictures this week. It was a wet week for the coxswains as all the boys' boats and two of the girls' boats won their races. The rowers arrive at the boathouse fit and strong from winter erging. But erg don't float. To transfer the power from the rower to the water takes timing and skill. Over the season the coaches help the rowers improve their technique. Once a boat can row together they have to learn how to race. At the beginning the crew have to pull hard and fast to drive the boat from standing start to running at about 12 miles an hour. Then the 'settle" into a sustainable rhythm for the middle of the race with occasional "power 10s" and if they have anything left, they can try a "sprint" for the finish line. This all take strength, stamina and most importantly skill. It is skill that improves as the weeks go by.

If you view the B1 race video below, you will see our B1 had a very good start putting them into the lead by about a boat length. The Duxbury Crew fought back gallantly and walked to within 2 seats of the Andover boat. At this critical point the Andover coxswain call a move and the Andover boat walked back to lost seat and from then on kept walking away. Great racing by both crews. If any parent would like to share their photographs on this site, please email andovercrew@andovercrew.com and together we will make it happen.

April 16th Kent, Hingham High, Belmont Hill

This was the second week of racing. We raced 3 girls' and 2 boys' boats of Kent, 2 girls' and 3 boys' of Hingham High and two boys' boats of Belmont Hill.

Kent and Belmont are two of the oldest school rowing teams in New England. Both have been racing since the 1920s. Andover won 6 of the eight races. Kent and Andover have a long intertwined shared history. John Dent, Stewart MacDonald and Kathryn 'Luc' Green all coached at both schools. Hart Perry, Bill Brown and Pete Washburn we all good friends. Stewart MacDonald coached Luc green at BUTE and Dale Hurley on the National team.

And so the two schools honor their past by racing for two trophies. The girls race for the Hart Perry cup donated by Stewart MacDonald and the boys race the the Perry and Brown trophy donated by John Dent to replace the Dent oars.

This year Andover won the girls' trophy and Kent won the boys' trophy.

If any parent would like to share their photographs on this site, please email andovercrew@andovercrew.com and together we will make it happen.

April 8th/9th Practice and racing Salisbury, BCH, Boston Latin

Friday was a soft day on the Mighty Merrimack as the rowers start the long climb through the season to racing perfection. Saturday was Mother Nature teaching us all that we are not in control. We row in hail rain or snow but not lightning. We did race the 4 top boats and we have some very exciting finishes. all the boats exhibited composure on a difficult day. Go Blue!

If anyone else has pictures or videos they would like to share please email andovercrew@andovercrew.com and we will share a cloud folder with you.

Varsity Cycling
2022

Coach: Thayer Zaeder

Assistant Coaches: Ben Duclos

Captains: Peter Wu

Letter Winners:

Peter Wu
Yuta Kojima
Amelia Vinson
Mathilda Knoblauch
Anna Ohm
Yasmine Tazi

Award Winner: Not Awarded

Varsity Cycling
2022 Schedule

Wed	04/20/2022	All-Gender Cycling	Team Time	A	4:00 PM
Wed	04/27/2022	All-Gender Cycling	Individual Time Trial and Madison	A	4:00 PM
Wed	05/11/2022	All-Gender Cycling	Circuit Race	A	4:00 PM
Wed	05/18/2022	All-Gender Cycling	Circuit Race	A	4:00 PM

Phillips Academy
Cycling
2022 Roster

Abigail E. Andam	2023	Methuen, MA
April J. Arabian	2024	Andover, MA
Elliot M. Famiglietti	2025	Andover, MA
Bryce T. Farr	2023	Rye, NY
Mathilda J. Knoblauch	2022	Goettingen, DE
Yuta Kojima	2022	Tokyo, JAP
Anna S. Ohm	2024	Madison, WI
Yasmine Tazi	2024	Casablanca, MORO
Amelia H. Vinton	2023	Palo Alto, CA
Paul C. Wehner	2025	Atherton, CA
Peike Wu	2022	Guangzhou, CN
Daniel D. Zou	2023	Sugar Land, TX

Coach: Thayer Zaeder
Assistant Coaches: Ben Duclos

All Gender Cycling Races Through Turbulent Weather Against Holderness
April 29, 2022

Despite the unfavorable conditions caused by rain and wind, Andover Cycling has continued to show improvements since the start of their season. In a trip away to Holderness where two pairs of four teams competed in races, the girls pairs placed fifth and sixth while the boys pairs placed fifth and ninth respectively.

Amelia Vinton '23 noted that the team was unsure whether they would even be able to race. She added that the slick course caused by the rain made her and her teammates concerned about their safety. "I think it was definitely a bit more difficult than it was last week. We had rain like an hour before the race, and so some of us were like, 'are we even going to be able to race?' I was really nervous about it because I was like, 'are the conditions going to be so slick that I'm going to fall?' Then we had a pretty big headwind on a few parts of the race and some cross winds too. We had wind last week, but it was definitely a bit more intense this week," said Vinton.

Nonetheless, each member of the team collaborated with their partner to race to their best abilities, according to Yuta Kojima '22. Kojima, who came in fifth alongside his partner Daniel Zou '23 with a time of 39 minutes and 57.9 seconds, showed appreciation for Zou, whom he claimed "pulled" him a lot.

"I'd like to highlight Zou. [He] and I were a pair, so he literally pulled me a lot. He was a great [partner], and he was a great team worker. Also he pulled me in the hills. He helped me a lot. I want to say thanks to him in particular," said Kojima.

Vinton highlighted the two Juniors on the team, Elliot Famiglietti '25 and Paul Wehner '25. The two displayed outstanding teamwork through drafting and well-coordinated racing strategy, according to Vinton. Vinton said, "Every time I saw them come through, they both looked really good as a team and they were drafting off of each other really well and were really coordinated in their switching and pacelining. That was really cool to see because I know that a lot of our teams were struggling a bit today with that, so to see them do it so well is really cool."

Alongside the progress made by younger athletes, Vinton highlighted the team's practices. She claimed that climbing hills and position switching, along with pacelining, is something the team has been putting a lot of effort into. "We focus on pacelining and some hill sprints. Those are the two major things because in our course there's two hills that we have to get up… and then also just pacelining with the team time trial this week was something we practiced," said Vinton. In the face of adapting to new strategies for partner-timed races, the team plans modify their strategy.

The upcoming race hosted by Gould will be a criterium, or 'crit' race, where all bikers start at the same time. Vinton expressed mixed emotions about the brand new racing format. "I think we're scoring as a team and I'm nervous about the format of [the 'crit'] because we haven't done any pack riding, but I'm also excited about it just because we're not going off at time intervals. It should be way more exciting and fun so I don't know, we'll see," said Vinton. Despite Vinton's nervousness, Anna Ohm '23 feels excited for their upcoming 'crit' race. She highlighted the new format, stating her excitement to start the race alongside the rest of her teammates. "I look forward to the next race because it is a 'crit,' which means that it will be a mass start. Pretty much everyone will be starting at the same time, which we haven't done before this season, so I'm very excited to go as a group and we're going to be on point," said Ohm.

Andover's next race will be hosted by Gould on Saturday

Lena Ciganer- Phillipian

All Gender Cycling: One Step Closer to the Championship

May 13, 2022

Andover's All GenderCycling conquered its recent race, one of its first nice-weather competitions of the season. Andover's cyclists spanned across the podiums, with Captain Peter Wu '22 in second, and Amelia Vinton '23 and Elliot Famiglietti '25 both placed third in their respective categories.

Yuta Kojima '22, who placed eighth in his category, thought that the race brought a lot of joy to the team. Its hard work was shown in individual athletes' top rankings out of many competing schools, including Exeter. Kojima said, "It was really nice compared to the other meets because it was really windy. And today it was really nice weather. The race itself went really well…The captain, [Wu], who got second place, and [Vinton], I think she got third place in the girls, so we did [have] some accomplishments. [The] coaches were happy [and] we were happy as a team. After all, I think it was a really good [race]." Furthermore, Famiglietti, a new cyclist who received a podium placing, reflected back on his and the team's performance. The team had been practicing different techniques that cyclists utilized as they competed, a strong suit of its races. More specifically, Famiglietti hopes to continue working towards a stronger start in the mass start races. "I think strategizing was a really good thing that we all did well on. It was a little bit easier for me, since I only had to do five laps. The people who had to do eight laps, like [Wu] and [Vinton], had to strategize a lot more, and they did a really good job, especially since they were able to place on the podium. That was really cool. Some things maybe we need to work on are my starts for [the] mass start races, because the strategy for mass start races is usually to get in the front quickly, or close to the front, but I did not, so that's something I definitely need to work on," said Famiglietti.

Kojima shared similar sentiments to Famiglietti regarding the team's race executions. Taking in everything they learned at practice, each cyclist was able to utilize the strategies for the best outcome. This was the fourth race of the team's season. Therefore, this growth showcased the hard work everyone had been putting in. "Working on riding in a group [has been an improvement] because each meet is not individual, but also like riding as a group [where] everyone goes at the same time, so the important thing is to drift, like staying in someone's back so that you get less headwind and you can reserve your energy to go out the last two laps, you can break and just go, so I think we all did pretty well with it. Like even though some of us just got off from the groups. They just went by, we still tried to stay behind someone else so that we could drift. We [had] worked on [drifting]. We did it so I'm really happy that we were able to do it," said Kojima.

The cyclists gave each lap their all, but beyond that, Wu appreciated Kojima's perseverance in the last couple laps. As a captain, Wu has been leading a daily young team in terms of experience. Seeing someone with whom Wu had been working compete towards the endline was inspiring. Wu said, "I'd like to shout out [Kojima]. He was in Boys B with me. It was very fast [paced] because Boys A and B [were mixed]. They're two separate categories but today they went together, so the pace was very, very high. He held on for several laps, which was very impressive."

Looking ahead, the Cycling team is excited for the Championship. Famiglietti has not set expectations since this is his first season cycling competitively. However, he is looking forward to meeting new individuals on the track and experiencing new courses.

Famiglietti said, "I honestly don't know what to think yet. Because it's a shorter course… we're doing different courses than we've been doing, so it'll be challenging because it's new. We're also going to do a few more miles than we usually do, so I'll have to strategize a little bit more there. But I'm looking forward to it. It's a big event. There are a lot of people. I'm really excited." The Championship is a time for all the cyclists to compete against their recurring opponents and showcase their learning from the season. Additionally, the Championship poses both extra points for each win, and challenging courses to race in with more obstacles along the way. The challenges ahead have racers like Kojima excited.

Kojima said, "I think it's going to be a big one, it'll be double the point. So it's important for us to win it. Also, it's going to be more technical. There's going to be 90 degree curves. Understanding these curves is much more [than] speed. It's a shorter course with 12 laps, so for next week, I think we'll work on our [techniques]. Again, it's going to be a good pace, so we'll keep working on the drifting and staying on the back of the person in front of us, so I'm excited about it. I mean, it is the last one."

Andover will compete at the Series Final on Wednesday.

Nabalih Nazar - Phillipian

Varsity Golf
2022

Coach: Tedd Parker

Assistant Coach: Caroline Odden

Captain: Lauren Lee
Managers:

Overall Season Record

Win	Loss	Tie
12	5	0

Letter Winners: Angela Chen, Heyon Choi, Logan Eskildsen, Conner K. Fitzpatrick, Lauren N. Lee, Jack M. McVeigh, Sean Niu, Tyler Parker, Daniel P. Rekoske, Howard D. Wolfe, Nanqing Zhao, & Joseph Z. Zheng

Award Winner: Kazickas Golf Trophy – Howard "Trey" Wolfe

Phillips Academy
Golf 2022

Angela Chen	2023	Potomac, MD
Heyon Choi	2025	Seoul, KOR
Logan Eskildsen	2024	West Simsbury, CT
Conner K. Fitzpatrick	2022	Rochester, NY
Xi Qiao Hu	2024	Vancouver, BC, CAN
Lauren N. Lee	2022	Los Altos, CA
Richard Lin	2023	Sandpoint, ID
Joseph J. McGirt	2025	Charlotte, NC
Jack M. McVeigh	2025	North Andover, MA
Sean Niu	2025	Newport Beach, CA
Tyler Parker	2023	Andover, MA
Daniel P. Rekoske	2023	Glenview, IL
Robert A. Shin	2023	Pasadena, CA
Howard D. Wolfe	2023	Vero Beach, FL
Shuai Xin Wong	2024	Foshan, Guang Dong, CN
Nanqing Zhao	2025	Arcadia, CA
Joseph Z. Zheng	2023	Glenview, IL

Coaches: Tedd Parker and Caroline Odden
Managers:
Director of Athletics: Lisa Joel
Athletic Trainers: Zach Kershaw, Mike Kuta, Devin O'Reilly, Amy Wiggins

Varsity Golf
2022 Schedule and Results

Sat	04/02/2022	All-Gender Golf V	N.M.H./Tabor	H	2:00 PM	5.5-3.5	W		
Wed	04/06/2022	All-Gender Golf V	Belmont Hill/PEA	A	2:45 PM	5.5-1.5 1-6	W	L	
Wed	04/13/2022	All-Gender Golf V	Exeter/GA	A	2:30 PM	4-3 384-456	W W		
Wed	04/20/2022	All-Gender Golf V	Holderness	H	3:00 PM	8-1	W		
Tue	04/26/2022	All-Gender Golf V	B. B. & N.	H	4:30 PM	11-1	W		
Wed	04/27/2022	All-Gender Golf V	Proctor	A	3:15 PM	9-3	W		
Sat	04/30/2022	All-Gender Golf V	Andover Invitational	A	12:00 PM				
Thu	05/05/2022	All-Gender Golf V	Brooks	H	4:00 PM	4-5		L	
Fri	05/06/2022	All-Gender Golf V	Dexter Southfield School	H	4:15 PM	9.5-2.5	W		
Sat	05/07/2022	All-Gender Golf V	Deerfield	A	4:00 PM	3-6		L	
Sat	05/14/2022	All-Gender Golf V	Exeter/GA	H	1:30 PM	5-2 391-439	W W		
Wed	05/18/2022	All-Gender Golf V	GA/EXETER	A	3:15 PM	E199, A201, G214	W	L	
Sat	05/21/2022	All-Gender Golf V	Deerfield/Exeter	A	1:00 PM	E405, A397, D392	W	L	

Varsity Golf
In the News

Trey Wolfe '23 and Quinn Polcari '24 Design Golf Course on Campus

With a swift swing, Trey Wolfe '23 whacks a foam golf ball towards a tree in the distance, one of the 12 "holes" on his campus golf course. Wolfe, a prefect in Rockwell House, outlined an informal golf course with his prefectee, Quinn Polcari '24. The two observed campus maps measured yardages, and created scorecards for the new course, nicknaming it "West Oak Golf Club."

According to Wolfe, the idea to design a golf course was a suggestion of Polcari during an uneventful weekend. With some combined experience, the duo quickly got to work, visualizing each hole on the Andover campus.

"My prefectee, Quinn, and I were bored on a weekend with nothing to do, so he took a look at my golf clubs sitting in my room and said, 'Why don't we make a golf course?' I said 'What do you mean?' and he said 'Let's make a golf course.' I had made green books a couple of times for real courses using google earth by mapping things out and that is what we did. We sat on the computer and looked at maps of campus and decided what the layouts should be for holes. After that, we made a scorecard with all of the yardages and tee boxes, and really got into it," said Wolfe.

Polcari described how as an informal golfer in the summer, he generated the idea while Wolfe, a more serious golfer, was able to master the technicalities of designing a course.

"I golf in the summer sometimes with my family, but Trey is the main golfer, so he knew how to set up the scorecard and course designs. He's the brains behind the operation and we both are the idea guys," said Polcari.

Wolfe detailed the 12-hole course, noting each hole that is documented on the official scorecard.

"It sits at 12 holes and we named it 'West Oak Golf Club' which is a bit of a joke. It sounds pretty prestigious, but it is the course we built. It has three par fives, four par threes, and five par fours. I think the yardage is 1,800 yards from the founders' tees and about 1,500 yards from the members' tees which are shorter. We went outside and figured out all of the yardages which was definitely tough but well worth it," said Wolfe.

The course creation process was tedious, requiring similar levels of effort to the planning of legitimate golf courses, according to Polcari.

"It took about an hour or two. We were playing around with different hole designs. We had an idea of how we wanted to end the back nine before we started creating the other holes. We definitely were figuring out how it would lay out compared to an actual golf course," said Polcari.

According to Wolfe, striking real golf balls would prove to be hazardous and safety is a priority for him and Polcari. He mentioned the use of foam balls that replicate real ones without being a threat to people passing by.

"We use foam balls. That is something I cannot stress enough. The balls fly realistically, but they are super light and I actually used to hit them around my living room at home. Hitting a real golf ball around campus would just be blatantly dangerous. We also have to make sure there aren't people around. That is why it is hidden away in the quads. The last thing we want is to hit a bystander," Wolfe said.

While the golf course may have begun as a loosely thought up, fun idea, Wolfe has found great satisfaction in his achievements throughout the quads. He is excited about the possibility of having some competition on the course.

Wolfe said, "[There have] only been a few people out there so far. On day one, coming up [par] six, I got my first birdie on the course and that was when I realized how real it was. At first, it was all a joke, but it actually felt good. This is the closest thing we have to real golf because we can't go to courses to play right now. That is why we put so much into it. This is what we have and it turned out to be great. We hope to get more people out there and maybe even have a little tournament out on the quads."

Charlie Ferguson
Sep 30, 2021

Andover Golf Wins Two out of Three Matches in First Week, Defeats Exeter

Andover Golf swung into the season with a win against Northfield Mount Hermon (NMH). Facing off against Belmont Hill (Belmont) and Phillips Exeter Academy (Exeter) on Wednesday, Andover defeated its rival Exeter but could not triumph over Belmont despite playing on its home course at Indian Ridge Country Club. The team's record now stands at 2-1.

Danny Reskoske '23 pointed out that the team had both expectations to come out triumphant as well as to struggle against some opponents. Despite holding home course advantage, Andover fell to Belmont 6-1.

"So on Saturday, we played against NMH at home at Indian Ridge… And then just today, we played the tri-match against Exeter and Belmont, also in Indian Ridge, that was another home match. And there [were] seven points to be won here. We knew going into the Belmont can be a really good team, because they've always been a very good team. But Exeter, we knew, we could beat. And I think we played really well, especially against Exeter, and we beat them 5.5 to to 1.5, which is pretty good," said Reskoske

Looking ahead, Tyler Parker '23 believes the team dynamic will allow for a successful season. The team consists of lowerclassmen that add value, especially being partnered with upperclassmen, which allows for consistent feedback and advice, according to Parker. He hopes that despite the small number of players the team was able to bring to NMH, more players will be allowed to contribute as the season progresses.

"I think we're gonna be pretty deep this season, we'll have a lot of good kids that will rotate in and out of the lineup. And this match [against NMH], we [could] only bring six. So [it was] unfortunate because we can usually bring eight. They have our top six going to this match, and it was a pretty good outcome. So I think we'll be pretty good for the rest of the season. I'm excited," said Parker.

Sean Niu '25, the sixth seat on the team, has won all his matches thus far. His success relies on analyzing the situation and making decisive moves to assure winning.

Niu said, "I think personally, I still haven't lost a match against anyone yet. But, I would definitely think [about] just trying to work on overall the mental aspect of the game… I mean the golf mindset is just especially for match play, you have to know when to play more aggressively and when to play passively. And you also have to know when to concede putts. But I think, as a team, we're really solid, we work together really well."

Additionally, Rekoske praises Jack McVeigh '25 who unexpectedly filled in for a player and played a formidable match on Wednesday. Rekoske appreciated him adjusting on the fly and stepping up when the team needed it.

Rekoske said, "I think a lot of people played really well. But today, we actually had one player who was initially in the lineup who wasn't able to play. And so what happened was, we had to have someone who initially was not supposed to play today, which was Jack today… I think he won his Exeter match and lost his Belmont match, but it's impressive that he wasn't expecting to play today and then still ended up doing as well as he did."

Andover will take on Governor's and Exeter away on Wednesday.

Nabilah Nazar
Apr 7, 2022

Captain Lauren Lee '22 Values the Social Side of Golf, Strives to Create a "Comfortable" Environment

Inspired by her dad to pick up the sport, Andover Golf Captain Lauren Lee '22 has been on the team since her Junior year. As one of just two Seniors on this year's team, her age and experience make her a natural leader. Rather than focusing on standings and results, Lee hopes to ensure that everyone on the team is enjoying their time.

According to Lee, golf itself is a highly individual sport, but outside of hitting balls and swinging clubs are close friendships to be made. With the team spending a majority of its practice time talking to one another, every member must feel comfortable with the entire team.

"Everyone on the team gets to know everyone pretty well just because we spend two hours a day playing with each other and basically talking the entire time. Everyone just sort of becomes friends. I guess I just hope that everyone gets along and is comfortable playing with anyone," said Lee.

As a new member of the team, Heyon Choi '25 believes Lee has played a crucial role in her transition to the new team environment. Lee's Non Sibi qualities give the team a sense of reassurance, especially during times of confusion or disorder.

"I would say, for starters, she's very understanding, especially when I'm new to the team, and I don't know maybe how things work or if I'm not doing so well. She's always there to reassure me and the other team

members, especially the [Juniors], and let them know that everything's okay, and that this is just the beginning. She's also very supportive, and she makes sure to put everyone else first, and I think she's a really good captain for that. She makes sure everyone gets what they need for practice, and then she goes to help herself," said Choi.

Also new to the team, Sean Niu '25 respects Lee's constant optimism. She is never the one to be discouraging or diminishing towards younger teammates.

Niu said, "Lauren is a good captain because she always brings good vibes with her. Lauren is the kind of leader that can bring everyone up with her."

According to Lee, the team feels more like a casual group of friends rather than a strict group of competitors. Therefore, she doesn't feel pressured to always be perfect or assert herself as a leader of the team.

"The team is organic in that there's not a strict sense of hierarchy or sense of leadership…It's pretty natural. I'm not necessarily really that prevalent of a leader," said Lee.

The previous two seasons were challenging in terms of finding opportunities to practice or to play against other opponents. Lee's goal for this season is to ensure that everyone, including herself, is making the most out of every hole.

"I'm just really glad that we're all back in person and that we get to play together, so I just hope we have a good time," said Lee.

Patricia Tran
Apr 15, 2022

Phillipian Satire: Golfer Laments the Hardships Of the Sport

Oh golf, the sport most prominent,
is such a gosh darn time commitment.
The coach bus is never on time;
the lack of publicity at our nine hour matches is such a crime.
Golf is so rough,
though it taught me how to be tough.
I trek the course terrain
like a soldier in the rain.
Carrying my cobra clubs is a trifle,
noble and fearless as if it were a rifle.
Golf should be America's sport,
denying it would be a tort!

Staff Report
Apr 21, 2022

Golf Endures Through Unfavorable Conditions, Defeats Holderness

Led by its ability to hit consistent shots throughout the match, Andover Golf earned an 8-1 victory over Holderness on Wednesday. The team's record now stands at 5-1.

Head Coach Tedd Parker commended the team for its consistent play and support. According to Coach Parker, the team saw formidable play all across the board.

"The format of our match consisted of 6 individual matches and 3 best ball team matches for a total of 9 points. We won the match 8-1. In our match today, we were consistent with our shot-making and supported each other well. Next week we have three matches to prepare for and putting is something we can all continue to improve. Today our entire team played well. One highlight of the day was an eagle on #8 by Trey Wolfe," wrote Coach Parker in an email to *The Phillipian.*

According to Trey Wolfe '23, the conditions were much more challenging than the team initially anticipated. He acknowledged how the team quickly adjusted to this obstacle and continued to play its own game despite the unfavorable weather.

"I think the conditions today were a little tough. It was windy and cold, and everyone did a good job managing that. I think the conditions were definitely harder than usual today, and I think everyone kept their cool and played their game, and it really worked out well for us," said Wolfe.

Heyon Choi '25 noted how everyone on the team played exceptionally well because of the home course advantage. She explained how the strategies the team had learned in practice proved to be effective during the match.

"We won by a lot, and I think it was because everyone was on top of their game, and we played at a course that we had been practicing for a long time. It was a home course so we are really familiar with it. We knew

where to place our ball and knew where the best place was in order to play the best. It's an individual sport but we played as a team, and I think that's what brought the [win] home," said Choi.

Wolfe highlighted Joey Zheng '23 for his persistence throughout the match. Wolfe was impressed by how Zheng continued to persevere through the game no matter the situation.

"In my foursome, I was only playing with Joey Zheng. I think Joey did a great job. He ended up in a couple of rough spots but really fought through it which is really admirable. I also know that Daniel Rekoske '23 did really well today. Although he wasn't in my group, I saw him absolutely sticking it today. It was fun to watch him in the group behind us just absolutely putting it close to pins and making putts," said Wolfe.

Choi explained the early success the team has found so far this season. She noted how bonding within the team has created an environment where everyone is able to learn and grow off each other.

"We have been doing really well so far. We have lost once out of like four or five. We have been playing really well and all the players are just improving. We are learning from each other and getting closer," said Choi.

Andover will face BB&N at home on Tuesday.

Meg Stineman
Apr 22, 2022

Boys Varsity Lacrosse
2022

Coach: James Beaudoin
Assistant Coaches: Kate Dolan, Martha Fenton

Captain: John Fates, Wesley Maloney, & Preston Whitehurst
Managers: Lucas Brown, Mary Kerrigan, & Sydney Murphy

Overall Season Record

Win	Loss	Tie
10	8	0

Letter Winners:
Logan M. Cove
Jensen D. Kohler
Andrew M. Brown
Samuel M. Erjavac
Julian V. Dahl
Joshua L. Heaney
Preston F. Whitehurst *
Patrick O. Last
Emmett M. Lyne
Shane R. Spinale
Aidan W. Fenton
Sawyer N. Paul
Benjamin T. Forman
Charles M. Ferguson
Benjamin A. Garozzo
Charles W. Whitman
Derek A. Polanco
John D. Bainbridge
Marcus H. Sapuppo
Thomas R. McCool
Charles P. Irwin
John M. Fates *
Peter J. Elliott
Henry D. Ferguson
Tucker J. Nee
Whyett E. Benn
Jack M. Pearlson
Wesley J. Maloney *

Hulburd Lacrosse Trophy – Samuel M. Erjavac
Kalkstein Lacrosse Award – Preston F. Whitehurst

3
22
9
4
16
7
33
23
12
8
20
5
18
ANDOVER

Boys Varsity Lacrosse
2022 Schedule and Results

Wed	03/23/2022	Lacrosse BV	St. John's Prep	A	3:00 PM	Scrimmage		
Sat	03/26/2022	Lacrosse BV	Governor's Academy	A	1:00 PM	8-13		L
Wed	03/30/2022	Lacrosse BV	Brooks	H	2:00 PM	13-2	W	
Sat	04/02/2022	Lacrosse BV	Hotchkiss	H	2:00 PM	6-11		L
Wed	04/06/2022	Lacrosse BV	Middlesex	A	3:30 PM	6-14		L
Sat	04/09/2022	Lacrosse BV	Taft	A	2:30 PM	5-15		L
Wed	04/13/2022	Lacrosse BV	N.M.H.	H	3:45 PM	17-3	W	
Sat	04/16/2022	Lacrosse BV	Proctor	A	2:00 PM	12-5	W	
Wed	04/20/2022	Lacrosse BV	Brewster Academy	H	3:00 PM	11-6	W	
Sat	04/23/2022	Lacrosse BV	St. Paul's	H	3:00 PM	11-2	W	
Wed	04/27/2022	Lacrosse BV	Holderness	H	4:30 PM	12-7	W	
Sat	04/30/2022	Lacrosse BV	Deerfield	A	2:30 PM	1-15		L
Wed	05/04/2022	Lacrosse BV	New Hampton	H	3:45 PM	11-10	W	
Sat	05/07/2022	Lacrosse BV	Loomis	H	6:15 PM	6-9		L
Wed	05/11/2022	Lacrosse BV	Dexter Southfield School	A	3:15 PM	12-7	W	
Sat	05/14/2022	Lacrosse BV	Pomfret	H	2:00 PM	10-8	W	
Sat	05/21/2022	Lacrosse BV	Berkshire School	A	2:00 PM	10-7	W	
Wed	05/25/2022	Lacrosse BV	Pingree	A	4:00 PM	10-15		L
Sat	05/28/2022	Lacrosse BV	Exeter	H	2:00 PM	3-8		L

Boys Varsity Lacrosse
2022 Roster

No.	Name	Pos	Yr	HomeTown
1	Logan M. Cove	LSM	2024	Derry, NH
2	Jensen D. Kohler	A	2025	Cambridge, NY
3	Andrew M. Brown	OM	2022	Greenville, NC
4	Samuel M. Erjavac	D	2022	Bloomfield Hills, MI
5	Julian V. Dahl	DM	2022	Las Vegas, NV
6	Joshua L. Heaney	A	2024	Glastonbury, CT
7	Preston F. Whitehurst *	D	2022	Annapolis, MD
8	Patrick O. Last	DM	2022	Derry, NH
9	Emmett M. Lyne	A	2022	Wellesley, MA
10	Shane R. Spinale	DM	2022	Canton, MA
11	Aidan W. Fenton	D	2023	Andover, MA
12	Sawyer N. Paul	D	2022	Westport, CT
13	Benjamin T. Forman	A	2023	New York, NY
14	Charles M. Ferguson	OM	2023	Branford, CT
15	Benjamin A. Garozzo	G	2023	Sudbury, MA
16	Charles W. Whitman	OM	2022	Locust Valley, NY
18	Derek A. Polanco	DM	2022	Verona, NJ
19	John D. Bainbridge	LSM	2024	McLean, VA
20	Marcus H. Sapuppo	A	2023	Cambridge, MA
21	Thomas R. McCool	A	2025	Rancho Santa Fe, CA
22	Charles P. Irwin	DM	2022	Wellesley, MA
23	John M. Fates *	OM	2022	Boxford, MA
24	Peter J. Elliott	OM	2024	Andover, MA
25	Henry D. Ferguson	D	2025	Branford, CT
27	Tucker J. Nee	G	2023	Boxford, MA
28	Whyett E. Benn	D	2024	Flower Mound, TX
29	Jack M. Pearlson	OM	2023	North Andover, MA
33	Wesley J. Maloney *	OM	2022	Tucson, AZ

Coach: James Beaudoin
Managers: Lucas Brown ' 22, Mary Kerrigan '22, Sydney Murphy '22
Director of Athletics: Lisa Joel
Athletic Trainers: Mike Kuta, Devin O'Reilly, Amy Wiggins and Zack Kershaw

Boys Varsity Lacrosse In The News

Andover Boys Lacrosse Travels to Arizona for Spring Break Trip

Over Spring Break, Andover Boys Lacrosse traveled to Arizona to play two scrimmages as well as engage in various team bonding activities. The team played scrimmages against Choate and Pinnacle High School (Pinnacle), a team from Arizona.

According to Preston Whitehurst '22, the team was able to begin competitive play with two scrimmages that allowed the team to prepare for the season and see how Andover was progressing.

"We scrimmaged Choate while we were there, and we tied them, and we played a team called Pinnacle from Arizona, and we beat them 11-2. Those were a lot of fun just to see how we sized up against New England competition, but also new Arizona competition. It was great to get everyone in and see how having played and how everyone did against those two teams," said Whitehurst.

According to Wesley Maloney '22 and Charlie Whitman '22, the trip provided a great way for the team to bond with one another before the start of the season. The Spring Break trip was especially special for Seniors, as this was their first training trip in a long time, as well as their last chance to travel with their whole team at Andover.

Maloney said, "With [Covid-19], we kind of lost a year, especially because we're a pretty Senior heavy team. So it was really good to have this trip to get the whole team to bond because a lot of us are playing together for the first time. Because like last season, we lost a lot of guys, and we got to know a lot of new recruits. So it's really good to just come together, and it forced us to spend a week with each other. And now we're all great buds and probably going to go to each other's weddings."

Whitman added, "[There was] a lot of team bonding… I met people I didn't know. I met everyone. I feel like I'm friends with every single person on the team, and I think everyone can agree with that. I hope no one feels like they're not friends with everyone… I'm not like the most open guy staying in my dorm a lot this year, but I know everyone on the team. It's really good. We played some fun games there. We're all staying in the same hotel. We did a ropes course that was really fun; we raced each other."

According to Maloney and Whitehurst, the team was able to practice its offense and defense, giving them an advantage before the start of the season.

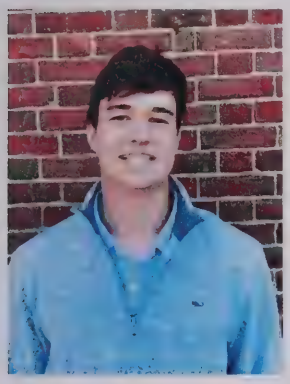
Maloney said, "It was great to really get our offense and our defense down before a real scrimmage. We start our first real game this Saturday away at Governor's. So it's really good to have that whole week of just getting all the stuff that takes time and mashing as a team and building that chemistry with each other."

"Right before the trip, our coach sent us the playbook. So most of the time in practice was just going over our playbook and really drilling those plays and getting to know them. So I think that just learning our sets and what we wanted to do and what our goals are, were a great way to start the season, especially in Arizona [with] the beautiful weather. But then also getting to know one another and learning about the team I think was a great opportunity as well," said Whitehurst.

Andover Boys Lacrosse will face Governor's away on Saturday.

Monisha Kathika
Mar 25, 2022

Boys Lacrosse Co-Captain Preston Whitehurst '22 Leads Through Meticulous Organization and Straightforwardness



Co-Captain Preston Whitehurst '22 began playing lacrosse in second grade alongside his younger brother. Among other aspects that drew Whitehurst to the sport, lacrosse allowed him to form a special bond with his brother. On the Andover team, he has been able to enjoy working with people of different playing styles and backgrounds.

Whitehurst said, "It's really fun to just play with a lot of different playing styles and just different characters, different kids with unique personalities as well. So, I mean, just being on a team like that is great… I guess [I also enjoy] coming to more of an upperclassmen role and just trying to help the guys below me that are just starting with the program."

Whitehurst strives to lead the team as his past captains did when he was younger. While setting a positive example both on and off the field, Whitehurst hopes to develop his vocal presence as a captain.

"I hope to lead the team in ways similar to the captains that I had as a [Junior] and [an Upper]. And I guess as a [Lower], even though the year was canceled. All through my years, we've had great upperclassmen, leaders, and great captains that I really look up to when I was an underclassmen and I hope to hope to do the same. Sometimes I like to lead with actions. I guess sometimes I'm not as vocal, so I guess I need to work on that. Coach always talks about like being a good person off field as well; I guess I want to keep the consistent team positive, a positive team culture on campus as well, not just on the lacrosse field, but enforce good habits, just good qualities, good school values off the field as well," said Whitehurst.

Co-Captain Wesley Maloney '22 noted Whitehurst's more reserved nature. According to Maloney, Whitehurst holds a versatile leadership style, stepping up and motivating the team in crucial moments.

Maloney said, "I've been here for four years with Preston, and he's just a great guy. He's a great leader as well as a co-captain. He really leads by example… especially getting everyone hyped before games…He's not loud spoken, he's more of a lead by example captain. But at the same time, when you need them to be loud spoken, he's leading everyone to just be better and have fun too… He's like a take home to the parents type of guy."

According to Charles Whitman '22, Whitehurst's meticulous organization of his room exemplifies the high standards he has for the team. As a captain, these standards keep the team in check so that it is always performing at its best.

Whitman said, "Preston is a really smart kid. I've known him for four years, and he's like the most organized person I know. And if you look at his room, it's super clean and organized. He doesn't like when people mess it up. And I feel like that's his role as captain, he's really straightforward with us, gets us going, and he doesn't let people slack around either. I feel like that's his captain role keeps everyone in order, make sure everyone's playing to the top of their game. He's really talented, so he keeps everyone at a high standard."

In Andover's busy atmosphere, Whitehurst hopes to provide the straightforwardness that keeps the team on track despite distractions. He believes success in game starts before stepping on the field.

Whitehurst said, "I hope to lead the team on the field, and I think that just starts with practice and whether that's like leading up to practice or in the locker room, warm ups and stretches, just helping to just put the energy up. I know it's the spring term, and I mean, everyone should be excited to be out there in the warm weather and just a great opportunity to play lacrosse at Andover. But I mean, I guess sometimes [people get] a little distracted. So I think just helping everyone be focused, whether that's going to practices or and especially going to games, just making sure everyone's locked in, focused. and ready to go."

Monisha Kathika
Mar 25, 2022

Jack Fates '22: Role Model, Friend, and Athlete for Andover Boys Lacrosse

Jack Fates '22 started his lacrosse journey in kindergarten, when his father brought home all the gear he needed to play lacrosse one day. Fates' father had played lacrosse in high school, and wanted Fates to try his hand at the sport. Fates has played lacrosse ever since.

Fates values the friendships and bonds he has made through lacrosse. He feels as though they play a large role in what keeps him with the sport.

"I've played with so many kids since I've been playing for so long, and it's just allowed me to make a lot of connections and meet a bunch of people I wouldn't have gotten to, which is really fun," said Fates.

According to Fates, his voice on the team allows him to be assertive and keep the team in line. At the same time, he emphasizes that he is always open to talking to his teammates about anything and feels as though there is a comfortable dynamic between him and his teammates.

Fates said, "I'm loud. I know how to organize people and get things done. I feel like I can talk to anyone on the team about anything, whether it's the normal out of school stuff, specific to lacrosse, or if they need help with something. I feel like I am just a comfortable person talking to anyone, and I feel like most kids are pretty comfortable coming to talk to me."

Marcus Sapuppo '23 explained that Fates's personality allows the team to learn from him. With his loud voice and comfortable presence, Sapuppo feels as though he plays a big role in the team dynamic.

Sapuppo said, "He's a fearless leader, he's vocal. We can always look up to him if we need a lesson or if we need a tip or something he's always there to help us. He really intervenes when there is a problem and he's always supportive, that's the main part."

Charles Whitman '22 feels that Fates inspires his teammates through his athleticism and strength, which he showcases on the field.

"He's a really athletic dude. He's the strongest guy. I remember seeing him freshman year. I saw him bench 245 [pounds]. I'm like, it's a lot, and especially for a freshman. He keeps us to that high standard on the field, too… It's clear that the captains this year were really people that the coaching staff want the team to be like," said Whitman.

According to Whitman, Fates' selflessness and caring for his teammates makes him an excellent role model. As a day student, he is able to travel to stores to get equipment for the team and hands down his old equipment.

Whitman said, "[He's] just a really good role model off the field. Jack will help people get whatever they need from stores. Since he's a day student, he can drive to Lacrosse Unlimited and buy equipment. He helps people out a lot with that. He brings over his old equipment for kids that don't have equipment, that's really nice."

As the season begins, Fates looks to take things one step at a time instead of dwelling on long-term goals.

"Obviously [we want to] win as many games as possible, and beat Exeter, that's the big goal. But I think we'd better focus on the next, upcoming game. Tomorrow, we have our first game against St. John's Prep, just focus on that, not focus too far into the future and get too ahead of ourselves," said Fates.

Nevertheless, by the end of the season and the school year, Fates hopes that he can have bettered the team in his time at Andover.

"A goal for the senior class is to leave our mark on Andover… to change the status of the team and definitely leave it in a better light that we came into it," said Fates.

Andrew Zhou
Mar 25, 2022

Andover Boys Lacrosse Extends Winning Streak to 5 After Surmounting St. Paul's and Holderness

With another save from goalie Ben Garozzo '23 and active communication across the field, Andover Boys Lacrosse clinched a 12-7 win in a competitive match against Holderness. With their 11-2 triumph over St. Paul's on Saturday, the team has extended their winning streak to five. The team's record now stands at 6-4.

According to Jack Pearlson '23, the team struggled in the beginning of the season due to a lack of team chemistry. However, its sixth game against NMH marked a turning point as the players all came to understand their commitment to one another as teammates. He believes that the two recent games were the two best of the season yet.

"I think they've been our two best team wins of the season…Overall, we weren't playing super well in the first couple of games of the season, and we really had a turning point after the third or fourth game where we started. We told ourselves 'all right, we're going to buckle down and this is going to be here.' I think the last two games really reflected our commitment to each other to be really good teammates. Everyone sort of did their part and it all came together in the end perfectly," said Pearlson.

Charlie Ferguson '23 claims that St. Paul's was a less challenging opponent compared to Holderness; the latter required the team to focus in every moment of the game to clinch the win.

"I think Holderness was a more competitive game and a better game since it was really close. There was a lot of energy on the sideline. St. Paul's… was a weaker team, so I think it didn't test us as much, but I'd definitely hold it as a highlight of the week," said Ferguson.

Nevertheless, the team had some major improvements which eventually allowed them to clinch the win against Holderness. Pearlson claims that the team was able to regain momentum rather than allowing their opponents to take the lead after getting scored two goals in just two minutes.

Pearlson said, "I think it was in the third quarter, we were up by seven to four. [Then] they put in two [goals] in like two minutes. And that's just a point in the game where maybe in the past we would have sort of let them take the lead or the game would have gotten out of hand. But today we really sort of dug down and were able to get the momentum back in our favor…that was a key moment where [we were like], all right, this is our game and we're going to take this one."

In addition to the shift in their mental game, Pearlson claims that the tremendous versatility of the skill in the team allowed for the favorable result.

"I would say any of our attack had a tremendous game. That's why the result went the way it did. All of our attack men played extremely well today and they [did all they] could to help the team out. I also think that our midfielders defense were very locked down in the middle of the field and in…riding and clearing [the ball] and making sure we actually have an opportunity to score on the other end. So I think everyone played super well today and that's why the game went the way it did," said Pearlson.

Ferguson shares Pearlson's sentiment, claiming that each and every player on the team has contributed to the favorable outcomes of the games. He specifically highlighted Garozzo, the goalkeeper, and John Bainbridge '24.

"I'd say Ben Garozzo recently has been playing lights out and saving almost 60 percent of shots shot at him, so I think he's really stepped up recently. John Bainbridge, a long stake midfielder, has also done really well and been a crucial member of the team on defense and getting ground balls and pushing it in transition," said Ferguson.

According to Pearlson, the team's recent performances on the field have reflected the "little things" that the team has been working on consistently in practice.

"We've been working on the little things in practice, we're not talking about big things here. I mean, like catching and throwing ground balls and communicating on [those] balls. I think that's really been indicative of the way things have gone in the past two games…we've really been picking up the talk on the ground balls. Sometimes we're more consistent and then once you build those little things which are sort of like the foundation of other things, [the other things] will come along the way," said Pearlson.

The team has also been focusing on both offensive and defensive strategies, something that Ferguson hopes the team will be able to utilize in its upcoming game against Deerfield. He also wishes for the team to lock down every possible opportunity to score.

"We have been working on two defenses, one being a zone…then focusing on when we should shift in demand versus shifting into a zone and making those crucial adjustments. On offense, [the team has been practicing] off ball work, making sure we're getting a lot of assisted goals and capitalizing on those opportunities off ball. Obviously, we're going to be tested against Deerfield. We know our potential and we're confident, but we really need to focus on focusing and locking in these next days of practice. We really need to capitalize on every small opportunity and be all near perfect on Saturday," said Ferguson.

Andover will look to extend its win streak to six as it travels to Deerfield on Saturday.

Lena Ciganer-Albeniz
Apr 29, 2022

Boys Lacrosse Follows Loss Against Loomis with Win Against Dexter Southfield

Propelled by its off-ball movement, Andover Boys Lacrosse excelled on both ends of the field in its 12-7 win over Dexter Southfield on Wednesday. The win followed a 6-9 defeat to Loomis on Saturday, bringing the team's record to 8-6.

According to Head Coach James Beaudoin, the team's defense improved substantially throughout the game against Loomis. He highlighted Co-Captain Preston Whitehurst '22 for his excellent leadership on defense during the game.

"I think they made some really great defensive adjustments. Loomis scored five in the first quarter, and then zero in the second, and then two in the third two in the fourth. So I was really proud of the fact that they saw how they were getting beat and made really sound adjustments, and that came through from [Co-Captain] Preston Whitehurst on down the line to the other guys. So it was definitely really great to see that they recognized what was happening and made a really solid adjustment," said Coach Beaudoin.

Charlie Ferguson '23 emphasized the change in the team's defensive ability throughout its game against Dexter. He added that Andover was able to score many assisted goals because it played unselfishly.

"I'd say definitely on defense containing their best players on offense Preston Whitehurst say great job locking down their best attackmen. So I definitely would shout him out on offense. We had a lot of unselfish playing the game come to us, we didn't force anything. And we got a lot of assisted goals," said Ferguson.

According to Coach Beaudoin, the team focused on ground balls after the Loomis game. Given the importance of ground balls in lacrosse, he found it important for the team to work on them before facing Dexter.

"We're working on improving our ground balls. That was kind of our focus over the last two practices, improving that statistic, which hasn't been in our favor, mainly because of faceoffs. Because at the faceoff, if we lose those, you pretty much lose the ground ball, and we haven't been doing extremely well at that part of the game. We worked on that a lot going into tomorrow. That adjustment and trying to make sure that people who are going to see the field are ready to play tomorrow as well," said Coach Beaudoin.

Ferguson emphasized the importance of the type of defense used during the game. He believed the man-on-man defense that the team used against Dexter Southfield improved its performance at the back.
"I'd say definitely on defense, we worked on when to use certain defenses and the timing of that and I think we're pretty good and we use a man-to-man defense, which contained Dexter pretty well. So I'd say that was good. And then on offense, we focused on just moving the ball around and getting a lot of off-ball movement in the practices leading up to this game, and that's what we accomplished," said Ferguson.
Andover hopes to follow up on its result against Dexter as it welcomes Pomfret on Saturday.

Meg Stineman
May 13, 2022

Girls Varsity Lacrosse
2022

Coach: Heidi Wall
Assistant Coaches: Kassie Archambault, Taylor Ware

Captains: Victoria Rider & Emily Smith
Managers: Isabelle Brown '23, Meghan Dunne '22, Keira Harder '23

Overall Season Record

Win	Loss	Tie
11	9	0

Letter Winners: Kennedy Herndon, Julia C. Hall, Emily T. Smith, Shea R. Freda, Audrey E. Powers, Siobhan E. Reidy, Eliza J. Dow, Lucy Booth, Gwyneth L. Lapp, Carly M. Hopkins, Grace D. Hammond, Kiera A. Reidy, Elisabeth L. Rourke, Rachel A. Neyman, Georgia Q. Adams, Lauren E. Herlihy, Elizabeth L. Harrison, Aimee M. Seppenwolde, Victoria C. Rider, Kathaleen M. McCool, Hannah R. Kent, Indi Wagner, Elizabeth M. Gilmartin, Dylan E. Kayser

Award Winner: Lux Lacrosse Trophy – Eliza J. Dow

Girls Varsity Lacrosse
2022 Schedule and Results

Sun	03/27/2022	Lacrosse GV	Lincoln-Sudbury		9:00 AM	Scrimmage		
Wed	03/30/2022	Lacrosse GV	Austin Prep	H	4:30 PM	20-3	W	
Sat	04/02/2022	Lacrosse GV	Hotchkiss	H	4:00 PM	3-16		L
Wed	04/06/2022	Lacrosse GV	Middlesex	A	3:30 PM	16-12	W	
Fri	04/08/2022	Lacrosse GV	Noble & Greenough	A	4:45 PM	6-15		L
Sat	04/09/2022	Lacrosse GV	Liverpool NY	H	11:30 AM	15-14	W	
Wed	04/13/2022	Lacrosse GV	Deerfield	A	4:00 PM	14-8	W	
Fri	04/15/2022	Lacrosse GV	Dexter Southfield School	H	6:00 PM	14-10	W	
Wed	04/20/2022	Lacrosse GV	St. Paul's	A	3:30 PM	10-13		L
Sat	04/23/2022	Lacrosse GV	Groton	A	2:30 PM	17-8	W	
Mon	04/25/2022	Lacrosse GV	Pingree this date 22	H	4:30 PM	14-15		L
Wed	04/27/2022	Lacrosse GV	N.M.H.	H	3:00 PM	15-5	W	
Sat	04/30/2022	Lacrosse GV	Brewster Academy	H	3:00 PM	14-15		L
Wed	05/04/2022	Lacrosse GV	Governor's Academy	H	3:00 PM	15-13	W	
Sat	05/07/2022	Lacrosse GV	Rivers	A	3:15 PM	13-7	W	
Wed	05/11/2022	Lacrosse GV	Milton	H	3:15 PM	7-9		L
Sat	05/14/2022	Lacrosse GV	Loomis	A	2:30 PM	14-6	W	
Wed	05/18/2022	Lacrosse GV	Thayer	A	3:30 PM	Canceled		
Sun	05/22/2022	Lacrosse GV	Seal Cup (Lawrenceville & SPS)	H	9:30 AM	8-15, ??		L, L
Wed	05/25/2022	Lacrosse GV	Brooks	A	2:45 PM	17-14	W	
Fri	05/27/2022	Lacrosse GV	Exeter	H	5:30 PM	10-11		L

Girls Varsity Lacrosse
2022 Roster

No	Name	Yr	Hometown
1	Kennedy Herndon	2023	Minneapolis, MN
2	Julia C. Hall	2022	Englewood, CO
3	Emily T. Smith	2022	Crumpton, MD
4	Shea R. Freda	2024	Lexington, MA
5	Audrey E. Powers	2024	Andover, MA
6	Siobhan E. Reidy	2023	Scituate, MA
7	Eliza J. Dow	2022	Wellesley, MA
8	Lucy Booth	2023	Berkeley, CA
9	Gwyneth L. Lapp	2022	Andover, MA
10	Carly M. Hopkins	2024	North Andover, MA
11	Grace D. Hammond	2023	Andover, MA
12	Kiera A. Reidy	2023	Scituate, MA
14	Elisabeth L. Rourke	2023	Wellesley, MA
15	Rachel A. Neyman	2022	North Andover, MA
16	Georgia Q. Adams	2022	Andover, MA
17	Lauren E. Herlihy	2025	Reading, MA
18	Elizabeth L. Harrison	2022	Wellesley, MA
21	Aimee M. Seppenwolde	2022	Needham, MA
22	Victoria C. Rider	2022	Essex, CT
23	Kathaleen M. McCool	2023	Rancho Santa Fe, CA
24	Hannah R. Kent	2022	Ostrea Lake, NS
26	Indi Wagner	2022	Cambridge, MA
27	Elizabeth M. Gilmartin	2022	Andover, MA
33	Dylan E. Kayser	2023	Corte Madera, CA

Coach: Heidi Wall
Assistant Coaches: Taylor Ware, Kassie Archambault
Managers: Isabelle Brown '23, Meghan Dunne '22, Keira Harder '23,
Director of Athletics: Lisa Joel
Athletic Trainers: Zach Kershaw, Mike Kuta, Devin O'Reilly, Amy Wiggins

Girls Varsity Lacrosse
2022 Game Highlights

APRIL 2, 2022
Lacrosse GV vs Hotchkiss
L 3-16
Andover's home opener was a tough one against top opponent Hotchkiss. Big Blue fought hard and took big steps defensively against Hotchkiss's relentless offense. Captains Tory Rider '22 and Emily Smith '22 led steady efforts to go to net, while Shea Freda '24 was solid in the midfield. Additionally, Meg Hoffman '23 came up with some big saves in the third quarter. PA will be back better than ever for Wednesday's game at Middlesex next week.

APRIL 6, 2022
Lacrosse GV at Middlesex
W 16-12
Big Blue bounced back with a big 16-12 win against Middlesex Wednesday. In the first few seconds of the game, Shea Freda '24 opened with a quick goal catching Middlesex defense off guard. Andover capitalized on this strong start with 3 goals in the first 5 minutes. Although the momentum swayed throughout the game, PA remained steady and focused throughout the entirety of the 2 halves. Captain Tory Rider '22 led the team in points with 6 goals and 1 assist and midfield Shea Freda '24 also contributed in huge ways with 6 goals. This really was a team effort as the defense was outstanding in communication and caused 5 turnovers. Big blue hopes to continue this momentum in a tough matchup against Nobles on Friday!

APRIL 8, 2022
Lacrosse GV at Noble & Greenough
L 6-15
Big Blue took a difficult loss to Nobles this Friday. With a final score of 6-15 (Nobles's last goal being a buzzer beater), Andover's Gwyn Lapp '22 had a hat trick, while Carly Hopkins '24, Emily Smith '22, and Grace Hammond '23 each had a goal apiece. Lulu Rourke '23 was very steady presence on defense and had some key caused turnovers and interceptions, while also creating offensive opportunities with her speed. PA is looking for a strong win this weekend against Syracuse's Liverpool, which has some of NY's top recruits.

APRIL 9, 2022
Lacrosse GV vs Liverpool NY
W 15-14
PA had an exciting 15-14 comeback win against Liverpool (Syracuse, NY) this weekend. Initially, Andover was struggling with some of New York's top players, and were down 3-8 at the half. However, Blue stuck with it and scored quick to start the second half, bringing down the goal differential exponentially. Eventually, it was back and forth play. Emily Smith '22, already with a hat trick, ensured the win with a big goal in the last minute of play, putting Andover ahead at the buzzer. Freshman Lauren Herlihy '25 had an incredible game as well, with 8 excellent draw controls and some great ground balls. Additionally, Grace Hammond '23 had 5 goals, two of which were unassisted. This game was an amazing example of PAGVL's perseverance and determination. They go on to play Deerfield next Wednesday.

APRIL 13, 2022
Lacrosse GV at Deerfield
W 14-8
Andover emerged victorious against Deerfield this Wednesday with a solid 14-8 win. Big Blue's team defense put hard pressure on Big Green causing 14 turnovers, 10 of which were in the first half. Midfielder Grace Hammond '23 had a very good game with 3 goals, 5 draw controls, and 4 ground balls. Additionally, defensemen Kennedy Herndon '23 made some crucial plays and had 4 interceptions, and 3 caused turnovers. Captain Tory Rider's '22 ability to go to net hard earned her 5 goals this game as well. After a well fought win, PA looks forward to their game this Friday against Dexter Southfield.

APRIL 23, 2022
Lacrosse GV at Groton
W 17-8
PA had an exceptional 17-8 win against Groton this past Saturday. Cementing an early 7-0 lead, Andover had 7 goals in the first six minutes while simultaneously not allowing Groton a good offensive chance. PA dominated through the midfield with 15 draw controls to Groton's 6. Midfielders Ellie Harrison '22 and Grace Hammond '23 were standout players, Harrison having a hat trick and 6 the of the 15 draw controls, while Hammond scored two highlight reel goals. Defensively, Kate McCool '23 and Lulu Rourke '23 had a combined total of five caused turnovers and three clean interceptions, preventing the Zebras from coming back. Finally, goalie Dylan Kayser '23 ended the game with 13 phenomenal saves.

Girls Varsity Lacrosse
In The News

Andover Girls Lacrosse Develops Team Camaraderie on Preseason Trip to Nevada

Andover Girls Lacrosse traveled to Mesquite, Nevada, over spring break. Hosted by Trilogy Lacrosse, the team worked with coaches and staff for a week-long getaway consisting of various team bonding and performance activities.

Head Coach Heidi Wall '94, who learned lacrosse at Andover and went on to become an all-time top scoring attacker at Amherst College, described the teams focus on developing technical skills during the trip. In particular, the team worked on its offense, defense, and ability to adjust to instructions from other coaches.

Coach Wall said, "It's really a trip meant to give us time to work on our skills, work on overall teams systems, team offense, team defense. And it's an opportunity for players to get to know each other, to receive instruction from [a] variety of different coaches, not only the Andover coaches, but also the Trilogy coaches."

Emily Smith '22 described the trip as a way to form relationships within Andover's lacrosse teams, but also be a place of building one another up through sportsmanship.

"The lacrosse trip is always a special experience because it allows everyone in the program from JV to Varsity to create bonds and relationships. It helps facilitate a comradery across the whole program," wrote Smith in an email to *The Phillipian*.

For Ellie Harrison '22, this was her first lacrosse trip. She believed the experience provided a good opportunity for her to get to know her teammates and enjoy time in a beautiful setting.

"I just really loved playing on the turf fields… These turf fields were surrounded by mountains, and it was just so beautiful. And it was really cool to be playing lacrosse there. And we had a few really great practices and scrimmages. So it was just a cool place to be playing lacrosse. And for us all to be out there together," said Harrison.

According to Smith, having numerous athletes being able to attend the trip was crucial to its success. She believed it made many people feel comfortable and relaxed for the upcoming tryouts while establishing relationships with the upperclassmen.

Smith wrote, "I think how Girls lacrosse does the spring trip is very unique because it really emphasizes strengthening the program as a whole and Varsity and JV to build connections. We had around forty girls on the trip and I was able to meet a lot of people that I would have never bonded with or talked to without the trip. It also helps with the nerves before tryouts and creates an opportunity for underclassmen to feel comfortable around upperclassmen."

While at Nevada, the team scrimmaged against Middlesex and Utah State Champions, Park City High School. The team defeated Park City High School, but fell to Middlesex. However, the loss did not upset the team, as it was still adjusting to a new playing style.

Harrison said, "We lost to Middlesex, but I would say it really didn't mean anything. They were playing their starters and we were playing with three full rotations of people, totally mixed levels. So everyone was playing. We played well, but it was tough to play against the Middlesex starters. And then we did win against the Utah team. And they were Utah State Champs, so that was cool."

Coach Wall is optimistic heading into the season. With 40 girls trying out and 16 already on the roster, the team is unable to fit the large mass of interested athletes. According to Coach Wall, she seeks players who are well-rounded in all aspects of the game.

"We're looking for competitive lacrosse skills. We are looking for team play. Good overall understanding of the game. We are looking for positive attitudes, coachability, and a high level of fitness and athleticism," said Coach Wall.

Andover Girls lacrosse will have its first game on Sunday against Lincoln-Sudbury.

Nabilah Nazar
Mar 25, 2022

Girls Lacrosse Cruises by Austin Prep in Season Opener

With just minutes left on the clock and a big point gap, Andover Girls Lacrosse continued to hustle, taking any given chance for offense. After playing five scrimmages hosted by Lincoln Sudbury on Sunday, Andover Girls Lacrosse cruised through a 20-3 win against Austin Prep. This was the team's first match, and first win of the 2022 season. Andover's record now stands at 1-0.

Prior to the season openers, the team went on a spring break trip to Nevada. Lauren Herlihy '25 explains that the trip allowed for the team to bond on and off the field, and the newly-forged chemistry contributed to victory on the field.

"I feel like it really let everyone bond and get closer together and I feel like the bond and the teamwork really makes a big difference on the field," said Herlihy.

Grace Hammond '23 said, "I think the lacrosse trip really helped solidify our team atmosphere and culture. It was great to meet new players and get to know everyone in the entire lacrosse program. I made a lot of friends on that trip that I really enjoy hanging out with outside of practice."

According to Hammond, a crucial aspect in Andover's victory against Austin Prep was the team's aggressiveness.

"When there were turnovers, we worked really hard to get the ball back through hard rides and came up with every ground ball," said Hammond.

Hammond highlighted Kate McCool '23 in the scrimmages and against Austin Prep as a leader in defense.

"She is a lockdown defender who we can always count on [to] have great slides. She ran a bunch of midfields today and scored two goals, which I was super super excited about," said Hammond.

In addition, Coach Ware identifies captains Emily Smith '22 and Victoria Rider '22 as great leaders on the field, serving as voices to help their fellow teammates gather confidence to execute plays that the team has not had the chance to practice yet.

"Tori and Emily did a great job kind of dictating the play and helping everybody figure out what we are doing because we haven't had a chance to practice them too much in practice yet," said Coach Ware.

Coach Ware was also excited to see how the team was able to come together from the very beginning in their full length game.

"[Today's game] was really exciting to be able to see how our team came together in a full length game. It was really nice to see... how deep our bench is. Everybody played and everybody contributed significantly and we were able to really try people out in a lot of different positions and we have so much depth on our bench. It's really amazing," said Coach Ware.

Coach Ware emphasizes that the number of talented players in the program this year has also forged a strong JV team with lots of promising players. This, she says, gives the team a sense of confidence and security.

"So we have a big team this year full of tremendous talent and we didn't have room for all the talent in the program because there are a lot of really strong girls on the JV team, too. But by depth on the bench, I mean that we can only start twelve girls, right? Eleven field players and the goalie and anyone we sub in, we have full confidence in the depth of talent on our team is amazing. Meaning, like, every single girl, whether they're starters or they go in off the bench, they bring so much to the game and they have so much talent," said Coach Ware.

Coach Ware believes that beating Austin Prep has allowed for the team to get prepared for their big game on Saturday against Hotchkiss.

"I think my biggest takeaway from today's game is that every single player on our team contributes when they step on the field and everybody has full faith in each other. Like our teammates have full faith in each other that they know whoever's coming out is going to be able to make an impact" said Coach Ware.

Herlihy and Hammond both expressed their wishes for their game against Hotchkiss. Herlihy hopes that the team would maintain its high level of offense by utilizing strong cuts and leveling up on its

communication. Similarly, Hammond expressed exhilaration and desire to maintain aggression and possession in play.
"My hope for Saturday's game is to keep up our aggressiveness, bring the energy, and hustle a ton. I am super excited for us to work super hard against Hotchkiss," said Hammond.
Andover looks to extend its winning streak as it welcomes Hotchkiss on its field on Saturday.

Lena Ciganer-Albeniz
Apr 1, 2022

Emily Smith '22 Has 'Earned Everyone's Respect' On The Lacrosse Team

Falling in love with the sport at a young age led Girls Lacrosse Co-Captain Emily Smith '22 to join the Andover team. Despite facing obstacles along the path, Smith has been able to enjoy her time within the sport.
"I started playing lacrosse in the first grade… I joined a club in third grade, and my parents actually run my club team, so it's been a part of my life forever; I actually coach now. It's a huge part of my family, and that's why I continue to kind of fall in love with it. And then also, just like all the friendships that you may claim across, it pushes you as a person," said Smith.
According to Grace Hammond '23 and Smith, Smith looks to encourage her teammates to improve by maintaining a balance between encouragement and constructive criticism. She is always trying to build connections with her teammates.
Hammond said, "She leads by example and is a positive leader as well as giving constructive criticism. She's very good at keeping a good balance of being super supportive of our teammates, but also when we're losing the game, she brings up technical terms and things to kind of bring the group together."
Smith added, "I feel [I try to push] everyone to be better. So that comes with constructive criticism, but also being very supportive and cheering everyone on when they do awesome plays, making sure people don't get their heads down. And then outside of lacrosse, I think that comes with having team dinners, making sure to reach out, texting, we kind of text all the time giving people shout outs after games to make sure everyone kind of feels supported… We also like to have a lot of team dinners all together to try and form those connections. And we had the spring trip before we even came. So we were able to build a lot of connections not even just in Varsity, but in the JV program as well."
Despite the Covid-19 pandemic placing a halt on Smith's past two seasons and suffering an ACL injury, Smith has remained persistent in keeping up with her love for lacrosse. According to Smith, she values the support her teammates provided during difficult times.
"It's been a difficult couple years [playing lacrosse at Andover] just because we had COVID sophomore year. And then I tore my ACL junior year. But everyone at Andover is so awesome, because they're so supportive, and they do so much for you… When I tore my ACL, [Upper] year, people sent care packages, you get all kinds of notes. It's just like a very special team to be a part of, and just like the people you meet. So I still talk to my captains for my freshman year, and even like people that have graduated the last couple years, they still keep in touch. So you build pretty strong connections that way," Smith said.
According to Audrey Powers '24 and Hammond, Smith is an important part of the team due to her kindness and respect towards her teammates. She always strives to create a sense of unity throughout the team.
Powers said, "I guess it's really a team of respect and Emily has earned everyone's respect, so when she talks the entire team is listening and she really looks out for every single member of the team as well. If someone is kind of on the outskirts or like, doesn't seem as included, she'll bring them in."
Hammond added, "She's very kind. I feel like I never hear anything really negative coming from her. She's trying to uplift the team. I would say I think the best way to describe it is that she's an uplifting member of the team."

Monisha Kathika
Apr 7, 2022

Girls Varsity Lacrosse Bounces Back Against Middlesex After Falling To Hotchkiss

Co-Captain Tory Rider's "sharp intelligence" led Andover to dominate the offensive zone this Wednesday, despite the resilient Middlesex defense. Coming off of a tough loss against Hotchkiss this past Saturday, the team "bounced back" against Middlesex, winning the close 16-12 game. Its record now sits at 2-1-0.

Lauren Herlihy '25 acknowledged how important practice had been for Wednesday's win. After their loss to Hotchkiss, Andover looked to target and improve upon its mistakes in preparation for the Middlesex match.

"I think the team really bounced back in practice from our Saturday game. [We] were hoping to improve on our defense and settle the offense from the last game. We did a great job of coming together as a team to pull out the win on Wednesday. There were a lot of competitive moments during an overall tough game, but we worked together and stayed focused to get the win," said Herlihy.

Sharing a similar sentiment, Shea Freda '24 noted that Andover put in the work after its loss against Hotchkiss. It refined its shortcomings during practice, especially in its defensive to offensive zone transitions. Grit and hard work allowed it to pull through during the game, with a convincing eight goals scored in each half according to Freda.

Freda said, "We continued to develop some of our attacking plays as well as working the ball in defensive and offensive transitions. Today against Middlesex, many of the things we worked on were highlights of the game. Our attackers were relentless when we lost the ball, and the whole field worked hard to get [it] back. We competed hard the whole game and never let up even in the few times when we were losing draws or were down a goal or tied."

Lucy Booth '23 pointed out the team's excitement before their game against Middlesex. She noted that having lost a preseason scrimmage, the team hoped to demonstrate their recent improvement, especially in their newly implemented offensive and defensive strategies.

"We lost against Middlesex in a preseason scrimmage so we were excited for a competitive game going in [on Wednesday]. Since that scrimmage, we have been changing a lot of our defensive setups, as well as creating strong offensive plays. Implementing those made all the difference, and allowed us to produce a different outcome than in preseason," said Booth.

Freda acknowledged several older students who played essential roles in the victory this past Wednesday. She highlighted Kate McCool '23 for her tight defensive game, locking up Middlesex's strong offense, as well as acting as a leader to her fellow teammates. In the offensive zone, she credited Co-Captains Tory Rider '22 and Emily Smith '22, noting their hard work and skill.

"Today, McCool was faced with the challenge of marking their top player in the defense. [She] did an excellent job commanding the defense and keeping us organized throughout some of their attempted attacking plays. On the attack, captains Rider and Smith were both resilient in finding the back of the net despite the high-pressure defense Middlesex was running. Both of them are key players in running our attacking unit. Tory is a sharp and intelligent player and is a great overall leader, but especially in the attack."

Andover hopes to continue this week's streak on Friday at Noble & Greenough.

Matt Leonard
Apr 7, 2022

Girls Lacrosse Alter Playing Styles To Defeat Liverpool and Deerfield

Shifting from a close, aggressive playing style against Liverpool to a dominant one against Deerfield came naturally for Andover Girls Lacrosse. The team won both games 15-14 and 15-6. Its record now stands at 4-2. After falling behind in the first half due to a slow start, the team provided an impressive comeback, stealing a late winner in the dying moments of the game.

"Against Liverpool, we had to come from behind. We were down 3-8 at the half!… [Liverpool] tied it up, then we went ahead by 1, then they tied it again at 14-14 with 1.26 to go in the game. We came up with the

draw control and scored the game-winner with 51 seconds to go in the game! So, that was a very exciting come from behind win," wrote Head Coach Heidi Wall in an email to *The Phillipian.*

After a tight game against Liverpool, Andover provided a comfortable victory over Deerfield. Led by its strong defensive performance, Andover was able to created many opportunities going forward due to causing many turnovers in the defensive third.

Against Deerfield today, we took control of the game from the start going up 3-0 in the first 16 minutes. We exchanged a few, but handily went into the half up 8-2. Deerfield played a very athletic game- coming up with several interceptions against us. But we were tough on defense and were able to defend well to cause turnovers ourselves. Our focus in this game was playing as a team and we did a nice job of stepping up and supporting each other on the field- 8 of our goals were assisted and we had goals from 7 different players," wrote Head Coach Wall.

According to Audrey Powers '24 and Emily Smith '22, the team was propelled by the energy from the sidelines. Everyone contributed to the win; it was not just one individual dominating the field.

Powers said, "I think we really play well together as a team, especially [when] we're picking and coming off of each other. There weren't any individual players on the field. We all played off of each other."

Smith added, "It wasn't one person scoring, we had a lot of different people scoring during the game. So it was just more of a burst of energy kind of thing. There was a spark and it kind of went from there. There's just a lot of energy on the sidelines."

According to Smith and Wall, the team needs to work on staying focused and limiting unforced errors.

Smith said, "I think our biggest thing is usually just sometimes bouncing back from certain things, or usually, we'll be close and then it'll be four fouls in a row. Sometimes we have trouble keeping the ball for long periods of time or forcing passes. So [we have to] be a lot more controlled on the offensive side."

Head Coach Wall wrote, "Going into Dexter Southfield we'd like to work on cutting down on our unforced errors. In addition, we want to continue to practice our settled attack and continue to work as a unit on defense."

Andover Girls Lacrosse's next game will be at home on Friday against Dexter Southfield.

Monisha Kathika
Apr 15, 2022

Girls Lacrosse Bounces Back From Tough Losses During the Seal Cup, Surmounts Brooks to 'Cross the Ten' for the First Time in Eight Years

After suffering two tough losses to Lawrenceville and St. Paul's during the Seal Cup, Andover Girls Lacrosse bounced back to beat Brooks, allowing the team to reach ten wins for the first time in eight years. Players claim that the tough conditions affected the outcome of the Seal Cup. Nevertheless, careful ball movement alongside aggressive offense and excellent defense helped secure a win against Brooks. The team's record now stands at 11-7.

According to Audrey Powers '24, the Seal Cup on Sunday was an ideal way to showcase the team's improvements over the season, being able to play challenging opponents. She praises the team for rising to the challenge under difficult weather conditions.

"I feel like the Seal Cup was a really great opportunity to play against really good teams and get another rematch against St. Paul, but also it was especially difficult. I think we really rose to challenge the heat, just like being out there all day, all day," said Powers.

Assistant Coach Taylor Ware echoed Powers' sentiment, explaining that all teams comported themselves with excellent sportsmanship despite the changes having been made due to the significant heat.

"All the teams came to play and were really flexible and everyone was a great sport about the really challenging conditions. The heat was pretty significant. We played back to back games on grass because it would be too hot on the turf. Everybody brought their best sportsmanship and they were really generous, kind teammates and grateful opponents. It was really an awesome day," said Coach Ware.

Coach Ware further expressed her gratitude for the work put in by the athletic department and Paresky commons staff who contributed to making the tournament happen under the most comfortable circumstances possible.

"…It was just a great day of lacrosse all around, Andover trainers and the athletic department involved. The Paresky team, Ms. Thompson and her team. Everybody was just so helpful in pulling it off and it never could have happened without full team effort of everyone," said Coach Ware.

Despite this, the team was unable to combat the excellent performance from Lawrenceville and St. Paul's. Coach Ware explains that the team had to switch to running time, where there are no pauses on the clock during a quarter even when there are whistles.

"Our game against St. Paul's was more challenging for us. We definitely had a stronger showing in our first game against Lawrenceville…We had to switch to running time because it was just too hot and we were trying to get the games finished up. Mr. Kuta was really worried because the heat index got up to 95 degrees. I just think [the loss came from] a combination of a lot of different factors," said Coach Ware.

However, Andover bounced back from the two losses to beat Brooks on Wednesday. Lauren Herlihy '25 explained how the team's positive mindset allowed for everyone to give it their best, despite the previous loss.

"We played really well in the Brooks game. I feel like on Sunday it was really hot out and that was hard for [us] but we really came back from it. Instead of being negative about the weekend, we really came back strong," said Herlihy.

Coach Ware explains that the battle between the teams were fierce from the beginning, eventually leading to three yellow cards on each team by the end. She appraises all players on both offense and defense for playing collectively as a team.

"It was a fierce battle from the very first whistle. We were tied at nine goals each at the half. A lot of back and forth, a lot of really excellent play by both teams. We probably had our fewest number of turnovers all season today, which made a big difference. We connected really well on our passing. Our defense was really tight and really strong and had a lot of great stops. Our offense made really smart decisions. They didn't force the ball much, so we had fewer turnovers inside the eight meter. We passed well with each other. We had a great transition game, getting the ball down the field on fast breaks, which made a big difference. Everybody was super generous with the ball and really waited until we had great opportunities to take advantage of them for scoring," said Coach Ware.

Coach Ware claims specifically that "face guarding", a technique used by defense players to face a chosen offensive player for the entirety of their attack, alongside great saves from goalie Dylan Kayser '23 allowed for the team to shut down Brooks' strongest players.

"We've been working on moving the ball quickly, making smart decisions under pressure. Our defense has

been working really hard on face guarding. We face guarded one of Brook's strongest players and that was really effective. She's a BC commit. We held her to only two goals today, which is great. And our defense just works really well as a unit, shutting them down as often as they could. Our goalie [Kayser] was on fire today as well," said Coach Ware.

With this clinch from Brooks, the girls lacrosse team has 'crossed the ten', having more than ten wins during the season for the first time in eight years.

Coach Ware continued, "We really worked hard in practice for the last few days trying to get ready for games like this. And it paid off today, which is super exciting. So now we've had ten wins and it's the first time in at least the last eight years that the team [has] ten wins."

Andover will face off Exeter at the Phelps Stadium on Friday at 5:30 PM for its last game of the season.

Lena Ciganer-Albeniz
May 27, 2022

Varsity Softball
2022

Coach: Jamie Hagerman Phinney
Assistant Coaches: Jessie Robie, Caroline Sullivan, Caroline Engelmayer

Captains: Kylie Frank
Managers:

Overall Season Record

Win	Loss	Tie
13	6	0

Letter Winners:

Kylie R. Frank
Emerson H. Buckley
Evie M. Wood
Amanda C. Shim
Allison K. Hoag
Evalyn Lee
Leila N. Boesch-Powers
Sophia M. Eno
Julia Carmona
Madison E. Hugo
Lauren E. Mahoney
Rebecca E. Carballal
Katherine R. Mangraviti
Kiley K. Buckley
Danielle J. Sarno
Olivia R. McManus
Maris L. Moody
Arielle M. Wayner
Annalisa S. Urena
Lexington E. Secreto
Fallon A. O'Connor
Angelique Ceballos Cardona
Ava B. Davey

Wennik Softball Award: Kylie Frank

Varsity Softball
2022 Schedule and Result

Fri	05/06/2022	Softball JV	Dana Hall	A	4:30 PM	19-0	W	
Fri	05/20/2022	Softball JV	Austin Prep	H	4:00 PM	17-2	W	
Wed	03/30/2022	Softball V	Methuen HS	H	3:30 PM	Scrimmage		
Fri	04/08/2022	Softball V	Tilton	A	5:00 PM	Canceled		
Wed	04/13/2022	Softball V	Noble & Greenough	H	3:30 PM	1-8		L
Fri	04/15/2022	Softball V	Governor's Academy	A	4:30 PM	13-11	W	
Wed	04/20/2022	Softball V	St. Paul's	A	3:30 PM	7-2	W	
Sat	04/23/2022	Softball V	North Reading HS	H	12:00 PM	8-7, 12-2	W, W	
Wed	04/27/2022	Softball V	Concord-Carlisle	A	3:30 PM	10-0	W	
Sat	04/30/2022	Softball V	Austin Prep	H	1:30 PM	0-8		L
Wed	05/04/2022	Softball V	Exeter	A	3:15 PM	Canceled		
Sat	05/07/2022	Softball V	Worcester	H	3:15 PM	6-7		L
Wed	05/11/2022	Softball V	B. B. & N.	A	3:15 PM	16-3	W	
Fri	05/13/2022	Softball V	Lawrence Academy	H	4:45 PM	8-7	W	
Sat	05/14/2022	Softball V	Deerfield	H	12:30 PM	5-2	W	
Thu	05/19/2022	Softball V	Concord-Carlisle	H	4:30 PM	18-1	W	
Sat	05/21/2022	Softball V	Big East	H	9:00 AM	7-5, 2-3	W	L
Sun	05/22/2022	Softball V	Big East	H	9:00 AM	0-1		L
Wed	05/25/2022	Softball V	Brooks	H	3:15 PM	1-6		L
Sat	05/28/2022	Softball V	Exeter	H	2:00 PM	6-3	W	

Phillips Academy
Softball 2022

No	Name	Yr	Hometown
1	Kylie R. Frank	2022	Hampstead, NH
2	Emerson H. Buckley	2025	Methuen, MA
3	Evie M. Wood	2025	Andover, MA
4	Amanda C. Shim	2025	Vail, CO
6	Allison K. Hoag	2024	Topsfield, MA
7	Evalyn Lee	2023	Vernon Hills, IL
8	Leila N. Boesch-Powers	2024	Cambridge, MA
9	Sophia M. Eno	2023	Saratoga, CA
10	Julia Carmona	2024	Bronx, NY
12	Madison E. Hugo	2025	Boxford, MA
13	Lauren E. Mahoney	2023	Andover, MA
14	Rebecca E. Carballal	2024	New York, NY
15	Katherine R. Mangraviti	2023	North Reading, MA
16	Kiley K. Buckley	2023	Methuen, MA
17	Danielle J. Sarno	2023	North Reading, MA
18	Olivia R. McManus	2023	Winthrop, MA
19	Maris L. Moody	2024	North Andover, MA
20	Arielle M. Wayner	2023	New Rochelle, NY
22	Annalisa S. Urena	2023	Tampa, FL
24	Lexington E. Secreto	2022	New Windsor, NY
26	Fallon A. O´Connor	2023	Andover, MA
29	Angelique Ceballos Cardona	2025	Lawrence, MA
34	Ava B. Davey	2025	Andover, MA

Coach: Jamie Hagerman Phinney
Assist Coaches: Jessie Robie, Caroline Sullivan, Caroline Engelmayer
Managers: Haven O'Sullivan '22, Lexiana Tucci '22
Director of Athletics: Lisa Joel
Athletic Trainers: Zach Kershaw, Mike Kuta, Devin O'Reilly, Amy Wiggins

Varsity Softball
In the News

Andover Softball Strengthens Team Chemistry On Trip To Orlando

Over spring break, Andover Softball traveled to Orlando, Florida for a pre-season spring trip. The trip served as both a means for competition between diverse schools from New Jersey, Connecticut, and Texas as well as for a relaxing and unifying getaway. Participating in both challenging matches as well as bonding activities such as visiting Universal Studios, the trip helped the team in the early stages of developing chemistry, as well as easing it into the long season ahead.

According to Maris Moody '24, although most days were taxing and dedicated to either practice or games, the team still had time to relax and strengthen connections during evenings on their trip. Moody noted that their schedule was a great break from the demanding softball regiment.

Moody said, "From 8 a.m. to 2 p.m. we would practice, and then on certain days, we had games. Some days we even had doubleheaders, so we wouldn't practice those days. Then we would go back to the resort and just kind of hang out. It was a really good team bonding experience. But our days mostly from morning to afternoon was playing softball."

Fallon O'Connor '23 shared a similar sentiment to Moody, emphasizing the crucial nature of the trip for improving and renewing a team bond. O'Connor specifically mentioned that without the trip last year, the team did not have the opportunity to get as close as they could. As a result, she noticed that this year is already shaping up to be different.

"I actually really thought that [the trip] brought the team together, especially playing last year during Covid-19 and we didn't get the trip… Not that people didn't get along last year, but I thought that we're all closer and everyone's closer together this year because of the trip," said O'Connor.

Moody acknowledged that the team not only had the opportunity to face off against fierce competition, but also train alongside some very renowned and accomplished athletes. Nonetheless, Andover Softball was able to perform well, winning four out of its five games played.

"Our first game was with the [The] John Cooper School. We did kind of a training session with them beforehand with an Olympian who was teaching us things about running mechanics, stuff like that, and then we played them later that afternoon. We played them twice, on two separate days, and we beat them both times. And then Westminster [School] we played on March 15. We played them for the first time, and we won one game. And then the next day, we played them again, and we lost by five, I believe. Then we played Blair as our last game, and we "mercy-ed" both Blair and The John Cooper School," said Moody.

The team trip revealed new sides of teammates, according to Lauren Mahoney '23. She believed that this brought about a new sense of vulnerability within the team, once again strengthening the team bond. Mahoney said, "One day…we got to do team karaoke. I would say that was the event that really got us together. It showed different sides of people that I've never seen before. Because we're also concentrating on playing sports, coming together in these team bonding activities was something really special. As a team, we got to see each other's strengths and weaknesses again, and work together to just create a team where we know that making mistakes is okay."

Moody was struck by certain events and moments, as well and how open the team seemed to be with each other. Similarly to Mahoney, she recalled how many instances allowed for the team to understand one another more personally and intimately.

Moody said, "There was one specific night where everyone brought an object that told a story and we all went around. Some people brought necklaces from their grandparents, other people showed photos of them when they were younger, and even our coaches were showing things that were really important to them… Throughout the trip, we all definitely bonded. It was obviously a lot of quality time, but I feel in that specific moment, we all kind of had this heart to heart, tears were shed and smiles were shared."'

With five games and many days of relationship building under its belt, Andover Softball looks toward the season with hope and confidence as it faces off against Methuen High School next Thursday.

Monisha Kathika
Mar 25, 2022

Girls Softball Play with Perseverance in First Game

Fallon O'Connor '23 blasted a ball over the fence in the seventh inning of Andover's opening game of the season against Nobles & Greenough. Despite the team's efforts, the game ended in a loss for Andover. According to Angie Ceballos Cardona '25, She enjoyed the excitement both teams brought to the game, which motivated Andover to step up in terms of the plays. Still, Cardona believes there is much to do in conveying where the players should be for each play.

"I think today what we did well was have energy in the dugout. I think in any sport, when you have energy, you play better. And I think once our team saw the other team's energy, and you know, just what it was gonna take to win, we all just kind of chipped in, even if we weren't playing, we were all cheering and communicating with those on the field. [And] I think there were moments in the game, where maybe we weren't sure of what the plays were [and where] the ball was supposed to go. So I think as a team moving forward, we're going to really work on communicating with each other, making sure everybody knows what they need to do on the field," said Cardona.

Additionally, Dani Sarno '23 highlighted O'Connor's home run. According to Sarno, O'Connor kept the same attitude throughout the game that allowed her to make impressive plays and get a lot of the opponent players out.

Sarno said, "I would say Fallon's our pitcher [did well]. I think today [was] really tough. When you're down 8-1. It's really, really tough to keep going. And I think Fallon was a really, really good example. Because she kept pitching, she kept throwing strikes, and she didn't let anything get in their head. She did hit a home run today…And I think that just her perseverance in pitching and on the field for all seven innings was super impressive."

While talking about the leadership on the team, Cardona credited Buckley, Kiley Frank '22, and Evalyn Lee '23 in regards to their openness to grow with the team and lead by example. Cardona also believes that O'Connor has a great presence on the field and possesses many great traits that are admirable.

Cardona said, "Fallon, she's our pitcher. So she has a ball in her hands, almost all the time, during a game, and she's really in control of the game. And I think her composure in the circle is really what keeps us together, and what pitchers are supposed to do to keep us together. And I think playing behind her has been really inspiring, she [is] just so mature, so ready in the circle, and no matter what the score is, no matter how well she's doing. Again, she always has that same face. And that's the mentality I would like to achieve one day."

Other than Buckley and Lee, Frank is also a captain who is injured for the season. But according to Buckley, her leadership is shown through her continuous dedication to the team; whether that is talking with the coaches, giving the new captains advice, or bringing the energy into the game.

"I think during practices, like me and Evalyn will talk if we want to do a certain drill or something like that, just communicating there and just making sure that we're on the same page and on the same pages Coach Phinny and the other coaches as well. But then I also think Frank also plays an important role, even though she's not on the field, but just she knows the game really well. So just being there. Like if I have a question, or if I want to check something with her, run it by her, she's always there to do that. And she was also a really big help today, like during the game, just being in the dugout, and talking to Coach Phinny and talking to all the players as well."

Although the team lost its first game, with all that talent, Andover hopes to have many wins on its way.

Nabilah Nazar
Apr 15, 2022

Girls Softball Narrowly Triumphs over Governor's Academy with High Energy and Constant Adjustment

Formidable base running by Evalyn Lee '23 as well as team-wide adaptation helped Girls Softball mitigate the loss of two starters, Katie Mangraviti '23 and Lauren Mahoney '23, who were out due to Covid-19, ultimately allowing Andover to edge out Governor's 15-13. Maris Moody '24 noted how the team expected a close game and was ready to compete. While it suspectedly found itself in fierce competition, the team was unprepared for the opposing pitcher's throws, which created a hurdle for the batters, according to Moody.

"We were ready for some good competition, but I think it was gonna be a good game for the beginning of our season and it was just that it was exactly that. They had a new pitcher which we hadn't faced yet. She was a little bit slower which kind of threw us off a little bit because we're kind of just used to faster pitching which was kind of one of the big hardships of the game," said Moody.

Fallon O'Connor '23 acknowledged the importance of the team's relentless, intense, and exuberant energy. She believed this culture and spirit was a large contributing factor of Friday's success and will continue to be in the upcoming weeks.

O'Connor said, "So on Friday I think what we did really well was keeping high energy even though we made some mistakes, I think what kept us in the game was our high energy and not giving up. And I think that we've had both sides of difficult playing like in our first game we were losing by a lot and it was difficult to try and come back but in this game we were up by a lot but then we kind of lost it a little bit so i think now that we've seen both sides of it we'll definitely know where to go from here."

According to Evie Wood '25, the team has made strides to improve its communication and chemistry, highlighted during its victory. However, Wood pointed out the remaining imperfections as well as other areas for improvement within the team.

Wood said, "I think while we improved in communication, I think our calling the ball was sort of an issue. There were some drop balls because no one was really sure who was going to get it, and I guess that was something that we need to work on right now. Also I think you know setting your feet and making sure the throw is accurate instead of just chucking it because I know we had a couple of overthrows."

Sharing a similar sentiment to Wood, Moody mentioned how detrimental these small and seemingly insignificant mistakes can be. She explained how one mistake can turn into many if not for strong mental fortitude.

"I think one big thing is when you make an error in a game, or when you make a mistake it kind of is hard to kind of bounce back because sometimes it can kind of feel personal even though you have a whole team behind you, so I think kind of bouncing back from those mistakes and realizing we're going to get the next one is a big thing so I'd say it's a bog mental game and mental thing," said Moody.

O'Connor sees these misplays as one of the biggest places to improve and smooth over. According to O'Connor, the team has demonstrated the capacity to do so, and now all that remains is the game-time execution.

"I think for the rest of the season going forward I think that we can be more consistent like in not like just making the easy plays and doing the small things because I think that's where we've fallen short, but I think overall everyone, we all know that just shown in practice that we all have the ability to," said O'Connor.

Girls Softball hopes to refine some aspects of its game in preparation for a double header against North Reading High School on Saturday.

Staff Report
Apr 22, 2022

Co-Captain Kiley Buckley '23 Leads Girls Softball with Modesty and Tenacity

With a large team comes a large responsibility for a captain. One would describe a captain to be a leader who is persistent and humble. Girls Varsity Softball's Co-Captain Kiley Buckley '23 rises to the challenge as a leading example of persistence and humility. In spite of challenging games, Buckley still showcases her ferocity by giving it her all and encouraging her teammates to do the same.

Angie Ceballos Cardona '25 values Buckley's attitude towards softball. To truly showcase leadership, Buckley goes out of her way to display what is valuable to the game, the team, the practice, according to Cardona. The willingness to take the time to do this has earned Buckley great admiration from her teammates, especially the younger ones.

Cardona said, "I would say Kiley is a captain that leads by example. I wouldn't say she's not outspoken. But I think instead of telling people what to do, she shows people what to do. And I think for me personally, what I've learned from her is [that] she works hard in silence. I don't think she has announced to anyone how hard she works. Everyone sees it. And the way she plays and the way she goes about the game. And I really respect that."

Other teammates, like Fallon O'Connor '23 are able to see Buckley in different settings. Spending time on and off the field creates a trustful bond, where teammates can be depended upon each other. O'Connor notes that Buckley showcases the same diligence on her other teams to continue to refine as an athlete and a captain.

"So Kiley is actually one of my best friends on and off the field. So having her as a captain is really inspiring in that sense. And also, the fact that she's always improving and getting stronger. We also play the same club team, so I get to see her there. And I really think that she's able to take what she's learned to help out the team. And definitely, she loves to help out people and teach people. So I think that is really helpful. And I feel like I can always count on her," said O'Connor.

Collaboration is the greatest weapon for a successful team. A team that is familiar with each other plays well with each other. The same can be said for captains. Buckley emphasized that working alongside Co-Captain Evalyn Lee '23 has given her an opportunity to lead a cohesive team, while learning from each other. Their positions, Buckley being an infielder and Lee being an outfielder, creates balance within the team.

Buckley said, "Working together on the field and during practices, just trying to talk [about] certain situations over, I think that's really helpful to have, like another person there that can give an opinion. And make sure the rest of the team is aware of what's going on. And then we also have a lot of other Uppers that serve as good leaders as well… During practice, she plays outfield, and I play the infield. … She kind of takes over the outfield… just initiating certain things with the outfield."

Recently, some of the games have not gone the team's way, as it is still trying to find its footing. In such situations, Cardona highlighted Buckley's ability to learn from her mistakes and return stronger each time. Having a growth mindset as Buckley does sets her up as a good example for the players. Knowing that each challenge just means playing harder and better the next time highlights how Buckley, in collaboration with Lee, can lead a team of strong willed individuals.

Cardona said, "I think Kiley is very good at bouncing back and understanding what she needs to do better. I think, last game, she didn't beat herself up too much for any errors that she made or just us having a tough game in general. I mean, I think everyone struggled in their own way. I think they shook it off really well. And today in practice, they were ready to go and I see that a lot after we lose that they're ready to go the next day and that they don't dwell on that loss. Because they know that's not us. And we can find ways to be better."

Buckley ensures that in face of adversity, the team remains attentive to the game. Everyone has their ups and downs, but continuing to move past the low points allows the team to start off a clean slate and play harder the next time, according to Buckley.

"I think if we come across a challenge in a game, just kind of making sure that everyone on the bench or in the field stays focused. We try to stay focused and forget [and just make that easy fix and continue on. I think that's really helpful to keep that mindset going. And sometimes that's really hard for me or like other players. Like if you get frustrated, softball is a pretty big mental game, so you just have to talk to each other, like people talk to me. I talk to them, like just making sure that everyone stays on their game in their head," said Buckley.

Nabilah Nazar
May 6, 2022

Girls Softball Co-Captain Evalyn Lee '23 is Both Vocal and Persistent

Softball Co-Captain Evalyn Lee '23 never fails to show support for her teammates. Although she continues to learn for herself, Lee demonstrates constant determination and effort. Lee not only displays effort for herself, but also always pushes her teammates to follow suit and push themselves to their best.

According to Ava Davey '25, Lee's upbeat and positive attitude are some of her best qualities. Davey specifically notes how her cheers for her teammates solidifies her as one of the most vocal players on the Softball team.

"She's always super positive and I think she's like the most vocal person on the team when people are confused or have questions. You always know that you can

go to Evelyn because she really knows what she's talking about. And she's super supportive to everyone. Especially during games when she's cheering and helping other people," said Davey.

Emerson Buckley '25 shared a similar sentiment to Davey, acknowledging Lee's never-ending support for her teammates. Lee also is a persistent athlete and strong leader who never gives up and constantly learns from her mistakes, according to Buckley.

"She's never not supporting everyone and she's never not lifting anyone up. And also she's just a great demonstration and great role model. Because she performs well most of the time, even when she doesn't and she never stays down she always gets back up on her feet after a mistake and stuff like that. And I think that just helps the team. Knowing that mistakes happen, especially in the game like softball because it's the game of failure," said Buckley.

Lee recognizes that Softball is a particularly challenging sport because of all the possible mistakes that can occur. However, she notes that shaking off mistakes and learning from them is a critical part of the sport and the best way to find success, and something she personally strives to display for her teammates.

Lee said, "I think that softball is a really tough sport in the sense that it's a game of failure. I'm still learning how to be a better leader. But something I want to try to do is to exemplify how to bounce back from making a mistake. How to maintain a positive attitude and to cheer for my other teammates. When I'm not doing well or if I strike out or something, you don't go back to the dugout and cry, you come back to the dugout and cheer as loud as you possibly can for the next person who's up."

Davey feels that Lee is the epitome of a leader. She mentions how she took the team under her wing and imparted her extensive background of Softball experience onto the rest of the team.

I mean, I feel like she's like the definition of leadership quality because she's just very, like supportive. I feel like that's the most important part. Because, like, we all look to her kind of, for support all the time because she's played on the team for a while and she kind of understands how everything's being run. And like, we also give her the same amount of support, but it really just all starts from her," said Davey.

According to Lee, her main goal this season is to create a tight bond between her teammates. Due to COVID-19, last year's season was changed, causing bonding to be a challenge. Nonetheless, Lee looks forward to creating a bond between her new team and creating a memorable year for everyone involved.

Lee said, "Well, I think one of the main goals was to truly be a team because this was my first full season after the pandemic. Last year, we had a season but it was slightly altered. I think that we have a really big team and I was aware of that. And I really wanted our team to bond and to learn to be good teammates to each other. And I think we've done that. I think that the connection we have with each other is really strong and we're all supportive of each other. That's honestly such a rare thing."

Meg Stineman
May 6, 2022

Boys Varsity Tennis
2022

Coach: Leon Calleja & Aidan Burt

Captain: Kian Burt, Ethan Wong, & Alex Zhu
Managers: Ablah Siddig & Seongha Choi

Overall Season Record

Win	Loss	Tie
11	3	0

Letter Winners: William J. Boo, Kian Burt , Seongha Choi, Jeremy B. Liao, Mason C. McCormack, Harry W. Murphy, Yifei K. Niu, Ablah Siddig, Edward H. Wang, Ethan Wong, Avery Zheng, & Alex Zhu

Banta Tennis Trophy – Ethan Wong

Boys Varsity Tennis
2022 Schedule and Results

Wed	04/06/2022	Tennis BV	B. B. & N.	H	3:30 PM	7-0	W	
Fri	04/08/2022	Tennis BV	Brunswick School	H	4:00 PM	4-3	W	
Sat	04/09/2022	Tennis BV	Taft	H	3:00 PM	5-1	W	
Fri	04/15/2022	Tennis BV	Milton	A	4:30 PM	Canceled		
Wed	04/20/2022	Tennis BV	St. Paul's	H	3:30 PM	5-2	W	
Fri	04/22/2022	Tennis BV	Belmont Hill	H	3:45 PM	4-3	W	
Sat	04/23/2022	Tennis BV	Deerfield	A	2:00 PM	6-1	W	
Fri	04/29/2022	Tennis BV	Groton	H	4:45 PM	2-5		L
Wed	05/04/2022	Tennis BV	Exeter	A	2:45 PM	5-2	W	
Fri	05/06/2022	Tennis BV	Roxbury Latin	A	4:30 PM	2-5		L
Tue	05/10/2022	Tennis BV	Andover HS	H	3:30 PM	Canceled		
Fri	05/13/2022	Tennis BV	Brooks	H	4:15 PM	7-0	W	
Sat	05/14/2022	Tennis BV	Choate	A	3:30 PM	6-1	W	
Sat	05/21/2022	Tennis BV	TOURNAMENT	A	9:00 AM	5-0	W	
Sun	05/22/2022	Tennis BV	TOURNAMENT	A	9:30 AM	0-4		L
Wed	05/25/2022	Tennis BV	Exeter	H	3:00 PM	6-1	W	
Fri	05/27/2022	Tennis BV	NEPSITT	A	8:45 AM			
Sat	05/28/2022	Tennis BV	NEPSITT	A	8:45 AM			

Phillips Academy
Boys Varsity A Tennis 2022

Kian Burt *	2024	Andover, MA
Jeremy B. Liao	2024	Andover, MA
Harry W. Murphy	2024	London, ENG
Yifei K. Niu	2025	Scarsdale, NY
Edward H. Wang	2024	Burr Ridge, IL
Ethan Wong *	2023	Shanghai, CN
Avery Zheng	2025	Longmeadow, MA
Alex Zhu *	2023	Wilmington, MA

*Captains

Coach: Leon Calleja

Managers: Ablah Siddig '22 & Seongha Choi '22

Director of Athletics: Lisa Joel

Athletic Trainers: Zach Kershaw, Mike Kuta, Devin O'Reilly, Amy Wiggins

Phillips Academy
Boys Varsity B Tennis 2022

Name	Yr	Hometown
William J. Boo	2023	Short Hills, NJ
Remy C. de Saint Phalle	2023	Sun Valley, ID
Charles Goodyear	2024	Sun Valley, ID
Tianyi Evans Y. Gu	2025	Superior, CO
Brandon H. Horne	2025	San Francisco, CA
Tristan P. Marnoto	2024	North Andover, MA
Mason C. McCormack	2023	Boston, MA
Harry W. Murphy	2024	London, ENG

Coach: Kevin Cardozo

Director of Athletics: Lisa Joel

Athletic Trainers: Zach Kershaw, Mike Kuta, Devin O'Reilly, Amy Wiggins

Boys Varsity Tennis
2022 Highlights

APRIL 6, 2022
Tennis BV vs B. B. & N.
W 7-0
BOYS VARSITY TENNIS WINS FIRST MATCH OF THE SPRING SEASON
Playing indoors, the boys picked up their first win of the season against BB&N, losing a total of 5 games over the 9 matches played to pick up a 7-0 victory. The teams of Ethan Wong/Alex Zhu, Eddie Wang/Jeremy Liao and Kian Burt/Kevin Niu swept the doubles to pick up the team's first point. Ethan, Eddie, Alex, Kian, Avery Zheng, and Jeremy then swept the singles.

APRIL 8, 2022
Tennis BV vs Brunswick School
W 4-3
BOYS EARN THEIR SECOND WIN WITH A DRAMATIC 4-3 VICTORY AGAINST TENNIS POWERHOUSE BRUNSWICK!
The Andover Boys' team moved to 2-0 for the season with a dramatic 4-3 win at home against perennial tennis powerhouse Brunswick. After losing the doubles point, Andover quickly took a 2-1 lead with decisive victories from #2 Eddie Wang (6-2, 6-1) and #5 Avery Zheng (6-0, 6-0). Co-Captain Alex Zhu then pulled out a third set super tie-breaker to bring Andover's lead to 3-1. After Brunswick clawed back with two tough victories at #1 and #4, the overall match was tied at 3-3 to put the pressure on the final match of the day; #6 Jeremy Liao played a rollercoaster match that began outside but moved indoors as the sun came down during the third set super tie-breaker. Steeling the pressure, Jeremy pulled off the decisive victory in the set to give Andover the win at 4-3!

APRIL 9, 2022
Tennis BV vs Taft
W 5-1
BOYS DEFEAT VISITING TAFT 6-1, MOVING TO 3-0 TO START THE SEASON!
Playing their third match in four days, the Boys A team defeated Taft School 6-1 to move to 3-0 to start the season! The team was led by co-captains Ethan Wong and Alex Zhu, who each won decisive victories at #1 and #3 singles. Eddie Wang and Jeremy Liao continued their winning ways at #2 doubles, with Eddie then going on to win the clinching point in a third set super tie-breaker at #2 singles. Avery Zheng and Kevin Niu, after picking up a crucial 8-6 victory in doubles, finished the night with great wins at #5 and #6 singles.

APRIL 20, 2022
Tennis BV vs St. Paul's
W 5-2
NEWCOMERS HELP LEAD ANDOVER BOYS A TO VICTORY AGAINST ST. PAUL'S

Playing short-handed today against visiting St. Paul's, the Andover Boys A team pulled out a 5-2 victory to move to a 4-0 record to start the season. Juniors Avery Zheng '25 and Kevin Niu '25 led the charge, with an 8-2 victory together at #2 doubles before each rolling to a 6-1, 6-1 win at singles at #3 and #4, respectively. Upper William Boo '23 also grabbed two victories, first teaming up with Lower Harry Murphy '24 to secure the doubles point with an 8-3 win, and then winning at #6 singles 6-3, 6-1 to secure the team win. Playing at #2 singles, Co-captain Alex Zhu '23 rounded off the afternoon with a comeback victory to give Andover a 5-2 team win.

APRIL 22, 2022
Tennis BVA vs Belmont Hill
W 4-3
ANDOVER BOYS DEFEAT A TOUGH BELMONT TEAM TO MOVE TO 5-0!
In a battle of two undefeated teams, Andover Boys continued their winning ways against a tough Belmont Hill School, winning 4-3 to bring their season record to 5-0!

Andover began quickly with Lowers Eddie Wang '24 and Jeremy Liao '24 making quick work at #2 doubles with an 8-1 win. After Andover lost at -#1 doubles, Juniors Avery Zheng '25 and Kevin Niu '25 then followed with a clutch come-from-behind 8-6 victory at #3 doubles against the Rich brothers to secure the doubles point for Andover.
Using a similar algorithm as they did against Taft, Zheng and Niu each then rolled to wins at singles, with Zheng winning 6-3, 6-4 at #4 and Niu rolling to a 6-1, 6-0 win at #6. Jeremy Liao finished Belmont off with a convincing 6-2, 6-3 win at #5. Andover travels to Deerfield tomorrow for the first away match of the year.

APRIL 23, 2022
Tennis BV at Deerfield
W 6-1
PLAYING AT DEERFIELD, ANDOVER WINS ITS THIRD MATCH IN FOUR DAYS TO STAY UNDEFEATED!
Playing its first road match of the season, Andover boys earned a decisive 6-1 win against a tough Deerfield team. In singles, Ethan Wong '23 won 6-2, 6-1 at #1; Eddie Wang '24 won 6-3, 6-1 at #2; Avery Zheng '25 won 6-4, 6-4 at #3; Jeremy Liao '24 won 6-2, 6-4 at #4; Kevin Niu '25 won 6-4, 4-6 1-0 (10-5) at #5; and Harry Murphy '24 had a hard luck loss at #6: 6-3, 3-6, 0-1 (8-10).

Earlier, Andover had taken the doubles point with Eddie and Jeremy winning 8-2 at #2 and Avery and Kevin winning 8-0 at #3.

The boys get a well-earned rest before they defend their 6-0 record at home against Groton on Friday, April 29.

APRIL 29, 2022
Tennis BV vs Groton
L 2-5
ANDOVER BOYS MOVE TO 6-1 AND TAKING A TOUGH LOSS AGAINST UNDEFEATED GROTON
In a battle of undefeated teams, and a match that saw 6 tie-breakers in singles play (4 of them third set super tie-breakers), the Andover Boys team took a tough home loss to Groton.

The afternoon started with Andover winning only one of the three doubles matches, with Eddie Wang '24 and Jeremy Liao '25 pulling off an 8-4 victory at #2. Groton's secured the doubles point with wins at #1 and #3 doubles.

In singles, Kevin Niu '25 gave Andover its first point with a 6-3, 6-4 win at #6 singles, but Groton quickly answered with a win at #5. Down 1-2, Andover's hopes came down to the remaining 4 singles matches that each went three sets and saw a total of six tie-breakers played across these matches, with Andover only able to win one breaker, with Ethan Wong '23 winning at #1 with a 6-3, 6-7 (3), 1-0 (3) victory.

With its first loss of the season, the Boys A team will look to rebound against Exeter on Wednesday and improve on its 6-1 record.

MAY 4, 2022
Tennis BV at Exeter
W 5-2
ANDOVER BOYS TRAVEL TO EXETER AND BRING HOME A 5-2 VICTORY
Playing short-handed, the Andover Boys Varsity A team traveled in the rain to longtime rival Exeter to play indoors. Andover got on the board early, with the teams of Eddie Wang '24/Chase Burke '25 and Avery

Zheng '25/Kevin Niu '25 gaining 8-3 wins at #2 and #3 doubles, securing the doubles point aaa Andover went up 1-0 heading into singles play.
Andover then got off to a hot start at singles, with #1-#4 each taking the first set against Exeter. Co-captain Alex Zhu '23 then gave Andover its second point with a convincing 6-0, 6-0 victory at #2 singles. Exeter then scored its first point of the match, with a 10-8 third set super tie-breaker victory at #4 singles against Andover's Jeremy Liao '24. Exeter then seemed poised to possibly even the match until Avery Zheng, after being down 1-4 in the second set, came roaring back to win 6-4, 7-6 (2). Exeter then scored its second point at #1 singles, as Eddie Wang fought through an injury to complete his match but fell short, losing the third set super-tiebreaker 10-7.
With Andover up 3-2, the match came down to the remaining two singles matches. Juniors Kevin Niu and Chase Burke each gutted out two-set victories to give Andover a 5-2 win. Andover moves to 7-1 for its season record and will look to add to it this Friday when they travel to Roxbury Latin.

MAY 6, 2022
Tennis BV at Roxbury Latin
L 2-5
ANDOVER BOYS TAKE A TOUGH LOSS IN AWAY MATCH AGAINST A TALENTED ROXBURY LATIN TEAM

Visiting Roxbury Latin on Friday, the Andover Boys A team played several close matches, but ultimately fell short in a 2-5 loss to Roxbury Latin. The day started with a tough loss in doubles. While Avery Zheng and Kevin Niu took a win at #3 doubles, a loss at #1 doubles set up the #2 doubles match to determine the doubles point. After being up 7-3, Eddie Wang '24 and Jeremy Liao '24 fell 9-7 as Roxbury took the first point for the doubles. In singles, two of Andover's four losses came via third-set tiebreakers (#1 and #4 singles). Eddie Wang '24 and Avery Zheng '25 won their singles matches at #2 and #5, respectively.

Andover moves to 7-2 on the season and will look to bounce back at home next Friday when they face off against Brooks.

MAY 13, 2022
Tennis BV vs Brooks
W 7-0
ANDOVER BOUNCES BACK WITH A 7-0 VICTORY AGAINST BROOKS TO MOVE TO 8-2
Back at home, Andover defeated Brooks in convincing fashion, with a 7-0 victory. Playing both #1 singles and doubles, Eddie Wang '24 won 6-3, 6-1 in singles and teamed with Chase Burke '25 to win 8-0 in doubles. Burke added a win of his own at #5 singles 6-4, 6-1.
Co-captain Alex Zhu '23 also led the charge with a 6-1, 6-1 win at #2 singles and paired with Jeremy Liao '24 for a 8-3 victory at #2 doubles.
Avery Zheng '25 and Kevin Niu '25 won their doubles match 8-3, with Kevin going on also to win in singles in straight sets. Mason McCormack '23, on super short notice, stepped up big to win at #6 singles, alsoin straight sets.
Finally, co-captain Kian Burt '24 shook off some rust to win 7-6 (5), 6-1 at #3 singles.

Andover moves to 8-2 before traveling away to Choate tomorrow.

MAY 14, 2022
Tennis BV at Choate
W 6-1
ANDOVER MOVES TO 9-2 WITH WIN ON THE ROAD AGAINST CHOATE
Andover traveled south to Choate Rosemary Hall on Saturday and brought back a 6-1 victory against the Wild Boars. The day started with the teams of Eddie Wang/Chase Burke and Avery Zheng/Kevin Niu picking up wins at #2 and #3 doubles to secure the first point for Andover.

In singles, Andover took convincing victories in #2-#6 singles against a shorthanded Choate squad. After dropping the first game of his match, Eddie Wang reeled off 12 straight games to win 6-1, 6-0 at #2. Co-captain Alex Zhu, Avery Zheng, Jeremy Liao and Kevin Niu followed suit, each losing only three games on

their way to straight set victories at #3, #4, #5 and #6 singles, respectively. At #1, Ethan Wong started off hot with a 6-0 first set but was limited by a knee injury and lost in a third set tie-breaker 6-0, 1-6, 0-1 (7).

Andover sits at 9-2 ahead of the New England tournament next weekend.

MAY 21, 2022
Tennis BV vs Taft (NEPSAC Class A Quarterfinals)
W 5-0
BOYS WINS FIRST ROUND AGAINST TAFT IN NESPAC TOURNAMENT

After a two hour rain delay, Andover Boys Tennis took to their home courts against Taft. The team got off to a quick start with a 2-1 match record in doubles to take the doubles point; Eddie Wang and Alex Zhu won 8-5 at #1 doubles and Avery Zheng and Kevin Niu won at #3 doubles 8-5.

The boys then played some dominant singles, with #2 Eddie Wang working methodically to win 6-0, 6-1 in his match to give Andover a quick 2-0 lead. #1 Ethan Wong followed with a 6-4, 6-0 win to move to Andover closer to clinching.

Both #3 Alex Zhu (6-4, 6-3) and #5 Avery Zheng (4-6, 6-2, 1-0 (5)) finished simultaneously, to give Andover a 5-0 win.

MAY 21, 2022
Tennis BV vs TBD (NEPSAC Class A Semifinals)
ANDOVER TRAVELS TO GROTON BUT FALLS TO EVENTUAL TOURNAMENT WINNER BRUNSWICK IN THE SEMIFINALS

As the teams got to the court warm up for semifinals in the afternoon, news came from the south that the Choate/Groton match had been postponed due to heat. The trainers and athletic director at Andover followed suit and after discussions with the tournament director and both teams, a decision was made to postpone the semifinal to Sunday, when Andover would face Brunswick at Groton's indoor courts.

MAY 22, 2022
Tennis BV at Brunswick (NEPSAC Class A Semifinals)
L 0-4
ANDOVER FALLS TO EVENTUAL TOURNAMENT WINNER BRUNSWICK IN SEMIFINALS OF NESPAC

On Sunday morning in Groton, Brunswick got off to a hot start indoors against Andover, with impressive wins at doubles to take the doubles point in quick fashion.

In singles, Andover's Ethan Wong faced a tough opponent in Evan Lee, whose dominant serve paved the way for a 6-1, 6-3 victory against Wong at #1 singles. This gave Brunswick a 2-0 lead. At #2 singles, Andover's Eddie Wang took the first set and got off to a 2-1 lead in the second against Brunswick's Will Monahan, but Andover #3 Alex Zhu and #4 Avery Zheng fell in their matches to give Brunswick the 4-0 victory.

MAY 25, 2022
Tennis BV vs Exeter
6-1

ANDOVER BOYS FINISH THE SEASON WITH A DECISIVE 6-1 WIN AGAINST RIVAL EXETER

Playing at home, Andover Boys pulled off an impressive 6-1 win against Exeter to finish the season with an 11-3 overall record.

The boys started off with a pair of close losses at doubles, ceding the point to Exeter. Down 0-6 in the pro-set, #1 doubles team Eddie Wang and Chase Burke came storming back to tie the match at 6-6 but ultimately fell to a tough Exeter team 6-8. Andover's Avery Zheng and Kevin Niu continued their dominant ways that they showed all season with an 8-4 win at #3 doubles. This left the #2 team of Alex Zhu and Jeremy Liao, who fought hard but came up short in their tie-breaker 8-9 (3).

With Exeter up 1-0 after doubles play, the boys took the courts for singles. Here, Andover played some inspiring tennis to sweep singles play. #2 Eddie Wang was the first to put Andover on the board with a 6-3, 6-2 win; #4 Kevin Niu followed quickly behind with a 6-2, 6-3 win of his own. #5 Kian Burt next won at #5 singles 6-1, 6-3, followed by #6 Chase Burke winning 7-5, 6-2 to clinch the victory for Andover. #3 Alex Zhu held off a comeback from Exeter's Peter Roth to win 6-4, 7-6 (9). And in the match of the day, #1 Ethan Wong fought off a tough challenger in Exeter's #1 Kiran Raval to win 7-6 (4), 6-4 to give Andover a 6-1 victory overall.

Boys Varsity Tennis
In The News

Boys Tennis Opens Season with Win Against BB&N

Boys Varsity Tennis started the season playing against BB&N with an undefeated match record to gain their first win. This was Andover's first sweep of the season; its season record now stands at 1-0.

Head Coach Leon Calleja, Chair of the English Department and Instructor in English, felt that the team kept a positive attitude throughout the duration of their matches. Their focus for the future of the season, he added, is keeping that positivity up and playing when the team is struggling.

"I thought they stayed positive all the way through the match. I think one of the biggest challenges for them, for any tennis player, is really getting down on yourself and I think something we will continue to work on as the season progresses is keeping your head up and playing through it. You know, they kept leads even when they weren't playing their best, they kept their eyes on the prize," said Coach Calleja.

Co-Captain Kian Burt '24 agreed with Calleja, mentioning the positive mindset that the team kept throughout their matches. Burt noted his appreciation for the team, who he explained has already been helpful early in the season.

"I think the team did really well before practice getting motivated, doing team warmups, and getting hyped. We were able to keep that…as we went into the doubles matches and have that continued mindset. I also enjoyed how at the end of the point, you would hear people cheer for you. Some people on the sidelines or sometimes on the court next to you, they would have applause. It's very nice to be able to play that team tennis," said Burt.

Though Co-Captain Ethan Wong '23 spent most of his time on the court, he was able to watch a few points from his teammates. Those highlighted included Co-Captain Alex Zhu '23 and Eddie Wang '24, whom he complimented for their aggressive gameplay.

"I think we weren't able to watch a lot of matches because we were always on the court but out of a couple of points, I watched I thought that [Zhu], who is our other co-captain, played pretty well and also [Wang], who is a Lower, because they fought on the court and they didn't let the points go. They were just competing well," said Wong.

As he sets out goals for the season, Coach Calleja is focusing on getting the opposition to make mistakes as opposed to being perfect. He added that, in tennis, mindset is critical to playing a good match.

"Just getting them to play every point and play the whole court and play to force errors from your opponent, not just necessarily hit outright winners and really staying loose with their whole game I think is…really critical. When the players play at such a high level, a lot of it is mental, so keeping them in the right headspace is important," said Coach Calleja.

Wong added the challenge of their season being postponed by Covid-19 last year. He explained how the team must readjust to match play this season, but also highlighted the positive community that has formed among the team.

Wong said, "It's hard to get back into playing matches, and being confident in those matches and hitting the shots that need to be hit to be aggressive, because we haven't played matches for so long, so I think playing matches and getting comfortable in competitive situations will be good for our team. I also feel like our team this year is super supportive of each other. I feel like we have a really tight community, having a supportive atmosphere where everyone feels like they belong on the team and support each other to get better."

Boys Tennis will welcome Brunswick at home on Friday.

Meg Stineman
Apr 7, 2022

Boys Tennis Surmounts Taft and Remains Undefeated After Close Matches Against Brunswick

Playing through exhaustion, Boys Tennis pulled through its matches with a 6-1 victory over Taft. Adding a win to its record, the team now remains undefeated through its first three games of the season.

Kevin Niu '25 reflected on the atmosphere of the match. He believes the positive spirit and motivation from teammates and coaches helped the team play through mental and physical exhaustion after a tiring game the day before against a strong competitor, Brunswick.

Niu said, "I think yesterday's game was actually worse than the other games because we were so tired because the game before we played against Brunswick was four or five hours and everyone lost their energy cheering and stuff. So this game was like our tired game in a way, a lot of us were exhausted, and we still won. I think [it's] our spirit. Cheering. We cheer for each other really well. You know if we see someone win a point on another court, we like say let's go and their name or you know some other sayings that we have. Our captains are pretty good at giving us motivation."

Jeremy Liao '24 shared a similar sentiment to Niu regarding the importance of positive energy amongst the players. Supporting one another is the key to defeating opponents, especially when the team is worn out from back-to-back games, according to Liao.

"Honestly, we were a little tired. We played Brunswick on Friday and that was one of the hardest games we played yet, and everyone was really tired. But I think despite that, our energy was still really high, and still supporting each other and staying in it," said Liao.

Co-Captain Kian Burt '24 believes that even a little motivation on the court in the heat of the moment can go a long way. Burt recalled a simple moment of support and camaraderie among his teammates prior to their successful play.

Burt said, "Kevin and Avery, two [Juniors] on the team, and it was right before the momentum shifted towards their favor. They were really just high-fiving each other, trying to get their energy up, and it was very nice for me to see. Great attitude."

Due to inclement weather, the Taft match was moved indoor to the Snyder Center. Niu believes the dreary weather led to a lower morale as compared to the Brunswick matches.

"Outside is a lot better, but it was raining, so we had to move inside. But I mean it's always a good, its never a bad spirit. There are always some cheers at least today. There was not a real reason to cheer that hard. I think there was a good spirit, but not as good as the Brunswick one because that one was way closer. Whenever the game is closer, the spirit is better," said Niu.

Avery Zheng '25 believes that the rainy conditions and continuation of the matches indoors may have been a fortunate occurrence for the team.

"We had an advantage because the Snyder courts are different because I think Taft practices outside on a hard court and inside Snyder it's a track, so the ball moves really slow," said Zheng.

Co-Captain Ethan Wong '23 and Burt are looking ahead to the season's upcoming matches. Both believe that despite the team's hot start, it needs to continue developing its chemistry.

Wong said, "We still have a lack of chemistry between our team. We don't have uniform communication. We are still lacking that, but overall, we have good chemistry and support one another."

Burt added, "I think as a team we still need some [chemistry], at least for doubles. We are still trying to figure out which pairs work best, and I think during practice, we could structure it a bit differently to fit everyone's needs as a player. And I think as the season goes on, we will get other people's thoughts and improve practice."

Boys Tennis will take on Milton on Friday in hopes of extending its undefeated record.

Katerina Kokkotos
Apr 15, 2022

Boys Tennis Surmounts Phillips Exeter Academy Following Loss Against Groton

Despite the absence of Andover's number one seed and Co-Captain Ethan Wong '23, Boys Tennis was able to clinch a 5-2 win against Phillips Exeter Academy. This result followed Andover's first loss of the season last Friday, falling short 2-5 away against Groton. The team's record now stands at 7-1.

According to Jeremy Liao '24, the results of the matches against Groton were a product of unfortunate circumstances. He believes the absence of Co-Captain Kian Burt '24 due to injury played a part in Andover's loss.

"We knew Groton was going to be tough. We prepared hard during practice, but it wasn't enough. It was unfortunate that we didn't have Kian in because his back was

[injured], but it was close. We have like two or three matches that went into a third set tiebreak. So honestly, if we had Kian, we probably could have won that," said Liao.
Kevin Niu '25 concurs; he claims that Groton was a much tougher opponent than Exeter. Although the match was decided by tight margins, he believes that Groton had a more balanced lineup, with players of higher levels of physical strength.
"The Groton one was very close. We lost three tie breakers. [Exeter] felt much easier. [Groton's] lineup was very balanced from one to six…They were obviously better, [as we can see] from the scoreline. Exeter's players are built, but not as physically strong [compared to Groton]. Their technique was a little worse," said Niu.
Co-Captain Alex Zhu '23, though disappointed with the loss to Groton, praised the team for its performance and team spirit while away at Exeter.
Zhu said, "I think the team performed well, especially at Exeter, where people weren't really cheering us on. We have to really find the spirit within us to cheer each other on, and I think we were all able to do that today."
In addition to Burt's absence on Friday, the team's lineup was missing Wong, Andover's first seed singles and doubles player, against Exeter. This resulted in a shifted line-up, with new partner combinations for the doubles matches. Zhu, along with Niu, highlight Eddie Wang '24 for his perseverance in pushing through the number one singles match whilst experiencing full body cramps.
"I want to highlight Eddie because today he played the number one against Exeter. He played a really good match and his whole body started cramping and he still pushed through and finished the match, even though it was super painful," said Zhu.
In addition to Wang's performance, all three players highlighted Chase Burke '25, who recently moved up from Varsity B to Varsity. Niu claims that Burke played impressively in both his singles and doubles match with Wang.
Niu said, "Today, Chase and Eddie played together for the first time. They seemed to be cruising. We're still deciding if that could be a future doubles [pair]. Chase seemed pretty strong in both singles and doubles"
The team will next face Roxbury Latin, the only team that Andover failed to defeat last season. Liao has mixed feelings about the upcoming match, feeling nervous but yet comfortable being familiar with the team's lineup.
"Our next game is against Roxbury Latin, which last year was the only team that we did not beat, which is tough but I think we're pretty familiar with their lineup…all we can really do is pair and play it on Friday," said Liao.
Andover looks to extend its record to 8-1 as it travels to Roxbury Latin on Friday.

Lena Ciganer-Albeniz
May 6, 2022

Kian Burt '24 Serves As A 'Constant Presence' For Boys Tennis

Although Co-Captain Kian Burt '24 is younger than most sports captains at Andover, he has proved himself just as worthy. With guidance from his older brother, Aidan Burt '21, Burt has learned what it means to be a good leader for the team.
Burt said, "We don't have any Seniors on the team this year, which is unfortunate, but it's also a great thing because we are a very strong team in my opinion. And I think as a Lower, I'm able to connect with the [Juniors] but still able to communicate with the Uppers. I feel like being in this middle position just kind of makes me like a medium [between everyone on the team]… [My brother, Aidan, is] definitely very smart about his tennis game. Last year, he was definitely an inspiration for me and the whole team and quite literally, like a role model. We're fortunate to have him as an assistant coach this season, which is very nice."
According to Ethan Wong '23, the relationship between both of the Burt brothers has contributed to Kian Burt's success as a co-captain, given the Burts' experience with playing on the team, knowing its people and the coaches.
"Because his brother was here, and I guess he is really close to his brother, being on campus and hitting with solo players and meeting the coaches, really helped him lead because of his experience with the team and because of his knowledge of the team. Additionally, he is very mature for a Lower, so I guess his maturity really, I guess, helps him understand what the team needs to do and how he needs to lead." Wong said.
Burt used to view tennis as an entirely individual sport. It was not until he came to Andover that he focused on the team aspect of it, as he first-hand got to experience the warmth of his team's cheer on and off the court.

"Tennis was more of—or at least like competitive tennis—[was] more of an individual thing. You go compete individually in tournaments around New England, I did a couple of those… I think at least freshman year I was playing tennis, my brother was a Senior and captain. It was a very different experience to be able to play with teammates and to hear them in the middle of a match. You win a play and then across the court, someone starts cheering for you. That's a very different feeling than a tournament, where you're by yourself on the court. It's silent. I think that aspect made me appreciate that." Burt said.
According to Burt, he as co-captain strives to support the team by being an encouraging presence and offering assistance when needed. Despite his current injury, Burt continues to lead as an encouraging presence to his teammates.
Burt said, "I try to be there and motivate people and just be a constant presence when I can. I mean, these past couple of weeks I've been injured, so I haven't been able to be as active as I would like, but definitely what I intend to do [is be there for the team.]… [I strive to] connect with all the players and just offer them advice or anything they might need."
Kevin Niu '25 agreed with Burt's emphasis on being a constant presence for teammates. Niu stated that Burt is extremely helpful to everyone, particularly Juniors, but generally to all members of the team, regardless of grade level.
Niu said, "He gives tips to all three [Juniors] on the team or if he sees something or anything, he'll just tell us encouraging cheers. But the biggest thing is I've always noticed him giving tips to everyone."

Monisha Kathika
May 13, 2022

Co-Captain Ethan Wong '23 Leads Boys Varsity Tennis with Focus and Collaboration

Leading the team to an impressive season, Co-captain Ethan Wong '23 encapsulates a great leader who goes above and beyond to inspire his teammates. After a much awaited return after Covid, Boys Tennis began its seasonal momentum through the captains' continuous efforts to build team chemistry and win matches.
Co-captain Kian Burt '24 recognizes Wong's presence for each player, a characteristic that has influenced how the young team learns and communicates with the captains as a whole. The ability to connect with team members has allowed bonds to shift into place faster between each member, creating a thoughtful environment to learn and compete, according to Burt.
"I think at the beginning of the season, we were all just trying to figure out, what's it going to be like, our first full season since Covid. I think at least now we'll sort of have a rhythm through practice and our matches on Wednesday, Friday or the weekend. I think Ethan especially has been able to lead the team by example through just being there at practice, being there cheering on teammates, [and] always trying his best," said Burt.
The foundation of the team are the individual players, who, over time, learn to embody each other's talents and work together to win matches. Similarly, Wong emphasizes the importance of rooting for teammates to show that you have their back regardless of the outcome. This uplifts each member to play not for themselves, but for the team.
"I feel like we bond quite well, as a team. As, obviously, we get to [be with each other] five to six days a week, if you count in the games. We spent a lot of time with each other. And obviously we cheer each other on during matches. And I think that experience has created a really tight bond as [every] individual victory lifts [and changes] the fate of the team, the fate of us, our victory. And so in that way, each individual embodies the team. So I feel like that really allows our team to get a good understanding of each other, and support each other and create a very tight bond," said Wong.
Burt shares similar sentiments to Wong, recognizing that acts of encouragement bring people together, as everyone can rely on each other, even when they are competing against one another during practice. To Burt, it has been a tremendous experience seeing everyone get closer over the course of the season.
Burt said, "I think, at least now during practice, we're always playing tennis together. We're always cheering each other on. During practice, like tie breaks, for example, after we finish [you might] look across and cheer on another teammate who is a great shot. I think at least this season. It's been nice to see this team come together."
Additionally, regarding captain collaboration, Burt recognized how Wong and Co-captain Alex Zhu '23 handle difficult matches together. Thus far, Boys Tennis has lost only two out of nine tournaments, an impressive record. Though Burt focuses directly on the aftermath of tougher competition where all three captains share a common perception of self-reflection and not holding the loss too close to the heart.
Burt said, "I think Ethan and Alex are very experienced tennis players. They played lots of tournaments… They know the feeling of losing a match that you definitely could have won. I think with that experience, they

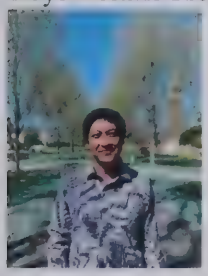
have this understanding. At least for after a tough match, you just have to focus and regroup and [reflect on] what you could do better and channeling into your experiences."

With seven more tournaments remaining, Wong emphasized the goals for this season. He hopes that the team can play and win the New England Preparatory School Athletic Council (Nepsac). Beyond this season, since every player will be returning, Wong hopes that each individual can channel their talents for exciting years ahead.

"Since this season, I really hope that we can win Nepsac. Obviously, we have a really strong team. And although we've had two losses, so far, those losses were all really close. And one of the losses, we actually didn't have our full roster against any of the other two schools that we lost against. So I hope if we can have a full roster and play at the Nepsac, and everyone performs rather well, then I really hope we can win Nepsac. And for next year, another upside to not having Senior members in our team is that nobody is leaving. So from here, the team only gets better," said Wong.

Nabilah Nazar
May 13, 2022

Boys Tennis Head Coach Leon Calleja Emphasizes Support Among Players



For Andover Boys Tennis Head Coach Leon Calleja, the courts are a place for him to instill responsibility in his team while making it an exciting place to be after a day of classes. He emphasizes camaraderie amongst teammates and supports each player both in practices and in matches.

According to Calleja, his support as a coach comes in the form of reminding the team of the support team members have for each other. Although tennis is an individual sport, he believes that the team aspect of the sport is especially important.

"[The best way to support the team is] showing how much the team cares about each other. The great thing about my team, all the players really sort of love each other and get along well and I think there's a really consensus team camaraderie between the players. The one thing I always tell them, when trying to motivate them, is how much the team supports them and how much I'm proud of the play as a part of a team. I think that's very unique to tennis because in tennis usually, you're not playing on a team. You're playing by yourself. But that's something that I really try to focus on," said Calleja.

According to Chase Burke '25, Calleja constantly has a positive attitude, which reflects back on his team. Nonetheless, Calleja is constantly pushing his team to be the best it can be, no matter the circumstances.

"One quality that makes Coach Calleja a good coach is the excitement that he brings to every practice. And you can tell he loves tennis, he loves what he does, he loves being a coach. It makes tennis just more enjoyable, he makes practices more enjoyable, and he makes going to matches enjoyable. He is definitely a coach that is going to push you to work hard but he is also a coach that makes you love the sport you play, he's not a coach that going to make you shy away from the sport that you love and he is going to encourage you to work hard while having a good time," said Burke.

Co-Captain Ethan Wong '23 highlighted the constant responsibility and commitment that Calleja has for the team. He is always at practice ready to coach and keep practices organized and effective. Wong feels that Calleja's commitment to his athletes has largely affected the team's success this season.

"Having responsibility and being there is a motto for the team. Because he is always there it is reflected onto us to always show up at practice. We even sometimes stay behind practice because he stays behind a while as well. We just go overtime, I feel like just that's why our team has found success over the season because we put in the practice other teams are not putting in and that's because coach is willing to stay there with us," said Wong.

Burke emphasizes the feedback that Calleja gives during practice. He also highlighted Calleja's understanding of the injury. Calleja's priority is always his team and he shows that when coaching.

"One thing he does is just give feedback during practices. He does a good job working to improve the things you want to improve. He looks out for you when you have an injury. He encourages you to go to the trainer. He wants everyone to be healthy. He's encouraging during matches and he will cheer you on and give you advice when you are struggling. He just does everything he can to bring the best out of his players," said Burke.

Meg Stineman
May 13, 2022

Girls Varsity Tennis
2022

Coach: Deborah Chase

Captain: Nicole Lee
Managers: Catherine Cho

Overall Season Record

Win	Loss	Tie
10	2	0

Letter Winners:

Catherine Y. Cho
Lena Ciganer-Albeniz
Sara Coddington
Claire A. de Saint Phalle
Nicole W. Lee
Ananya B. Madduri
Amy Oku
Tara B. Phan
Emory Wilson
Elizabeth Zhang

Award Winner: Banta Tennis Trophy – Ananya Madduri

Girls Varsity Tennis
2022 Schedule and Results

Sat	04/02/2022	Tennis GV	Choate 22 only	H	4:00 PM	8-1	W	
Wed	04/06/2022	Tennis GV	Groton	A	3:15 PM	6-3	W	
Sat	04/16/2022	Tennis GV	Winsor	H	1:00 PM	2-7		L
Wed	04/20/2022	Tennis GV	St. Paul's	A	3:30 PM	7-2	W	
Wed	04/27/2022	Tennis GV	Deerfield	H	4:00 PM	5-4	W	
Sat	04/30/2022	Tennis GV	Exeter	H	3:00 PM	7-2	W	
Mon	05/02/2022	Tennis GV	B. B. & N.	H	4:45 PM	8-1	W	
Wed	05/11/2022	Tennis GV	Milton	A	3:15 PM	Canceled		
Wed	05/18/2022	Tennis GJV	Thayer (modified roster of JV players)	H	4:00 PM			
Sat	05/21/2022	Tennis GV	NEPSAC	A	11:00 AM	5-2, 5-2	W, W	
Sun	05/22/2022	Tennis GV	TOURNAMENT	A	11:00 AM	3-5		L
Wed	05/25/2022	Tennis GV	Exeter	A	3:00 PM	5-4	W	

Phillips Academy
Girls Varsity A Tennis 2022

Name	Yr	Hometown
Catherine Y. Cho	2022	Seoul, KOR
Lena Ciganer-Albeniz	2025	Tokyo, JAP
Sara Coddington	2023	Bratislava, SK
Claire A. de Saint Phalle	2022	Sun Valley, ID
Nicole W. Lee	2022	Hong Kong, CN
Ananya B. Madduri	2023	Hong Kong, CN
Amy Oku	2025	Hinsdale, IL
Tara B. Phan	2024	Bangkok, TH
Emory Wilson	2023	Alexandria, VA
Elizabeth Zhang	2022	Andover, MA

Coach: Deb Chase

In The News

Girls Tennis Triumphs over St. Paul's , remains Undeafeated on the Season

Andover 7
St. Paul's 2

Despite having four players out due to Covid-19, Andover Girls Tennis brought home the win, beating St. Paul's 7-2. The team remains undefeated throughout its first three games of the season.

Amy Oku '25, a seed two player, expressed the perseverance of the team. Almost half of the team were not able to play, which caused seed changes and partner changes, slightly affecting the level of play according to Oku.

"We have… four people from our team gone. [So] it was a big part of my team missing out. But we kind of adjusted and then I was put with a new partner. And the lineup was really staggered in a way because you're missing so many people. But I think in the end, we found a way to kind of cumulatively come together and hype each other up. And even though we were missing some really important players on the team, [we] were able to pull through and then come up with a really good one," said Oku. Lena Ciganer '25 described the team's current state as a positive progression. Ciganer believes that the team has done a great job learning from matches and practicing consistently, but an area of growth would be getting comfortable in receiving unexpected serves and communicating better on the volleys. Still, Ciganer is confident in her abilities on the court and towards the growth of the team collectively.

"I think the team overall has definitely improved since the beginning of the season already. But I think we still need to work on our serve and receives because especially in doubles, it's really important to get those consistently in order to win, like a flea. But I think our volleying has improved. We've been working on a lot of volleys in practice. My partner and I struggled to kind of[receive] the volleys that came at us often. And personally, I mean, I want to work on volleying, I think for singles. I'm in pretty good shape," said Ciganer. Coach Deb Chase credited the team for pushing through difficult situations that were not in their control. Along with missing a few key players, the weather also propped up to be an obstacle on the way. Though everyone adjusted well and came out winning crucial matches, Chase states.

Coach Chase said, "We've been working a lot on doubles and on playing more aggressively in general, so as to create opportunities to win the points more effectively and efficiently. Yesterday, the team adjusted well to tough wind conditions and after solid doubles play, came out and won their singles matches with conviction."

Additionally, because of the team's shortcomings, Claire Cheng '25 moved up from Varsity B to Varsity A to play against St. Paul's. Oku highlighted Cheng's performance because she was able to persist in the face of difficult demands. Achieving chemistry between partners when not practicing together is difficult, but Cheng was able to pull it off.

Oku said. "Honestly, I think Claire, because she had to play out from her team, which I think is like a lot of pressure as someone, that she wasn't even playing for her own team. But she did really well

yesterday. And I was really proud of her because she really stepped up into the spotlight. And I also think Nicole did [well], because she was my [match]partner. And I was not in the right headspace. But she was really helping me at every point."

For the future, Ciganer is prioritizing her teammates' health, mentioning that team connections are crucial in having smooth matches. Again, she is assured of her team's talents and is hoping to hone in on those for the tougher competitions ahead.

"So next up, we're playing Deerfield. I don't really know about their level. But my first priority is for the team to get back together. Because obviously, we're still missing, like quite a few people from the team. So the first thing that I want is everyone to come back together. And I just hope we can. We have like a few challenging matches that we haven't played yet. So I just hope we can win all of our matches, because I think we're capable of doing that," said Ciganer. Andover will face Deerfield at home on Wednesday.

Phillipian Writer: Nabilah Nazar

Head Coach Deborah Chase Leads Girls Tennis with Reliability On and Off the Court

Girls Tennis Head Coach Deborah Chase's main mission is to blend the individual aspect of tennis with a more team centric approach. By promoting and emphasizing the core values of togetherness and unity, Chase looks to impart upon her players the same love for the sport that she found during her childhood.

Coach Chase notes the importance of mutual respect among both the players and the coaches alike. She believes that appreciation and positive energy are something critical to the foundation of the team and something she strives to embody in her leadership.

"Hopefully, I [bring the team together] by treating everybody with the same respect no matter where they are on the lineup and with the same kindness and I have the same expectations for the number one on the team and number nine on a team as far as work ethic and the respect that they have for the game. I think, as best I can, I try to make everything about the team and not about individual wins. But we win as a team, we lose as a team. We also do activities off the court as well. You know, things like coming to my house. I encourage the captain's to focus on team unity as well," said Coach Chase.

Co-Captain Ananya Madurri '23 touched on Coach Chase's ability to connect with players on a personal level. Madurri thinks of Coach Chase as someone she can always count on both on and off the court. Madurri said, "I admire her calmness and composure throughout this entire term of like, random matches because of you know, Covid and all this stuff. She's like a little second mom to me, she's always checking on us every day so I love it. I love everything about her."

Fellow Co-Captain Nicole Lee '22 shared a similar sentiment to Madurri, noting that Coach Chase is as helpful as she is reliable. She pointed out how Coach Chase helped nurture her into the captain she is as well as provides technical tips to improve specific areas of her game Lee said, "I've really learnt so much from Coach Chase. I have been fortunate to be on the team since my [Junior] year. And I think the things that she's taught me and the values that she's instilled in me have all been in prepartion to take more of a leadership role on the team, now being the senior captain. Of course she teaches us technical or tactical strategies for when we get out there and play, but she really showed me the influence I can have on the team because I think as a freshman, I didn't see that in myself. Having her support at all

times through everything, not just tennis, has been super amazing. She's always someone I can turn to for everything."

Coach Chase does her best to get the best out of others. She believes that oftentimes, players may not feel confident or feel like they can perform, but part of her hope as a coach is to guide every player along their own path and get the most out of themselves. "I try to be challenging, encouraging, motivating, and, you know. Like I know what I do, but I try to get them to see the best in themselves and to work on to focus on one or two things in their control and to set measurable goals, short term and long term. I just keep encouraging them, and help them find pathways to be their best selves," said Coach Chase.

While she certainly does acknowledge the tribulation that the last couple of years have brought, Coach Chase doesn't want it to get in the way of her players achieving their goals and hopes that as the season progresses, the team can work together to achieve them. Coach Chase said, "I try through mentorship and through words and actions and following through and making sure that I know the needs of the players. We're all focused on that we know what our goals are, and that we, you know, do our best to work together, this year, especially with so many people being in and out with different illnesses and injuries

Phillipian Writer: Monisha Kathika

Boys Varsity Track
2022

Coach: Keri Lambert

Assistant Coaches: Jason York, Allie Booth, Rich Gorham, Elizabeth Joseph, Matt McMasters, Casey Smith, Garret Richie, John Rex, Nick Zufelt

Captain: Nick Koobatian & Cato Legaspi

Overall Season Record

Win	Loss	Tie

Letter Winners: Aidan Dawson Lin, Aidan Robert Porter, Alexander Kim-Hyunchul Shieh, Cato Crist Legaspi, Charles C. Benjamin, Constantinos Theodoros Krenteras, Daniel Sung Hyun Bae, Daniel Hart Ferris, Darren Zhu, Diego Asalon Echeverri, Emerson D.D. Kington, Emilio Lozada, Hiram K. Johnson II, Chunze Jack Li, Jaeyong Shim, Jeremy Ting-Yang Lin, Joshua J. Park, Kamen Kaleb, Kiefer Chase Ebanks, Kurt Andrew Meyer, Matthew K. Ottenbreit, Max P. Huang, Nathan Thomas K.S. Godsey, Nicholas G. Koobatian, Nolan J. Goldthwaite, Patrick G. Flanagan, Safwat I. Omar, Abdiasis M. Daauud, & Tamrat A. Gavenas

Award Winner: Sorota Trophy - Nicholas G. Koobatian

Boys Track
2022 Schedule and Results

Sat	04/09/2022	Track & Field B	Andover HS	H	1:30 PM	Canceled
Sat	04/16/2022	Track & Field B	Deerfield/Taft	H	3:00 PM	76 points 2nd
Sat	04/23/2022	Track & Field B	Deerfield - Hunt Relays	A	12:00 PM	
Wed	05/04/2022	Track & Field B	St. Paul's/Concord	A	3:30 PM	Canceled
Sat	05/07/2022	Track & Field B	Loomis/NMH/AOF	A	4:30 PM	97 points 1st
Wed	05/11/2022	Track & Field B	Cushing/Pingree/Concord/ SPS	H	3:30 PM	211.5 points 1st
Sat	05/21/2022	Track & Field B	INTERSCHOLS	A	10:00 AM	71.33 points 3rd
Sat	05/28/2022	Track & Field B	Exeter	H	1:00 PM	55-89

Boys' Track
2022 Roster

Roster Name	Hometown	Year
Daniel S. Bae	New York, NY	2023
Charles C. Benjamin	Reading, MA	2023
Theodore S. Berman	Armonk, NY	2025
Bodhi Beroukhim	Brookline, MA	2025
Arnav P. Bhakta	Andover, MA	2022
William E. Buehler	Greenwich, CT	2024
Glen M. Cahilly	Old Greenwich, CT	2023
Lundeen B. Cahilly	Old Greenwich, CT	2024
Mario E. Calvo	Manhasset Hills, NY	2024
Bryan C. Chyu	Seoul, KR	2023
Abdiasis M. Daauud	Waqooyi Galbeed,	2023
Emmanuel B. DeAngelis	Newbury, MA	2024
Grant D. DeHoog	Box Elder, SD	2025
Darren D. Donovan	North Andover, MA	2025
Kiefer C. Ebanks	Georgetown,	2023
Diego A. Echeverri	Lawrence, MA	2022
Aren J. Egwuekwe	Murphy, TX	2022
Vance M. Fabrizio	Beverly, MA	2024
Daniel H. Ferris	North Andover, MA	2022
Patrick G. Flanagan	Boxford, MA	2023
Kevin I. Flores Blackmore	Mexico City, MX	2023
Tamrat A. Gavenas	Andover, MA	2025
Nathan T. Godsey	Honolulu, HI	2024
Nolan J. Goldthwaite	Andover, MA	2022
Kwabena K. Gyamfi	Bloomington, IL	2022
Isaac A. Heitmann	Andover, MA	2022
Max P. Huang	Montclair, NJ	2024
Ryan S. Huang	Andover, MA	2024
Fred W. Javier	Bronx, NY	2023
Hiram N. Johnson	Matthews, NC	2022
Kamen Kaleb	Cambridge, MA	2025
Yifan Kang	Shenzhen, CN	2024
Arun Kapoor	Inverness, IL	2025
Rohan Kapoor	Inverness, IL	2023
Laerdon Y. Kim	Lincolnwood, IL	2024
Theodore B. Kim	Hong Kong, CN	2023
Emerson D. Kington	Andover, MA	2024
Nicholas G. Koobatian	Madison, CT	2022
Constantinos T. Krenteras	West Orange, NJ	2024
Joshua J. Lee	Chicago, IL	2024
Cato C. Legaspi	Andover, MA	2022

Matthew C. Leonard	Andover, MA	2024
Chunze Li	Malden, MA	2023
Nathan A. Liang	Carmel, IN	2025
Dawson A. Lin	Aspen, CO	2023
Jeremy T. Lin	Stamford, CT	2022
Todd A. Lin	Aspen, CO	2025
Emilio Lozada	Mexico City, MX	2022
Keegan J. Markgraf	Whitefish Bay, WI	2025
Brayden J. Massaro	Haverhill, MA	2023
Brian J. Masse	Reading, MA	2023
Peter C. Massicotte	North Reading, MA	2023
Alexander Mazzarelli	Moscow, RU	2024
Matthew C. McGrath	San Anselmo, CA	2023
Kurt A. Meyer	Ridgewood, NJ	2023
Adrian A. Morrison	Brooklyn, NY	2023
Izunna D. Obiora	Lincoln, RI	2022
Sadaqat Omar	Dhaka, BD	2022
Safwat I. Omar	Dhaka, BD	2023
Ozochi A. Onunaku	Brooklyn, NY	2025
Horatio A. Orbon	Weston, MA	2025
Matthew K. Ottenbreit	New York, NY	2022
Miles E. Palmer	Byfield, MA	2023
Joshua J. Park	Seoul, KR	2022
Leo W. Peters	San Leandro, CA	2024
Aidan R. Porter	Ticonderoga, NY	2023
Ethan Qi	Andover, MA	2023
Avin I. Ramratnam	Tiverton, RI	2024
Langston M. Reid	Kilchberg, CH	2024
Russell G. Robinson	Avon, CT	2025
George H. Ryckman	New York, NY	2024
Nigel C. Savage	Fayetteville, GA	2023
Matthew D. Schneider	New York, NY	2024
Joshua B. Seiple	Marion, MA	2023
Alexander K. Shieh	Andover, MA	2023
Jaeyong Shim	Andover, MA	2023
James R. Snow	New York, NY	2025
Robert E. Swan	Pelham, NH	2025
Henry T. Ty	North Andover, MA	2024
Winston-Hughes B. Wall	Adams, MA	2025
John A. Wang	Andover, MA	2022
Matthew D. Wasilewski	North Reading, MA	2024
Bryce Waweru	Lawrence, MA	2024
Andrew K. Wen	Fremont, CA	2023
Andy Xu	Andover, MA	2024
Anthony Yang	Charlotte, NC	2025
Zhouchen Zhang	Burlington, MA	2023
Darren Zhu	Beijing, CN	2024

Coach: Keri Lambert
Assist Coach:
Managers:
Director of Athletics: Lisa Joel
Athletic Trainers: Zach Kershaw, Mike Kuta, Devin O'Reilly, Amy Wiggins

In The News

Boys Track Places Second Against Taft and Deerfield in Season Opener

April 22, 2022

Andover 76
Deerfield 79.5

Andover 76
Deerfield 24.5

Katerina Kokkotos

Patrick Flanagan'23 places first overall in the javelin throw

Boys Track was amped to take on Deerfield and Taft this past Saturday, coming away in second place. The score between Deerfield, Andover, and Taft was 79.5- 76-24.5 respectively.

With a number one finish in javelin from Patrick Flanagan '23 as well as Constantine Krenteras '24 filling a last minute substitution in the four by four relay, Andover was able to achieve great success in the first full meet of the season, taking second by 2.5 points to Deerfield

Co-Captain Cato Legaspi '22 found the meet exciting after waiting a week to kick off the season. He was very proud of his teammates and acknowledged that many met or surpassed their personal bests in various events. "I think we knew it was going to be competitive with both teams. Deerfield has a really strong program…It was super exciting as a lot of people set personal bests in the field events, the sprints and the relays did really well. It was an exciting day, especially after last week as the meet was

canceled because of the rain. I was able to set a personal best in the shot put with a distance of 47 feet 2 inches, which was exciting. I was able to take first place in the discus as well. I was happy to help the team, I scored 13 of our points, so I was pretty proud of that. Hoping to help next week in the Deerfield relays, which are team-oriented," said Legaspi. Flanagan shared a similar sentiment to Legaspi, bringing to light notable performances by Aidan Porter '23 in shot put as well as Charlie Benjamin '23 in javelin.

Flanagan himself had nothing short of a noteworthy performance, bringing home first place for Andover in his first meet throwing javelin. Flanagan said, "For me personally, I competed in the javelin event and it went really well for me. It was my first time competing in a track meet, let alone javelin, and I ended up winning it all for Andover by just a small measure of three feet…Benjamin is a javelin thrower as well and he hadn't been practicing javelin too much, but on the meet day, he threw some of the best throws I had ever seen and came super close without much practice or technique. Porter threw the shot put and he went over his personal best and ended up coming in second. I am super proud of him for that."

According to Porter, it was the support and encouragement of teammates that allowed for his success. He found these qualities crucial in fostering a positive team atmosphere. "Everyone is really good about cheering on one another. It was really awesome at the end of the meet when everyone circled around the pole vault runway and watched Kurt Meyer ['23] do his last few pole vaults, that was a pretty special moment. I think just the fact that everyone is really willing to help out one another and cheer on one another makes for a really good team atmosphere," said Porter. Flanagan agreed with Porter about team effort and enthusiasm. He pointed out that while everyone may not be fully acquainted, the team is still a family. "There are a lot of people on the team, so it's hard to know everybody, but everyone cheers for everyone like they are their best friend. Track is often seen as an individualistic sport, but definitely a strength of the team this early into the season is that it's a big family feel, there's a lot of support and energy coming from the team. You see someone running and maybe they aren't doing their best, but you can see everyone on the sidelines going crazy for them and maybe push them a little bit harder," said Flanagan.

Legaspi also set goals for the team to work on in the coming weeks as Interschols approaches. He mentioned how essential repetition and technique will become in the future of the season. "For the field events getting pickier about our forms, things need to be slightly tweaked to get more distances. For the runner getting more reps. Either way, you are getting strong. Our goal is to speak at the Inter School meet in May. Just trying to build our endurance, speed, and strength so that by the time the important meets come around we are ready."

Boys Track hopes to claim another victory against Deerfield on Saturday

Girls Varsity Track
2022

Coach: Keri Lambert

Assistant Coaches:

Captain: Myra Bhathena & Kiera Suh

Overall Season Record

Win	Loss	Tie
4	1	

D1 Championship Runners Up

Letter Winners: Abigail An-Yen Cheng, Anabelle Olivia Biggs, Annabel ShenTu, Ashley Agyeman, Caroline Elizabeth Empey, Caroline Wing Ka Ho, Charlotte Dickerson Whitehurst, Emily Elizabeth Cain, Emma Elizabeth Hagstrom, Mya Adetola Ademilola, Esme Warner Huh, Hayden Fischer, Isabel Tu, Jane Ellen Tompkins, Kendall Elizabeth Toth, Kiera Nguyen Suh, Lilliana E. Keim, Maya Leyna Sharar, Myra Bhathena, Eleanor Riese DeHoog, & Kaeley Lori Pierre

Award Winner: Sorota Track Trophy – Charlotte Dickerson Whitehurst

Girls Varsity Track
2022 Schedule and Results

Sat	04/09/2022	Track & Field G	Andover HS	H	1:30 PM	Canceled	
Sat	04/16/2022	Track & Field G	Deerfield/Taft	H	3:00 PM	91 points 1st	
Sat	04/23/2022	Track & Field G	Deerfield - Hunt Relays	A	12:00 PM	Won 8 out of 17 events	
Wed	05/04/2022	Track & Field G	St. Paul's/Concord	A	3:30 PM	Canceled	
Sat	05/07/2022	Track & Field G	Loomis/NMH/AOF	A	4:30 PM	77 points 1st	
Wed	05/11/2022	Track & Field G	Cushing/Pingree/Concord/SPS	H	3:30 PM	170.5 points 1st	
Sat	05/21/2022	Track & Field G	INTERSCHOLS	A	10:00 AM	105 points 2nd	
Sat	05/28/2022	Track & Field G	Exeter	H	1:00 PM	88-57	W

Girls Varsity Track
2022 Roster

Roster Name	CityAndState	Year
Mya A. Ademilola	Jackson, NJ	2022
Agnes C. Agosto	Hopkinton, MA	2024
Ashley Agyeman	Bayside, NY	2024
Darielys Almonte	Lawrence, MA	2025
Isabella Alvarez Martinez	Lexington, MA	2023
Karla D. Aouga	Newark, NJ	2024
Sonia C. Appen	New York, NY	2024
Sylvie H. Archer	Raymond, NH	2023
Jada S. Aryee	Bronx, NY	2022
Chloe Bao	Beijing,	2024
Myra Bhathena	Andover, MA	2022
Anabelle O. Biggs	Vineyard Haven, MA	2023
Emily E. Cain	Burien, WA	2023
Abigail A. Cheng	San Francisco, CA	2023
Parima Choophungart	Bangkok,	2024
Zoe Y. Chow	Hong Kong,	2022
Nishani S. Clarke	Kingston,	2023
Eleanor R. DeHoog	Box Elder, SD	2024
Caroline E. Empey	Andover, MA	2022
Vanessa Fan	Andover, MA	2023
Hayden Fischer	Chicago, IL	2025
Langan G. Garrett	Mill Valley, CA	2024
Leilani Glace	Brooklyn, NY	2025
Elyse C. Goncalves	Haverhill, MA	2023
Emma E. Hagstrom	Reading, MA	2025
Marcela A. Hernandez	Newburyport, MA	2025
Caroline W. Ho	Vancouver, BC	2022
Esme W. Huh	Birmingham, AL	2022
Lilliana E. Keim	Atlantic City, NJ	2025
Chloe A. Kindangen	Jakarta,	2023
Kennedy C. Leach	Phoenix, AZ	2025
Christine Lee	Fullerton, CA	2023
Clementine R. Lubin	Los Angeles, CA	2024
Isabell Luo	Belmont, MA	2025
Virginia L. Marshall	Andover, MA	2025
Danyella Mendez	Sunnyside, NY	2025
Natalia L. Muromcew	Jackson, WY	2022
Evangeline V. Murphy	Haverhill, MA	2025
Megha R. Narayanan	McLean, VA	2023
Anjolaoluwa Odukoya	Somerset, NJ	2024

Sophie A. Olafimihan	Lynn, MA	2022
Ashley S. Park	Seoul,	2023
Kaeley L. Pierre	Los Angeles, CA	2023
Naima L. Reid	Kilchberg,	2025
Nour Rustum	North Andover, MA	2023
Maya L. Sharar	Andover, MA	2023
Kennedy K. Smith	Chicago Heights, IL	2022
Yuliya Solyanyk	Uzhhorod,	2023
Kiera N. Suh	Andover, MA	2022
Maya L. Tang	Tallahassee, FL	2023
Jane E. Tompkins	Andover, MA	2022
Kendall E. Toth	Salem, NH	2024
Patricia A. Tran	Glenelg, MD	2024
Annabel S. Tu	Andover, MA	2025
Isabel Tu	Andover, MA	2022
Audrey K. Wan	San Francisco, CA	2025
Charlotte D. Whitehurst	Annapolis, MD	2022
Ella M. Williams	Topsfield, MA	2023
Wendi Zheng	Andover, NJ	2024

Coach: Keri Lambert
Assist Coach:
Managers:
Director of Athletics: Lisa Joel
Athletic Trainers: Zach Kershaw, Mike Kuta, Devin O'Reilly, Amy Wiggins

Girls Varsity Track
2022 Game Highlights

APRIL 16, 2022
Track and Field GV vs Deerfield
1ST 91-
PATF GIRLS CLAIM 1ST AT FIRST HOME MEET OF THE YEAR
After last week's cancellation due to thunderstorms and hail, PATF was more than excited to compete at home on April 16, 2022 against Deerfield and Taft. The day saw some exciting early-season performances from PATF. Ultimately, the Girls' team claimed 1st with 91 points; Deerfield and Taft earned 48 and 33 respectively. The Boys' team claimed 2nd, just 3.5 points behind Deerfield and about 50 points over Taft. Full results can be found here. A highlight reel can be found here.

APRIL 23, 2022
Track and Field GV at Deerfield - Hunt Relays
PATF HAS FAST AND FUN NON SIBI DAY AT DEERFIELD'S ALL-RELAY MEET
PATF had a strong showing at Deerfield's Hunt Relays! Between the Boys' and Girls' teams we competed in 17 events overall (eight girls, nine boys), and out of those we won eight (four boys and four girls) and placed second in five (three boys and two girls).

The meet wasn't officially scored, but PATF overall won more events (boys & girls combined, not counting junior events) than any other school. The meet was a fun chance to focus on collective goals rather than individual times.
Andover will compete next at St. Paul's School on May 4, 2022.

MAY 7, 2022
Track and Field GV at Loomis
1ST 77-
PATF GOES ON THE ROAD TO LOOMIS AND TAKE HOME TWO 1ST PLACE WINS
PATF traveled to Loomis Chaffee on Saturday, May 7 to compete against Loomis, NMH, and Avon Old Farms. Competition was tight but Andover managed to bring home wins on either side. Team scores were:
Girls:
- Andover: 77
- Loomis: 76
- NMH: 27

Boys:
- Andover: 97
- Loomis: 94
- NMH: 45
- AoF: 28

Results not posted publicly online but are available upon request by contacting Head Coach Keri Lambert.

MAY 11, 2022
Track and Field GV vs St. Paul's School
1ST 170.5-
ANDOVER DOMINATES HOME MEET OVER ST. PAUL'S, PINGREE, CONCORD ACADEMY, AND CUSHING

PATF had a phenomenal day on the track and in the field against four visiting teams, namely St. Paul's, Pingree, Concord Academy, and Cushing.
The Girls' team won with 170.5 points over St. Paul's 67.5, Pingree's 52.5, and Concord Academy's 41.5.
The Boys' team won with 211.5 points over St. Paul's 36, Pingree's 31, Concord's 30.5, and Cushing's 25.
Results can be found at Athletic.net.

MAY 21, 2022
Track and Field GV at INTERSCHOLS
2ND 105-
PATF GIRLS CLAIM 2ND AT D1 CHAMPIONSHIP

PATF had a phenomenal showing at the Division 1 NEPSTA Championship hosted by St. Paul's School on Saturday 5/21/22. In blazing hot conditions up against strong rivals, the girls team took 2nd place and the boys team claimed 3rd. A total of 24 athletes contributed to the team scores, and every team member gave their all and then some to help PATF claim podium finishes.
Over the course of the day, six PATF athletes won a total of eight individual events, including captain Myra Bhathena '22 (100m H and 300 H), Anabelle Biggs '23 (Long Jump), Kurt Meyer '23 (Pole Vault), Josh Park '22 (110m Hurdles), captain Kiera Suh '22 (Triple Jump), and Charlotte Whitehurst '22 (3000m and 1500m). Coaches from all schools voted to name Whitehurst Meet MVP for her two exceptional races.
The team also claimed two new school records. Kiefer Ebanks '23, captain Nick Koobatian '22, Daniel Bae '23, and Emilio Lozada '22 combined to run 42.93 in the 4x100m. Koobatian also set a new school record in the 200m with a time of 21.70.
Two members of the team broke their own class records, including Tam Gavenas '25 in the 3,000m with a time of 8:53.11 and Kurt Meyer '23 in the pole vault with a height of 13'6".
Despite the challenging conditions, six team members managed to contribute to the team score in *multiple* events, including Esme Huh '22 (1500m and 3k), Daniel Bae '23 (200m and 4x100m), Charlotte Whitehurst '22 (1500m and 3k), captain Kiera Suh '22 (Triple Jump and Long Jump), captain Nick Koobatian '22 (4x100m, 400m, and 200m), and captain Myra Bhathena '22 (300m H and 100m H).
Moreover, the heat didn't subdue PATF's indomitable camaraderie. Throughout the day, team members uplifted one another with their exuberant support and passion for the program. On and off the track, PATF was a force to be reckoned with.
In all, PATF boys won 72.33 points, trailing behind Deerfield Academy (126 points) and Phillips Exeter Academy (115 points).
The girls' team won a total of 105 points, trailing behind Thayer Academy by just 4 points. In the last event of the day, PATF girls maintained their lead over Thayer by running 4:07 in the 4x400m, worth 6 points in 3rd; this would have meant PATF won the championship by 2 points, but the Rules Committee disqualified the relay team for an off-the-track technicality, causing the girls to ultimately place 2nd in the championship overall.
PATF's true strength showed when the girls' and boys' teams, disappointed by this turn of events, drew together to focus on their many successes on the track and in the field, their sportsmanship, and their relentless Non Sibi spirit.
Complete results can be found here.
PATF's last meet of the Spring season will be on Saturday 5/28/22, when we will host Exeter in our historic annual dual meet. It will be our final meet with the talented and beloved Class of 2022 before we wish them well on their next steps beyond Andover. Here's to seizing the day and ending the season on a great note!

MAY 28, 2022
Track and Field GV vs Exeter
W 88-57
PATF GIRLS CLAIM VICTORY OVER EXETER IN FINAL MEET OF THE SEASON

On Saturday, May 28th, PATF hosted Exeter for our final meet of the season. The Andover girls' team won 88-57. Full results will be posted to Athletic.net once they have been finalized.
The meet featured many impressive performances, including inspiring finishing kicks, major PRs, and great camaraderie. PATF is so sad to wish their Class of 2022 well but the team is excited to carry this energy and momentum into next year!

Girls Varsity Track In The News

Girls Track Distance Medley Relay Team Qualifies for Nationals

Enduring the cancellation of its first meet, Girls Track headed to Deerfield, where it was narrowly edged out of first place by Loomis Chaffee, despite boasting 68 points. The team's record now stands at 2-0.

Pierre '23 expressed their appreciation to have an away meet—a mark of the outdoor season. The new environment and numerous competitors from various schools allowed throwers like Pierre to engage and compete fiercely.

Pierre said, "We don't ever leave for the winter season, because we have the best indoor facilities and Covid has prevented us from anything in general, for the past couple of years. It was fun to see everyone, like a lot of schools compete… A lot of schools that are great at throwing. And we're actually comparatively pretty good."

Caroline Ho '22, who competed in the 4×100-meter relay pole vault emphasized the speciality of having a relay meet. These types of meets are unique since they allow for the collective team to compete for each other, rather than with each other, fostering a new sense of team unity.

"I had never seen a pole vault relay before or any other jumps individual event relay. So it was really interesting to see… but I think the relay really made it seem like a group effort. Even though track is like a lot of times an individual sport, so [that was] fun," said Ho.

Abbie Cheng '23 highlighted the successes of the meet, more specifically on the distance front. Cheng noted how the grit and perseverance of the runners allowed Girls Distance Medley Relay team to qualify for nationals.

"The girls distance runners performed really well and broke a meet record as well as qualified for nationals! It was fun to watch them crush it on the track and keep their drive even when they were so far ahead," wrote Cheng in an email to *The Phillipian*.

According to Pierre, even though competition is the basis of these events, sportsmanships is the foundation where competition is built upon. Pierre highlighted Loomis' performance in all the events, and that its dedication was appreciated by fellow competitors.

Pierre said, "Loomis has an amazing track record, and they got first overall. The throwers were so fast, and they threw so far, and they just had very high standards for themselves, which I really enjoy seeing them compete as a competitor. And you could just tell them like [they had] amazing coaching."

Similarly, Cheng values the level of enthusiasm the competitors had, which seeped through the whole meet, encouraging others to join in. All the different events received a plethora of cheering, which encouraged a positive atmosphere.

"For me, the highlight was the energy that other teams brought. The Deerfield athletes were super supportive of each other, and it was great to feed off that energy. They were so supportive [of the] high jump, too, so I loved how field events were valued as much as track events," wrote Cheng.

Additionally, Ho noted the importance of building chemistry within the large track team. As a relay meet, teammates were expected to work with and for each other. While doing so, a level of familiarity is needed to perform the best people can. With so many different people on the team, Ho

enjoys being a part of a community with different backgrounds—a valuable aspect that track has brought into her life.

"I'd say that a lot of it comes from team culture. We have team norms that we follow that are outlined. And we go over those, we started going over them this season. It's just a very supportive group. Especially since it's so diverse across grades. And I'd say that is a big part of it. Also, specifically with the Deerfield meet, it was all relay events. So even like jumps, events that typically don't have combined scores, it was all combined together as a group. So that made it a lot more fun and a sort of team-way," said Ho.

Regarding personal goals, Pierre hopes to improve their events through extensive practice and working closely with the coaches. But also engaging with different competitors they meet at events, which can bring a lot of joy.

"I want to PR. I [also] want to meet more people. Our next meet is at St. Paul's, and I want to talk to other competitors. I just have so much fun at those meets. Especially like just getting to know everyone else," said Pierre.

Andover will compete away against Concord Academy and St. Paul's on Wednesday.

Nabilah Nazar
Apr 29, 2022

Varsity Ultimate
2022

Coach: Scott Hoenig
Assistant Coach: Stephanie Cormier

Captains:
Managers: Sabby Clemmons, Noemi Elliott, Victoria Darling, & Juan Sepulveda

Overall Season Record

Win	Loss	Tie
12	2	

Letter Winners: Josephine H. Banson, Nathan L. Blumofe, Carlos F. Cepeda-Diaz, Sakina I. Cotton, Samuel G. Elliott, Lucas H. Garcia-Rogers, Devan E. Hernandez, Michael L. Hlavaty, Troy G. Keller, Linus C. Law, Adrian Y. Lin, Charles V. Murphy, Kei Obata, Benjamin B. Perez, Brooks C. Robinson, Benjamin J. Rowland, Serafina B. Shin-von Nordenflycht, & Everett K. Woo

Award Winner: Benjamin Rowland

Varsity Ultimate

Thu	04/07/2022	Newton North Ultimate	H	3:45 PM	15-4	W	
Sat	04/09/2022	N.M.H/Williston	A	12:00 PM	9-5, 12-6	W, W	
Tue	04/12/2022	Newton North Ultimate Girls	H	3:45 PM	9-15		L
Wed	04/13/2022	Concord-Carlisle	A	3:30 PM	9-15		L
Wed	04/20/2022	St. John's Prep	A	3:30 PM	15-5	W	
Mon	04/25/2022	Andover Ultimate Girls	H	4:00 PM	15-1	W	
Wed	04/27/2022	Lexington HS ultimate	H	4:00 PM	Canceled		
Sat	04/30/2022	Amherst Four Rivers (LS & Newton North)	A	9:00 AM	15-2, 13-9	W, W	
Fri	05/06/2022	Pingree	H	4:30 PM	15-3	W	
Tue	05/10/2022	Somerville Ultimate	H	4:00 PM	15-11	W	
Sat	05/14/2022	NEPSUL TOURNEY	A	9:00 AM			
Tue	05/17/2022	Masconomet Ultimate	H	3:45 PM	13-8	W	
Thu	05/19/2022	Concord Academy	H	4:15 PM	15-9	W	
Sat	05/21/2022	Four Rivers	A	9:00 AM			
Fri	05/27/2022	Andover Ultimate	H	7:00 PM	15-5	W	
Sat	04/09/2022	Williston	A	2:00 PM	10-3, 5-8	W	L *
Wed	05/04/2022	Somerville Ultimate	A	3:15 PM	13-2	W	*
Sat	05/21/2022	Four Rivers	A	9:00 AM			*
Fri	05/27/2022	Andover Ultimate	H	4:00 PM	9-4	W	*

*Girls

Phillips Academy
ANDOVER

Phillips Academy
Ultimate Varsity
2022 Roster

Name	Yr	Hometown
Josephine H. Banson	2022	Branford, CT
Nathan L. Blumofe	2024	Cambridge, MA
Carlos F. Cepeda-Diaz	2023	Boca Raton, FL
Sakina I. Cotton	2024	Cambridge, MA
Samuel G. Elliott	2022	Andover, MA
Lucas H. Garcia-Rogers	2022	North Reading, MA
Devan E. Hernandez	2023	Newburyport, MA
Michael L. Hlavaty	2023	Basking Ridge, NJ
Troy G. Keller	2022	Silver Spring, MD
Linus C. Law	2024	Painted Post, NY
Adrian Y. Lin	2022	Andover, MA
Charles V. Murphy	2023	Charlottesville, VA
Kei Obata	2023	Tokyo, JAP
Benjamin B. Perez	2023	Boston, MA
Brooks C. Robinson	2022	New Canaan, CT
Benjamin J. Rowland	2022	Andover, MA
Serafina B. Shin-von Nordenflycht	2025	Seattle, WA
Everett K. Woo	2025	Lexington, MA

Head Coach: Scott Hoenig
Assistant Coach: Stephanie Cormier

ULTIMATE FRISBEE

April 15, 2022

LENA CIGANER

Despite the temporary suspension of one of its games, Andover Ultimate Frisbee managed to clinch two wins over the weekend with a 9-5 win over NMH followed by a 12-6 win over Williston Northampton. However, the team faced their first loss of the season on Wednesday against Concorde Carlisle with a score of 15-9, bringing their record down 4-1.

According to Carlos Cepeda-Diaz '23, the team was able to adapt to new strategies during their game that it had not seen before. As one of the new players on the team, he noted that Ultimate involves more strategy than he expected when he started playing the sport. "[NMH and Williston Northampton] were the second and third games we played all season, and our team is relatively new to Ultimate because it's still, I guess, a sport that's growing and it's a program that's still growing at Andover… I thought that for a sport that has a lot more strategy than I think most new players like myself anticipated, it went really well, and it was about, I guess, adapting and learning a lot of new strategy on the fly since there's a big aspect to Ultimate that's just about play calling and responding to what the other team throws at you," said Cepeda-Diaz.

Camaraderie off the field has allowed for stronger bonds and trust between players on the field, according to Serafina Shin-von Nordenflycht '25. Shin-von Nordenflycht added that team hikes and bonding on bus rides have allowed team members to feel connected. "One of the largest parts of Ultimate Frisbee is the spirit of the game, which is all about sportsmanship and knowing the rules, but also being a good teammate. I think definitely the coaches and also our captains have cultivated a space where we can just all be friends. We've gone on hikes and had Dunkin and we sing in the bus and stuff like that," said Shin-von Nordenflycht. Kei Obata '23 concurred; he believes bonding off the field has been a key part of improved communication on the field and connections between players. "It's definitely much easier to communicate and be on the same page with your teammates when you have a pre-established bond with one another.

Whether it is the relationships we build through our tough practices, or the excitement that we have on our bus to the games, camaraderie has been an essential element of our success," said Obata. Despite its improvements on teamwork and trust, the team faced an unexpected challenge when playing NMH: a trap zone defense. Obata praised the team for being able to adjust to the challenge, which heavily affected the outcome of the game. "We stood out on our zone defense, and the opponents went cold after being pretty even around halftime, but our strategy set up by Coach [Scott] Hoenig and the commitment we put to our defensive alignment brought up the energy within the entire team.

One aspect where we continue to strive to improve is our offensive alignment in the opponent's end zone. Executing plays such as 'Easy-O' are harder to perfect without the balance provided by the more experienced players," said Obata. Alongside new challenges posed by a trap zone defense in their

opponents, Shin-von Nordenflycht was pleasantly surprised to see the team bounce back after an unanticipated lightning disruption. Though she was unable to play due to an injury, she commended the team's hard work and skill against NMH.

"On resilience, the game stopped halfway through or one of the games ended because of lightning… so [the team] really bounced back from that. And I think also they did a really good job of being on their toes, so they had to do different plays that they'd never learned before but also respond to defense," said Shin-von Nordenflycht. Andover Ultimate Frisbee hopes to come back after its recent loss in its game on Wednesday at St. johns

Ultimate Co-Captain Sam Elliott'22 Brings 'Enthusiasm, Athleticism, and Intensity' to the Sport, Leads through Driven Work Ethic

PATRICIA TRAN A.JEFFERSON/THE PHILLIPIAN

April 22, 2022

Despite playing lacrosse all throughout middle school, Andover Ultimate Frisbee (Ultimate) Co-Captain Sam Elliott '22 had other plans in high school. After watching a group of Seniors, including two-year captain Isaiah Lee '19, toss around a frisbee on the Great Lawn, Elliott decided to take on the sport.

Beginning his Ultimate career as a Junior on JV, Elliott now serves as a leader, defenseman, and playmaker for the team. Elliot fell in love with Ultimate in great part due to its self-officiated element that has its foundations in the sport's philosophy of Spirit of the Game.

With the players on the field holding the responsibility of maintaining fair play and making calls in place of referees, Spirit ofthe Game forces trust, respect, and communication between both teammates and opponents alike. "One of the main differences is that ultimate is a self-officiated sport, so there's no refs or anything. Everything is played under the umbrella of what is called Spirit of the Game, which basically just means that everyone is doing their best, and everyone is trying to make the right calls, and everyone is playing to uphold their knowledge of the sport. And it makes it really fun because it's the first sport where I feel like I can play as hard as I can, and I can make it as competitive as I want because I'm a competitive person, but it never gets mean or ugly. So it's great because you can have intense play but also be really respectful of your opponents," said Elliott.

In cooperation with the other field captain, Ben Rowland '22, Elliott hopes to nurture a fair and comfortable team environment. Whereas Rowland is the captain with thorough knowledge of the rules, Elliott believes he contributes to the team environment by constantly maintaining an optimistic and encouraging mindset. "Ben is super knowledgeable ofthe rules. He's read through the entire rulebook multiple times I'm pretty sure. He knows what's up in every situation, so he's just very knowledgeable about the sport in general, and obviously he's super nice and a great leader and everything. I would say I'm not as well versed in the rules–Coach Hoenig would be disappointed in me for saying so–but I think thatthe best thing I can do is to make sure that everyone is genuinely enjoying themselves, feeling respected by their teammates, and just feeling comfortable in a space where you can play and work hard, andwork hard for your teammates," saidElliott.

According to Kei Obata '23, Elliott's actions speak louder than his words. Rather than a captain who hypes up the team or gives pep talks, Elliott leads by example through his focus and drive both on and off the field. His work ethic inspires other team members to do the same. "Sam is a really good leader because I think that his leadership is defined by his work ethic on and off the field. I guess he's not the most talkative or the vocal guy on the team, but I think what he does during practice is very representative of how a lot of people view him as a leader. He's very focused, very driven, and he always treats every practice like a game. So when you see someone like that on your team giving it his all every single day–even during water breaks he's still really focused–I think that goes to show a lot about what kind of person he is, what kind of leader he is. And then during games, he's always working his ass off. Whether it's a big layout or just trying to get the team together, he's always the one hustling the most in my opinion," said Obata.

According to Head Coach Scott Hoenig, Elliott is a valuable player on defense. Not only can he prevent his opponents from scoring, but he can also capitalize on turnovers through smart plays, big or small. "Sam brings like this incredible enthusiasm and athleticism and just intensity to the sport that is just inspiring when you watch him play defense. The way that he is in the right place at the right time, the way he can make big plays and just make small plays too, but the way that he can cause turnovers. It's inspiring, and it's also really effective for our defense," said Coach Hoenig.

Despite not being the loudest or most vocal on the team, Elliott still provides constant communication with all his teammates, whether in the form of compliments or suggestions. For new players like Obata, Elliott's attention gives them a sense of confidence in their skills. "He's very inclusive of the new players. It's a very subtle thing, but he'll compliment you or push you to do certain things better I guess specifically towards the newer players. You don't really notice thatwhenyou're playing or practicing because a lot of people are shouting, the atmosphere is really intense. Then you realize after looking back that it was Sam or Ben, the two captains, pushing you when you maybe made a mistake or calling out your name, complimenting you, small things like that," said Obata. Elliott's favorite Ultimate memory is being pulled up from JV to play in a Varsity tournament.

That weekend was when he first experienced Andover Ultimate's team culture. "I was just this little [Junior] amongst all these cool upper classmen at a tournament at NMH. And it was a really fun environment, and people were so friendly and just wanted to see each other get better and play some good Ultimate Frisbee. And Coach Cormier also has this thing where on our way back from tournaments, we'll stop at Wendy's, and anyone who has a layout, which just basically means you dive for the disc on defense, she'll buy you a frosty on the way home. So that's always something that's fun, and I will [always] strive to do–get some frosties," saidElliott

Co-Captain Ben Rowland '22: The ultimate Frisbee Anchor

April 22, 2022

Nabilah Nazar

A compassionate leader, Co-Captain Ben Rowland '22 has continuously demonstrated strength and teamwork in all aspects of Ultimate Frisbee (Ultimate). Known for his athleticism and warmth on the

field, many of his teammates rely on him for guidance and support. His ability to collaborate with Co-Captain Sam Elliott '22 further solidifies him as a cornerstone of the team.

Sakina Cotton '24 described Rowland as a motivated captain. She noted his ability to persevere and move forward in the game as a desirable feature in a teammate and in a captain. Rowland tends to lighten the mood, regardless of the score, and manages to bring a smile to everyone's face according to Cotton. "His leadership really shines through the moments where everyone's tired, because in addition to his responsibility and his cool temper, he knows how to keep calm and also be strategic, and welcome everybody and keep everyone's spirits up. He also is [a] good handler, and knows [that] his job is to work the field right and control throwers...He's just really, really talented, and also very welcoming and supportive of everybody's skills, I think he brings the best out of everyone," said Cotton.

Devan Hernandez '23 felt he was introduced into a hospitable team, Rowland being amongst the first to welcome him. Furthermore, he stated that Rowland demonstrates extensive understanding of Ultimate, which benefits the team in terms of making plays and scoring. Especially in a sport where honesty is crucial in creating an equitable environment, Rowland illustrates good sportsmanship and respect for the game according to Hernandez. Hernandez said, "I've known Ben since last spring, which is when I first started doing frisbee and he was one of the first kids on the team who really made me feel welcome, just a super nice guy. Very helpful and a good teacher in terms of teaching me how the sport works because I was pretty completely new to playing Ultimate Frisbee... [And] as a captain, he's really smart about the game, like in ultimate Frisbee, it's different because there [are] no refs. So you have to know the rules, [you have to] self officiate. And I think he by far probably knows, the most rules are out of anybody. He's always out there, like settling disputes on the field and stuff."

Josie Banson '22 spoke about their bond with Rowland going beyond the field. Rowland embraces everyone on the team regardless of class differences, and tries to build connections that happen to be a great foundation in the game. Trust, a big factor in sports, is something Rowland has achieved through continuous dedication to his teammates and the team, which appears to help him become a prominent player both on and off the field according to Banson. Banson said, "I think [Rowland] is just very calm and [has a] welcoming energy to him. And so I think he's just a very natural leader. When he leads our chants and stuff, he just brings a lot of great energy. And just like, on and off the field, he always says hi and greets me and [he is] really inclusive [and] just helps foster a really inclusive atmosphere. He's also just a great leader. On the field, I can ask him about anything."

Focusing on Rowland as an athlete, Hernandez praised his cognitive abilities, alongside his handling skills. The ability to not only lead, but comprehend the game has been Rowland's powerhouse. While the team relies on Rowland, he also reciprocates by relying on his teammates to run with the plays he initiated. "He's definitely like an anchor on the team as a handler. He makes really good throws. He is fast. He always knows where to be on the field...he's never in a bad spot on the field. Just in that position of being a handler, he always has to make decisions...and he's always looking out for that, but usually he makes the right choice, and I can always rely on being able to catch his throws, since they're just always so nice and right to me," said Hernandez

Head Coach Scott Hoenig Holds Immense Knowledge and Dedication to Ultimate Frisbee

April 22, 2022

Monisha Kathika

Head Coach Scott Hoenig values the 'spirit of the game,' a term used to describe the communication and sportsmanship that should be demonstrated while playing Ultimate.

Hoenig said, "I think [spirit of the game is] the most important part of the sport… In my mind, you can't have it without spirit of the game because you need to be able to have that assumption that no player is going to intentionally violate the rules. You need to kind of have that respect built in. And that the idea that both teams are working to try to, to trust each other and to make the right calls. I think the way that that plays out, in, in, in our in our program is that we put a great deal of emphasis on learning the rules. It's one of the most important things in a self officiated sport that players will know the rules."

According to Everett Woo '25, Hoenig values fostering an environment of high character players. Hoenig uses his expertise in Ultimate as a way to guide team members, while staying very close to them to foster team energy. Woo said, "He always embraced his spirit of the game, and he always enforces good sportsmanship and uplifts other players… During practices, he's very involved with the players… He's very nice and hands on, you could say. He has a lot of knowledge because he's been doing this for a long time it seems, but [for] his overall style, he creates good relationships with the players, so I think that's really important."

Hoenig tries to put a lot of emphasis on energy and teamwork by specifically assigning a "spirit captain" on the team. Hoenig believes that these unique elements of the team build up to establish healthy sportsmanship and awareness of team rules. Hoenig added, "I make sure to introduce myself to the coaches and make sure that our players and our captains are introducing themselves to the other captains. We actually have a specific role that is a spirit captain that is charged with communicating with the other team's spirit captain about spirit of the game and about upholding the expectations between the teams. So, basically a lot of emphasis on those kinds of things on sportsmanship and on knowledge of the rules. It's a big, important part of our program."

Sakina Cotton '24, another member of the team, believes that Hoenig stands out as a coach due to his dedication and knowledge of Ultimate. Hoenig brings out the best in players, according to Cotton. Woo said, "I've had a lot of coaches because I've played a lot of sports throughout my life. And I've actually never played Ultimate before. And when I was trying out for Ultimate, and I saw how much knowledge he had, the way he coached, and how much effort he put into coaching and also his canvas page and how he was available and how many resources he had so I could learn about Ultimate. I said, I want to I want to be coached by that guy. That's what I said to myself. I said, I'm going to try hard, as hard as I can to make the team so I can be coached by him and become the best Ultimate player I can be. And I think it's just the effort he puts in and how much knowledge he has. That makes him stand out." Cotton added in an email to The Phillipian, "Like all coaches, he is very strategic and dedicates a lot of time and importance of teaching the strategy of the fundamentals of Ultimate. He works well with the other coaches and is a good role model for everyone on the team in terms of kindness, athleticism,

and teamwork. However I think what makes him different is his dedication to teamwork. He reads inspirational pieces, theories, and experiences of teamwork to share the messages with the team and it reminds us to trust one another, keep pushing to be our best, and practice effectively."

Josie Banson '22 echoed Cotton's sentiment and believes that Hoenig is able to break down drills and teach the fundamentals of the sport in a clear way. Banson describes Hoenig's style as one that is very thorough. "[Hoenig] really breaks down the fundamentals for us and explains to us why we're doing certain drills or using a particular strategy in a game. We do a bunch of work training the basics of cutting, sprinting, throwing, receiving, etc. I really appreciate all of his knowledge of the game and athleticism in general which has helped me improve a lot," wrote Banson in an email to The Phillipian.

Hoenig describes his coaching style as a tool for players who seek to pursue Ultimate past their high school careers. He believes that the kind of qualities he helps students build are not only useful in Andover's Ultimate program, but also as future adults in society. "I try to coach in such a way that the things that we do in ultimate, the things that players learn as a part of this program are going to apply beyond just ultimate... I emphasize things like hard work, and enthusiasm. I think that it's really important to figure out how to make hard work fun because both these hard work is essential for success, and it's a whole lot easier to work hard when you're having fun. So that's one thing that we do in the program, try to work hard and at the same time, we tried to focus on the things that we can control," said Hoenig

Boys Varsity Volleyball
2022

Coach: Alex Svec
Assistant Coach: Mato Seth

Captains: Caleb Blackburn~Johnson & Xavier Smith
Managers: Karisa R. Bockley, Michelle E. Brunetti, & Sophie L. Watson

Overall Season Record

Class A Champions

Win	Loss	Tie
8	2	0

Letter Winners: Caleb C. Blackburn-Johnson, Karisa R. Bockley, Michelle E. Brunetti, Eddie Lou, Alexander R. Mitchell, Matthew N. Murphy, Samuel T. Rodgers, J. X. Smith, Dean G. Sokaris, William J. Suh, Logan Suryamega, Eric W. Tynes, Nicolas C. von Eckartsberg, Zhenkun Wang, Ridley S. Warner, Sophie L. Watson, Stanley Hao Wen Yu, Henry Zhao

MVP Award- Caleb Blackburn-Johnson

Boys Volleyball
2022 Schedule and Results

Wed	03/30/2022	Volleyball BV	Andover HS	H	4:00 PM	3-0	W	
Sat	04/02/2022	Volleyball BV	Choate	H	4:30 PM	3-0	W	
Mon	04/04/2022	Volleyball BV	Central Catholic	H	4:30 PM	3-0	W	
Sat	04/09/2022	Volleyball BV	St. John's Prep	A	11:30 AM	3-0	W	
Wed	04/13/2022	Volleyball BV	Exeter	A	3:30 PM	2-3		L
Sat	04/16/2022	Volleyball BV	N.M.H.	A	2:00 PM	2-3		L
Sat	04/30/2022	Volleyball BV	N.M.H.	H	2:30 PM	3-1	W	
Wed	05/04/2022	Volleyball BV	Exeter	H	3:30 PM	3-1	W	
Sat	05/07/2022	Volleyball BV	Choate	A	2:30 PM	Canceled		
Tue	05/10/2022	Volleyball BV	Central Catholic	H	4:30 PM	2-1	W	
Sat	05/14/2022	Volleyball BV	Tournament	A	12:00 PM	3-1	W	
Wed	05/18/2022	Volleyball BV	N.M.H.	H	3:30 PM	Canceled		

Phillips Academy
Boys Varsity Volleyball 2022

Roster Name	Hometown	Year
Caleb C. Blackburn-Johnson	Portsmouth, NH	2022
Karisa R. Bockley	North Reading, MA	2023
Michelle E. Brunetti	Winter Garden, FL	2023
Eddie Lou	Maitland, FL	2024
Alexander R. Mitchell	Red Bank, NJ	2022
Matthew N. Murphy	Wilton, CT	2022
Samuel T. Rodgers	Dallas, TX	2023
J. X. Smith	Haverhill, MA	2022
Dean G. Sokaris	Slingerlands, NY	2022
William J. Suh	Glenview, IL	2024
Logan Suryamega	Jakarta,	2023
Eric W. Tynes	Springfield, MA	2022
Nicolas C. von Eckartsberg	San Francisco, CA	2023
Zhenkun Wang	Weston, MA	2024
Ridley S. Warner	Oakland, CA	2022
Sophie L. Watson	Alys Beach, FL	2022
Stanley Hao Wen Yu	Shanghai,	2023
Henry Zhao	Shanghai,	2023

Coach: Alex Svec
Assist Coach: Mato Seth
Managers: Karisa R. Bockley, Michelle E. Brunetti, & Sophie L. Watson
Director of Athletics: Lisa Joel
Athletic Trainers: Zach Kershaw, Mike Kuta, Devin O'Reilly, Amy Wiggins

Boys Volleyball
2022 Game Highlights

MARCH 30, 2022
Volleyball BV vs Andover HS
W 3-0
2022 SEASON KICKOFF!
Big Blue Volleyball hosted Andover High School in a friendly intra-town scrimmage for the first match of the season. PAVB was able to capture the win in a closely contested three sets which saw both teams experimenting with new lineups and rotations. An astounding EIGHT! new players made their Varsity debut, all of whom contributed to the victory. The game ball goes to Alex Mitchell '22 whose phenomenal serving and clutch hitting consistently earned PAVB points when we needed them most. PAVB looks forward to hosting Choate this Saturday in the league-opener!

APRIL 2, 2022
Volleyball BV vs Choate
W 3-0
PA CAPTURES WIN IN FIRST LEAGUE MATCH OF SEASON!
PAVB hosted Choate Rosemary Hall for the first league match of the season, and Choate's first league match since 2019! Big Blue was able to capture the victory in three hard-fought sets, including battling back after being down 20 - 24 in the second set. Though it wasn't always pretty, PAVB was able to score points in crucial moments and found momentum through strong serving, most notably my Eddie Lou '24. Game ball goes to Nico von Eckartsberg '23 whose consistently strong defense and vocal on-court leadership kept PAVB fighting for every point.

APRIL 4, 2022
Volleyball BV vs Central Catholic
W 3-0
PAVB CAPTURES WIN AGAINST SCRAPPY CENTRAL CATHOLIC TEAM!
Big Blue Volleyball hosted Central Catholic in a friendly scrimmage and was able to walk away with a 3 - 0 victory. PAVB played its best set of the season in the first, winning by a margin of 25-10. Exceptional communication, serving and setting punctuated the first set. Credit to an incredibly defensively scrappy Central Catholic team for roaring back to life in the second and third sets and taking the lead late in both sets. Ultimately PAVB was able to prevail, thanks in part to some timely tips and off-hands swings. Game ball goes to Matt Murphy '22, who, in only his third ever volleyball match, lead the team in blocks and produced a handful of powerful kills.

APRIL 9, 2022
Boys' Varsity Volleyball at St. John's Prep
W 3-0
PAVB FIRST ROAD GAME OF THE SEASON!
Big Blue Volleyball was able to secure the victory on the road against a strong St. John's Prep team. Going into match missing six players, including PAVB's starting setter, middle blocker and libero, the team was able to adjust to a host of last-minute positional changes. Standout performances by Sam Rodgers '23, Henry Zhao '23, Logan Suryamega '23, Alex Mitchell '22, Caleb Blackburn-Johnson '22, Eric Tynes '22, and Will Suh '24 guided PAVB to its strongest win of the season. With a great deal of momentum behind its back, undefeated Big Blue Volleyball excitedly awaits its next matchup against league-rival Exeter.

APRIL 13, 2022
Volleyball BV at Exeter
L 2-3
HARD-FOUGHT LOSS VS RIVAL EXETER
PAVB took to the court in a battle between undefeated teams resulting in a closely-contested 2 - 3 loss. After a huge Big Blue comeback to win the first set, Exeter stormed back in sets two and three. Set four was all Andover, while set five was a battle of which team could serve under pressure. In the end, Exeter's outside hitters proved slightly too much for Big Blue Volleyball and they were able to secure points in crucial moments. It was a day filled with exciting, high-level volleyball, and likely a glimpse at an eventual championship matchup. Game ball goes to Dean Sokaris '22, who, in his first start for PAVB dominated set 4 with his blocking out of the middle. PAVB is once again on the road this weekend taking on league-opponent NMH.

Boys Volleyball
In the News

Boys Volleyball Surmounts Andover High School 4-0 in Season Opener

Pulling through during multiple game point ties, Andover Boys Volleyball was able to defeat Andover High School (Andover High) in the team's season opener. Despite welcoming a roster full of new players, the team was able to overcome its lack of experience and limited time together for victory. Boys Volleyball looks ahead to a bright season, so far standing 1-0. Logan Suryamega '23, a new addition to the team, expressed his excitement for the season, especially regarding the new talent. However, considering the largely new team, Suryamega touched on the team's need to improve its bond and ability to play as a unit.

Suryamega said, "The team played really well considering that over half the team is either new to the game, or new to this level of play. There are some spots that we need to work on, like some rough edges, but I think we have a really, really strong team this year."

Eddie Lou '24 shared a similar sentiment to Suryamega, commending the team's performance in spite of the obstacles presented by a new year and new players. Lou was satisfied with the result and expressed his excitement for the rest of the season.

Lou said, "I think a good amount of the players on the team are basically new, so giving them this first chance. It was actually a really really great game because this is, for some of us, the first Varsity match, but for some of us this was the first actual volleyball match and to see them actually perform well was really really comforting to see because we can see that there's a lot of potential in this team."

Coming up from JV the year prior, both Lou and fellow teammate, William Janghops Suh '24 felt nervous for the game. Nonetheless, both of teammates, as well as the entire team, were able to create an exhilarating experience by breaking through their nerves, something that will come more easily as the season progresses, Suh noted.

"It just comes naturally with more experience and more advice. There's not really anything you can do to prevent your nerves from coming out I'd say, but just with more experience you feel more confident as well," said Suh.

Furthermore, the specific areas of improvement for Andover begin with communication. Suryamega explained the importance of calling the plays, from the bench or on the court, to aid the urgent judgment that players need to make. Also, Suryamega noted that working on the defensive side would be another great area of improvement, though the offense holds a solid stance. Suryamega added upon Co-Captain Caleb Blackburn-Johnson's '22 ability to lead by example in his offensive plays.

Suryamega said, "I think we need to be a little bit louder. Right now, there's a lot of miscommunication. Nico [von Eckartsberg '23] was taking up a lot of that yelling, calling, making ball calls, helping out the team. But even from the bench and on the court, it's quiet and we can help out more. Just having extra information is always helpful, I guess whether or not a server is in or out. Because it is split second decisions, knowing whether it's in or not, it's just very helpful. I think, besides that, our defense needs a little bit of work. Our offense is really strong. As you saw, our front row is huge. You have [Blackburn-Johnson], [Alex Mitchell '22], Matt Murphy ['22], Eric [Tynes '22], all gigantic. So our offense is really good. But we have to polish up the defense sometimes on weird balls, we have a little bit of miscommunication and then we lose free balls that are really easy points."

Lou also praised Andover's offense and described a moment where his play did not pan out well. The coaches provided advice for the next plays, encouraging players, and disassembling the tension that was getting built up with the setters, Lou explained.

"I think what Coach basically said to me and for the setters is that sometimes we just have to be good, we don't have to be perfect. So I think you know, consistency is something that we need to really work on. But our offense is incredible," said Lou.
"Just look out for us this season. I think this is the best team Andover has had in a really long time, I think we're all expecting really great things," said Suryamega
Boys Volleyball's next match is against Choate on Saturday.

Nabilah Nazar
Apr 1, 2022

Boys Volleyball Remains Undefeated After Scrimmage Against Central Catholic

In just its third game of the season, Andover Boys Volleyball has started to find cohesion as Henry Zhao's '23 serves in the first set spurred the team onto another 3-0 win in a scrimmage against Central Catholic. Andover's record now stands at 3-0, having lost no sets thus far in the season.
According to Zhao, Matt Murphy's '22 gritty performance by the net has earned him the nickname "Kick the Net Matt."
"The first set we did really well and everyone performed, and I think especially 'Kick the Net Matt,' which is [his] nickname because he kicks the net and gets away with it a lot. He did really well today and not just in the first set, but in the other sets as well, where he consistently bounced the balls," said Zhao.
According to Will Suh '24, the team played much more cohesively in the Central Catholic game than in Saturday's game against Choate, which Suh described as "disorganized."
Suh said, "Saturday's game… was pretty good, but there's a lot to work on. I think we were very disorganized, but today was much better and I think that's why we played better as well."
Logan Suryamega '23 concurred. According to Suryamega, the team made progress since Saturday's game and reached its potential against Central Catholic, especially in the first set.
"I think we've had really big improvements from Saturday's game, especially in the first set of today's game. We were playing incredibly well and [were] like the team that we could be. We're focusing on getting to that point where we can be like that consistently," said Suryamega.
According to Suryamega, the first set of the Central Catholic game turned out to be crucial for Andover's victory. The set allowed the team to maintain a flow for the rest of the game.
"I think the very start [was the key point in today's game], we started off really strong and it kind of set the tone for the rest of the game," said Suryamega.
Despite the team's drop in performance in the second and third sets, they still managed to pull through with a wide range of player contributions. According to Suh, Co-Captain J.X. Smith '22 played well in the game.
"Not only was he setting well, he had very nice offensive plays where he took matters into his own hands and he kind of hit the ball over. He did 'setter dumps' and all that really helped," said Suh.
Although the team initially struggled with chemistry due to varying levels of experience, Suh believes a combination of experienced and inexperienced players on the team has pushed the team forward in this department.
"What's most improved is probably team chemistry… I think we, especially the new players, understand the game better, like rotations. Just smart plays here and there are important and in practice we use skirmish lines. That's what helps us build chemistry and game knowledge," said Suh.
Zhao believes that Suryamega and Nico von Eckartsberg '23 are the key players to grasping a strong defense. In addition to the two, Zhao complimented two of the team's seniors for their similar skills.
"Right now, [von Eckartsberg] and [Suryamega] are really good. They're more of our defensive players and Nico is our libero. Today he did really well with getting the middle hits. In general, the more experienced players are also really good at these things, like [Alex] Mitchell ['22] and Caleb [Blackburn-Johnson '22]," said Zhao.

Before a game against the team's biggest rival, Exeter, next Wednesday, Zhao emphasized a major goal for them: to keep their serves consistent. Alongside improving the team's serves, Zhao hopes to strengthen their defensive game.

"The next game will get better overall and our services can get better and in general just be more consistent with our serves. I think today I was pretty good in the first set with my serves, but then later on I think I cooled down and then just missed a bunch, but that's that. I think defense is still more of our weakness compared to offense, but I hope in the future all of our middles and outside can get it in," said Zhao.

Andover will be hosted by Exeter next Wednesday as they look to stretch their record to 4-0.

Lena Ciganer-Albeniz
Apr 7, 2022

Girls Varsity Water Polo
2022

Coach: Jill Meyer
Assistant Coach: Georgila M. Manou

Captains: Kayla Lang & Cassidy Sadowski
Managers:

Overall Season Record

Win	Loss	Tie
0	9	0

Letter Winners: Caitlyn Y. Chow, Marek Deveau, Kexin J. Guo, Lyla W. Guthrie, Kaia M. Heslin, Kayla C. Lang, Jacqueline J. Li, Marian C. MacKinnon, Beckett F. McKee, Adelaide C. Morales, Sara Romai, Emily E. Ryan, Cassidy K. Sadowski, Mia E. Wonacott, & Emily Xia

Award Winner: MVP - Cassidy K. Sadowski

Girls Varsity Water Polo
2022 Schedule and Results

Sat	04/02/2022	Water Polo G	Williston	H	4:00 PM	4-19		L
Sat	04/09/2022	Water Polo G	Deerfield(3:30)/Greenwich (2:30)	A	2:30 PM	3-13, 2-20		L, L
Wed	04/13/2022	Water Polo G	Exeter	A	3:30 PM	7-15		L
Sat	05/07/2022	Water Polo G	Loomis/Choate	H	4:45 PM	2-9, 10-14		L, L
Wed	05/11/2022	Water Polo G	Exeter	H	3:00 PM	6-15		L
Sat	05/14/2022	Water Polo G	Hopkins/Deerfield	A	3:15 PM	10-14, 2-12		L, L

Phillips Academy
Girls Varsity Water Polo
2022

Roster Name	Hometown	Year
Caitlyn Y. Chow	Toronto, ON	2025
Marek Deveau	Beaconsfield, QC	2023
Kexin J. Guo	Andover, MA	2023
Lyla W. Guthrie	Boxford, MA	2023
Kaia M. Heslin	Andover, MA	2023
Kayla C. Lang	Andover, MA	2022
Jacqueline J. Li	Singapore,	2023
Marian C. MacKinnon	Wilmette, IL	2024
Beckett F. McKee	New York, NY	2022
Adelaide C. Morales	Cincinnati, OH	2025
Sara Romai	Budapest,	2023
Emily E. Ryan	Rumson, NJ	2025
Cassidy K. Sadowski	East Grand Rapids, MI	2022
Mia E. Wonacott	Bethesda, MD	2024
Emily Xia	Shenzhen,	2022

Coach: Jill Meyer
Assist Coach:
Managers:
Director of Athletics: Lisa Joel
Athletic Trainers: Zach Kershaw, Mike Kuta, Devin O'Reilly, Amy Wiggins

Girls Varsity Water Polo
In The News

Cassidy Sadowski '22 Leads as a Central Piece of Girls Water Polo

Cassidy Sadowski '22 was first introduced to water polo during middle school after she started to swim competitively. Living in a region with a strong water polo program, she was able to develop her skills before joining the Andover team.

Once joining the team at Andover, Sadowski had to make an exciting, yet unnatural transition, as she described it. The majority of athletes at Andover, unlike herself, had never played before.

"I think for me, the transition to Andover was exciting but a little unnatural, because in a way, it was taking a few steps back because I was playing with people who hadn't played before. The team was less experienced than my eighth-grade team… But with that, the waterpolo team has been one of the most positive places for me on campus. To be honest, as someone who's been playing for a while there's also a large joy in not being in a competitive environment, but rather it being a really supportive place where everyone is learning together. I would say that that's brought a lot of joy to my life," Sadowski said.

Sadowski sees herself as more of a defensive player than an offensive one. However, over the last few weeks, she has been trying to focus on improving her weak areas in the sport.

Sadowski said, "I think in the past, I've been a far more focused defensive player than an offensive threat. In these last couple of weeks, I like to work with my coaches and my team to develop my offensive strategy. I am not the fastest swimmer on our team so I don't take the fast breaks in the drives like other people are more capable of doing, but I found that I have a real strong shot from seven meters away from the goal. I can use a foul to take a free shot. Finding those areas where I am stronger and able to be both an offensive and defensive fit, I think has really improved my playing in the last couple of weeks."

As a leader on the team, Sadowski hopes to push teammates to be stronger players while simultaneously maintaining a positive attitude. She believes that her experience has helped her connect with teammates and make them feel more comfortable on the team.

Sadowski said, "I think that my biggest priority is leading the team with positivity and joy. We come from a lot of different places around campus but we're all really excited [to play together]. With my experience, I hope to teach others and create a safe space to learn and make mistakes and try again, but also to work hard as athletes and push each other to put our all into practice every day."

According to Simi Cheema '22 and Mia Wonacott '24, Sadowski has been a vital member of the team. They attributed her vitality, in part, to her high energy and team spirit.

Cheema said, "She's central to the team… since she really boosts team morale. Every day she comes to practice and she knew she wanted to be there. Some people dread going to practice, I can say I did sometimes. However, she was always really really excited to go and she's also very Team Blue."

Wonacott added, "She brings so much energy and so much positivity to the team. I knew that she was going to be a great captain because she always has a lot of spirit. I think that's what we really need, especially since we've had kind of a tough season, but she's always stayed positive no matter what given circumstances. I'm really grateful that we have her as captain."

Monisha Kathika
May 27, 2022

Head Coach Jill Meyer Leads Girls Water Polo With The Girls Water Polo Team

As a former member of the Andover Girls Waterpolo team herself, Coach Jill Meyer leads the team with experience and energy. According to Cassidy Sadowski '22, Meyers' experience makes her a knowledgeable and focused coach.

Sadowski said, "Coach Meyer is easily the best water polo coach that I have ever had. She is both very knowledgeable and focused and very caring, and honest. I think that those qualities really strongly contribute to the atmosphere of our team. Coach Meyer played water polo at Andover, and I think she's really [has a good] understanding of what worked with the team."

According to Meyer, she believes she fulfills the role of being a supporting coach by connecting with players not just through the sport, but through all aspects of life.

"I think a good coach is one that recognizes that there is more to their players than their sport. Being able to connect with students on and off of the pool deck and appreciate the strengths and talents to the team as people, not just players, is really important to me as a coach. I try to show up for concerts, plays, performances, presentations as much as possible. Our players show up for us and our sport day in and day out, so it's nice to be able to do the same in return," Meyer wrote in an email to *The Phillipian.*

Mia Wonacott '24 shares a similar sentiment as Meyer, as she believes that the coach always maintains patience towards the team despite the challenging season.

"Coach Meyer just has such a positive impact on the team. I love having her as my coach. Again, with the tough season, we came in as a bunch of newbies kind of, we all kind of didn't know how to play and she was super patient with us. Super kind and helpful, and never made us feel like we were doing something wrong. She always had a smile on her face, no matter what," said Wonacott.

According to Sadowski, Meyer never fails to help teammates improve upon their weaknesses with her constant support.

Sadowski said, "She would always remind us to play our game and look at our improvements both throughout that game and throughout to see them because so many people came in knowing nothing. She always was very open about how proud of the growth she saw."

As a coach, Meyer expressed that she is most proud of her ability to support her teammates and ensure that they know that she is always there for them.

"What I am most proud of in myself as a coach is that my players know that I am there for them 100%. Whether they're having a tough day or a tough practice, they know that I am there to support them and cheer them on. While we had a tough season, we always found things to celebrate and moments to be proud of. I think it's important to continuously set a tone of positivity and faith in the team, even when games don't shake out the way you hope they might," wrote Meyer.

Monisha Kathika
May 27, 2022

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